

WINTER | 2018

# LAFAYETTE RECREATION

WILD WEST  
FATHER DAUGHTER  
**DANCE**

MARCH 9TH

After School Programs pg 14

Youth/Adult pg 20

Senior Services pg 28



CITY RECREATION PROGRAMS & SERVICES

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Cover photo provided by Stu Selland



**LAFAYETTE YOUTH COMMISSION**

**Tri-City Dance CALENDAR**

**January 26**  
**February 23**  
 7th & 8th Grade  
 Tri-City Dance  
 7-9pm | \$5

**April 13**  
 7th & 8th Grade  
 Dance in the  
 Spring

**Location: the Jennifer Russell Building @ the Lafayette Community Center**

**Sign Up at [www.LafayetteRec.org](http://www.LafayetteRec.org)**

Lafayette, Moraga & Orinda students welcome. Strict dress code enforced. Participants will be asked to bring a canned food donation to each dance. These safe, drug- and alcohol-free events are put on by the Lafayette Youth Commission. Proceeds will benefit LYC projects. Past projects include donations to the American Cancer Society, Lafayette Library, Lamorinda Skate Park, Child Abuse Prevention, Toys for Tots and more!



**FATHER DAUGHTER DANCE**

Themed dress is always welcome!

Boot Scootin' Dads and Daughters, will two-step the night away to a mix of modern and country-western music in their cowboy hats and boots. The evening includes DJ dancing, an interactive game, dessert, punch, a craft and a special memento.

**Friday, March 9th \* 7:00-9:00pm**  
**\$25 per daughter**  
**Jennifer Russell Building**

# AWESOME WINTER CAMPS



## Camp Awesome

4-14 YRS

Enjoy winter break at CAMP AWESOME doing arts & crafts, sports, games, hikes and more. Have a ton of Awesome fun!

Monday	12/18
Tuesday	12/19
Wednesday	12/20
Thursday	12/21
Friday	12/22
Wednesday	12/27
Thursday	12/28
Friday	12/29

9:00am-2:00pm | \$40/day  
Early Care and After Camp available!

## Extreme LEGO® Ninja

5-11 YRS

Ninjas...Go!! Join Lloyd, Master Wu and his fellow ninjas as they battle the evil Garmadon! Come perfect your LEGO ninja skills as campers use their imaginations and creativity to dive into the extreme world of Ninjas!

Mon-Fri, 12/18-12/22  
9:00am-12:00pm | \$224  
Cedar Room

See page 14 for more winter camp details

## LEGO® Pokémon® Camp

5-11 YRS

We'll build and capture wild Pokémon® creatures and train them for battle. Learn new moves and use special abilities. Bring your own Pokémon® trading cards if you wish to play and trade at the end of the each day. Show off your skills as you battle for power through the Pokémon® universe. Do you have what it takes to become a Pokémon® Master?

Mon-Fri, 12/18-12/22  
1:00-4:00pm | \$224  
Cedar Room



The Bay Area's only PRESCHOOL ON DEMAND!



# TOT DROP

Only Come When You Want. Only Pay When You Come.

YOU make your own schedule. 9:00 am-1:00 pm

As little as 1 hour or up to 20 hrs/wk. \$12/hr. **You** set your days and arrival & pick up times. Come occasionally, or weekly spots are available. **FREE** cancellation when your plans change.

Never Tried TOT DROP?  
Come and see what you've been missing!



**COUPON**

**1 FREE Hour**

\$12 value—New Families Only.  
(1 per family)



DIAPER WEARERS WELCOME.  
NEW STUDENTS MAY ENROLL AT ANY TIME.

Call to get started  
**925-284-3999**  
Open YEAR ROUND!  
[www.totdrop.com](http://www.totdrop.com)

# Woman In Mind.

by Alan Ayckbourn

Directed by Dennis Markam

March 1-24, 2018

A dark comedy by “the comic poet of middle class life.” Poor Susan. Stuck in a humdrum marriage, feeling unfulfilled and neglected. All it takes is stepping on a garden rake, a minor concussion—and a few hilarious hallucinations—for Susan to find herself suddenly surrounded by the ideal fantasy family, handsomely dressed in tennis whites and sipping champagne. But when her real and imaginary worlds collide, those fantasies take on a nightmarish life of their own.

Performed in Lafayette’s very own charming and historic Town Hall Theatre.

Ticket Prices: \$18-\$30

To buy tickets:

[www.TownHallTheatre.com](http://www.TownHallTheatre.com)

Box Office 925.283.1557



## Thank You!

On behalf of the Lafayette Community Center Foundation, please accept our heart-felt thanks for all the beautiful local gift basket donations. Thanks to these donations, the Community Center Foundation will continue to improve the facilities and programs at the Lafayette Community Center where people of all ages and abilities benefit from wonderful programs and special events.

**Members:** Anne Wondolowski, *Chair*, Susan Callister, Sue Cross, Judy Gregerson, Ruth Kaiser, Steve Robinson, and Sheri Woodruff





**2018-2019 School Year**

Lafayette Tiny Tots offers a variety of classes for your active pre-schooler. Your child will enjoy interacting with other pre-schoolers in a warm and loving environment. Each class offers a comprehensive early childhood program with emphasis on providing activities and experiences for children to work, play and grow according to their own pattern of development. The instructors are experienced and possess degrees in early childhood education. *These classes are not parent participation classes, but parents are welcome to stay until their child is comfortable with the environment.*

**For more information call 925-299-3266**

**Registration Procedure for NEW Students**

Complete and return the form below, with a copy of your child's birth certificate, by Friday, January 26, 2018 at 5:00pm. On Friday, February 2, all forms will be placed in a box and randomly chosen by the program director until programs are full. We will continue to randomly select any remaining forms to create waiting lists. All people will be notified of their status by Friday, February 16. (2017-18 waiting list people do not carry over to the 2018-19 program.)

**\*Tuition is non-refundable • Costs are for each 9-week session • Session 1 payment is due May 1, 2018**  
 Registration Fee: \$25 annually (non-refundable) due 3/2/18. This deposit holds your child's spot.

**Check the Appropriate Program**

<input type="checkbox"/> <b>2-DAY—TUES/THURS</b> 9:00-11:45am*   Ages 28 mos–3½ Yrs <b>Begins</b> <b>Quarterly Fee</b> <b>Reg. Fee</b> 9/4/18    \$555                      \$25 (annually) *Optional Lunch Bunch until 12:30pm	<input type="checkbox"/> <b>3-DAY—MON/WED/FRI</b> 9:00am-1:30pm*   Ages 3½–5 Yrs (Must be 3½ by 9/5/18) <b>Begins</b> <b>Quarterly Fee</b> <b>Reg. Fee</b> 9/5/18    \$900                      \$25 (annually)	<input type="checkbox"/> <b>4-DAY PreK—MO/TU/WE/FR</b> 9:00am-1:30pm*   Pre-K–Age appropriate to go to TK or K in 2019 <b>Begins</b> <b>Quarterly Fee</b> <b>Reg. Fee</b> 9/4/18    \$1,200                      \$25 (annually)
<input type="checkbox"/> <b>ABC COOKING &amp; KINDERGYM— 9:00am-12:30pm</b> available to students enrolled in 3- or 4-day program. This class is once a week on Thursdays and pairs well with our 4-Day or 3-Day Tiny Tots. \$335 begins 9/6/18		

CHILD'S FIRST AND LAST NAME \_\_\_\_\_

BIRTHDATE \_\_\_\_\_ ARE YOUR CHILD'S IMMUNIZATIONS UP TO DATE?  YES  NO  
(copy of birth certificate must be attached)

NAME (Adult) \_\_\_\_\_ RELATIONSHIP TO CHILD \_\_\_\_\_

PHONE(S) Day \_\_\_\_\_ Night \_\_\_\_\_ EMAIL \_\_\_\_\_

STREET \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_

# Themed Birthday Parties

## Kinderdance Parties

3-5 yrs

Ballet, creative movement and acrobatics in a music filled movement and dance party.

Location: Toyon Room  
Fee: \$200/12 children  
\$8/addl. child  
Time: 1 hour  
Deposit: 50%  
Contact: Kira Lancaster  
(415) 385-6501

## Cooking Parties

5-13 yrs

We do scout badge cooking classes. Notify of any food allergies when reserving dates.

Location: LCC Kitchen  
Fee: \$380  
Time: 2 hours  
Deposit: \$190  
Min/Max: 10 max  
Contact: Lynda  
(925) 932-1114

## Kindergym Parties

1-5 Years

Location: Kindergym  
Fee: \$195/\$260  
Time: 1.5/2 hours  
Deposit: Paid at time of booking  
Min/Max: 15 max  
Contact: Tricia  
(925) 284-2232

## Dodgeball Parties

7-12 yrs

"...best party any of our kids have had yet! Crew members were unbelievable."—Megan Stern

Location: Jennifer Russell Building  
Fee: \$250  
Time: 1.5 hours  
Max: 24  
View available slots at [www.lafayetterec.org](http://www.lafayetterec.org)  
Contact: Steven at [sheinsma@lovelafayette.org](mailto:sheinsma@lovelafayette.org)

## Indoor Sport Parties

4-7 yrs

Combo of Soccer, Hockey, Basketball, & Dodgeball!

Location: Jennifer Russell Building  
Fee: \$250  
Time: 1.5 hours  
Max: 24  
View available slots at [www.lafayetterec.org](http://www.lafayetterec.org)  
Contact: Steven at [sheinsma@lovelafayette.org](mailto:sheinsma@lovelafayette.org)

## LEGO Parties

5 Years & Up

Let Bricks 4 Kidz® throw your child a LEGO® birthday party! Star Wars and Ninjago to Chima and Super Heroes, we have dozens of themes.

Location: Cedar Room  
Fee: \$390/10 children;  
\$10 additional child up to 20 kids  
Time: 2 Hrs. (90 minutes play, 30 minutes cake and gifts)  
Contact: Brick for Kids  
[baiken@bricks4kidz.com](mailto:baiken@bricks4kidz.com)  
415-518-7583

**MUSIC**

**3-5 YRS**

**Broadway Babies**

Have you ever wanted to go on a Magic Carpet Ride, visit A Whole New World, or Be Our Guest at an enchanted castle? Join Broadway Babies and see where your imagination can take you! Through creative play and music, these young students will learn the basics of performing arts—singing, dancing, and acting—while bringing songs from popular musicals to life. You will be delighted by their showcase at the end of the session. Students attending preschool will be picked up by the Instructor and walked to class.

**LOCATION:** Toyon Room

FEE	INSTRUCTOR	NO. WKS.
\$180	Myeve Capozzi Vocal Training	10
DAY	DATE	TIME
Mon	1/22-3/26	1:45pm-2:30pm

**UP TO 5 YRS**

**Canta y Baila Conmigo**

Take a journey into Spanish language and its cultures through the magical world of music. With Canta y Baila Conmigo you and your child will be transported as you sing, dance and play along to the irresistible sounds and rhythms of Spanish speaking countries. Created by Maddie Welch, experienced bilingual educator, musician and native Spanish speaker, Canta y Baila Conmigo is a unique curriculum with dual, complimentary goals of music education and language immersion. Designed for beginners and native speakers alike, Canta y Baila Conmigo creates a playful, interactive atmosphere where language learning is integrated naturally and organically in the musical experience. While children are effortlessly absorbing and using the Spanish language, they engage along with their grown-ups in age-appropriate explorations of melody, rhythm, movement and instrument play that help nurture a strong foundation in music literacy. Discount for 2 participants: \$90

**LOCATION:** Sequoia Room

FEE	INSTRUCTOR	NO. WKS.
\$230	Alfredo Aguayo	10
DAY	DATE	TIME
Thu	1/11-3/15	9:30am-10:15am
Thu	1/11-3/15	10:30am-11:15am

**UP TO 5 YRS**

**East Bay Music Together**

Music Together is an internationally recognized family music program from birth through age 5 and the grownups who love them. We're the pioneers in the field of early parent/caregiver participation childhood music with truly innovative, high-quality music education. We're research-based—we know our stuff! We're down to earth and accessible. What can we say? We're serious about having fun! Instructors: Megan Dey Toth (Friday, Saturday) Riki Jutter (Wednesday). Discount for 2 participants: \$90.

**LOCATION:** Elderberry Room

FEE	INSTRUCTOR	NO. WKS.
\$230	East Bay Music Together	10
DAY	DATE	TIME
Wed	1/10-3/14	9:30am-10:15am
Wed	1/10-3/14	10:30am-11:15am
Fri	1/12-3/16	9:30am-10:15am
Fri	1/12-3/16	10:30am-11:15am
Sat	1/13-3/17	9:30am-10:15am
Sat	1/13-3/17	10:30am-11:15am

**COOKING**



**4-5 YRS**

**Busy Bee Cooks**

Have fun with Chef Lynda & Staff. Your children are guided in how to make delicious, healthy food, that builds their self esteem and supports their body. Kids eat what they cook. Your family will spend more time in the kitchen eating your children's creations. **\$20 Supply Fee.**

**LOCATION:** Kitchen

FEE	INSTRUCTOR	NO. WKS.
\$249	Lynda Rexroat	5
DAY	DATE	TIME
Thu	2/15-3/15	1:30pm-3:00pm

## GYMNASTICS

## 3-5 YRS

## Tiny Tumblers Gymnastics

This class is designed to enhance your child's motor development skills, balance, coordination, and confidence. Emphasis is placed on developing beginning gymnastic skills in a fun and social environment and also introducing children to learn to participate in a structured class without their parents. Equipment incorporated into the class includes gymnastic mats, single bars, double bars, balance beams, vaulting blocks, incline and barrel mats, ladders, bouncers and spring board, parachutes, rhythm sticks, tunnels, and various other equipment. Music games and group activities are incorporated into the class. *Skip 1/15*

**LOCATION:** Kindergym

FEE	INSTRUCTOR	NO. WKS.
\$84	California Gymnastics	5
DAY	DATE	TIME
Mon	1/8-2/12	3:30pm-4:10pm
Mon	2/26-3/26	3:30pm-4:10pm



## 2-3 YRS

## Parent/Tot Jump Start Gymnastics

This class is jam packed with continuous activities. We use a circuit format, allowing each child to stay moving and having fun. We focus on building gross motor skills through, tumbling, climbing, jumping, balancing and bar skills, plus a variety of ball sports and fun games. Come see your child's confidence grow through movement and positive encouragement.

**LOCATION:** Kindergym

FEE	INSTRUCTOR	NO. WKS.
\$100	Arista's Jump Start Gymnastics	6
DAY	DATE	TIME
Tue	1/9-2/13	4:15pm-4:55pm
Tue	2/20-3/27	4:15pm-4:55pm

## 4-6 YRS

## Arista's Jump Start Gymnastics

This class is jam packed with continuous activities. We use a circuit format, allowing each child to stay moving and having fun. We focus on building gross motor skills through, tumbling, climbing, jumping, balancing and bar skills, plus a variety of ball sports and fun games. Come see your child's confidence grow through movement and positive encouragement.

**LOCATION:** Kindergym

FEE	INSTRUCTOR	NO. WKS.
\$100	Arista's Jump Start Gymnastics	6
DAY	DATE	TIME
Tue	1/9-2/13	3:30pm-4:10pm
Tue	2/20-3/27	3:30pm-4:10pm

## 5.5-8 YRS

## Youth Gymnastics

This class teaches beginning and intermediate gymnastics and tumbling skills and is designed to develop strength, flexibility, agility, and confidence in a fun, non-competitive environment. Students learn the basics of all gymnastic events including tumbling, vaulting skills, single bars and balance beams. Students are also introduced to strength and flexibility exercises with fun and challenging games. Equipment incorporated into the class includes gymnastic mats, single bars, double bars, balance beams, vaulting blocks, incline and barrel mats, ladders, bouncers and spring board, parachutes, and various other equipment. *Skip 1/15*

**LOCATION:** Kindergym

FEE	INSTRUCTOR	NO. WKS.
\$96.50	California Gymnastics	5
DAY	DATE	TIME
Mon	1/8-2/12	4:15pm-5:10pm
Mon	2/26-3/26	4:15pm-5:10pm





**KINDERGYM**

All your senses shout “WOW!” when you see our two spacious rooms with their mats, hanging apparatus, tunnels, basketball hoops, balance beam, slides, slopes and more. Visually, we’re a colorful wonderland! Kindergym



promotes an adult/child one on one situation where the adult provides encouragement and positive reinforcement through play. Each wonderful 45-minute class concludes with a circle time of favorite songs, rhythms and rhymes led by our exceptional and experienced staff.

*All children must be accompanied by an adult. Second sibling enrolled in the same class gets a 25% discount! Infant siblings are okay if in back/front packs. Each student may make-up one missed class each session providing space is available. Drop in classes will be announced the second week of the session. Cost is \$15 per class, no discounts for siblings.*

**CRAWLERS AND BEGINNING WALKERS**

**Pre-Kindergym**

This class gives babies the opportunity to explore and develop their physical skills (readiness for rolling, crawling, walking and learning) in a fun and safe environment. A brief closing circle with music ends each class. **Skip dates: 1/15, 2/19**

**LOCATION:** Kindergym

FEE	INSTRUCTOR	NO. WKS.
\$124	Laurie Crudele	10
DAY	DATE	TIME
Mon	1/8-3/26	9:15am-10:00am

FEE	INSTRUCTOR	NO. WKS.
\$148	Jan Wong	12
DAY	DATE	TIME
Tue	1/9-3/27	10:55am-11:40am

FEE	INSTRUCTOR	NO. WKS.
\$148	Laurie Crudele	12
DAY	DATE	TIME
Thu	1/11-3/29	9:15am-10:00am

To check availability for drop-in classes, please call (925) 284-2232. Drop-ins are \$15 per class and subject to availability.



**1-4 YRS**

**Kindergym**

Come play with us at the Lafayette Kindergym! We have an exciting environment filled with fun equipment that will excite your child’s senses. Our dedicated and friendly staff will enhance your child’s playtime experience and conclude each class with a circle time filled with rhythms, rhymes, and songs. These classes offer children the opportunity to learn through play and physical exploration. They will jump, hop, climb, and balance on a variety of gymnastics equipment. Come enjoy a special bonding time with your child in a safe and clean environment. Each class closes with music and songs facilitated by our wonderful staff. **Skip dates: 1/15, 2/16, 2/17, 2/19**

**LOCATION:** Kindergym

**INSTRUCTOR**

Laurie Crudele

DAY	NO. WKS.	DATE	TIME	FEE
Mon	10	1/8-3/26	10:05am-10:50am	\$124
Mon	10	1/8-3/26	10:55am-11:40am	\$124
Thu	12	1/11-3/29	10:05am-10:50am	\$148
Thu	12	1/11-3/29	10:55am-11:40am	\$148
Fri	11	1/12-3/30	9:15am-10:00am	\$136
Fri	11	1/12-3/30	10:05am-10:50am	\$136
Fri	11	1/12-3/30	10:55am-11:40am	\$136

**INSTRUCTOR**

Jan Wong

DAY	NO. WKS.	DATE	TIME	FEE
Tue	12	1/9-3/27	9:15am-10:00am	\$148
Tue	12	1/9-3/27	10:05am-10:50am	\$148

**INSTRUCTOR**

Christy Sullivan

DAY	NO. WKS.	DATE	TIME	FEE
Wed	12	1/10-3/28	9:15am-10:00am	\$148
Wed	12	1/10-3/28	10:05am-10:50am	\$148
Wed	12	1/10-3/28	10:55am-11:40am	\$148
Sat	11	1/13-3/31	9:30am-10:15am	\$136
Sat	11	1/13-3/31	10:30am-11:15am	\$136

## SCIENCE

## 4-5 YRS

## Fun with Science and Engineering for Preschoolers

Have fun building hands-on projects and performing science experiments! Example activities include building a simple electric circuit or running lab experiments in the Color Lab. Students will learn about cause and effect, properties of materials, patterns, and cycles. All project and lab materials will be provided and each student will be able to take home completed projects. This fun class is the perfect introduction to STEM (Science, Technology, Engineering, Math) through play and exploration. Students will have the opportunity to experiment, create, observe, and make predictions in a safe, nurturing environment. NEW PROJECTS! Visit <http://funwithacademics.com> for more details. *Skip 2/19*

**LOCATION:** Cedar Room

FEE	INSTRUCTOR	NO. WKS.
\$179	Fun With Academics	6
DAY	DATE	TIME
Mon	2/5-3/19	1:30pm-2:15pm

## SPORTS

## 2-3.5 YRS

## Mommy/Daddy & Me Soccer

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, parents are part of the action, not watching from the sidelines! All kids receive a soccer jersey. *Skip 2/16*

**LOCATION:** Rink

FEE	INSTRUCTOR	NO. WKS.
\$114	Kidz Love Soccer	8
DAY	DATE	TIME
Fri	2/2-3/30	5:10pm-5:40pm



## 3.5-5 YRS

## Tot/Pre Soccer

Little tykes will enjoy running and kicking just like the big kids. Teaches the basic techniques of the game and builds self-esteem through participation in fun soccer activities. Children learn to follow instructions in a nurturing, age-appropriate environment. All participants receive a soccer jersey! Shin guards are required after the first meeting. *Skip 2/16*

**LOCATION:** Rink

FEE	INSTRUCTOR	NO. WKS.
\$114	Kidz Love Soccer	8
DAY	DATE	TIME
Fri	2/2-3/30	5:50pm-6:20pm

## 2.5-3 YRS

## Skyhawks Parent & Me Sports

This multi-sport tot program was designed to give kids a positive first step into athletics. The fundamentals of soccer, baseball, basketball, and track & field are taught in a structured environment filled with lots of encouragement and a big focus on fun! Through fast paced games and activities, participants explore balance, body movement, coordination, and skill development at their own pace. All participants receive a Skyhawks T-Shirt and Award Medal. This program includes Parent Participation. *Skip 2/17, 3/17*

**LOCATION:** Jennifer Russell Building

FEE	INSTRUCTOR	NO. WKS.
\$164	Skyhawks Sports	8
DAY	DATE	TIME
Sat	1/20-3/24	9:30am-10:00am

## 3-4 YRS

## Skyhawks Tot Sports

This multi-sport tot program combines soccer, baseball, basketball, and track & field; allowing young athletes to discover a passion for a variety of sports in one fun-filled setting. Participants explore balance, body movement, coordination, self-esteem, teamwork, sportsmanship, and sport specific skill development through a series of fast-paced instructional circuits and games. Our progression curriculum, modified equipment, and highly trained staff provide a safe environment where kids can develop at their own pace. All participants receive a Skyhawks T-Shirt and Award Medal. *Skip 2/17, 3/17*

**LOCATION:** Jennifer Russell Building

FEE	INSTRUCTOR	NO. WKS.
\$164	Skyhawks Sports	8
DAY	DATE	TIME
Sat	1/20-3/24	10:15am-11:00am

3.5-5 YRS

### Skyhawks Tot Baseball

Skyhawks Tot Baseball was designed to give children a positive first step into America's Pastime. Using our progressional curriculum and modified equipment, participants learn Baseball fundamentals and social skills through a series of fast-paced instructional circuits and developmental games. Our primary development objectives include throwing, catching, hitting, base-running, balance, body movement, hand/eye coordination, self-esteem, teamwork, and sportsmanship! All participants receive a Skyhawks T-Shirt and Award Medal. *Skip 2/20*

**LOCATION:** Jennifer Russell Building

FEE	INSTRUCTOR	NO. WKS.
\$164	Skyhawks Sports	8
DAY	DATE	TIME
Tue	1/16-3/13	5:15pm-6:00pm



3.5-5 YRS

### Skyhawks Tot Basketball

Skyhawks Tot Basketball was designed to give children a positive first step to the exciting game of Basketball. Using our progressional curriculum and modified equipment, participants learn Basketball fundamentals and social skills through a series of fast-paced instructional circuits and developmental games. Our primary development objectives include dribbling, passing, shooting, rebounding, balance, body movement, hand/eye coordination, self-esteem, teamwork, and sportsmanship! All participants receive a Skyhawks T-Shirt and Merit Award. *Skip 2/21*

**LOCATION:** Jennifer Russell Building

FEE	INSTRUCTOR	NO. WKS.
\$164	Skyhawks Sports	8
DAY	DATE	TIME
Wed	1/17-3/14	4:15pm-5:00pm

4-5 YRS

### Skyhawks Preschool Sports

This multi-sport tot program was created to give young athletes the skills, confidence, and passion necessary to take the next step in athletics. Through a series of fast-paced instructional circuits and developmental games, participants learn the fundamentals of baseball, basketball, soccer, and track & field. Our progressional curriculum, modified equipment, and highly trained staff provide a safe environment where kids can develop at their own pace. All participants receive a Skyhawks T-Shirt and Award Medal. *Skip 2/17, 3/17*

**LOCATION:** Jennifer Russell Building

FEE	INSTRUCTOR	NO. WKS.
\$164	Skyhawks Sports	8
DAY	DATE	TIME
Sat	1/20-3/24	11:15am-12:00pm

4-5 YRS

### Little Kickers (Indoor Soccer)

Learn the basics of soccer and gain a love of the sport! This 7-week, indoor, introductory soccer league will help players learn the game and give them a chance to play on a team as they run, kick, and score their way to a good time. This is a fun, low pressure, introduction to league sports. Participants will have one 45 min. class (game) each week. Game times are either 4:00pm or 4:45pm—schedules distributed after the first intro class. Volunteer coaches wanted! *Skip 2/8*

**LOCATION:** Jennifer Russell Building

FEE	INSTRUCTOR	NO. WKS.
\$80	Lafayette Staff	7
DAY	DATE	TIME
Thu	1/18-3/8	4:00pm-4:45pm or 4:45pm-5:30pm



**GENERAL ENRICHMENT**

**10-14 YRS**

**Enhancing Financial Literacy**

This financial education program is designed to help young people further develop their financial knowledge on age appropriate topics such as saving for short and long term goals, basic budgeting, income and expenses, understanding credit and debt, earning and compound interest, and the ABCs of the stock market. Adults are also encouraged to attend to help foster their child's long term educational development.

**LOCATION:** Elderberry Room

FEE	INSTRUCTOR	NO. WKS.
\$24	Richard Cerruti	1
DAY	DATE	TIME
Thu	3/1	4:00pm-5:30pm



**10-14 YRS**

**Babysitting**

Learn the skills needed to be a trusted and responsible babysitter. Learn all about child development, bedtime strategies, discipline, how to get jobs, and ways to make babysitting fun for you and the kids. Basic first aid, general safety, and what to do in an emergency will also be covered. Students should wear clothes appropriate to play outside and sit on the floor. Please bring a snack, lunch and a water bottle.

**LOCATION:** Elderberry Room

FEE	INSTRUCTOR	NO. WKS.
\$52	Suzy McCreary	1
DAY	DATE	TIME
Sun	3/11	9:00am-2:00pm

**COOKING**

**6-10 YRS**

**We Teach Your Kids to Cook**

Cooking with Kids, inspires kids to enjoy healthy food. Kids eat what they cook. Our goal is to make your children fall in love with healthy eating. Young chefs have fun while learning a valuable life skill. The class includes how to grocery shop, understand food labels, work safely in the kitchen, work in a team, proper clean-up and more. Alert the Community Center and instructor of any food allergies prior to start of class. Wear closed toed shoes and bring an apron. **\$20 Supply Fee**

**LOCATION:** Kitchen

FEE	INSTRUCTOR	NO. WKS.
\$249	Lynda Rexroat	5
DAY	DATE	TIME
Thu	2/15-3/15	4:00pm-5:30pm

**LEGO® BIRTHDAY PARTY**

**LEGO® Birthday Party!**

From Star Wars and Ninjago to Chima and Super Heroes, Bricks 4 Kidz has dozens of different models and themes we can incorporate to make your son or daughter's birthday a memorable one. Each child gets to make and take home with them a LEGO® minifigure. Fee includes all room rental fees.

**LOCATION:** Cedar Room

FEE	TIME	CONTACT
\$390/10 children	90 mins	415-518-7583



## SPORTS

### 5-7 YRS

## Make Me A Pro Basketball

This is a class is lots of fun and will teach the basic techniques of the great game of basketball. Learn techniques of passing and dribbling, and shooting through fun games and drills. This class will be a blast! Please bring water.

www.mmappoints.com

**LOCATION:** Rink

FEE	INSTRUCTOR	NO. WKS.
\$99	Make Me A Pro Sports	6
DAY	DATE	TIME
Thu	1/18-2/22	4:00pm-4:45pm

**LOCATION:** Rink

FEE	INSTRUCTOR	NO. WKS.
\$83	Make Me A Pro Sports	5
DAY	DATE	TIME
Thu	3/1-3/29	4:00pm-4:45pm

See page 19 for Make Me A Pro Basketball, ages 8-12 Yrs

### 5-6 YRS

## Soccer 1: Techniques & Teamwork

Players will learn dribbling, passing, receiving, shooting, defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Each participant receives a Kidz Love Soccer jersey! Shin guards are required after the first meeting. *Skip 2/16*

**LOCATION:** Rink

FEE	INSTRUCTOR	NO. WKS.
\$114	Kidz Love Soccer	8
DAY	DATE	TIME
Fri	2/2-3/30	4:15pm-5:00pm

### 7-10 YRS

## Soccer 2: Skillz & Scrimmages

Kidz 7-10 years of age will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will include drills and small-sized scrimmages. All levels are welcome to come enjoy the world's most popular game! Each participant receives a Kidz Love Soccer jersey! Shin guards are required. *Skip 2/16*

**LOCATION:** Rink

FEE	INSTRUCTOR	NO. WKS.
\$114	Kidz Love Soccer	8
DAY	DATE	TIME
Fri	2/2-3/30	3:30pm-4:15pm

## DANCE

### 5.5-16 YRS

## Irish Step Dancing

Our mission is to offer quality Irish Dance instruction, while providing a safe, supportive and positive learning environment in a family oriented school. As our students progress in their skills, they will have opportunities to pursue performances, team dancing and competition at their own pace. Our caring instructors recognize that each dancer is unique and we encourage our dancers to develop their individual talents in a supportive and respectful atmosphere. Irish Dancing is a rewarding activity that teaches discipline, develops character, instills dedication and builds confidence, all while making lasting friends and memories.

Level I: Intro to Irish Dance (Soft Shoes)

Level II: Returning students. Soft Shoes, learning beginning hard shoe.

Level III: Int/Adv. Higher level of progression.

**LOCATION:** Toyon Room

FEE	INSTRUCTOR	NO. WKS.	
\$199	McBride Irish Dancers	12	
LEVEL	DAY	DATE	TIME
I	Wed	1/10-3/28	3:15pm-4:00pm
II	Wed	1/10-3/28	4:00pm-5:00pm
III	Wed	1/10-3/28	5:00pm-6:00pm



## WINTER BREAK CAMPS

## 4-14 YRS

## Camp Awesome Winter Break

Enjoy winter break at Camp Awesome doing arts and crafts, sports and games, hikes and a ton of Awesome fun. Snack will be provided, wear sporty clothing, bring a water bottle, lunch and be ready for fun! Campers will be divided into groups based on age. Early Care and After Camp available.

FEE	INSTRUCTOR		NO. WKS.
\$40	Lafayette Staff		Daily
PROGRAM	DAY	DATE	TIME
Day Camp	M-F	12/18-12/22	9:00am-2:00pm
Day Camp	W-F	12/27-12/29	9:00am-2:00pm
FEE	INSTRUCTOR		NO. WKS.
\$10	Lafayette Staff		Daily
PROGRAM	DAY	DATE	TIME
Early Care	M-F	12/18-12/22	7:30am-9:00am
Early Care	W-F	12/27-12/29	7:30am-9:00am
FEE	INSTRUCTOR		NO. WKS.
\$25	Lafayette Staff		Daily
PROGRAM	DAY	DATE	TIME
After Camp	M-F	12/18-12/22	2:00pm-5:00pm
After Camp	W-F	12/27-12/29	2:00pm-5:00pm

## 5-11 YRS

## LEGO® Pokémon® Camp

Get ready for an adventure in the world of Pokémon®! The Bricks 4 Kidz way! We'll build all of your favorite pocket monsters using LEGO® Bricks and specially designed models from Bricks 4 Kidz. Capture wild Pokémon®! Creatures and train them for battle. Improve your accuracy and power as you learn new moves and use special abilities. Tap into your inner engineer as we build, Dratini, Pikachu, Poké Balls, and more. Bring your own Pokémon® trading cards if you wish to play and trade at the end of the each day. Show off your skills as you battle for power in your journey through the Pokémon® universe. Do you have what it takes to become a Pokémon® Master!

**LOCATION:** Cedar Room

FEE	INSTRUCTOR		NO. WKS.
\$224	Bricks 4 Kidz		1
DAY	DATE		TIME
M-F	12/18-12/22		1:00pm-4:00pm



## 5-11 YRS

## Extreme LEGO® Ninja

Ninjas...Go!! Join Lloyd, Master Wu and his fellow ninjas as they battle the evil Garmadon! Come perfect your LEGO® ninja skills as campers use their imaginations and creativity to dive into the extreme world of Ninjas!



**LOCATION:** Cedar Room

FEE	INSTRUCTOR		NO. WKS.
\$224	Bricks 4 Kidz		1
DAY	DATE		TIME
M-F	12/18-12/22		9:00am-12:00pm

## SCIENCES

## 5-8 YRS

## Ready for Science

Get ready to jump into science by exploring the different topics from discovering how many different machines, simple & complex, we use in our daily live, potential energy, how geologist sort through minerals and become their own inventors. Children learn all about the forces behind the movement of planes, trains, and automobiles. Catapulting into Newton's laws of motion lets children get a feel for friction, inertia, and gravity. They see how mass affects movement and try out some motion tricks! Children are introduced the concept of measurement through hands on activities. This session is surely one to spark the imagination in your young scientist!

**LOCATION:** Lafayette Elementary, Science Room

FEE	INSTRUCTOR		NO. WKS.
\$228	Mad Science		11
DAY	DATE		TIME
Wed	1/17-3/28		1:50pm-2:50pm



## FITNESS

**T** 7-17 YRS

### Karate

Classes are divided by and catered toward different skill levels. Open class is offered for all skill levels and is designed to build self-confidence while learning how to throw, strike, block and fall without hurting oneself. Intermediate/Advanced class is available to current students who rank above 8th kyu and is designed to build upon the basics, learn more advanced techniques, and cultivate a higher understanding of karate. All students will be given the opportunity to compete in AAU sanctioned tournament, as well as Open Karate tournaments. Annual AAU insurance—\$14-Youth—is required. Belt ranking fees also apply, please inquire in class.

**Start any time. Register at class.** [www.kyokushinkarate-lafayette.com](http://www.kyokushinkarate-lafayette.com)

**LOCATION:** Live Oak Room | **INSTRUCTOR:** Danielle Jolin

#### CLASSES PER WEEK/FEE

2 days/\$50/mo    3 days/\$65/mo    4 days/\$75/mo

LEVEL	DAY/DATE	TIME
Open	Mo/We—Ongoing	7:00pm-8:00pm

**LOCATION:** Toyon Room | **INSTRUCTOR:** Danielle Jolin

LEVEL	DAY/DATE	TIME
Advanced	Tue—Ongoing	4:00pm-5:30pm
Intermed.	Thu—Ongoing	4:00pm-5:30pm



**T** 7-16 YRS

### Blue Angels Youth Ski & Snowboard Program

Come ski or snowboard the Sierra's with friends and other snow sport enthusiasts in a fun, structured environment. Open to all ability levels, from first-timers to experts, the program

consists of 5 full Saturday's of professional coaching taught by resort instructors, lift tickets, luxury bus transportation to Sierra-at-Tahoe Resort, constant adult supervision, lunch and snacks, Bern Snow Helmet, sponsor goodie bag and equipment rental/leasing discounts. The Blue Angels program fosters independence, builds self-esteem and boosts athletic skills. Visit [www.BlueAngelSnow.com](http://www.BlueAngelSnow.com) or call (858) 509-8926 for more information, pick up locations and times. 2018 Program Dates: Saturdays, 1/20, 1/27, 2,3, 2/10, 2/24. Fee: \$999

## TENNIS

4-5 YRS

### Beginning Pee Wee Tennis

This class is for beginners or students that are continuing on with lessons. Introduction to basic groundstroke, volley and serve technique. Fun games, drills and live ball rallying are part of this class. **Skip 2/17, 2/18, 2/19**

**LOCATION:** Lafayette Tennis Club 3125 Camino Diablo Road, Lafayette

FEE	INSTRUCTOR	NO. WKS.
\$69	Lafayette Tennis Club	8
DAY	DATE	TIME
Mon	1/22-3/19	3:00pm-3:30pm
Wed	1/24-3/14	3:00pm-3:30pm
Sat	1/27-3/24	9:00am-9:30am

6-9 YRS

### Beginning Junior Tennis

This class is for beginners or students that are continuing on with lessons. Introduction to basic groundstroke, volley and serve technique. Fun games, drills and live ball rallying are part of this class. **Skip 2/17, 2/18, 2/19**

**LOCATION:** Lafayette Tennis Club 3125 Camino Diablo Road, Lafayette

FEE	INSTRUCTOR	NO. WKS.
\$134	Lafayette Tennis Club	8
DAY	DATE	TIME
Mon	1/22-3/19	3:30pm-4:30pm
Wed	1/24-3/14	3:30pm-4:30pm
Sat	1/27-3/24	9:30am-10:30am

10-14 YRS

### Beginning Youth Tennis

This class is for beginners or students that are continuing on with lessons. Introduction to basic groundstroke, volley and serve technique. Fun games, drills and live ball rallying are part of this class. **Skip 2/17, 2/18, 2/19**

**LOCATION:** Lafayette Tennis Club 3125 Camino Diablo Road, Lafayette

FEE	INSTRUCTOR	NO. WKS.
\$134	Lafayette Tennis Club	8
DAY	DATE	TIME
Mon	1/22-3/19	4:30pm-5:30pm
Wed	1/24-3/14	4:30pm-5:30pm
Sat	1/27-3/24	10:30am-11:30am



**AFTER SCHOOL PROGRAMS**

**6-8 YRS**

**Jr. Robotics L**

How would you like to turn your next LEGO® creation into a robot, programmed to do exactly what you tell it to do? The Bricks 4 Kidz® new Junior Robotics class offers all the fun of building with LEGO® bricks, PLUS the challenge of computer programming! Using drag-and-drop icon-based software, WeDo software provides an introduction into the world of computer-programming and robotics. *Skip 2/19*

**LOCATION:** Lafayette Elementary, Science Room

FEE	INSTRUCTOR	NO. WKS.
\$229	Bricks 4 Kidz	9
DAY	DATE	TIME
Mon	1/22-3/26	2:45pm-3:55pm

**K-5TH GRADES**

**FUNKMODE Hip Hop and Breakdance L C**

Does your child love to dance? Can't sit still when music comes on? Then they are ready for FUNKMODE Hip Hop and Breakdance! Students will build their confidence while learning various Hip Hop dance styles in a positive, encouraging atmosphere. We have developed a unique curriculum to ensure they will learn musicality, choreography and performance skills each week, while using their own creativity and personal expression. This empowering dance style is great for girls and boys because Hip Hop is for everyone! (Show day on last day of class.) *Skip Friday 2/16, 3/16*

**LOCATION:** Lafayette Elementary, Room 23A

FEE	INSTRUCTOR	NO. WKS.
\$184	FUNKMODE Crew	10
DAY	DATE	TIME
Fri	1/12-3/30	2:45pm-3:45pm

**LOCATION:** Cedar Room

FEE	INSTRUCTOR	NO. WKS.
\$202	FUNKMODE Crew	11
DAY	DATE	TIME
Wed	1/17-3/28	3:15pm-4:15pm

**B** Bus from Burton Valley available at a rate of \$3 per ride.

**6-10 YRS**

**Yoga for Kids! L**

Fun and engaging classes explore yoga poses, creative songs, cooperative games, breathing and relaxation exercises. Development of self-expression and body-awareness will also be taught in a non-competitive, fun atmosphere. Students will develop strength, flexibility, memory, concentration and confidence! For more info or to contact instructor go to [jennamarynoga.com](http://jennamarynoga.com). *Skip 1/30*

**LOCATION:** Lafayette Elementary, Music Room

FEE	INSTRUCTOR	NO. WKS.
\$204	Jenna Maryn Mitchell	10
DAY	DATE	TIME
Tue	1/16-3/27	2:45pm-3:45pm

**6-10 YRS**

**YoGo4Kids—Yoga for the Body, Mind & Heart C**

Classes include a heart-centered theme, yoga sequences, a spirited fitness routine to music, breath-work, cooperative games and a time for rest and relaxation. Yoga mats will be provided.

**LOCATION:** Sequoia Room

FEE	INSTRUCTOR	NO. WKS.
\$179	Heather Thornoton	11
DAY	DATE	TIME
Wed	1/17-3/28	3:30pm-4:30pm

**6-11 YRS**

**ART ART ART! C**

Fun drawing and painting Classes. Developing line drawing will be the focus of this course. Students will have different themes each week from figure drawings, portraiture, still life, photomontage to contemporary abstract paintings. They will have a great opportunity to work with a variety of materials and unconventional approaches to develop the body of work on paper. **\$20.00 materials fee is due to the instructor at the first class.** *Skip 2/19*

**LOCATION:** Arts and Crafts Room B

FEE	INSTRUCTOR	NO. WKS.
\$204	Yana Verba	9
DAY	DATE	TIME
Mon	1/22-3/26	3:15pm-4:15pm

**S** Springhill Elementary
 **L** Lafayette Elementary
 **C** Community Center (Burton Valley)



6-11 YRS

Glee Club **C**

If you love to perform, then take the stage and join Glee Club! In Glee Club, students will learn and rehearse popular songs from all musical genres, sing solos, learn harmonies, and master cool dance routines. Students will work creatively and collaboratively as an ensemble to perform for live audiences at local community events, venues, and competitions.

**LOCATION:** Toyon Room **B**

FEE	INSTRUCTOR	NO. WKS.
\$206	Myeve Capozzi Vocal Training	11
DAY	DATE	TIME
Thu	1/18-3/29	3:15pm-4:15pm

6-11 YRS

Make Me A Pro Soccer **S**

Make Me A Pro Soccer is a fun educational class that teaches through fun games and drills, the key to the class is allowing each child to have as many touches on the ball as possible, while allowing many repetitions on the techniques we teach. Learn techniques of passing, shooting and dribbling. Play the famous steal the bacon soccer game and end each day with game play. Join us we are having a ball! [www.mmappoints.com](http://www.mmappoints.com) *Skip 2/16, 3/16*

**LOCATION:** Springhill Elementary

FEE	INSTRUCTOR	NO. WKS.
\$120	Make Me A Pro Sports	8
DAY	DATE	TIME
Fri	1/26-3/30	2:45pm-3:45pm

6-11 YRS

World Engineering with LEGO® **S**

See how the world around us works and looks through the eyes of LEGO®. From animals and energy to construction equipment, race cars and space travel, we'll explore our world by learning about and building some of the engineering marvels that we encounter every day. Each motorized lesson introduces key terminology related to each build as well as reinforces the S.T.E.M. and CORE concepts. So come build with us! We

Learn, We Build, We Play...with LEGO® bricks

**LOCATION:** Springhill Elementary, MPR

FEE	INSTRUCTOR	NO. WKS.
\$206.50	Bricks 4 Kidz	10
DAY	DATE	TIME
Tue	1/23-3/27	2:45pm-3:45pm

5-12 YRS

Minecraft Island

Challenge Island's Minecraft class turns the digital world of Minecraft into real world, creative fun for kids. Tribes build their own shelters, tools, and crafting tables. They tackle creepers, zombies and other mobs, and design their very own mine trains. This incredible program is sure to sell out fast, so secure your child's spot today! This is not a computer based class.

**LOCATION:** Arts and Crafts Room **B**

FEE	INSTRUCTOR	NO. WKS.
\$192	Challenge Island	11
DAY	DATE	TIME
Tue	1/16-3/27	3:15pm-4:15pm



6-11 YRS

Chess Challenge! **C L**

Chess is fun and can be learned quickly and easily! Studies have found that chess helps improve test results in reading, science and math and produces growth in critical cognitive skills. Beyond academia, chess influences social behavior including self esteem, respect for others, patience and good sportsmanship. And did we mention that it's FUN! *Skip 2/19*

**LOCATION:** Cedar Room **B**

FEE	INSTRUCTOR	NO. WKS.
\$171	Berkeley Chess School	9
DAY	DATE	TIME
Mon	1/22-3/26	3:15pm-4:15pm

**LOCATION:** Lafayette Elementary, Science Room

FEE	INSTRUCTOR	NO. WKS.
\$189	Berkeley Chess School	10
DAY	DATE	TIME
Thu	1/25-3/29	2:45pm-3:45pm



Bus from Burton Valley available at a rate of \$3 per ride.



Springhill Elementary



Lafayette Elementary



Community Center (Burton Valley)

6-12 YRS

## ALOHA Mind Math **L**

Did you know math is rooted in our visual neural networks? Your child will learn to do math on the abacus as well as mental math techniques. Students will develop agility and confidence with numbers, acquire visualization skills and improve concentration and focus. Your child will broaden his or her understanding of math and find their inner math-rockstar. Abacus and workbook included. **Skip 2/16, 3/16**

**LOCATION:** Lafayette Elementary, Science Room

FEE	INSTRUCTOR	NO. WKS.
\$220	Aloha Mind Math	8
DAY	DATE	TIME
Fri	1/19-3/23	2:45pm-3:45pm

6-12 YRS

## Chess Academy for Kids! **S**

This class is a great opportunity for kids to learn how to overcome obstacles, think strategically, and stay focused. Lessons, include easy-to-follow instructions, tournament games when kids play against each other, as well as video presentation and puzzles. All necessary equipment (boards, pieces, clocks, demo tools) are provided.

**LOCATION:** Springhill Elementary, MPR

FEE	INSTRUCTOR	NO. WKS.
\$179	Pacific Chess Academy	11
DAY	DATE	TIME
Thu	1/18-3/29	2:45pm-3:45pm

7-11 YRS

## Cartooning 101 **L**

Beginning Cartooning—anyone can do this class—if you have a pencil & an imagination! This class will help develop your drawing skills & creativity. Design an original cartoon character. Understand the creative process and development of a cartoon from brainstorming. Create a comic book. Learn about: bird's eye view, gag punch lines, props such as a flying hamburger, speech bubbles & thumb nail sketches. **\$10.00 material fee paid to instructor.**

**LOCATION:** Lafayette Elementary, Science Room

FEE	INSTRUCTOR	NO. WKS.
\$179	Jamie Aberegg	11
DAY	DATE	TIME
Tue	1/16-3/27	2:45pm-3:45pm

6-12 YRS

## Fun with Programming— Animate! **S**

Have fun learning how to write computer programs! We will explore writing code to create dynamic, animated digital art and web pages with images, shapes, sounds, and text! Students will learn the fundamentals of computer programming using the very popular language, JavaScript, and will be able to immediately see the results of their code. All necessary equipment will be provided for use during class. Great for beginners or continuing students. No prerequisites required. The main goals of the class are to give students a fun experience, while increasing their exposure to STEM (Science, Technology, Engineering, Math), the scientific method, planning, prioritization, time management, completing projects from start to finish, and organization. Students will gain an appreciation for programming and see how easy it is to learn. They will learn how to break down and analyze problems as they debug their code. **Skip 2/19**

**LOCATION:** Springhill Elementary, MPR

FEE	INSTRUCTOR	NO. WKS.
\$179	Fun With Academics	5
DAY	DATE	TIME
Mon	2/5-3/12	2:45pm-3:45pm

7-11 YRS

## Dodgeball **C**

Ready to play some Dodgeball? Our expert coaches have tons of games in their arsenal and with our soft, easy to grab, dodgeballs, anyone big or small can play! Think you can be the Dodgeball Champion? Come find out! **Skip 1/15, 2/19**

This program connects perfectly with other After School Programs at the Community Center on Monday. If you are enrolled in an after school program, we will walk your child over to the Jennifer Russell Building for an action packed time!

**LOCATION:** Jennifer Russell Building

FEE	INSTRUCTOR	NO. WKS.
\$84	Lafayette Staff	7
DAY	DATE	TIME
Mon	1/8-3/5	4:15pm-5:00pm

**S**

Springhill  
Elementary

**L**

Lafayette  
Elementary

**C**

Community Center  
(Burton Valley)

7-11 YRS

### Indoor Multi-Sport **C**

Play sports inside this winter with Mutli-Sport! No sports experience needed! Just be ready to learn and get moving! Lafayette Rec's Awesome Coaches will lead a variety of sports with different variations all the time to keep it fun and interesting! Come play sports like basketball, soccer, floor hockey, flag football, ultimate frisbee, kickball, dodgeball, and more! **Skip 1/15, 2/19**

Enroll into Dodgeball after Multi-Sport and Coaches will supervise and entertain your child during the gap between the classes!

**LOCATION:** Jennifer Russell Building **B**

FEE	INSTRUCTOR	NO. WKS.
\$84	Lafayette Staff	7
DAY	DATE	TIME
Mon	1/8-3/5	3:15pm-4:00pm

8-11 YRS

### 3D Printing Pen Fun **C**

Please join us for a high-tech and creative class! 3D printing pens are the latest technology in the 3D printing craze. Kids will learn how to create both 2D and 3D artwork and other fun projects through the use of a 3D printing pen. The instructor will teach different art techniques used to bring the student's ideas and creations to life! Lots of great take home projects. The only limit is their imagination.

**LOCATION:** Cedar Room **B**

FEE	INSTRUCTOR	NO. WKS.
\$164	Bricks 4 Kidz	11
DAY	DATE	TIME
Thu	1/18-3/29	3:05pm-4:20pm

8-12 YRS

### Make Me A Pro Basketball **C**

This is a class is lots of fun and will teach the basic techniques of the great game of basketball. Learn techniques of passing and dribbling, and shooting through fun games and drills. This class will be a blast! Please bring water. [www.mmapsports.com](http://www.mmapsports.com)

**LOCATION:** Rink **B**

FEE	INSTRUCTOR	NO. WKS.
\$99	Make Me A Pro Sports	6
DAY	DATE	TIME
Thu	1/18-2/22	3:15pm-4:00pm

**LOCATION:** Rink **B**

FEE	INSTRUCTOR	NO. WKS.
\$83	Make Me A Pro Sports	5
DAY	DATE	TIME
Thu	3/1-3/29	3:15pm-4:00pm

See page 13 for Make Me A Pro Basketball, ages 5-7 YRS


8-12 YRS

### Broadway Bound **C**

Defy Gravity, Seize The Day, and join us for a Musical Theatre adventure! Students will learn the fundamentals of voice, dance, and acting technique while creating mini versions of Broadway Musicals. Students will work together as an ensemble to learn music, choreography, simple lines, and prepare fun costumes. Broadway Bound students will perform in a showcase at the end of the session. Don't throw away your shot!

**LOCATION:** Toyon Room

FEE	INSTRUCTOR	NO. WKS.
\$206	Myeve Capozzi Vocal Training	11
DAY	DATE	TIME
Thu	1/18-3/29	4:30pm-5:30pm



**After School Programs at 3 Locations**  
 This year Lafayette Recreation will be offering onsite after school programs at Lafayette Elementary and Spring Hill. We will also be offering after school programs (ASP) for everyone at the Lafayette Community Center.

**Bus from Burton Valley**  
 Burton Valley students also have the option to take the Lamorinda School Bus (Route 25 and 28) from Burton Valley to the new stop at the Lafayette Community Center!

**Upon arrival at the center, students will be picked up by City staff and escorted to their ASP class.** \*If you already have an annual bus pass you may use your pass or you can add a Burton ASP Bus Pass to your purchase when you sign up for your ASP class. ASP Bus Passes are good for everyday of the class you sign up for and average \$3 a ride. Annual Bus Passes can be purchased at [www.LamorindaSchoolbus.org](http://www.LamorindaSchoolbus.org)

**B** Bus from Burton Valley available at a rate of \$3 per ride.

<b>S</b> Springhill Elementary	<b>L</b> Lafayette Elementary	<b>C</b> Community Center (Burton Valley)
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**FITNESS**

**18 YRS & UP**

**CrossFit for Beginners**

Try the dynamic CrossFit exercise program in a fun and supportive group environment. You'll learn the foundational movements and progress to exciting, constantly varied workouts like no other that include endurance training, body weight movements, weightlifting, core strength, gymnastics, and general agility. The program is scalable for every fitness level and physical need—from Olympic athletes to couch potatoes. Gain flexibility, mobility, endurance, stamina, and strength as you work toward your fitness and health goals. Please wear comfortable athletic shoes.

**LOCATION:** Lamorinda Crossfit, 1037 Blackwood Lane, Lafayette

FEE	INSTRUCTOR	NO. WKS.
\$253	Lamorinda CrossFit	10
DAY	DATE	TIME
Tue & Thu	1/23-3/29	10:00am-11:00am

**55 YRS & UP**

**Seniorcise**

Exercise your body and your mind. It's an effective combination of low-impact exercise, weight training and stretching. Each one-hour session is designed to increase strength, cardiovascular endurance, flexibility and balance. ALL fitness levels are welcome! Bring a mat, a pair of 2-3 lb hand weights and come exercise with GREAT people to the BEST music from the Big Band era through the 60's!" *Skip 2/19, 3/5, 3/6, 3/7, 3/8*

**LOCATION:** Live Oak

FEE	INSTRUCTOR	NO. WKS.
\$54	Susan Funkhouser	10
DAY	DATE	TIME
Mon	1/8-3/26	10:30am-11:30am

FEE	INSTRUCTOR	NO. WKS.
\$64	Susan Funkhouser	12
DAY	DATE	TIME
Tue	1/2-3/27	10:30am-11:30am
Wed	1/3-3/28	10:30am-11:30am
Thu	1/4-3/29	10:30am-11:30am



**18 YRS AND UP**

**Jazzercise**



Jazzercise is a pulse-pounding, bass-dropping fitness program that gets results...fast. It's a calorie-torching, hip-swiviling dance party workout with a hot playlist to distract from the burn. Customers can incinerate up to 800 calories in a 60-minute class. Workout includes warm up, cardio, muscle toning, strength training with weights and stretching. Wear aerobic shoes and bring a mat. [www.jazzercise.com](http://www.jazzercise.com). *On-going. Sign-up anytime. Register at class.*

**LOCATION:** Live Oak Room

**CONTACTS:** Nancy G. 937-6768 | Cyndi B. 528-9836

FEE	EFT FEE
\$15 Walk-in	\$50/mo EFT Unlimited Pass*
Weekend rate/class pass available.	
*EFT=Electronic Fund Transfer, month-to-month payment plan	

DAY	TIME	INSTRUCTOR
M/W/F	6:00am	Nancy G
Tu/Th	9:10am	Nancy G
M/W/F	9:10am	Nancy G*
M/W	5:45pm	Cyndi B
T/Th	6:00pm	Cyndi B
Sa	9:00am	Nancy G
Su	9:00am	Cyndi B

\*Jazzercise Lo = Dance mix, no jump.

**MIND & BODY**

**18 YRS & UP**

**Meditation**

Calm your mind and body with meditation methods that can be learned and repeated at home. Bringing together ancient meditation techniques and modern scientific research, I will help you understand your body and work towards tranquility, stress relief, and renewed energy.

**LOCATION:** Cedar Room

FEE	INSTRUCTOR	NO. WKS.
\$124	Mojgan Kaviani	4
DAY	DATE	TIME
Thu	1/4-1/25	9:30am-10:30am
Thu	2/1-2/22	9:30am-10:30am
Thu	3/1-3/22	9:30am-10:30am

## MIND & BODY

### 18-70 YRS

## Back Pain Relief—Naturally

80% of adults living in the U.S. will have some type of back problem in their lives. Unfortunately the use of drugs and physical therapy have their limits and often result in negative consequences. In this workshop you will learn natural methods for back care and why the use of yoga therapy for back issues is quickly becoming recognized as a highly effective healing modality. This workshop is ideal for students, teachers, and anyone with back problems who would like to learn how to relieve and prevent back problems: • First aid for back problems • How to get out of pain quickly • Gain a clear understanding of why back problems occur and how they can be prevented • A yoga back care practice that helps almost everyone with back problems • A brief look at the anatomy of the low back

**LOCATION:** Elderberry Room

FEE	INSTRUCTOR	NO. WKS.
\$73	Howard VanEs	3
DAY	DATE	TIME
Tue	1/23-2/6	7:15pm-8:15pm

### 18 YRS & UP

## The Balance Point—Integration of the Mind, Body and Spirit

In this class an integral approach to rebuilding the union between the mind, body, and spirit is explored. The four part class includes: Exercises for the right/left brain integration, memory and focus... Meditation... Tai Chi movements... Hand/eye coordination and integrative movements.

**LOCATION:** Toyon Room

FEE	INSTRUCTOR	NO. WKS.
\$49	Ken McNamara	7
DAY	DATE	TIME
Mon	1/8-2/19	10:30am-11:45am
Mon	2/26-4/9	10:30am-11:45am

### 18 YRS & UP

## Tong Ren Qi Gong

Ancient exercise meets neurosciences. A 21st century perspective on a 2,500 year old Chinese energy practice. Easy to learn. Does not take much time to practice every day. Helpful with stress and various chronic conditions.

**LOCATION:** Cedar Room

FEE	INSTRUCTOR	NO. WKS.
\$61	Henry Yu	13
DAY	DATE	TIME
Thu	1/4-3/29	7:00pm-8:30pm

### 18-85 YRS

## Chakra Class

In this class, we will learn about the 7 major chakras in our body, and their interconnections with our organs and their effects on our health. With this knowledge, we will work together on techniques that can improve our health and give us more control over our physical and emotional state. Can we be aware of our health and changes in our body without constantly exposing ourselves to unnecessary chemicals?

**LOCATION:** Cedar Room

FEE	INSTRUCTOR	NO. WKS.
\$134	Mojgan Kaviani	4
DAY	DATE	TIME
Thu	1/4-1/25	10:30am-12:00pm
Thu	2/1-2/22	10:30am-12:00pm
Thu	3/1-3/22	10:30am-12:00pm

## YOGA

### 16 YRS & UP

## Hatha Yoga

This beginning/intermediate beginning class promotes strength building and flexibility through proper physical alignment of the asanas (postures) as well as relaxation techniques through various breathing practices. Poses are adjusted to suit different ages and body types. Bring a yoga mat and thick blanket. **Skip 1/30, 1/31**

**LOCATION:** Sequoia Room

FEE	INSTRUCTOR	NO. WKS.
\$164	Nancy Anderson	12
DAY	DATE	TIME
Tue	1/2-3/27	7:15pm-8:30pm
Wed	1/3-3/28	9:15am-10:30am



**YOGA**

**16 YRS & UP**

**Yoga with Silloo**

This Yoga class teaches a mix of exercises (asanas) for strengthening, stretching and relaxing the body while also focusing on body alignment. You are introduced to the therapeutic aspects of Yoga, to breathing techniques and meditation. Each class ends with relaxation and breathing techniques. It's a friendly, gentle atmosphere. Silloo has trained with the internationally renowned B.K.S. Iyengar for 8 years and has taught Yoga for many years. Printed handouts are available. Bring a blanket. You may try one class for free. All levels are welcome. *Monday Class: Skip 1/15, 2/19*

**LOCATION:** Sequoia Room

FEE	INSTRUCTOR	NO. WKS.
\$144	Silloo Tarapore	10
DAY	DATE	TIME
Mon	1/8-3/26	9:15am-10:30am

**LOCATION:** Toyon Room

FEE	INSTRUCTOR	NO. WKS.
\$172	Silloo Tarapore	12
DAY	DATE	TIME
Thu	1/11-3/29	6:00pm-7:15pm

**18 YRS & UP**

**Yoga Workout**

This class provides a solid foundation of yoga through postures, movement, breathing and relaxation. Appropriate for beginners or those with yoga experience. Bring a blanket to class. Two skip dates will be announced by instructor.

**LOCATION:** Toyon Room

FEE	INSTRUCTOR	NO. WKS.
\$144	Elisabeth McIntyre	10
DAY	DATE	TIME
Tue	1/9-3/27	6:00pm-7:15pm

**18 YRS & UP**

**Intro to Yoga**

If you have been thinking about trying yoga or have very little experience this is the class for you! Introduces basic yoga postures, breathing and yoga philosophy. Improve flexibility, reduces stress, and build energy. Bring a yoga mat and thick blanket. *Skip 2/18*

**LOCATION:** Sequoia Room

FEE	INSTRUCTOR	NO. WKS.
\$158	Howard VanEs	11
DAY	DATE	TIME
Sun	1/7-3/25	10:30am-11:45am

**18 YRS & UP**

**Yoga Beginning/Advanced Beginning**

This class is for those with some yoga experience or athletic beginners. Deepen your experience of basic postures, learn more challenging postures, posture flow and breathing practices. Please bring a yoga mat and thick blanket. *Skip 2/13 & 2/16*

**LOCATION:** Sequoia Room

FEE	INSTRUCTOR	NO. WKS.
\$158	Howard VanEs	11
DAY	DATE	TIME
Tue	1/9-3/27	10:00am-11:15am
Fri	1/12-3/30	9:15am-10:30am



**TENNIS**

**18 YRS & UP**

**Beginning Adult Tennis**

This class is for beginners or students that are continuing on with lessons. Introduction to basic groundstroke, volley and serve technique. Fun games, drills and live ball rallying are part of this class. *Skip 2/19*

**LOCATION:** Lafayette Tennis Club, 3125 Camino Diablo Road, Lafayette

First class meets in the gazebo near court #1

FEE	INSTRUCTOR	NO. WKS.
\$134	Lafayette Tennis Club	8
DAY	DATE	TIME
Mon	1/22-3/19	6:30pm-7:30pm
Wed	1/24-3/14	6:30pm-7:30pm

## ARTS & CRAFTS

18 YRS & UP

### Landscape & Portraiture Painting

Class is designed to expand your creativity and art education while having fun. Learn to create strong design and attain accurate color, values and representation through demonstrations and individual instruction. [www.westernpainter.com](http://www.westernpainter.com) Beginners welcome. **New students may attend first class for free.**

**LOCATION:** Arts and Crafts Room

FEE	INSTRUCTOR	NO. WKS.
\$124	Gary Bergren	6
DAY	DATE	TIME
Tue	1/9-2/13	10:00am-12:30pm

FEE	INSTRUCTOR	NO. WKS.
\$104	Gary Bergren	5
DAY	DATE	TIME
Tue	2/27-3/27	10:00am-12:30pm

18 YRS & UP

### Painting Workshop

A basic multi-level painting class. Topics include color theory, composition, brush and palette knife techniques, creating atmospheric and textural effects, developing style, use of painting mediums and various other painting applications and techniques. Students may work in any style from abstract to realism and in any paint medium such as acrylic, alkyd, oil or watercolor.

**LOCATION:** Arts and Crafts Room

FEE	INSTRUCTOR	NO. WKS.
\$88	Mark Jezierny	4
DAY	DATE	TIME
Thu	1/4-1/25	9:30am-12:30pm
Thu	2/1-2/22	9:30am-12:30pm

FEE	INSTRUCTOR	NO. WKS.
\$109	Mark Jezierny	5
DAY	DATE	TIME
Thu	3/1-3/29	9:30am-12:30pm



## DANCE

18 YRS & UP

### Belly Dancing Mixed Level

Belly dance your way to increased fitness and joy! Learn basic steps and dance isolations of Raks Sharki, also known as belly dance! Learn to play finger cymbals and dance with a veil. Optional student performance parties every quarter. Pre-registration advised. (Under 16 years OK if enrolled concurrently with parent). Optional dance supplies (CDs, finger cymbals, and silk veils) available for purchase in class. Soft leather soled shoes recommended—hermes sandals, jazz or ballet practice shoes. Thick socks okay but no rubber soles or bare feet please. **Skip 2/19**

**LOCATION:** Toyon Room

FEE	INSTRUCTOR	NO. WKS.
\$104	Surreyya Beth Hada	9
DAY	DATE	TIME
Mon	1/22-3/26	6:30pm-7:30pm



18 YRS & UP

### Line Dancing

Picture rows of people dancing a set of choreography as an ensemble. Learn new and traditional line dances in a comfortable, welcoming, fun-filled class. Line dancing isn't just country western anymore. It's also a rich blend of other music and dance styles including latin, popular and swing. Enjoyable exercise that will free the dancer in you. No partners needed. Beginners and intermediates welcome. No perfume or fragrances please.

**LOCATION:** Live Oak

FEE	INSTRUCTOR	NO. WKS.	
\$46	John Trentacosti	6	
LEVEL	DAY	DATE	TIME
Mixed Level	Mon	1/8-2/12	12:30pm-1:30pm
Intermediate	Mon	1/8-2/12	1:30pm-3:00pm
Mixed Level	Mon	2/19-3/26	12:30pm-1:30pm
Intermediate	Mon	2/19-3/26	1:30pm-3:00pm
Mixed Level	Tue	1/9-2/13	7:30pm-9:00pm
Mixed Level	Tue	2/20-3/27	7:30pm-9:00pm

**COOKING**

**18 YRS & UP**

**Dim Sum Workshop**

Dim Sum means “a little bit of heart,” and these little savories and sweets surely gladden the heart and palate. Dim sum can be served as an elegant and a fun light appetizer, lunch, snack, or as a special treat. We will learn to use a variety of specialties to create popular items, and learn techniques of filling and wrapping in hands-on preparing delicious dim sum, such as Pork & Shrimp Dumplings, BBQ Pork Buns, Chinese Broccoli, Sesame Seeds Balls, etc. Some can be made a lot in advance and frozen for several meals. Bring your sharp chef’s knife or cleaver, cutting board, hand towel, beverage, and a to-go box.

**LOCATION:** Kitchen

FEE	INSTRUCTOR	NO. WKS.
\$60	Chat Mingkwan	1
DAY	DATE	TIME
Tue	3/20	6:30pm-9:30pm



**18 YRS & UP**

**Sushi Workshop**

Let’s make our sushi fresh, light, and clean with a variety of seasonal and local offerings. Learn to prepare fresh ingredients for various toppings and learn simple techniques in making your perfect sushi. With a hands-on approach, we will make Nigiri (finger rolls) and Maki Nori (seaweed rolls) with the freshest ingredients, such as Nigiri: ebi, hamachi, inari, maguro, unagi, Gunkan Nigiri: ikura, tobiko, Hosomaki: cucumber roll, spicy roll, Uramaki: California roll, Philadelphia roll. Please bring a sharp, pointy-tip chef’s knife, large cutting board, bamboo matt, hand towel, and beverage.

**LOCATION:** Kitchen

FEE	INSTRUCTOR	NO. WKS.
\$60	Chat Mingkwan	1
DAY	DATE	TIME
Wed	2/7	6:30pm-9:30pm

**18 YRS & UP**

**Healthy Stir-fries**

Chinese invented wok and stir fry cooking technique and all Asian Cuisines adapted and modified this technique to call their own. Stir-frying is a fresh, quick, and easy food preparation using the healthiest ingredients, taking little time to cook, and employing simplest technique. Let’s make delicious and popular Asian stir-fried dishes from Chinese, Japanese, Thai, Vietnamese cuisines etc. and make them healthier and personalized by adding our own twists, such as Broccoli and Beef. Please bring your sharp chef’s knife, cutting board, hand towel, apron, and your own beverage.

**LOCATION:** Kitchen

FEE	INSTRUCTOR	NO. WKS.
\$60	Chat Mingkwan	1
DAY	DATE	TIME
Wed	1/31	6:30pm-9:30pm

**18 YRS & UP**

**Easy Thai Cooking**

Intimidate, no longer! Let’s cook popular Thai dishes with simplest techniques and little time. Local and easy to find ingredients are transformed into delicious dishes, such as lemongrass soup, stir-fried noodles, hot and sour salad, curry, etc., and some can be stored for several meals. Bring your sharp chef’s knife or cleaver, cutting board, hand towel, apron, and beverage.

**LOCATION:** Kitchen

FEE	INSTRUCTOR	NO. WKS.
\$60	Chat Mingkwan	1
DAY	DATE	TIME
Tue	2/27	6:30pm-9:30pm

**21 YRS & UP**

**Wine Excursion: An Afternoon at a Local Winery**

Join the winemaker and grower at their family-owned, micro boutique winery in Moraga. Participants will learn how a healthy vineyard is developed, and handcrafted wine processed using green, sustainable practices and expand on the newly recognized Lamorinda American viticulture area (AVA). Barrel tasting and artisan cheese pairing will complete the class. Comfortable attire is recommended. Don’t miss this unique outdoor excursion for minds and bodies!

**LOCATION:** Captain Vineyards, Moraga

FEE	INSTRUCTOR	NO. WKS.
\$43	Susan Captain	1
DAY	DATE	TIME
Sun	1/14	1:00pm-3:00pm
Sun	2/11	1:00pm-3:00pm
Sun	3/11	1:00pm-3:00pm



## GENERAL ENRICHMENT

### 16 YRS & UP

## Dog Obedience—Advanced

Prerequisite: Instructor's permission. Develop skills to compete in AKC obedience trials. *Skip 2/15*

**LOCATION:** Jennifer Russell Building

FEE	INSTRUCTOR	NO. WKS.
\$109	Barb Peppin	8
DAY	DATE	TIME
Thu	1/11-3/8	8:30am-9:30am



### 16 YRS & UP

## Dog Obedience—Intermediate

Intermediate Dog Obedience Prereq: Completion of Lafayette Community Center Beg. Obedience. Develop skills to pass the AKC Canine Good Citizen Class. Introduction to Agility. *Skip 2/14*

**LOCATION:** Jennifer Russell Building

FEE	INSTRUCTOR	NO. WKS.
\$189	Barb Peppin	8
DAY	DATE	TIME
Wed	1/10-3/7	7:45pm-9:00pm

### ALL AGES — PUPPIES 3-9 MONTHS

## Dog Obedience—Beginning

Basic obedience instruction for puppy owners and their puppies. Puppies will learn sit, down, come, stay, stand and heel. Solutions for puppy behavior problems including jumping, biting, etc. Bring proof of vaccinations to 1st class. Equipment required: 6 foot leather leash, martingale collar. Attendance is mandatory at the first week of class. **No dogs at first class. Children must be accompanied by a parent. No dogs older than 9 months! Skip 2/14**

**LOCATION:** Jennifer Russell Building

FEE	INSTRUCTOR	NO. WKS.
\$194	Barb Peppin	8
DAY	DATE	TIME
Wed	1/10-3/7	6:30pm-7:30pm

### 18 YRS & UP

## Bridge—Diamond Series, Supervised Play/ Diamond

SUPERVISED PLAY is designed to provide reinforcement of one's bridge skills that were introduced in the diamond series/play of the hand. Each week 8 predealt hands are played while Carol is available for advise (help) on bidding, declarer's plan, or defensive strategy. Time permitting, there will also be randomly dealt hands for further exploration and fun. All hands will be discussed.

**LOCATION:** Sequoia Room

FEE	INSTRUCTOR	NO. WKS.
\$104	Carol Griffin	10
DAY	DATE	TIME
Mon	2/26-4/30	3:15pm-5:15pm

### 18 YRS & UP

## Bridge—Defense Heart Part I

This is an ACBL course on making a defensive plan. Part I is a 10 week course that covers lead against NT, leads against suit contracts, 2nd hand play, third hand play and defensive signals. Each class gives the student the opportunity to defend against 4 predealt hands. Every other class there will be 8 predealt hands based on the previous weeks lesson.

**LOCATION:** Sequoia Room

FEE	INSTRUCTOR	NO. WKS.
\$104	Carol Griffin	10
DAY	DATE	TIME
Mon	2/26-4/30	1:00pm-3:00pm

### 18 YRS & UP

## Bridge: The Art of the Opening Lead

This class is designed for advancing players who have mastered the basics from the Heart Series/defense. Each week will present a lecture, followed by many quiz hands to reinforce the concepts. Pre-dealt hands conclude the class, which again reinforce the concepts presented, while Grant and Greg supervise. Topics include: Lead conventions—honors and spot cards, Listening to the bidding, Leads against Suits vs. No Trump, Leads against Slams, Active vs. Passive Leads, Lead-directing Doubles, Lightner Doubles and Doubles of 3NT.

**LOCATION:** Cedar Room

FEE	INSTRUCTOR	NO. WKS.
\$108	Grant Vance	8
DAY	DATE	TIME
Wed	1/17-3/7	4:45pm-6:45pm

GENERAL ENRICHMENT

18 YRS & UP

### Bridge: To Slam or Not to Slam, That is the Quest

This class is designed for advancing players who have mastered the basics from the Diamond Series/play of the hand. Each week will present a lecture, followed by many quiz hands to reinforce the concepts. Pre-dealt hands conclude the class, which again reinforce the concepts presented, while Grant and Greg supervise. Topics to be covered include: Blackwood (Roman Key Card), Minorwood, Gerber, Exclusion Key Card, Slam tries after a 1NT Opener, Slam tries after 1 of a Suit Opener, Slam tries after a Preempt, 4NT and 5NT as No Trump raises, Q-bidding, Blasting, and the importance of Points vs tricks

**LOCATION:** Sequoia Room

FEE	INSTRUCTOR	NO. WKS.
\$108	Grant Vance	8
DAY	DATE	TIME
Wed	1/17-3/7	7:00pm-9:00pm

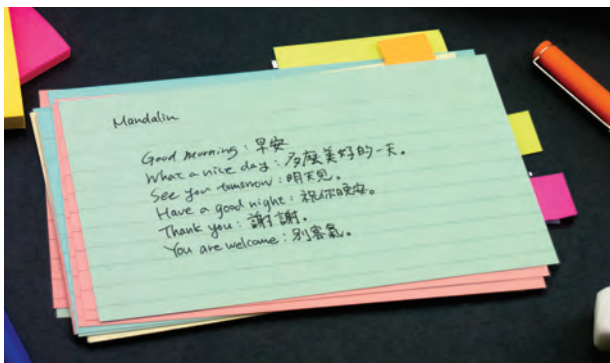
18 YRS & UP

### Mandarin—Conversational Chinese

To teach conversational Chinese and enable students to start learning Mandarin Chinese. Through conversation, games, cultural introduction, students learn phonic skill, greetings, numbers, family member titles, date/time, basic grammar and character writing knowledge. Knowledge learned in the class can be easily applied to travel, business, academic needs or personal interest. **\$10 supply fee payable to instructor on first day of class. Skip 1/15, 2/19**

**LOCATION:** Cedar Room

FEE	INSTRUCTOR	NO. WKS.	
\$204	Walnut Creek Chinese School	10	
LEVEL	DAY	DATE	TIME
I	Mon	1/8-3/26	12:00pm-1:15pm
II	Mon	1/8-3/26	9:00am-10:15am
III	Mon	1/8-3/26	10:30am-11:45am



MUSIC

18 YRS & UP

### Beginning Guitar

You don't need musical experience to start playing guitar immediately. Learn the rudiments of reading music, notes below the 5th fret for all 6 strings and popular and open chords. Learn techniques through playing the music of various contemporary artists. Bring your own guitar. **\$20 supply fee paid to instructor for book and CD.**

**LOCATION:** Elderberry Room

FEE	INSTRUCTOR	NO. WKS.
\$90	Glenn Staller	6
DAY	DATE	TIME
Sat	1/13-2/17	1:30pm-2:15pm

**Continue Your Guitar Study.** If you've had prior instruction and are ready to move on, you'll enjoy studying various contemporary artists and styles, techniques and theories. Learn positions throughout the entire fret board including scales, chords, and "putting it all together." **\$20 supply fee paid to instructor for book and CD.**

FEE	INSTRUCTOR	NO. WKS.
\$80	Glenn Staller	5
DAY	DATE	TIME
Sat	2/24-3/24	1:30pm-2:15pm

18 YRS & UP

### Ukulele

Just that...the basics of playing the ukulele. Have fun getting started and enjoy playing various songs. Focus is on learning notes, chords, strumming and transitions. **\$20 supply fee paid to instructor at first class.**

**LOCATION:** Elderberry Room

FEE	INSTRUCTOR	NO. WKS.
\$90	Glenn Staller	6
LEVEL	DAY	TIME
Sat	1/13-2/17	2:30pm-3:15pm

This course is a continuation of the beginning class and focuses on songs, various styles, and "putting it all together." We'll learn a new song each week and practice playing together. Guaranteed to be a fun class for everyone! **\$20 supply fee paid to instructor at first class.**

FEE	INSTRUCTOR	NO. WKS.
\$80	Glenn Staller	5
LEVEL	DAY	TIME
Sat	2/24-3/24	2:30pm-3:15pm

# Lafayette Recreational Trails

## Lafayette-Moraga Regional Trail

This 7.65-mile trail parallels St. Mary's Road through Lafayette and Moraga along a historic railroad route. It accommodates hiking, bicycling, and equestrian use. There are opportunities for restroom stops at the Lafayette Community Center and Park. Please call 1-888-EBPARKS (1-888-327-2757) or visit [www.ebparks.org](http://www.ebparks.org) for more information.

## City of Lafayette Neighborhood Trails

Neighborhood trails provide connections to regional trails and other recreational facilities or make loops within a neighborhood. Maps and detailed descriptions of the trails are available at the Lafayette Parks, Trails & Rec. Office at 500 St. Mary's Road or at [www.ci.lafayette.ca.us](http://www.ci.lafayette.ca.us).

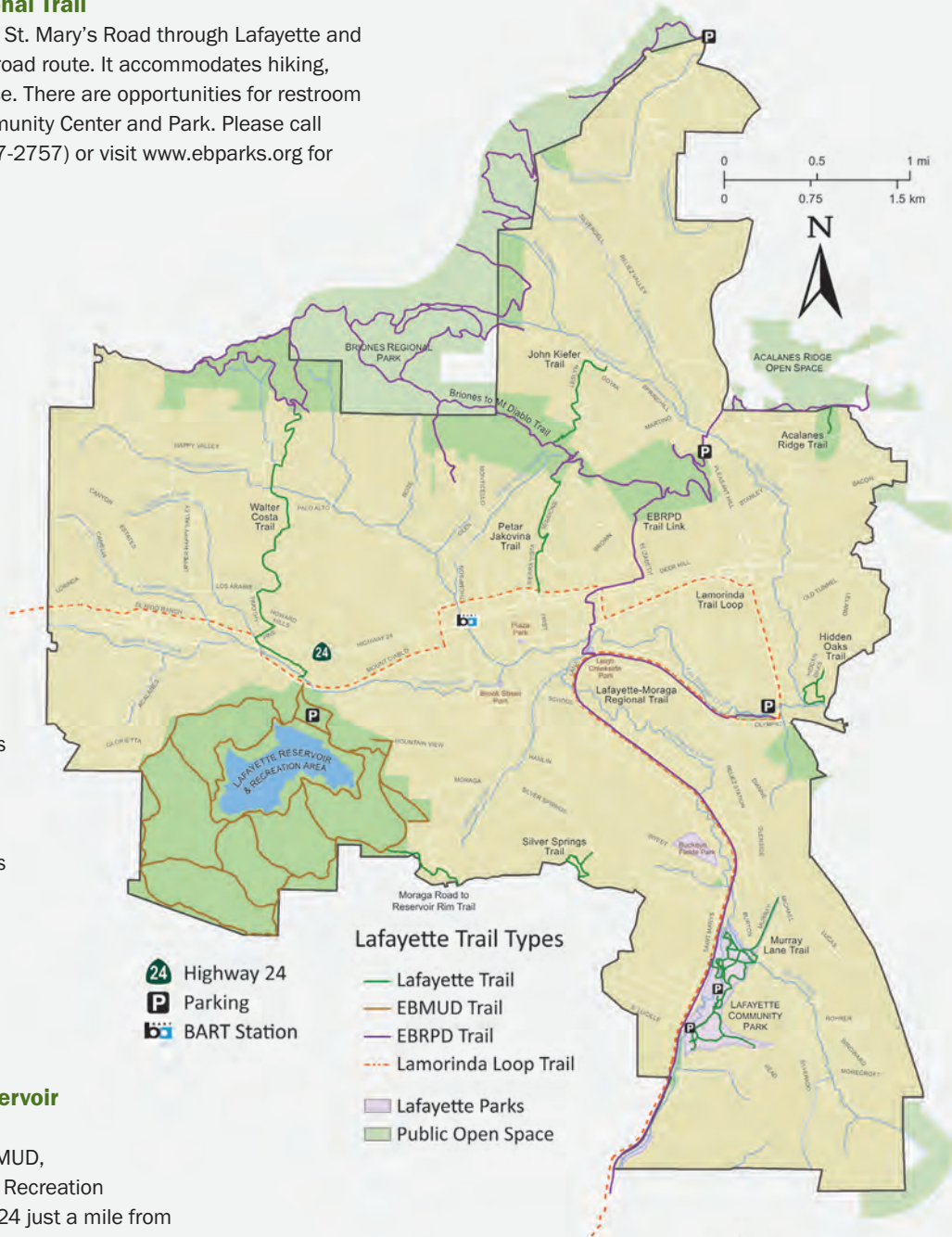
- Walter Costa Trail 2.2 miles
- Springhill Valley Trail 0.75 miles
- Hidden Oaks Trail 0.5 miles
- Murray Lane Trail 0.3 miles
- Petar Jakovina Trail 1 mile
- John Kiefer Trail 0.78 miles
- Moraga Rd. to Reservoir Rim Trail 0.5 miles

## Lafayette Community Park Trails

3 miles of multi-use trails.

## EBMUD's Lafayette Reservoir and Recreation Area

Owned and operated by EB MUD, the Lafayette Reservoir and Recreation area is located off Highway 24 just a mile from Lafayette BART. This all-year, day-use area is ideal for hiking, jogging, fishing, boating and picnicking. Hikers will love the 2.8-mile paved Shore Trail that completely encircles the Reservoir. The Rim Trail is a more challenging 4.3-mile dirt trail that traverses the ridge tops surrounding the Reservoir. Please call 284-9669 or go to [www.ebmud.com](http://www.ebmud.com) for more information.



**PROGRAMS & SERVICES**

## How to Pay Your Membership Fee and Register for Classes

**Membership: \$15/ person per calendar year (January 1–December 31, 2018)**

Members of Lafayette Senior Services pay no fee, or the discounted fee, for most programs and services listed below. Additionally, the quarterly Activity Guide is mailed to each member. Your membership pays for itself after just 1 1/2 classes!

You may pay for your membership and register for classes using any one of the following methods. Accepted credit cards are Visa, MasterCard, Discover and American Express.

- **Online 24/7:** www.LafayetteRec.org
- **Phone:** 925/284-5050 Monday–Friday, 9:00am–5:00pm. Office closed 12:30-1:15 pm
- **Walk-In:** Lafayette Community Center Main Office, 500 St. Mary’s Rd. Monday–Friday, 9:00am–5:00pm. Office closed 12:30-1:15pm
- **Mail-in:** Print out a membership form: go to the City of Lafayette website www.LoveLafayette.org and click on the Senior Services tab, then Senior Services Membership. Make checks payable to City of Lafayette and mail to Lafayette Senior Services, 500 St. Mary’s Road, Lafayette, CA 94549.

## Apple Basics

*Sharon Beck, Owner of Mac-Senior*

This ongoing class covers many topics such as Apple IDs, iTunes, iCloud and the basics of iPad and iPhone usage. Topics for upcoming sessions are based on participants’ input and needs. There is always time for Q&A at the end of each class. Please note: this class deals with Apple devices only.

**LOCATION:** Elderberry Room



FEE:	MEMBERS	NON-MEMBERS
	No Charge	\$10 per meeting
DAY	DATES	TIME
1st & 3rd Th	1/4, 1/18, 2/1,	10:30am-Noon
Monthly	2/15, 3/1, 3/15	



## ‘As the Page Turns’ Book Club

*Facilitated by JoAnne Schaarschmidt, Lafayette Library ‘Friends Corner Book Shop’ Volunteer*

Looking for a good book to discuss with others? Join this informal group of booklovers and enjoy enrichment, lively discussion, fellowship and refreshments. The group is of mixed gender and everyone gets to participate in the discussions as well as the selection of books. Please contact Lafayette Senior Services for the book title of the month: Seniors@LoveLafayette.org or 284-5050.

**LOCATION:** Elderberry Room

FEE:	MEMBERS	NON-MEMBERS
	No Charge	\$10 per meeting
DAY	DATES	TIME
3rd Tu	1/16, 2/20, 3/20	1:00pm-2:30pm
Monthly		

## Anne Randolph Physical Therapy Presentations

Anne Randolph, RPT, has been practicing physical therapy since 1977. She provides outpatient therapy in Lafayette and specializes in the care of those 55 and over.

**LOCATION:** Cedar Room

FEE:	MEMBERS	NON-MEMBERS
	No Charge	\$10 per meeting

### ARTHRITIS

DAY	DATE	TIME
Wed	1/24	11:30am-12:30pm

Live the best life you can with arthritis. Understand the challenges and changes arthritis brings on and find practical solutions to make daily activities easier.

### POSTURE

DAY	DATE	TIME
Wed	2/28	11:30am-12:30pm

Poor posture can lead to discomfort, pain and other problems. Discussion, demonstration, and exercises will be offered to improve posture, decrease pain, and help in the never ending battle against gravity.

### ART OF BALANCE

DAY	DATE	TIME
Wed	3/28	11:30am-12:30pm

If you are worried about falling or are at risk of falling, you should know about simple ways to improve balance. Learn how to gain increased balance and avoid the risk of falling.



## RESERVOIR WALKING GROUP

*Led by Jim Scala*

Meet us at the reservoir for camaraderie, fresh air and enjoyable exercise, all in magnificent surroundings. Choose the distance you want to go by joining the group that walks the entire circuit, or the group that goes a shorter distance which avoids the large hills, yet yields sufficient moderate exercise. Increase your balance and fitness—both physical and mental—and leave each week uplifted and radiant with that overall feeling of well-being! To add your name to the email notification list: Seniors@LoveLafayette.org or 284-5050. Bring quarters or credit card for parking meter. Annual senior (62+) passes may be purchased at the Visitor Center at the reservoir.

**LOCATION:** Reservoir, Center Bench on the Dam

FEE:	MEMBERS	NON-MEMBERS
	No Charge	No Charge
DAY	MEET	TIME
Every Tu/Th/Sa	9:20am	9:30-11:00am

## Discovering Opera: Wagner's *The Flying Dutchman*

*Presented by Bradford Wade, opera lover for 40 years*

Take a Dutch sea captain who is condemned to sail the seven seas for eternity, and who has become the stuff of legend. Add a young woman who believes that she is the one who can release him from this curse by being true to him, even unto death; her father, mesmerized by the treasure on the Dutchman's ship; and her nominal lover, who lacks the Dutchman's charisma. Drench with Richard Wagner's thrilling music and you get the first of his ten great operas, and one of his shortest and most approachable. Lecturer Bradford Wade will give a guided tour of *The Flying Dutchman*, with a description of the plot interspersed with musical examples. This lecture is given in conjunction with Opera San José's production of *The Flying Dutchman*, Feb. 10-25, 2018.

**LOCATION:** Lafayette Library, Arts & Science Room

FEE:	MEMBERS	NON-MEMBERS
	No Charge	\$10
DAY	DATES	TIME
Thu	2/8	1:30pm-3:00pm

## Drop-In Intermediate Mah Jongg

Bring your card and mah jongg set, and join other intermediate-level players every Tuesday afternoon.

**LOCATION:** Cedar Room

FEE:	MEMBERS	NON-MEMBERS
	No Charge	\$10/meeting
DAY	TIME	
Every Tues	12:30pm-3:30pm	

## Cooking: Cold Weather Comfort Foods



*Presented by Cory Ruth, Byron Park Chef de Cuisine*

Chase away the winter chill with dishes that nourish and warm you. In this demonstration-style

class, you will learn techniques and cooking styles geared toward winter cooking. You'll enjoy tasty samples of each dish and leave with new recipes to make winter meal prep a snap! **Space is limited; these classes fill up quickly. RSVP to Lafayette Senior Services by Thursday, February 8: Seniors@LoveLafayette.org or 284-5050.** Please arrive early to allow time for parking.

**LOCATION:** Byron Park, 1700 Tice Valley Blvd., Walnut Creek

FEE:	MEMBERS	NON-MEMBERS
	No Charge*	\$10
DAY	DATES	TIME
Thu	2/15	2:00pm-4:00pm

\*\$10 deposit required to hold your spot; fully refundable the day of class or if cancellation is made 3 business days in advance.

## Let's Do Lunch!

Discover and explore the various dining experiences Lamorinda has to offer. Relax, enjoy a meal, meet new people, socialize and take part in lively conversation! Space is limited. The restaurants provide separate checks; individuals pay for their own meals. Membership in Lafayette Senior Services is required in order to participate. Contact Lafayette Senior Services for the name of the next restaurant and to make your reservations: Seniors@LoveLafayette.org or 284-5050. This interest group is offered in conjunction with Lamorinda Village [www.lamorindavillage.org](http://www.lamorindavillage.org)

**LOCATION:** Various local restaurants

**FEE: Membership in Lafayette Senior Services is required. Individuals pay for their own meals.**

DAY	DATES	TIME
1st Tu	1/9 (RSVP by 1/4)	11:30am
Monthly*	2/6 (RSVP by 2/1) 3/6 (RSVP by 3/1)	

\*(January meeting will be 2nd Tues)

## Senior Scam Workshop

*Presented by Pearl Yon, Communication Specialist, Better Business Bureau*

This workshop will educate you on the scams that most frequently target older adults. You will learn to recognize the red flags and receive tips on how to avoid the scammers' tactics. Additionally, you will be provided with useful resources that will help lower your chances of falling victim to these scams. Handouts of the information will be yours to take home.

**LOCATION:** Cedar Room

FEE:	MEMBERS	NON-MEMBERS
	No Charge	\$10
DAY	DATE	TIME
Thu	3/22	10:30am-Noon

## Showtime at Town Hall Theatre:

### *Woman in Mind*

*by Alan Ayckbourn*

Poor Susan. After a series of unfortunate occurrences that lead to a few hilarious hallucinations, her real and imaginary worlds collide. The fantasies that ensue take on a dark comedic life of their own. For information on how to purchase discount tickets, contact Lafayette Senior Services: Seniors@LoveLafayette.org or 284-5050. Tickets must be purchased by March 9, 2018. Free pre-show music in the lobby.

**LOCATION:** Town Hall Theatre, 3535 School Street, Lafayette

FEE:	MEMBERS	NON-MEMBERS
	\$20	\$20
DAY	DATE	TIME
Sun	3/18	2:00 Curtain

## Smart Driver 4 Hour Refresher Course

*Offered through AARP*

This abbreviated refresher course is for those who have taken either an AARP eight-hour or a refresher driving course within the last three years. Refine your driving skills, develop safe, defensive techniques, and possibly lower your insurance premium. Max: 25 paid registrants. To reserve your spot, send check, made payable to AARP, to Lafayette Senior Services, 500 St. Mary's Rd., Lafayette, CA 94549.

**LOCATION:** Cedar Room

FEE:	AARP MEMBERS	NON-MEMBERS
	\$15	\$20
DAY	DATE	TIME
Thu	2/1	9:00am-1:45pm

## Veterans' Benefits

*Presented by Contra Costa County Veteran Services Office*

If you are a veteran or a family member of a veteran, you should be aware of the potential benefits available to you. The Contra Costa County Veteran Services Office provides assistance to the men and women who served in the Armed Forces of America, their dependents and survivors, and the general public, in obtaining benefits from the U.S. Department of Veterans Affairs (VA), Department of Defense (DOD), California Department of Veterans Affairs (CDVA), and other programs for veterans and their families.

**LOCATION:** Cedar Room

FEE:	MEMBERS	NON-MEMBERS
	No Charge	No Charge
DAY	DATE	TIME
Wed	2/21	10:30am-Noon

## Words of Wisdom

*Discussion Group Led by Craig Janke*

Share your opinions in a freewheeling exchange of ideas from current events to philosophy to the inspirational. There may be agreement or there may be differing opinions—it's all in the spirit of learning, sharing, enrichment and good humor. Our "elder perspective" frequently sounds a lot like wisdom!

**LOCATION:** Elderberry Room

FEE:	MEMBERS	NON-MEMBERS
	No Charge	\$10 per meeting
DAY	DATES	TIME
3rd Tue	1/16, 2/20, 3/20	10:30am-Noon
Monthly		

## Positive Living Forum ("Happiness Club")

*Moderated by Bob Nozik, MD, Prof. Emeritus UCSF, Author of "Happy 4 Life: Here's How to Do It."*

Brighten your day and take part in this interactive gathering which features discussions on a wide range of topics that guide participants toward a more ideal and positive life experience. Drop-ins welcome!

**LOCATION:** Elderberry Room

FEE:	MEMBERS	NON-MEMBERS
	No Charge	\$10 per meeting
DAY	DATE	TIME
2nd Thu	1/11, 2/8, 3/8	10:30am-Noon
Monthly		

## Free Peer Counseling

Contra Costa Health Services offers free one-to-one counseling with trained senior counselors who use their life experiences to help other older adults (55+) cope with life changes, problems, crises, and challenges. Confidentiality is strictly observed. **Appointment required.** Please contact Lafayette Senior Services to sign up for one of the 60-minute appointments: Seniors@LoveLafayette.org or 284-5050.

**LOCATION:** Lafayette Community Center

FEE:	MEMBERS	NON-MEMBERS
	No Charge	No Charge
DAY	DATE	TIME
2nd Tue	1/9, 2/13, 3/13	10:00am-Noon
Monthly		

## Health Insurance Counseling and Advocacy Program (HICAP)

HICAP provides free and objective counseling and advocacy services to Contra Costa Medicare beneficiaries and their families who need assistance with Medicare enrollment and issues involving Medicare and associated insurance programs, including prescription drug coverage. HICAP does not endorse or sell insurance products. For an appointment, call Lafayette Senior Services 284-5050.

**LOCATION:** 1st Wed: Cedar Room | 3rd Tues: Toyon Room

FEE:	MEMBERS	NON-MEMBERS
	No Charge	No Charge
DAY	DATE	TIME
1st Wed	1/3, 2/7, 3/7	10:00, 11:00 or Noon
Monthly		
3rd Tue	1/16, 2/20, 3/20	10:00, 11:00 or Noon
Monthly		

## Hearing Screening

**Audiologists from Hearing Science Audiology/Diablo Valley Ear, Nose, and Throat**

Minimum of 2 sign-ups required in order for hearing screenings to take place. To reserve one of the 20-minute appointments, contact Lafayette Senior Services: Seniors@LoveLafayette.org or 284-5050.

**LOCATION:** Check in at Alder Room

FEE:	MEMBERS	NON-MEMBERS
	No Charge	\$10
DAY	DATE	TIME
1st Wed	1/3, 2/7, 3/7	1:00-2:20pm
Monthly		

## Lamorinda Nature Walk and Bird-Watching

**Led by Ben Pettersson, Experienced Hiker and Bird-Watcher**

Experience nature at its finest along our local trails. Delight in the beauty that unfolds around each bend, all the while learning to identify a variety of birds. Bring a water bottle; binoculars are helpful if you have them. Meet at the Alder Room at the Community Center at 9:00am. For more information or to place your name on the email notification list, contact Lafayette Seniors Services: Seniors@LoveLafayette.org or 284-5050. **Skip 1/3**

**LOCATION:** Locations vary

FEE:	MEMBERS	NON-MEMBERS
	No Charge	No Charge
DAY	DATE	TIME
Every Wed	(skip 1/3)	9:00am-Noon

## Lamorinda Tea Dance

A weekly Community Dance Social in its 30th year with afternoon tea and light refreshments

**Wednesdays 1:00-3:30pm**

The Live Oak Room  
Lafayette Community Center  
500 St Mary's Road  
Lafayette, CA 94549

### Lafayette Senior Services Members: FREE!

Membership is \$15/year  
Non Members: \$10/session

The Lamorinda Tea Dance is hosted by dance professionals Karen Lile & Michael Armtz. DJ Michael Armtz plays your favorites and takes requests. Come for great music and good company. Karen and Michael provide a dance lesson during the tea dance each week.



# GoGoGrandparent—Another Senior Transportation Option

The City of Lafayette has been operating the Lamorinda Spirit Van Program (a volunteer driver, community based senior van transportation program) for 11+ years and recently used part of a Lafayette passenger bequest to offer an additional ride option: GoGoGrandparent. GoGoGrandparent is an organization that helps people access an Uber or Lyft type of ride when they don't have a Smart Phone or don't want or know how to use the "app". The person simply registers with GoGoGrandparent and then phones **855-464-6872** to request the ride. No pre-scheduling is required. The driver usually arrives within 15 minutes. GoGoGrandparent arranges and monitors the ride and bills the passenger's credit card. This ride option provides passengers with the ability to go places 24/7 as long as they can get into the car and walk from the car to their destination independently or with the help of someone they bring along (no extra charge). At this time, only passengers

who can transfer from a foldable wheelchair to the car can utilize this option. We want our passengers to have as many transportation options as possible for those times when we cannot fit a caller into the Lamorinda Spirit Van schedule, for evenings and weekends when we are not available, for those occasions when the passenger needs to go somewhere outside of our service area, and finally, when the person simply wants an Uber/Lyft ride and does not have a Smart Phone or doesn't know how to use their "app". To cover the GGG costs, a 19-cent per minute surcharge is added to the fare. The bequest allows Lafayette to subsidize 50% of the cost of the ride for Lafayette seniors age 70 and up—up to a maximum subsidy of \$50 a month for the duration of this pilot program. **To access this subsidy, phone the Lamorinda Spirit at 925-283-3534 to register with GoGoGrandparent.**

## Lamorinda Senior Transportation

*An Alliance of Transportation Providers*

**Volunteer drivers are needed, valued and appreciated!**

We will accommodate your schedule.  
Call one of the programs below to volunteer.

**Lamorinda Spirit Van 283-3534**

Takes Lamorinda older adults, age 60 and up, to appointments, errands, classes, and shopping in Concord, Lamorinda, Martinez, Pleasant Hill, and Walnut Creek. Wheelchair and walker accessible. WE LOVE TO SAY YES, so call early to make your reservation.

<b>Van Fares/Destination</b>	<b>One-way/Round Trip</b>
Within Lamorinda	\$5/\$10
Concord, Martinez, Pleasant Hill, Walnut Creek	\$10/\$20
Lunch at CC Café, Walnut Creek Senior Ctr	\$2.50/\$5
Low income	\$4/\$8

**Contra Costa Yellow Cab and DeSoto Company 284-1234**

10% discount for Lamorinda seniors.

**Orinda Seniors Around Town 402-4506**

Volunteer drivers serving Orinda seniors with free rides to appointments and errands.

**Mobility Matters (formerly Senior Helpline Services) Rides for Seniors 284-6161**

Volunteer drivers serving Contra Costa seniors with free rides to doctors' appointments during the week. Grocery shopping on Saturday.

**Mobility Matters Information and Referral Line: 284-6109**

**County Connection LINK Reservation Line 938-7433**

For people with disabilities. (Older adults often have "age-based" disabilities. By describing your "disability," you can become eligible for this service—providing you with additional transportation options.)

### GoGoGrandparent

Due to a generous bequest from an appreciative Lafayette passenger, Lafayette residents age 70 and up can utilize GoGoGrandparent for an Uber or Lyft ride at 50% of the ride cost up to a maximum subsidy of \$50 a month for as long as this pilot program is funded. Call **925-283-3534** to register for this subsidy.

**Gogograndparent.com 855-464-6872**

After registration:  
Press "1" to get picked up at home.  
Press "2" to get picked up where we dropped you off.  
Press "0" to speak to an operator.  
A way to use Uber or Lyft without an iPhone





# Have Your Next Event At The Lafayette Community Center

Facility	Capacity	Size	Hourly Rates	Food and Drink Allowed	Minimum # of Hours	Amenities
Jennifer Russell Building (JRB)	Dining: 240 Theater: 325	72'x50'	Resident: \$120 Non Resident: \$150 Resident Non Profit: \$110 Non Res Non Profit: \$130	Yes	4	<ul style="list-style-type: none"> <li>• Adjoining Restrooms</li> <li>• Non Adjoining Kitchen (\$200)</li> <li>• Two 80" Flat Screen TVs</li> <li>• Available Microphone P.A. System</li> <li>• Portable Stage (\$130)</li> <li>• Rear Patio</li> <li>• Side Patio &amp; Deck (\$75)</li> </ul>
Live Oak Room (LO)	Dining: 225 Theater: 300	64'x55'	Resident: \$100 Non Resident: \$130 Resident Non Profit: \$90 Non Res Non Profit: \$110	Yes	4	<ul style="list-style-type: none"> <li>• Adjoining Foyer</li> <li>• Adjoining Kitchen (\$200)</li> <li>• Stationary Stage</li> <li>• Available Microphone P.A. System</li> <li>• Large Patio &amp; Deck (\$75)</li> </ul>
Cedar Room	Max: 45	27'x32'	Resident: \$65 Non Resident: \$85 Resident Non Profit: \$60 Non Res Non Profit: \$75	Yes	2 Self Set-Up Optional	<ul style="list-style-type: none"> <li>• In room sink</li> <li>• Counter Tops</li> <li>• Projector Screen (no projector)</li> <li>• White Board</li> </ul>
Sequoia Room	Classroom: 45 Theater: 75	27'x32'	Resident: \$65 Non Resident: \$85 Resident Non Profit: \$60 Non Res Non Profit: \$75	No	2 Self Set-Up Optional	<ul style="list-style-type: none"> <li>• Carpeted Floor</li> <li>• Projector Screen (no projector)</li> <li>• Adjoining Foyer</li> </ul>
Kitchen			\$200 Flat Rate	Yes	<b>Only Available with LO or JRB</b>	<ul style="list-style-type: none"> <li>• Commercial Refrigerator/ Freezer</li> <li>• Icemaker</li> <li>• Coffee Pots</li> <li>• Microwave</li> <li>• Stove/Oven</li> </ul> <i>No cooking or eating utensils available</i>

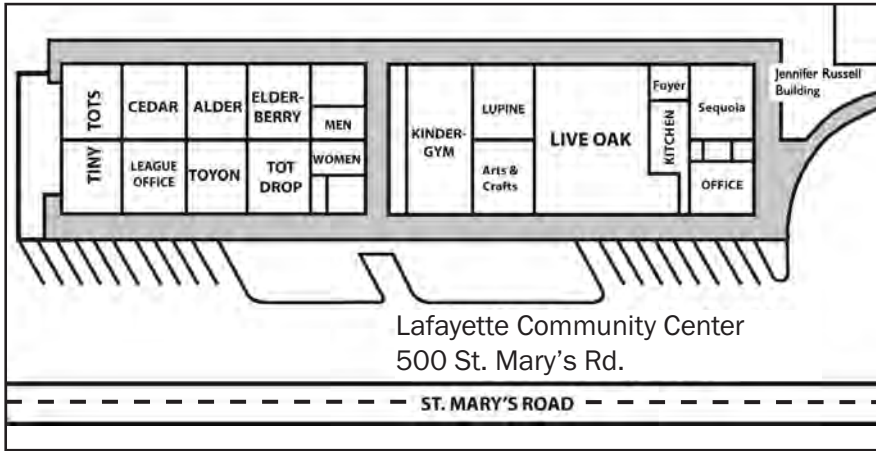
Facility Restrooms/ Drinking Fountain: Centrally Located

Parking Spaces: 117 and 6 Handicap

Times and Days Available: Friday: 6:00pm–11:30pm Saturday: 9:00am–11:30pm Sunday: 9:00am–10:30pm

*Please Note: Rental time must include deliveries, decoration, set-up & clean-up. Music/entertainment must stop 1 hr. prior to the end of the rental. Security deposit, insurance and other fees not included.*

## Lafayette Class Locations



Patrons are advised to arrive 5 minutes early to locate their classroom.

### Off-Site Locations

- Lafayette Community Park  
480 St. Mary's Road, Lafayette
- Lafayette Tennis Club  
3125 Camino Diablo Road,  
Lafayette | 937-2582
- Buckeye Fields  
711 St. Mary's Road, Lafayette
- Lafayette Library & Learning  
Center, 3491 Mt. Diablo Blvd.,  
Lafayette | 385-2280
- Lafayette Elementary  
950 Moraga Road, Lafayette
- Springhill Elementary  
3301 Springhill Road, Lafayette

### Community Contacts

- Lafayette Little League  
284-3583
- Lafayette-Moraga Regional  
Trail (EBRPD) | (510) 635-0135
- Lafayette-Moraga Youth  
Association (LMYA) | 377-5692
- Lafayette Reservoir & Recreation  
Area (EBMUD) | 284-9669
- Lafayette Chamber  
284-7404
- Lafayette City Offices  
284-1968

## Contact Us:

[www.LafayetteRec.org](http://www.LafayetteRec.org)

**Jonathan "Ace" Katayanagi**  
Director | 299-3251  
[jkatayanagi@ci.lafayette.ca.us](mailto:jkatayanagi@ci.lafayette.ca.us)

**John Warshaw**  
Recreation Supervisor | 299-3260  
[jwarshaw@ci.lafayette.ca.us](mailto:jwarshaw@ci.lafayette.ca.us)

**Steven Heinsma**  
Recreation Coordinator | 299-3252  
[sheinsma@ci.lafayette.ca.us](mailto:sheinsma@ci.lafayette.ca.us)

**Tricia Young**  
Recreation Coordinator | 310-4102  
[tyoung@ci.lafayette.ca.us](mailto:tyoung@ci.lafayette.ca.us)

**Greg Travers**  
Park's Maintenance Supervisor  
[gtravers@ci.lafayette.ca.us](mailto:gtravers@ci.lafayette.ca.us)

- **Lafayette Parks, Trails & Recreation Office:** 284-2232  
Mon-Fri, 9:00am-5:00pm  
Closed 12:30pm-1:15pm
- **Lafayette Senior Services:**  
284-5050  
[seniors@ci.lafayette.ca.us](mailto:seniors@ci.lafayette.ca.us)  
Maureen Neumann, Molly Cohen
- **Lamorinda Sr. Transportation Program:** 283-3534  
[mbruns@ci.lafayette.ca.us](mailto:mbruns@ci.lafayette.ca.us)  
Mary Bruns
- **Tiny Tots Program:** 299-3266
- **Tot Drop Reservations/  
Cancellations:** | 284-3999
- **Lafayette Jazzercise:** 937-6768



**Donate your car,  
truck, RV or boat  
to benefit the**

### Lafayette Community Center

The Lafayette Community Center Foundation wishes to thank all those who have donated their vehicles to help support the Lafayette Community Center. Get rid of your unneeded vehicle and get a tax deduction! Call or go online today.

**1-888-6TO-GIVE (1-888-686-4483) or [www.cardonationservices.com](http://www.cardonationservices.com)**



Register NOW until classes are full using one of the following methods:

### Online 24/7

Check out our secure, online registration at:  
[www.LafayetteRec.org](http://www.LafayetteRec.org)

### Phone

Accepted using Visa, MasterCard, Discover and American Express. Office hours: Monday-Friday, 9:00am-5:00pm (closed 12:00-12:30pm)  
Call: (925) 284-2232

### Walk-In

Register in person at our office, 500 St. Mary's Rd., Lafayette. Cash, check, Visa, MasterCard, Discover Card and American Express are accepted. Office hours: Monday-Friday, 9am-5pm (closed 12:30pm-1:15pm)

### Mail-In

Use registration form below and attach check, money order or credit card information. Make checks payable to City of Lafayette. Mail to: Lafayette Recreation, 500 St. Mary's Rd., Lafayette, CA 94549

- Pre-registration is required and is on a first-come, first-served basis. Registration will continue as long as spaces are available. Waiting lists will be established when a class reaches its maximum.
- Liability Waivers and Medical Consent Forms may be required for activities that have a higher risk to the participant.
- Returned check fee: \$50.00 in addition to any bank fees.
- All Supply/Lab Fees are payable directly to instructors at first class.
- All classes (except classes in Adults 55+ section) include a \$4 administrative fee.

- When registering for classes with discounts, you must contact the office to receive the discount.
- If a class does not reach its minimum, it may be necessary to cancel. Participants will be notified 4 days prior to start date and a full refund will be issued.
- If you register by MAIL or PHONE, a receipt will be e-mailed/mailed to confirm your registration. The office will contact you by phone if the class you request is full.
- Refund or transfer requests will be granted by submitting the refund/transfer request form that is located at [www.lafayetterec.org](http://www.lafayetterec.org) at least 10 days prior to the start of camp/class.\*

Refund or transfer requests under 10 days will be REVIEWED on a case by case basis. Full or partial refunds are not guaranteed within 10 days of the start of class. ALL refunds will be assessed a 5% processing fee.

*\*Some camps/classes/events/parties have a no refund policy, so please read class descriptions carefully. No refund programs include but are not limited to Tiny Tots School year program, Awesome Parties and Lafayette Youth Commission Events.*

- Photographs may be taken of the participants during the course of activities or classes and these photographs may be used in City of Lafayette publications.

# Registration

## Winter 2018 Registration

Name: (Adult) \_\_\_\_\_ Home Phone: \_\_\_\_\_  
 Relationship:  Mother  Father  Grandparent  Guardian  Self Work Phone: \_\_\_\_\_  
 Address/City/Zip: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_  
 Email Address: \_\_\_\_\_ Emergency: \_\_\_\_\_

TITLE OF ACTIVITY	DAY/TIME	STUDENT'S FIRST & LAST NAME	AGE	D.O.B.	CLASS FEE

Total Fee \_\_\_\_\_

VISA  MasterCard  
 Discover Card  American Express #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Authorized Signature \_\_\_\_\_

REGISTRATION

Lafayette Community Center  
500 Saint Mary's Road  
Lafayette, CA 94549  
(925) 284-2232  
[www.LafayetteRec.org](http://www.LafayetteRec.org)

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**Enjoy  
what  
you do!**



**We're looking for recreation leaders, building attendants, volunteer drivers for Lamorinda Spirit Van and preschool teachers. More information at [LafayetteRec.org](http://LafayetteRec.org)**