



Skyhawks School & Sports Club

Skyhawks School & Sports Club offers interactive childcare and distance learning support to kids' grades K-5th. Campers will be divided into Stable Groups of 12-kids based on grade and friend requests. Campers will spend the day with their Skyhawks Director working School Work, Physical Education, Sports Development, and Social Skills. Parents can drop their kids off before work and pick them up after work knowing their schoolwork has been completed, they have received plenty of exercise, and played with their friends. Time for some quality family time!

- **School/Academic Support:** Skyhawks Directors will support the students with their Virtual Classes. Keeping them engaged with their Live Virtual Classes, helping them with their homework, and tutoring on the district/class curriculum.
- **Sports/Athletic Development:** When the kids are not doing their schoolwork, they will be outside with their Skyhawks Director playing sports and working on their athletic development. We will be focusing on Confidence, Passion, Flexibility, Agility, Calisthenics, Endurance, and Sport Specific Skill Development. Skyhawks Staff will ensure that participants are getting plenty of exercise and are able to participate in team games in a safe and positive environment.
- **Social Skills:** A major focus during these strange times is to make sure the kids are still interacting with other kids their same age and participating in Social Enrichment activities. Skyhawks Directors will dedicate time each day to work on Leadership, Public Speaking, Confidence, Self Esteem, Teamwork, Sportsmanship, Respect, Responsibility, Integrity, Problem Solving, Strategy, and Conflict Resolution.

Safety is our #1 priority for our club members. Kids will be placed into Stable Groups with 12-kids and 1 Skyhawks Director. Kids will only interact within their Stable Group to limit exposure and keep the kids and directors as safe as possible. Friend/Family requests will be encouraged to minimize the number of Social Bubbles needed for each family. While indoors, the kids and directors will be socially distanced and wearing face coverings. We are closely following all CDC/CCHS guidelines and have created new Safety Protocols to ensure a safe educational environment where kids can interact with other kids their age, get in-person academic support, develop their sports/social skills, and get plenty of exercise during this time of COVID-19. To view our new Safety Protocols, visit <https://mailchi.mp/skyhawks.com/safety-protocol-summer2020>

Program Details

Distance Learning Support - With the movement to distance learning, Skyhawks Staff are here to support families through this. Children will need to bring their laptop, headphones, and schoolwork to the program. Staff will provide technological help, keep children on task, and monitor completion of work. Skyhawks staff will work with parents and teachers on work requirements each day.

Hours - We are open 8:15am-5:15pm to provide ample time for kids to complete their schoolwork, play with their friends, and develop their passion for sports through play!

Sports Activities – We may be putting an emphasis on academics this Fall, but we are still Skyhawks Sports. Rest assured; there will be lots of sports and games this Fall! Throughout the day, between schoolwork, and once schoolwork is complete, kids will be outside playing their favorite Skyhawks games and teambuilding exercises with their friends. We will be utilizing the Lafayette Community Park, Sports Rink, and JR Building for our daily activities. Each day, the kids will complete their schoolwork, work on their life skills, and develop their confidence and passion for sports, all in a safe and positive environment.

Programs will be held at the Lafayette Community Center, Burton Valley Elementary, Lafayette Elementary, and Stanley Elementary. You will be informed of your class location in the Welcome to Camp e-mail which is sent a week prior to the program start date. Children will be assigned a home room that will feature their stable group for the whole program. Groups will not mix and will be divided by grades. Please see below for the policies and procedures that have been developed to follow social distancing, sanitation, and hygiene practices specified by Contra Costa Health Services, California Department of Public Health, and the Federal Centers for Disease Control and Prevention (CDC). The policies will be modified and updated as guidelines continue to evolve.

Enrollment

- Step 1: Visit www.lafayetterec.org
- Step 2: Click Register Now
- Step 3: Search for Skyhawks
- Step 4: Add to your cart
- Step 5: Fill out and read the required information
- Step 6: Pay in full or select payment plan
- Step 7: Complete transaction and your enrollment is complete!

You will receive an informational email leading up to the first week of the program.

Participants in Skyhawks School & Sports Club get priority registration for program extensions and changes in programming.

Bathroom Requirements & Accessibility

Children attending the program must be potty trained and able to use the restroom without help. Staff cannot change diapers or help them in the restroom. The program does not have the resources to provide 1-on-1 supervision with a child at all times. The program does its best to accommodate those with a disability, but typically a more specialized program, with trained staff for those needs, is a better fit in those situations. An assigned aid provided by the family can make it a better experience. The program gladly welcomes all children to apply.

Cost/Payments/Refunds

Skyhawks Sports & School Club is \$440 per week regardless of the hours spent at the program.

Payment can be made in full, or on payment plan with weekly charges. You must have a card saved on file and on the payment plan to use this option. In the payment plan option, a portion of the full cost of the program is required to be paid at enrollment.

Payments, in most cases, are non-refundable. Closures may happen and will be assessed on a case by case basis.

If a participant would like to unenroll, the supervisor of the program must be notified 10 days before the next session. If under 10 days, the participant will be required to complete payment for the next session.

Drop-Off & Screening Procedure

Parents/guardians & children must wear a face covering when picking up and dropping off.

Drop-off

You will receive specific Drop-Off directions for your child's program in the Welcome to Camp E-mail including where to park, classroom number, etc.

Once parked, parent/guardian and child(ren) should walk directly to the classroom and practice physical distancing when walking around the Community Center/School.

Parents/guardians and child(ren) should line up on the designated lines by the classroom for check-in. Staff will conduct the screening procedure outlined below before admitting the child into the room.

In the case of a late drop-off, participants should follow the same drop-off process and call their club director if the group is not in their room at the time of drop-off.

Screening Procedure

- Participant's temperature should be taken by parent prior to coming to the Community Center
- Sick (definition below) participants should not be brought to the program and will not be admitted.
- It is best if only one parent/guardian and the attending child(ren) go to the room for check-in.
- Screening staff will ask the parent or guardian screening questions prior to the participant being admitted to the classroom. Screening staff will make a visual inspection of the child for signs of illness which could include flushed cheeks, rapid breathing or difficulty breathing (without recent physical activity), fatigue, or extreme fussiness. The parent/guardian will be asked:
 - If the participant has shown any symptoms of COVID-19 in the past 14 days
 - If their participant has been in contact with someone who has COVID-19 or has shown symptoms of COVID-19
 - If the participant passes the question screening, staff will conduct the temperature screening. Temperature screening will be conducted with the following steps.
- Participants who answer yes to any of the above questions will not be admitted to the program
- Participants forehead will be scanned using a no-contact thermometer
- Participants who have a fever of 100.40 (38.00C) or above will be scanned twice more to confirm results
- Participants who have a fever will not be admitted to the facility
- Once the temperature screening is passed, the leader will admit the participant to enter the classroom

Pick-Up & Cleaning/Disinfecting

Pick-up

Parents can pick-up at any time. Similar to Drop-Off, cars will park in the designated parking area which will be indicated in the Welcome to Camp E-mail.

Once parked, parent/guardian should walk directly to the classroom and practice physical distancing when walking around the Community Center.

Parent/guardian should line up on the designated lines by the classroom for check-out.

Your director will verify the pickup person and will then release the child to the parent/guardian. The director will only release kids to an adult who is listed as a Authorized Sign-Out for that child.

If picking up early, please follow the steps above. Please call your club director if the group is not in their room at the time of pick-up.

Please be on time to pick-up your child. If you will not be able to make pick-up time, make sure to notify us as soon as possible. Upon pick-up, parent/guardians will need to show I.D. and sign the child out. Please update your authorized pick-ups on your recreation account and please make sure that whoever is picking up is listed in our system. Here are the directions to checking/adding your authorized pick-ups: *Log-in to your activity registration account and click "My Account". Under the Account Settings, select "Change Information about Family/Friends". You can now change authorized pick-ups, as well as add a new family member who may be picking up or dropping off. You can also call the Community Center at 925-284-2232 and we can update them for you.*

Late Pick-Up Policy

If late to pick-up: \$25 per child, plus \$1 per minute after 15 minutes

Cleaning/Disinfecting Procedure

In addition to daily deep cleanings, frequent sanitizing of high touch surfaces will occur throughout the day, including but not limited to toys, tables, chairs, bathrooms, and outdoor surfaces.

Facilities will be cleaned between groups and items will be sanitized before being made available for use. EPA approved disinfectants and cleaning products will be used by maintenance staff.

Emergency/Medical Info & Waivers

At Skyhawks School & Sports Club, safety is our priority! We want to make sure that we have and know all the information we need regarding your child's emergency and medical info. All kids need to have a completed waiver on file. Please make sure to list all emergency contacts, allergies, and all medical information. You will be sent the actual Waiver Link the week before the program start date. The link below is an **example** of what the waiver will look like. Please do not fill out the example waiver link: <https://waiver.fr/p-NduKF>

Please make sure that all phone numbers such as cell, home, and work phone are correct on your recreation account. It is also important to have emergency contacts and their information correct on the account. To make sure all information is correct, please check your account by following these instructions:

Log-in to your activity registration account and click "My Account". Under the Account Settings, select "Change Account Address or Personal Information". You can now update all phone numbers, addresses, and emergency contacts. You can also call the Community Center at 925-284-2232 and we can update information for you.

This program is not designed for those that are in the high-risk category. Participants in this category should consult with their doctor about enrolling in this program. People of any age who have serious underlying medical conditions might be at higher risk for severe illness from COVID-19. Children with allergies, medical conditions, disabilities, or other pertinent health related information should notify the center at enrollment. This information should also be disclosed on the waiver and release.

Snacks and Lunch

Children MUST bring a packed lunch and snacks to get them through the day. In addition to a designated lunch time, there will be two designated times throughout the day for children to eat their snacks. Food will not be provided and children are not allowed to share their food with others.

Health

We'd like to keep all our kids and staff as healthy as possible and prevent the spread of sickness. If a child appears ill or becomes ill during the program, we will contact parents/guardians to pick-up the child from the program as soon as possible. We will make sure they are as comfortable as they can be until you arrive.

Sick children and staff are required to stay home and will not be allowed in the program. "Sick" is someone exhibiting, but not limited to, the following symptoms: cough, shortness of breath, fever (temp 100.4°F or higher), sore throat, chills, vomiting, and/or diarrhea

Should your child develop any of the symptoms above, please notify Skyhawks Sports via phone at 925.322.1162 or email at tweety@coachbillybob.com. Staff will be vigilant in monitoring symptoms in kids and themselves and will notify a supervisor if they or a child is showing symptoms of being sick.

Children & Staff who arrive sick or become sick while at the center will be sent home as soon as possible. Staff and Children who become sick while at the center will be isolated from well groups. An available room at the Community Center will be used as an infirmary/isolation area. One staff member will supervise any sick children in the infirmary/isolation area until a parent/guardian arrives to pick them up. Children will be made as comfortable as possible.

If a group has a participant who tests positive for COVID 19:

- The other members of the group will be informed, as well as families in other groups on site.
- Contra Costa County Health Services will be contacted to implement contact tracing and to provide direction.
- The classroom with the participant will close for at least 2 days for deep cleaning.
- Other classrooms will remain open and getting tested will be recommended.
- Staff will follow up with County Health Services on classroom reopening procedures.

Skyhawks School and Sports Club can be cancelled due to an illness in the program, schools reopening, or a change in State, County or Federal guidelines.

Participants who develop symptoms of COVID-19 or test positive for COVID-19 should not return until they have met the criteria below:

- 14 days have passed since they started showing symptoms
- Consulted with their doctor about resuming public activities
- A record that a doctor was consulted may be required to be readmitted into any programs.

Communication & Contact Info

Skyhawks Sports uses email contact regularly for updates on weekly schedules, activities, hours, payments, and other various pertinent information. Please make sure our emails aren't going to spam/junk. Here is some important contact info:

Skyhawks Sports contact information:

Skyhawks President, Billy Goldstein (aka Coach Billy Bob) E-mail: Billy@CoachBillyBob.com

Skyhawks President, Billy Goldstein (aka Coach Billy Bob) Phone: 925.269.7575

Skyhawks Manager, Lyndsey Park (aka Coach Tweety) E-mail: Tweety@CoachBillyBob.com

Skyhawks Manager, Lyndsey Park (aka Coach Tweety) Phone: 925.322.1162

Lafayette Rec contact information:

Recreation Department Email: recreation@lovelafayette.org

Community Center Office line: 925-284-2232

Address: 500 St. Mary's Road, Lafayette, CA 94549

Attendance

At Skyhawks School and Sports Club, we assume all children will be attending each day. If your child is sick, going on vacation, or absent for any reason, please notify us ASAP by calling or emailing the contact info above. We do not refund for days missed.

Behavior Guidelines & Policy

Skyhawks Sports is all about reinforcing good behavior and we love to acknowledge when our kids are being awesome! Below is the following Behavior Guidelines & Policy. Please read this over with your child:

Guidelines:

- Keep your hands to yourself and spread out as much as possible
- Good handwashing and use hand sanitizer often
- Stay on task and complete your distance learning each day
- Stay with your group and leaders
- Listen to the leaders
- Help clean up whether you made the mess or not
- Use inside voices when inside
- Show good sportsmanship through wins AND losses
- Treat others the way you want to be treated
- HAVE FUN!

Policy

1. Children will be encouraged to resolve conflicts and leaders will be mediators in those situations.
2. Children will be encouraged to take responsibility for their actions and to learn from them.
3. Staff will use various discipline techniques including:
 - a. Three warning system
 - i. Verbal warning and reminder of the correct behavior
 - ii. One on one conversation and last chance warning to correct behavior or they will need to take a break
 - iii. Time out to have a cooling-off period from an activity or situation. Time outs are never longer in minutes than their age. Leaders will talk with the child to help resolve the behavior
 - b. Information about the child's behavior will be relayed to parents/guardians. Leaders will request parent's input on what other efforts can be made.
 - c. Extreme circumstances may call for immediate pick-up and potential dismissal from the program. These circumstances include, but are not limited to:
 - i. Bringing weapons to the program
 - ii. Making threats to leaders or peers
 - iii. Physical and/or verbal abuse of leaders, peers, or oneself
 - iv. Running away from leaders and/or out of program boundaries

Prevent Spread & Social Distance Policy

- Participants will wash hands often with soap & water, especially if visibly dirty. Hand sanitizer will be used if soap & water is not readily available. Children will be supervised when using hand sanitizer and when washing their hands.
- Kids will be encouraged, as always, to keep their hands to themselves and kids will be strategically spread, when possible, during activities for appropriate social distancing.
- Items will not be shared amongst separate groups. Items will be disinfected before another group can use it.
- Face coverings: According to the recently issued [Contra Costa County Health Services Face Covering Order](#) in reference to the [California Department of Public Health Face Covering Guidance](#), we must require all non-exempt* staff, parents/guardians, and children to wear a face covering while at facilities and in programs. Participants are allowed to remove their face coverings in the following instances:
 - While eating or drinking
 - While playing sports or being active
 - For medical exemptions
 - When wearing the face covering would create a risk to them. We do ask that families work

with their children so that:

- the child be able to put on and take off the face covering on their own
- the child know proper care of their face covering throughout the day
- the child knows when it is okay to remove their face covering

Staff will not be able to assist with putting on and taking off face coverings, but will work with children on proper face covering use.

**Please review the face covering guidelines for exemptions*

- Children should cover coughs and sneezes and wash hands right after doing so.
- Frequently touched surfaces will be cleaned regularly.
- Groups of a max of 12 children will be split into separate classrooms and groups will not mix.
- The same staff members will stay with the same group of children to the best of our ability.
- Classrooms will be divided by general age groups.
- Each group will be assigned an “Active Space” to use each day. Active Spaces will be sanitized and cleaned each day. No other groups will be allowed to use the same “Active Space” on the same day without it being cleaned and disinfected.
- Restrooms will be sanitized throughout the day. Participants will be asked to practice good hygiene while using the restroom, such as washing their hands and not touching their face or others. Children will use hand sanitizer on the way in to the restroom and on the way out of the restroom.
- Classrooms, Restrooms, and Active Spaces will not be open to the general public.
- Staff will coordinate rotations, pick-up, and drop-off to limit the mixing of groups. Supervisors will monitor groups and leaders to reduce the mixing of groups and to increase supervision.

What to Bring

For a successful day, kids must come prepared with all needed supplies. **Please make sure the following supplies are brought each day, that everything is labeled, and that items go home with them each day:**

- School work (worksheets, books, etc) and devices to complete schoolwork (laptops, tablets, or other devices)
- Comfortable headphones for any virtual classes
- Lunch and snacks to get your child through the day (food will not be provided)
- Water bottle
- Any medication, epi pens, or other medical items your child may need
- Any layered clothing they may need depending on weather
- Wear close toed shoes and wear active clothing to run around in
- Change of clothes in case of accidents
- Face coverings

Distance Learning Support

With the distance learning model being implemented by schools, our program will place a strong emphasis on making sure children fulfill their schoolwork requirements. Staff will assist them in completing their work. To help us fulfill your families distance learning support needs, please relay each child's schoolwork requirements to staff at drop-off. Staff will keep a chart with each child's requirements and keep them on track.

Children will have dedicated spaces for them to be able to complete their work. Please make sure they have everything they need to do their schoolwork. Staff will be able to help them set-up virtual classes, work in modules, complete worksheets, do their reading, and more. Skyhawks staff will assist with schoolwork and keep children on task, however we will not be monitoring their academic progress. We encourage parents to review schoolwork and curriculum standards regularly.

Activities

Once the school day and schoolwork is complete, the club will shift to a more sport based program for the remainder of the day. Skyhawks participants will learn the fundamentals of Baseball, Basketball, Dodgeball, Flag Football, Soccer, and Volleyball through Play! Skyhawks Directors provide a positive environment with lots of encouragement to develop each child's confidence and skills while fostering a life-long passion for the game. Our New Fall Curriculum combines your kids favorite Skyhawks Games with our new F.A.C.E.S. Workouts (Flexibility, Agility, Calisthenics, Endurance, Skills), to create a fun and active week for your child. Our development objectives include sport specific fundamentals along with footspeed, jumping, flexibility, range of motion, coordination, endurance, and self-esteem.