

Youth Traffic Safety Pledge

Read it. Sign it. Live it.



Helmets Save Lives



Bike helmets are designed to withstand **one** crash only.
Position your helmet properly: helmets should sit low and level across the forehead.
Buckle straps snugly under the chin.
People under 18 are required **by law** to wear helmets on bikes, skateboards, and scooters.
Wear a helmet every time you ride.

Pedestrian Precautions



Use crosswalks and/or cross at intersections.
Stop, look, and listen. Look left-right-left before crossing or stepping into the roadway.
Assume drivers don't see you; anticipate that vehicles may not stop.
Make eye contact with drivers and cyclists before crossing streets.
Check for vehicles before passing driveways.
Put away the cell phone to stay alert and aware of your surroundings.

Bike Riding Basics



Ride on the right-hand side of the road, go with the flow of traffic.
STOP at stop signs and red lights. Make eye contact with other road users.
Stop, look left-right-left before entering the street from a driveway, sidewalk, or path.
Use hand signals.
Be visible with bright clothing; use bike lights & reflectors at night.
Walk bikes in crosswalks.
Stay alert; wear only **one** headphone while biking (or driving).

Vehicle Safety for Youth



Always wear a seatbelt.
Remind drivers that cell phone usage while driving is dangerous.
Help the driver concentrate by riding calmly and quietly.
Exit the vehicle on the sidewalk side of the car.

It's Up To Me. I pledge to walk, bike, and ride safely.

Youth Signature

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