

SPRING | 2017

# LAFAYETTE RECREATION



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CITY RECREATION PROGRAMS & SERVICES

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Cover photo provided by Stu Selland

**Have Fun While Working This Summer!**



Camp Awesome is looking for responsible counselors, who love to have fun, to work as Recreation Leaders this summer. Camp is all 10 weeks of summer at the Lafayette Community Center (June 12-August 18). Questions?— Email Steven Heinsma at [sheinsma@ci.lafayette.ca.us](mailto:sheinsma@ci.lafayette.ca.us).

*The Junior Recreation Leader Program is also available for teens, ages 12-16 years old. Email Steven for an application*

#### Available Positions:

- Camp Awesome Counselor/Recreation Leader (Seasonal or Year-Round)
- Building Attendants for Events and Programs

Apply online at [www.lovelafayette.org/jobs](http://www.lovelafayette.org/jobs)  
Lafayette Recreation, 500 St. Mary's Road

# Bunny Brunch

Join us for a  
Complete Pancake Brunch,  
Live Show, Egg Hunt  
& More!

**Saturday, April 15**  
**11:00am to 12:30pm**

Lafayette Community Center  
Live Oak Room

Visit with Bunny  
Anytime!



TICKETS: \$10 per person  
For tickets, call 925-284-2232  
or visit  
[www.LafayetteRec.org](http://www.LafayetteRec.org)

**This event sells out every year—  
get your tickets early!**

Proceeds Benefit the Lafayette Community Center  
Facilities and Programs

LAFAYETTE YOUTH COMMISSION PRESENTS

7th & 8th Grade Tri-City

# DANCE PARTY

featuring INFLATABLES

Lafayette, Moraga & Orinda students welcome.  
Strict dress code enforced.

# 05.05.17

This is a safe, drug- & alcohol-free event sponsored by the Lafayette Youth commission.

7:30pm-10:00pm • Jennifer Russell Building @ The Lafayette Community Center  
\$12 per person • Register at [www.LafayetteRec.org](http://www.LafayetteRec.org) / 925-284-2232

# rock band showcase

Friday, April 14th

500 St. Mary's Rd., Lafayette



Bands Sign Up @ [www.ABrighterDay.info](http://www.ABrighterDay.info)



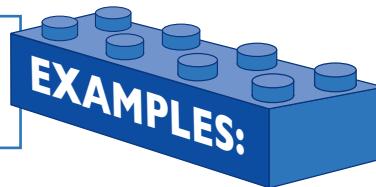
# CAMP AWESOME

## AWESOME CAMP CONNECTION

### Build Your Day with the Camp Connection Program!

Camp Awesome counselors will pick your child up from their morning camp and take them to their afternoon camp. Participants will join in all the fun Camp Awesome has to offer. Sign-up for connection by the week and choose the number of hours you need to fill the gap in your camp day. Fill a 5- to 60-minute gap with the 1-hour connection, a 61 to 120-minute gap with the 2-hour connection and so on. Off-site camps do not connect. Participants must bring a lunch. This program is meant to connect camps or extend a day until 2pm and may not be used as an hourly rate for Awesome Afternoon Camp.

**Mon-Fri Lafayette Community Center \$30/wk/hr**  
 Build your perfect summer. Camp as early as 7:30am and as late as 5:00pm.  
 Connect camps with Camp Connection. Camp Awesome by the Day!



Typical Specialty		Morning Camp 9am to 12pm Specialty Camp Slot		Afternoon Camp 1pm to 4pm Specialty Camp Slot	
City Staffed Day Camp	7:30-9am Early Care	9am to 2pm Camp Awesome Connection cannot be used as hourly rate without connecting specialty camp(s)		2pm to 5pm Awesome Afternoon Camp Connection cannot be used as hourly rate without connecting specialty camp(s)	
Ross <i>Take morning Camp Awesome</i>		Camp Awesome			
Rachel <i>Fit all your gaps w/Camp Awesome</i>	Option: Early Care	Brick4Kidz LEGO Camp	1 hour of Connection	Minecraft Modding Camp	Option: 1 hour of Connection
Phoebe <i>Play with Camp Awesome all day</i>	Option: Early Care	Camp Awesome		Afternoon Camp Awesome	
Joey <i>Extend your day until 5pm</i>		Busy Bee Cooking Camp	2 hours of Connection	Afternoon Camp Awesome	
Chandler <i>Extend your day until 2pm</i>	Option: Early Care	Skyhawks Basketball Camp	Finish until 2:00 with 2 hrs of Connection		
Monica <i>Take just a morning camp</i>		Transatlantic Soccer Camp			
Janice <i>Take just an afternoon camp</i>			Mad Science Camp		
		Monday	Tuesday	Wednesday	Thursday
Penny—Attend Camp Awesome all 5 days					
Rocky—Pick and choose your Camp Awesome days					

**One Site, Over 100 camps...Full Day, Half Day, by the Day**

ME



## Camp Awesome

In the BRAND NEW  
Jennifer Russell Building

Ages 4 to 12

Camp Awesome 9:00am to 2:00pm

Early Care 7:30am to 9:00am

Afternoon Care/Camp 2:00pm to 5:00pm

**WE HAVE YOU COVERED.** Camp runs all 10 weeks of summer with optional Early Care and Afternoon Care/Camp before and after the 9am-2pm Camp Awesome. And, with daily enrollment, you can pick and choose your days of summer (See “Ways to Play” below). Campers must bring lunch and a small snack.

## WAYS TO PLAY

June 12th to August 18th (skip 7/4)

Enroll by the Day in advance and at the door  
(Space is not guaranteed with at the door enrollment)

Morning Camp: 9:00am to 2:00pm

By the Day \$40

Early Care 7:30am to 9:00am

By the Day \$10

Afternoon Care/ Camp 2:00pm to 5:00pm

By the Day \$25

Connect Other Camps to Camp Awesome  
with Awesome Camp Connection.

**Registration begins April 10th.**



## Weekly Activities:

Games2U twice a week (laser tag, bird launcher & video game truck), summer shows (jugglers, magicians, clowns), movies, water play for the hot After Care afternoons and surprise theme days (performers, movies, themes and activities vary each week so, no two weeks are the same!)

## The Awesome Game Room:

Between activities campers will enjoy basketball, foosball, board games, toys, LEGO®s, coloring and Wii® with Just Dance™.

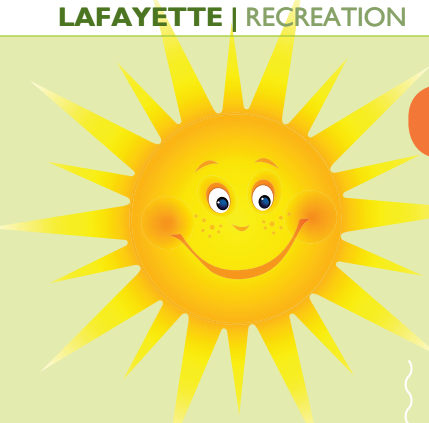
## For the Small & Awesome:

Four to six year old morning campers have their own group with toys and activities geared toward younger campers.



CAMP—Registration begins April 10	AGES	6/12	6/19	6/26	7/3	7/10	7/17	7/24	7/31	8/7	8/14
Camp AWESOME	4-14	*	*	*	*	*	*	*	*	*	*
Aloha Mind Math	5-12			*							
Angry Birdies with LEGO®	5-11						*				
Art Exploration	5-10								*	*	
Art Music & Playtime	3-6				*		*				
Babysitting for Beginners	10-14		*	*							
Batman Master Mechanics with LEGO®	7-10							*			
Batman's Gotham Gadgets	5-6							*			
Berkeley Chess	6-12	*			*						*
Busy Bee Greek Dinner Camp	4-5								*		
Chess Summer Camp	6-12			*			*	*			
Chima® Challenge	5-11		*								
CommuniTEENS: Community Service Camp	12-15								*		
Creator Camp	8-12						*				
Critters and Clay	4.5-10					*			*		
Decoration Making	7-14					*				*	
Design Thinking	10-13			*				*			
Emmet's World—Master Builder	5-11										*
Fairytale Princess Camp	3-5									*	
Fun with Programming	6-12			*							
Fun with Robotic Programming	6-12							*			
Fun with Science and Engineering	6-12			*							
Fun with Science and Engineering for Preschoolers	3-5							*			
Gymnastics	4-7					*					
Intro to STEM with LEGO®, Session 2	5-6				*						
Jedi Engineering with LEGO®	5-6									*	
Jedi Master Engineering with LEGO®	7-10									*	
Jedis and Droids—May the Brick be with You!	5-11		*								
Jr. Robotics with WeDO	5-9								*		
Kids Carpentry	5-12		*			*			*		
Kids Greek Dinner Camp	6-11								*		
LEGO Robotics with EV3	9-14			*							
LEGO Robotics with WeDo	6-8			*							
LEGO® Bat League—Heroes and Villain	5-11	*									
LEGO® EV3 Robotics	9-13								*		
LEGO® Jurassic Brick Land	5-11										*
LEGO® Mash Up	5-11					*					
LEGO® Pokemon® Camp	5-11					*					
Little Medical School	5-10		*					*			
Mad Science—Mad Machines & Robots	6-11	*								*	
Mad Science—3,2,1 Lift Off: Flight Academy	6-11										*
Mad Science—Future Genisues	4-6				*						
Mad Science—Journey Into Outer Space	6-11								*		
Mad Science—Make it Go	6-11						*				
Mad Science—Secret Agent	6-11					*					
Mad Science—Why? How? What? Wow!	6-11		*								
Minecraft Modding!	9-14										*
Mining the Depths with LEGO® Mining and Crafting	5-11						*				
MMAP Basketball	5-12	*			*						
MMAP Cheerleading	5-12		*								
MMAP Flag Football	5-12		*								
MMAP Soccer	5-12							*			
Painting Without a Brush	5-10								*		
Photoshop Fun	10-17									*	
Pokemon Camp—The Science of Pokemon	7-12	*									
PokémonGo Video Game Design!	7-12										*
Popstar Dance Camp	7-12									*	
Rapunzel's Dance Camp	3-5							*			
Rockstar Dance Camp	5-8							*			
Skyhawks Basketball	6-8, 9-12			*			*				
Skyhawks Camp Olympics	6-8, 9-12										*
Skyhawks Flag Football	6-8, 9-12					*					
Skyhawks Mini-Hawk Camp	4-6					*		*			*
Skyhawks Tot Baseball	3-5		*								
Skyhawks Tot Basketball	3-5		*								
Skyhawks Tot Soccer	3-5		*								
Star Wars Live Action Flix	7-12						*				*
STEM Challenge with LEGO®, Session 2	7-10				*						
Stop Motion Tricks & Effects	7-12								*		*
Tennis	6-14	*	*	*	*	*	*	*	*	*	*
Tiny Tots	2.4-5			*		*	*	*	*	*	*
Transatlantic Soccer Camps (Beg. & Adv.)	5-15		*	*			*		*	*	*
Two-Wheelers Club	4-8								*	*	

**TINY TOTS—Summer Preschool**



**Session Dates**  
Weeks

- Week 1 — June 26-30
- Week 2 — July 10-14
- Week 3 — July 17-21
- Week 4 — July 24-28
- Week 5 — July 31-Aug 4

**Lunch Bunch**

Extend your day and stay for lunch:  
T/Th \$18/week until 12:30  
MWF \$27/week until 1:30

**Themes**

We will attend the Lafayette Community Fun shows each week!

**Week 1: Campfire Cooking.** We will have fun concocting all the traditional campfire recipes including s'mores—make one treat to eat and one to take home. \$10 cooking fee due to the teacher on first class.\*

**Week 2: Crawling, Hopping Flying . . . Bugs!** Nature walks, bug books, and butterflies! Let's get up close and personal with our 6 legged friends.

**Week 3: It's Game Time!** For kids that like all kinds of games- indoor games, outdoor games, board games and active games. Plus a trip to our skate rink and a pinata to round off the week.

**Week 4: Summer Cooking.** Kids love to cook. Children will make their own snack and take home a treat to share. Join us for a week of cooking and learning. \$10 cooking fee due to the teacher first day of class.

**Week 5: Under the Sea!** The ocean is a wonderful place to explore—jellyfish, whales, crabs, and many more underwater creatures. So come along and set sail for the ocean blue!



**Programs**

**Mon/Wed/Fri: 3½–6 years** (must be 3½ by start date)

**9:00am–12:30pm**  
**\$110 per week**

Your child will interact with other children as they learn. Messy art? Building towers? Puppet shows? Cooking projects? We have them all and more! Your child will explore and play all summer long! \$10 cooking lab fee additional on the weeks indicated.

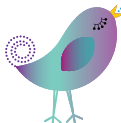
**Tues/Thurs: 28 mos–3½ years**  
**9:00am–11:45 am**

**\$65 per week**

This program is about learning healthy separation and socialization while having fun! We will explore a new theme each week as we build skills in a warm and nurturing environment. \$10 cooking lab fee additional on the weeks indicated.



**I ♥ TINY TOTS**



Lafayette Tiny Tots offers a variety of classes for your active pre-schooler. Your child will enjoy interacting with other pre-schoolers in a warm and loving environment. Each class offers a comprehensive early childhood program with emphasis on providing activities and experiences for children to work, play and grow according to their own pattern of development. The instructors are experienced and possess degrees in early childhood education.  
*These classes are not parent participation classes, but parents are welcome to stay until their child is comfortable with the environment.*



**2-DAY—TUES/THURS**

**9:00-11:45am\*** | Ages 28 mos–3½ Yrs  
**Begins**    **Quarterly Fee**    **Reg. Fee**  
9/5/17    \$525    \$25 (annually)  
\*Optional Lunch Bunch until 12:30pm

**3-DAY—MON/WED/FRI**

**9:00am-1:30pm\*** | Ages 3½–5 Yrs  
(Must be 3½ by 9/1/17)  
**Begins**    **Quarterly Fee**    **Reg. Fee**  
9/6/17    \$855    \$25 (annually)

**4-DAY PreK—MO/TU/WE/FR**

**9:00am-1:30pm\*** | Pre-K–Age appropriate to go to TK or K in 2018  
**Begins**    **Quarterly Fee**    **Reg. Fee**  
9/5/17    \$1,140    \$25 (annually)

**EXTRA DAY THURSDAYS—9:00am-12:30pm** available to students enrolled in 3- or 4-day program  
"Alphabet Cooking and Kindergym" \$320 each 9 week session

# Themed Birthday Parties

at the Lafayette Community Center

**Dodge Ball and Indoor Sports parties:** April and May birthday slots open for registration on March 6th. To view available slots, go to [www.lafayetterec.org](http://www.lafayetterec.org). Slots are typically on Saturday's and all parties are 1.5 hours long. Once a slot is filled, it is unavailable. Other dates may be added or requested based on availability.

**Kinderdance Parties**  
 3-5 Years  
 Music-filled movement and dance party  
 Fee: \$200+/12 children  
 Contact: Kira Lancaster (415) 385-6501

**Cooking Parties**  
 5-13 Years  
 Birthday parties and scout cooking badge classes  
 Fee: \$380\*  
 10 children max  
 Contact: (415) 385-6501  
 \*Deposit required

**Kindergym Parties**  
 1-5 Years  
 Birthday parties  
 \$195 1.5 hr party  
 \$260 2 hr party  
 Contact: (925) 284-2232

**Dodge Ball Parties**  
 7-12 Years  
 "...best party any of our kids have had yet!" —Megan Stern  
 Fee: \$250\*  
 10/24 min/max  
 View available slots at [www.lafayetterec.org](http://www.lafayetterec.org)  
 \*Full, non-refundable, balance due at registration

**Indoor Sports Parties**  
 4-12 Years  
 Soccer/Hockey/Basketball/Dodgeball  
 Fee: \$250\*  
 10/24 min/max  
 View available slots at [www.lafayetterec.org](http://www.lafayetterec.org)  
 \*Full, non-refundable, balance due at registration

**LEGO® Parties**  
 5 Years & Up  
 Bricks 4 Kidz LEGO® party with dozens of themes.  
 Fee: \$390+/10 children & up  
 Contact: Bricks 4 Kids [baiken@bricks4kids.com](mailto:baiken@bricks4kids.com) (415) 518-7583



The Bay Area's only PRESCHOOL ON DEMAND!

# TOT DROP

Only Come When You Want. Only Pay When You Come.

**YOU make your own schedule. 9:00 am-1:00 pm**

As little as 1 hour or up to 12 hrs/wk. \$12/hr. **You** set your days and arrival & pick up times. Come occasionally, or weekly spots are available. **FREE** cancellation when your plans change.

Never Tried TOT DROP?  
 Come and see what you've been missing!

**COUPON**  
**I FREE Hour**

\$12 value—New Families Only.  
 (1 per family)

DIAPER WEARERS WELCOME.  
 NEW STUDENTS MAY ENROLL AT ANY TIME.

Call to get started  
**925-284-3999**  
 Open YEAR ROUND!  
[www.totdrop.com](http://www.totdrop.com)



# Kindergym

All your senses shout "WOW!" when you see our two spacious rooms with their mats, hanging apparatus, tunnels, basketball hoops, balance beam, slides, slopes and more. Visually, we're a colorful wonderland! Kindergym promotes an adult/child one on one situation where the adult provides encouragement and positive reinforcement through play. Each wonderful 45-minute class concludes with a circle time of favorite songs, rhythms and rhymes led by our exceptional and experienced staff.



All children must be accompanied by an adult. Second sibling enrolled in the same class gets a 25% discount! Infant siblings are okay if in back/front packs. Each student may make-up one missed class each session providing space is available. Drop in classes will be announced the second week of the session. Cost is \$13 per class, no discounts for siblings.

## Kindergym

### 1-4 Yrs

Come play with us at the Lafayette Kindergym! We have an exciting environment filled with fun equipment that will excite your child's senses. Our dedicated and friendly staff will enhance your child's playtime experience and conclude each class with a circle time filled with rhythms, rhymes, and songs. These classes offer children the opportunity to learn through play and physical exploration. They will jump, hop, climb, and balance on a variety of gymnastics equipment. Come enjoy a special bonding time with your child in a safe and clean environment. Each class closes with music and songs facilitated by our wonderful staff. **Skip 5/29**

FEE	LOCATION	NO. WKS.
\$100	Kindergym	8

DAY	DATE	TIME	INSTRUCTOR
M	4/10-6/5	10:05am-10:50am	Laurie Crudele
M	4/10-6/5	10:55am-11:40am	Laurie Crudele

FEE	LOCATION	NO. WKS.
\$112	Kindergym	9

DAY	DATE	TIME	INSTRUCTOR
T	4/11-6/6	10:05am-10:50am	Jan Wong
T	4/11-6/6	9:15am-10:00am	Jan Wong
Sa	4/15-6/10	9:30am-10:15am	Kathryn Varner
Sa	4/15-6/10	10:30am-11:15am	Kathryn Varner
W	4/12-6/7	9:15am-10:00am	Laurie Crudele
W	4/12-6/7	10:05am-10:50am	Staff
W	4/12-6/7	10:55am-11:40am	Staff
Th	4/13-6/8	10:05am-10:50am	Staff
Th	4/13-6/8	10:55am-11:40am	Staff
F	4/14-6/16	10:55am-11:40am	Staff
F	4/14-6/9	9:15am-10:00am	Laurie Crudele
F	4/14-6/9	10:05am-10:50am	Staff



To check availability for drop-in classes, please call (925) 284-2232. Drop-ins are \$13 per class and subject to availability.

CHILDREN

## Pre-Kindergym

### Crawlers and Beginning Walkers

This class gives babies the opportunity to explore and develop their physical skills (readiness for rolling, crawling, walking and learning) in a fun and safe environment. A brief closing circle with music ends each class. **Skip 5/29**

FEE	LOCATION	NO. WKS.
\$100	Kindergym	8

DAY	DATE	TIME	INSTRUCTOR
M	4/10-6/5	9:15am-10:00am	Laurie Crudele

FEE	LOCATION	NO. WKS.
\$112	Kindergym	9

DAY	DATE	TIME	INSTRUCTOR
T	4/11-6/6	10:55am-11:40am	Jan Wong
Th	4/13-6/8	9:15am-10:00am	Laurie Crudele

## Disco Dance Party in "KLUB KINDERGYM"

Come play and boogie down with your little one, lights and music will help create a fun vibe.

Friday, April 14th,  
and May 12th  
at 5:45-7:00pm

**\$20 entrance fee (one adult and one child) Each additional person is \$10. Ages 1-5 accompanied by an adult.**



Sign up online [www.LafayetteRec.org](http://www.LafayetteRec.org) or call 284-2232  
Adults enjoy a wine and cheese tasting.

## ARTS & CRAFTS

### Art, Music and Playtime

3-6 Yrs

Children will use their creative energy during this class filled with art projects, music, dance and story time. Each week the class will be based on a new theme. *\$15 supply fee paid to instructor on first day of class.*

FEE	INSTRUCTOR	NO. WKS.
\$64	Lemon Blossom Creations	5

DAY	DATE	TIME	LOCATION
T	4/11-5/9	10:00am-11:00am	Cedar Room

## MUSIC & THEATER



### East Bay Music Together®

Newborn to 5 Yrs

Music Together is an internationally recognized music program from birth through age 5 and the grownups who love them. We're the pioneers in the field of early childhood music with truly innovative, high-quality music education. We're research-based—we know our stuff! We're down to earth and accessible. What can we say—we're serious about having fun! Come sing, dance play, and learn with us.

FEE	INSTRUCTOR	NO. WKS.
\$228	East Bay Music Together	10

DAY	DATE	TIME	LOCATION
W	4/12-6/14	9:30am-10:15am	Elderberry Room
W	4/12-6/14	10:30am-11:15am	Elderberry Room
F	4/14-6/16	9:30am-10:15am	Elderberry Room
F	4/14-6/16	10:30am-11:15am	Elderberry Room
F	4/14-6/16	11:30am-12:15pm	Elderberry Room
Sa	4/15-6/17	9:30am-10:15am	Elderberry Room
Sa	4/15-6/17	10:30am-11:15am	Elderberry Room
Sa	4/15-6/17	11:30am-12:15pm	Elderberry Room

### Canta y Baila Conmigo™

Newborn to 5 Yrs

Take a journey into Spanish language and its cultures through the magical world of music. With Canta y Baila Conmigo™ you and your child will be transported as you sing, dance and play along to the irresistible sounds and rhythms of Spanish speaking countries. Created by Maddie Welch, experienced bilingual educator, musician and native Spanish speaker, Canta y Baila Conmigo™ is a unique curriculum with dual, complimentary goals of music education and language immersion. Designed for beginners and native speakers alike, Canta y Baila Conmigo™ creates a playful, interactive atmosphere where language learning is integrated naturally and organically in the musical experience. While children are effortlessly absorbing and using the Spanish language, they engage—along with their grown-ups—in age-appropriate explorations of melody, rhythm, movement and instrument play that help nurture a strong foundation in music literacy. Discount for second child: \$90.

FEE	INSTRUCTOR	NO. WKS.
\$228	Natalia Bernal, EB Music Together	10

DAY	DATE	TIME	LOCATION
Th	4/13-6/15	10:00am-10:45am	Sequoia Room
Th	4/13-6/15	11:00am-11:45am	Sequoia Room

### Broadway Babies

3-5 Yrs

Sing your little hearts out, dance your feet off, and discover the magic of Broadway in this Musical Theatre Performance class for preschool aged children. Through singing and theatre games, students will learn the basics of vocal technique, learn group songs and easy choreography to bring numbers from popular musicals to life. Session will culminate in a showcase for family and friends.

FEE	INSTRUCTOR	NO. WKS.
\$202	Myeve Capozzi	9

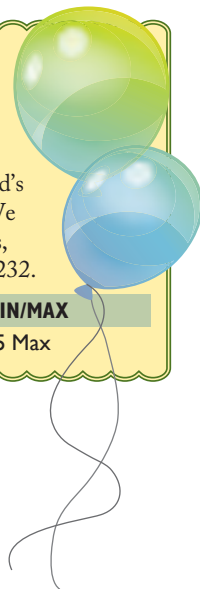
DAY	DATE	TIME	LOCATION
Th	4/13-6/8	2:00pm-3:00pm	Toyon Room

### Kindergym Birthday Party

1 to 5 Yrs

Come play with us on your next birthday at the Lafayette Kindergym, an exciting environment filled with fun equipment that will excite your child's senses and make any birthday party memorable. We provide the staff and music, you provide the guests, favors and cake. To book a party, call (925) 284-2232.

FEE	TIME	MIN/MAX
\$195/\$250	1.5 hrs/2 hrs	15 Max



## GYMNASTICS &amp; DANCE

## Tiny Tumblers Gymnastics

3-5 Yrs

This class is designed to enhance your child's motor skills, balance, coordination, and confidence. Emphasis is placed on developing beginning gymnastic skills in a fun and social environment and also introducing children to learn to participate in a structured class without their parents. Equipment used in this class includes gymnastic mats, single bars, double bars, balance beams, vaulting blocks, incline and barrel mats, ladders, bouncers and spring board, parachutes, rhythm sticks, tunnels, and more. Music, games and group activities are incorporated into the class. **Skip 5/29**

FEE	INSTRUCTOR	NO. WKS.
\$64	California Gymnastics Staff	4

DAY	DATE	TIME	LOCATION
M	4/10-5/1	3:30pm-4:10pm	Kindergym
M	5/8-6/5	3:30pm-4:10pm	Kindergym

## COOKING



## Busy Bee Cooks

4-5 Yrs

Have fun with Chef Lynda & Staff. Your children are guided in how to make delicious, healthy food, that builds their self esteem and supports their body. Kids eat what they cook. Your family will spend more time in the kitchen eating your children's creations. *A \$17 supply fee due to instructor on first day.*

FEE	INSTRUCTOR	NO. WKS.
\$249	Chef Lynda & Staff	5

DAY	DATE	TIME	LOCATION
T	4/11-5/9	1:30-3:00pm	Kitchen

## SPORTS

## Make Me A Pro Parent &amp; Tot Soccer

2 1/2-4 Yrs

Share the first experience of sports with your tot, the class is an interactive fun class that teaches the game of soccer. Both parent and tot will participate in lots of fun activities while learning. Come join us—we're having a ball!

FEE	INSTRUCTOR	NO. WKS.
\$120	Make Me A Pro Sports Staff	8

DAY	DATE	TIME	LOCATION
W	4/12-5/31	9:30am-10:00am	Jennifer Russell Bldg.

## Make Me A Pro Pee Wee Soccer

4-5 Yrs

Pee Wee Soccer is a fun educational class that teaches through fun games and drills, the key to the class is allowing each child to have as many touches on the ball as possible, while allowing many repetitions on the techniques we teach. Learn techniques of passing, shooting and dribbling. Play the famous steal the bacon soccer game and end each day with game play. Come join us—we're having a ball!

FEE	INSTRUCTOR	NO. WKS.
\$120	Make Me A Pro Sports Staff	8

DAY	DATE	TIME	LOCATION
W	4/12-5/31	10:00am-10:40am	Jennifer Russell Bldg.

## Mommy/Daddy &amp; Me Soccer

2-3 1/2 Yrs

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, parents are part of the action, not watching from the sidelines! All kids receive a soccer jersey.

FEE	INSTRUCTOR	NO. WKS.
\$114	Kidz Love Soccer Staff	8

DAY	DATE	TIME	LOCATION
F	4/14-6/2	5:10pm-5:40pm	Rink

## Tot/Pre Soccer

3 1/2-4 Yrs

Little tykes enjoy running and kicking just like the big kids! Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Each participant receives a Kidz Love Soccer jersey! Shin guards are required after the first meeting.

FEE	INSTRUCTOR	NO. WKS.
\$114	Kidz Love Soccer	8

DAY	DATE	TIME	LOCATION
F	4/14-6/2	5:50pm-6:20pm	Rink

## SPORTS, CONTINUED

### Skyhawks Mommy/Daddy & Me Tot Sports

2 1/2-3 Yrs

This multi-sport tot program was designed to give kids a positive first step into athletics. The fundamentals of soccer, baseball, basketball, and track & field are taught in a structured environment filled with lots of encouragement and a big focus on fun! Through fast paced games and activities, participants explore balance, body movement, coordination, and skill development at their own pace. All participants receive a Skyhawks T-Shirt and Merit Award. This program includes parent participation. **Skip 4/15**

FEE	INSTRUCTOR	NO. WKS.
\$134	Skyhawks Sports Staff	8

DAY	DATE	TIME	LOCATION
Sa	3/25-5/20	9:30am-10:00am	Jennifer Russell Bldg.

### Skyhawks Tot Baseball

3 1/2-5 Yrs

Skyhawks Tot Baseball was designed to give children a positive first step into America's Favorite Pastime. Using our progression and modified equipment, participants learn baseball fundamentals and social skills through a series of fast-paced instructional circuits and developmental games. Development objectives include throwing, catching, hitting, base-running, balance, body movement, hand/eye coordination, self-esteem, teamwork, and sportsmanship! All participants receive a Skyhawks T-Shirt and Merit Award.

FEE	INSTRUCTOR	NO. WKS.
\$164	Skyhawks Sports Staff	10

DAY	DATE	TIME	LOCATION
T	3/28-5/30	5:15pm-6:00pm	Jennifer Russell Bldg.

### Skyhawks Tot Sports

3-6 Yrs

This multi-sport tot program combines soccer, baseball, basketball, and track & field; allowing young athletes to discover a passion for a variety of sports in one fun-filled setting. Participants explore balance, body movement, coordination, self-esteem, teamwork, sportsmanship, and sport specific skill development through a series of fast-paced instructional circuits and games. Our progression curriculum, modified equipment, and highly trained staff provide a safe environment where kids can develop at their own pace. All participants receive a Skyhawks T-Shirt and Merit Award. **Skip 4/15**

FEE	INSTRUCTOR	NO. WKS.
\$130	Skyhawks Sports	8

3-4 Yrs

DAY	DATE	TIME	LOCATION
Sa	3/25-5/20	10:15am-11:00am	Jennifer Russell Bldg.

4-6 Yrs

DAY	DATE	TIME	LOCATION
Sa	3/25-5/20	11:15am-12:00pm	Jennifer Russell Bldg.

### Skyhawks Tot Basketball

3 1/2-5 Yrs

Skyhawks Tot Basketball was designed to give children a positive first step to the exciting game of basketball. Using our progression curriculum and modified equipment, participants learn basketball fundamentals and social skills through a series of fast-paced instructional circuits and developmental games. Our primary development objectives include dribbling, passing, shooting, rebounding, balance, body movement, hand/eye coordination, self-esteem, teamwork, and sportsmanship!

FEE	INSTRUCTOR	NO. WKS.
\$164	Skyhawks Sports Staff	10

DAY	DATE	TIME	LOCATION
W	3/29-5/31	4:15pm-5:00pm	Jennifer Russell Bldg.

### Make Me A Pro Basketball

4-5 Yrs

This class teaches the basics of basketball both in a fun and educational way, our system teaches basketball through fun games and drills. Learn techniques of dribbling, shooting and passing all from the triple threat position. Each day we will end the day with a game. During game play we make sure to make all the right calls so that they will eventually know the rules of basketball.

FEE	INSTRUCTOR	NO. WKS.
\$120	MMAF Staff	8

DAY	DATE	TIME	LOCATION
Th	4/13-6/1	4:45pm-5:25pm	Rink

## SPECIAL EVENTS

# AWESOME NIGHT OUT

4-11 Yrs

**Fridays: April 21th | May 19th | June 9th**  
**6:00-9:30pm | Jennifer Russell Building**

Drop off the kids at AWESOME Night Out! While you are out having an amazing time, your children will be having fun, doing arts & crafts, playing games (toys, sports, game tables, group games and Just Dance) and watching a movie (Rated G/PG)! Pizza and popcorn will be provided. Lafayette Recreation Staff will provide all the fun and supervision.

Children are welcome to bring a sleeping bag and a pillow for movie time. Children must be potty trained to attend. Pre-register online to reserve your sport or drop-in and register at the door (space permitting). PLEASE PRINT AND BRING WAIVER. | FEE: \$25

## SPRING BREAK CAMPS

Camp Awesome: Spring Break  
by the Day **SPRING BREAK CAMP**

## 4-14 Yrs

Enjoy Spring Break at Camp Awesome doing arts and crafts, sports and games, Games2U, hikes and a ton of Awesome fun. Snack will be provided, wear sporty clothing, bring a water bottle, lunch and be ready for fun! Campers will be divided into groups based on age. Early Care and After Care available!

PROGRAM	TIME	FEE
Camp Awesome (per day)	9:00-2:00pm	\$40 (1 day)
Early Care (per day)	7:30-9:00am	\$10 (1 day)
After Care (per day)	2:00-5:00pm	\$25 (1 day)

DAYS	DATE	INSTRUCTOR	LOCATION
M-F	4/3-4/7	Lafayette Staff	Jennifer Russell Bldg.

Decoration Making **SPRING BREAK CAMP**

## 7-14 Yrs

Learn how to make fun and creative decorations that can be used for personalizing a bedroom or decorating for a party. Students will gain the skills to make stylish decorations. *\$15 supply fee paid to instructor on first day of class.*

FEE	INSTRUCTOR	NO. WKS.
\$203	Lemon Blossom Creations	1

DAY	DATE	TIME	LOCATION
M-F	4/3-4/7	9:00am-Noon	Tiny Tots: Red Room

## STEM FUNdamentals with

LEGO® **SPRING BREAK CAMP**

## 5-10 Yrs

Master your engineering skills with Play-Well TEKologies and tens of thousands of LEGO! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as Sliding Doors, Dump Trucks, Mini Golf, and the Space Rover! Design and build as never before, and explore your craziest ideas in a supportive environment.

FEE	INSTRUCTOR	NO. WKS.
\$224	Play-Well TEKologies	1

DAYS	DATE	TIME	LOCATION
M-F	4/3-4/7	9:00am-12:00pm	Cedar Room



Play-Well TEKologies

## ARTS &amp; CRAFTS

## Kids Carpentry

## 5-12 Yrs

Since 1982 Michael Glass, the director of Kids Carpentry, has taught thousands of children the safe use of hand tools. Children may choose from a wide variety of projects after first completing their sanding block and supertop. While building their projects from scratch children are introduced to concepts like applied math, problem solving, fine motor skills and empowered with the opportunity to use a large variety of woodworking tools. Our motto: Building confidence and teaching with respect and humor in a safe and happy environment. *A \$35 supply fee due to instructor on first day.*

FEE	INSTRUCTOR	NO. WKS.
\$108	Michael Glass	6

DAY	DATE	TIME	LOCATION
F	4/14-5/19	3:00pm-4:00pm	Arts and Crafts Room
F	4/14-5/19	4:00pm-5:00pm	Arts and Crafts Room
F	4/14-5/19	5:00pm-6:00pm	Arts and Crafts Room

## COOKING

## We Teach Your Kids to Cook

## 6-10 Yrs

Cooking with Kids inspires kids to enjoy healthy food. Kids eat what they cook. Our goal is to make your children fall in love with healthy eating. Young chefs have fun while learning a valuable life skill. The class includes how to grocery shop, understand food labels, work safely in the kitchen, work in a team, proper clean-up and more. Alert the Community Center and instructor of any food allergies prior to start of class. Wear closed-toed shoes and bring an apron. *A \$17 supply fee due to instructor on first day.*

FEE	INSTRUCTOR	NO. WKS.
\$249	Chef Lynda & Staff	5

DAY	DATE	TIME	LOCATION
T	4/11-5/9	4:00pm-5:30pm	Kitchen

## Chef de Cuisine's Cooking Parties

## 5-13 Yrs

Your child can have a cooking-themed birthday party in the Lafayette Community Center Kitchen. We provide the chef instructor, the ingredients and the recipes, you provide the guests, favors and cake. For information or to book a party, call (925) 932-1114.

FEE	DEPOSIT	MIN/MAX
\$380 (2 Hours)	\$190	10 Max

## GYMNASTICS

### Youth Gymnastics

5 1/2-9 Yrs

This class teaches beginning and intermediate gymnastics and tumbling skills and is designed to develop strength, flexibility, agility, and confidence in a fun, non-competitive environment. Students learn gymnastic basics including tumbling, vaulting skills, single bars and balance beams. Strength and flexibility exercises are introduced with fun and challenging games. Equipment incorporated into the class includes mats, single bars, double bars, balance beams, vaulting blocks, incline and barrel mats, ladders, bouncers and spring board, parachutes, and more.



Skip 5/29

FEE	INSTRUCTOR	NO. WKS.	
\$72	California Gymnastics	4	
DAY	DATE	TIME	LOCATION
M	4/10-5/1	4:15pm-5:10pm	Kindergym
M	5/8-6/5	4:15pm-5:10pm	Kindergym

## DANCE & MUSIC

### Irish Step Dancing

5 1/2-13 Yrs

The McBride School of Irish Dance is now offering Irish Dance classes in the Lafayette area for children ages 5 to 16. Our mission is to offer quality Irish Dance instruction, while providing a safe, supportive and positive learning environment in a family oriented school. As our students progress in their skills, they will have opportunities to pursue performances, team dancing and competition at their own pace. Our caring instructors recognize that each dancer is unique and we encourage our dancers to develop their individual talents in a supportive and respectful atmosphere. Irish Dancing is a rewarding activity that teaches discipline, develops character, instills dedication and builds confidence, all while making lasting friends and memories. Skip 4/19

**Level I:** Intro to Irish Dance (soft shoes)

**Level II:** Returning students having completed Level 1. Soft shoes, learning beginning hard shoe.

**Level III:** Int/Adv higher level of progression.

FEE	INSTRUCTOR	NO. WKS.		
\$108	McBride Irish Dancers	8		
LEVEL	DAY	DATE	TIME	LOCATION
I	W	4/12-6/7	3:30pm-4:00pm	Toyon Room
II	W	4/12-6/7	4:00pm-5:00pm	Toyon Room
III	W	4/12-6/7	4:30pm-6:00pm	Toyon Room

### Beginning and Intermediate Guitar

T 10 Yrs and Up

From the Beatles to Taylor Swift, most popular songs use only 3 or 4 simple chords. In the Beginning Class, you can learn to play your favorites in just a few weeks. No prior experience necessary, just bring any style guitar or bass. The Intermediate Class is for those who have taken the beginning guitar class or have prior experience. Topics will include: barre chords, 7th and 9th chords, sequences and modulations, scales and modes. Instructor has a BA and MA in music and over 20 years of teaching experience. \$10.00 materials fee is due to the instructor at the first class. Skip 5/29

FEE	INSTRUCTOR	NO. WKS.
\$139	Ted Crowley	9

#### Beginning

DAY	DATE	TIME	LOCATION
M	4/10-6/12	4:45pm-5:30pm	Elderberry Room

#### Intermediate

DAY	DATE	TIME	LOCATION
M	4/10-6/12	5:30pm-6:15pm	Elderberry Room



### Beginning Piano/Keyboard

T 10 Yrs and Up

Using the Alfred's Chord Approach textbook, you will learn to read both treble and bass clef in order to play both melodies and chords with either hand, and also how to improvise in pop styles. No experience necessary, just bring a keyboard. \$10.00 materials fee for the textbook. Skip 5/29

FEE	INSTRUCTOR	NO. WKS.
\$139	Ted Crowley	9

DAY	DATE	TIME	LOCATION
M	4/10-6/12	4:00pm-4:45pm	Elderberry Room

## FITNESS

## Karate

**T** 7-17 Yrs

Classes are divided by and catered toward different skill levels. Open class is offered for all skill levels and is designed to build self-confidence while learning how to throw, strike, block and fall without hurting oneself. Intermediate/Advanced class is available to current students who rank above 8th kyu and is designed to build upon the basics, learn more advanced techniques, and cultivate a higher understanding of karate. All students will be given the opportunity to compete in AAU sanctioned tournament, as well as Open Karate tournaments. Annual AAU insurance—\$14-Youth—is required. Belt ranking fees also apply, please inquire in class.

Start any time. Register at class. [www.kyokushinkarate-lafayette.com](http://www.kyokushinkarate-lafayette.com)

## Classes per Week/Fees:

2 days/\$50/month 3 days/\$65/month 4 days/\$75/month

LEVEL	DAY/DATE	TIME
Open	Mo/We—Ongoing	7:00-8:00pm

MIN/MAX	INSTRUCTOR	LOCATION
5/30	Danielle Jolin	Live Oak Room

LEVEL/DAY/DATE	TIME
T:Advanced/Th: Intermediate—Ongoing	4:00-5:30pm

MIN/MAX	INSTRUCTOR	LOCATION
5/12	Danielle Jolin	Live Oak Room

## NEW! | LEGO™ Birthday Party!

From Star Wars and Ninjago to Chima and Super Heroes, Bricks 4 Kidz has dozens of different models and themes we can incorporate to make your son or daughter's birthday a memorable one. Each child gets to make and take home with them a LEGO® minifigure. Fee includes all room rental fees.

FEE	TIME	LOCATION	CONTACT
\$390/10 children	90 mins	Cedar Room	415-518-7583



## SPORTS

## Make Me A Pro Flag Football

5-12 Yrs

This class is designed to teach each student rules, skills, positions, and strategies of flag football. This will be done through fun drills, games and team play in this no-tackle sport. Please join us, and bring friends—we are having a ball!

FEE	INSTRUCTOR	NO. WKS.
\$120	Make Me A Pro Sports Staff	8

5-7 Yrs

DAY	DATE	TIME	LOCATION
W	4/12-5/31	4:00-4:45pm	Rink

8-12 Yrs

DAY	DATE	TIME	LOCATION
W	4/12-5/31	4:45pm-5:30pm	Rink

## Soccer 1: Techniques &amp; Teamwork

5-6 Yrs

Players will learn dribbling, passing, defense and shooting goals! Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sized soccer matches will be introduced gradually. Each participant receives a Kidz Love Soccer jersey! Shin guards are required after the first meeting.

FEE	INSTRUCTOR	NO. WKS.
\$114	Kidz Love Soccer	8

DAY	DATE	TIME	LOCATION
F	4/14-6/2	4:15pm-5:00pm	Rink

## Soccer 2: Skillz &amp; Scrimmages

7-10 Yrs

Kidz will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will include drills and small-sized scrimmages. All levels are welcome to come enjoy the world's most popular game! Each participant receives a Kidz Love Soccer jersey! Shin guards are required.

FEE	INSTRUCTOR	NO. WKS.
\$114	Kidz Love Soccer	8

DAY	DATE	TIME	LOCATION
F	4/14-6/2	3:30pm-4:15pm	Rink





## Fun with Programming L

**1st-5th Grade**

The Fun with Programming class description is correct. The Fun with Science and Engineering class description should be as follows: Have fun building hands-on projects and performing science experiments! Students will engage in projects such as a Buzzy Robo-Bug, Hovercraft, or Hydraulic Arm. They will run lab experiments such as The Frozen Lab, The Puffy Paint Lab or The Silly Senses Lab. The main goals of the class are to give students a fun experience, while increasing their exposure to STEM (Science, Technology, Engineering, Math), the scientific method, and completing projects from start to finish. Students will gain a better understanding for how the way things around them work and behave, and will learn how to break down and analyze problems. **All new projects for returning students!** For more details, visit <http://funwithacademics.com>.

FEE	INSTRUCTOR	NO. WKS.	
\$179	Fun With Academics	5	
DAY	DATE	TIME	LOCATION
M	4/17-5/15	2:45pm-3:45pm	Lafayette Elem Sci. Rm.

## Chess Class S

**1st-5th Grade**

Wonderful opportunity for kids to acquire the ability to think strategically, stay focused and learn how to overcome obstacles! Offered to all levels (beginners, intermediate, advanced) the program is presented in an easy-to-follow way with use of modern technology. All equipment provided.

FEE	INSTRUCTOR	NO. WKS.	
\$122	Pacific Chess Academy	7	
DAY	DATE	TIME	LOCATION
Th	4/20-6/1	2:45pm-3:45pm	Springhill Elem., MPR

## Make Me A Pro Soccer S

**1st-5th Grade**

Make Me A Pro Soccer is a fun educational class that teaches through fun games and drills, the key to the class is allowing each child to have as many touches on the ball as possible, while allowing many repetitions on the techniques we teach. Learn techniques of passing, shooting and dribbling. Play the famous steal the bacon soccer game and end each day with game play.

FEE	INSTRUCTOR	NO. WKS.	
\$114	Make Me A Pro Sports Staff	7	
DAY	DATE	TIME	LOCATION
F	4/21-6/2	2:45pm-3:45pm	Springhill Elem., MPR

## Soccer 2: Skillz & Scrimmages C

**7-10 Yrs**

Kidz will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will include drills and small-sided scrimmages. All levels are welcome to come enjoy the world's most popular game! Each participant receives a Kidz Love Soccer jersey! Shin guards are required.



FEE	INSTRUCTOR	NO. WKS.	
\$114	Kidz Love Soccer	8	
DAY	DATE	TIME	LOCATION
F	4/14-6/2	3:30pm-4:15pm	Rink*

\*Bus from Burton Valley Elementary (1st-5th grade only): \$24

## Make Me A Pro Basketball C

**5-12 Yrs**

This class is lots of fun and will teach the basic techniques of the great game of basketball. Learn techniques of passing and dribbling, and shooting through fun games and drills. This class will be a blast! Please bring water.

FEE	INSTRUCTOR	NO. WKS.		
\$120	Make Me A Pro Sports Staff	8		
AGE	DAY	DATE	TIME	LOCATION
5-7 Yrs	Th	4/13-6/1	4:00pm-4:45pm	Rink
8-12 Yrs	Th	4/13-6/1	3:15pm-4:00pm	Rink*

\*Bus from Burton Valley Elementary (1st-5th grade only): \$24

## Parkour Fundamentals C

**7-12 Yrs**

The youth parkour classes will challenge students both physically and mentally. Students will stay highly active during class, engaging in creative drills and games in a fun, safe environment, all while learning important aspects of the parkour philosophy such as overcoming fear, solving problems, and setting goals. Other skills learned include, safe landings and rolls, tic-tacs, wall runs, and more. **Skip 5/29**

FEE	INSTRUCTOR	NO. WKS.	
\$179	Apex Movement NorCal	7	
DAY	DATE	TIME	LOCATION
M	4/17-6/5	3:15pm-4:15pm	Live Oak*

\*Bus from Burton Valley Elementary (1st-5th grade only): \$21

<span style="color: green; font-weight: bold;">S</span> Springhill Elementary	<span style="color: orange; font-weight: bold;">L</span> Lafayette Elementary	<span style="color: green; font-weight: bold;">C</span> Community Center (Burton Valley)
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## After School Awesome

6-11 Yrs

Come down to the Lafayette Community Center, after school, to have some fun playing your favorite games! Kids will enjoy a snack and free play with air hockey, basketball hoops, Wii, foosball and other fun activities upon arrival. Then we'll play a game altogether like dodgeball, capture the flag, indoor floor hockey, gaga ball, kick ball, basketball, soccer, tag and more! New games and variations every week! After the games, kids will have time to work on homework, read, or free play. **Skip 5/29**

FEE	INSTRUCTOR	NO. WKS.
\$100	Lafayette Staff	8

DAY	DATE	TIME	LOCATION
M	4/10-6/5	3:15pm-5:15pm	Jennifer Russell Bldg.*

\*Bus from Burton Valley Elementary (1st-5th grade only): \$24

## ART ART ART!

6-11 Yrs

Avocado Art Studio for Kids will be offering Fun Messy Drawing and Painting Classes. Developing line drawing will be the focus of this course. Students will have different themes each week from figure drawings, portraiture, still life, photomontage to contemporary abstract paintings. They will have a great opportunity to work with a variety of materials and unconventional approaches to develop the body of work on paper and canvas. Check us out on Facebook @ Avocado-Art-Studio-for-Kids. \$20 supply fee paid to instructor.

FEE	INSTRUCTOR	NO. WKS.
\$150	Yana Verba	8

DAY	DATE	TIME	LOCATION
T	4/18-6/6	3:15pm-4:15pm	Arts & Crafts Room*

FEE	INSTRUCTOR	NO. WKS.
\$130	Yana Verba	7

DAY	DATE	TIME	LOCATION
Th	4/20-6/1	2:45pm-3:45pm	Lafayette Elem. Sci. Rm.

\*Bus from Burton Valley Elementary (1st-5th grade only): \$24

## FUNKMODE Hip Hop and Breakdance

K-5th Grade

Does your child love to dance? Can't sit still when music comes on? Then they are ready for FUNKMODE Hip Hop and Breakdance! Students will build their confidence while learning various Hip Hop dance styles in a positive, encouraging atmosphere. We have developed a unique curriculum to ensure they will learn musicality, choreography and performance skills each week, while using their own creativity and personal expression. This empowering dance style is great for girls and boys because Hip Hop is for everyone! (Show day on last day of class.)

FEE	INSTRUCTOR	NO. WKS.
\$189	FUNKMODE Crew	7

DAY	DATE	TIME	LOCATION
F	4/21-6/2	2:45-3:45pm	Lafayette Elementary, Room 23A

www.LafayetteRec.org | (925) 284-2232

## 3D Printing Pen Fun

2nd-5th Grade

Please join us for a high-tech and creative class! 3D printing pens are the latest technology in the 3D printing craze. Kids will learn how to create both 2D and 3D artwork and other fun projects through the use of a 3D printing pen. The instructor will teach different art techniques used to bring the student's ideas and creations to life!

Lots of great take home projects. The only limit is their imagination. A \$25 supply fee due to instructor on first day. **Skip 5/29**



Lots of great take home projects. The only limit is their imagination. A \$25 supply fee due to instructor on first day. **Skip 5/29**

FEE	INSTRUCTOR	NO. WKS.
\$192	Bricks 4 Kidz	8

DAY	DATE	TIME	LOCATION
M	4/10-6/5	2:45pm-3:55pm	Springhill Elem. MPR

## Glee Club

6-11 Yrs

Experience the joy of music and performance with Glee Club! Singers will learn vocal technique, perform solos, harmonize and create choreography all within a fun group atmosphere. With a focus on popular contemporary musicals, you will collaborate with your fellow singers to create harmonies and dance routines that will result in a memorable performance at the end of the session.

FEE	INSTRUCTOR	NO. WKS.
\$202	Myeve Capozzi	8

DAY	DATE	TIME	LOCATION
Th	4/20-6/8	3:15pm-4:15pm	Toyon Room*

\*Bus from Burton Valley Elementary (1st-5th grade only): \$24

## Fun with Science and Engineering

1st-5th Grade

Have fun building hands-on projects and performing science experiments! Students will build projects such as a Catapult or Electronic Gameboard. They will run lab experiments like The Bubble Lab or The Taste Lab. Students will increase their exposure to STEM (Science, Technology, Engineering, Math), gain an understanding for how things around them work, and learn how to break down and analyze problems.

FEE	INSTRUCTOR	NO. WKS.
\$179	Fun With Academics	5

DAY	DATE	TIME	LOCATION
T	4/18-5/16	2:45pm-3:45pm	Springhill Elem. MPR



## The Science of Pokemon® L

6-11 Yrs

The Science of Pokemon! Ever wonder how Magnemite can attach himself to power supplies and metal? Or how Oddish is able to absorb all the nutrients from the ground? What about Fearow and how he can soar? In the Science of Pokemon, kids will learn about some of their favorite Pokemon characters and how their powers work. Each week in this STEM based class, students will conduct different experiments related to a specific Pokemon. What better way to learn than to combine science and Pokemon! Lots of take home projects. *\$20 supply fee paid to instructor at first class.*

FEE	INSTRUCTOR	NO. WKS.	
\$216	Bricks 4 Kidz	9	
DAY	DATE	TIME	LOCATION
T	4/11-6/6	2:45-3:45pm	Lafayette Elem. Sci. Rm.



### After School Programs at 3 Locations

This year Lafayette Recreation will be offering onsite after school programs at Lafayette Elementary and Spring Hill. We will also be offering after school programs (ASP) for everyone at the Lafayette Community Center. The Community Center ASP classes will start at 3:15 so participants can carpool from any school.

### Bus from Burton Valley

Burton Valley students also have the option to take the Lamorinda School Bus (Route 25 and 28) from Burton Valley to the new stop at the Lafayette Community Center!

**Upon arrival at the center, students will be picked up by City staff and escorted to their ASP class.** \*If you already have an annual bus pass you may use your pass or you can add a Burton ASP Bus Pass to your purchase when you sign up for your ASP class. ASP Bus Passes are good for everyday of the class you sign up for and average \$3 a ride. Annual Bus Passes can be purchased at [www.LamorindaSchoolbus.org](http://www.LamorindaSchoolbus.org)

## ALOHA Mind Math C

1st-5th Grade

Did you know math is rooted in our visual neural networks? This STEM program will present math in a hands-on, engaging and fun environment! Your child will learn to do math on the abacus plus techniques for doing mental math. Mind Math uses the abacus to build a solid foundation for performing mental calculations. This ancient form of visual and kinesthetic math builds on a child's natural inquisitiveness and imagination, teaching children number systems, concepts and most importantly...number sense. Come find your inner math-rock-star! Abacus and workbook included.

FEE	INSTRUCTOR	NO. WKS.	
\$189	Aloha Mind Math	8	
DAY	DATE	TIME	LOCATION
T	4/18-6/6	3:15pm-4:15pm	Elderberry Room

\*Bus from Burton Valley Elementary (1st-5th grade only): \$24

## Berkeley Chess School C

1st-5th Grade

Chess is fun and can be learned quickly and easily. Studies have found that chess helps improve test results in reading, science and math and produces growth in critical cognitive skills. Beyond academia, chess influences social behavior including self esteem, respect for others, patience and good sportsmanship. And did we mention that it's FUN! Skip 5/29

FEE	INSTRUCTOR	NO. WKS.	
\$130	Berkeley Chess School	7	
DAY	DATE	TIME	LOCATION
M	4/17-6/5	3:15pm-4:15pm	Cedar Room*

\*Bus from Burton Valley Elementary (1st-5th grade only): \$21

## Rink Play C

6-11 Yrs

Come out to the Lafayette Rink after school to play sports, games and activities like floor hockey, capture the flag, and basketball! Different activity each class! Kids will learn the game, practice through drills and warmup and will play for the majority of the class. Example of activities each week: Week 1—capture the flag; Week 2—dodgeball; Week 3—floor hockey; Week 4—soccer; Week 5—basketball; Week 6—Floor Hockey/Soccer; Week 7—capture the flag/basketball; Week 8—dodgeball; Week 9—Variety of sports/free-play.

FEE	INSTRUCTOR	NO. WKS.	
\$50	Lafayette Staff	9	
DAY	DATE	TIME	LOCATION
T	4/11-6/6	3:15pm-4:15pm	Rink*

\*Bus from Burton Valley Elementary (1st-5th grade only): \$27

TENNIS

Beginning Pee Wee Tennis

4-5 Yrs

This class is for beginners or students that are continuing on with lessons. Introduction to basic groundstroke, volley and serve technique. Fun games, drills and live ball rallying are part of this class.

Skip 5/27, 5/29

FEE	INSTRUCTOR	NO. WKS.
\$69	Lafayette Tennis Club	8

DAY	DATE	TIME	LOCATION
M	4/10-6/5	3:00pm-3:30pm	Tennis Club
W	4/12-5/31	3:00pm-3:30pm	Tennis Club
Sa	4/15-6/10	9:00am-9:30am	Tennis Club

Beginning Junior Tennis

6-9 Yrs

This class is for beginners or students that are continuing on with lessons. Introduction to basic groundstroke, volley and serve technique. Fun games, drills and live ball rallying are part of this class.

Skip 5/27, 5/29

FEE	INSTRUCTOR	NO. WKS.
\$134	Lafayette Tennis Club Staff	8

DAY	DATE	TIME	LOCATION
M	4/10-6/5	3:30pm-4:30pm	Tennis Club
W	4/12-5/31	3:30pm-4:30pm	Tennis Club
Sa	4/15-6/10	9:30am-10:30am	Tennis Club

Beginning Youth Tennis

10-14 Yrs

This class is for beginners or students that are continuing on with lessons. Introduction to basic groundstroke, volley and serve technique. Fun games, drills and live ball rallying are part of this class.

Skip 5/27, 5/29

FEE	INSTRUCTOR	NO. WKS.
\$134	Lafayette Tennis Club	8

DAY	DATE	TIME	LOCATION
M	4/10-6/5	4:30pm-5:30pm	Tennis Club
W	4/12-5/31	4:30pm-5:30pm	Tennis Club
Sa	4/15-6/10	10:30am-11:30am	Tennis Club



Beginning Adult Tennis

18 Yrs and Up

This class is for beginners or students that are continuing on with lessons. Introduction to basic groundstroke, volley and serve technique. Fun games, drills and live ball rallying are part of this class.

Skip 5/27, 5/29

FEE	INSTRUCTOR	NO. WKS.
\$134	Lafayette Tennis Club Staff	8

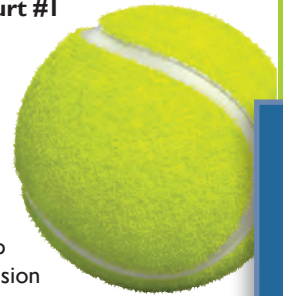
DAY	DATE	TIME	LOCATION
M	4/10-6/5	6:30pm-7:30pm	Tennis Club
W	4/12-5/31	6:30pm-7:30pm	Tennis Club

All tennis classes are located at the Lafayette Tennis Club, 3125 Camino Diablo Road. 937-2582

First class meets in the gazebo near court #1

Classes are subject to change based on enrollment numbers. If your class is cancelled, you will be notified four days prior to the first class and offered options.

**Rainouts:** Call Lafayette Tennis Club at 937-2582; the hotline is updated at 8:00am and 2:00pm daily. All rainouts will be made up the following week(s) after the end of the session on the same day.



YOUTH & ADULTS

## FITNESS & WELLBEING



### Jazzercise

**18 Yrs and Up**

Jazzercise is a pulse-pounding, bass-dropping fitness program that gets results...fast. It's a calorie-torching, hip-swivling dance party workout with a hot playlist to distract from the burn. Customers can incinerate up to 800 calories in a 60-minute class. Workout includes warm up, cardio, muscle toning, strength training with weights and stretching. Wear aerobic shoes and bring a mat. [www.jazzercise.com](http://www.jazzercise.com).

Enjoy Jazzercise Everyday!



**On-going. Sign-up anytime. Register at class.**

**Contacts:** Nancy G. 937-6768 | Cyndi B. 528-9836

FEE	EFT FEE	LOCATION
\$12 Walk-in	\$50/Mo EFT Unlimited Pass	Live Oak Room
Weekend rate available		
*EFT = Electronic Fund Transfer, month-to-month payment plan		

DAY	START TIME	INSTRUCTOR
M/W/F	6:00am	Nancy G
M/T/W/Th/F	9:10am	Nancy G
M/W	5:45pm	Cyndi B
T/Th	6:00pm	Cyndi B
Sa	9:00am	Nancy G
Su	9:00am	Cyndi B

### The Balance Point—Integration of the Mind, Body and Spirit

**18 Yrs and Up**

In this class an integral approach to rebuilding the union between the mind, body and spirit is explored. The three must be integrated. When integration takes place there is a balance between the mind, body and spirit.

**The four-part class includes:**

- A series of slow graceful movements;
- Exercises for the right/left brain integration, memory and focus;
- Meditation;
- Hand/eye coordination and integrative balance movements.

FEE	INSTRUCTOR	NO. WKS.	
\$49	Ken McNamara	8	
DAY	DATE	TIME	LOCATION
M	4/17-6/5	10:30am-11:45am	Toyon Room

### Meditation

**18 Yrs and Up**

Calm your mind and body with meditation methods that can be learned and repeated at home. Bringing together ancient meditation techniques and modern scientific research, I will help you understand your body and work towards tranquility, stress relief, and renewed energy.

FEE	INSTRUCTOR	NO. WKS.	
\$124	Mojgan Kaviani	4	
DAY	DATE	TIME	LOCATION
W	4/5-4/26	11:30am-12:30pm	Elderberry Room

### Seniorcise

**55 Yrs and Up**

Exercise your body and your mind. It's an effective combination of low-impact exercise, weight training and stretching. Each one-hour session is designed to increase strength, cardiovascular endurance, flexibility and balance. ALL fitness levels are welcome! Bring a mat, a pair of 2-3 lb hand weights and come exercise with GREAT people to the BEST music from the Big Band era through the 60s! **Skip 5/29**

FEE	INSTRUCTOR	NO. WKS.	
\$49	Susan Funkhouser	9	
DAY	DATE	TIME	LOCATION
M	4/3-6/5	10:30am-11:30am	Live Oak

FEE	INSTRUCTOR	NO. WKS.	
\$54	Susan Funkhouser	10	
DAY	DATE	TIME	LOCATION
T	4/4-6/6	10:30am-11:30am	Live Oak
W	4/5-6/7	10:30am-11:30am	Live Oak
Th	4/6-6/8	10:30am-11:30am	Live Oak



## Spinning (Cycle) and Abs

18 Yrs and Up

High energy, great music, very fun introduction to spinning class. You will learn how to do it and get a great workout at the same time. The class will consist of 30 minutes of spin and 20 minutes of floor work mainly focused on developing core strength. Come visit our beautiful, new state-of-the-art studio, at the Lafayette Tennis Club. If you want to get in great shape, this is the class for you!

FEE	LOCATION	NO. WKS.
\$175	Living Lean Gym at Lafayette Tennis Club	10

DAY	DATE	TIME	INSTRUCTOR
M	4/3-6/5	9:00am-10:00am	Sheena/Tiffani
T	4/4-6/6	6:00pm-7:00pm	Sheena/Tiffani
W	4/5-6/7	9:00am-10:00am	Sheena/Tiffani
Th	4/6-6/8	6:00pm-7:00pm	Sheena/Tiffani



## Weekend Warrior Spin Class

18 Yrs and Up

This is a quick, high calorie-burning workout that will get you off to a great start. 45 minutes of cardio. Starts with a 5 minute warm-up along a flat road and takes you up and down a few hills for 20 minutes and then, takes you back down for 5 minutes. The class ends with 10 minutes of abs and 5 minute stretch. Newly renovated shower facilities and locker rooms make it easy to go straight to breakfast! This class can be modified for all levels—beginner to advanced.

FEE	LOCATION	NO. WKS.
\$175	Living Lean Gym at Lafayette Tennis Club	10

DAY	DATE	TIME	INSTRUCTOR
Sa	4/8-6/10	8:00am-8:45am	Sheena/Tiffani

## Super Circuit

18 Yrs and Up

Burn fat and build muscle in this circuit consisting of multiple stations employing cardio, core and strength training exercises. 1- minute per exercise keeps this workout fast moving and fun. Super circuit means lots of variety which keeps this muscle-building, calorie-burning workout interesting and fun.

FEE	LOCATION	NO. WKS.
\$175	Living Lean Gym at Lafayette Tennis Club	10

DAY	DATE	TIME	INSTRUCTOR
M	4/3-6/5	6:00pm-7:00pm	Mike/Max
T	4/4-6/6	9:00am-10:00am	Mike/Max
W	4/5-6/7	6:00pm-7:00pm	Mike/Max
Th	4/6-6/8	9:00am-10:00am	Mike/Max

## Tong Ren Qi Gong

18 Yrs and Up

Ancient exercise meets neuroscience. A 21st century perspective on 2,500 years plus old Chinese energy practice. Easy to learn. Does not need much time to practice every day. Helpful with stress and various chronic conditions.

FEE	INSTRUCTOR	NO. WKS.
\$54	Henry Yu	10

DAY	DATE	TIME	LOCATION
Th	4/6-6/8	7:00pm-8:30pm	Cedar Room

## Boxing Circuit

18 Yrs and Up

Get a fantastic cardio and ab workout while learning the proper techniques which are employed by professional boxers. You will enjoy sparring with a partner, boxing drills and core strength exercises. This is a fast, fun way to burn calories.

FEE	LOCATION	NO. WKS.
\$175	Living Lean Gym at Lafayette Tennis Club	10

DAY	DATE	TIME	INSTRUCTOR
Sa	4/8-6/10	10:00pm-10:45pm	Max/Ryland



## YOGA

### Hatha Yoga

**T 16 Yrs and Up**

This class emphasizes principles that are essential for a safe, well-rounded lifelong yoga practice. Importance is placed on teaching students to open and strengthen their bodies while at the same time bring awareness to the mind, body, breath relationship. Appropriate for both beginners and those with yoga experience. (Level 1 to 1/2) Bring a yoga blanket, two blocks and a strap. **Skip 5/3**

FEE	INSTRUCTOR		NO. WKS.
\$124	Nancy Anderson		9
DAY	DATE	TIME	LOCATION
W	4/5-6/7	9:15am-10:30am	Sequoia Room

### Yoga with Silloo

**T 16 Yrs and Up**

This Yoga class teaches a mix of exercises (asanas) for strengthening, stretching and relaxing the body while also focusing on body alignment—a holistic approach. You are introduced to the therapeutic aspects of Yoga and to Yoga philosophy. Each class ends with relaxation and breathing techniques. It's a friendly, gentle atmosphere. Silloo has trained with the internationally renowned B.K.S. Iyengar for 8 years and has taught Yoga for many years. Printed handouts are available. Bring a blanket. You may try one class for free. All levels are welcome. **Monday skip dates: 4/10, 4/17, 4/24, 5/29; Thursday skip dates: 4/13 & 4/20**

FEE	INSTRUCTOR		NO. WKS.
\$82	Silloo Tarapore		6
DAY	DATE	TIME	LOCATION
M	4/3-6/5	9:15am-10:30am	Sequoia Room
FEE	INSTRUCTOR		NO. WKS.
\$108	Silloo Tarapore		8
DAY	DATE	TIME	LOCATION
Th	4/6-6/8	6:00pm-7:15pm	Toyon Room

### Evening Hatha Yoga

**16 Yrs and Up**

This beginning/intermediate beginning class promotes strength building and flexibility through proper physical alignment of the asanas (postures) as well as relaxation techniques through various breathing practices. Poses are adjusted to suit different ages and body types. Bring a yoga mat and thick blanket. **Skip 5/2**

FEE	INSTRUCTOR		NO. WKS.
\$124	Nancy Anderson		9
DAY	DATE	TIME	LOCATION
T	4/4-6/6	7:15pm-8:30pm	Sequoia Room



### Intro to Yoga

**18 Yrs and Up**

If you have been thinking about trying yoga or have very little experience this is the class for you! Introduces basic yoga postures, breathing and yoga philosophy. Improve flexibility, reduces stress, and build energy. Bring a yoga mat and thick blanket.

FEE	INSTRUCTOR		NO. WKS.
\$158	Howard VanEs		11
DAY	DATE	TIME	LOCATION
Su	4/9-6/18	10:30am-11:45am	Sequoia Room

### Yoga—Beginning/Advanced

#### Beginning

**18 Yrs and Up**

This class is for those with some yoga experience or athletic beginners. Deepen your experience of basic postures, learn more challenging postures, posture flow and breathing practices. Please bring a yoga mat and thick blanket.

FEE	INSTRUCTOR		NO. WKS.
\$158	Howard VanEs		11
DAY	DATE	TIME	LOCATION
T	4/4-6/13	10:00am-11:15am	Sequoia Room
F	4/7-6/16	9:15am-10:30am	Sequoia Room

### Yoga Workout

**18 Yrs and Up**

This class provides a solid foundation of yoga through postures, movement, breathing and relaxation. Appropriate for beginners or those with yoga experience. Bring a yoga mat, blocks, strap and blanket to class.

FEE	INSTRUCTOR		NO. WKS.
\$144	Elizabeth McIntyre		10
DAY	DATE	TIME	LOCATION
T	4/4-6/6	6:00pm-7:15pm	Toyon Room

## DANCE

## Belly Dancing

## 18 Yrs and Up

Belly dance your way to increased fitness and joy! Learn basic steps and dance isolations of Raks Sharki, also known as belly dance! Learn to play finger cymbals and dance with a veil. Optional student performance parties every quarter. Pre-registration advised. (Under 16 years OK if enrolled concurrently with parent). Optional dance supplies (CDs, finger cymbals, and silk veils) available for purchase in class. Soft leather soled shoes recommended—hermes sandals, jazz or ballet practice shoes. Thick socks okay but no rubber soles or bare feet, please. **Skip 5/29**

FEE	INSTRUCTOR	NO. WKS.	
\$109	Surreyya Beth Hada	7	
DAY	DATE	TIME	LOCATION
M	4/17-6/5	6:30pm-7:30pm	Toyon Room

## Hawaiian Dance

## 18 Yrs and Up

Learn and know about Hawai'i through dance. Dances will either be in traditional/Kahiko or contemporary/auwana. Class starts with warm up and basic dance steps. **Skip 4/14, 5/12**

FEE	INSTRUCTOR	NO. WKS.	
\$67	Celina Hall	7	
DAY	DATE	TIME	LOCATION
F	4/7-6/2	3:00pm-4:30pm	Toyon Room

## Line Dancing

## 18 Yrs and Up

Picture rows of people dancing a set of choreography as an ensemble. Learn new and traditional line dances in a comfortable, welcoming, fun-filled class. Line dancing isn't just country western anymore. It's also a rich blend of other music and dance styles including latin, popular and swing. Enjoyable exercised that will free the dancer in you. No partners needed. No perfume or fragrances please. **Skip 4/17, 4/24, 4/18, 4/25**

FEE	INSTRUCTOR	NO. WKS.	
\$46	John Trentacosti	6	
DAY	DATE	TIME	LOCATION
M	4/3-5/22	12:30pm-1:30pm	Live Oak Room
M	4/3-5/22	1:30pm-3:00pm	Live Oak Room
T	4/4-5/23	7:30pm-9:00pm	Live Oak Room

## ARTS &amp; CRAFTS

## Landscape &amp; Portraiture Painting

## 18 Yrs and Up

Class is designed to expand your creativity and art education while having fun. Learn to create strong design and attain accurate color, values and representation through demonstrations and individual instruction. Beginners welcome. [www.westernpainter.com](http://www.westernpainter.com).

FEE	INSTRUCTOR	NO. WKS.	
\$104	Gary Bergren	4	
DAY	DATE	TIME	LOCATION
T	4/4-4/25	10:00am-12:30pm	Arts & Crafts Room
FEE	INSTRUCTOR	NO. WKS.	
\$124	Gary Bergren	5	
DAY	DATE	TIME	LOCATION
T	5/9-6/6	10:00am-12:30pm	Arts & Crafts Room

## Painting Workshop

## 18 Yrs and Up

A basic multi-level painting class. Topics include color theory, composition, brush and palette knife techniques, creating atmospheric and textural effects, developing style, use of painting mediums and various other painting applications and techniques. Students may work in any style from abstract to realism and in any paint medium such as acrylic, alkyd, oil or watercolor.

FEE	INSTRUCTOR	NO. WKS.	
\$88	Mark Jezierny	4	
DAY	DATE	TIME	LOCATION
Th	4/6-4/27	9:30am-12:30pm	Arts & Crafts Room
FEE	INSTRUCTOR	NO. WKS.	
\$130	Mark Jezierny	6	
DAY	DATE	TIME	LOCATION
Th	5/4-6/8	9:30am-12:30pm	Arts & Crafts Room



COOKING

Thai New Year Feast Cooking

18 Yrs & Up

Thai New Year or Water Festival falls on the hottest month and to celebrate and keep cool, locals throw water at each other becoming the popular water fight. Food also plays an important part to bring the new year of plentiful and delicious feast. We will prepare popular dishes that have meanings for the prosperous and healthful year such as herb cups, golden purses, Thai noodles, yellow curry, etc. Bring your sharp chef's knife, cutting board, apron, hand towel, and beverage.

FEE	INSTRUCTOR		NO. WKS.
\$66	Chat Mingkwan		1
DAY	DATE	TIME	LOCATION
M	4/19	6:30pm-9:30pm	Kitchen

Burmese Cooking

18 Yrs & Up

Myanmar (Burma) has been a mystery for quite sometimes but its cuisine is not that elusive. Burmese cuisine is very unique with its own characteristics that stir interests in the US culinary scene. Learn to cook popular Burmese dishes in this hands-on class and prepare delicious dishes, such as laphet salad, hot and sour fish soup, curried noodles, pea fritters, etc. Bring your sharp chef's knife, cutting board, hand towel, apron, and beverage.

FEE	INSTRUCTOR		NO. WKS.
\$66	Chat Mingkwan		1
DAY	DATE	TIME	LOCATION
M	4/4	6:30pm-9:30pm	Kitchen

Wine Excursion: An Afternoon at a Local Winery

21 Yrs & Up

Wine and grapes are about place, they speak of the soil from which they grew. Join Susan and Sal Captain at their family vineyard in Moraga, the seminar will include an intimate look at how grapes are grown and wine is made at a small, family-owned vineyard. Participants will learn how a healthy vineyard is developed, and wine processed using green and sustainable practices and expand on the newly recognized Lamorinda American viticulture area (AVA). Barrel tasting and cheese pairing will complete the class. Don't miss this unique outdoor excursion for minds and bodies!



FEE	INSTRUCTOR		NO. WKS.
\$43	Susan Captain		1
DAY	DATE	TIME	LOCATION
S	4/9	1:00pm-3:00pm	This class meets at
S	5/14	1:00pm-3:00pm	Captain Vineyards,
S	6/11	1:00pm-3:00pm	1969 Joseph Dr., Moraga

Dim Sum Cooking

18 Yrs & Up

Dim Sum means "a little bit of heart," and these little savories and sweets surely gladden the heart and palate. Dim sum can be served as an elegant and a fun light appetizer, lunch, snack, or as a special treat. We will learn to use a variety of specialties to create popular items, and learn techniques of filling and wrapping in hands-on preparing delicious dim sum, such as Pork & Shrimp Dumplings, BBQ Pork Buns, Chinese Broccoli, Sesame Seed Balls, etc. Some can be made in advance and frozen for several meals. Bring your sharp chef's knife or cleaver, cutting board, hand towel, beverage, and a to-go box.



FEE	INSTRUCTOR		NO. WKS.
\$66	Chat Mingkwan		1
DAY	DATE	TIME	LOCATION
T	5/8	6:30pm-9:30pm	Kitchen

Korean Cooking

18 Yrs & Up

Learn the basic aspect of Korean cuisine, starting with basic ingredients in traditional meals. Simple and tasty are Korean characteristics when it comes to food. Not to mention the amount of chilies being used = Spicy! Join us and cook up some popular Korean dishes and small side dishes, a signature of Korean meals. Learn to make Pa Jon (pancake), Kimchee, Chup Chae (bean noodles), BBQ ribs and more! Please bring your sharp chef's knife, cutting board, hand towel, apron, and your own beverage.

FEE	INSTRUCTOR		NO. WKS.
\$66	Chat Mingkwan		1
DAY	DATE	TIME	LOCATION
M	6/7	6:30pm-9:30pm	Kitchen

Sushi Workshop

18 Yrs & Up

Let's make our sushi fresh, light, and clean with a variety of seasonal and local offerings. Learn to prepare fresh ingredients for various toppings and learn simple techniques in making your perfect sushi. With a hands-on approach, we will make Nigiri (finger rolls) and Maki Nori (seaweed rolls) with the freshest ingredients, such as Nigiri: ebi, hamachi, inari, maguro, unagi, Gunkan Nigiri: ikura, tobiko, Hosomaki: cucumber roll, spicy roll, Uramaki: California roll, Philadelphia roll. Please bring a sharp pointy tip chef knit, large cutting board, bamboo matt, hard towel, and beverage.

FEE	INSTRUCTOR		NO. WKS.
\$66	Chat Mingkwan		1
DAY	DATE	TIME	LOCATION
W	5/30	6:30pm-9:30pm	Kitchen



## MUSIC &amp; IMPROV

## Improv!

## 18 Yrs and Up

This “begin-intermediate” level class will start with the basics and quickly develop into an intermediate level class keeping pace with the skill of the class. Beginners, in no time flat, you’ll be creating outrageous characters and improvising hysterical scenes and stories. Then, we’ll all dig deep into character, storytelling, scene structure, and ensemble work. Perfect for improvisers of all levels!

FEE	INSTRUCTOR	NO. WKS.
\$229	Kenn Adams	9

DAY	DATE	TIME	LOCATION
W	4/12-6/7	7:00pm-9:00pm	Elderberry Room

## Beginning and Intermediate Guitar

 10 Yrs and Up

From the Beatles to Taylor Swift, most popular songs use only 3 or 4 simple chords. In the Beginning Class, you can learn to play your favorites in just a few weeks. No prior experience necessary, just bring any style guitar or bass. The Intermediate Class is for those who have taken the beginning guitar class or have prior experience. Topics will include: barre chords, 7th and 9th chords, sequences and modulations, scales and modes. Instructor has a BA and MA in music and over 20 years of teaching experience. *\$10.00 materials fee is due to the instructor at the first class.* **Skip 5/29**

FEE	INSTRUCTOR	NO. WKS.
\$139	Ted Crowley	9

## Beginning

DAY	DATE	TIME	LOCATION
M	4/10-6/12	4:45pm-5:30pm	Elderberry Room

## Intermediate

DAY	DATE	TIME	LOCATION
M	4/10-6/12	5:30pm-6:15pm	Elderberry Room

## Beginning Piano/Keyboard

 10 Yrs and Up

Using the Alfred’s Chord Approach textbook, you will learn to read both treble and bass clef in order to play both melodies and chords with either hand, and also how to improvise in pop styles. No experience necessary, just bring a keyboard. *\$10.00 materials fee for the textbook.* **Skip 5/29**

FEE	INSTRUCTOR	NO. WKS.
\$139	Ted Crowley	9

DAY	DATE	TIME	LOCATION
M	4/10-6/12	4:00pm-4:45pm	Elderberry Room

## SPECIAL INTEREST

## Create Time for Yourself without the Guilt

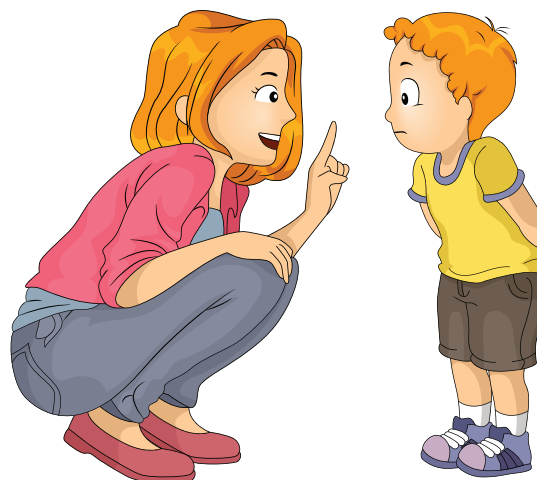
## 18 Yrs and Up

Are you feeling overwhelmed by all you have to do? Is it nearly impossible to find time for yourself? By utilizing the art of time management, you can get tasks done in a timely fashion, carve out some personal time, and juggle what is on your plate with grace and without guilt.



FEE	INSTRUCTOR	NO. WKS.
\$39	Sharon Grossman	1

DAY	DATE	TIME	LOCATION
T	4/4	7:30pm-9:00pm	Elderberry Room



## Barriers to Smart Parenting and How to Overcome Them

## 18 Yrs and Up

Are you overwhelmed in your parenting role? Do you wish you were calmer and less reactive no matter what your child does? Learn the essential steps to being a smart parent so you can increase your sense of control, confidence, and joy.

FEE	INSTRUCTOR	NO. WKS.
\$39	Sharon Grossman	1

DAY	DATE	TIME	LOCATION
M	4/10	7:30pm-9:00pm	Elderberry Room

## Bridge—Defensive Signals

18 Yrs and Up

Two week workshop with hands for practice. How to tell your partner—you like/dislike the suit choice OR—How many cards you hold in a suit lead by the opponents OR—Which suit to switch to!

FEE	INSTRUCTOR		NO. WKS.
\$24	Carol Griffin		2
DAY	DATE	TIME	LOCATION
M	5/1-5/8	1:00pm-3:00pm	Sequoia Room

## Bridge—Conventions

18 Yrs and Up

A two week workshop with hands for practice. Following each lecture there will be at least 4 hands that demonstrate each convention: Jacoby Transfers, Negative Doubles.

FEE	INSTRUCTOR		NO. WKS.
\$24	Carol Griffin		2
DAY	DATE	TIME	LOCATION
M	5/1-5/8	3:15pm-5:15pm	Sequoia Room



## Mandarin—Conversational Chinese

18 Yrs and Up

To teach conversational Chinese and enable students to start learning Mandarin Chinese. Through conversation, games, cultural introduction, students learn phonic skill, greetings, numbers, family member titles, date/time, basic grammar and character writing knowledge. Knowledge learned in the class can be easily applied to travel, business, academic needs or personal interest. \$10 supply fee payable to instructor on first day of class. **Skip 5/29**

FEE	INSTRUCTOR		NO. WKS.	
\$166	Walnut Creek Chinese School		9	
LEVEL	DAY	DATE	TIME	LOCATION
II	M	4/3-6/5	9:00am-10:15am	Cedar Room
III	M	4/3-6/5	10:30am-11:45am	Cedar Room
I	M	4/3-6/5	12:00pm-1:15pm	Cedar Room

## DOG OBEDIENCE

### Dog Obedience—Beginning

**T All Ages; Children must be accompanied by a parent. Puppies 3-9 months; No dogs older than 9 months.** Basic obedience instruction for puppy owners and their puppies. Puppy owners will learn how to teach their puppies to sit, down, come, stay, stand and heel. Also solutions for puppy behavior problems will be discussed including jumping on people and biting. First class is orientation WITHOUT puppies and attendance is MANDATORY. Bring proof of vaccinations to 1st class. We will review the equipment required for class including martingale collars, 6' leather leash, etc. **Skip 5/3**

FEE	INSTRUCTOR		NO. WKS.
\$189	Barb Peppin		8
DAY	DATE	TIME	LOCATION
W	4/12-6/7	6:30pm-7:30pm	Jennifer Russell Bldg.

### Dog Obedience—Intermediate

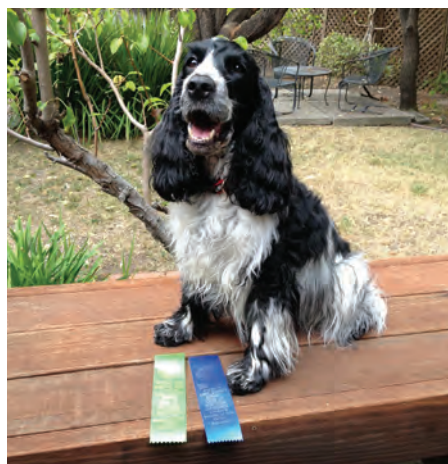
**T All Ages**  
Intermediate Dog Obedience Prereq: Completion of LCC Beg. Obedience or instructors permission. Develop skills to pass the AKC Canine Good Citizen Class. Introduction to Agility. **Skip 5/3**

FEE	INSTRUCTOR		NO. WKS.
\$179	Barb Peppin		8
DAY	DATE	TIME	LOCATION
W	4/12-6/7	7:45pm-9:00pm	Jennifer Russell Bldg.

### Dog Obedience—Advanced

**T All Ages**  
Prereq: Completion of LCC Intermediate Obedience Class or instructor permission. Develop skills to compete in AKC obedience trials. **Skip 5/4**

FEE	INSTRUCTOR		NO. WKS.
\$112	Barb Peppin		8
DAY	DATE	TIME	LOCATION
Th	4/13-6/8	8:30am-9:30am	Jennifer Russell Bldg.





# Have Your Next Event At The Lafayette Community Center

Facility	Capacity	Size	Hourly Rates	Food and Drink Allowed	Minimum # of Hours	Amenities
Jennifer Russell Building (JRB)	Dining: 240 Theater: 325	72'x50'	Resident: \$120 Non Resident: \$150 Resident Non Profit: \$110 Non Res Non Profit: \$130	Yes	4	<ul style="list-style-type: none"> <li>• Adjoining Restrooms</li> <li>• Non Adjoining Kitchen (\$200)</li> <li>• Two 80" Flat Screen TVs</li> <li>• Available Microphone P.A. System</li> <li>• Portable Stage (\$130)</li> <li>• Rear Patio</li> <li>• Side Patio &amp; Deck (\$75)</li> </ul>
Live Oak Room (LO)	Dining: 225 Theater: 300	64'x55'	Resident: \$100 Non Resident: \$130 Resident Non Profit: \$90 Non Res Non Profit: \$110	Yes	4	<ul style="list-style-type: none"> <li>• Adjoining Foyer</li> <li>• Adjoining Kitchen (\$200)</li> <li>• Stationary Stage</li> <li>• Available Microphone P.A. System</li> <li>• Large Patio &amp; Deck (\$75)</li> </ul>
Cedar Room	Max: 45	27'x32'	Resident: \$65 Non Resident: \$85 Resident Non Profit: \$60 Non Res Non Profit: \$75	Yes	2 Self Set-Up Optional	<ul style="list-style-type: none"> <li>• In room sink</li> <li>• Counter Tops</li> <li>• Projector Screen (no projector)</li> <li>• White Board</li> </ul>
Sequoia Room	Classroom: 45 Theater: 75	27'x32'	Resident: \$65 Non Resident: \$85 Resident Non Profit: \$60 Non Res Non Profit: \$75	No	2 Self Set-Up Optional	<ul style="list-style-type: none"> <li>• Carpeted Floor</li> <li>• Projector Screen (no projector)</li> <li>• Adjoining Foyer</li> </ul>
Kitchen			\$200 Flat Rate	Yes	<b>Only Available with LO or JRB</b>	<ul style="list-style-type: none"> <li>• Commercial Refrigerator/ Freezer</li> <li>• Icemaker</li> <li>• Coffee Pots</li> <li>• Microwave</li> <li>• Stove/Oven</li> </ul> <p><i>No cooking or eating utensils available</i></p>

Facility Restrooms/ Drinking Fountain: Centrally Located

Parking Spaces: 117 and 6 Handicap

Times and Days Available: Friday: 6:00pm–11:30pm Saturday: 9:00am–11:30pm Sunday: 9:00am–10:30pm

*Please Note: Rental time must include deliveries, decoration, set-up & clean-up. Music/entertainment must stop 1hr. prior to the end of the rental. Security deposit, insurance and other fees not included.*

## How to Pay Your Membership Fee and Register for Classes

**Membership: \$15/ person per calendar year (January 1–December 31, 2017)**

Members of Lafayette Senior Services pay no fee, or the discounted fee, for programs and services listed below. Additionally, the quarterly Activity Guide is mailed to each member. Your membership pays for itself after just 1½ classes!

You may pay for your membership and register for classes using any one of the following methods. Accepted credit cards are Visa, MasterCard, Discover and American Express.

- **Online 24/7:** [www.LafayetteRec.org](http://www.LafayetteRec.org)
- **Phone:** (925) 284-5050 Monday–Friday 9:00am–5:00pm
- **Walk-In:** Lafayette Community Center Main Office, 500 St. Mary's Rd. Monday–Friday 9:00am–5:00pm
- **Mail-In:** Print out a membership form: go to the City of Lafayette website [www.LoveLafayette.org](http://www.LoveLafayette.org) and click on the Senior Services tab, then Senior Services Membership. Make checks payable to City of Lafayette and mail form to Lafayette Senior Services, 500 St. Mary's Road, Lafayette, CA 94549.

### MOBILE DEVICES

#### Apple Basics

**Facilitated by Sharon Beck, Owner of Mac-Senior**

This ongoing series covers many topics such as Apple IDs, iTunes, iCloud and the basics of iPad and iPhone usage. Topics for upcoming sessions are based on participants' input and needs. There is always time for Q&A at the end of each class. Please note: this series deals with Apple devices only.

FEE	MEMBERS	NON-MEMBERS
Per Meeting	Free	\$10
DAY/DATE	TIME	LOCATION
1st Thursday Monthly 4/6, 5/4, 6/1	10:30am-Noon	Elderberry Room

#### Android Basics

**Edward Zeidan, Owner of Lamorinda Technology**

Designed for owners of non-Apple mobile devices that use Google's Android operating system, this series will explore the wide range of functions including texting, calendar, email, music, photos and more. Learn how to download and use free apps from the Google Play store (bring your Google Play account log in information). There will be time for individuals' questions at the end of each class. Please note: this series deals with non-Apple devices only.

FEE	MEMBERS	NON-MEMBERS
Per Meeting	Free	\$10
DAY/DATE	TIME	LOCATION
3rd Thursday monthly 4/20, 5/18	10:30am-Noon	Elderberry Room

## Friday Connections at the Lafayette Library

**Presented by the Lafayette Senior Services Commission and Lafayette Library and Learning Center**

Join the gathering at the Lafayette Library every Friday from 1:00–3:00pm for a variety of activities: speakers, games, film screenings, presentations and more. Catch up with old friends or meet new ones over refreshments! Check with library staff or the online calendar ([tinyurl.com/lafcalendar](http://tinyurl.com/lafcalendar)) for each week's activities and meeting room. For more info, contact Chris Gray at 925-385-2288 or [cgray@ccclib.org](mailto:cgray@ccclib.org) or Lafayette Senior Services: Seniors@LoveLafayette.org or 925-284-5050.

FEE	MEMBERS	NON-MEMBERS
Per Meeting	Free	Free
DAY/DATE	TIME	LOCATION
Every Friday	1:00pm-3:00pm	Lafayette Library & Learning Center; 3491 Mt. Diablo Blvd.



## Discovering Opera: La Bohème

**Presented by Bradford Wade, opera lover for 41 years**

Giacomo Puccini's La Bohème is the story of young, doomed love, set in the artistic milieu of 1840s Paris. In the opera house, it is the vehicle for some of the most ravishingly beautiful music ever written, and the finale never fails to bring out the hankies. Lecturer Bradford Wade will give a guided tour of the opera, with a description of the plot interspersed with musical examples, and discuss some of the opera's literary background. This lecture is given in conjunction with Opera San Jose's production of La Bohème, April 15-30.

FEE	MEMBERS	NON-MEMBERS
	Free	\$10
DAY/DATE	TIME	LOCATION
Th, 4/6	1:30-3:00pm	Lafayette Library, Arts & Science Room

## Let's Do Lunch!

Discover and explore the various dining experiences Lamorinda and Walnut Creek have to offer. Relax, dine, meet new people, socialize and enjoy lively conversation! Space is limited. The restaurants provide separate checks; individuals pay for their own meals. Membership in Lafayette Senior Services is required in order to participate. Contact Lafayette Senior Services for the schedule of restaurants and to make your reservations: Seniors@LoveLafayette.org or 284-5050. This interest group is offered in conjunction with Lamorinda Village [www.lamorindavillage.org](http://www.lamorindavillage.org).

### TO PARTICIPATE

Membership in Lafayette Senior Services required. Individuals pay for their own meals.

DAY/DATE	TIME	LOCATION
1st Tuesday Monthly 4/4 (RSVP by 3/28)	11:30am	Contact Lafayette Sr. Services
5/2 (RSVP by 4/25)		
6/6 (RSVP by 5/30)		

## Lunch n' Learn: Are Your Legal Documents in Order?

**Stefanie West, Estate Planning Attorney**

Are you aware of the basic documents you should have in place? Ms. West will cover the essential forms: Living Trust, Will, Health Care Directive, Financial Power of Attorney, beneficiary forms, personal items distribution list and POLST. There will be plenty of time to answer your questions such as: "Why do I need these?", "What happens if I don't have them?", "How do I make sure they work correctly?" and "Are my old documents valid?" Presentation offered in conjunction with Lamorinda Village. Lunches generously provided by Carlton Senior Living of Pleasant Hill. RSVP required by Wednesday, May 3: Seniors@LoveLafayette.org or 925-284-5050

FEE	MEMBERS	NON-MEMBERS
	Free	\$10
DAY/DATE	TIME	LOCATION
Wed 5/10	10:30-noon	Cedar Room

## Words of Wisdom

**Discussion Group Led by Craig Janke**

Share your opinions in a freewheeling exchange of ideas from current events to philosophy to the inspirational. There may be agreement or there may be differing opinions—it's all in the spirit of learning, sharing, enrichment and good humor. Our "elder perspective" frequently sounds a lot like wisdom!

FEE	MEMBERS	NON-MEMBERS
Per Meeting	Free	\$10
DAY/DATE	TIME	LOCATION
3rd Tuesday Monthly 4/18, 5/16	10:30am-Noon	Elderberry Room

## Drop-in Intermediate Mah Jongg

Bring your card and mah jongg set and join other intermediate-level players every Tuesday afternoon.

FEE	MEMBERS	NON-MEMBERS
Per Meeting	Free	\$10
DAY/DATE	TIME	LOCATION
Every Tuesday	12:30-3:30pm	Cedar Room



## Lamorinda Nature Walk and Bird-Watching

**Led by Ben Petterson, Experienced Hiker and Bird-Watcher**

Experience nature at its finest along our local trails. Delight in the beauty that unfolds around each bend, all the while learning to identify a variety of birds. Bring a water bottle; binoculars are helpful if you have them. Meet at the Alder Room at the Community Center at 9:00am. For more information or to place your name on the email notification list, contact Lafayette Senior Services: Seniors@LoveLafayette.org or 284-5050.

FEE	MEMBERS	NON-MEMBERS
	Free	Free
DAY/DATE	TIME	LOCATION
Wednesdays	9:00am-Noon	Various locations



ADULTS 55+

## Positive Living Forum (“Happiness Club”)

Moderated by Bob Nozik, MD, Prof. Emeritus UCSF, Author of *Happy 4 Life: Here’s How to Do It*

Brighten your day and take part in this interactive gathering which features discussions on a wide range of topics that guide participants toward a more ideal and positive life experience. Drop-ins welcome!

FEE	MEMBERS	NON-MEMBERS
Per Meeting	Free	\$10
DAY/DATE	TIME	LOCATION
2nd Thursday Monthly 4/13, 5/11, 6/8	10:30am-Noon	Elderberry Room

## Anne Randolph Physical Therapy Presentations

Anne Randolph, RPT, has been practicing physical therapy since 1977. She provides outpatient therapy in Lafayette and specializes in the care of those 55 and over.

FEE	MEMBERS	NON-MEMBERS
Per Class	Free	\$10

## Fall Prevention

DAY	DATE	TIME	LOCATION
W	4/26	11:30am-12:30pm	Cedar Room

Falls are a threat to health and independence. Learn how to gain better balance, avoid falls, and remain self-sufficient.

## Strokes

DAY	DATE	TIME	LOCATION
W	5/24	11:30am-12:30pm	Cedar Room

The effects of a stroke can be devastating. Learn what causes strokes and how to recognize when one is occurring in order to avoid some of the debilitating effects.

## Health Insurance Counseling and Advocacy Program (HICAP)

HICAP provides free and objective counseling and advocacy services to Contra Costa Medicare beneficiaries and their families who need assistance with Medicare enrollment and issues involving Medicare and associated insurance programs, including prescription drug coverage. HICAP does not endorse or sell insurance products. For an appointment, call Lafayette Senior Services 284-5050.

FEE	MEMBERS	NON-MEMBERS
	Free	Free

DAY/DATE	TIMES
1st W/Wed Monthly 4/5, 5/3, 6/7—Check in at the Community Center Main Office	10:00am, 11:00am or Noon
3rd Tues Monthly 4/18, 5/16—Check in at the Community Center Main Office	10:00am, 11:00am or Noon

## Free Peer Counseling

Contra Costa Health Services offers free one-to-one counseling with trained senior counselors who use their life experiences to help other older adults (55+) cope with life changes, problems, crises, and challenges. Confidentiality is strictly observed. **Appointment required.** Please contact Lafayette Senior Services to sign up for one of the 60-minute appointments: Seniors@LoveLafayette.org or 284-5050.

FEE	MEMBERS	NON-MEMBERS
	Free	Free

DAY/DATE	TIME	LOCATION
2nd Tuesday Monthly 4/11, 5/9	10:00am-Noon	Check in at Community Center Main Office



## Smart Driver 8–Hour Course

Offered through AARP

Refine your driving skills, develop safe, defensive techniques, and possibly lower your insurance premium. Max: 25 paid registrants. To reserve your spot, send check, made payable to AARP, to Lafayette Senior Services, 500 St. Mary’s Rd., Lafayette, CA 94549.

FEE	AARP MEMBERS	NON-AARP MEMBERS
	\$15	\$20
DAY/DATE	TIME	LOCATION
T, 4/11 and Th, 4/13	9:00am–1:00pm	Elderberry Room—T Cedar Room—Th



## Reservoir Walking Group

Led by Jim Scala, *Lafayette Today's* "Walking the Reservoir" Columnist

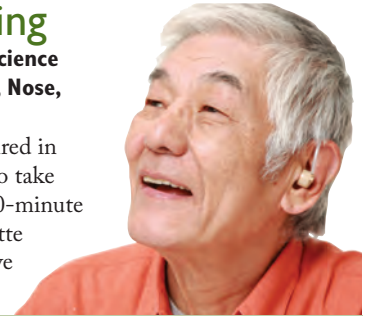
Meet us at the reservoir every Tuesday, Thursday and Saturday for camaraderie, fresh air and enjoyable exercise, all in magnificent surroundings. Choose the distance that suits you by joining the group that walks the entire circuit, or the group that goes the shorter distance which avoids the large hills, yet yields sufficient moderate exercise. Optional bonus for both groups: at the end of the walk, Jim will lead you through easy yoga poses and breathing exercises in the most beautiful outdoor yoga studio: the band stage overlooking the water. Increase your balance and fitness—both physical and mental—and leave each week uplifted and radiant with that overall feeling of well-being! To add your name to the email notification list contact us at Seniors@LoveLafayette.org or 284-5050. Bring quarters or credit card for parking meter. Annual senior (62+) passes may be purchased at the Visitor Center at the reservoir.

FEE	MEMBERS	NON-MEMBERS
	Free	Free
DAY/DATE	TIME	LOCATION
Every Tues, Thurs and Sat	9:30-11:00am <b>Meet at 9:20</b>	Meet at Res: Center Bench on the Dam

## Hearing Screening

Audiologists from Hearing Science Audiology /Diablo Valley Ear, Nose, and Throat

Minimum of 2 sign-ups required in order for hearing screenings to take place. To reserve one of the 20-minute appointments, contact Lafayette Senior Services: Seniors@LoveLafayette.org or 284-5050.



FEE	MEMBERS	NON-MEMBERS
	Free	\$10
DAY/DATE	TIME	LOCATION
First Wed Monthly 4/5, 5/3, 6/7	1:00-2:20pm	Check in at Community Center Main Office

## Free Lending Library

Stop by the Senior Services office and see the beautiful lending library book cart made for us by Lafayette Girl Scout Troop #32167. Browse through the titles. Take home a book or two at no charge. Return them when you're done; it operates on the honor system. Thank you, Girl Scouts, for this wonderful gift!



## Lamorinda Tea Dance

A weekly Community Dance Social in its 29th year with afternoon tea and light refreshments



**Wednesdays 1:00-3:30pm**

*The Live Oak Room  
Lafayette Community Center  
500 St Mary's Road  
Lafayette, CA 94549*

**Lafayette Senior Services Members: FREE!**

Membership is \$15/year  
Non Members: \$10/session

The Lamorinda Tea Dance is hosted by dance professionals Karen Lile & Michael Amtz. DJ Michael Amtz plays your favorites and takes requests. Come for great music and good company. The first Wednesday of the month, Karen and Michael provide a dance lesson during the tea dance.

## Lamorinda Spirit Van



### What Is The Lamorinda Spirit?

The Lamorinda Spirit is a group of people committed to the idea that as we age, we should be able to live in our own homes independently for as long as safely possible. We recognize that services are necessary to allow the elderly among us to get out and about to personal, social, and medical appointments and to meet shopping, learning, and exercise needs. We know that isolation does not lead to health and that continuing to be social does. We acknowledge that there comes a point where we may no longer be able to drive and so community sponsored transportation becomes very important to our health and well-being.

The Lamorinda Spirit drivers are mostly volunteers who appreciate that someone helped their parents out, and they want to give back. Most are retired, but some work and have young families. Within this group are those who are looking after older relatives and those who are looking after their grandchildren. Our drivers and staff of dispatchers all enjoy getting to know the people we serve and invite you to take a spin on the Lamorinda Spirit Van.

### Lamorinda Senior Transportation

An Alliance of Transportation Providers

#### Lamorinda Spirit Van **283-3534**

Takes Lamorinda older adults, age 60 and up, to appointments, errands, classes, and shopping in Concord, Lamorinda, Martinez, Pleasant Hill, and Walnut Creek. Wheelchair and walker accessible. WE LOVE TO SAY YES, so call early to make your reservation. Van Fares: \$5 one-way/\$10 round-trip within Lamorinda; \$10 one-way/\$20 round-trip to Concord, Martinez, Pleasant Hill, and Walnut Creek. \$2.50 one-way/\$5 round-trip to lunch at the C.C. Café, Walnut Creek Senior Center. Low income fare is \$4 one-way/\$8 round-trip.

#### Contra Costa Yellow Cab and DeSoto Company **284-1234**

10% discount for Lamorinda seniors.

#### Orinda Seniors Around Town **402-4506**

Volunteer drivers serving Orinda seniors with free rides to appointments and errands.

#### Mobility Matters (formerly Senior Helpline Services) Rides for Seniors **284-6161**

Volunteer drivers serving Contra Costa seniors with free rides to doctors' appointments during the week. Grocery shopping on Saturday.

#### Mobility Matters Information and Referral Line: **284-6109**

#### County Connection LINK Reservation Line **938-7433**

For people with disabilities. (Older adults often have "age-based" disabilities. By describing your "disability," you can become eligible for this service—providing you with additional transportation options.)





## Lafayette Recreational Trails

### Lafayette-Moraga Regional Trail

This 7.65-mile trail parallels St. Mary's Road through Lafayette and Moraga along a historic railroad route. It accommodates hiking, bicycling, and equestrian use. There are opportunities for restroom stops at the Lafayette Community Center and Park. Please call 1-888-EBPARKS (1-888-327-2757) or visit [www.ebparks.org](http://www.ebparks.org) for more information.

### City of Lafayette Neighborhood Trails

Neighborhood trails provide connections to regional trails and other recreational facilities or make loops within a neighborhood. Maps and detailed descriptions of the trails are available at the Lafayette Parks, Trails & Rec. Office at 500 St. Mary's Road or at [www.ci.lafayette.ca.us](http://www.ci.lafayette.ca.us).

Walter Costa Trail	2.2 miles
Springhill Valley Trail	0.75 miles
Hidden Oaks Trail	0.5 miles
Murray Lane Trail	0.3 miles
Petar Jakovina Trail	1 mile
John Kiefer Trail	0.78 miles
Moraga Rd. to Reservoir Rim Trail	0.5 miles

### Lafayette Community Park Trails

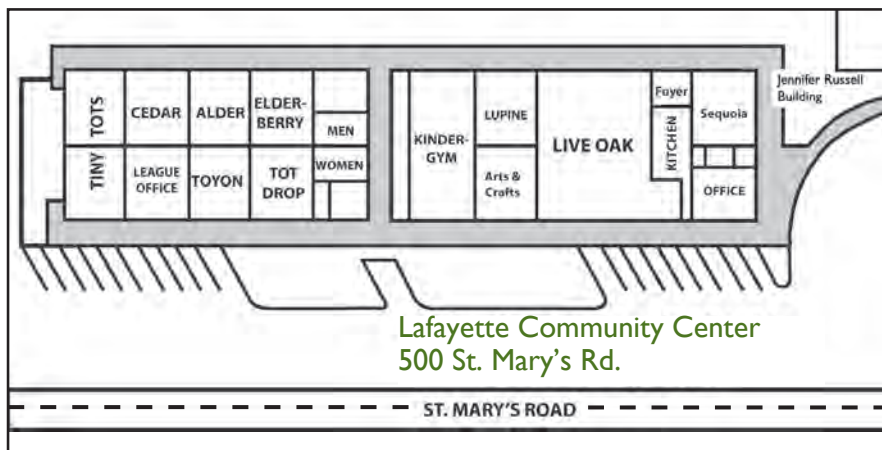
3 miles of multi-use trails.

### EBMUD's Lafayette Reservoir and Recreation Area

Owned and operated by EB MUD, the Lafayette Reservoir and Recreation area is located off Highway 24 just a mile from Lafayette BART. This all-year, day-use area is ideal for hiking, jogging, fishing, boating and picnicking. Hikers will love the 2.8-mile paved Shore Trail that completely encircles the Reservoir. The Rim Trail is a more challenging 4.3-mile dirt trail that traverses the ridge tops surrounding the Reservoir. Please call 284-9669 or go to [www.ebmud.com](http://www.ebmud.com) for more information.



## Lafayette Class Locations



**Patrons are advised to arrive 5 minutes early to locate their classroom.**

## Off-Site Locations

- Lafayette Community Park  
480 St. Mary's Road, Lafayette
- Lafayette Tennis Club  
3125 Camino Diablo Road, Lafayette  
937-2582
- Buckeye Fields  
711 St. Mary's Road, Lafayette
- Lafayette Library & Learning Center  
3491 Mt. Diablo Blvd., Lafayette  
385-2280
- Lafayette Elementary  
950 Moraga Road, Lafayette
- Springhill Elementary  
3301 Springhill Road, Lafayette

## Community Contacts

- Lafayette Little League  
284-3583
- Lafayette–Moraga Regional Trail (EBRPD) | (510) 635-0135
- Lafayette–Moraga Youth Association (LMYA) | 377-5692
- Lafayette Reservoir & Recreation Area (EBMUD) | 284-9669
- Lafayette Chamber  
284-7404
- Lafayette City Offices  
284-1968

## Contact Us:

[www.LafayetteRec.org](http://www.LafayetteRec.org)

Jonathan “Ace” Katayanagi  
Director | 299-3251  
jkatayanagi@ci.lafayette.ca.us

John Warshaw  
Recreation Supervisor | 299-3260  
jwarshaw@ci.lafayette.ca.us

Steven Heinsma  
Recreation Coordinator | 299-3252  
sheinsmai@ci.lafayette.ca.us

Tricia Young  
Recreation Coordinator | 310-4102  
tyoungi@ci.lafayette.ca.us

Greg Travers  
Park's Maintenance Supervisor  
gtravers@ci.lafayette.ca.us

• Lafayette Parks, Trails & Recreation Office:  
284-2232 | Mon-Fri, 9:00am-5:00pm

• Lafayette Senior Services:  
284-5050 | seniors@ci.lafayette.ca.us  
Maureen Neumann, Molly Cohen

• Lamorinda Sr. Transportation Program:  
283-3534 | mbruns@ci.lafayette.ca.us  
Mary Bruns

• Tiny Tots Program:  
299-3266

• Tot Drop Reservations/Cancellations:  
284-3999

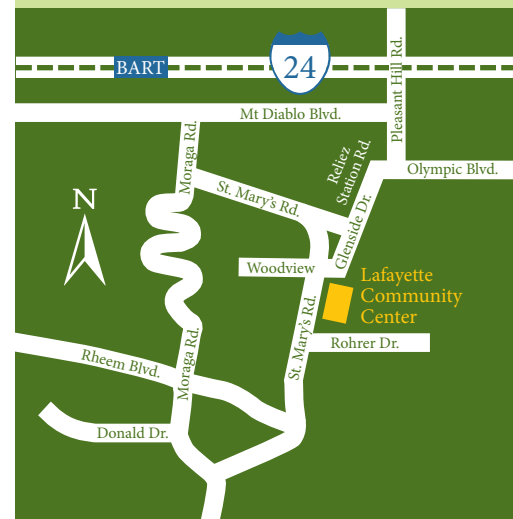
• Lafayette Jazzercise:  
937-6768



### Donate your car, truck, RV or boat to benefit the Lafayette Community Center

The Lafayette Community Center Foundation wishes to thank all those who have donated their vehicles to help support the Lafayette Community Center. Get rid of your unneeded vehicle and get a tax deduction! Call or go online today.

**1-888-6TO-GIVE (1-888-686-4483) or [www.cardonationservices.com](http://www.cardonationservices.com)**



Register NOW until classes are full using one of the following methods:

## Online 24/7

Check out our secure, online registration at:  
[www.LafayetteRec.org](http://www.LafayetteRec.org)



## Phone

Accepted using Visa, MasterCard, Discover and American Express. Office hours: Monday-Friday, 9:00am-5:00pm  
**Call: (925) 284-2232**

## Walk-In

Register in person at our office, 500 St. Mary's Rd., Lafayette. Cash, check, Visa, MasterCard, Discover Card and American Express are accepted. Office hours: Monday-Friday, 9:00am-5:00pm

## Mail-In

Use registration form below and attach check, money order or credit card information. Make checks payable to City of Lafayette. Mail to: Lafayette Recreation, 500 St. Mary's Rd., Lafayette, CA 94549

- Pre-registration is required and is on a first-come, first-served basis. Registration will continue as long as spaces are available. Waiting lists will be established when a class reaches its maximum.
- Liability Waivers and Medical Consent Forms may be required for activities that have a higher risk to the participant.
- **Returned check fee:** \$45.00 in addition to any bank fees.
- All Supply/Lab Fees are payable directly to instructors at first class.
- All classes (except classes in Adults 55+ section) include a \$4 administrative fee.
- When registering for classes with discounts, you must contact the office to receive the discount.
- If a class does not reach its minimum, it may be necessary to cancel. Participants will be notified 4 days prior to start date and a full refund will be issued.
- If you register by MAIL or PHONE, a receipt will be e-mailed/mailed to confirm your registration. The office will contact you by phone if the class you request is full.
- No refunds or transfers will be issued less than 10 days prior to the start of class/camp and all refunds or transfers greater than 10 days prior to the start of class will be assessed a \$4.00 administrative fee per class.
- Photographs may be taken of the participants during the course of activities or classes and these photographs may be used in City of Lafayette publications.

# Registration

## Spring 2017 Registration

Name: (Adult) \_\_\_\_\_ Home Phone: \_\_\_\_\_

Relationship:  Mother  Father  Grandparent  Guardian  Self Work Phone: \_\_\_\_\_

Address/City/Zip: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_ Emergency: \_\_\_\_\_

TITLE OF ACTIVITY	DAY/TIME	STUDENT'S FIRST & LAST NAME	AGE	D.O.B.	CLASS FEE

VISA  MasterCard

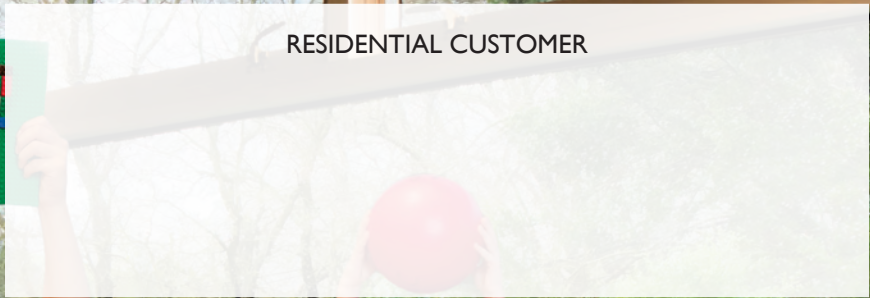
Discover Card  American Express #:

Total Fee \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Authorized Signature \_\_\_\_\_

Lafayette Community Center  
500 St. Mary's Road  
Lafayette, CA 94549  
(925) 284-2232  
[www.LafayetteRec.org](http://www.LafayetteRec.org)

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**Summer Camp**  
**Preview**  
**Inside**  
See pages 4-7

(925) 284-2232 | [www.LafayetteRec.org](http://www.LafayetteRec.org)