

LAFAYETTE RECREATION



CASEY

FALL 2022
PRESCHOOL
CHILDREN
ADULTS
ADULTS 55+



CITY RECREATION PROGRAMS & SERVICES



LAFAYETTE RES RUN

for education

RACE DAY
OCTOBER 23 2022

5k, 10k (around the Lafayette Reservoir),
or 2 mile fun walk/run
5k: 8:00am | 10k: 8:15am | 2 mile: 8:45am
Downtown Lafayette, CA

RESERVOIR CHALLENGE
(VIRTUAL RACE):
October 13-22, 2022

Race packets that include our traditional long sleeve
t-shirt and race bib will be available early October.

Support **YOUR** school.

PRESENTING SPONSORS



MARQUIS T-SHIRT SPONSOR



EVENT SPONSORS



Register at
LafayetteChamber.org/ResRun

FREE!

SATURDAY
SEP 17
10AM-7PM

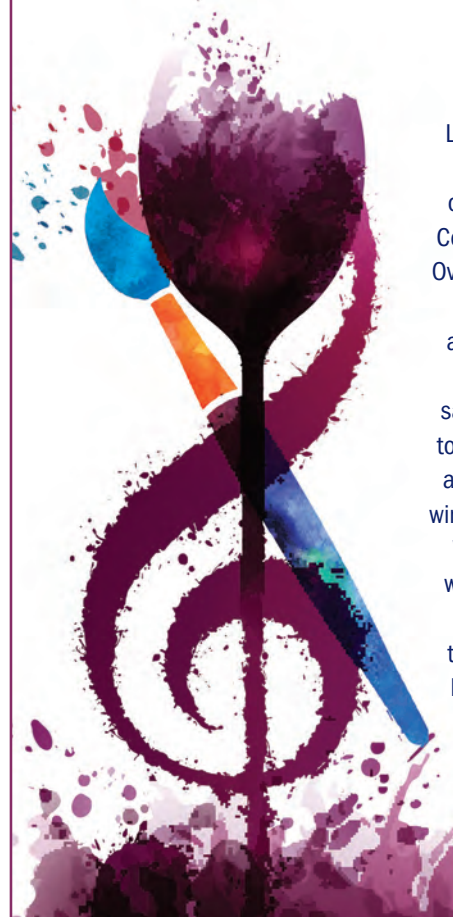
SUNDAY
SEP 18
10AM-6PM



DOWNTOWN LAFAYETTE

The Lafayette Art & Wine Festival, held each year on the third weekend in September, is the largest event in Lamorinda and one of the five biggest outdoor festivals in Contra Costa County. Over 80,000 attended in 2017, strolling among stalls of art, handmade crafts, sampling foods from top local restaurants, and enjoying quality wines and microbrews.

We are a four time winner of the Diablo Magazine Best of the East Bay's Best Festival—including winning in 2015.



FREE ADMISSION
PARKING AT BART
SHUTTLE TO EVENT
BIKE VALET PARKING



<https://lafayettefestival.com/>
www.facebook.ca/lafayettefestival
[@friendlychamber#LafFest](https://twitter.com/friendlychamber#LafFest)

LAFAYETTE YOUTH COMMISSION'S 20TH ANNUAL

HAUNTED HOUSE

PLEASE JOIN US FOR A GHOULISHLY GOOD TIME!



Jennifer Russell Building
Lafayette Community Center
500 St. Mary's Rd.

2 NIGHTS OF SPOOKY FUN!

**FRIDAY, OCTOBER 28—
NOT TOO SCARY TRICK OR TREAT**

Recommended for ages 7 & under
5:00pm-6:30pm | \$3 per person

VERY SCARY!

7:30pm-9:30pm | \$5 per person

**SUNDAY, OCTOBER 30—
NOT TOO SCARY TRICK OR TREAT**

Recommended for ages 7 & under
5:00pm-6:30pm | \$3 per person

VERY SCARY!

7:30pm-9:00pm | \$5 per person



KIDS PARTIES

AT THE CITY OF LAFAYETTE

COOKING PARTIES

Young Chefs learn all about kitchen safety while cooking up delicious treats. Great for scout badge, back to school get-together and promotions.

5-13 Yrs | LCC Kitchen | \$460* | 2 hrs.

*Up to 6 guests, \$50 per guest up to 10

Contact: Lynda (925) 932-1114

LEGO® PARTIES

Have an awesome child who deserves something better than the average birthday party? Then let us throw a Bricks 4 Kidz® LEGO® party! From Star Wars to Ninjago and Chima to Super Heroes, we have dozens of different models and themes we can incorporate to make your son or daughter's birthday a memorable one.

5 Yrs & Up | \$425* | 2 hrs.

*Up to 10 guests, \$15 per add'l. child

Contact: (415) 518-7583



COOKING

4-5 YRS BUSY BEE COOKS

Children love to eat what they cook. Kids will be making soups, breads, salads, veggies, desserts and many more recipes in between. Come and join the fun, meet new friends, learn food safety and how to safely use the kitchen appliances. Please let us know about any food allergies or religious food observances before class. Children should wear closed toed shoes. **\$45 supply fee due to the instructor at the first class.**



FEE	INSTRUCTOR	NO. WKS.	
\$288	Lynda Rexroat	5	
DAY	DATE	LOCATION	TIME
Th	9/29-10/27	Kitchen	1:30pm-3:30pm
Th	11/3-12/8	Kitchen	1:30pm-3:30pm



Lafayette Tiny Tots Preschool

2022-2023 School Year

School year runs August 22, 2022-May 25, 2023. Lafayette Tiny Tots offers a variety of classes for your active pre-schooler. Your child will enjoy interacting with other pre-schoolers in a warm and loving environment. Each class offers a comprehensive early childhood program with emphasis on providing activities and experiences for children to work, play and grow according to their own pattern of development. The instructors are experienced and possess degrees in early childhood education. *These classes are not parent participation classes, but parents are welcome to stay until their child is comfortable with the environment.*



FALL SPACES AVAILABLE!
Call for more information
925-299-3266



2-DAY: TUES/THURS

9am-12pm* | Ages 28 mos-3½ Yrs
Begins **Monthly Fee** **Reg. Fee**
 8/24/21 \$375 \$50 (annually)
 *Optional Lunch Bunch until 1:00pm

3-DAY: MON/WED/FRI

9am-1:30pm | Ages 3½-5 Yrs
 (Must be 3½ by 9/1/22)
Begins **Monthly Fee** **Reg. Fee**
 8/23/21 \$580 \$50 (annually)

4-DAY PreK: MON-THU

9am-1:30pm | Pre-K-Age
appropriate to go to TK or K in 2023
 Can pair with Tiny Tots Friday Fun Day to make a 5-day program.

Begins **Monthly Fee** **Reg. Fee**
 8/26/22 \$764 \$50 (annually)

TINY TOTS FRIDAY FUN DAY

9am-1:30pm | 4-5 Yrs | Miss Kaela
 Pair with Tiny Tots 4-Day PreK to make a 5-day program*

*Must be enrolled in the 4-Day PreK class.

Begins **Monthly Fee**
 8/26/22 \$210

MUSIC

UP TO 5 YRS MUSIC TOGETHER

Fun. Fabulous. Uplifting. Magical. These are just a few of the ways that parents describe Music Together. Each week in Music Together classrooms worldwide, babies, toddlers, preschoolers, big kids—and the grownups who love them!—gather to make music as a community. Sing. Dance. Play. Learn. Your class includes a Songbook, CD/MP3 download of the current song collection, makeup classes, Parent Guide and Musical Growth Chart, Family Music Zone online. *Bay Area Parent Magazine* Hall of Fame 2000-2022, *Parents' Press* Best Music Class 2021. Space is limited so register early! What will you and your child find in a Music Together® class? Rainbow colored falling leaves, cows sitting in the old oak tree, tyrannosaurus rex, shining stars, rockets to the moon, trains to the beach. You will hear harvest dances, Korean lullabies, Cuban rain forest songs, Jazz, classical, oldies and goodies, music from around the globe as well as original compositions written for Music Together classes.



FEE	INSTRUCTOR		NO. WKS.
\$279	East Bay Music Together		10
DAY	DATE	LOCATION	TIME
Th	9/15-11/17	Buckeye Room	9:30am-10:15am
Th	9/15-11/17	Buckeye Room	10:30am-11:15am
F	9/16-11/18	Buckeye Room	9:30am-10:15am
F	9/16-11/18	Buckeye Room	10:30am-11:15am

SPORTS

2-3 YRS SUPERTOTS PARENT & ME SPORTS MEDLEY

This multi-sport tot program was designed to introduce kids to Baseball, Flag Football, Soccer, and Track & Field in one fun-filled setting. Skyhawks coaches introduce young athletes to a variety of different sports through PLAY! Our age-appropriate curriculum, modified equipment, and highly trained staff provide a positive environment where players of all abilities can develop at their own pace with lots of encouragement and a big focus on FUN! This program involves Parent Participation. **Skip 11/12, 11/21, 11/26**



FEE	INSTRUCTOR		NO. WKS.
\$160	Skyhawks Sports		6
DAY	DATE	LOCATION	TIME
M	9/12-10/17	Jennifer Russell Bldg.	9:30am-10:00am
M	10/31-12/12	Jennifer Russell Bldg.	9:30am-10:00am

FEE	INSTRUCTOR		NO. WKS.
\$178	Skyhawks Sports		6
DAY	DATE	LOCATION	TIME
Sa	10/29-12/17	Jennifer Russell Bldg.	9:30am-10:00am

FEE	INSTRUCTOR		NO. WKS.
\$207	Skyhawks Sports		7
DAY	DATE	LOCATION	TIME
Sa	9/10-10/22	Jennifer Russell Bldg.	9:30am-10:00am

3-5 YRS SUPERTOTS SPORTS MEDLEY

This multi-sport program was designed to introduce kids to a variety of sports in one fun-filled setting. SuperTots coaches will introduce their young athletes to a variety of different sports: Baseball, Basketball, Flag Football, Soccer, Track & Field. Our age-appropriate curriculum, modified equipment, and highly trained staff provide a positive environment where players of all abilities can develop at their own pace with lots of encouragement and a big focus on FUN! **Skip 11/12, 11/21, 11/26**

FEE	AGES	INSTRUCTOR	NO. WKS.
\$207	3-4 YRS	Skyhawks Sports	7
DAY	DATE	LOCATION	TIME
Sa	9/10-10/22	Jennifer Russell Bldg.	10:15am-11:00am

FEE	AGES	INSTRUCTOR	NO. WKS.
\$178	3-4 YRS	Skyhawks Sports	6
DAY	DATE	LOCATION	TIME
Sa	10/29-12/17	Jennifer Russell Bldg.	10:15am-11:00am

FEE	AGES	INSTRUCTOR	NO. WKS.
\$160	3-5 YRS	Skyhawks Sports	6
DAY	DATE	LOCATION	TIME
M	9/12-10/17	Jennifer Russell Bldg.	10:15am-11:00am
M	10/31-12/12	Jennifer Russell Bldg.	10:15am-11:00am

FEE	AGES	INSTRUCTOR	NO. WKS.
\$207	4-5 YRS	Skyhawks Sports	7
DAY	DATE	LOCATION	TIME
Sa	9/10-10/22	Jennifer Russell Bldg.	11:15am-12:00pm

FEE	AGES	INSTRUCTOR	NO. WKS.
\$178	4-5 YRS	Skyhawks Sports	6
DAY	DATE	LOCATION	TIME
Sa	10/29-12/17	Jennifer Russell Bldg.	11:15am-12:00pm



SPORTS (CONTINUED)

3-5 YRS

SKYHAWKS BASEBALLTOTS

BaseballTots was designed to give children a positive first step into America's Pastime. Using our progressional curriculum and modified equipment, participants learn Baseball fundamentals and social skills through a series of fast-paced instructional circuits and developmental games. Our primary development objectives include throwing, catching, hitting, base-running, balance, body movement, hand/eye coordination, self-esteem, teamwork, and sportsmanship!

Skip 11/22, 11/24

FEE	INSTRUCTOR	NO. WKS.	
\$207	Skyhawks Sports	7	
DAY	DATE	LOCATION	TIME
Tu	9/6-10/18	Jennifer Russell Bldg.	4:45pm-5:30pm

FEE	INSTRUCTOR	NO. WKS.	
\$186	Skyhawks Sports	7	
DAY	DATE	LOCATION	TIME
Th	9/8-10/20	Jennifer Russell Bldg.	11:15am-12:00pm

FEE	INSTRUCTOR	NO. WKS.	
\$178	Skyhawks Sports	6	
DAY	DATE	LOCATION	TIME
Tu	11/1-12/13	Jennifer Russell Bldg.	4:45pm-5:30pm

FEE	INSTRUCTOR	NO. WKS.	
\$160	Skyhawks Sports	6	
DAY	DATE	LOCATION	TIME
Th	11/3-12/15	Jennifer Russell Bldg.	11:15am-12:00pm

3-5 YRS

SKYHAWKS SOCCERTOTS

This program was designed to give kids a positive first step into soccer. Using our age-appropriate curriculum and modified equipment, participants learn soccer fundamentals and social skills through a series of fast-paced instructional circuits and developmental games. Our primary development objectives include dribbling, passing, shooting, ball control, balance, body movement, foot/eye coordination, self-esteem, teamwork, and sportsmanship!

Skip 11/23, 11/24

FEE	INSTRUCTOR	NO. WKS.	
\$207	Skyhawks Sports	7	
DAY	DATE	LOCATION	TIME
W	9/7-10/19	Jennifer Russell Bldg.	4:15pm-5:00pm

FEE	INSTRUCTOR	NO. WKS.	
\$186	Skyhawks Sports	7	
DAY	DATE	LOCATION	TIME
Th	9/8-10/20	Jennifer Russell Bldg.	10:00am-10:45am

FEE	INSTRUCTOR	NO. WKS.	
\$178	Skyhawks Sports	6	
DAY	DATE	LOCATION	TIME
W	11/2-12/14	Jennifer Russell Bldg.	4:15pm-5:00pm

FEE	INSTRUCTOR	NO. WKS.	
\$160	Skyhawks Sports	6	
DAY	DATE	LOCATION	TIME
Th	11/3-12/15	Jennifer Russell Bldg.	10:00am-10:45am

3-5 YRS

SKYHAWKS HOOPSTERTOTS

Developing your child's passion for basketball is a SLAM DUNK with Skyhawks HoopsterTots. Through a series of age-appropriate games, participants gain the skills, confidence, and passion, to take the next step in their basketball careers. Skyhawks coaches provide a positive environment where kids of all abilities can develop at their own pace with lots of encouragement and a big focus on fun! Our development objectives include ball control, dribbling, passing, shooting, coordination, balance, body movement, teamwork, sportsmanship, and self-esteem. Your child will leave with new skills, new friends, and a new love for basketball! **Skip 11/22**

FEE	INSTRUCTOR	TIME	
\$207	Skyhawks Sports	4:30pm-5:15pm	
DAY	DATE	LOCATION	NO. WKS.
Th	9/8-10/20	Jennifer Russell Bldg.	7
Th	11/3-12/15	Jennifer Russell Bldg.	6



4-6 YRS

WORLD CUP SOCCER CAMPS & CLINICS

World Cup Soccer Skill Clinics are customized to create many touches on the ball, improve dribbling, passing, receiving and shooting. We form small groups to ensure a focused and personal practice. We make it instructional and fun. Every practice includes a scrimmage. Fee includes a World Cup Soccer T-shirt. Please bring to each class: Soccer ball, shin guards, soccer cleats or tennis shoes and water. We follow all health guidelines to keep our participants safe. **Skip 11/24**

FEE	INSTRUCTOR	NO. WKS.	
\$219	World Cup Soccer	7	
DAY	DATE	LOCATION	TIME
Th	9/15-10/27	LCP—Upper Field	4:00pm-5:00pm

FEE	INSTRUCTOR	NO. WKS.	
\$189	World Cup Soccer	6	
DAY	DATE	LOCATION	TIME
Th	11/3-12/15	LCP—Upper Field	4:00pm-5:00pm

ARTS & CRAFTS

9-14 YRS

BEGINNER SEWING-QUILT

Students will learn to sew a 3.5" x 5.5" Quilt. It's a great size for a lap blanket or footer on a twin or queen bed. No experience needed. A small student to instructor ratio allows each student plenty of personalized guidance and access to their own sewing machine and tool set. Students will learn to safely operate a sewing machine and iron, and illustrate their designs. All of the materials will be provided including high quality fabrics, threads, and personalized embroidery. *\$95 supply fee paid to instructor at first class.*

FEE	INSTRUCTOR	NO. WKS.	
\$404	Julia Husch	1	
DAY	DATE	LOCATION	TIME
M-F	12/26-12/30	Buckeye Room	9:00am-12:00pm
M-F	12/26-12/30	Buckeye Room	1:00pm-4:00pm

ABOUT INSTRUCTOR JULIA HUSCH:

Instructor Julia studied Fashion Design in New York at the Fashion Institute of Technology and has been a youth sewing instructor for over 7 years.

See page 14 for more sewing classes!

9-14 YRS

SEWING-MAKE HOLIDAY GIFTS

Students will make holiday gifts for friends and family. (No experience needed) A small student to instructor ratio allows each student plenty of personalized guidance and access to their own sewing machine and tool set. They will learn to safely operate a professional sewing machine and iron, read a sewing pattern, and illustrate their designs. All of the materials will be provided including high quality fabrics, threads, and a personalized embroidery. *\$95 supply fee paid to instructor at first class.*

FEE	INSTRUCTOR	NO. WKS.	
\$244	Julia Husch	1	
DAY	DATE	LOCATION	TIME
M-W	11/21-11/23	Cedar Room	9:00am-12:00pm
M-W	11/21-11/23	Cedar Room	1:00pm-4:00pm

FEE	INSTRUCTOR	NO. WKS.	
\$404	Julia Husch	1	
DAY	DATE	LOCATION	TIME
M-F	12/19-12/23	Buckeye Room	9:00am-12:00pm
M-F	12/19-12/23	Buckeye Room	1:00pm-4:00pm

COOKING

6-10 YRS

WE TEACH YOUR KIDS TO COOK

Children love to eat what they cook. Kids will be making soups, breads, salads, veggies, desserts and many more recipes in between. Come and join the fun, meet new friends, learn food safety and how to safely use the kitchen appliances. Please let us know about any food allergies or religious food observances before class. Children should wear closed toed shoes. *\$45 supply fee due to the instructor at the first class.*

FEE	INSTRUCTOR	NO. WKS.	
\$288	Lynda Rexroat	5	
DAY	DATE	LOCATION	TIME
Th	9/29-10/27	Kitchen	4:30pm-6:30pm
Th	11/3-12/8	Kitchen	4:30pm-6:30pm



Check out our

HOLIDAY CAMPS

on pages 8 & 9



DANCE

5-16 YRS IRISH DANCE

The McBride School offers quality Irish Dance classes while providing a safe, supportive and positive learning environment with a family oriented school. **New Beginner (under 9):** Introduction to Irish dance; **New Beginner (9 and over):** Introduction to Irish dance; **Advanced/Intermediate Dancers (All Ages):** Continued instruction of advanced Irish dance material. **Skip 11/23**

FEE	LEVEL	INSTRUCTOR	NO. WKS.	
\$304	New Beg.	McBride Irish Dancers	16	
AGE	DAY	DATE	LOCATION	TIME
Under 9	W	8/31-12/21	Toyon Room	3:30pm-4:15pm
9 Yrs +	W	8/31-12/21	Toyon Room	4:15pm-5:00pm

FEE	LEVEL	INSTRUCTOR	NO. WKS.	
\$304	Adv./Int.	McBride Irish Dancers	16	
AGE	DAY	DATE	LOCATION	TIME
All Ages	W	8/31-12/21	Toyon Room	5:00pm-6:00pm

4-9 YRS TAP JAZZ BASIC

“Ballet/Jazz-Funk” Is a great start for any newcomer or returning dancer who has danced in the past and want to get those Dance Shoes back on! Come in and enjoy an entertaining class that works on flexibility, strength, and technique along with the true vocabulary of each movement. Ending with an amazing choreography by Mr. AJ Rogers in an unbelievably fun environment! Keeping up with popular top 40 music brings the clubby environment to Lafayette rec. this class brings sheer joy in a classy clean and cool studio. **Skip 11/22**

FEE	INSTRUCTOR	NO. WKS.	
\$274	New You Dance Center	15	
DAY	DATE	LOCATION	TIME
Tu	8/30-12/13	Toyon Room	5:00pm-5:45pm

4-9 YRS BALLET CONTEMPORARY BASICS

“Ballet/Jazz-Funk” Is a great start for any newcomer or returning dancer who has danced in the past and want to get those Dance Shoes back on! Come in and enjoy an entertaining class that works on flexibility, strength, and technique along with the true vocabulary of each movement. Ending with an amazing choreography by Mr. AJ Rogers in an unbelievably fun environment! Keeping up with popular top 40 music brings the clubby environment to Lafayette rec. this class brings sheer joy in a classy clean and cool studio. **Skip 11/22**

FEE	INSTRUCTOR	NO. WKS.	
\$274	New You Dance Center	15	
DAY	DATE	LOCATION	TIME
Tu	8/30-12/13	Toyon Room	5:45pm-6:30pm

LEGO® CAMPS

5-11 YRS LEGO® POKEMON CAMP

Get ready for an adventure in the world of Pokémon®! We'll build all of your favorite pocket monsters using LEGO® bricks and specially designed models from Bricks 4 Kidz. Capture wild Pokémon® Creatures and train them for battle. Tap into your inner engineer as we build, Dratini, Pikachu, Poke Balls, and more. Show off your skills as you battle for power in your journey through the Pokémon® universe. Do you have what it takes to become a Pokémon® master?

FEE	INSTRUCTOR	NO. DAYS	
\$154	Bricks 4 Kidz	3	
DAY	DATE	LOCATION	TIME
M-W	11/21-11/23	Buckeye Room	9:00am-12:00pm

6-11 YRS B4K STEAM CAMP

Bricks 4 Kidz STEAM Camp! Join us for a different theme each day—from space to robots to animals and beyond! Each day will feature crafts, science experiments, programming and, of course, LEGO builds to match the day's theme. Learning and fun all rolled into one, with several projects to bring home and show off to the family. Enjoy the day in a safe and enriching environment with the B4K STEAM Day Camp! Price includes materials fee.

FEE	INSTRUCTOR	NO. DAYS	
\$189	Bricks 4 Kidz	3	
DAY	DATE	LOCATION	TIME
M-W	11/21-11/23	Buckeye Room	1:00pm-4:00pm

5-11 YRS LEGO® MASH-UP CAMP

Minecraft®, Super Heros, Jurassic Park, Pokémon®, Angry Birds®, Ninjas and more all in one camp!! That's right, this camp has it all for your camper. Each day will be a different theme so they get a taste of the best of Bricks 4 Kidz camps. Motorized LEGO® builds, crafts and fun will be plentiful!! So come build with us!

FEE	INSTRUCTOR	NO. DAYS	
\$204	Bricks 4 Kidz	3	
DAY	DATE	LOCATION	TIME
M-Th	12/19-12/22	Cedar Room	9:00am-12:00pm

5-11 YRS AVENGERS AND WEB SLINGERS UNITE!

Got kids who are into spiders—the superhero kind? Or maybe kids that want to improve their LEGO® Avengers skills? Then they are going to love this superhero-themed camp with all kinds of cool LEGO® building projects from your friends at Bricks 4 Kidz!

FEE	INSTRUCTOR	NO. DAYS	
\$204	Bricks 4 Kidz	3	
DAY	DATE	LOCATION	TIME
M-Th	12/19-12/22	Cedar Room	1:00pm-4:00pm

SPORTS CAMPS

4-15 YRS



PACK THANKSGIVING FLAG FOOTBALL CAMP

Get ready for 3 action-packed days of jaw dropping catches, highlight reel runs, and relentless defensive stands. This holiday camp is perfect for new players looking for a positive introduction to the exciting game of Flag Football. Intermediate players looking to take the next step in their Football career. Advanced players looking for additional on the field training. And anyone looking to get outside, get some exercise, and play with their friends. Players learn positions, plays, formations, route combinations, and how to use a real playbook. Our development objectives include passing, rushing, receiving, route running, defense, and Football F.A.C.E.S. training (Flexibility, Agility, Conditioning, Explosiveness, Speed). Gain your competitive edge on the Gridiron this Thanksgiving Break with Pack Football Club.

FEE	AGES	INSTRUCTOR	NO. DAYS
\$149	4-6	Skyhawks Sports	3
DAY	DATE	LOCATION	TIME
M-W	11/21-11/23	Campolindo HS	9:00am-12:00pm

FEE	AGES	INSTRUCTOR	NO. DAYS
\$249	7-11	Skyhawks Sports	3
DAY	DATE	LOCATION	TIME
M-W	11/21-11/23	Campolindo HS	9:00am-3:00pm

FEE	AGES	INSTRUCTOR	NO. DAYS
\$249	12-15	Skyhawks Sports	3
DAY	DATE	LOCATION	TIME
M-W	11/21-11/23	Campolindo HS	9:00am-3:00pm



SCIENCE & TECHNOLOGY

6-11 YRS

CRAZY CHEMISTRY

Shake up a flask of fun in the lab as a junior chemist! We'll explore and create exciting chemical reactions, make colorful concoctions and bubbling brews. Amaze yourself with magical temperature changing baggie science or growing ghost crystals. Study the chemistry involved in not-so-simple things like chalk and soap, and even experiment with the chemistry used by artists, spies and detectives! Chemists bring home a project each day. Hop on board the chemistry express for high-speed science experience! \$30 supply fee paid to instructor at first class.

FEE	INSTRUCTOR	NO. WKS.	
\$184	Mad Science	1	
DAY	DATE	LOCATION	TIME
M-W	11/21-11/23	Arts and Crafts Room	9:00am-12:00pm



6-11 YRS

EUREKA—THE INVENTOR'S CAMP

We challenge our class to use their imaginations and creativity to survive on a deserted island by designing devices to capture food and water, by building bridges, shelters and even a boat to make it off the island. We will put our heads together to imagine the future in space focusing on creating inventions to protect space ships from damaging space rays and designing a safety capsules for payloads returning from space. While Thomas Edison said, "Invention is 10% inspiration and 90% perspiration," this camp is 100% FUN! \$30 supply fee paid to instructor at first class.

FEE	INSTRUCTOR	NO. WKS.	
\$184	Mad Science	1	
DAY	DATE	LOCATION	TIME
M-W	11/21-11/23	Arts and Crafts Room	1:00pm-4:00pm

SPORTS

4-13 YRS

PACK SPORTS MEDLEY SUNDAY PLAYDAY

Sunday Funday! Get ready for an action-packed day of sports games and competitions. This program combines Baseball, Dodgeball, Flag Football, Soccer, and Volleyball into one fun-filled day. Pack coaches provide a positive environment where kids of all abilities can participate in friendly competition and develop their skills with lots of encouragement and a big focus on FUN! By adding just the right amount of competition, we promote skill development, teamwork, confidence, and sportsmanship through PLAY! Your child will leave with new friends, new skills, and a new love for sports. Best of all, all proceeds go towards our Dog Rescue mission!



FEE	AGES	INSTRUCTOR	NO. DAYS
\$54	4-8 YRS	Skyhawks Sports	1
DAY	DATE	LOCATION	TIME
Sa	9/18	Campolindo HS	9:00am-12:00pm

FEE	AGES	INSTRUCTOR	NO. WKS.
\$54	8-13 YRS	Skyhawks Sports	1
DAY	DATE	LOCATION	TIME
Sa	9/18	Campolindo HS	1:30pm-4:30pm

FEE	AGES	INSTRUCTOR	NO. DAYS
\$54	4-6 YRS	Skyhawks Sports	1
DAY	DATE	LOCATION	TIME
Su	11/6	College Park HS	9:00am-12:00pm

FEE	AGES	INSTRUCTOR	NO. DAYS
\$54	7-12 YRS	Skyhawks Sports	1
DAY	DATE	LOCATION	TIME
Sa	11/6	College Park HS	1:30pm-4:30pm

5-7 YRS

VOLLEYBALL CLINIC (FUN & FUNDAMENTALS)

Skyhawks Volleyball is a fun and positive introduction to the exciting game of Volleyball. Using our age appropriate curriculum and modified equipment, participants learn Volleyball fundamentals and social skills through a series of fast-paced instructional circuits and developmental games. Participants explore balance, body movement, coordination, self-esteem, teamwork, sportsmanship, and skill development, with lots of encouragement and a big focus on fun!

FEE	INSTRUCTOR	NO. WKS.	
\$178	Skyhawks Sports	6	
DAY	DATE	LOCATION	TIME
M	9/12-10/17	Jennifer Russell Bldg.	5:00pm-5:45pm

FEE	INSTRUCTOR	NO. WKS.	
\$178	Skyhawks Sports	7	
DAY	DATE	LOCATION	TIME
M	10/31-12/12	Jennifer Russell Bldg.	5:00pm-5:45pm

7-10 YRS

VOLLEYBALL CLINIC (TEAMWORK & TECHNIQUE)

This program teaches young athletes the fundamentals of Volleyball through PLAY. Designed for beginning to intermediate players, Skyhawks Coaches create a safe and interactive setting that develops skills while building confidence. Our primary development objectives include passing, setting, hitting, and serving. Your child will leave with new friends, new skills, and a new love for Volleyball.

FEE	INSTRUCTOR	NO. WKS.	
\$178	Skyhawks Sports	6	
DAY	DATE	LOCATION	TIME
M	9/12-10/17	Jennifer Russell Bldg.	6:00pm-6:45pm
M	10/31-12/12	Jennifer Russell Bldg.	6:00pm-6:45pm



5-10 YRS

BASKETBALL CLINIC

This skill-based clinic was designed to give players a competitive advantage on the court. Through interactive drills, skill reinforcement games, and simulated scrimmages, young athletes develop the skills, strategy, confidence, and passion, to take the next step in their basketball career. Our development objectives include ball control, dribbling, passing, shooting, rebounding, agility, offensive/defensive strategy, teamwork, sportsmanship, and self-esteem. Skyhawks coaches provide a positive environment where players of all abilities can participate in friendly competition with lots of encouragement and a big focus on fun! **Skip 11/21, 11/22**

FUN & FUNDAMENTALS

FEE	AGES	INSTRUCTOR	NO. WKS.
\$178	5-6 YRS	Skyhawks Sports	6
DAY	DATE	LOCATION	TIME
M	9/12-10/17	Jennifer Russell Bldg.	3:15pm-4:15pm
M	10/31-12/12	Jennifer Russell Bldg.	3:15pm-4:15pm

SKILLS & SCRIMMAGES

FEE	AGES	INSTRUCTOR	NO. WKS.
\$207	8-10 YRS	Skyhawks Sports	7
DAY	DATE	LOCATION	TIME
Tu	9/6-10/18	Jennifer Russell Bldg.	3:15pm-4:15pm

FEE	INSTRUCTOR	NO. WKS.	
\$178	Skyhawks Sports	6	
DAY	DATE	LOCATION	TIME
Tu	11/1-12/13	Jennifer Russell Bldg.	3:15pm-4:15pm

5-7 YRS

SKYHAWKS SPORTS MEDLEY

This multi-sport program was designed to introduce kids to a variety of sports in one fun-filled setting. Skyhawks coaches will introduce their young athletes to a variety of different sports: Baseball, Basketball, Flag Football, Soccer, Track & Field. Our age-appropriate curriculum, modified equipment, and highly trained staff provide a positive environment where players of all abilities can develop at their own pace with lots of encouragement and a big focus on FUN! **Skip 11/12, 11/26**

FEE	INSTRUCTOR	NO. WKS.	
\$207	Skyhawks Sports	7	
DAY	DATE	LOCATION	TIME
Sa	9/10-10/22	Jennifer Russell Bldg.	12:15pm-1:00pm

FEE	INSTRUCTOR	NO. WKS.	
\$178	Skyhawks Sports	6	
DAY	DATE	LOCATION	TIME
Sa	10/29-12/17	Jennifer Russell Bldg.	12:15pm-1:00pm

6-15 YRS

LAMORINDA HOLIDAY BOWL

Get ready for the most exciting Flag Football event of the year! 4-teams battle it out for 4-weeks for the right to call themselves Tournament Champions! This tournament meets 1-days/week (Sundays) for 4-weeks. Each tournament day includes a 1-hour practice, followed by two back-to-back games against other teams in their division. All practices and games are held at the same location. Families should plan on a 3-hour commitment each day.

FEE	AGES	INSTRUCTOR	NO. WKS.
\$244	6-8 YRS	Skyhawks Sports	4
\$244	8-10 YRS	Skyhawks Sports	4
DAY	DATE	LOCATION	TIME
Sa	11/27-12/18	Campolindo HS	10:00am-1:00pm

FEE	AGES	INSTRUCTOR	NO. WKS.
\$244	10-12 YRS	Skyhawks Sports	4
\$244	12-15 YRS	Skyhawks Sports	4
DAY	DATE	LOCATION	TIME
Sa	11/27-12/18	Campolindo HS	1:30pm-4:30pm

6-15 YRS

PACK FLAG FOOTBALL KIDS NIGHT OUT

Saturday Kids Night Out! Kids get a fun evening of Flag Football games with their friends. Parents get a kid-free evening. We raise money to rescue a dog in need. Win. Win. Win. Rescuing a dog has never been so much fun! Parents drop their kids off for 3-hrs of Flag Football skill instruction, games, and scrimmages. This night out is perfect for new players looking for a positive introduction to the exciting game of Flag Football. Intermediate players looking to take the next step in their Football career. Advanced players looking for additional on the field training. And anyone looking to get outside, get some exercise, and play with their friends. Pack coaches provide a positive environment where kids of all abilities can learn the fundamentals of Flag Football with lots of encouragement and a big focus on fun! Our development objectives include passing,

rushing, receiving, route running, flag pulling, game rules/strategy, confidence, teamwork, sportsmanship, and self-esteem. Your child will leave with new friends, new skills, and a new love for sports. Best of all, all proceeds go towards our Dog Rescue mission!

FEE	AGES	INSTRUCTOR	NO. DAYS
\$54	6-8 YRS	Skyhawks Sports	1
\$54	9-11 YRS	Skyhawks Sports	1
\$54	12-15 YRS	Skyhawks Sports	1
DAY	DATE	LOCATION	TIME
Sa	10/1	College Park HS	6:00pm-9:00pm
Sa	10/15	Campolindo HS	6:00pm-9:00pm

6-15 YRS

PACK SPORTS MEDLEY KIDS NIGHT OUT

Saturday Kids Night Out! Kids get a fun evening of playing sports with their friends. Parents get a kid-free evening. We raise money to rescue a dog in need. Win. Win. Win. Rescuing a dog has never been so much fun! Parents drop their kids off for 3-hrs of sports games and competitions. This program combines Baseball, Dodgeball, Flag Football, Soccer, and Volleyball into one fun-filled day. Pack coaches provide a positive environment where kids of all abilities can participate in friendly competition and develop their skills with lots of encouragement and a big focus on FUN! By adding just the right amount of competition, we promote skill development, teamwork, confidence, and sportsmanship through PLAY! Your child will leave with new friends, new skills, and a new love for sports.

FEE	AGES	INSTRUCTOR	NO. DAYS
\$54	6-8 YRS	Skyhawks Sports	1
\$54	9-11 YRS	Skyhawks Sports	1
\$54	12-15 YRS	Skyhawks Sports	1
DAY	DATE	LOCATION	TIME
Sa	9/17	Acalanes HS	6:00pm-9:00pm
Sa	12/3	Las Lomas HS	6:00pm-9:00pm

7-9 YRS

WORLD CUP SOCCER CAMPS & CLINICS

World Cup Soccer Skill Clinics are customized to create many touches on the ball, improve dribbling, passing, receiving and shooting. We form small groups to ensure a focused and personal practice. We make it instructional and fun. Every practice includes a scrimmage. Fee includes a World Cup Soccer T-shirt. Please bring to each class: Soccer ball, shin guards, soccer cleats or tennis shoes and water. We follow all health guidelines to keep our participants safe. **Skip 11/24**



FEE	INSTRUCTOR	NO. WKS.	
\$219	World Cup Soccer	7	
DAY	DATE	LOCATION	TIME
Th	9/15-10/27	LCP—Upper Field	5:00pm-6:00pm

FEE	INSTRUCTOR	NO. WKS.	
\$189	World Cup Soccer	6	
DAY	DATE	LOCATION	TIME
Th	11/3-12/15	LCP—Upper Field	4:00pm-5:00pm

AWESOME HOLIDAY CAMPS

4-11 YRS

Enjoy break at Camp Awesome doing arts and crafts, sports and games, hikes and a ton of Awesome fun. Wear sporty clothing, bring a water bottle, lunch and be ready for fun! Campers will be divided into groups based on age for portions of the day. Early Care and After Camp available.

LOCATION: Jennifer Russell Building | **LOCATION:** Lafayette Staff

DAY CAMPS

FEE: \$50
DAYS/DATE:
 M-W | 11/21-11/23
 M-F | 12/19-12/23
 T-Th | 12/27-12/29
TIME: 9:00am-2:00pm

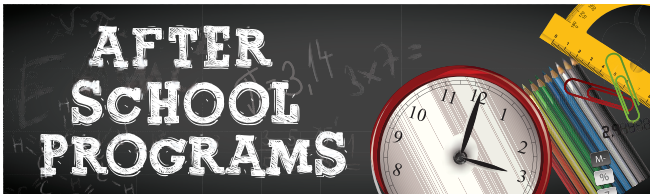
EARLY CARE

FEE: \$10
DAYS/DATE:
 M-W | 11/21-11/23
 M-F | 12/19-12/23
 T-Th | 12/27-12/29
TIME: 8:00am-9:00am

AFTER CARE

FEE: \$35
DAYS/DATE:
 M-W | 11/21-11/23
 M-F | 12/19-12/23
 T-Th | 12/27-12/29
TIME: 2:00pm-5:30pm

REGISTER NOW FOR HOLIDAY BREAK FUN!



AFTER SCHOOL PROGRAMS

4-12 YRS ART ART ART

Fun drawing and painting classes. Developing line drawing will be the focus of this course. Students will have different themes each week from figure drawings, portraiture, still life, photomontage to contemporary abstract paintings. They will have a great opportunity to work with a variety of materials and unconventional approaches to develop the body of work on paper. \$20 supply fee due to instructor at first class. Skip 11/11, 11/21, 11/25

FEE	INSTRUCTOR	NO. WKS.	
\$334	Yana Verba	12	
DAY	DATE	LOCATION	TIME
M	9/19-12/12	C Arts and Crafts Rm	3:15pm-4:15pm
FEE	INSTRUCTOR	NO. WKS.	
\$306	Yana Verba	11	
DAY	DATE	LOCATION	TIME
F	9/23-12/16	C Arts and Crafts Rm	3:15pm-4:15pm

H
 Happy Valley Elementary

S
 Springhill Elementary

C
 Community Ctr (Burton Valley)

L
 Lafayette Elementary

6-10 YRS CHESS ACADEMY FOR KIDS

Offered to all levels (Beginners, Intermediate, Advanced) this class is a great opportunity to learn chess or significantly improve the knowledge of the game. Interactive instructions are followed by casual and tournament games as well as simultaneous games against the coach. Students are offered chess workouts and individual recommendations from their teachers. Skip 11/22

FEE	INSTRUCTOR	NO. WKS.	
\$234	Pacific Chess Academy	12	
DAY	DATE	LOCATION	TIME
Tu	9/20-12/13	C Elderberry Room	3:15pm-4:15pm



Bus from Burton Valley available—\$6/ride.

5-11 YRS
GADGETS, GIZMOS AND OTHER INTERESTING INVENTIONS WITH LEGO®

This class is all about the fun of doing something with what you've built. From a spinning top to a spin art model, from a hand mixer to a conveyor belt, kids will love playing with their LEGO® creations! But don't worry, we sneak in lots of learning too! Like understanding probability in the "3-in-a-row" game model and learning about friction and symmetry with the spinning top. Each lesson reinforces the S.T.E.M. curriculum and encourages students to think of what they could invent or improvements they could make to an existing object to solve a problem. Introduce your student to the world of ideas, creativity, inventions, gadgets and gizmos all while learning with LEGO®. **Skip 11/11, 11/25**

FEE	INSTRUCTOR	NO. WKS.	
\$295	Bricks 4 Kidz	10	
DAY	DATE	LOCATION	TIME
F	9/23-12/9	Cedar Room	3:15pm-4:15pm



5-11 YRS
TICKET TO RIDE WITH LEGO®

Delve into the history and mechanics of favorite amusement park rides as students will construct various popular rides with LEGO® bricks. Lessons incorporate principles of physics, described in a way children can understand, such as "G-force" inertia and momentum, as well as math concepts such as "there are 360 degrees in a circle." These engaging lessons will give students an understanding of the physical forces they experience every day all while reinforcing the S.T.E.M. and CORE concepts. **Skip 10/31, 11/21, 11/24**

FEE	INSTRUCTOR	NO. WKS.	
\$295	Bricks 4 Kidz	13	
DAY	DATE	LOCATION	TIME
Th	9/22-12/15	Lafayette Elem.	2:45pm-3:45pm

FEE	INSTRUCTOR	NO. WKS.	
\$271	Bricks 4 Kidz	11	
DAY	DATE	LOCATION	TIME
M	9/19-12/12	Happy Valley Elem.	2:45pm-3:45pm

5-11 YRS
WORLD ENGINEERING WITH LEGO®

See how the world around us works and looks through the eyes of LEGO®. From animals and energy to construction equipment, race cars and space travel, we'll explore our world by learning about and building some of the engineering marvels that we encounter every day. Each motorized lesson introduces key terminology related to each build as well as reinforces the S.T.E.M. and CORE concepts. So, come build with us! **Skip 11/22**

FEE	INSTRUCTOR	NO. WKS.	
\$295	Bricks 4 Kidz	12	
DAY	DATE	LOCATION	TIME
Tu	9/20-12/13	Springhill Elem.	2:45pm-3:45pm

5-10 YRS
JOY'S JACKRABBITS TRACK CLUB!

Joy's Jackrabbits Track Club is a Track & Field program, taught by National Coach & Masters 24x World Champion, Joy Upshaw. We focus on proper running mechanics and good posture. We learn Track & Field techniques of events like long jump, hurdles, shot put, turbo javelin, triple jump, relays, and more, all while having fun, maintaining good sportsmanship & being positive! :-). Each participant also receives a team shirt, notebook, fun quizzes, stickers, and a personalized award.

FEE	INSTRUCTOR	NO. WKS.	
\$350	Joy Upshaw	7	
DAY	DATE	LOCATION	TIME
Th	9/22-11/3	Springhill Elem.	2:45pm-3:45pm



AFTERSCHOOL PROGRAMS

9-14 YRS ^T BEGINNER FASHION SEWING—TOTE BAG

Students will learn to sew a tote bag. A small student-to-instructor ratio allows each student plenty of personalized guidance and access to their own sewing machine and tool set. They will learn to safely operate a sewing machine and iron, read a sewing pattern, and illustrate their designs. All of the materials will be provided including high quality fabrics, threads, and a personalized embroidery to customize the Tote. *\$65 supply fee paid to instructor at first class.* Skip 11/9, 11/21, 11/23

FEE	INSTRUCTOR	NO. WKS.	
\$208	Julia Husch	5	
DAY	DATE	LOCATION	TIME
M	11/7-12/12	Cedar Room	2:15pm-3:45pm
W	11/2-12/14	Cedar Room	4:00pm-5:30pm



9-14 YRS ^T BEGINNER FASHION SEWING—STRETCH PANTS & SHIRT

Students will learn to sew with knit stretchy fabrics to make pants and a shirt. (No experience needed, intermediate level welcome.) A small student to instructor ratio allows each student plenty of personalized guidance and access to their own sewing machine and tool set. They will learn to safely operate a sewing machine and iron, read a sewing pattern, and illustrate their designs. All of the materials will be provided including high quality fabrics, threads, and personalized embroidery. *\$65 supply fee paid to instructor at first class.*

FEE	INSTRUCTOR	NO. WKS.	
\$249	Julia Husch	6	
DAY	DATE	LOCATION	TIME
M	9/19-10/24	Cedar Room	3:15pm-4:45pm
W	9/21-10/26	Cedar Room	2:15pm-3:45pm

Bus from Burton Valley available—\$6/ride.

9-14 YRS ^T INTERMEDIATE/ADVANCED FASHION SEWING—HALLOWEEN COSTUME

Design and sew your own Halloween Costume. (Prior sewing class with Julia required.) A small student-to-instructor ratio allows each student plenty of personalized guidance and access to their own sewing machine and tool set. Students will learn to safely operate a sewing machine and iron, read a sewing pattern, and illustrate their designs. All of the materials will be provided including high quality fabrics, threads, and a personalized embroidery. *Please come to the first class with a few costume ideas ready to go. Non-specific costumes work better than already known characters. This way students can be creative in their designs and will not be disappointed if the costume does not look exactly like their chosen character. Non-people costume ideas also welcome! \$95 supply fee paid to instructor at first class.*

FEE	INSTRUCTOR	NO. WKS.	
\$249	Julia Husch	6	
DAY	DATE	LOCATION	TIME
M	9/19-10/24	Cedar Room	5:00pm-6:45pm
W	9/21-10/26	Cedar Room	4:00pm-5:45pm

9-14 YRS INTERMEDIATE/ADVANCED FASHION SEWING—SWEATSHIRT

Design and sew your own sweatshirt. A small student-to-instructor ratio allows each student plenty of personalized guidance and access to their own sewing machine and tool set. They will learn to safely operate a sewing machine and iron, read a sewing pattern, and illustrate their designs. All of the materials will be provided including high quality fabrics, threads, and personalized embroidery. *\$65 supply fee paid to instructor at first class.* Skip 11/9, 11/21, 11/23

FEE	INSTRUCTOR	NO. WKS.	
\$208	Julia Husch	5	
DAY	DATE	LOCATION	TIME
W	11/2-12/14	Cedar Room	4:00pm-5:30pm
M	11/7-12/12	Cedar Room	5:00pm-6:30pm

ABOUT INSTRUCTOR JULIA HUSCH:

Instructor Julia studied Fashion Design in New York at the Fashion Institute of Technology and has been a youth sewing instructor for over 7 years.





5-11 YRS
FUNKMODE HIP HOP+

Does your child love to dance? Can't sit still when music comes on? Then they are ready for FUNKMODE Hip Hop+. Students will build their confidence while learning various Hip Hop dance styles in a positive, encouraging atmosphere. We have developed a unique curriculum to ensure they will learn musicality, choreography and performance skills each week, while using their own creativity and personal expression. And the + means that we're taking this show beyond our Hip Hop roots to include all of the music and movement that's currently tearing up the dance floors. Your kids wanna move? THIS is the place to be! **Skip 10/24-10/28, 11/11, 11/21-11/25**

FEE	INSTRUCTOR	NO. WKS.	
\$269	FUNKMODE Staff	11	
DAY	DATE	LOCATION	TIME
M	9/19-12/12	S Springhill Elem.	2:45pm-3:45pm
W	9/21-12/14	C Live Oak Room	3:30pm-4:30pm
Th	9/22-12/15	H Happy Valley Elem.	2:45pm-3:45pm

FEE	INSTRUCTOR	NO. WKS.	
\$244	FUNKMODE Staff	10	
DAY	DATE	LOCATION	TIME
F	9/23-12/16	L Lafayette Elem.	2:45pm-3:45pm

6-12 YRS
ALOHA MIND MATH

Become a math rock star! This STEM program offers small in person classes led by a qualified instructor to help develop your child's skill and confidence in math. Your child will learn to use an abacus and mental math techniques that broaden their understanding of math. Abacus and workbook included.

FEE	INSTRUCTOR	NO. WKS.	
\$144	Hali Hausmann	7	
DAY	DATE	LOCATION	TIME
M	9/26-11/7	C Elderberry Room	3:15pm-4:15pm

6.5-11 YRS
CARTOONING 101

Beginning Cartooning! Anyone can do this class if you have a pencil & an imagination! This class will help develop your drawing skills & creativity. Design an original cartoon character. Understand the creative process and development of a cartoon from brainstorming. Create a comic book. Learn about; bird's eye view, gag and punch lines, props: a flying hamburger, speech bubbles & thumb nail sketches. Every session it changes. Lots of new projects plus basics. If you took it once or more...there will always be new things to do. Bring your own pencil, eraser, and pencil case. **\$10 material fee paid to instructor. Skip 11/24**

FEE	INSTRUCTOR	NO. WKS.	
\$190	Jamie Aberegg	12	
DAY	DATE	LOCATION	TIME
Th	9/22-12/15	C Arts and Crafts Rm	3:15pm-4:15pm



5-8 YRS
GLEE CLUB

If you Come Alive when you hear certain songs...Let It Go and join Glee Club! Glee Club is a weekly ensemble performance class where students sing, learn fun dance moves and staging while singing their hearts out to their favorite songs. Students will also have the chance to create their own show-stopping choreography, make props and musical instruments, sing solos, and play games in a safe and nurturing environment with their friends. **Skip 10/31, 11/21 & 11/23**

FEE	INSTRUCTOR	NO. WKS.	
\$279	Myeve Capozzi Vocal Training	11	
DAY	DATE	LOCATION	TIME
M	9/19-12/12	L Lafayette Elem.	2:45-3:45

FEE	INSTRUCTOR	NO. WKS.	
\$304	Myeve Capozzi Vocal Training	12	
DAY	DATE	LOCATION	TIME
W	9/21-12/14	H Happy Valley Elem.	1:45-2:45PM

MORE AFTER SCHOOL PROGRAMS ON THE NEXT PAGE >

H Happy Valley Elementary	S Springhill Elementary	C Community Ctr (Burton Valley)	L Lafayette Elementary
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GRADES K-5

SKYHAWKS AFTER-SCHOOL SPORTS CLUB

School is out! It is time to get outside, get some exercise, develop your sports skills, and play with your friends. Skyhawks After-School Sports Club combine baseball, basketball, dodgeball, flag football, soccer, track & field, and volleyball into one action packed after-school enrichment program. Each day your child will be split into groups based on grade and experience level, to participate in a series of interactive drills, skill-based games, and simulated scrimmages. Skyhawks staff provide a positive environment where kids of all abilities can develop at their own pace with lots of encouragement and a big focus on FUN! **Skip 9/13-9/16, 11/11, 11/21-11/25**

FEE	INSTRUCTOR		GRADE
\$149/5 wks. \$178/7 wks.	Skyhawks Sports		3rd-5th
DAY	DATE	LOCATION	TIME
M	9/19-10/17 (5 wks)	Lafayette Elem.	2:45pm-4:00pm
M	10/24-12/12 (7 wks)	Lafayette Elem.	2:45pm-4:00pm

FEE	INSTRUCTOR		GRADE
\$178/6 wks. \$207/7 wks.	Skyhawks Sports		K-2nd
DAY	DATE	LOCATION	TIME
Tu	9/6-10/18 (6 wks)	Lafayette Elem.	2:45pm-4:00pm
Tu	10/25-12/13 (7 wks)	Lafayette Elem.	2:45pm-4:00pm

FEE	INSTRUCTOR		GRADE
\$178/6 wks.	Skyhawks Sports		K-2nd
DAY	DATE	LOCATION	TIME
F	9/9-10/21	Springhill Elem.	2:45pm-4:00pm
F	10/28-12/16	Springhill Elem.	2:45pm-4:00pm

6-7 YRS

AFTER-SCHOOL BASKETBALL (TEAMWORK & TECHNIQUE)

This program was designed to teach young athletes the fundamentals of basketball through play. Through skill based drills, games, and competitions, participants develop the skills and confidence to take the next step in Basketball. Our development objectives include Basketball Fundamentals as well as advanced game strategy including positions, plays, court spacing, offensive/defensive transitions, teamwork, and sportsmanship. Skyhawks coaches provide a positive environment where players of all abilities can participate in friendly competition with lots of encouragement and a big focus on fun! **Skip 11/24**

FEE	INSTRUCTOR		NO. WKS.
\$207	Skyhawks Sports		7
DAY	DATE	LOCATION	TIME
Th	9/8-10/20	Jennifer Russell Bldg.	3:15pm-4:15pm

FEE	INSTRUCTOR		NO. WKS.
\$178	Skyhawks Sports		6
DAY	DATE	LOCATION	TIME
Th	11/3-12/15	Jennifer Russell Bldg.	3:15pm-4:15pm

Happy Valley Elementary

Springhill Elementary

Community Ctr (Burton Valley)

Lafayette Elementary

TENNIS

Classes are appropriate for teens

3-14 YRS

BEGINNING TENNIS

This class is for beginners or students that are continuing on with lessons. Introduction to basic groundstroke, volley and serve technique. Fun games, drills and live ball rallying are part of this class.

PEE WEE—AGES 3-5

FEE	INSTRUCTOR		NO. WKS.
\$89	Lafayette Tennis Club Staff		7
DAY	DATE	LOCATION	TIME
M	9/19-11/7	Lafayette Tennis Club	3:00pm-3:30pm
Tu	9/20-11/1	Lafayette Tennis Club	3:00pm-3:30pm
W	9/21-11/2	Lafayette Tennis Club	3:00pm-3:30pm
Th	9/22-11/3	Lafayette Tennis Club	3:00pm-3:30pm

HOT SHOTS—AGES 6-9

FEE	INSTRUCTOR		NO. WKS.
\$179	Lafayette Tennis Club Staff		7
DAY	DATE	LOCATION	TIME
M	9/19-11/7	Lafayette Tennis Club	3:30pm-4:30pm
Tu	9/20-11/1	Lafayette Tennis Club	3:30pm-4:30pm
W	9/21-11/2	Lafayette Tennis Club	3:30pm-4:30pm
Th	9/22-11/3	Lafayette Tennis Club	3:30pm-4:30pm

JUNIORS—AGES 10-14

FEE	INSTRUCTOR		NO. WKS.
\$179	Lafayette Tennis Club Staff		7
DAY	DATE	LOCATION	TIME
M	9/19-11/7	Lafayette Tennis Club	4:30pm-5:30pm
Tu	9/20-11/1	Lafayette Tennis Club	4:30pm-5:30pm
W	9/21-11/2	Lafayette Tennis Club	4:30pm-5:30pm
Th	9/22-11/3	Lafayette Tennis Club	4:30pm-5:30pm

MARTIAL ARTS

7-17 YRS

KARATE

Classes are divided by and catered toward different skill levels. Open class is offered for all skill levels and is designed to build self-confidence while learning how to throw, strike, block and fall without hurting oneself. Intermediate/Advanced class is available to current students who rank above 8th kyu and is designed to build upon the basics, learn more advanced techniques, and cultivate a higher understanding of karate. All students will be given the opportunity to compete in AAU sanctioned tournament, as well as Open Karate tournaments. *Annual AAU insurance—\$14-Youth—is required. Belt ranking fees also apply, please inquire in class. Start any time. Register at class.www.kyokushinkarate-lafayette.com*

CLASSES PER WEEK	INSTRUCTOR		
2 classes/week \$60/mo	Danielle Jolin		
LEVEL	DAY/DATE	LOCATION	TIME
Open	Mo/We—Ongoing	Live Oak Room	7:00pm-8:00pm

ARTS & CRAFTS

16 YRS & UP **T**

BEGINNER SEWING—TOTE BAG

Learn to sew a lined Tote Bag. No experience needed. A small student to instructor ratio allows each student plenty of personalized guidance and access to their own sewing machine and tool set. Students will learn to safely operate a sewing machine and iron, read a sewing pattern, sew to industry standard techniques, and illustrate their designs. All of the materials will be provided including high quality fabrics, threads, and a personalized embroidery to customize the Tote. Instructor Julia studied Fashion Design in New York at the Fashion Institute of Technology. *\$35 supply fee paid to instructor at first class.*

FEE	INSTRUCTOR	NO. WKS.
\$139	Julia Husch	2
DAY	DATE	LOCATION
M	8/29-9/12	Cedar Room
Tu	8/30-9/6	Cedar Room

16 YRS & UP **T**

BEGINNER SEWING ALTERATIONS—HEM YOUR PANTS

Learn to sew and hem your own pants. No experience needed. A small student to instructor ratio allows each student plenty of personalized guidance and access to their own sewing machine and tool set. Students will learn to safely operate a sewing machine and iron to do basic pant hemming alterations. Equipment will be provided. Bring your own pants to alter during class. Instructor Julia studied Fashion Design in New York at the Fashion Institute of Technology. *\$35 supply fee paid to instructor at first class. Skip 11/24*

FEE	INSTRUCTOR	NO. WKS.
\$139	Julia Husch	2
DAY	DATE	LOCATION
M	8/29-9/12	Cedar Room
Tu	8/30-9/6	Cedar Room

DANCE

14 YRS & UP **T**

BELLY DANCE FOR FUN—BEGINNER TO INTERMED

If you've ever wished you could move like a belly dancer or just want to build on your basic belly dance technique, this mixed-level belly dance class is for you! Learn classic belly dance steps in a warm, supportive environment and let the ancient art of belly dance bring joy to your life! After a warm-up, we will break down one or two belly dance steps and then do various drills to music. Some choreography may be taught to apply what has been learned. Please bring a hip/coin scarf (fun, but not necessary), water, and a positive attitude. Bare feet or soft leather-soled dance shoes recommended. No rubber soles, please. Ages 14-17 ok if enrolled concurrently with a parent. No dance experience required. Exposing belly optional! **Skip 10/31, 11/21**

FEE	INSTRUCTOR	NO. WKS.
\$164	Charlie Gruebele	10
DAY	DATE	LOCATION
M	9/12-11/28	Toyon Room

18 YRS & UP

ADULT BALLET BASICS

"Adult Ballet Basics" Is a great start for any newcomer or Adults who have danced in the past and want to get those slippers back on! Come in and enjoy an entertaining class that works on flexibility, strength, and technique along with the true vocabulary of each movement. Ending with an amazing choreography by Mr. AJ Rogers in an unbelievably fun environment! **Skip 9/5, 10/31, 11/14, 11/21**

FEE	INSTRUCTOR	NO. WKS.
\$220	New You Dance Center	12
DAY	DATE	LOCATION
M	8/29-12/12	Toyon Room

18 YRS & UP

ADULT COUNTRY TWO STEP BASICS

"Adult Country Two Step Basics" Grab your partner and hit the floor anywhere with confidence. this class Is such a great way for any newcomer or Adults who have danced in the past and want to get those dance shoes back on! Come in and enjoy an entertaining class that works on flexibility, strength, and technique along with the true vocabulary of each movement. Ending with an amazing choreography by Mr. AJ Rogers in an unbelievably fun environment! Giving you all the tools, you need to feel comfortable in a party environment or even when you take the stage! working as a team you and your partner will learn from the basics to some intermediate moves to shine sheer joy on the dance floor. **Skip 11/23**

FEE	INSTRUCTOR	NO. WKS.
\$274	New You Dance Center	15
DAY	DATE	LOCATION
W	8/31-12/14	Toyon Room

18 YRS & UP

ADULT SALSA BASICS

"Adult Salsa Basics" Grab your partner and hit the floor anywhere with confidence. this class Is such a great way for any newcomer or Adults who have danced in the past and want to get those dance shoes back on! Come in and enjoy an entertaining class that works on flexibility, strength, and technique along with the true vocabulary of each movement. Ending with an amazing choreography by Mr. AJ Rogers in an unbelievably fun environment! Giving you all the tools, you need to feel comfortable in a party environment or even when you take the stage! Working as a team you and your partner will learn from the basics to some intermediate moves to shine sheer joy on the dance floor. Great way to bring smiles into you and your partners beautiful faces! **Skip 11/22**

FEE	INSTRUCTOR	NO. WKS.
\$274	New You Dance Center	15
DAY	DATE	LOCATION
Tu	8/30-12/13	Toyon Room

T Classes are appropriate for teens

DANCE, CONTINUED

18 YRS & UP

ADULT TAP BASICS

Adult Tap Basics Is a great start for any newcomer or Adults who have danced in the past and want to get those Tappers back on! Come in and enjoy an entertaining class that works on flexibility, strength, and technique along with the true vocabulary of each movement. Ending with an amazing choreography by Mr. AJ Rogers in an unbelievably fun environment! New You Dance Center does not supply shoes. **Skip 9/5, 10/31, 11/14, 11/21**

FEE	INSTRUCTOR	NO. WKS.	
\$220	New You Dance Center	12	
DAY	DATE	LOCATION	TIME
M	8/29-12/12	Toyon Room	9:45am-10:45am

18 AND UP

BEGINNING LINE DANCE

This class is for the first time/absolute beginner line dancer. Learn the basic line dance steps and patterns and new and traditional line dances in a comfortable, welcoming, fun filled class. The intermediate class is for the improving/experienced dancer. Line dancing isn't just country western anymore. It's also a rich blend of other music and dance styles including Latin, popular and swing. Enjoyable exercised that will free the dancer in you. No partners needed. No perfume or fragrances please.

FEE	INSTRUCTOR	NO. WKS.	
\$39	John Trentacosti	5	
DAY	DATE	LOCATION	TIME
M	9/12-10/10	Live Oak Room	11:00am-12:00pm
M	10/17-11/14	Live Oak Room	11:00am-12:00pm
M	11/21-12/19	Live Oak Room	11:00am-12:00pm
Tu	9/13-10/11	Live Oak Room	6:00pm-7:00pm
Tu	10/18-11/15	Live Oak Room	6:00pm-7:00pm
Tu	11/22-12/20	Live Oak Room	6:00pm-7:00pm

18 AND UP

INTERMEDIATE LINE DANCE

Learn new and traditional line dances in a comfortable, welcoming, fun filled class. Line dancing isn't just country western anymore. It's also a rich blend of other music and dance styles including latin, popular and swing. Enjoyable exercised that will free the dancer in you. No partners needed. No perfume or fragrances please.

FEE	INSTRUCTOR	NO. WKS.	
\$39	John Trentacosti	5	
DAY	DATE	LOCATION	TIME
M	9/12-10/10	Live Oak Room	12:30pm-2:00pm
M	10/17-11/14	Live Oak Room	12:30pm-2:00pm
M	11/21-12/19	Live Oak Room	12:30pm-2:00pm
Tu	9/13-10/11	Live Oak Room	7:00pm-9:00pm
Tu	10/18-11/15	Live Oak Room	7:00pm-9:00pm
Tu	11/22-12/20	Live Oak Room	7:00pm-9:00pm

ENRICHMENT

12 AND UP ^T

DOG OBEDIENCE: CGC PREP-BEGINNER OBEDIENCE

Students learn essential behaviors to teach their dog including preparing for basic obedience competition. This class also covers the 10 requirements of the AKC Canine Good Citizen (CGC) Test and offers the test the last night of class session. CGC is a certification program that is designed to reward dogs that have good manners at home and in the community. Dog's age 5 months or older. Bring proof of vaccinations to the 1st class. Equipment required: 6 foot leash and collar (flat-buckle, martingale or leather). Bring your dog the first class. No prerequisite.

FEE	INSTRUCTOR	NO. WKS.	
\$179	Mt. Diablo Dog Training	7	
DAY	DATE	LOCATION	TIME
Sa	9/10-10/22	Live Oak Room	10:30am-11:20am
Sa	10/29-12/17	Live Oak Room	10:30am-11:20am

12 AND UP ^T

DOG OBEDIENCE: FAMILY DOG 1

In the Family Dog 1 course, students learn how to teach their dog basic behaviors such as sit, down, stand, stay/wait, loose leash walking, leave it and come. Common behavior problems such as jumping up, nuisance barking, and inappropriate play biting are discussed. Emphasis is placed on enhancing the bond between dog and owner and helping each dog become thoroughly integrated into family life, able to calmly and safely participate in activities such as going to restaurants, walking in crowds, and attending family gatherings. Dog's age 5 months or older. Bring proof of vaccinations to the 1st class. Equipment required: 6 foot leash and collar (flat-buckle, martingale or leather). Bring your dog the first night. No prerequisite. **Skip 11/22**

FEE	INSTRUCTOR	NO. WKS.	
\$179	Mt. Diablo Dog Training	7	
DAY	DATE	LOCATION	TIME
Tu	9/6-10/18	Jennifer Russell Bldg.	1:30pm-2:20pm
Tu	9/6-10/18	Jennifer Russell Bldg.	6:15pm-7:05pm
Tu	10/25-12/13	Jennifer Russell Bldg.	6:15pm-7:05pm
Tu	10/25-12/13	Jennifer Russell Bldg.	1:30pm-2:20pm



^T Classes are appropriate for teens

12 AND UP ^T DOG OBEDIENCE: NOVICE OBEDIENCE

The Novice course builds upon the basic skills learned in CGC Prep or Family Dog 1 and introduces more precision and better handling skills. New elements such as: finishes, stand for exam, figure eights and mild distractions are introduced. This class is for the pet owner that wants to learn more and have better control over their pet dog as well as those thinking about Obedience or Rally competition. Emphasis is on skills required to successfully compete in the Beginner Novice Obedience ring as well as those needed to pass the AKC Community Canine Good Citizen Test (CGC-A). **Skip 11/26**

FEE	INSTRUCTOR	NO. WKS.	
\$179	Mt. Diablo Dog Training	7	
DAY	DATE	LOCATION	TIME
Sa	9/10-10/22	Live Oak Room	11:30am-12:20pm
Sa	10/29-12/17	Live Oak Room	11:30am-12:20pm



12 AND UP ^T DOG OBEDIENCE: FAMILY DOG 2

This class is a continuation of Family Dog 1. During the class, students and dogs spend time reinforcing basic behaviors the dog learned in Family Dog 1 including sit, down, stand, loose leash walking, leave it and come. Emphasis is placed on extending duration and/or distance for each behavior and distractions are introduced. During the class, students are introduced to a variety of dog sports such as AKC Canine Good Citizen, trick training, scent work, agility, obedience and rally. Students are provided with options for further training and participation in each sport.

FEE	INSTRUCTOR	NO. WKS.	
\$179	Mt. Diablo Dog Training	7	
DAY	DATE	LOCATION	TIME
Tu	9/6-10/18	Jennifer Russell Bldg.	7:15pm-8:05pm
Tu	10/25-12/13	Jennifer Russell Bldg.	7:15pm-8:05pm

12 YRS & UP ^T DOG OBEDIENCE: RALLY NOVICE/ADVANCED

Designed as an introduction (Novice) and next steps (Intermediate and Advanced) for Rally competition. As a Team, the student and dog navigate through a course with signs performing different exercises (sit, down, turn). The difficulty of the signs increase as you move up through the levels. This course can be for those wanting to compete or for those wanting to learn more advanced exercises than Rally Fun. **Skip 11/21**

FEE	INSTRUCTOR	NO. WKS.	
\$104	Mt. Diablo Dog Training	4	
DAY	DATE	LOCATION	TIME
M	9/12-10/3	Jennifer Russell Bldg.	12:00pm-12:50pm
M	9/12-10/3	Jennifer Russell Bldg.	1:30pm-2:20pm
M	10/31-11/28	Jennifer Russell Bldg.	1:30pm-2:20pm
M	10/31-11/28	Jennifer Russell Bldg.	12:00pm-12:50pm

12 YRS & UP ^T DOG OBEDIENCE: RALLY EXCELLENT/MASTERS

Continuation of 'Rally Novice/Advanced'. The Team continues learning more complex exercises as they navigate through a course with signs. Excellent and Master are the highest levels of competition. **Skip 11/22**

FEE	INSTRUCTOR	NO. WKS.	
\$104	Mt. Diablo Dog Training	4	
DAY	DATE	LOCATION	TIME
Tu	9/13-10/4	Jennifer Russell Bldg.	12:00pm-12:50pm
Tu	11/1-11/29	Jennifer Russell Bldg.	12:00pm-12:50pm

16 YRS & UP ^T PUPPY PRESCHOOL AND SOCIALIZATION

Puppies 3-6 months. The key to a well-adjusted, well-behaved dog is early socialization as a puppy. In this class you will learn how to properly socialize a puppy and learn calming and exercise techniques to manage your puppy's energy. You and your puppy will learn human/puppy vocabulary and basic commands including sit, down, stay, come, as well as solutions for common puppy behavior problems. Equipment required: 6-foot leather/nylon leash, Martingale collar, high value treats. (Bring proof of vaccination record or email to instructor before first class.) First class is orientation without puppies. Mandatory attendance at first class

FEE	INSTRUCTOR	NO. WKS.	
\$179	Mary Crothers & Jennifer Sullivan	6	
DAY	DATE	LOCATION	TIME
W	9/14-10/19	Jennifer Russell Bldg.	6:00pm-7:00pm

^T Classes are appropriate for teens

ENRICHMENT

18 YRS & UP

BRIDGE: THE DEFENSE CLASS/THE HEART-SERIES PART II

This is an ACBL course on making a defensive course. The topics include signals, how to develop defensive tricks, how to interfere with declares plan and how to make a defensive plan. There will be 4-8 practice hands each week that demonstrate that week's topic.

FEE	INSTRUCTOR	NO. WKS.	
\$124	Carol Griffin	10	
DAY	DATE	LOCATION	TIME
Th	9/8-11/10	Sequoia Room	1:00pm-3:00pm

18 YRS & UP

BRIDGE: THE DIAMOND COURSE/PLAY OF THE HAND

The Diamond Series is the ACBL intermediate course focusing on the play of the hand. The main objective is to develop a plan by declarer, including the counting of winners or losers, developing tricks (by finessing, promotion and length) eliminating losers, managing the trump suit, and considering Entries. A brief review of intermediate bidding issues will be discussed with each lesson. There are four pre-dealt hands to play each session.

FEE	INSTRUCTOR	NO. WKS.	
\$134	Carol Griffin	10	
DAY	DATE	LOCATION	TIME
Th	9/8-11/10	Sequoia Room	10:00am-12:00pm

18 YRS & UP

DROP-IN BRIDGE

8 Pass Punch Card—Valid until March 29th. Just shuffle and play in a friendly atmosphere. Carol and Debby will be available for help with the bidding, opening lead, how to make the contract or how to defeat it. No partner is necessary. Passes can be shared.

FEE	INSTRUCTOR	NO. DROP-INS	
\$96	Carol Griffin & Debbie Rechnitz	8 Drop-In Pass	
DAY	DATE	LOCATION	TIME
W	9/7-3/29	Sequoia Room	10:00am-12:00pm



18 YRS & UP

MANDARIN-CONVERSATIONAL CHINESE

To teach conversational Chinese and enable students to start learning Mandarin Chinese. Through conversation, games, cultural introduction, students learn phonic skills, greetings, numbers, family member titles, date/time, basic grammar and character writing knowledge. Knowledge learned in the class can be easily applied to travel, business, academic needs or personal interest. *\$15 supply fee payable to instructor on first day of class. Skip 10/10, 10/31, 11/21*

FEE	INSTRUCTOR	NO. WKS.		
\$304	Walnut Creek Chinese School	12		
DAY	DATE	LOCATION	LEVEL	TIME
M	9/12-12/19	Cedar Room	Level II	9:00am-10:15am
M	9/12-12/19	Cedar Room	Level III	10:30am-11:45am
M	9/12-12/19	Cedar Room	Level 1	12:00pm-1:15pm

HOBBIES & INTERESTS



21 YRS & UP

CRAFT BEER HOME BREWING FOR BEGINNERS

This 2 hour class is focused on providing the new home brewer with pertinent knowledge and hands-on techniques to successfully brew their first beer(s). Students will briefly learn the history of beer, its main ingredients, and how ingredients impact the style and taste of beer. Then we move on to a hands-on exhibition of equipment (yes, you can touch everything) and ingredients needed to produce a 5 gallon, extract-based batch of ale. Students will journey through a detailed description of the brewing phase, followed by the fermentation, bottling and tasting/drinking phases. The class will review where to purchase supplies and ingredients, recipe formulation and record keeping. Finally, the students will be provided with a set of digital resources and links so that each participant can learn more and continue honing their brew craft.

FEE	INSTRUCTOR	NO. DAYS	
\$44	Chris Smith	1	
DAY	DATE	LOCATION	TIME
W	10/12	Cedar Room	7:00pm-9:00pm
Sa	10/15	Cedar Room	10:00am-12:00pm

YOGA

16 YRS & UP T YOGA WITH SILLOO

The Monday morning class is in-person and the Thursday evening class is virtual. Each class teaches a mix of exercises (asanas) for strengthening, stretching and relaxing the body. It focuses on body intelligence and alignment. It explains the therapeutic aspects of Yoga. Each class ends with relaxation and breathing techniques. It's a friendly, positive environment where participants work to their capacity. The class makes accommodations for all levels. Silloo has taught Yoga for many years and has written extensively about asanas with illustrations. Please bring a couple of blankets and a Yoga mat. For the in-person class, participants must provide proof of Covid vaccination at the first class. **Skip 11/21, 11/24**

FEE	INSTRUCTOR	NO. WKS.	
\$199	Silloo Tarapore	13	
DAY	DATE	LOCATION	TIME
M	9/12-12/12	Sequoia Room	9:15am-10:30am
Th	9/15-12/15	Virtual Classroom	6:00pm-7:15pm

18 YRS & UP EVENING HATHA YOGA

This beginning/intermediate class promotes strength building and flexibility through proper physical alignment of asanas (postures). This class also explores different breathing practices and relaxation techniques to enhance focus and reduce stress. Please bring a yoga mat, 2 blocks, strap, and a thick blanket to class. **Skip 10/4, 11/22**

FEE	INSTRUCTOR	NO. WKS.	
\$200	Nancy Anderson	14	
DAY	DATE	LOCATION	TIME
Tu	8/30-12/13	Sequoia Room	7:15pm-8:30pm

18 YRS & UP YOGA BEGINNING/ADVANCED BEGINNING

This class will meet VIA Zoom. This class is for those with some yoga experience or athletic beginners. Deepen your experience of basic postures, learn more challenging postures, posture flow and breathing practices. Yoga improves flexibility, reduces stress and builds energy. Please bring a yoga mat, yoga strap, 2 yoga blocks and thick blanket.

FEE	INSTRUCTOR	NO. WKS.	
\$64	Howard VanEs	4	
DAY	DATE	LOCATION	TIME
Tu	9/6-9/27	Virtual Classroom	9:30am-10:45am

FEE	INSTRUCTOR	NO. WKS.	
\$109	Howard VanEs	7	
DAY	DATE	LOCATION	TIME
Tu	11/8-12/20	Virtual Classroom	9:30am-10:45am

T Classes are appropriate for teens

18 YRS & UP YOGA ON SUNDAYS WITH HOWARD

This in-person one and a half hour class is for those with some yoga experience or athletic beginners. Deepen your experience of basic postures, learn more challenging postures, posture flow and breathing practices. Yoga improves flexibility, reduces stress and builds energy. Please bring a yoga mat, yoga strap, 2 yoga blocks and thick blanket.

FEE	INSTRUCTOR	NO. WKS.	
\$76	Howard VanEs	4	
DAY	DATE	LOCATION	TIME
Sa	9/11-10/2	Jennifer Russell Bldg.	10:30am-12:00pm

FEE	INSTRUCTOR	NO. WKS.	
\$130	Howard VanEs	7	
DAY	DATE	LOCATION	TIME
Sa	11/6-12/18	Jennifer Russell Bldg.	10:30am-12:00pm

FITNESS

18 YRS & UP JAZZERCISE



Workout includes warm up, cardio, muscle toning, strength training with weights and stretching. Wear aerobic shoes and bring a mat. www.jazzercise.com. *On-going. Sign-up anytime. Register at class.*

LOCATION: Live Oak Room

CONTACTS: Nancy G. 937-6768; envgold@aol.com

Cyndi B. 528-9836; cyndibrisbo@gmail.com

WALK-IN	EFT CLASS PASS*	*EFT=Electronic Fund Transfer, month-to-month plan.	
\$15	\$65/mo. unlimited		
DAY	TIME	TYPE	INSTRUCTOR
M/W/F	9:10am	Dance Mix LO**	Nancy
M/Th	6:00pm	Dance Mix	Cyndi
Sa	9:00am	Dance Mix LO**	Nancy
Su	9:00am	Dance Mix	Cyndi

**LO = Dance mix, no jump.

55 YRS & UP FOREVER YOUNG

Exercise your body and your mind. It's an effective combination of low-impact exercise, weight training and stretching. Each 55 minute session is designed to increase strength, cardiovascular endurance, flexibility and balance. ALL fitness levels are welcome! Bring a mat, a pair of 2-3 lb hand weights and come exercise with GREAT people.

Skip 11/22-11/24

FEE	INSTRUCTOR	NO. WKS.	
\$104 Tu or Th \$160 Tu & Th	Michele Lynch	8	
DAY	DATE	LOCATION	TIME
Tu	9/6-10/25	Live Oak Room	10:15am-11:15am
Th	9/8-10/27	Live Oak Room	10:15am-11:15am

FEE	INSTRUCTOR	NO. WKS.	
\$91 Tu or Th \$140 Tu & Th	Michele Lynch	7	
DAY	DATE	LOCATION	TIME
Tu	11/1-12/20	Live Oak Room	10:15am-11:15am
Th	11/3-12/22	Live Oak Room	10:15am-11:15am

PICKLEBALL & TENNIS

18 YRS & UP

PICKLEBALL-BEGINNERS WITH DREW

This class is specifically for NEWBIES, TOTAL BEGINNERS, or people with little to no experience. Students will go over every shot you'll need to learn in order to play, including how to score, the different areas of the court, and basic court position. If it's your first time playing we welcome you to the amazing world of pickleball! A total beginner rating would most likely fall between 1.0-2.0. **Skip 11/21-11/22**

FEE	INSTRUCTOR		NO. WKS.
\$167	Andrew Diefenbach		6
DAY	DATE	LOCATION	TIME
M	9/19-10/24	Rink	8:30am-9:45am
M	10/31-12/12	Rink	8:30am-9:45am
Tu	9/20-10/25	Rink	11:30am-12:45pm
Tu	11/1-12/13	Rink	11:30am-12:45pm

18 YRS & UP

PICKLEBALL-ADVANCED BEGINNERS WITH DREW

This clinic is for students who have limited experience but can sustain a short rally with players of equal ability. They also have the basic ability to keep score. In this class players will master the primary rules of the game, learn how to hit a forehand and backhand with direction, accurately place serves, and improve proper court positioning. An advanced beginner's rating would be around a 2.5. **Skip 11/21-11/22**

FEE	INSTRUCTOR		NO. WKS.
\$167	Andrew Diefenbach		6
DAY	DATE	LOCATION	TIME
M	9/19-10/24	Rink	10:00am-11:15am
M	10/31-12/12	Rink	10:00am-11:15am
Tu	9/20-10/25	Rink	12:45pm-2:00pm
Tu	11/1-12/13	Rink	12:45pm-2:00pm

18 YRS & UP

PICKLEBALL-INTERMEDIATE WITH DREW

This clinic is for 3.0 level players who most likely avoid their backhand side and use their forehand as a weapon/strength. Students in this class will learn how to hit with more directional intent and consistency on their dinks. 3rd shot drops, volleys, overheads, and serving with more diversity will all be covered as well. **Skip 11/21, 11/22**

FEE	INSTRUCTOR		NO. WKS.
\$167	Andrew Diefenbach		6
DAY	DATE	LOCATION	TIME
M	9/19-10/24	Rink	11:30am-12:45pm
M	10/31-12/12	Rink	11:30am-12:45pm
Tu	9/20-10/25	Rink	2:15pm-3:30pm
Tu	11/1-12/13	Rink	2:15pm-3:30pm

18 YRS & UP

PICKLEBALL-ADV. INTERMEDIATE WITH DREW

This clinic is for the 3.5 level player who has a moderate level of shot control on their forehand and backhand side and has developed consistent serves and returns. In this class players will improve their

3rd shot drops and drives, volley control, overheads, improve their ability to hit more advanced lobs, and develop a basic knowledge of stacking. **Skip 11/21, 11/22**

FEE	INSTRUCTOR		NO. WKS.
\$167	Andrew Diefenbach		6
DAY	DATE	LOCATION	TIME
M	9/19-10/24	Rink	12:45pm-2:00pm
FEE	INSTRUCTOR		NO. WKS.
\$167	Andrew Diefenbach		7
DAY	DATE	LOCATION	TIME
M	10/31-12/12	Rink	12:45pm-2:00pm

18 YRS & UP

PICKLEBALL-ADVANCED WITH DREW

This Advanced class is for 4.0+ level players who may have tournament experience. Advanced players can often anticipate opponents' shots, finish points when there's an opening, consistently hit 3rd shot drops, and play fairly well at the non-volley line. Players may be moved out of the class if the level is too high. **Skip 11/21**

FEE	INSTRUCTOR		NO. WKS.
\$167	Andrew Diefenbach		6
DAY	DATE	LOCATION	TIME
M	9/19-10/24	Rink	3:00pm-4:15pm
M	10/31-12/12	Rink	3:00pm-4:15pm

18 YRS & UP

PICKLEBALL FOR NEWBIES

Are you ready to learn how to play the fastest growing sport in America? If so come and join this fun class where you will learn the rules of the game, basic shot techniques, court positioning, scoring, strategy and how to develop a good mindset to make progress.

FEE	INSTRUCTOR		NO. WKS.
\$179	Carmen Sanz		7
DAY	DATE	LOCATION	TIME
W	9/7-10/19	Rink	9:00am-10:00am
W	9/7-10/19	Rink	10:00am-11:00am
W	9/7-10/19	Rink	11:00am-12:00pm

18 YRS & UP

Drop-in Pickleball

For more information, please visit www.LoveLafayette.org/rink

18 YRS & UP

BEGINNING ADULT TENNIS

This class is for beginners or students that are continuing on with lessons. Introduction to basic groundstroke, volley and serve technique. Fun games, drills and live ball rallying are part of this class.

FEE	INSTRUCTOR		NO. WKS.
\$179	Lafayette Tennis Club		7
DAY	DATE	LOCATION	TIME
M	9/19-11/7	Lafayette Tennis Club	5:30pm-6:30pm
W	9/21-11/2	Lafayette Tennis Club	5:30pm-6:30pm

MEMBERSHIP & REGISTRATION

How to Pay Your Membership Fee and Register for Programs:

Membership: \$15/ person per calendar year (January 1–December 31, 2022)

Members of Lafayette Senior Services pay no fee, or the discounted fee, for most programs and services listed below. Additionally, the quarterly Activity Guide is mailed to each member. Your membership pays for itself after just 1½ classes! You may pay for your membership and register for classes using any one of the methods below. Accepted credit cards are Visa, MasterCard, Discover and American Express.

- **ONLINE 24/7:** www.LafayetteRec.org
- **PHONE:** 925-284-5050
- **WALK-IN:** Lafayette Community Center Office, 500 St. Mary's Rd., Monday–Thursday, 9:00am–4:00pm, Friday 9:00am–1:15pm
- **MAIL-IN:** Print out a membership form: go to the City of Lafayette website www.LoveLafayette.org and click on the Senior Services tab, then Senior Services Membership Form. Make checks payable to City of Lafayette and mail to Lafayette Senior Services, 500 St. Mary's Road, Lafayette, CA 94549.

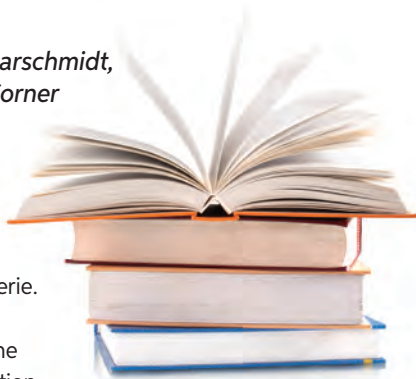
If you need transportation to and from our programs, contact the Lamorinda Spirit Van: 283-3534. For pricing and additional information, see page 26.

AS THE PAGE TURNS

Facilitated by JoAnne Schaarschmidt, Lafayette Library Friends Corner Book Shop Volunteer

Looking for a good book to discuss with others? Join this informal group of book lovers and enjoy enrichment, lively discussion and camaraderie.

The group is made up of both men and women, and everyone gets to participate in the selection and discussion of the books. Contact Lafayette Senior Services for the book of the month title: seniors@lovelafayette.org or 284-5050. You can join this group at any time.



LOCATION	FEE: MEMBERS	NON-MEMBERS
Elderberry Room	No Charge	\$10 per meeting
DAY	DATES	TIME
3rd Tues Monthly	9/20, 10/18, 11/15, 12/20	1:00pm-2:30pm

APPLE 101 FOR BEGINNERS

with Mike Dickerson

This class will go over the very basics of getting started on using your iPhone or iPad. There will be plenty of time for individual questions and help. Once you feel ready you may stay for the more advanced class that begins immediately following at 10:30AM. *Please note: this class deals with Apple devices only. You may join the class at any time.*

LOCATION	FEE: MEMBERS	NON-MEMBERS
Elderberry Room	No Charge	\$10 per meeting
DAY	DATES	TIME
1st & 3rd Thu monthly	9/1, 9/15, 10/6, 10/20, 11/3, 11/17, 12/1, 12/15	9:30am-10:30am

APPLE MOBILE DEVICES

Sharon Beck, Owner of Mac-Senior

This ongoing class covers many topics such as Apple IDs, iCloud, apps and general iPad and iPhone usage. Topics for upcoming sessions are based on participants' input and needs. There is always time for Q&A. *Please note: this class deals with Apple devices only. You may join the class at any time.*



LOCATION	FEE: MEMBERS	NON-MEMBERS
Elderberry Room	No Charge	\$10 per meeting
DAY	DATES	TIME
1st & 3rd Thu Monthly	9/1, 9/15, 10/6, 10/20, 11/3, 11/17, 12/1, 12/15	10:30am-11:30am

DISCOVERING OPERA: ALMA DEUTSCHER'S CINDERELLA

Presented by Bradford Wade, opera lover for 40 years

Based on the classic fairytale, this family-friendly work is reset at an opera company run by a scheming stepmother, in which the title character is a brilliant composer, laboring as a copyist. In this production, Cinderella is united with the prince not due to the fit of a glass slipper, but with the beginning of a melody only she knows how to continue.

Alma Deutscher wrote this opera when she was 11 years old. It's a delightful work, and utterly astounding that it came from a child. The aria "Cinderella's Ballad" is a minor masterpiece. Brad will talk about the history of the Cinderella story (mentioning Rossini's La Cenerentola and Massenet's Cendrillon), about Alma ("I'd rather be known as the first Alma than the second Mozart"), and of course the opera itself.

LOCATION	FEE: MEMBERS	NON-MEMBERS
Arts & Science Room	Free	Free
DAY	DATES	TIME
Lafayette Library Wednesday	11/9	1:00pm-2:30pm

DROP-IN INTERMEDIATE MAH JONGG

Bring your card and mah jongg set, and join other intermediate-level players every Tuesday afternoon. **Skip 12/27**

LOCATION	FEE: MEMBERS	NON-MEMBERS
Sequoia Room	No Charge	\$10 per meeting
DAY	DATES	TIME
Every Tuesday	9/6-12/20	12:30pm-3:30pm

DOCUMENT YOUR LIFE STORY

with *Christa Laib, MFA candidate from St. Mary's College*

If you have wanted to write about the stories, memories and experiences of your life but haven't known where to start, begin right here. You will be guided through the process of leaving a living history for future generations—what a gift! These are not drop-in classes but are meant to be taken as a complete course.

LOCATION	FEE: MEMBERS	NON-MEMBERS
Elderberry Room	No Charge	\$10 per meeting
DAY	DATES	TIME
Tuesdays	9/13, 9/27, 10/11, 10/25, 11/8, 11/22, 12/13	10:30am-12:30pm

AARP SMART DRIVER 8-HOUR COURSE

Refine your driving skills, develop safe, defensive techniques, and possibly lower your insurance premium. Max: 25 paid registrants. To reserve your spot, send a check, made payable to AARP, to Lafayette Senior Services, 500 St. Mary's Rd., Lafayette, CA 94549.

LOCATION	AARP MEMBERS	AARP NON-MEMBERS
Sequoia Room	\$20	\$25
DAY	DATES	TIME
Wed-Thu	10/5-10/6	9:30am-1:30pm

WORDS OF WISDOM DISCUSSION GROUP

Led by *Craig Janke*

Share your opinions in a freewheeling exchange of ideas from current events to philosophy to the inspirational. There may be agreement or there may be differing opinions—it's all in the spirit of learning, sharing, enrichment and good humor. Our "elder perspective" frequently sounds a lot like wisdom! You may join this group at any time.

LOCATION	FEE: MEMBERS	NON-MEMBERS
Elderberry Room	No Charge	\$10 per meeting
DAY	DATES	TIME
3rd Tues Monthly	9/20, 10/18, 11/15, 12/20	10:30am-Noon

LAMORINDA NATURE WALK AND BIRD-WATCHING

Led by *Ben Pettersson, Experienced Hiker and Bird-Watcher*

Experience nature at its finest along our local trails. Delight in the beauty that unfolds around each bend, all the while learning to identify a variety of birds. Bring a water bottle; binoculars are helpful if you have them. Meet at the Alder Room at the Community Center at 9:00am. For more information or to place your name on the email notification list, contact Lafayette Seniors Services: Seniors@LoveLafayette.org or 284-5050. You may join this group at any time.

LOCATION	FEE: MEMBERS	NON-MEMBERS
Various locations	Free	Free
DAY	TIME	
Every Wednesday	9:00am-Noon	

MARK YOUR CALENDARS!

13th Annual

Senior Symposium

at Acalanes High School

Please join the Lafayette Community Foundation for its **13th Annual Senior Symposium**.

Visit www.lafayettecf.org for updated program information and registration details as they become available.

SATURDAY, SEPTEMBER 10th

8:30 am-Noon

Event Sponsors:

My choice.
Choose 100% renewable energy. And Get Up To Deep Green.

LAFAYETTE
COMMUNITY
FOUNDATION

Enhancing Life, Culture and Community...Together

HEARING SCREENING

Audiologists from Hearing Science Audiology /Diablo Valley Ear, Nose, and Throat

Minimum of 2 sign-ups required in order for hearing screenings to take place. To reserve one of the 20-minute appointments, contact Lafayette Senior Services: Seniors@LoveLafayette.org or 284-5050. **\$10 CREDIT CARD deposit required to hold your spot; fully refundable when you arrive for your appointment or if cancellation is made by the Thursday before your appointment.**

LOCATION	FEE: MEMBERS	NON-MEMBERS
Elderberry Room	No Charge	\$10 per meeting
DATES	TIMES	
Wed, 9/7 (cancel by Thu, 9/1)	1:00pm, 1:20pm, 1:40pm or 2:00pm	
Wed, 10/5 (cancel by Thu, 9/29)	1:00pm, 1:20pm, 1:40pm or 2:00pm	
Wed, 11/2 (cancel by Thu, 10/27)	1:00pm, 1:20pm, 1:40pm or 2:00pm	
Wed, 12/7 (cancel by Thu, 12/1)	1:00pm, 1:20pm, 1:40pm or 2:00pm	



HEALTH INSURANCE COUNSELING AND ADVOCACY PROGRAM (HICAP)

Through free, one-to-one, confidential and objective counseling, you will learn how Medicare works in order to make informed decisions about your coverage. HICAP counselors will also help with Medicare claims and appeals; provide information to those needing help with healthcare costs; and when necessary, make referrals for legal assistance with health insurance matters. The counselors are registered with the State of California and do not sell or endorse insurance products. **By appointment only.**

APPOINTMENTS: Contact HICAP: (925) 655-1393

INFORMATION: Visit their website at www.ccchicap.org

LOCATION: Toyon Room

1st Wed monthly	9/7, 10/5, 11/2, 12/7	10am, 11am, Noon
3rd Tue monthly	9/20, 10/18, 11/15, 12/20	10am, 11am, Noon

FREE PEER COUNSELING

Contra Costa Health Services offers free one-to-one counseling with trained senior counselors who use their life experiences to help other older adults (55+) cope with life changes, problems, crises, and challenges. Confidentiality is strictly observed. **Appointment required.** Please contact CC Health Services Senior Peer Counseling at (925) 521-5653 to find out more and request an appointment.

HOME MAINTENANCE TIPS AND TRICKS

with Mark Shaw, Local Realtor

It's difficult to keep track of the many home maintenance tasks that should be done throughout the year: monthly, quarterly, seasonally, annually, etc. Mark will share his home maintenance schedule with you and talk about some of the most important tasks that will keep your house in tip-top form and help you avoid costly repairs down the road. Need help doing some of the work but don't know who to call? Mark will share his list of trusted contractors to help you get started.



LOCATION	FEE: MEMBERS	NON-MEMBERS
Elderberry Room	No Charge	\$10
DAY	DATES	TIME
Thursday	9/29	10:30am-12:00pm



POSITIVE LIVING FORUM ("HAPPINESS CLUB")

Moderated by Bob Nozik, MD, Prof. Emeritus UCSF, Author of "Happy 4 Life: Here's How to Do It"

Brighten your day and take part in this interactive gathering which features discussions on a wide range of topics that guide participants toward a more ideal and positive life experience. Drop-ins welcome!



LOCATION	FEE: MEMBERS	NON-MEMBERS
Elderberry Room	Free	\$10
DAY	DATE	TIME
2nd Thu monthly	9/8, 10/13, 11/10, 12/8	10:30am-Noon

Let's All Celebrate and Be Joyous!

For Lamorinda Adults, Age 60+

We at the Lamorinda Spirit Van love helping seniors prepare for the holidays. Over the past 16 years, we have provided our beloved older adults with rides to medical appointments, grocery stores, gift shops, hair and nail salons, social events, lunch at Café Costa and anywhere else needed to get their holiday errands done.

This would not be possible without the generous donations made by members of our community. Please consider making a year-end tax deductible donation to the Lamorinda Spirit, so that Kathryn (92) can go on her weekly grocery shopping trips, so that Barbara (97) can get her hair done, and so Henry (91) can go to his physical therapy appointments. These are just a few examples of the many older adults we serve. They are so appreciative, and many have said they don't know what they would do without us. Please make your donation payable to: City of Lafayette and mail to Lamorinda Spirit, Lafayette Community Center, 500 St. Mary's Road, Lafayette, CA 94549. Please write, "Lamorinda Spirit" on the memo line.



The Lafayette City Council and Staff appreciate your help in supporting the Lamorinda Spirit Van Program so older adults can get out and about, avoid isolation, and continue to live in their own homes for as long as safely possible.

Lamorinda Senior Transportation Options

Lamorinda Spirit Van | 925-283-3534

Serving Lamorinda adults, age 60+ with rides to destinations in Lamorinda, Concord, Martinez, Pleasant Hill, and Walnut Creek. Wheelchair and walker accessible. We love to say "Yes" so call early to make your reservation.

Van Fares/Destination	One-way/Round Trip
Within Lamorinda	\$5/\$10
Concord, Martinez, Pleasant Hill, Walnut Creek	\$10/\$20
Lunch at Café Costa, Walnut Creek Senior Center	\$2.50/\$5
Low income (throughout service area)	No Cost*

*For the duration of the Lafayette Community Foundation ARPA Grant



Orinda Seniors Around Town | 925-402-4506

Volunteer drivers serving Orinda seniors with free rides.

Mobility Matters Rides for Seniors | 925-284-6161

Mobility Matters Information & Referral Line | 925-284-6109

Volunteer drivers serving Contra Costa seniors with free rides to medical appointments Monday through Friday and to grocery shopping on Saturdays.

County Connection LINK Reservation Line | 925-938-7433

For people with disabilities. (Older adults often have "age-based" disabilities. By describing your disability, you can become eligible for this service—providing you with an additional transportation option.)

GoGoGrandparent | 925-283-3534

Due to a generous bequest from an appreciative Lafayette passenger, Lafayette residents age 70+ can utilize GoGoGrandparent for an Uber/Lyft ride at 50% of the ride cost up to a maximum subsidy of \$50 a month for as long as there is funding for this program. Call the Lamorinda Spirit at 925-283-3534 to register for this subsidy. People of all ages living anywhere, can use GoGoGrandparent by registering at 855-464-6872.

RESERVOIR WALKING GROUP

Led by Jim Scala

Here's a walking group that offers camaraderie, fresh air and enjoyable exercise, all in magnificent surroundings. Choose the distance you want to go by joining the group that walks the entire circuit, or the group that goes a shorter distance which avoids the large hills, yet yields sufficient moderate exercise. Increase your balance and fitness—both physical and mental—and leave each week uplifted and radiant with that overall feeling of well-being! To add your name to the email notification list: Seniors@LoveLafayette.org or 284-5050. Bring quarters or credit card for parking meter. Annual senior (62+) passes may be purchased at the Visitor Center at the reservoir. You may join this group at any time. | **FREE**

EVERY TUE, THU, SAT | 9:00AM
Meet at 8:50am at the Reservoir, center bench on the Dam.



Lamorinda Tea Dance

A weekly Community Dance Social of over 30 years with afternoon tea & light refreshments. Come for great music and good company!

Wednesdays

1:00-3:30pm • Live Oak Room
Lafayette Community Center
500 St. Mary's Rd

Lafayette Senior Services Members: **FREE!**
Membership: \$15/year
Non-Members: \$10/meeting

Skip Dates: 11/23 & 12/28



Have your next event at the Lafayette Community Center



Facility	Capacity	Size	Hourly Rates	Food and Drink Allowed	Minimum # of Hours	Amenities
Jennifer Russell Building (JRB)	Dining: 240 Theater: 325	72'x50'	Resident: \$120 Non Resident: \$150 Resident Non Profit: \$110 Non Res Non Profit: \$130	Yes	4	<ul style="list-style-type: none"> • Adjoining Restrooms • Non Adjoining Kitchen (\$200) • Two 80" Flat Screen TVs • Available Microphone P.A. System • Portable Stage (\$130) • Rear Patio • Side Patio & Deck (\$75)
Live Oak Room (LO)	Dining: 225 Theater: 300	64'x55'	Resident: \$100 Non Resident: \$130 Resident Non Profit: \$90 Non Res Non Profit: \$110	Yes	4	<ul style="list-style-type: none"> • Adjoining Foyer • Adjoining Kitchen (\$200) • Stationary Stage • Available Microphone P.A. System • Large Patio & Deck (\$75)
Arts & Crafts	Max: 45	27'x32'	Resident: \$65 Non Resident: \$85 Resident Non Profit: \$60 Non Res Non Profit: \$75	Yes	2 Self Set-Up Optional	<ul style="list-style-type: none"> • In room sink • Counter Tops • White Board
Sequoia Room	Classroom: 45 Theater: 75	27'x32'	Resident: \$65 Non Resident: \$85 Resident Non Profit: \$60 Non Res Non Profit: \$75	No	2 Self Set-Up Optional	<ul style="list-style-type: none"> • Carpeted Floor • Projector Screen (no projector) • Adjoining Foyer
Kitchen			\$200 Flat Rate	Yes	Only Available with LO or JRB	<ul style="list-style-type: none"> • Commercial Refrigerator/ Freezer • Icemaker • Coffee Pots • Microwave • Stove/Oven (No cooking or eating utensils available)

Facility Restrooms/ Drinking Fountain: Centrally Located

Parking Spaces: 117 and 6 Handicap

Times and Days Available: Friday: 6:00pm–11:30pm Saturday: 9:00am–11:30pm Sunday: 9:00am–10:30pm

Please Note: Rental time must include deliveries, decoration, set-up & clean-up. Music/entertainment must stop 1hr. prior to the end of the rental. Security deposit, insurance and other fees not included.

Capacity and Covid restrictions are subject to change based on health guidelines.

Lafayette Recreational Trails

Lafayette-Moraga Regional Trail

This 7.65-mile trail parallels St. Mary's Road through Lafayette and Moraga along a historic railroad route. It accommodates hiking, bicycling, and equestrian use. There are opportunities for restroom stops at the Lafayette Community Center and Park. Please call 1-888-EBPARKS (1-888-327-2757) or visit www.ebparks.org for more information.

City of Lafayette Neighborhood Trails

Neighborhood trails provide connections to regional trails and other recreational facilities or make loops within a neighborhood. Maps and detailed descriptions of the trails are available at the Lafayette Parks, Trails & Rec. Office at 500 St. Mary's Road or at www.ci.lafayette.ca.us.

- Walter Costa Trail 2.2 miles
- Springhill Valley Trail 0.75 miles
- Hidden Oaks Trail 0.5 miles
- Murray Lane Trail 0.3 miles
- Petar Jakovina Trail 1 mile
- John Kiefer Trail 0.78 miles
- Moraga Rd. to Reservoir Rim Trail 0.5 miles

Lafayette Community Park Trails

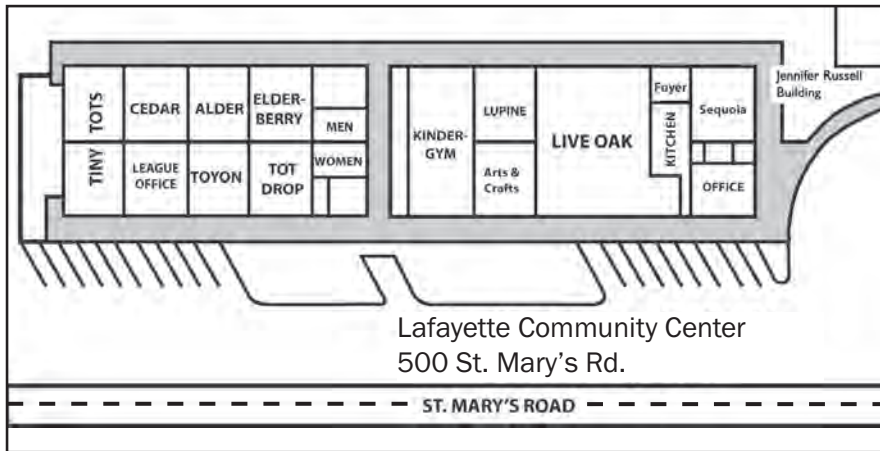
3 miles of multi-use trails.

EBMUD's Lafayette Reservoir and Recreation Area

Owned and operated by EBMUD, the Lafayette Reservoir and Recreation area is located off Highway 24 just a mile from Lafayette BART. This all-year, day-use area is ideal for hiking, jogging, fishing, boating and picnicking. Hikers will love the 2.8-mile paved Shore Trail that completely encircles the Reservoir. The Rim Trail is a more challenging 4.3-mile dirt trail that traverses the ridge tops surrounding the Reservoir. Please call (925) 284-9669 or go to www.ebmud.com for more information.



Lafayette Class Locations



Patrons are advised to arrive 5 minutes early to locate their classroom.

Off-Site Locations

- Lafayette Community Park
480 St. Mary's Road, Lafayette
- Lafayette Tennis Club
3125 Camino Diablo Road,
Lafayette | 937-2582
- Lafayette Library & Learning
Center, 3491 Mt. Diablo Blvd.,
Lafayette | 385-2280

Community Contacts

- Lafayette Little League
284-3583
- Lafayette-Moraga Regional
Trail (EBRPD) | (510) 635-0135
- Lafayette-Moraga Youth
Association (LMYA) | 377-5692
- Lafayette Reservoir & Recreation
Area (EBMUD) | 284-9669
- Lafayette Chamber
284-7404
- Lafayette City Offices
284-1968

Contact Us:

www.LafayetteRec.org

Jonathan "Ace" Katayanagi
Director | 299-3251
jkatayanagi@ci.lafayette.ca.us

John Warshaw
Recreation Manager | 299-3260
jwarshaw@ci.lafayette.ca.us

Tricia Young
Recreation Supervisor | 310-4102
tyoung@ci.lafayette.ca.us

Justin Bodily
Recreation Coordinator | 299-3252
jbodily@ci.lafayette.ca.us

Greg Travers
Park's Maintenance Supervisor
gtravers@ci.lafayette.ca.us

- **Lafayette Parks, Trails & Recreation
Office:** 284-2232
Mon-Thurs 9:00am-4:00pm
Friday 9:00am-1:15pm

- **Lafayette Senior Services:**
284-5050
seniors@ci.lafayette.ca.us
Molly Cohen

- **Lamorinda Sr. Transportation
Program:** 283-3534
dispatch@lovelafayette.org
Dispatch

- **Tiny Tots Program:** 299-3266
- **Lafayette Jazzercise:** 937-6768



**Donate your car,
truck, RV or boat
to benefit the**

Lafayette Community Center

The Lafayette Community Center Foundation wishes to thank all those who have donated their vehicles to help support the Lafayette Community Center. Get rid of your unneeded vehicle and get a tax deduction! Call or go online today.

1-888-6TO-GIVE (1-888-686-4483) or www.cardonationservices.com





COOKING PARTIES

Young Chefs learn all about kitchen safety while cooking up delicious treats. Great for scout badge, back to school get-together and promotions.

5-13 Yrs | LCC Kitchen | \$460* | 2 hrs.

*Up to 6 guests, \$50 per guest up to 10

Contact: Lynda (925) 932-1114

LEGO® PARTIES

Have an awesome child who deserves something better than the average birthday party? Then let us throw a Bricks 4 Kidz® LEGO® party! From Star Wars to Ninjago and Chima to Super Heroes, we have dozens of different models and themes we can incorporate to make your son or daughter's birthday a memorable one.

5 Yrs & Up | \$425* | 2 hrs.

*Up to 10 guests, \$15 per add'l. child

Contact: (415) 518-7583



Register NOW until classes are full using one of the following methods:

Online 24/7

Check out our secure, online registration at: www.LafayetteRec.org

Phone

Accepted using Visa, MasterCard, Discover and American Express.
Office hours: Monday-Thursday, 9am-4pm; Friday 9am-1:15pm
Call: (925) 284-2232

Mail

Mail your registration to: 500 St. Mary's Rd., Lafayette. Cash, check, Visa, MasterCard, Discover Card and American Express are accepted.

- Pre-registration is required and is on a first-come, first-served basis. Registration will continue as long as spaces are available. Waiting lists will be established when a class reaches its maximum.
- Liability Waivers and Medical Consent Forms may be required for activities that have a higher risk to the participant.
- Returned check fee: \$50.00 in addition to any bank fees.
- All Supply/Lab Fees are payable directly to instructors at first class.
- All classes (except classes in Adults 55+ section) include a \$4 administrative fee.
- When registering for classes with discounts, you must contact the office to receive the discount.

- If a class does not reach its minimum, it may be necessary to cancel. Participants will be notified 4 days prior to start date and a full refund will be issued.
- If you register by PHONE, a receipt will be e-mailed to confirm your registration
- Refund or transfer requests will be granted by submitting the refund/transfer request form that is located at www.lafayetterec.org at least 10 days prior to the start of camp/class.*
In the event of PG&E Public Safety Power Shutoff (PSPS), illness, hazardous weather, or other environmental concern, classes and events may need to be cancelled. The department will make efforts to schedule make up classes and reschedule events if practical. Refunds during cancellations will be

handled on a case by case basis and may not be offered for some no refund classes.

Refund or transfer requests under 10 days will be REVIEWED on a case by case basis.

Full or partial refunds are not guaranteed within 10 days of the start of class. ALL refunds will be assessed a 10% processing fee.

*Some camps/classes/events/parties have a no refund policy, so please read class descriptions carefully. No refund programs include but are not limited to Tiny Tots School year program, After School Awesome Program, and Lafayette Youth Commission Events.

- Photographs may be taken of the participants during the course of activities or classes and these photographs may be used in City of Lafayette publications.

Lafayette Community Center
500 Saint Mary's Road
Lafayette, CA 94549
(925) 284-2232
www.LafayetteRec.org

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DROP-IN PICKLEBALL AT THE RINK

Co-sponsored by Lafayette Senior Services



An age-friendly activity for kids, families, and adults! All ages are encouraged to sign up for a senior membership to support Lafayette pickleball.

For more information, please visit www.LoveLafayette.org/Rink