

SPRING | 2018

LAFAYETTE RECREATION



After School Programs pg 16

Youth/Adult pg 20

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CITY RECREATION PROGRAMS & SERVICES

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Cover photo provided by Stu Selland

Have Fun While Working This Summer!



Come have fun at Camp Awesome, while gaining a bunch of skills, as a

Junior Recreation Leader (JR)!
Ages: 12-16

Fee: 9am-2pm - \$75/wk; 2pm-5pm - \$50/wk

Email Steven Heinsma at sheinsma@lovelafayette.org for an application

BUNNY BRUNCH

Join us for a complete Pancake Brunch,
Live Show featuring Fur, Scales & Tails, Egg Hunt & more!



This event sells out every year—
get your tickets early!

Saturday, March 31
11:00am to 12:30pm

Lafayette Community Center
Live Oak Room

TICKETS: \$10 per person
For tickets, call 925-284-2232
or visit www.LafayetteRec.org

Visit with Bunny Anytime!

Proceeds Benefit the Lafayette Community
Center Facilities and Programs



LAFAYETTE YOUTH COMMISSION PRESENTS

7th & 8th Grade Tri-City

DANCE PARTY

featuring INFLATABLES

Lafayette, Moraga & Orinda students welcome. Strict dress code enforced. Please bring a canned food item to donate.

04.13.18

This is a safe, drug- and alcohol-free event sponsored by the Lafayette Youth Commission.

7:00pm-9:00pm • Jennifer Russell Building @ The Lafayette Community Center
No tickets sold at the door. \$12 per person • Register at www.LafayetteRec.org / 925-284-2232

SPECIAL EVENTS

rock band showcase

Friday, April 27 @ 7:30pm 500 St. Mary's Rd., Lafayette



Bands Sign Up @ www.ABrighterDay.info



Awesome Camp Connection

Lafayette Recreation's Awesome Camp Connection program gives campers the option to have a full day of camp by filling gaps in the campers schedule! Camp Awesome counselors will pick up the camper from their morning or afternoon camp and bring them to Camp Awesome to experience all it has to offer! Counselors will also drop off campers enrolled in Camp Awesome Early Care to their 9am camp. Campers enrolled in Camp Awesome Day Camp can be dropped off to their

afternoon camp. The 1 or 2 hour connection is good for the full week of camp and cannot be used as an hourly rate for other camps. Participants must bring a lunch every day. Camp Connection is good for camps being held at the Lafayette Community Center, Rink, and Community Park. Off-site camps do not connect. If you need help building your day or have questions, we are here for you!

Connection Pricing and Options



Add Early Care (7:30-9am) at Camp Awesome for \$10/day

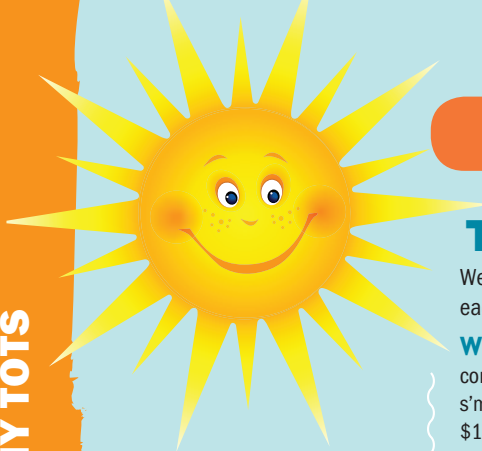
Examples

Add Afternoon Camp (2-5pm) at Camp Awesome for \$25/day

	7:30am	9:00am	12:00pm	1:00pm	2:00pm	4:00pm	5:00pm
Typical Specialty Camp Options		9:00am-12:00pm AM Specialty Camp			1:00-4:00pm PM Specialty Camp		
City-Staffed Camp Awesome	7:30-9:00am Early Care	9:00am-2:00pm Camp Awesome Day Camp			2:00-5:00pm Afternoon Camp		
1-Hour Connection Option 1		9:00am-12:00pm AM Specialty Camp	1 Hour of Connection		1:00-4:00pm PM Specialty Camp		
1-Hour Connection Option 2					1:00-4:00pm PM Specialty Camp		1 Hour of Connection
No AM Specialty Camp Option			9:00am-1:00pm Camp Awesome Day Camp		1:00-4:00pm PM Specialty Camp		1 Hour of Connection Credit
2-Hour Connection Option 1		9:00am-12:00pm AM Specialty Camp	2 Hours of Connection				
2-Hour Connection Option 2		9:00am-12:00pm AM Specialty Camp	1 Hour of Connection		1:00-4:00pm PM Specialty Camp		1 Hour of Connection
Kids' Carpentry Connection + Friday Camp Awesome		Enroll in both Kids' Carpentry and this Connection. Campers will be in Camp Awesome, but Counselors will pick-up and/or drop off the camper at their Carpentry slot.					

SUMMER CAMPS AT A GLANCE	AGES	6/11	6/18	6/25	7/2	7/9	7/16	7/23	7/30	8/6	8/13
Camp AWESOME	4-11	AM&PM	AM&PM	AM&PM	AM&PM	AM&PM	AM&PM	AM&PM	AM&PM	AM&PM	AM&PM
Camp AWESOME Jr. Recreation Leader	12-16	AM&PM	AM&PM	AM&PM	AM&PM	AM&PM	AM&PM	AM&PM	AM&PM	AM&PM	AM&PM
Tiny Tots	2-4-5			AM	AM	AM	AM	AM	AM		
Art Exploration	5-10			AM			AM				
Babysitting for Beginners	10-14	PM		PM							
Bricks 4 Kidz—Pokémon® Camp with LEGO®	5-11						PM				
Bricks 4 Kidz—Jurassic Brick Land with LEGO®	5-11			PM							
Bricks 4 Kidz—Mining & Crafting II with LEGO®	5-11										PM
Bricks 4 Kidz—Mining & Crafting I with LEGO®	5-11		PM								
Bricks 4 Kidz—Mash Up with LEGO®	5-11										AM
Bricks 4 Kidz—Explorer's Quest with LEGO®	5-11						AM				
Bricks 4 Kidz—Jr. Robotics with WeDO with LEGO®	5-9									AM	
Bricks 4 Kidz—LEGO® EV3 Robotics with LEGO®	8-13									PM	
Bricks 4 Kidz—Emmitt's World Master Builder	6-11			AM							
Bricks 4 Kidz—Building 101 with LEGO®	5-7								AM		
Bricks 4 Kidz—Super Hero Academy	5-11		AM								
Bricks 4 Kidz—Science of Pokémon®	7.5-12								PM		
Bricks 4 Kidz—Brick Olympics	5-11							AM			
Bricks 4 Kidz—Remote Control Mania	6-11							PM			
Broadway Stars—Musical Theatre Camp!	7-14							1-5PM			
Busy Bee Chinese Dinner Camp	4-5					1:30-3:30PM					
Cartooning 101 Camp	8-11			PM				PM			
Chess Summer Camp	6-12				PM	AM				PM	
Critters and Clay	4.5-10								2-3PM		
Express Yourself	6-12					PM					
Fairytale Princess Camp	3-6							AM			
Fun with Programming—Games and Animation	6-12									PM	
Fun with Robotic Programming—A.I. Robots	6-12			AM							
Fun with Robotic Programming—Speedy Robots	6-12										PM
Kinderdance	3-5								AM		AM
Gymnastics & More Summer Camp	4-7									PM	
IncredFlix—Action Movie Flix	7-12								AM		
IncredFlix—Animation Flix	7-12						AM				
IncredFlix—Imagination Flix	7-12								PM		
IncredFlix—Minecraft Movie Flix	7-12						PM				
Intro to STEM with LEGO®	5-6					AM					
Jedi Engineering with LEGO®	5-6	AM									
Jedi Master Engineering with LEGO®	7-10	PM									
Kids Carpentry	5-12		9 & 11AM 12:30PM			9 & 11AM 12:30PM			9 & 11AM 12:30PM		
Kids Chinese Dinner Camp	6-11					4-5:30PM					
Mad Science—Crazy Chemistry	6-11	AM								AM	
Mad Science—The Inventor's Camp	7-12										AM
Mad Science—Red Hot Robots	7-12	PM									
Mad Science—Rockin' Rockets & Aerodynamics	7-12		PM								
Mad Science—How to be a Mad Scientist!	6-12				AM						
Mad Science—Adventures in Science	6-12				PM						
Mad Science—Secret Agent Lab	6-12					PM					
Mad Science—My First Lab	6-12						AM				
Minecraft Modding!	9-14						PM				PM
Minecraft Video Game Design	7-12						AM				AM
Mindcraft Mania Camp	5-12				AM		AM				AM
Mixed Media and Me	5-12							AM			
Mixed Media Madness	7-11									AM	
MMAPS Basketball	5-12								AM		AM
MMAPS Cheerleading	5-12						AM				
MMAPS Flag Football	5-12						AM				
MMAPS Soccer	5-12	AM			AM						
Painting Without a Brush	5-10						PM				
Paper Mache Madness	6-12							PM			
Photoshop Fun	9-17			PM							
Rapunzel Dance Camp	3-5									AM	
Skyhawks Baseball	6.5-8		AM								
Skyhawks Baseball	9-11		AM								
Skyhawks Basketball	6.5-8			AM			AM				
Skyhawks Basketball	9-11			AM			AM				
Skyhawks Flag Football	6.5-8					AM					
Skyhawks Flag Football	9-11					AM					
Skyhawks Mini-Hawk Camp	4-6		AM			AM		AM			AM
Slime Squad Camp	5-12		AM								
Superhero Camp	3-5							AM			
STEM Challenge Using LEGO® Materials	7-10					PM					
Tennis @ The Lafayette Tennis Club	6-14	All 10 Weeks: AM: 9:30-11:30AM PM: 1:30-3:30PM Full Day: 9:30AM-3:30PM* off site location—no connection available									
Transatlantic Soccer Camps	5-15, 10-15		AM	AM			AM		AM	AM	AM
Unicorn Camp	5-8									PM	

AM 9:00AM-Noon PM: 1:00-4:00PM



TINY TOTS—Summer Preschool

Themes

We will attend the Lafayette Community Fun shows each week!

Week 1: Campfire Cooking. We will have fun concocting all the traditional campfire recipes including s'mores—make one treat to eat and one to take home. \$10 cooking fee due to the teacher on first class.*

Week 2: It's Game Time! For kids that like all kinds of games—indoor games, outdoor games, board games and active games. Plus a trip to our skate rink and a pinata to round off the week.

Week 3: Summer Cooking. Kids love to cook. Children will make their own snack and take home a treat to share. Join us for a week of cooking and learning. \$10 cooking fee due to the teacher first day of class.

Week 4: Crawling, Hopping Flying . . . Bugs! Nature walks, bug books, and butterflies! Let's get up close and personal with our 6 legged friends.

Week 5: Under the Sea! The ocean is a wonderful place to explore—jellyfish, whales, crabs, and many more underwater creatures. So come along and set sail for the ocean blue!



Session Dates

Weeks

- Week 1 — June 25-29
- Week 2 — July 9-13
- Week 3 — July 16-20
- Week 4 — July 23-27
- Week 5 — July 30-Aug 3

Lunch Bunch

Extend your day and stay for lunch:

T/Th \$18/week until 1:00pm
MWF \$27/week until 1:00pm

Programs

Mon/Wed/Fri: 3½–6 years (must be 3½ by start date)

9:00am–12:00pm* | \$110 per week

Your child will interact with other children as they learn. Messy art? Building towers? Puppet shows? Cooking projects? We have them all and more! Your child will explore and play all summer long! **\$10 cooking lab fee additional on the weeks indicated.** *Lunch bunch until 1:00pm. Can add Camp awesome to extend the day until 2:00pm or 5:00pm

Tues/Thurs: 2½–6 years

9:00am–12:00pm | \$65 per week

This program is about learning healthy separation and socialization while having fun! We will explore a new theme each week as we build skills in a warm and nurturing environment. **\$10 cooking lab fee additional on the weeks indicated.**

Tiny Tots summer can be combined with Camp Awesome to extend your child's day, just call 284-2232 and we can assist you!



I ♥ TINY TOTS



Lafayette Tiny Tots offers a variety of classes for your active pre-schooler. Your child will enjoy interacting with other pre-schoolers in a warm and loving environment. Each class offers a comprehensive early childhood program with emphasis on providing activities and experiences for children to work, play and grow according to their own pattern of development. The instructors are experienced and possess degrees in early childhood education. *These classes are not parent participation classes, but parents are welcome to stay until their child is comfortable with the environment. For more information, call 925-299-3266*



FALL TINY TOTS: 2018-19 School Year

2-DAY—TUES/THURS

9:00-12:00pm* | Ages 28 mos–3½ Yrs

Begins **Quarterly Fee** **Reg. Fee**

9/4/18 \$555 \$25 (annually)

*Optional Lunch Bunch until 1:00pm

3-DAY—MON/WED/FRI

9:00am-1:30pm | Ages 3½–5 Yrs

(Must be 3½ by 9/1/18)

Begins **Quarterly Fee** **Reg. Fee**

9/5/18 \$900 \$25 (annually)

4-DAY PreK—MO/TU/WE/FR

9:00am-1:30pm | Pre-K–Age

appropriate to go to TK or K in 2019

Begins **Quarterly Fee** **Reg. Fee**

9/4/18 \$1,200 \$25 (annually)

EXTRA DAY THURSDAYS—9:00am-12:30pm available to students enrolled in 3- or 4-day program
"Alphabet Cooking and Kindergym" \$335 each 9 week session

CAMP AWESOME

Camp Awesome

At the Lafayette Community Center in the Jennifer Russell Building

Ages 4 to 11

Camp Awesome 9:00am to 2:00pm

Early Care 7:30am to 9:00am

Afternoon Camp 2:00pm to 5:00pm

WE HAVE YOU COVERED. Camp runs all 10 weeks of summer with optional Early Care and Afternoon Camp before and after the 9am-2pm Camp Awesome. And, with daily enrollment, you can pick and choose your days of summer (See “Play Every Day” below). Campers must bring a lunch and a small snack each day. *Apply to be a Junior Recreation Leader, see page 2 for more details*

PLAY EVERY DAY!

June 11th to August 17th (skip 7/4)

Enroll by the Day in advance and at the door
(Space is not guaranteed with at the door enrollment)

Morning Camp	Early Care	Afternoon Camp
9:00am-2:00pm	7:30am-9:00am	2:00pm-5:00pm
\$40/day	\$10/day	\$25/day

Connect Other Camps to Camp Awesome with Awesome Camp Connection.

Registration begins April 9th.



CAMP AWESOME

Weekly Activities:

At Camp Awesome, we bring the AWESOME to YOU! Games 2 U comes twice a week with their Laser Tag, Angry Birds Launcher, and Video Game Truck! Join us for Carnival Games followed by a Summer Show with performances by magicians, jugglers, animals, and more! Don't forget water play on those hot summer days or Tie-Dye with Movie Theatre where Campers get to take home a shirt on their first Tie-Dye day at camp. Did we mention hikes and trips to the Community Park? Every day features group games and sports, crafts, the Awesome Game Room, adventures, new friends, and fun! Activities vary so no day or week is the same! Make sure you look out for our special events and theme days throughout the summer!

The Awesome Game Room:

- Wrist Band ✓
- Name Tag ✓
- Hug Good-bye ✓
- Ready for Awesome ✓✓✓

Upon arrival and between activities, campers will enjoy one of the most decked out Game Rooms around! Make awesome creations with our huge bins of LEGO®, have a dance off with Just Dance™ on our Nintendo Switch, make the most intricate lanyard ever, color till your hand cramps, shoot hoops like Curry, and beat your friends in foosball and air hockey.

We can't forget the Green Group Zone which features an imagination station with all your favorite play time toys, mini hoop, coloring, and big LEGO®s just for them.

One word: AWESOME

The Age Group Split

Camp Awesome features two groups:

4-6 yr. olds are our Green Group

7-11 yr. olds are our Blue Group

Both groups do many games and activities together.

Throughout the day, each group will go off to do their own activities geared toward their ages.

Themed Birthday Parties

PARTY	AGES	LOCATION	FEE	TIME	DEPOSIT	CONTACT
Kinderdance Parties	3-5 Yrs	Toyon Room	\$200/12 children \$8/addl. child	1 hr.	50%	Kira Lancaster (415) 385-6501
Cooking Parties	5-13 Yrs	LCC Kitchen	\$380	2 hrs.	\$190	Lynda (925) 932-1114
Kindergym Parties	1-5 Yrs	Kindergym	\$195/\$260	1.5/2 hrs.	Paid in Full	Tricia (925) 284-2232
Indoor Sport & Dodgeball Parties	4-12 Yrs	Jennifer Russell Building	\$250	1.5 hrs.	Paid in Full	Steven sheinsma@love-lafayette.org
LEGO Parties	5 Yrs & Up	Cedar Room	\$390/10 children \$10/addl. child	1.5 hrs. 2 hrs.	—	Bricks for Kids (415) 518-7583



The Bay Area's only PRESCHOOL ON DEMAND!

TOT DROP

Only Come When You Want. Only Pay When You Come.

YOU make your own schedule. 9:00 am-1:00 pm

As little as 1 hour or up to 20 hrs/wk. \$12/hr. **You** set your days and arrival & pick up times. Come occasionally, or weekly spots are available. **FREE** cancellation when your plans change.

Never Tried TOT DROP?
Come and see what you've been missing!



COUPON
I FREE Hour



\$12 value—New Families Only.
(1 per family)

DIAPER WEARERS WELCOME. NEW STUDENTS MAY ENROLL AT ANY TIME.

Call to get started
925-284-3999
Open YEAR ROUND!
www.totdrop.com

KINDERGYM

All your senses shout "WOW!" when you see our two spacious rooms with their mats, hanging apparatus, tunnels, basketball hoops, balance beam, slides, slopes and more. Visually, we're a colorful wonderland! Kindergym



promotes an adult/child one on one situation where the adult provides encouragement and positive reinforcement through play. Each wonderful 45-minute class concludes with a circle time of favorite songs, rhythms and rhymes led by our exceptional and experienced staff.

All children must be accompanied by an adult. Second sibling enrolled in the same class gets a 25% discount! Infant siblings are okay if in back/front packs. Each student may make-up one missed class each session providing space is available. Drop in classes will be announced the second week of the session. Cost is \$15 per class, no discounts for siblings.

CRAWLERS AND BEGINNING WALKERS

Pre-Kindergym

This class gives babies the opportunity to explore and develop their physical skills (readiness for rolling, crawling, walking and learning) in a fun and safe environment. A brief closing circle with music ends each class. **Skip 5/28**

LOCATION: Kindergym

FEE	INSTRUCTOR	NO. WKS.
\$100	Laurie Crudele	8
DAY	DATE	TIME
Mon	4/9-6/4	9:15am-10:00am

FEE	INSTRUCTOR	NO. WKS.
\$112	Jan Wong	9
DAY	DATE	TIME
Tue	4/10-6/5	10:55am-11:40am

FEE	INSTRUCTOR	NO. WKS.
\$112	Laurie Crudele	9
DAY	DATE	TIME
Thu	4/12-6/7	9:15am-10:00am

To check availability for drop-in classes, please call (925) 284-2232.

Drop-ins are \$15 per class and subject to availability.



1-4 YRS

Kindergym

Come play with us at the Lafayette Kindergym! We have an exciting environment filled with fun equipment that will excite your child's senses. Our dedicated and friendly staff will enhance your child's playtime experience and conclude each class with a circle time filled with rhythms, rhymes, and songs. These classes offer children the opportunity to learn through play and physical exploration. They will jump, hop, climb, and balance on a variety of gymnastics equipment. Come enjoy a special bonding time with your child in a safe and clean environment. Each class closes with music and songs facilitated by our wonderful staff. **Skip 5/26, 5/28**

LOCATION: Kindergym

INSTRUCTOR

Laurie Crudele

DAY	NO. WKS.	DATE	TIME	FEE
Mon	8	4/9-6/4	10:05am-10:50am	\$100
Mon	8	4/9-6/4	10:55am-11:40am	\$100
Thu	9	4/12-6/7	10:05am-10:50am	\$112
Thu	9	4/12-6/7	10:55am-11:40am	\$112
Fri	9	4/13-6/8	9:15am-10:00am	\$112
Fri	9	4/13-6/8	10:05am-10:50am	\$112
Fri	9	4/13-6/8	10:55am-11:40am	\$112

INSTRUCTOR

Jan Wong

DAY	NO. WKS.	DATE	TIME	FEE
Tue	9	4/10-6/12	9:15am-10:00am	\$112
Tue	9	4/10-6/5	10:05am-10:50am	\$112

INSTRUCTOR

Christy Sullivan

DAY	NO. WKS.	DATE	TIME	FEE
Wed	9	4/11-6/6	9:15am-10:00am	\$112
Wed	9	4/11-6/6	10:05am-10:50am	\$112
Wed	9	4/11-6/6	10:55am-11:40am	\$112
Sat	8	4/14-6/9	9:30am-10:15am	\$100
Sat	8	4/14-6/9	10:30am-11:15am	\$100

GYMNASTICS

3-5 YRS

Tiny Tumblers Gymnastics

This class is designed to enhance your child's motor development skills, balance, coordination, and confidence. Emphasis is placed on developing beginning gymnastic skills in a fun and social environment and also introducing children to learn to participate in a structured class without their parents. Equipment incorporated into the class includes gymnastic mats, single bars, double bars, balance beams, vaulting blocks, incline and barrel mats, ladders, bouncers and spring board, parachutes, rhythm sticks, tunnels, and various other equipment. Music games and group activities are incorporated into the class. *Skip 5/28*

LOCATION: Kindergym

FEE	INSTRUCTOR	NO. WKS.
\$68	California Gymnastics	4
DAY	DATE	TIME
Mon	4/9-4/30	3:30pm-4:10pm
Mon	5/7-6/4	3:30pm-4:10pm

See page 14 for Youth Gymnastics (5.5-9 YRS)



4-6 YRS

Kids Warrior Fitness

Inspired by the television show American Ninja Warrior, this class gives our littlest Warriors a chance to explore exciting obstacle course action! We focus on positive encouragement and building self confidence. The children will jump, climb, balance, run and tumble through the course. We include fun age-appropriate games and creative strength activities. Parent participation required for ages 2-3 years.

LOCATION: Kindergym

FEE	INSTRUCTOR	NO. WKS.	
\$132	Arista's Jump Start Gymnastics	8	
AGES	DAY	DATE	TIME
2-3 Yrs	Tue	4/10-5/29	3:30pm-4:10pm
4-6 Yrs	Tue	4/10-5/29	4:15pm-4:55pm

DANCE & MUSIC

UP TO 5 YRS

Canta y Baila Conmigo

Take a journey into Spanish language and its cultures through the magical world of music. With Canta y Baila Conmigo you and your child will be transported as you sing, dance and play along to the irresistible sounds and rhythms of Spanish speaking countries. Created by Maddie Welch, experienced bilingual educator, musician and native Spanish speaker, Canta y Baila Conmigo is a unique curriculum with dual, complimentary goals of music education and language immersion. Designed for beginners and native speakers alike, Canta y Baila Conmigo creates a playful, interactive atmosphere where language learning is integrated naturally and organically in the musical experience. While children are effortlessly absorbing and using the Spanish language, they engage along with their grown-ups in age-appropriate explorations of melody, rhythm, movement and instrument play that help nurture a strong foundation in music literacy. Instructor: Alfredo Aguayo

LOCATION: Sequoia Room

FEE	INSTRUCTOR	NO. WKS.
\$234	East Bay Music Together	10
DAY	DATE	TIME
Thu	4/12-6/14	9:30am-10:15am
Thu	4/12-6/14	10:30am-11:15am

UP TO 5 YRS

East Bay Music Together

Music Together is an internationally recognized family music program from birth through age 5 and the grownups who love them. We're the pioneers in the field of early parent/caregiver participation childhood music with truly innovative, high-quality music education. We're research-based—we know our stuff! We're down to earth and accessible. What can we say? We're serious about having fun! Instructors Megan Dey Toth (Friday, Saturday) Riki Juster (Wednesday)

LOCATION: Elderberry Room

FEE	INSTRUCTOR	NO. WKS.
\$234	East Bay Music Together	10
DAY	DATE	TIME
Wed	4/11-6/13	9:30am-10:15am
Wed	4/11-6/13	10:30am-11:15am
Fri	4/13-6/15	9:30am-10:15am
Fri	4/13-6/15	10:30am-11:15am
Sat	4/14-6/16	9:30am-10:15am
Sat	4/14-6/16	10:30am-11:15am

3-5 YRS
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Broadway Babies

Have you ever wanted to go on a Magic Carpet Ride, visit A Whole New World, or Be Our Guest at an enchanted castle? Join Broadway Babies and see where your imagination can take you! Through creative play and music, these young students will learn the basics of performing arts—singing, dancing, and acting—while bringing songs from popular musicals to life. You will be delighted by their showcase at the end of the session. Students attending preschool will be picked up by the Instructor and walked to class. *Skip 5/28*

LOCATION: Toyon Room

FEE	INSTRUCTOR	NO. WKS.
\$130	Myeve Capozzi Vocal Training	7
DAY	DATE	TIME
Mon	4/16-6/4	1:30pm-2:15pm

COOKING

4-5 YRS
.....

Busy Bee Cooks

Have fun with Chef Lynda & Staff. Your children are guided in how to make delicious , healthy food, that builds their self esteem and supports their body. Kids eat what they cook. Your family will spend more time in the kitchen eating your children’s creations. **\$20 supply fee.**

LOCATION: Kitchen

FEE	INSTRUCTOR	NO. WKS.
\$252	Lynda Rexroat	5
DAY	DATE	TIME
Thu	4/26-5/24	1:30pm-3:00pm



SPORTS



2.5-3 YRS
.....

Parent and Tots Soccer Make Me A Pro

Sports Soccer is a fun systematic program that will enable parents and kids to participate together in the great game of soccer. Our staff are trained to not only allow your child to have fun but actually teach them the basics of soccer including shooting, passing and trapping. Techniques are taught through fun games and drills. Please join us, we are having a ball!

LOCATION: Rink

FEE	INSTRUCTOR	NO. WKS.
\$103	Make Me A Pro Sports	6
DAY	DATE	TIME
Sun	4/22-5/27	9:00am-9:30am

4-5 YRS
.....

Pee Wee Soccer

Make Me A pro Sports is a great place to make friends while learning how to play soccer. Learn the basic skills of soccer including shooting , passing, stopping the ball, changing direction and Heading. Each class ends in game play. All classes are fun and educational and are taught through fun games and drills. Please join us we are having a ball!

LOCATION: Rink

FEE	INSTRUCTOR	NO. WKS.
\$103	Make Me A Pro Sports	6
DAY	DATE	TIME
Sun	4/22-5/27	9:30am-10:10am

SPORTS, CONTINUED

2.5-3 YRS

Skyhawks Parent & Me Sports

This multi-sport tot program was designed to give kids a positive first step into athletics. The fundamentals of soccer, baseball, basketball, and track & field are taught in a structured environment filled with lots of encouragement and a big focus on fun! Through fast paced games and activities, participants explore balance, body movement, coordination, and skill development at their own pace. All participants receive a Skyhawks T-Shirt and Award Medal. This program includes Parent Participation. **Skip 5/26**

LOCATION: Jennifer Russell Building

FEE	INSTRUCTOR	NO. WKS.
\$164	Skyhawks Sports	8
DAY	DATE	TIME
Sat	4/7-6/2	9:30am-10:00am

3-4 YRS

Skyhawks Tot Sports

This multi-sport tot program combines soccer, baseball, basketball, and track & field; allowing young athletes to discover a passion for a variety of sports in one fun-filled setting. Participants explore balance, body movement, coordination, self-esteem, teamwork, sportsmanship, and sport specific skill development through a series of fast-paced instructional circuits and games. Our progressional curriculum, modified equipment, and highly trained staff provide a safe environment where kids can develop at their own pace. All participants receive a Skyhawks T-Shirt and Award Medal. **Skip 5/26**

LOCATION: Jennifer Russell Building

FEE	INSTRUCTOR	NO. WKS.
\$164	Skyhawks Sports	8
DAY	DATE	TIME
Sat	4/7-6/2	10:15am-11:00am

5-6 YRS

Skyhawks Kindergarten Sports

This multi-sport class combines Baseball, Basketball, Soccer and Track & Field into one fun-filled program. Through interactive drills and skill-based games, participants gain the skills, confidence, and passion to take the next step in their athletic development. All participants receive a Skyhawks T-Shirt and Award Medal. **Skip 5/26**

LOCATION: Jennifer Russell Building/Rink

FEE	INSTRUCTOR	NO. WKS.
\$164	Skyhawks Sports	8
DAY	DATE	TIME
Sat	4/7-6/2	12:15pm-1:00pm

3.5-5 YRS

Skyhawks Tot Basketball

This class was designed to give children a positive first step to the exciting game of basketball. Using our progressional curriculum and modified equipment, participants learn basketball fundamentals and social skills through a series of fast-paced instructional circuits and developmental games. Primary objectives include dribbling, passing, shooting, rebounding, balance, body movement, hand/eye coordination, self-esteem, teamwork, and sportsmanship! All participants receive a Skyhawks T-Shirt and Merit Award. **Skip 4/4**

LOCATION: Jennifer Russell Building

FEE	INSTRUCTOR	NO. WKS.
\$204	Skyhawks Sports	10
DAY	DATE	TIME
Wed	3/21-5/30	4:15pm-5:00pm

3.5-5 YRS

Skyhawks Tot Baseball

Skyhawks Tot Baseball was designed to give children a positive first step into America's Pastime. Using our progressional curriculum and modified equipment, participants learn Baseball fundamentals and social skills through a series of fast-paced instructional circuits and developmental games. Our primary development objectives include throwing, catching, hitting, base-running, balance, body movement, hand/eye coordination, self-esteem, teamwork, and sportsmanship! All participants receive a Skyhawks T-Shirt and Award Medal. **Skip 4/3**

LOCATION: Jennifer Russell Building

FEE	INSTRUCTOR	NO. WKS.
\$204	Skyhawks Sports	10
DAY	DATE	TIME
Tue	3/20-5/29	5:15pm-6:00pm

4-5 YRS

Skyhawks Preschool Sports

This multi-sport tot program was created to give young athletes the skills, confidence, and passion necessary to take the next step in athletics. Through a series of fast-paced instructional circuits and developmental games, participants learn the fundamentals of baseball, basketball, soccer, and track & field. Our progressional curriculum, modified equipment, and highly trained staff provide a safe environment where kids can develop at their own pace. All participants receive a Skyhawks T-Shirt and Award Medal. **Skip 5/26**

LOCATION: Jennifer Russell Building/Rink

FEE	INSTRUCTOR	NO. WKS.
\$164	Skyhawks Sports	8
DAY	DATE	TIME
Sat	4/7-6/2	11:15am-12:00pm

2-3.5 YRS

Mommy/Daddy & Me Soccer

Introduce yourself and your toddler to the “World’s Most Popular Game”! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, parents are part of the action, not watching from the sidelines! All kids receive a soccer jersey.

LOCATION: Rink

FEE	INSTRUCTOR	NO. WKS.
\$116	Kidz Love Soccer	8
DAY	DATE	TIME
Fri	4/20-6/8	5:10pm-5:40pm

3.5-5 YRS

Tot/Pre Soccer

Little tykes will enjoy running and kicking just like the big kids. Teaches the basic techniques of the game and builds self-esteem through participation in fun soccer activities. Children learn to follow instructions in a nurturing, age-appropriate environment. All participants receive a soccer jersey! Shin guards are required after the first meeting.

LOCATION: Rink

FEE	INSTRUCTOR	NO. WKS.
\$116	Kidz Love Soccer	8
DAY	DATE	TIME
Fri	4/20-6/8	5:50pm-6:20pm

COOKING

6-10 YRS

We Teach Your Kids to Cook

Cooking with Kids, inspires kids to enjoy healthy food. Kids eat what they cook. Our goal is to make your children fall in love with healthy eating. Young chefs have fun while learning a valuable life skill. The class includes how to grocery shop, understand food labels, work safely in the kitchen, work in a team, proper clean-up and more. Alert the Community Center and instructor of any food allergies prior to start of class. Wear closed toed shoes and bring an apron. **\$20 supply fee.**

LOCATION: Kitchen

FEE	INSTRUCTOR	NO. WKS.
\$252	Lynda Rexroat	5
DAY	DATE	TIME
Thu	4/26-5/24	4:00pm-5:30pm

ARTS & CRAFTS

5-12 YRS

Kids Carpentry™

Since 1982 Michael Glass, the director of Kids Carpentry™, has taught thousands of children the safe use of hand tools. Children may choose from a wide variety of projects after first completing their sanding block and supertop. While building their projects from scratch children are introduced to concepts like applied math, problem solving, fine motor skills and empowered with the opportunity to use a large variety of woodworking tools. Our motto: Building confidence and teaching with respect and humor in a safe and happy environment. **A \$35 supply fee due to instructor on first day.**

LOCATION: Arts and Crafts Room

FEE	INSTRUCTOR	NO. WKS.
\$116	Michael Glass	6
DAY	DATE	TIME
Fri	4/13-5/18	3:00pm-4:00pm
Fri	4/13-5/18	4:00pm-5:00pm
Fri	4/13-5/18	5:00pm-6:00pm

DANCE

T 5-16 YRS

Irish Step Dancing

Our mission is to offer quality Irish Dance instruction, while providing a safe, supportive and positive learning environment in a family oriented school. As our students progress in their skills, they will have opportunities to pursue performances, team dancing and competition at their own pace. Our caring instructors recognize that each dancer is unique and we encourage our dancers to develop their individual talents in a supportive and respectful atmosphere. Irish Dancing is a rewarding activity that teaches discipline, develops character, instills dedication and builds confidence, all while making lasting friends and memories.

Level I: Intro to Irish Dance (Soft Shoes)

Level II: Returning students. Soft Shoes, learning beginning hard shoe.

Level III: Int/Adv. Higher level of progression.

LOCATION: Toyon Room

FEE	INSTRUCTOR	NO. WKS.	
\$174	McBride Irish Dancers	9	
LEVEL	DAY	DATE	TIME
I	Wed	4/11-6/6	3:15pm-4:00pm
II	Wed	4/11-6/6	4:00pm-5:00pm
III	Wed	4/11-6/6	5:00pm-6:00pm

GYMNASTICS

5-5-9 YRS

Youth Gymnastics

This class teaches beginning and intermediate gymnastics and tumbling skills and is designed to develop strength, flexibility, agility, and confidence in a fun, non-competitive environment. Students learn the basics of all gymnastic events including tumbling, vaulting skills, single bars and balance beams. Students are also introduced to strength and flexibility exercises with fun and challenging games. Equipment incorporated into the class includes gymnastic mats, single bars, double bars, balance beams, vaulting blocks, incline and barrel mats, ladders, bouncers and spring board, parachutes, and various other equipment. *Skip 5/28*

LOCATION: Kindergym

FEE	INSTRUCTOR	NO. WKS.
\$78	California Gymnastics	4
DAY	DATE	TIME
Mon	4/9-4/30	4:15pm-5:10pm
Mon	5/7-6/4	4:15pm-5:10pm

See page 10 for Tiny Tumblers Gymnastics (3-5 YRS)

FITNESS

T 7-17 YRS

Karate

Classes are divided by and catered toward different skill levels. Open class is offered for all skill levels and is designed to build self-confidence while learning how to throw, strike, block and fall without hurting oneself. Intermediate/Advanced class is available to current students who rank above 8th kyu and is designed to build upon the basics, learn more advanced techniques, and cultivate a higher understanding of karate. All students will be given the opportunity to compete in AAU sanctioned tournament, as well as Open Karate tournaments. *Annual AAU insurance—\$14-Youth—is required. Belt ranking fees also apply, please inquire in class.*

Start any time. Register at class.www.kyokushinkarate-lafayette.com

LOCATION: Live Oak Room | **INSTRUCTOR:** Danielle Jolin

CLASSES PER WEEK/FEE

2 days/\$50/mo 3 days/\$65/mo 4 days/\$75/mo

LEVEL	DAY/DATE	TIME
Open	Mo/We—Ongoing	7:00pm-8:00pm

LOCATION: Toyon Room | **INSTRUCTOR:** Danielle Jolin

LEVEL	DAY/DATE	TIME
Advanced	Tue—Ongoing	4:00pm-5:30pm
Intermed.	Thu—Ongoing	4:00pm-5:30pm

GENERAL ENRICHMENT

T 10-14 YRS

Enhancing Financial Literacy for Youth

This financial education program is designed to help young people further develop their financial knowledge on age appropriate topics such as saving for short and long term goals, basic budgeting, income and expenses, understanding credit and debt, earning and compound interest, and the ABCs of the stock market. Adults are also encouraged to attend to help foster their child's long term educational development.

LOCATION: Elderberry Room

FEE	INSTRUCTOR	NO. WKS.
\$24	Richard Cerruti	1
DAY	DATE	TIME
Sat	4/14	9:00am-10:30am

SPORTS

5-6 YRS

Little Hoopsters Junior Warriors Basketball

Little Hoopsters is partnering with Junior Warriors to provide an awesome indoor, introductory basketball league that will help players learn the game and give them a chance to play on a team as they dribble, pass, shoot and score their way to a good time. This is a fun, low pressure, introduction to league sports. Participants will have one 45 min. class (game) each week. Game times are either 4:00pm or 4:45pm—schedules distributed after the first intro class. Volunteer coaches wanted! Each Hoopster will receive a reversible warriors jersey and shooting sleeve!

**LOCATION:** Jennifer Russell Building

FEE	INSTRUCTOR	NO. WKS.
\$80	Lafayette Staff	7
DAY	DATE	TIME
Thu	4/19-5/31	4:00pm-5:30pm

T Classes are appropriate for teens

5-7 YRS

Make Me A Pro Basketball

This is a class is lots of fun and will teach the basic techniques of the great game of basketball. Learn techniques of passing and dribbling, and shooting through fun games and drills. This class will be a blast! Please bring water.

LOCATION: Rink

FEE	INSTRUCTOR	NO. WKS.
\$99	Make Me A Pro Sports	6
DAY	DATE	TIME
Thu	4/19-5/24	4:00pm-4:45pm

5-7 YRS

Soccer Magic

Learn the basic skills of soccer including shooting , passing, stopping the ball, changing direction and Heading. Each class ends in game play. All classes are fun and educational and are taught through games and drills.

LOCATION: Rink

FEE	INSTRUCTOR	NO. WKS.
\$103	Make Me A Pro Sports	6
DAY	DATE	TIME
Sun	4/22-5/27	10:15am-11:00am

8-12 YRS

Soccer Techniques

This class will assist your child in reaching their next level by learning new techniques that will enable them to become better players while having fun. This class is designed for all skill levels and we end each day with game play.

LOCATION: Rink

FEE	INSTRUCTOR	NO. WKS.
\$103	Make Me A Pro Sports	6
DAY	DATE	TIME
Sun	4/22-5/27	11:05am-11:50am

5-6 YRS

Soccer 1: Techniques & Teamwork

Learn dribbling, passing, defense and shooting goals! Fun skill games are played at every session, and every participant will have a ball at his or her feet. Perfect for first time players while being fun and engaging for kids with some experience. All participants receive a soccer jersey! Shin guards are required after the first meeting.

LOCATION: Rink

FEE	INSTRUCTOR	NO. WKS.
\$116	Kidz Love Soccer	8
DAY	DATE	TIME
Fri	4/20-6/8	4:15pm-5:00pm

SPRING BREAK CAMPS

7-11 YRS

Adventures in Science

Learn about the foundations of forensics—organs, cells, and chemistry! Discover the secrets behind batteries and design marshmallow molecules! Conduct electricity and power a Mad Science whirligig. Use ooey-goey ingredients to build a model cell and use your own traits to decode and decipher your DNA. Themes include: Cell City, The Organ Trail, Scene of the Crime, Chemical Counting, and more. **\$30 supply fee payable to instructor at first class.** Camp Connection (Noon-1:00pm) available.

LOCATION: Arts and Crafts Room

FEE	INSTRUCTOR	NO. WKS.
\$214	Mad Science	1
DAY	DATE	TIME
Mon-Fri	4/2-4/6	1:00pm-4:00pm

7-11 YRS

Crazy Chemistry

This chemistry camp is packed solid with cool reactions. We'll explore and create colorful chemical concoctions and bubbling brews. Study the chemistry involved in not-so-simple things like chalk and soap, and even experiment with the chemistry used by artists, spies and detectives! Themes include: Scene of the Crime, Crazy Chemistry, Radical Reactions, and more. **\$30 supply fee payable to instructor at first class.** Camp Connection (4:00-5:00pm) available.

LOCATION: Arts and Crafts Room

FEE	INSTRUCTOR	NO. WKS.
\$214	Mad Science	1
DAY	DATE	TIME
Mon-Fri	4/2-4/6	9:00am-12:00pm

4-11 YRS

Camp Awesome: Spring Break

Enjoy Spring Break at Camp Awesome doing arts and crafts, sports and games, hikes and a ton of Awesome fun. Games2U will be coming on Monday and Friday and a performer will be putting on a show on Wednesday! Snack will be provided, wear sporty clothing, bring a water bottle, lunch and be ready for fun! Campers will be divided into groups based on age. Early Care and Afternoon Care available!

LOCATION: Jennifer Russell Building

PROGRAM	TIME	FEE
Camp Awesome (per day)	9:00-2:00pm	\$40 (1 day)
Early Care (per day)	7:30-9:00am	\$10 (1 day)
Afternoon Care (per day)	2:00-5:00pm	\$25 (1 day)

DAYS	DATE	INSTRUCTOR
M-F	4/2-4/6	Lafayette Staff



AFTER SCHOOL PROGRAMS

K-5TH GRADES

FUNKMODE Hip Hop and Breakdance **L** **C**

Does your child love to dance? Can't sit still when music comes on? Then they are ready for FUNKMODE Hip Hop and Breakdance! Students will build their confidence while learning various Hip Hop dance styles in a positive, encouraging atmosphere. We have developed a unique curriculum to ensure they will learn musicality, choreography and performance skills each week, while using their own creativity and personal expression. This empowering dance style is great for girls and boys because Hip Hop is for everyone! (Show day on last day of class.)

LOCATION: Lafayette Elementary, Room 23A

FEE	INSTRUCTOR	NO. WKS.
\$134	FUNKMODE Crew	7
DAY	DATE	TIME
Fri	4/20-6/1	2:45pm-3:45pm

LOCATION: Cedar Room

FEE	INSTRUCTOR	NO. WKS.
\$134	FUNKMODE Crew	7
DAY	DATE	TIME
Wed	4/18-5/30	3:15pm-4:15pm

6-11 YRS

Glee Club **C**

If you love to perform, then take the stage and join Glee Club! In Glee Club, students will learn and rehearse popular songs from all musical genres, sing solos, learn harmonies, and master cool dance routines. Students will work creatively and collaboratively as an ensemble to perform for live audiences at local community events, venues, and competitions. **Performance dates 4/22 & 5/4.**

LOCATION: Toyon Room **B**

FEE	INSTRUCTOR	NO. WKS.
\$214	Myeve Capozzi Vocal Training	8
DAY	DATE	TIME
Thu	4/12-5/31	3:15pm-4:15pm

B Bus from Burton Valley available at a rate of \$3 per ride.

6-10 YRS

Yoga for Kids! **L**

Fun and engaging classes explore yoga poses, creative songs, cooperative games, breathing and relaxation exercises. Development of self-expression and body-awareness will also be taught in a non-competitive, fun atmosphere. Students will develop strength, flexibility, memory, concentration and confidence! For more info or to contact instructor go to jennamarynyoga.com **Skip 4/24, 5/1**

LOCATION: Lafayette Elementary

FEE	INSTRUCTOR	NO. WKS.
\$154	Jenna Mitchell	7
DAY	DATE	TIME
Tue	4/10-6/5	2:45pm-3:45pm

6-10 YRS

YoGo4Kids—Yoga for the Body, Mind & Heart **C**

Classes include a heart-centered theme, yoga sequences, a spirited fitness routine to music, breath-work, cooperative games and a time for rest and relaxation. Yoga mats will be provided.

LOCATION: Sequoia Room

FEE	INSTRUCTOR	NO. WKS.
\$179	Maddy Smith	9
DAY	DATE	TIME
Wed	4/11-6/6	3:30pm-4:30pm

6-11 YRS

Wacky Wonders **S**

Looking at ways that our brain is tricked and the science that explains the mysteries behind our entertainment—from toys to special FX, optical illusions and magic, prepare to be confused and enlightened Help us use science to solve the mystery of chemistry! With hands on activities we will explore mysterious mixtures and surprising solutions. We will learn about the science of our taste buds and get interactive experience with sensory tests! As we discover the science around us, you will take something home with you after every class to help you continue your investigations at home! **Skip 5/28**

LOCATION: Springhill Elementary

FEE	INSTRUCTOR	NO. WKS.
\$183	Mad Science	7
DAY	DATE	TIME
Mon	4/16-6/4	2:45pm-3:45pm

S Springhill Elementary **L** Lafayette Elementary **C** Community Center (Burton Valley)

8-13 YRS

LEGO® Robotics with EV3 **S**

Experience the cutting edge of technology with the introduction of LEGO Mindstorms EV3 Robotics. Students will be captivated as they incorporate the newest generation of motors, sensors, and software by programming their commands directly into the intelligent brick. Test their capabilities by moving an object with a robotic claw, building a robot that draws, or creating an electric guitar. Combining the versatility of the LEGO building system with the most advanced technology LEGO has ever developed, unleash the creative powers of the new LEGO MINDSTORMS EV3 set to create and command robots that walk, talk, think and do anything you can imagine!

LOCATION: Springhill Elementary

FEE	INSTRUCTOR	NO. WKS.
\$169	Bricks 4 Kidz	7
DAY	DATE	TIME
Tue	4/17-5/29	2:45pm-4:00pm

6-11 YRS

Ticket To Ride with LEGO® **L**

Delve into the history and mechanics of favorite amusement park rides as students will construct various popular rides with LEGO® bricks. Lessons incorporate principles of physics and engineering, described in a way children can understand, such as “G-force” inertia and momentum, as well as math concepts such as “there are 360 degrees in a circle”. These engaging lessons will give students an understanding of the physical forces they experience every day all while reinforcing the S.T.E.M. and CORE concepts. *Skip 5/28*

LOCATION: Lafayette Elementary

FEE	INSTRUCTOR	NO. WKS.
\$149	Bricks 4 Kidz	7
DAY	DATE	TIME
Mon	4/16-6/4	2:45pm-3:45pm



5-12 YRS

Minecraft Island **L**

Challenge Island’s Minecraft class turns the digital world of Minecraft into real world, creative fun for kids. Tribes build their own shelters, tools, and crafting tables. They tackle creepers, zombies and other mobs, and design their very own mine trains. This incredible program is sure to sell out fast, so secure your child’s spot today! This is not a computer based class. *Skip 5/28*

LOCATION: Lafayette Elementary

FEE	INSTRUCTOR	NO. WKS.
\$124	Challenge Island	7
DAY	DATE	TIME
Mon	4/16-6/4	2:45pm-3:45pm



6-11 YRS

Chess Challenge! **C** **L**

Chess is fun and can be learned quickly and easily! Studies have found that chess helps improve test results in reading, science and math and produces growth in critical cognitive skills. Beyond academia, chess influences social behavior including self esteem, respect for others, patience and good sportsmanship. And did we mention that it’s FUN! *Skip 5/28*

LOCATION: Cedar Room **B**

FEE	INSTRUCTOR	NO. WKS.
\$137	Berkeley Chess School	7
DAY	DATE	TIME
Mon	4/16-6/4	3:15pm-4:15pm

LOCATION: Lafayette Elementary, Science Room

FEE	INSTRUCTOR	NO. WKS.
\$156	Berkeley Chess School	8
DAY	DATE	TIME
Thu	4/19-6/7	2:45pm-3:45pm

B Bus from Burton Valley available at a rate of \$3 per ride.

S Springhill Elementary	L Lafayette Elementary	C Community Center (Burton Valley)
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6-12 YRS

ALOHA Mind Math **L C**

This STEM program will present math in a hands-on, engaging and fun environment! Your child will learn to do math on the abacus plus practice mental math techniques. Watch your child develop confidence and agility with math. This class will broaden your child's understanding of math as they realize they can be math rock stars. Abacus and workbook included.

LOCATION: Lafayette Elementary

FEE	INSTRUCTOR	NO. WKS.
\$220	Hali Hausmann	8
DAY	DATE	TIME
Tue	4/17-6/5	2:45pm-3:45pm

LOCATION: Cedar Room

FEE	INSTRUCTOR	NO. WKS.
\$220	Hali Hausmann	8
DAY	DATE	TIME
Fri	4/13-6/1	3:15pm-4:15pm

6-12 YRS

Chess Academy for Kids! **S**

This class is a great opportunity for kids to learn how to overcome obstacles, think strategically, and stay focused. Lessons, include easy-to-follow instructions, tournament games when kids play against each other, as well as video presentation and puzzles. All necessary equipment (boards, pieces, clocks, demo tools) are provided.

LOCATION: Springhill Elementary

FEE	INSTRUCTOR	NO. WKS.
\$124	Pacific Chess Academy	7
DAY	DATE	TIME
Thu	4/19-5/31	2:45pm-3:45pm



6-12 YRS

Fun with Robotic Programming—Zoom, Zoom **C**

Have fun learning how to program a robotic ball! Write code to make it move, spin, change colors, and find its way out of a maze. Students will learn the fundamentals of computer programming and will see how the commands that they issue directly control the robotic ball. All necessary equipment will be provided for use during class. Great for beginners or continuing students. No prerequisites required. The main goals of the class are to give students a fun experience, while increasing their exposure to STEM (Science, Technology, Engineering, Math), the scientific method, planning, prioritization, time management, completing projects from start to finish, and organization. Students will gain an appreciation for how software and hardware work together. They will learn how to break down and analyze problems as they debug their code.

LOCATION: Arts and Crafts Room

FEE	INSTRUCTOR	NO. WKS.
\$179	Fun With Academics	5
DAY	DATE	TIME
Mon	4/16-5/14	3:15pm-4:15pm

6-11.5 YRS

Cartooning 101 **C**

Anyone can do this class—if you have a pencil and an imagination! This class will help develop your drawing skills & creativity. Design an original cartoon character. Understand the creative process and development of a cartoon from brainstorming. Create a comic book. Learn about; bird's eye view, gag punch lines, props: a flying hamburger, speech bubbles & thumb nail sketches. **\$10 material fee paid to instructor.**

LOCATION: Arts and Crafts Room

FEE	INSTRUCTOR	NO. WKS.
\$173	Jamie Aberegg	8
DAY	DATE	TIME
Tue	4/17-6/5	3:15pm-4:15pm

S

Springhill
Elementary

L

Lafayette
Elementary

C

Community Center
(Burton Valley)

7-11 YRS

Indoor Multi-Sport S

Play sports inside this spring with Mutli-Sport! No sports experience needed! Just be ready to learn and get moving! Lafayette Rec's Awesome Coaches will lead a variety of sports with different variations all the time to keep it fun and interesting! Come play sports like basketball, soccer, floor hockey, flag football, ultimate frisbee, kickball, dodgeball, and more!

LOCATION: Springhill Elementary, MPR

FEE	INSTRUCTOR	NO. WKS.
\$84	Lafayette Staff	7
DAY	DATE	TIME
Wed	4/18-5/30	1:45pm-2:30pm



8-12 YRS

Make Me A Pro Basketball C

This is a class is lots of fun and will teach the basic techniques of the great game of basketball. Learn techniques of passing and dribbling, and shooting through fun games and drills. This class will be a blast! Please bring water.

LOCATION: Rink B

FEE	INSTRUCTOR	NO. WKS.
\$99	Make Me A Pro Sports	6
DAY	DATE	TIME
Thu	4/19-5/24	3:15pm-4:00pm

See page 14 for Make Me A Pro Basketball, ages 5-7 YRS

6-11 YRS

Broadway Bound C

Defy Gravity, Seize The Day, and join us for a Musical Theatre adventure! Students will learn the fundamentals of voice, dance, and acting technique while creating mini versions of Broadway Musicals. Students will work together as an ensemble to learn music, choreography, simple lines, and prepare fun costumes. Broadway Bound students will perform in a showcase at the end of the session. Don't Throw Away Your Shot!

LOCATION: Toyon Room

FEE	INSTRUCTOR	NO. WKS.
\$214	Myeve Capozzi Vocal Training	8
DAY	DATE	TIME
Thu	4/12-5/31	4:15pm-5:15pm



After School Programs at 3 Locations

This year Lafayette Recreation will be offering onsite after school programs at Lafayette Elementary and Springhill. We will also be offering after school programs (ASP) for everyone at the Lafayette Community Center.

Bus from Burton Valley

Burton Valley students also have the option to take the Lamorinda School Bus (Route 25 and 28) from Burton Valley to the new stop at the Lafayette Community Center!

Upon arrival at the center, students will be picked up by City staff and escorted to their ASP class. *If you already have an annual bus pass you may use your pass or you can add a Burton ASP Bus Pass to your purchase when you sign up for your ASP class. ASP Bus Passes are good for everyday of the class you sign up for and average \$3 a ride. Annual Bus Passes can be purchased at www.LamorindaSchoolbus.org

B **Bus from Burton Valley available at a rate of \$3 per ride.**

S

Springhill Elementary

L

Lafayette Elementary

C

Community Center (Burton Valley)

TENNIS

4-5 YRS

Beginning Pee Wee Tennis

This class is for beginners or students that are continuing on with lessons. Introduction to basic groundstroke, volley and serve technique. Fun games, drills and live ball rallying are part of this class. *Skip 5/26 & 5/28*

LOCATION: Lafayette Tennis Club 3125 Camino Diablo Road, Lafayette

FEE	INSTRUCTOR	NO. WKS.
\$69	Lafayette Tennis Club	8
DAY	DATE	TIME
Sat	4/14-6/9	9:00am-9:30am
Wed	4/18-6/6	3:00pm-3:30pm
FEE	INSTRUCTOR	NO. WKS.
\$60	Lafayette Tennis Club	7
DAY	DATE	TIME
Mon	4/16-6/4	3:00pm-3:30pm



6-9 YRS

Beginning Junior Tennis

This class is for beginners or students that are continuing on with lessons. Introduction to basic groundstroke, volley and serve technique. Fun games, drills and live ball rallying are part of this class. *Skip 5/26 & 5/28*

LOCATION: Lafayette Tennis Club 3125 Camino Diablo Road, Lafayette

FEE	INSTRUCTOR	NO. WKS.
\$134	Lafayette Tennis Club	8
DAY	DATE	TIME
Sat	4/14-6/9	9:30am-10:30am
Wed	4/18-6/6	3:30pm-4:30pm
FEE	INSTRUCTOR	NO. WKS.
\$117	Lafayette Tennis Club	7
DAY	DATE	TIME
Mon	4/16-6/4	3:30pm-4:30pm

10-14 YRS

Beginning Youth Tennis

This class is for beginners or students that are continuing on with lessons. Introduction to basic groundstroke, volley and serve technique. Fun games, drills and live ball rallying are part of this class. *Skip 5/26 & 5/28*

LOCATION: Lafayette Tennis Club 3125 Camino Diablo Road, Lafayette

FEE	INSTRUCTOR	NO. WKS.
\$117	Lafayette Tennis Club	7
DAY	DATE	TIME
Mon	4/16-6/4	4:30pm-5:30pm
FEE	INSTRUCTOR	NO. WKS.
\$134	Lafayette Tennis Club	8
DAY	DATE	TIME
Sat	4/14-6/9	10:30am-11:30am
Wed	4/18-6/6	4:30pm-5:30pm

18 & UP

Beginning Adult Tennis

This class is for beginners or students that are continuing on with lessons. Introduction to basic groundstroke, volley and serve technique. Fun games, drills and live ball rallying are part of this class. *Skip 5/28*

LOCATION: Lafayette Tennis Club 3125 Camino Diablo Road, Lafayette

FEE	INSTRUCTOR	NO. WKS.
\$117	Lafayette Tennis Club	7
DAY	DATE	TIME
Mon	4/16-6/4	6:30pm-7:30pm
FEE	INSTRUCTOR	NO. WKS.
\$134	Lafayette Tennis Club	8
DAY	DATE	TIME
Wed	4/18-6/6	6:30pm-7:30pm

RAINOUTS:

Call Lafayette Tennis Club at 925-937-2585; the hotline is updated at 8am and 2pm daily. All rainouts will be made up the following week(s) after the end of the session on the same day.



FITNESS

55 YRS & UP

Seniorcise

Exercise your body and your mind. It's an effective combination of low-impact exercise, weight training and stretching. Each one-hour session is designed to increase strength, cardiovascular endurance, flexibility and balance. ALL fitness levels are welcome! Bring a mat, a pair of 2-3 lb hand weights and come exercise with GREAT people to the BEST music from the Big Band era through the 60's!" *Skip 5/28*

LOCATION: Live Oak

FEE	INSTRUCTOR	NO. WKS.
\$49	Susan Funkhouser	9
DAY	DATE	TIME
Mon	4/2-6/4	10:30am-11:30am

FEE	INSTRUCTOR	NO. WKS.
\$54	Susan Funkhouser	10
DAY	DATE	TIME
Tue	4/3-6/5	10:30am-11:30am
Wed	4/4-6/6	10:30am-11:30am
Thu	4/5-6/7	10:30am-11:30am

18 YRS & UP

Jazzercise



Jazzercise is a pulse-pounding, bass-dropping fitness program that gets results...fast. It's a calorie-torching, hip-swinging dance party workout with a hot playlist to distract from the burn. Customers can incinerate up to 800 calories in a 60-minute class. Workout includes warm up, cardio, muscle toning, strength training with weights and stretching. Wear aerobic shoes and bring a mat. www.jazzercise.com. *On-going. Sign-up anytime. Register at class.*

LOCATION: Live Oak Room

CONTACTS: Nancy G. 937-6768 | Cyndi B. 528-9836

FEE	EFT FEE
\$15 Walk-in	\$50/mo EFT Unlimited Pass*
Weekend rate/class pass available.	
*EFT=Electronic Fund Transfer, month-to-month payment plan	

DAY	TIME	INSTRUCTOR
M/W/F	6:00am	Nancy G
Tu/Th	9:10am	Nancy G
M/W/F	9:10am	Nancy G*
M/W	5:45pm	Cyndi B
T/Th	6:00pm	Cyndi B
Sa	9:00am	Nancy G
Su	9:00am	Cyndi B

*Jazzercise Lo = Dance mix, no jump.

MIND & BODY

18 YRS & UP

Meditation

Calm your mind and body with meditation methods that can be learned and repeated at home. Bringing together ancient meditation techniques and modern scientific research, I will help you understand your body and work towards tranquility, stress relief, and renewed energy.

LOCATION: Toyon Room

FEE	INSTRUCTOR	NO. WKS.
\$124	Mojgan Kaviani	4
DAY	DATE	TIME
Thu	4/12-5/3	9:30am-10:30am
Thu	5/10-5/31	9:30am-10:30am



18 YRS & UP

Tong Ren Qi Gong

Ancient exercise meets neurosciences. A 21st century perspective on a 2,500 years old Chinese energy practice. Easy to learn. Does not take much time to practice every day. Helpful with stress and various chronic conditions.

LOCATION: Cedar Room

FEE	INSTRUCTOR	NO. WKS.
\$54	Henry Yu	10
DAY	DATE	TIME
Mon	4/2-6/4	7:00pm-8:30pm

YOGA

T 16 YRS & UP

Yoga with Silloo

This Yoga class teaches a mix of exercises (asanas) for strengthening, stretching and relaxing the body while also focusing on body alignment. You are introduced to the therapeutic aspects of Yoga, to breathing techniques and meditation. Each class ends with relaxation. It's a friendly, gentle atmosphere. Silloo has trained with the internationally renowned B.K.S. Iyengar for 8 years and has taught Yoga for many years. Printed handouts are available. Bring a blanket. You may try one class for free. All levels are welcome. *Skip 5/28*

LOCATION: Sequoia Room

FEE	INSTRUCTOR	NO. WKS.
\$116	Silloo Tarapore	8
DAY	DATE	TIME
Mon	4/9-6/4	9:15am-10:30am

LOCATION: Toyon Room

FEE	INSTRUCTOR	NO. WKS.
\$130	Silloo Tarapore	9
DAY	DATE	TIME
Thu	4/12-6/7	6:00pm-7:15pm

18 YRS & UP

Yoga Workout

This class provides a solid foundation of yoga through postures, movement, breathing and relaxation. Appropriate for beginners or those with yoga experience. Bring a blanket. 2 Skip dates will be announced by instructor.

LOCATION: Toyon Room

FEE	INSTRUCTOR	NO. WKS.
\$144	Elisabeth McIntyre	10
DAY	DATE	TIME
Tue	4/3-6/5	6:00pm-7:15pm

18 YRS & UP

Intro to Yoga

If you have been thinking about trying yoga or have very little experience this is the class for you! Introduces basic yoga postures, breathing and yoga philosophy. Improve flexibility, reduces stress, and build energy. Bring a yoga mat and thick blanket. *Skip 5/27*

LOCATION: Sequoia Room

FEE	INSTRUCTOR	NO. WKS.
\$147	Kendra Barron	9
DAY	DATE	TIME
Sun	4/8-6/10	10:30am-11:45am

18 YRS & UP

Yoga—Beginning/Advanced Beginning

This class is for those with some yoga experience or athletic beginners. Deepen your experience of basic postures, learn more challenging postures, posture flow and breathing practices. Please bring a yoga mat and thick blanket. *Skip 5/8 & 5/11*

LOCATION: Sequoia Room

FEE	INSTRUCTOR	NO. WKS.
\$134	Nancy Anderson	10
DAY	DATE	TIME
Tue	4/3-6/12	10:00am-11:15am

FEE	INSTRUCTOR	NO. WKS.
\$121	Nancy Anderson	9
DAY	DATE	TIME
Fri	4/6-6/8	9:15am-10:30am



T 16 YRS & UP

Hatha Yoga

This class emphasizes principles that are essential for a safe, well-rounded lifelong yoga practice. Importance is placed on teaching students to open and strengthen their bodies while at the same time bring awareness to the mind, body, breath relationship. Appropriate for both beginners and those with yoga experience. Please bring a yoga mat and a yoga blanket. *Skip 5/8 & 5/9*

LOCATION: Sequoia Room

FEE	INSTRUCTOR	NO. WKS.
\$128	Nancy Anderson	9
DAY	DATE	TIME
Tue	4/3-6/5	7:15pm-8:30pm
Wed	4/4-6/6	9:15am-10:30am

T Classes are appropriate for teens

ARTS & CRAFTS

18 YRS & UP

Landscape & Portraiture Painting

Class is designed to expand your creativity and art education while having fun. Learn to create strong design and attain accurate color, values and representation through demonstrations and individual instruction. www.westernpainter.com Beginners welcome. **New students may attend first class for free.**

LOCATION: Arts and Crafts Room

FEE	INSTRUCTOR	NO. WKS.
\$104	Gary Bergren	5
DAY	DATE	TIME
Tue	4/10-5/8	10:00am-12:30pm

FEE	INSTRUCTOR	NO. WKS.
\$84	Gary Bergren	4
DAY	DATE	TIME
Tue	5/15-6/5	10:00am-12:30pm

18 YRS & UP

Painting Workshop

A basic multi-level painting class. Topics include color theory, composition, brush and palette knife techniques, creating atmospheric and textural effects, developing style, use of painting mediums and various other painting applications and techniques. Students may work in any style from abstract to realism and in any paint medium such as acrylic, alkyd, oil or watercolor.

LOCATION: Arts and Crafts Room

FEE	INSTRUCTOR	NO. WKS.
\$88	Mark Jezierny	4
DAY	DATE	TIME
Thu	4/12-5/3	9:30am-12:30pm

FEE	INSTRUCTOR	NO. WKS.
\$109	Mark Jezierny	5
DAY	DATE	TIME
Thu	5/10-6/7	9:30am-12:30pm



T 17 & UP

Mixed Media Workshop

Join me as I show you how to start creating your own Mixed Media Accordion Journal. I'll share a technique at each class. You will be inspired to create and have fun doing it! This can be an art journal, memory book or just an art piece to boost your creativity. Beginning & practicing artists alike are welcome. Collage, pencils, pastels and watercolors. Your photos and small mementos are encouraged. There is a small supply list. Come join in the fun!

LOCATION: Arts and Crafts Room

FEE	INSTRUCTOR	NO. WKS.
\$148	Jamie Aberegg	4
DAY	DATE	TIME
Wed	4/11-5/2	1:30pm-3:30pm

FEE	INSTRUCTOR	NO. WKS.
\$184	Jamie Aberegg	5
DAY	DATE	TIME
Wed	5/9-6/6	1:30pm-3:30pm

18 YRS & UP

Visual Art Journaling

What better way to start off a morning by creating! Unlock your creative intuition! I believe that imagination & dreams can transform your perspective & make your life better! There is something even more profound in creating and writing words of inspiration in your own personal art journal. You will create a new page every class, and I will teach you new techniques to expand your art skills to carry into your future journals. This class can be very addictive in a good way! There is a supply list. You must have a journal in which you are currently working. I can give you recommendations on what and where to buy. Come create.

LOCATION: Arts and Crafts Room

FEE	INSTRUCTOR	NO. WKS.
\$166	Jamie Aberegg	5
DAY	DATE	TIME
Wed	4/11-5/9	9:45am-12:30pm

T 17 YRS & UP

Pre-Summer Journal Jam

Great way to prep your Summer Journal. This 4 week mini class will be to prep, create a new mini, or finish up existing journals. It is a great way to also test the waters. Will receive a 6-panel watercolor accordion journal. Lets get creative!

LOCATION: Arts and Crafts Room

FEE	INSTRUCTOR	NO. WKS.
\$132	Jamie Aberegg	4
DAY	DATE	TIME
Wed	5/16-6/6	9:45am-12:30pm

COOKING

18 YRS & UP

Vietnamese Cooking

Vietnamese cuisine has a right East meets West combination of subtle tastes and flavors. Let's explore what makes Vietnamese cuisine so popular. Learn to use fresh herbs, such as Vietnamese mint-Rau Ram, basil-Rau Que, Ngo Gai and simple techniques in preparing popular Vietnamese dishes, such as lemongrass chicken, clay pot, fresh spring rolls, green mango salad, and more. Bring your sharp chef's knife, cutting board, hand towel, and beverage. \$12 supply fee.

LOCATION: Kitchen

FEE	INSTRUCTOR	NO. WKS.
\$54	Chat Mingkwan	1
DAY	DATE	TIME
Tue	4/17	6:30pm-9:30pm

18 YRS & UP

Indonesian Cooking

The cooking of the "Spice Islands" fills with aromatic flavors and fresh tropical fruits, herbs and vegetables. Join us in cooking popular Indonesian dishes for our dinner. Learn to use Indonesian herbs and spices and preparing authentic dishes with unique techniques, such as assorted satay, gado gado with peanut dressing, Indonesian curry, Nasi Goreng (Fried Rice) and fresh tropical fruit salad. Bring your shape chef's knife or cleaver, cutting board, hand towel, apron, and beverage. \$12 supply fee.

LOCATION: Kitchen

FEE	INSTRUCTOR	NO. WKS.
\$54	Chat Mingkwan	1
DAY	DATE	TIME
Mon	4/30	6:30pm-9:30pm

18 YRS & UP

Asian Vegetarian Cooking

Using his new cookbook, *Asian Fusion*, Chat invites you to join his quest for healthy eating. We'll modify popular Asian dishes, from China, India, Japan, Thailand, Vietnam, etc., into light meals and maintain the soul that makes Asian cuisine so uniquely popular. We will make dishes healthier using only vegetable base products and use different Asian seasonings and herbs. Dishes can be made in big batches that last for several meals. Bring your sharp chef's knife or cleaver, cutting board, hand towel, and beverage. \$12 supply fee.

LOCATION: Kitchen

FEE	INSTRUCTOR	NO. WKS.
\$54	Chat Mingkwan	1
DAY	DATE	TIME
Mon	5/7	6:30pm-9:30pm

18 YRS & UP

Burmese Cooking

Myanmar (Burma) has been a mystery for quite sometimes but its cuisine is not that elusive. Burmese cuisine is very unique with its own characteristics that stir interests in the US culinary scene. Learn to cook popular Burmese dishes in this hands-on class and prepare delicious dishes, such as laphet salad, hot and sour fish soup, curried noodles, pea fritters, etc. Bring your sharp chef's knife, cutting board, hand towel, apron, and beverage. \$12 supply fee.

LOCATION: Kitchen

FEE	INSTRUCTOR	NO. WKS.
\$54	Chat Mingkwan	1
DAY	DATE	TIME
Thu	5/24	6:30pm-9:30pm

18 YRS & UP

Healthy Stir-fries

Chinese invented wok and stir fry cooking technique and all Asian Cuisines adapted and modified this technique to call their own. Stir-frying is a fresh, quick, and easy food preparation using the healthiest ingredients, taking little time to cook, and employing simplest technique. Let's make delicious and popular Asian stir-fried dishes from Chinese, Japanese, Thai, Vietnamese cuisines etc. and make them healthier and personalized by adding our own twists, such as Broccoli and Beef. Please bring your sharp chef's knife, cutting board, hand towel, apron, and your own beverage. \$12 supply fee.

LOCATION: Kitchen

FEE	INSTRUCTOR	NO. WKS.
\$54	Chat Mingkwan	1
DAY	DATE	TIME
Thu	6/5	6:30pm-9:30pm

MUSIC

18 YRS & UP

Beginning Ukulele

Just that...the basics of playing the ukulele. Have fun getting started and enjoy playing various songs. Focus is on learning notes, chords, strumming and transitions. \$20 supply fee paid to instructor at first class.

LOCATION: Elderberry Room

FEE	INSTRUCTOR	NO. WKS.
\$90	Glenn Staller	6
LEVEL	DAY	TIME
Sat	4/7-5/12	1:30pm-2:15pm

GENERAL ENRICHMENT

ALL AGES – PUPPIES 3-9 MONTHS

Dog Obedience—Beginning

Basic obedience instruction for puppy owners and their puppies. Puppies will learn sit, down, come, stay, stand and heel. Solutions for puppy behavior problems including jumping, biting, etc. Bring proof of vaccinations to 1st class. Equipment required: 6 foot leather leash, martingale collar. Attendance is mandatory at the first week of class. **No dogs at first class. Children must be accompanied by a parent. No dogs older than 9 months! Skip 5/9**

LOCATION: Jennifer Russell Building

FEE	INSTRUCTOR	NO. WKS.
\$194	Barb Peppin	8
DAY	DATE	TIME
Wed	4/11-6/6	6:30pm-7:30pm



T 16 YRS & UP

Dog Obedience—Intermediate

Intermediate Dog Obedience Prereq: Completion of Beg. Obedience. Develop skills to pass the AKC Canine Good Citizen Class. Introduction to Agility. **Skip 5/9**

LOCATION: Jennifer Russell Building

FEE	INSTRUCTOR	NO. WKS.
\$189	Barb Peppin	8
DAY	DATE	TIME
Wed	4/11-6/6	7:45pm-9:00pm

T 16 YRS & UP

Dog Obedience—Advanced

Prereq: Instructor Permission. Develop skills to compete in AKC obedience trials. **Skip 5/10**

LOCATION: Jennifer Russell Building

FEE	INSTRUCTOR	NO. WKS.
\$109	Barb Peppin	8
DAY	DATE	TIME
Thu	4/12-6/7	8:30am-9:30am

18 YRS & UP

Bagua for Better Balance

Bagua (or PaKua), based on the principles of the I Ching, combines taichi with the Taoist spiritual practice of “Circle Walking.” Bagua improves balance, posture, ambidexterity and focuses the mind, body and spirit. Bagua is characterized by changing directions while holding various upper body static postures, performed in a smooth, flowing manner.

LOCATION: Toyon Room

FEE	INSTRUCTOR	NO. WKS.
\$76	Ralf Somack	9
DAY	DATE	TIME
Wed	4/11-6/6	7:30pm-8:30pm

18 YRS & UP

Bridge—Defensive Signals

4 week workshop with hands for practice.

How to tell your partner:

- You like/dislike the suit choice OR
- How many cards you hold in a suit lead by the opponents
- Which suit to switch to!

Skip 5/28

LOCATION: Sequoia Room

FEE	INSTRUCTOR	NO. WKS.
\$44	Carol Griffin	4
DAY	DATE	TIME
Mon	5/7-6/4	1:00pm-3:00pm

18 YRS & UP

Bridge—Diamond Supervised Play

SUPERVISED PLAY is designed to provide reinforcement of one’s bridge skills that were introduced in the diamond series/play of the hand. Each week, 8 predealt hands are played while Carol is available for advice (help) on bidding, declarer’s plan, or defensive strategy. Time permitting, there will also be randomly dealt hands for further exploration and fun. All hands will be discussed. **Skip 5/28**

LOCATION: Sequoia Room

FEE	INSTRUCTOR	NO. WKS.
\$44	Carol Griffin	4
DAY	DATE	TIME
Mon	5/7-6/4	3:15pm-5:15pm

T Classes are appropriate for teens

GENERAL ENRICHMENT

18 & UP

Double, the Most Versatile Bid in Bridge

This class is designed for advancing players who have mastered the basics from the Club Series/Bidding. Each week will present a lecture, followed by many quiz hands to reinforce the concepts. Pre-dealt hands conclude the class, which again reinforce the concepts presented, while Grant and Greg supervise. Topics include: The finer points of takeout doubles and their responses, when to double, when NOT to double, Negative/responsive doubles, Reopening/trap pass, Support doubles and redoubles, Lightner and lead-directing doubles, Snapdragon, maximal, card showing, and DSI doubles, Business and SOS redoubles

LOCATION: Cedar Room

FEE	INSTRUCTOR	NO. WKS.
\$104	Grant Vance	8
DAY	DATE	TIME
Wed	4/4-5/23	7:00pm-9:00pm

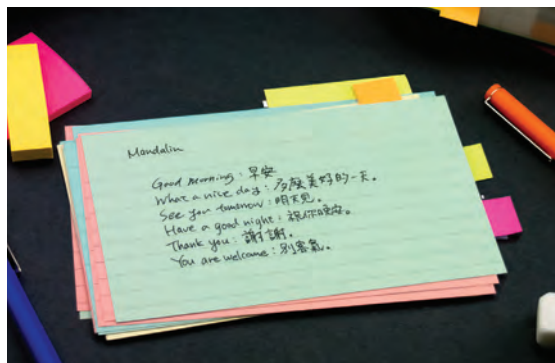
18 & UP

Signals, How to ‘Show’ Partner Your Hand

This class is designed for advancing players who have mastered the basics from the Heart Series/defense. Each week will present a lecture, followed by many quiz hands to reinforce the concepts. Pre-dealt hands conclude the class, which again reinforce the concepts presented, while Grant and Greg supervise. Topics include: Attitude Signals, Count Signals, Suit Preference Signals; when and How to Use the above. Standard vs. Upside-Down, Odd-even, Lavinthal Discards, Smith Echo against NT, Trump Echo against Suit Contracts

LOCATION: Cedar Room

FEE	INSTRUCTOR	NO. WKS.
\$104	Grant Vance	8
DAY	DATE	TIME
Wed	4/4-5/23	4:30pm-6:30pm



18 & UP

Mandarin—Conversational Chinese

To teach conversational Chinese and enable students to start learning Mandarin Chinese. Through conversation, games, cultural introduction, students learn phonic skill, greetings, numbers, family member titles, date/time, basic grammar and character writing knowledge. Knowledge learned in the class can be easily applied to travel, business, academic needs or personal interest. **\$10 supply fee payable to instructor on first day of class. Skip 5/28**

LOCATION: Cedar Room

FEE	INSTRUCTOR	NO. WKS.	
\$184	Walnut Creek Chinese School	9	
LEVEL	DAY	DATE	TIME
I	Mon	4/2-6/4	12:00pm-1:15pm
II	Mon	4/2-6/4	9:00am-10:15am
III	Mon	4/2-6/4	10:30am-11:45am

DANCE

18 & UP

Line Dancing

Learn new and traditional line dances in a comfortable, welcoming, fun filled class. Line dancing isn't just country western anymore. It's also a rich blend of other music and dance styles including latin, popular and swing. Enjoyable exercised that will free the dancer in you. No partners needed. Beginners and intermediates welcome. No perfume or fragrances please.

LOCATION: Live Oak Room

FEE	INSTRUCTOR	NO. WKS.	
\$32	John Trentacosti	4	
LEVEL	DAY	DATE	TIME
Mixed Level	Mon	4/2-4/23	12:30pm-1:30pm
Intermediate	Mon	4/2-4/23	1:30pm-3:00pm
Mixed Level	Tue	4/3-4/24	7:30pm-9:00pm
Mixed Level	Mon	4/30-5/21	12:30pm-1:30pm
Intermediate	Mon	4/30-5/21	1:30pm-3:00pm
Mixed Level	Tue	5/1-5/22	7:30pm-9:00pm

Lafayette Recreational Trails

Lafayette-Moraga Regional Trail

This 7.65-mile trail parallels St. Mary's Road through Lafayette and Moraga along a historic railroad route. It accommodates hiking, bicycling, and equestrian use. There are opportunities for restroom stops at the Lafayette Community Center and Park. Please call 1-888-EBPARKS (1-888-327-2757) or visit www.ebparks.org for more information.

City of Lafayette Neighborhood Trails

Neighborhood trails provide connections to regional trails and other recreational facilities or make loops within a neighborhood. Maps and detailed descriptions of the trails are available at the Lafayette Parks, Trails & Rec. Office at 500 St. Mary's Road or at www.ci.lafayette.ca.us.

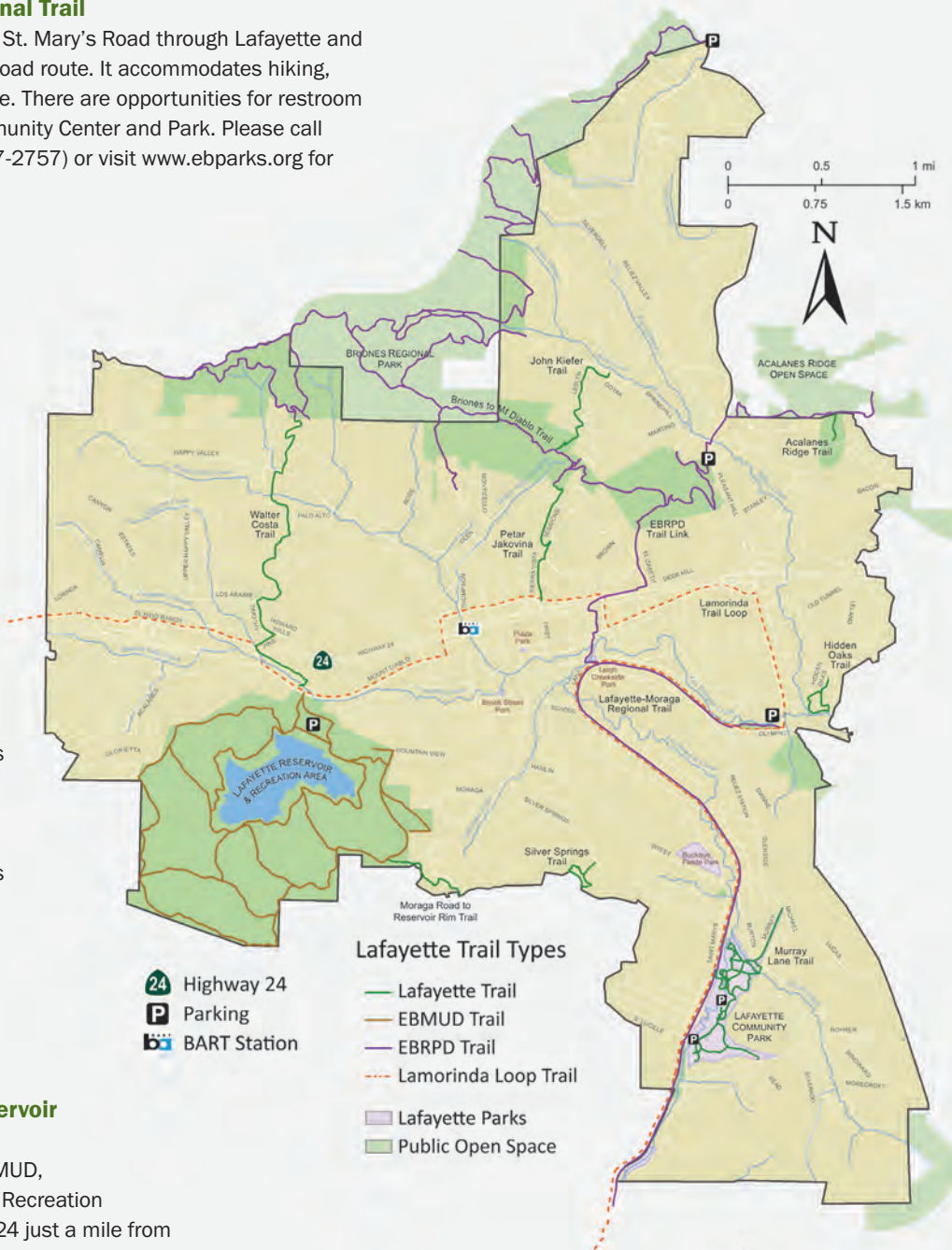
- Walter Costa Trail 2.2 miles
- Springhill Valley Trail 0.75 miles
- Hidden Oaks Trail 0.5 miles
- Murray Lane Trail 0.3 miles
- Petar Jakovina Trail 1 mile
- John Kiefer Trail 0.78 miles
- Moraga Rd. to Reservoir Rim Trail 0.5 miles

Lafayette Community Park Trails

3 miles of multi-use trails.

EBMUD's Lafayette Reservoir and Recreation Area

Owned and operated by EB MUD, the Lafayette Reservoir and Recreation area is located off Highway 24 just a mile from Lafayette BART. This all-year, day-use area is ideal for hiking, jogging, fishing, boating and picnicking. Hikers will love the 2.8-mile paved Shore Trail that completely encircles the Reservoir. The Rim Trail is a more challenging 4.3-mile dirt trail that traverses the ridge tops surrounding the Reservoir. Please call 284-9669 or go to www.ebmud.com for more information.



PROGRAMS & SERVICES

How to Pay Your Membership Fee and Register for Classes

Membership: \$15/ person per calendar year (January 1–December 31, 2018)

Members of Lafayette Senior Services pay no fee, or the discounted fee, for most programs and services listed below. Additionally, the quarterly Activity Guide is mailed to each member. Your membership pays for itself after just 1 1/2 classes!

You may pay for your membership and register for classes using any one of the methods below. Accepted credit cards are Visa, MasterCard, Discover and American Express.

- **Online 24/7:** www.LafayetteRec.org
- **Phone:** 925/284-5050 Monday–Friday, 9:00am–5:00pm. Office closed 12:30-1:15 pm
- **Walk-in:** Lafayette Community Center Main Office, 500 St. Mary’s Rd. Monday–Friday, 9:00am–5:00pm. Office closed 12:30-1:15pm
- **Mail-in:** Print out a membership form: go to the City of Lafayette website www.LoveLafayette.org and click on the Senior Services tab, then Senior Services Membership. Make checks payable to City of Lafayette and mail to Lafayette Senior Services, 500 St. Mary’s Road, Lafayette, CA 94549.

Apple Basics

Sharon Beck, Owner of Mac-Senior

This ongoing class covers many topics such as Apple IDs, iTunes, iCloud and general iPad and iPhone usage. Topics for upcoming sessions are based on participants’ input and needs. There is always time for Q&A at the end of each class. You may join the class at any time.

LOCATION: Elderberry Room



FEE:	MEMBERS	NON-MEMBERS
	No Charge	\$10 per meeting
DAY	DATES	TIME
1st & 3rd Thu Monthly	4/5, 4/19, 5/3, 5/17, 6/7	10:30am-Noon



‘As the Page Turns’ Book Club

Facilitated by JoAnne Schaarschmidt, Lafayette Library ‘Friends Corner Book Shop’ Volunteer

Looking for a good book to discuss with others? Join this informal group of book lovers and enjoy enrichment, lively discussion, fellowship and refreshments. The group is of mixed gender and everyone gets to participate in the discussions as well as the selection of books. Please contact Lafayette Senior Services for the book title of the month: Seniors@LoveLafayette.org or 284-5050.

LOCATION: Elderberry Room

FEE:	MEMBERS	NON-MEMBERS
	No Charge	\$10 per meeting
DAY	DATES	TIME
3rd Tues Monthly	4/17, 5/15	1:00pm-2:30pm

Anne Randolph Physical Therapy Presentations

Anne Randolph, RPT, has been practicing physical therapy since 1977. She provides outpatient therapy in Lafayette and specializes in the care of those 55 and over.

LOCATION: Cedar Room

FEE:	MEMBERS	NON-MEMBERS
	No Charge	\$10 per meeting

OSTEOPOROSIS/OSTEOPENIA

DAY	DATE	TIME
Wed	4/25	11:30am-12:30pm

What are the risk factors for developing osteoporosis? What are some of the treatment options? Learn how to maintain or possibly increase your bone mass. Get tips on how you can take control and keep your bones in the best shape possible!

STROKES

DAY	DATE	TIME
Wed	5/23	11:30am-12:30pm

The effects of a stroke can be devastating. Learn what causes strokes and how to recognize when one is occurring in order to avoid some of the debilitating effects.

Drop-In Intermediate Mah Jongg

Bring your card and mah jongg set, and join other intermediate-level players every Tuesday afternoon.

LOCATION: Cedar Room

FEE:	MEMBERS	NON-MEMBERS
	No Charge	\$10/meeting
DAY	TIME	
Every Tue	12:30pm-3:30pm	

Discovering Opera: Verdi's *La Traviata*

Presented by Bradford Wade, opera lover for 40 years

La Traviata is the third of the set of three masterpieces that vaulted Giuseppe Verdi to the head of the pack of Italian opera composers. Based on actual events, it tells the story of a young woman who finds her first true love but has to give him up to avoid staining the honor of his family. Lecturer Bradford Wade will give a guided tour of the opera, with a description of the plot interspersed with musical examples. This lecture is given in conjunction with Opera San Jose's production of *La Traviata*, April 14-29, 2018.

LOCATION: Lafayette Library, Arts & Science Room

FEE:	MEMBERS	NON-MEMBERS
	No Charge	\$10
DAY	DATES	TIME
Thu	4/12	1:30pm-3:00pm

Let's Do Lunch!

Discover and explore the various dining experiences Lamorinda has to offer. Relax, enjoy a meal, meet new people, socialize and take part in lively conversation! Space is limited. The restaurants provide separate checks; individuals pay for their own meals. Membership in Lafayette Senior Services is required in order to participate. Contact Lafayette Senior Services for the name of the next restaurant and to make your reservations: Seniors@LoveLafayette.org or 284-5050. This interest group is offered in conjunction with Lamorinda Village www.lamorindavillage.org

LOCATION: Various local restaurants

FEE: Membership in Lafayette Senior Services is required. Individuals pay for their own meals.

DAY	DATES	TIME
1st Tue	4/3 (RSVP by 3/29)	11:30am
Monthly	5/1 (RSVP by 4/26) 6/5 (RSVP by 5/31)	



Reservoir Walking Group

Led by Jim Scala

Here's a walking group that offers camaraderie, fresh air and enjoyable exercise, all in magnificent surroundings. Choose the distance you want to go by joining the group that walks the entire circuit, or the group that goes a shorter distance which avoids the large hills, yet yields sufficient moderate exercise. Increase your balance and fitness—both physical and mental—and leave each week uplifted and radiant with that overall feeling of well-being! To add your name to the email notification list: Seniors@LoveLafayette.org or 284-5050. Bring quarters or credit card for parking meter. Annual senior (62+) passes may be purchased at the Visitor Center at the reservoir. You may join this group at any time.

LOCATION: Reservoir, Center Bench on the Dam

FEE:	MEMBERS	NON-MEMBERS
	No Charge	No Charge
DAY	MEET	TIME
Every Tue/Thu/Sat	9:20am	9:30-11:00am



Cut the Cable Cord (And Possibly Your Cable Bill!)

By Orlando Guzman, Technology Guru with the Lafayette Library

Streaming media services abound, but what are they? How do they work? It's not easy untangling your choices. Let Orlando shed some light on smart TVs and streaming media services, and help you make choices that might decrease or eliminate your cable bill altogether!

LOCATION: Cedar Room at the Lafayette Community Center

FEE:	MEMBERS	NON-MEMBERS
	No Charge	\$10
DAY	DATE	TIME
Thu	5/31	10:30am-Noon



Smart Driver 8-Hour Course

Offered through AARP

Refine your driving skills, develop safe, defensive techniques, and possibly lower your insurance premium. Max: 25 paid registrants. To reserve your spot, send check, made payable to AARP, to Lafayette Senior Services, 500 St. Mary's Rd., Lafayette, CA 94549.

LOCATION: 4/10 Elderberry Room, 4/12 Cedar Room

FEE:	AARP MEMBERS	NON-MEMBERS
	\$15	\$20
DAY	DATE	TIME
Tue/Thu	4/10 & 4/12	9:00am-1:00pm

Contra Costa County Community Warning System—How to Receive Emergency Notifications

Presented by Vincent Martinez, Senior Emergency Planning Coordinator

Contra Costa's Community Warning System (CWS) is an all-hazards integrated system designed to warn and inform residents about an emergency or disaster and the protective action residents need to take to stay safe. Learn about the various methods of notification and how to register to receive them.

LOCATION: Cedar Room

FEE:	MEMBERS	NON-MEMBERS
	No Charge	No Charge
DAY	DATE	TIME
Thu	5/24	10:30am-Noon

Words of Wisdom

Discussion Group Led by Craig Janke

Share your opinions in a freewheeling exchange of ideas from current events to philosophy to the inspirational. There may be agreement or there may be differing opinions—it's all in the spirit of learning, sharing, enrichment and good humor. Our "elder perspective" frequently sounds a lot like wisdom! You may join this group at any time.

LOCATION: Elderberry Room

FEE:	MEMBERS	NON-MEMBERS
	No Charge	\$10 per meeting
DAY	DATES	TIME
3rd Tue	4/17, 5/15	10:30am-Noon
Monthly		

Positive Living Forum ("Happiness Club")

Moderated by Bob Nozik, MD, Prof. Emeritus UCSF, Author of "Happy 4 Life: Here's How to Do It"

Brighten your day and take part in this interactive gathering which features discussions on a wide range of topics that guide participants toward a more ideal and positive life experience. Drop-ins welcome!

LOCATION: Elderberry Room

FEE:	MEMBERS	NON-MEMBERS
	No Charge	\$10 per meeting
DAY	DATE	TIME
2nd Thu	4/12, 5/10	10:30am-Noon
Monthly		

Free Peer Counseling

Contra Costa Health Services offers free one-to-one counseling with trained senior counselors who use their life experiences to help other older adults (55+) cope with life changes, problems, crises, and challenges. Confidentiality is strictly observed. **Appointment required.** Please contact Lafayette Senior Services to sign up for one of the 60-minute appointments: Seniors@LoveLafayette.org or 284-5050.

LOCATION: Lafayette Community Center

FEE:	MEMBERS	NON-MEMBERS
	No Charge	No Charge
DAY	DATE	TIME
2nd Tue	4/10, 5/8	10:00am-Noon
Monthly		

Health Insurance Counseling and Advocacy Program (HICAP)

HICAP provides free and objective counseling and advocacy services to Contra Costa Medicare beneficiaries and their families who need assistance with Medicare enrollment and issues involving Medicare and associated insurance programs, including prescription drug coverage. HICAP does not endorse or sell insurance products. For an appointment, call Lafayette Senior Services 284-5050.

LOCATION: 1st Wed: Cedar Room | 3rd Tues: Toyon Room

FEE:	MEMBERS	NON-MEMBERS
	No Charge	No Charge
DAY	DATE	TIME
1st Wed	4/4, 5/2, 6/6	10:00, 11:00 or Noon
Monthly		
3rd Tue	4/17, 5/15	10:00, 11:00 or Noon
Monthly		

Hearing Screening

Audiologists from Hearing Science Audiology/Diablo Valley Ear, Nose, and Throat

Minimum of 2 sign-ups required in order for hearing screenings to take place. To reserve one of the 20-minute appointments, contact Lafayette Senior Services: Seniors@LoveLafayette.org or 284-5050.

LOCATION: Check in at Alder Room

FEE:	MEMBERS	NON-MEMBERS
	No Charge	\$10
DAY	DATE	TIME
1st Wed	4/4, 5/2, 6/6	1:00-2:20pm
Monthly		

Lamorinda Nature Walk and Bird-Watching

Led by Ben Pettersson, Experienced Hiker and Bird-Watcher

Experience nature at its finest along our local trails. Delight in the beauty that unfolds around each bend, all the while learning to identify a variety of birds. Bring a water bottle; binoculars are helpful if you have them. Meet at the Alder Room at the Community Center at 9:00am. For more information or to place your name on the email notification list, contact Lafayette Seniors Services: Seniors@LoveLafayette.org or 284-5050. You may join this group at any time.

LOCATION: Locations vary

FEE:	MEMBERS	NON-MEMBERS
	No Charge	No Charge
DAY	DATE	TIME
Every Wed		9:00am-Noon

Lamorinda Tea Dance

A weekly Community Dance Social in its 30th year with afternoon tea and light refreshments

Wednesdays 1:00-3:30pm

The Live Oak Room
Lafayette Community Center
500 St Mary's Road
Lafayette, CA 94549

Lafayette Senior Services Members: FREE!

Membership is \$15/year
Non-Members: \$10/meeting

The Lamorinda Tea Dance is hosted by dance professionals Karen Lile & Michael Armtz. DJ Michael Armtz plays your favorites and takes requests. Come for great music and good company. Karen and Michael provide a dance lesson during the tea dance each week.



Thank you, Lamorinda Spirit Donors, Staff and Volunteers!!!

A big THANK YOU goes to Lamorinda Spirit program donors, staff, funders, and volunteer drivers!! We are able to provide transportation for older Lamorinda adults because of volunteer drivers and funding/donations provided by the City of Lafayette, the 5310 Federal Grant Program, the Contra Costa Community Development Block Grant, the Lafayette Community Foundation, Moraga Jrs., Lafayette Jrs., private donors, and the Lamorinda Movers.

On Monday, January 8, 2018, Lamorinda Movers President, Keith Katzman, presented the Lamorinda Spirit Van Program with a check to support mutual goals—providing rides to Lamorinda Movers to attend their second Monday of the month evening meeting. Lafayette resident and Wednesday afternoon Volunteer Driver, Mike McNeill, has graciously volunteered to drive. Without Mike, we would not be able to accommodate this trip that provides transportation



for people who are no longer comfortable driving at night. One person can make a huge difference in our community. Consider calling Program Coordinator, Mary Bruns, to explore volunteer driving and volunteer marketing opportunities. We have an amazing team of drivers and dispatchers: Bob Kelly, Brian Smith, Dave Cummins, Denise Sheehan, Doreen Pasco, Eddie Caravalho, Geoff Bellenger, Hadi Attaran, Jeanne Hughes, John Silverfoote, John Vocke, Len Holmes, Mauna Wagner, Mike McNeill, Warren Garrison, Wendy Taylor.

Lamorinda Senior Transportation

An Alliance of Transportation Providers

Volunteer drivers are needed, valued and appreciated!

We will accommodate your schedule. Call one of the programs below to volunteer.

- Lamorinda Spirit Van** **283-3534**
Takes Lamorinda older adults, age 60 and up, to appointments, errands, classes, and shopping in Concord, Lamorinda, Martinez, Pleasant Hill, and Walnut Creek. Wheelchair and walker accessible. WE LOVE TO SAY YES, so call early to make your reservation.
- Van Fares/Destination** **One-way/Round Trip**
- Within Lamorinda \$5/\$10
- Concord, Martinez, Pleasant Hill, Walnut Creek \$10/\$20
- Lunch at CC Café, Walnut Creek Senior Ctr \$2.50/\$5
- Low income \$4/\$8
- Contra Costa Yellow Cab and DeSoto Company** **284-1234**
10% discount for Lamorinda seniors.
- Orinda Seniors Around Town** **402-4506**
Volunteer drivers serving Orinda seniors with free rides to appointments and errands.

- Mobility Matters (formerly Senior Helpline Services) Rides for Seniors** **284-6161**
Volunteer drivers serving Contra Costa seniors with free rides to doctors' appointments during the week. Grocery shopping on Saturday.
- Mobility Matters Information and Referral Line:** **284-6109**
- County Connection LINK Reservation Line** **938-7433**
For people with disabilities. (Older adults often have "age-based" disabilities. By describing your "disability," you can become eligible for this service—providing you with additional transportation options.)
- GoGoGrandparent**
Due to a generous bequest from an appreciative Lafayette passenger, Lafayette residents age 70 and up can utilize GoGoGrandparent for an Uber or Lyft ride at 50% of the ride cost up to a maximum subsidy of \$50 a month for as long as this pilot program is funded. Call **925-283-3534** to register for this subsidy.
- Gogograndparent.com** **855-464-6872**
After registration:
Press "1" to get picked up at home.
Press "2" to get picked up where we dropped you off.
Press "0" to speak to an operator.
A way to use Uber or Lyft without an iPhone

Have your next event at the Lafayette Community Center



Facility	Capacity	Size	Hourly Rates	Food and Drink Allowed	Minimum # of Hours	Amenities
Jennifer Russell Building (JRB)	Dining: 240 Theater: 325	72'x50'	Resident: \$120 Non Resident: \$150 Resident Non Profit: \$110 Non Res Non Profit: \$130	Yes	4	<ul style="list-style-type: none"> • Adjoining Restrooms • Non Adjoining Kitchen (\$200) • Two 80" Flat Screen TVs • Available Microphone P.A. System • Portable Stage (\$130) • Rear Patio • Side Patio & Deck (\$75)
Live Oak Room (LO)	Dining: 225 Theater: 300	64'x55'	Resident: \$100 Non Resident: \$130 Resident Non Profit: \$90 Non Res Non Profit: \$110	Yes	4	<ul style="list-style-type: none"> • Adjoining Foyer • Adjoining Kitchen (\$200) • Stationary Stage • Available Microphone P.A. System • Large Patio & Deck (\$75)
Cedar Room	Max: 45	27'x32'	Resident: \$65 Non Resident: \$85 Resident Non Profit: \$60 Non Res Non Profit: \$75	Yes	2 Self Set-Up Optional	<ul style="list-style-type: none"> • In room sink • Counter Tops • Projector Screen (no projector) • White Board
Sequoia Room	Classroom: 45 Theater: 75	27'x32'	Resident: \$65 Non Resident: \$85 Resident Non Profit: \$60 Non Res Non Profit: \$75	No	2 Self Set-Up Optional	<ul style="list-style-type: none"> • Carpeted Floor • Projector Screen (no projector) • Adjoining Foyer
Kitchen			\$200 Flat Rate	Yes	Only Available with LO or JRB	<ul style="list-style-type: none"> • Commercial Refrigerator/ Freezer • Icemaker • Coffee Pots • Microwave • Stove/Oven <p><i>No cooking or eating utensils available</i></p>

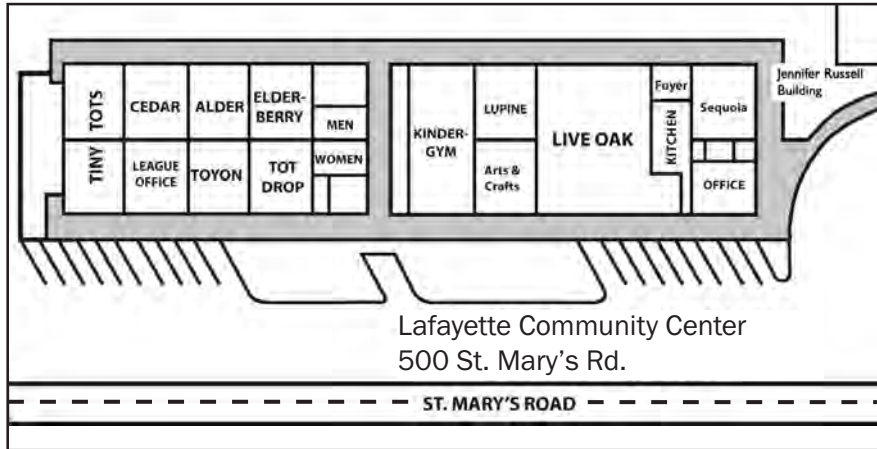
Facility Restrooms/ Drinking Fountain: Centrally Located

Parking Spaces: 117 and 6 Handicap

Times and Days Available: Friday: 6:00pm–11:30pm Saturday: 9:00am–11:30pm Sunday: 9:00am–10:30pm

Please Note: Rental time must include deliveries, decoration, set-up & clean-up. Music/entertainment must stop 1 hr. prior to the end of the rental. Security deposit, insurance and other fees not included.

Lafayette Class Locations



Patrons are advised to arrive 5 minutes early to locate their classroom.

Off-Site Locations

- Lafayette Community Park
480 St. Mary's Road, Lafayette
- Lafayette Tennis Club
3125 Camino Diablo Road,
Lafayette | 937-2582
- Buckeye Fields
711 St. Mary's Road, Lafayette
- Lafayette Library & Learning
Center, 3491 Mt. Diablo Blvd.,
Lafayette | 385-2280
- Lafayette Elementary
950 Moraga Road, Lafayette
- Springhill Elementary
3301 Springhill Road, Lafayette

Community Contacts

- Lafayette Little League
284-3583
- Lafayette-Moraga Regional
Trail (EBRPD) | (510) 635-0135
- Lafayette-Moraga Youth
Association (LMYA) | 377-5692
- Lafayette Reservoir & Recreation
Area (EBMUD) | 284-9669
- Lafayette Chamber
284-7404
- Lafayette City Offices
284-1968

Contact Us:

www.LafayetteRec.org

Jonathan "Ace" Katayanagi
Director | 299-3251
jkatayanagi@ci.lafayette.ca.us

John Warshaw
Recreation Supervisor | 299-3260
jwarshaw@ci.lafayette.ca.us

Steven Heinsma
Recreation Coordinator | 299-3252
sheinsma@ci.lafayette.ca.us

Tricia Young
Recreation Coordinator | 310-4102
tyoung@ci.lafayette.ca.us

Greg Travers
Park's Maintenance Supervisor
gtravers@ci.lafayette.ca.us

- **Lafayette Parks, Trails & Recreation Office:** 284-2232
Mon-Fri, 9:00am-5:00pm
Closed 12:30pm-1:15pm
- **Lafayette Senior Services:**
284-5050
seniors@ci.lafayette.ca.us
Maureen Neumann, Molly Cohen
- **Lamorinda Sr. Transportation Program:** 283-3534
mbruns@ci.lafayette.ca.us
Mary Bruns
- **Tiny Tots Program:** 299-3266
- **Tot Drop Reservations/
Cancellations:** | 284-3999
- **Lafayette Jazzercise:** 937-6768



**Donate your car,
truck, RV or boat
to benefit the**

Lafayette Community Center

The Lafayette Community Center Foundation wishes to thank all those who have donated their vehicles to help support the Lafayette Community Center. Get rid of your unneeded vehicle and get a tax deduction! Call or go online today.

1-888-6TO-GIVE (1-888-686-4483) or www.cardonationservices.com



Lafayette Community Center
500 Saint Mary's Road
Lafayette, CA 94549
(925) 284-2232
www.LafayetteRec.org

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3 Robotics w • Bricks 4 Kidz
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