Hello Members of Lafayette Senior Services,

Please see the important information below regarding Medicare Open Enrollment Period (October 15 – December 7).

Open Enrollment for Medicare Begins October 15

CONTRA COSTA COUNTY HEALTH INSURANCE COUNSELING AND ADVOCACY PROGRAM (HICAP) CAN HELP

Medicare beneficiaries can find out about changes to Medicare plans for 2021 by attending a *virtual* "Medicare Changes for 2021" talk for Contra Costa County via Zoom given by a HICAP counselor. The HICAP website (<u>www.cchicap.org</u>) has information on how to register. Beneficiaries can also view a recorded version of the "Medicare Changes for 2021" talk.

Assistance is also available for beneficiaries who need help finding a new Medicare Advantage or Part D prescription drug plan. It's a good idea that beneficiaries review their coverage on an annual basis to ensure they still have the right plan for their particular needs. Call HICAP at (925) 602-4163 or use the 'Contact Us' form on the HICAP website to have a HICAP counselor review your coverage.

Beneficiaries can also use the HICAP website to view updated material for Medicare Open Enrollment, or request a mailed packet of 2021 Medicare Open Enrollment material.

This free, one-to-one, confidential and objective counseling is provided by HICAP counselors who are registered with the State of California.

Web site: www.cchicap.org Telephone: (925) 602-4163

In Contra Costa County, HICAP is a program of the Area Agency on Aging.

Stay well, Maureen and Molly