



IN ORDER TO REDUCE OR PREVENT THE RISK OF SERIOUS HEAD INJURY OR DEATH, STATE LAW REQUIRES THAT ALL BICYCLISTS UNDER AGE 18 WEAR AN APPROVED HELMET WHILE RIDING ON TRAILS AND ROADWAYS. THE DISTRICT ALSO STRONGLY RECOMMENDS THAT ALL EQUESTRIANS AND BICYCLISTS WEAR HELMETS AT ALL TIMES.

	Hiker, Horse, Bike Paved Trail
	Proposed Hiker, Horse, Bike Paved Trail
	Hiker, Horse, Bike Unpaved Trail
	Hiker, Horse Unpaved Trail
	Other Agency Trail
	BART Track and Station
	Mileage Between Points
	Regional Parks
	Other Agency Parks
	Parking
	Drinking Water
	Restroom
	Information Panel
	School
	Hospital
	View Point
	F.S. = Fire Station
	P.O. = Post Office

0 1/4 1/2 3/4 1 Mi.
Trail Mileages Courtesy Hal McDonald, EBRPD Volunteer

Base map courtesy California State Automobile Association

EBMUD LAND-HIKING PERMIT REQUIRED. Call (510) 287-0469

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