

WINTER | 2017

LAFAYETTE RECREATION

**Laugh, Learn &
Grow with Tiny Tots
Preschool!**

See page 5 for information

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CITY RECREATION PROGRAMS & SERVICES

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Cover photo provided by Stu Selland



LAFAYETTE YOUTH COMMISSION

Tri-City Dance CALENDAR

January 13
February 17
7th & 8th Grade
Tri-City Dance
\$5

May 5
7th & 8th Grade
Dance featuring
Inflatables
\$12

Location: the Jennifer Russell Building @ the Lafayette Community Center

Sign Up at www.LafayetteRec.org

Lafayette, Moraga & Orinda students welcome. Strict dress code enforced. Participants will be asked to bring a canned food donation to each dance. These safe, drug- and alcohol-free events are put on by the Lafayette Youth Commission. Proceeds will benefit LYC projects. Past projects include donations to the American Cancer Society, Lafayette Library, Lamorinda Skate Park, Child Abuse Prevention, Toys for Tots and more!

FATHER-DAUGHTER DANCE!



Superheros, disguised as Dads and Daughters, will use their super powers to dance the night away complete with capes and cuffs. The evening includes DJ dancing, punch, dessert, a craft and a memento.

Friday, March 10th * 7:00-9:00pm • \$20 per couple
Jennifer Russell Building



Themed dress is always welcome!

SUPER DAD



WINTER CAMPS ARE AWESOME

Camp Awesome

4-14yrs
Enjoy winter break at CAMP AWESOME doing arts & crafts, sports, games, hikes and more. Have a ton of Awesome fun!

Monday	12/19
Tuesday	12/20
Wednesday	12/21
Thursday	12/22
Tuesday	12/27
Wednesday	12/28
Thursday	12/29
Friday	12/30

9:00am-2:00pm | \$40/day
Early Care and Aftercare available!
See page 13 for more details

NEW! | Junior Robotics Camp

5-11 Yrs
Turn your next LEGO® creation into a robot and program it to do exactly what you tell it to do! The new Junior Robotics Camp offers all the fun of building with LEGO® bricks, PLUS the challenge of computer programming!
Mon-Fri, 12/19-12/23
9:00am-12:00pm | \$199
Arts & Crafts Room
See page 13 for more details

LEGO® Mash-Up Camp

5-11 Yrs
Can't pick which Bricks 4 Kidz LEGO theme to participate in? No problem, LEGO Mash-Up Camp has got you covered with building options from each of our most popular camps: Minecraft, Pokemon, Angry Birds and more!
Mon-Fri, 12/19-12/23
1:00-4:00pm | \$199
Arts & Crafts Room
See page 13 for more details



The Bay Area's only PRESCHOOL ON DEMAND!

TOT DROP

Only Come When You Want. Only Pay When You Come.

YOU make your own schedule. 9:00 am-1:00 pm

As little as 1 hour or up to 12 hrs/wk. \$12/hr. **You** set your days and arrival & pick up times. Come occasionally, or weekly spots are available. **FREE** cancellation when your plans change.



Never Tried TOT DROP?
Come and see what you've been missing!

COUPON

1 FREE Hour

\$12 value—New Families Only.
(1 per family)

Call to get started
925-284-3999
Open YEAR ROUND!
www.totdrop.com

DIAPER WEARERS WELCOME.
NEW STUDENTS MAY ENROLL AT ANY TIME.



2016-2017 Season

SMOKEY JOE'S CAFE

March 4-25, 2017
Directed By:
Lauren Rozi



To buy tickets:
www.TownHallTheatre.com
Box Office 925.283.1557

town hall theatre presents

The Best Christmas Pageant EVER!



by Barbara Robinson directed by Lynda Divito
December 1-17, 2016



Thank You!

On behalf of the Lafayette Community Center Foundation, please accept our heart-felt thanks for all the beautiful *Local Celebrity* gift basket donations. Thanks to these donations, the Community Center Foundation will continue to improve the facilities and programs at the Lafayette Community Center where people of all ages and abilities benefit from wonderful programs and special events.

Members: Anne Wondolowski, *Chair*, Susan Callister, Sue Cross, Judy Gregerson, Ruth Kaiser, Steve Robinson, Julie Taylor, Sheri Woodruff





School Starts 9/5/17

Lafayette Tiny Tots Preschool

2017-2018 School Year

Lafayette Tiny Tots offers a variety of classes for your active pre-schooler. Your child will enjoy interacting with other pre-schoolers in a warm and loving environment. Each class offers a comprehensive early childhood program with emphasis on providing activities and experiences for children to work, play and grow according to their own pattern of development. The instructors are experienced and possess degrees in early childhood education.

These classes are not parent participation classes, but parents are welcome to stay until their child is comfortable with the environment.



Registration Procedure for NEW Students

Complete and return the form below, with a copy of your child's birth certificate, by Friday, January 27, 2017 at 5:00pm. On Friday, February 3, all forms will be placed in a box and randomly chosen by the program director until programs are full. We will continue to randomly select any remaining forms to create waiting lists. All people will be notified of their status by Friday, February 24. (2016-17 waiting list people do not carry over to the 2017-18 program.)

***Tuition is non-refundable • Costs are for each 9-week session • Session I payment is due May 1, 2017**
 Registration Fee: \$25 annually (non-refundable) due 3/17/17

Check the Appropriate Program

2-DAY—TUES/THURS

9:00-11:45am* | Ages 28 mos-3 1/2 Yrs

Begins **Quarterly Fee** **Reg. Fee**

9/5/17 \$505 \$25 (annually)

*Optional Lunch Bunch until 12:30pm

3-DAY—MON/WED/FRI

9:00am-1:30pm* | Ages 3 1/2-5 Yrs

(Must be 3 1/2 by 9/1/17)

Begins **Quarterly Fee** **Reg. Fee**

9/6/17 \$855 \$25 (annually)

4-DAY PreK—MO/TU/WE/FR

9:00am-1:30pm* | Pre-K-Age

appropriate to go to TK or K in 2018

Begins **Quarterly Fee** **Reg. Fee**

9/5/17 \$1,140 \$25 (annually)

EXTRA DAY THURSDAYS—9:00am-12:30pm available to students enrolled in 3- or 4-day program

CHILD'S FIRST AND LAST NAME _____

BIRTHDATE (copy of birth certificate must be attached) _____

NAME (Adult) _____ RELATIONSHIP TO CHILD _____

PHONE(S) Day _____ Night _____ Email _____

STREET _____ CITY _____ ZIP _____

Themed Birthday Parties

Kinderdance Parties

3-5 yrs

Ballet, creative movement and acrobatics in a music filled movement and dance party.

Location: Toyon Room

Fee: \$200/12 children

\$8/addl. child

Time: 1 hour

Deposit: 50%

Contact: Kira Lancaster
(415) 385-6501

Cooking Parties

5-13 yrs

We do scout badge cooking classes. Notify of any food allergies when reserving dates.

Location: LCC Kitchen

Fee: \$380

Time: 2 hours

Deposit: \$190

Min/Max: 10 max

Contact: (925) 932-1114

Kindergym Parties

1-5 Years

Location: Kindergym

Fee: \$195/\$260

Time: 1.5/2 hours

Deposit: Paid at time of booking

Min/Max: 15 max

Contact: (925) 284-2232

Dodge Ball Parties

5-13 yrs

"...best party any of our kids have had yet! Crew members were unbelievable."—Megan Stern

Location: Jennifer Russell Building

Fee: \$195/260

Time: 90 mins/2 hours

Deposit: \$190

Min/Max: 10/24

Contact: Steven at (925) 284-2234

Indoor Sport Parties

4-7 yrs

Combo Soccer, Hockey & Basketball

7-13 yrs

Dodge Ball, Nerf Guns, Nerf & Dodge Ball

Location: Jennifer Russell Building

Fee: \$195/\$260

Time: 90 mins/2 hours

Contact: Steven at (925) 284-2234

LEGO Parties

5 Years & Up

Let Bricks 4 Kidz® throw your child a LEGO® birthday party!

Star Wars and Ninjago to Chima and Super Heroes, we have dozens of themes.

Location: Cedar Room

Fee: \$390/10 children; \$10 additional child up to 20 kids

Time: 2 Hrs. (90 minutes play, 30 minutes cake and gifts)

Contact: Brick for Kids
baiken@bricks4kidz.com

415-518-7583

Kindergym

All your senses shout "WOW!" when you see our two spacious rooms with their mats, hanging apparatus, tunnels, basketball hoops, balance beam, slides, slopes and more. Visually, we're a colorful wonderland! Kindergym promotes an adult/child one on one situation where the adult provides encouragement and positive reinforcement through play. Each wonderful 45-minute class concludes with a circle time of favorite songs, rhythms and rhymes led by our exceptional and experienced staff.



All children must be accompanied by an adult. Second sibling enrolled in the same class gets a 25% discount! Infant siblings are okay if in back/front packs. Each student may make-up one missed class each session providing space is available. Drop in classes will be announced the second week of the session. Cost is \$13 per class, no discounts for siblings.

Kindergym

1-4 Yrs

Come play with us at the Lafayette Kindergym! We have an exciting environment filled with fun equipment that will excite your child's senses. Our dedicated and friendly staff will enhance your child's playtime experience and conclude each class with a circle time filled with rhythms, rhymes, and songs. These classes offer children the opportunity to learn through play and physical exploration. They will jump, hop, climb, and balance on a variety of gymnastics equipment. Come enjoy a special bonding time with your child in a safe and clean environment. Each class closes with music and songs facilitated by our wonderful staff. **Skip 1/16, 2/17, 2/20**

FEE	LOCATION	NO. WKS.
\$124	Kindergym	10

DAY	DATE	TIME	INSTRUCTOR
M	1/9-3/27	10:05am-10:50am	Laurie Crudele
M	1/9-3/27	10:55am-11:40am	Laurie Crudele

FEE	LOCATION	NO. WKS.
\$148	Kindergym	12

DAY	DATE	TIME	INSTRUCTOR
T	1/10-3/28	9:15am-10:00am	Jan Wong
T	1/10-3/28	10:05am-10:50am	Jan Wong
W	1/11-3/29	9:15am-10:00am	Elaine Cable
W	1/11-3/29	10:05am-10:50am	Elaine Cable
W	1/11-3/29	10:55am-11:40am	Elaine Cable
Th	1/12-3/30	10:05am-10:50am	Elaine Cable
Th	1/12-3/30	10:55am-11:40am	Elaine Cable
Sa	1/14-4/1	9:30am-10:15am	Kathryn Varner
Sa	1/14-4/1	10:30am-11:15am	Kathryn Varner

FEE	LOCATION	NO. WKS.
\$136	Kindergym	11

DAY	DATE	TIME	INSTRUCTOR
F	1/13-3/31	9:15am-10:00am	Laurie Crudele
F	1/13-3/31	10:05am-10:50am	Elaine Cable
F	1/13-3/31	10:55am-11:40am	Elaine Cable



To check availability for drop-in classes, please call (925) 284-2232. Drop-ins are \$13 per class and subject to availability.

Pre-Kindergym

Crawlers and Beginning Walkers

This class gives babies the opportunity to explore and develop their physical skills (readiness for rolling, crawling, walking and learning) in a fun and safe environment. A brief closing circle with music ends each class. **Skip 1/16, 2/17, 2/20**

FEE	LOCATION	NO. WKS.
\$124	Kindergym	10

DAY	DATE	TIME	INSTRUCTOR
M	1/9-3/27	9:15am-10:00am	Laurie Crudele

FEE	LOCATION	NO. WKS.
\$148	Kindergym	12

DAY	DATE	TIME	INSTRUCTOR
T	1/10-3/28	10:55am-11:40am	Jan Wong
Th	1/12-3/30	9:15am-10:00am	Laurie Crudele

Disco Dance Party in "KLUB KINDERGYM"

Come play and boogie down with your little one, lights and music will help create a fun vibe.

Friday, January 20,
February 10, & March 17
at 5:45-7:00pm

\$20 entrance fee (one adult and one child) Each additional person is \$10. Ages 1-5 accompanied by an adult.

Sign up online www.LafayetteRec.org or call 284-2232
Adults enjoy a wine and cheese tasting.

CHILDREN

ARTS & CRAFTS

Art, Music and Playtime

3-6 Yrs

Children will use their creative energy during this class filled with art projects, music, dance and story time. Each week the class will be based on a new theme. *\$15 supply fee paid to instructor on first day of class.*

FEE	INSTRUCTOR	NO. WKS.	
\$64	Lemon Blossom Creations	5	
DAY	DATE	TIME	LOCATION
Th	1/12-2/8	10:00am-11:00am	Cedar Room
Th	2/16-3/16	10:00am-11:00am	Cedar Room

Awesome Night Out

4-11 Yrs

Let's have an AWESOME night out! Come make crafts, play games, eat a snack and enjoy a movie (G/PG)! Each Awesome Night Out has a theme and the activities go along with it. Trained City staff will provide all the fun and supervision. Children are welcome to bring a sleeping bag and a pillow for movie time. Children must be potty trained to attend. **Pre-registration required.**

FEE	INSTRUCTOR	NO. WKS.
\$20	Lafayette Staff	1

All Aboard!

DAY	DATE	TIME	LOCATION
F	12/16	6:30pm-9:30pm	Jennifer Russell Bldg.

Let it Snow!

DAY	DATE	TIME	LOCATION
F	1/20	6:30pm-9:30pm	Jennifer Russell Bldg.

Hut, Hut, Hike!

DAY	DATE	TIME	LOCATION
F	2/10	6:30pm-9:30pm	Jennifer Russell Bldg.

Springaling!

DAY	DATE	TIME	LOCATION
F	3/17	6:30pm-9:30pm	Jennifer Russell Bldg.

COOKING

We Teach Your Kids to Cook

6-10 Yrs

Cooking with Kids inspires kids to enjoy healthy food. Kids eat what they cook. Our goal is to make your children fall in love with healthy eating. Young chefs have fun while learning a valuable life skill. The class includes how to grocery shop, understand food labels, work safely in the kitchen, work in a team, proper clean-up and more. Alert the Community Center and instructor of any food allergies prior to start of class. Wear closed toed shoes and bring an apron. *A \$17 supply fee due to instructor on first day.*

FEE	INSTRUCTOR	NO. WKS.	
\$197	Chef Lynda & Staff	4	
DAY	DATE	TIME	LOCATION
T	1/10-1/31	4:00pm-5:30pm	Kitchen

Busy Bee Cooks

4-5 Yrs

Have fun with Chef Lynda & Staff. Your children are guided in how to make delicious, healthy food, that builds their self esteem and supports their body. Kids eat what they cook. Your family will spend more time in the kitchen eating your children's creations. *A \$17 supply fee due to instructor on first day.*

FEE	INSTRUCTOR	NO. WKS.	
\$197	Chef Lynda & Staff	4	
DAY	DATE	TIME	LOCATION
T	1/10-1/31	1:30pm-3:00pm	Kitchen



Chef de Cuisine's Cooking Parties

5-13 Yrs

Your child can have a cooking-themed birthday party in the Lafayette Community Center Kitchen. We provide the chef instructor, the ingredients and the recipes, you provide the guests, favors and cake. For information or to book a party, call (925) 932-1114.

FEE	DEPOSIT	MIN/MAX
\$380 (2 Hours)	\$190	10 Max

GENERAL ENRICHMENT

Spanish Immersion

3-5.5 Yrs

Your child will learn Spanish in a hands-on interactive and stimulating environment. In this class your child will develop social, fine, and gross motor skills. Children will have fun singing, doing art, enjoying new friends and many more fun activities. **Skip 1/16, 2/20**

FEE	INSTRUCTOR	NO. WKS.	
\$244	Miriam Lattanzi	10	
DAY	DATE	TIME	LOCATION
M	1/9-3/27	3:00pm-5:00pm	Tiny Tots Red Room

MUSIC

Music Together

Newborn to 5 Yrs

Celebrating 25 years of family music fun offering songs, dance, instruments and rhythmic chants. The award winning music program for newborns–5 years with the adults who love them. The internationally recognized program was created by the groundbreaking researchers who pioneered parent participation, developmental early childhood music education. Lamorinda Moms, *Bay Area Parent* 2000–2013 and *Parents Press*: Best Music Class. Fee includes CD set song book, parent guide DVD, Musical Growth Chart and two makeup classes. Discount for second child: \$90.



FEE	INSTRUCTOR	NO. WKS.
\$229	East Bay Music Together	10

DAY	DATE	TIME	LOCATION
W	1/11-3/15	9:30am-10:15am	Elderberry Room
W	1/11-3/15	10:30am-11:15am	Elderberry Room
F	1/13-3/17	9:30am-10:15am	Elderberry Room
F	1/13-3/17	10:30am-11:15am	Elderberry Room
Sa	1/14-3/18	9:30am-10:15am	Elderberry Room
Sa	1/14-3/18	10:30am-11:15am	Elderberry Room
Sa	1/14-3/18	11:30am-12:15pm	Elderberry Room

Canta y Baila Conmigo™

Newborn to 5 Yrs

Take a journey into Spanish language and its cultures through the magical world of music. With Canta y Baila Conmigo™ you and your child will be transported as you sing, dance and play along to the irresistible sounds and rhythms of Spanish speaking countries. Created by Maddie Welch, experienced bilingual educator, musician and native Spanish speaker, Canta y Baila Conmigo™ is a unique curriculum with dual, complimentary goals of music education and language immersion. Designed for beginners and native speakers alike, Canta y Baila Conmigo™ creates a playful, interactive atmosphere where language learning is integrated naturally and organically in the musical experience. While children are effortlessly absorbing and using the Spanish language, they engage—along with their grown-ups—in age-appropriate explorations of melody, rhythm, movement and instrument play that help nurture a strong foundation in music literacy. Discount for second child: \$90.

FEE	INSTRUCTOR	NO. WKS.
\$229	East Bay Music Together	10

DAY	DATE	TIME	LOCATION
Th	1/12-3/16	9:30am-10:15am	Sequoia Room
Th	1/12-3/16	10:30am-11:15am	Sequoia Room

GYMNASTICS & DANCE

Tiny Tumblers Gymnastics

3-5 Yrs

This class is designed to enhance your child's motor skills, balance, coordination, and confidence. Emphasis is placed on developing beginning gymnastic skills in a fun and social environment and also introducing children to learn to participate in a structured class without their parents. Equipment used in this class includes gymnastic mats, single bars, double bars, balance beams, vaulting blocks, incline and barrel mats, ladders, bouncers and spring board, parachutes, rhythm sticks, tunnels, and more. Music, games and group activities are incorporated into the class. **Skip 1/16**

FEE	INSTRUCTOR	NO. WKS.
\$79	California Gymnastics Staff	5

DAY	DATE	TIME	LOCATION
M	1/9-2/13	3:30pm-4:10pm	Kindergym
M	2/27-3/27	3:30pm-4:10pm	Kindergym

Youth Gymnastics

5 1/2-9 Yrs

This class teaches beginning and intermediate gymnastics and tumbling skills and is designed to develop strength, flexibility, agility, and confidence in a fun, non-competitive environment. Students learn gymnastic basics including tumbling, vaulting skills, single bars and balance beams. Strength and flexibility exercises are introduced with fun and challenging games. Equipment incorporated into the class includes mats, single bars, double bars, balance beams, vaulting blocks, incline and barrel mats, ladders, bouncers and spring board, parachutes, and more. **Skip 1/16**



FEE	INSTRUCTOR	NO. WKS.
\$89	California Gymnastics	5

DAY	DATE	TIME	LOCATION
M	1/9-2/13	4:15pm-5:10pm	Kindergym
M	2/27-3/27	4:15pm-5:10pm	Kindergym

Kindergym Birthday Party

Up to 6 Yrs

Come play with us on your next birthday at the Lafayette Kindergym, an exciting environment filled with fun equipment that will excite your child's senses and make any birthday party memorable. We provide the staff and music, you provide the guests, favors and cake. To book a party, call (925) 284-2232.

FEE	TIME	MIN/MAX
\$195/\$250	1.5 hrs/2 hrs	15 Max

SPORTS

Mommy/Daddy & Me Tot Sports

2 1/2-3 Yrs

This multi-sport tot program was designed to give kids a positive first step into athletics. The fundamentals of soccer, baseball, basketball, and track & field are taught in a structured environment filled with lots of encouragement and a big focus on fun! Through fast paced games and activities, participants explore balance, body movement, coordination, and skill development at their own pace. This program includes Parent Participation. **Skip 2/18**

FEE	INSTRUCTOR	NO. WKS.
\$129	Skyhawks Sports Staff	8

DAY	DATE	TIME	LOCATION
Sa	1/21-3/18	9:30am-10:00am	Jennifer Russell Bldg.

Skyhawks Tot Baseball

3-5 Yrs

Skyhawk's Tot Baseball was designed to give children a positive first step into America's pastime. Using our progression curriculum and modified equipment, participants learn baseball fundamentals and social skills through a series of fast-paced instructional circuits and developmental games. Our primary development objectives include throwing, catching, hitting, base-running, balance, body movement, hand/eye coordination, self-esteem, teamwork, and sportsmanship!

FEE	INSTRUCTOR	NO. WKS.
\$159	Skyhawks Sports	10

DAY	DATE	TIME	LOCATION
T	1/10-3/14	5:15pm-6:00pm	Jennifer Russell Bldg.

Skyhawks Tot Basketball

3-5 Yrs

Skyhawks Tot Basketball was designed to give children a positive first step to the exciting game of basketball. Using our progression curriculum and modified equipment, participants learn basketball fundamentals and social skills through a series of fast-paced instructional circuits and developmental games. Our primary development objectives include dribbling, passing, shooting, rebounding, balance, body movement, hand/eye coordination, self-esteem, teamwork, and sportsmanship!



FEE	INSTRUCTOR	NO. WKS.
\$159	Skyhawks Sports Staff	10

DAY	DATE	TIME	LOCATION
W	1/11-3/15	4:15pm-5:00pm	Jennifer Russell Bldg.

Skyhawks Tot Sports

3-6 Yrs

This multi-sport tot program combines four sports into one session allowing young athletes to discover a passion for a variety of sports in one fun-filled setting. Participants explore balance, body movement, coordination, self-esteem, teamwork, sportsmanship, and sport specific skill development through a series of fast-paced instructional circuits and games. Our progression curriculum, modified equipment, and highly trained staff provide a safe environment where kids can develop at their own pace. All Skyhawks Sports participants receive a Skyhawks t-shirt and Merit award. **Skip 1/16, 2/18, 2/20**

3-4 Yrs—Baseball, Golf, Soccer, Track & Field

FEE	INSTRUCTOR	NO. WKS.
\$129	Skyhawks Sports	8

DAY	DATE	TIME	LOCATION
M	1/9-3/13	1:15pm-2:00pm	LCP Lower Field

3-4 Yrs—Baseball, Basketball, Soccer, Track & Field

DAY	DATE	TIME	LOCATION
Sa	1/21-3/18	10:15am-11:00am	Jennifer Russell Bldg.

4-6 Yrs—Baseball, Basketball, Soccer, Track & Field

DAY	DATE	TIME	LOCATION
Sa	1/21-3/18	11:15am-12:00pm	Jennifer Russell Bldg.

All Skyhawks Sports participants receive a Skyhawks T-Shirt and Merit Award.



Make Me A Pro Parent & Tot Soccer

2 1/2-4 Yrs

Share the first experience of sports with your tot, the class is an interactive fun class that teaches the game of soccer. Both parent and tot will participate in lots of fun activities while learning. Come join us we're having a ball!

FEE	INSTRUCTOR	NO. WKS.
\$94	Make Me A Pro Sports Staff	6

DAY	DATE	TIME	LOCATION
W	1/25-3/1	10:00am-10:30am	Jennifer Russell Bldg.

FEE	INSTRUCTOR	NO. WKS.
\$64	Make Me A Pro Sports Staff	4

DAY	DATE	TIME	LOCATION
W	3/8-3/29	10:00am-10:30am	Jennifer Russell Bldg.

Make Me A Pro Pee Wee Soccer

4-5 Yrs

Great class that teaches the basic skills of soccer through fun games and drills. Learn techniques of kicking and dribbling. Come join us we're having a ball.

FEE	INSTRUCTOR	NO. WKS.
\$94	Make Me A Pro Sports Staff	6

DAY	DATE	TIME	LOCATION
WV	1/25-3/1	10:30am-11:10am	Jennifer Russell Bldg.

FEE	INSTRUCTOR	NO. WKS.
\$64	Make Me A Pro Sports Staff	4

DAY	DATE	TIME	LOCATION
WV	3/8-3/29	10:30am-11:10am	Jennifer Russell Bldg.

Mommy/Daddy & Me Soccer

2-3 1/2 Yrs

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, parents are part of the action, not watching from the sidelines! All kids receive a soccer jersey. **Skip 2/17**

FEE	INSTRUCTOR	NO. WKS.
\$114	Kidz Love Soccer	8

DAY	DATE	TIME	LOCATION
F	1/27-3/24	5:10pm-5:40pm	Rink

Tot/Pre Soccer

3 1/2-4 Yrs

Little tykes enjoy running and kicking just like the big kids! Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Each participant receives a Kidz Love Soccer jersey! Shin guards are required after the first meeting. **Skip 2/17**

FEE	INSTRUCTOR	NO. WKS.
\$68	Kidz Love Soccer	8

DAY	DATE	TIME	LOCATION
F	1/27-3/24	5:50pm-6:20pm	Rink



Make Me A Pro Basketball

5-12 Yrs

This class is lots of fun and will teach the basic techniques of the great game of basketball. Learn techniques of passing and dribbling, and shooting through fun games and drills. This class will be a blast! Please bring water.

FEE	INSTRUCTOR	NO. WKS.
\$92	Make Me A Pro Sports Staff	6

AGE	DAY	DATE	TIME	LOCATION
5-7 Yrs	Th	1/26-3/2	4:00pm-4:45pm	Rink*
8-12 Yrs	Th	1/26-3/2	3:15pm-4:00pm	Rink*

FEE	INSTRUCTOR	NO. WKS.
\$64	Make Me A Pro Sports Staff	4

AGE	DAY	DATE	TIME	LOCATION
5-7 Yrs	Th	3/9-3/30	4:00pm-4:45pm	Rink*
8-12 Yrs	Th	3/9-3/30	3:15pm-4:00pm	Rink*

SCIENCE & TECHNOLOGY



Fun with Science and Engineering for Preschoolers

3-5 Yrs

Have fun building hands-on projects and performing science experiments! Example activities include building a simple electric circuit or running lab experiments in the Color Lab. Students will learn about cause and effect, properties of materials, patterns, and cycles. All project and lab materials will be provided and each student will be able to take home completed projects. This fun class is the perfect introduction to STEM (Science, Technology, Engineering, Math) through play and exploration. Students will have the opportunity to experiment, create, observe, and make predictions in a safe, nurturing environment. **New projects for returning students!** Visit www.funwithacademics.com for more details. **Skip 2/20**

FEE	INSTRUCTOR	NO. WKS.
\$179	Fun With Academics	6

DAY	DATE	TIME	LOCATION
M	1/30-3/13	1:30pm-2:15pm	Cedar Room

SPORTS

Soccer 1: Techniques & Teamwork

5-6 Yrs

Players will learn dribbling, passing, defense and shooting goals! Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sized soccer matches will be introduced gradually. Each participant receives a Kidz Love Soccer jersey! Shin guards are required after the first meeting.

Skip 2/17

FEE	INSTRUCTOR	NO. WKS.
\$114	Kidz Love Soccer	8

DAY	DATE	TIME	LOCATION
F	1/27-3/24	4:15pm-5:00pm	Rink

Soccer 2: Skillz & Scrimmages

7-10 Yrs

Kidz will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will include drills and small-sized scrimmages. All levels are welcome to come enjoy the world's most popular game! Each participant receives a Kidz Love Soccer jersey! Shin guards are required. Skip 2/17

FEE	INSTRUCTOR	NO. WKS.
\$114	Kidz Love Soccer	8

DAY	DATE	TIME	LOCATION
F	1/27-3/24	3:30pm-4:15pm	Rink

Make Me A Pro Sports Flag Football

5-12 Yrs

MMAPS Flag Football is a class designed to teach each student rules, skills, positions, and strategies of flag football. This will be done through fun drills, games and team play in this no-tackle sport. Please join us, and bring friends—we are having a ball!

FEE	INSTRUCTOR	NO. WKS.
\$94	Make Me A Pro Sports	6

AGE	DAY	DATE	TIME	LOCATION
5-7	W	1/25-3/1	4:00pm-4:45pm	Rink
8-12	W	1/25-3/1	4:45pm-5:30pm	Rink

FEE	INSTRUCTOR	NO. WKS.
\$64	Make Me A Pro Sports	4

AGE	DAY	DATE	TIME	LOCATION
5-7	W	3/8-3/29	4:00pm-4:45pm	Rink
8-12	W	3/8-3/29	4:45pm-5:30pm	Rink

See page 11 for Make Me A Pro Basketball



DANCE & MUSIC

Irish Step Dancing

5-16 Yrs

The McBride School of Irish Dance is now offering Irish Dance classes in the Lafayette area for children ages 5 to 16. Our mission is to offer quality Irish Dance instruction, while providing a safe, supportive and positive learning environment in a family oriented school. As our students progress in their skills, they will have opportunities to pursue performances, team dancing and competition at their own pace. Our caring instructors recognize that each dancer is unique and we encourage our dancers to develop their individual talents in a supportive and respectful atmosphere. Irish Dancing is a rewarding activity that teaches discipline, develops character, instills dedication and builds confidence, all while making lasting friends and memories.

Level I: Intro to Irish Dance (soft shoes)

Level II: Returning students having completed Level 1. Soft shoes, learning beginning hard shoe.

Level III: Int/Adv higher level of progression.

FEE	INSTRUCTOR	NO. WKS.
\$160	McBride Irish Dancers	12

LEVEL	DAY	DATE	TIME	LOCATION
I	W	1/11-3/29	3:30pm-4:00pm	Toyon Room
II	W	1/11-3/29	4:00pm-5:00pm	Toyon Room
III	W	1/11-3/29	4:30pm-5:30pm	Toyon Room

Beginning and Intermediate Guitar

 10 Yrs and Up

Most pop songs use only 3 or 4 simple chords, so you will be playing real songs in just a few weeks. It's easy, and small class size allows for individual attention from the instructor. Instructor has BA and MA in music and over 20 years of teaching experience. *A \$5 supply fee is payable to the instructor at first class.* Skip 1/16, 2/20

FEE	INSTRUCTOR	NO. WKS.
\$154	Ted Crowley	10

Beginning

DAY	DATE	TIME	LOCATION
M	1/9-3/27	4:45pm-5:30pm	Elderberry Room

Intermediate

DAY	DATE	TIME	LOCATION
M	1/9-3/27	5:30pm-6:15pm	Elderberry Room

Beginning Piano/Keyboard

 10 Yrs and Up

Most popular songs use only 3 or 4 simple chords. You can learn to play your favorites on the piano in just a few weeks. Only 6 students per class so you will get the help you need. No prior experience is required. It's easy and fun! *There is a \$10 materials fee for the textbook.* Bring your keyboard to class. Skip 1/16, 2/20

FEE	INSTRUCTOR	NO. WKS.
\$154	Ted Crowley	10

DAY	DATE	TIME	LOCATION
M	1/9-3/27	4:00pm-4:45pm	Elderberry Room



Dodge Ball

7-10 Yrs

Big or small it doesn't matter, some throw hard...some are hard to hit...Dodge Ball is for anyone that wants to have fun! Our expert coaches have years of experience and multiple games in their arsenal. Traditional dodge balls are a thing of the past—use our softer, easy to grab dodge balls for a rockin' time. **Skip 2/20**

FEE	INSTRUCTOR	NO. WKS.	
\$81	Lafayette Staff	8	
DAY	DATE	TIME	LOCATION
M	1/23-3/13	4:00pm-5:00pm	Jennifer Russell Bldg.

Little Kickers (Indoor Soccer)

4-5 Yrs

Learn the basics of soccer. This 7-week, indoor, introductory soccer league will help players learn the game and give them a chance to play on a team as they run, kick, and score their way to a good time. Participants will play games on teams that will be made after the first week of class. This is a fun, low pressure, introduction to league sports. Participants will have one 45 min. class (game) each week. If we receive 20 players, class (game) times will rotate with starting times at 4:00pm or 4:45pm. Under 20 players will result in a 4:00pm start time for all players. For the first kickers class: All players will come at 4:00pm. We will give a brief introduction to soccer and take team requests at the first meeting. After the first week you will receive a schedule and roster that will tell you your game times for the rest of the season. **Pre-registration is required.**

FEE	INSTRUCTOR	NO. WKS.	
\$81	Lafayette Staff	7	
DAY	DATE	TIME	LOCATION
Th	1/26-3/9	4:00pm-5:30pm	Jennifer Russell Bldg.

Indoor Floor Hockey

4-5 Yrs

Learn the game of hockey in your sneakers (no skates) indoors at the Lafayette Community Center. All equipment is provided. Players will participate in drills to learn hockey and play in a game each week. **Skip 2/20**

FEE	INSTRUCTOR	NO. WKS.	
\$81	Lafayette Staff	8	
DAY	DATE	TIME	LOCATION
M	1/23-3/13	5:15pm-6:00pm	Jennifer Russell Bldg.

Awesome Night Out

4-11 Yrs

Let's have an AWESOME night out! Come make crafts, play games, eat a snack and enjoy a movie (G/PG)! Each Awesome Night Out has a theme and the activities go along with it. Trained City staff will provide all the fun and supervision. Children are welcome to bring a sleeping bag and a pillow for movie time. Children must be potty trained to attend. **Pre-registration required.**

FEE	INSTRUCTOR	NO. WKS.
\$20	Lafayette Staff	1

All Aboard!

DAY	DATE	TIME	LOCATION
F	12/16	6:30pm-9:30pm	Jennifer Russell Bldg.

Let it Snow!

DAY	DATE	TIME	LOCATION
F	1/20	6:30pm-9:30pm	Jennifer Russell Bldg.

Hut, Hut, Hike!

DAY	DATE	TIME	LOCATION
F	2/10	6:30pm-9:30pm	Jennifer Russell Bldg.

Springaling!

DAY	DATE	TIME	LOCATION
F	3/17	6:30pm-9:30pm	Jennifer Russell Bldg.

Camp Awesome Winter Break

4-14 Yrs

Enjoy winter break at Camp Awesome doing arts and crafts, sports and games (soccer, hockey, capture the flag, medic ball and more), hikes and a ton of Awesome fun. Snack will be provided, wear sporty clothing, bring a water bottle, lunch and be ready for fun! Campers will be divided into groups based on age. Early Care and after care available. Camp Awesome Day After Care features movies and popcorn!

INSTRUCTOR	LOCATION	NO. DAYS	
Lafayette Staff	Jennifer Russell Bldg.	3	
FEE	DAY	DATE	TIME
\$40/Day	Daily M-Th	12/19-12/22	9:00am-2:00pm
\$10/Day	Early Care M-Th	12/19-12/22	7:30am-9:00am
\$25/Day	After Care M-Th	12/19-12/22	2:00pm-5:00pm
\$40/Day	Daily T-F	12/27-12/30	9:00am-2:00pm
\$10/Day	Early Care T-F	12/27-12/30	7:30am-9:00am
\$25/Day	After Care T-F	12/27-12/30	2:00pm-5:00pm

GENERAL ENRICHMENT

Enhancing Financial Literacy

10-14 Yrs

This financial education program is designed to help young people further develop their financial knowledge on age appropriate topics such as saving for short and long term goals, basic budgeting, income and expenses, understanding credit and debt, earning and compound interest, and the ABC's of the stock market. Adults are also encouraged to attend to help foster their child's long term educational development.

FEE	INSTRUCTOR		NO. WKS.
\$24	Richard Cerruti, MBA		1
DAY	DATE	TIME	LOCATION
Th	3/2	5:00pm-6:30pm	Elderberry Room

Advanced Chess for Kids

1st-5th Grade

The class is designed for kids with knowledge of basic chess tactics who want to improve their chess skills and become more competitive in tournaments. Lessons are based on famous games played by chess champions, and include instructions, tournament games as well as thorough analysis.

FEE	INSTRUCTOR		NO. WKS.
\$169	Pacific Chess Academy		9
DAY	DATE	TIME	LOCATION
Sa	1/28-3/25	11:00am-12:00pm	Cedar Room

FITNESS

Karate

T 7-17 Yrs

Classes are divided by and catered toward different skill levels. Open class is offered for all skill levels and is designed to build self-confidence while learning how to throw, strike, block and fall without hurting oneself. Intermediate/Advanced class is available to current students who rank above 8th kyu and is designed to build upon the basics, learn more advanced techniques, and cultivate a higher understanding of karate. All students will be given the opportunity to compete in AAU sanctioned tournament, as well as Open Karate tournaments. Annual AAU insurance—\$14-Youth—is required. Belt ranking fees also apply, please inquire in class.

Start any time. Register at class.www.kyokushinkarate-lafayette.com

Classes per Week/Fees:

2 days/\$50/month 3 days/\$65/month 4 days/\$75/month

LEVEL	DAY/DATE	TIME
Open	Mo/We—Ongoing	7:00-8:00pm
MIN/MAX	INSTRUCTOR	LOCATION
5/30	Danielle Jolin	Live Oak Room
LEVEL/DAY/DATE	TIME	
T:Advanced/Th: Intermediate—Ongoing	4:00-5:30pm	
MIN/MAX	INSTRUCTOR	LOCATION
5/12	Danielle Jolin	Cedar/Toyon Rm

WINTER BREAK CAMPS

Jr. Robotics Camp

5-11 yrs

How would you like to turn your next LEGO™ creation into a robot, programmed to do exactly what you tell it to do? The Bricks 4 Kidz™ new Junior Robotics class offers all the fun of building with LEGO™ bricks, PLUS the challenge of computer programming! Using drag-and-drop icon-based software, WeDo software provides an introduction into the world of computer-programming and robotics.

FEE	INSTRUCTOR		NO. WKS.
\$199	Bricks 4 Kidz		1
DAY	DATE	TIME	LOCATION
M-F	12/19-12/23	9:00am-12:00pm	Elderberry Room

LEGO™ Mash-Up Camp

5-11 Yrs

Can't pick just one of the dozens of fun and unique Bricks 4 Kidz themes to participate in? No problem, we've got you covered in our Bricks 4 Kidz Mash-Up camp. We'll have all kinds of building options from each of our most popular camps: Minecraft, Super Heroes, Minions, Pokemon, Angry Birds, Ninjas and more! Each day with be something NEW! Don't miss this special camp offering.

FEE	INSTRUCTOR		NO. WKS.
\$199	Bricks 4 Kidz		1
DAY	DATE	TIME	LOCATION
M-F	12/19-12/23	1:00pm-4:00pm	Elderberry Room

NEW! | LEGO™ Birthday Party!

From Star Wars and Ninjago to Chima and Super Heroes, Bricks 4 Kidz has dozens of different models and themes we can incorporate to make your son or daughter's birthday a memorable one. Each child gets to make and take home with them a LEGO® mini-figure. Fee includes all room rental fees.

FEE	TIME	LOCATION	CONTACT
\$390/10 children	90 mins	Cedar Room	415-518-7583

Blue Angels Youth Ski & Snowboard Program

7-16 Yrs

T Come ski or snowboard the Sierra's with friends and other snow sport enthusiasts in a fun, structured environment. Open to all ability levels, from first-timers to experts, the program consists of 5 full Saturday's of professional coaching taught by resort instructors, lift tickets, luxury bus transportation to Sierra-at-Tahoe Resort, constant adult supervision, lunch and snacks, Bern Snow Helmet, sponsor goodie bag and equipment rental/leasing discounts. The Blue Angels program fosters independence, builds self-esteem and boosts athletic skills. Visit www.BlueAngelSnow.com or call (925) 939-7669 for more information, pick up locations and times. **2017 Program**

Dates: Saturdays, 1/21, 1/28; 2/4, 2/11, 2/25. Fee: \$949
(925) 284-2232 | www.LafayetteRec.org



Berkeley Chess School L C

1st-5th Grade

Chess is fun and can be learned quickly and easily. Studies have found that chess helps improve test results in reading, science and math and produces growth in critical cognitive skills. Beyond academia, chess influences social behavior including self esteem, respect for others, patience and good sportsmanship. And did we mention that it's FUN! **Skip 2/20**

FEE	INSTRUCTOR	NO. WKS.
\$204	Berkeley Chess School	11

DAY	DATE	TIME	LOCATION
Th	1/19-3/30	2:45pm-3:45pm	Lafayette Elementary, Science Room

FEE	INSTRUCTOR	NO. WKS.
\$167	Berkeley Chess School	9

DAY	DATE	TIME	LOCATION
M	1/23-3/27	3:15pm-4:15pm	Cedar Room*

*Bus from Burton Valley Elementary (1st-5th grade only): \$27

ART ART ART! C

1st-5th Grade

Avocado Art Studio for Kids will be offering Fun Messy Drawing and Painting Classes. Developing line drawing will be the focus of this course. Students will have different themes each week from figure drawings, portraiture, still life, photomontage to contemporary abstract paintings. They will have a great opportunity to work with a variety of materials and unconventional approaches to develop the body of work on paper and canvas. Check us out on Facebook @ Avocado-Art-Studio-for-Kids. \$20 supply fee paid to instructor.

FEE	INSTRUCTOR	NO. WKS.
\$200	Yana Verba	11

DAY	DATE	TIME	LOCATION
T	1/17-3/28	3:15pm-4:15pm	Arts & Crafts Room*

*Bus from Burton Valley Elementary (1st-5th grade only): \$33

S Springhill Elementary	L Lafayette Elementary	C Community Center (Burton Valley)
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3D Printing Pen Fun C

2nd-5th Grade

Please join us for a high-tech and creative class! 3D printing pens are the latest technology in the 3D printing craze. Kids will learn how to create both 2D and 3D artwork and other fun projects through the use of a 3D printing pen. The instructor will teach different art techniques used to bring the student's ideas and creations to life!

Lots of great take home projects. The only limit is their imagination. *A \$20 supply fee due to instructor on first day.*



FEE	INSTRUCTOR	NO. WKS.
\$164	Bricks 4 Kidz	10

DAY	DATE	TIME	LOCATION
Th	1/19-3/23	3:15pm-4:30pm	Cedar Room*

*Bus from Burton Valley Elementary (1st-5th grade only): \$30

ALOHA Mind Math C

1st-5th Grade

Did you know math is rooted in our visual neural networks? This STEM program will present math in a hands-on, engaging and fun environment! Your child will learn to do math on the abacus plus techniques for doing mental math. Mind Math uses the abacus to build a solid foundation for performing mental calculations. This ancient form of visual and kinesthetic math builds on a child's natural inquisitiveness and imagination, teaching children number systems, concepts and most importantly...number sense. Come find your inner math-rock-star! Abacus and Workbook included.

FEE	INSTRUCTOR	NO. WKS.
\$254	Aloha Mind Math	11

DAY	DATE	TIME	LOCATION
T	1/17-3/28	3:15pm-4:15pm	Elderberry Room

*Bus from Burton Valley Elementary (1st-5th grade only): \$33

Chess Class S

1st-5th Grade

Wonderful opportunity for kids to acquire the ability to think strategically, stay focused and learn how to overcome obstacles! Offered to all levels (beginners, intermediate, advanced) the program is presented in an easy-to-follow way with use of modern technology. All equipment provided.

FEE	INSTRUCTOR	NO. WKS.
\$184	Pacific Chess Academy	11

DAY	DATE	TIME	LOCATION
Th	1/19-3/30	2:45pm-3:45pm	Springhill Elem., MPR



Fun with Science and Engineering L

1st-5th Grade

Have fun building hands-on projects and performing science experiments! Students will engage in projects such as a Buzzy Robo-Bug, Hovercraft, or Hydraulic Arm. They will run lab experiments such as The Frozen Lab, The Puffy Paint Lab or The Silly Senses Lab. The main goals of the class are to give students a fun experience, while increasing their exposure to STEM (Science, Technology, Engineering, Math), the scientific method, and completing projects from start to finish. Students will gain a better understanding for how the way things around them work and behave, and will learn how to break down and analyze problems.

New projects for returning students! For more details, visit www.funwithacademics.com. **Skip 2/20**

FEE	INSTRUCTOR	NO. WKS.	
\$179	Fun With Academics	5	
DAY	DATE	TIME	LOCATION
M	1/30-3/6	2:45pm-3:45pm	Lafayette Elem Sci. Rm.

Decoration Making C

3rd-8th Grade

Learn how to make fun and creative decorations that can be used for personalizing a bedroom or decorating for a party. Decorations will include paper medallions, tassel garland, yard chandelier and a dream catcher. *A \$15 supply fee due to instructor on first day.* **Skip 3/17**

FEE	INSTRUCTOR	NO. WKS.	
\$64	Dora Chacon	5	
DAY	DATE	TIME	LOCATION
F	2/24-3/31	3:15pm-4:15pm	Cedar Room*

*Bus from Burton Valley Elementary (1st-5th grade only): \$15

Make Me A Pro Soccer S

1st-5th Grade

Great class that teaches the basic skills of soccer through fun games and drills. Learn techniques of kicking and dribbling. Come join us we're having a ball. **Skip 2/17, 3/17**

FEE	INSTRUCTOR	NO. WKS.	
\$139	Make Me A Pro Sports Staff	9	
DAY	DATE	TIME	LOCATION
F	1/20-3/31	2:45pm-3:45pm	Springhill Elem., MPR

Soccer 2: Skillz & Scrimmages C

7-10 Yrs

Kidz will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will include drills and small-sided scrimmages. All levels are welcome to come enjoy the world's most popular game! Each participant receives a Kidz Love Soccer jersey! Shin guards are required. **Skip 2/17**

FEE	INSTRUCTOR	NO. WKS.	
\$114	Kidz Love Soccer	8	
DAY	DATE	TIME	LOCATION
F	1/27-3/24	3:30pm-4:15pm	Rink*

*Bus from Burton Valley Elementary (1st-5th grade only): \$24

Make Me A Pro Basketball C

5-12 Yrs

This class is lots of fun and will teach the basic techniques of the great game of basketball. Learn techniques of passing and dribbling, and shooting through fun games and drills. This class will be a blast! Please bring water.

FEE	INSTRUCTOR	NO. WKS.		
\$94	Make Me A Pro Sports Staff	6		
AGE	DAY	DATE	TIME	LOCATION
5-7 Yrs	Th	1/26-3/2	4:00pm-4:45pm	Rink
8-12 Yrs	Th	1/26-3/2	3:15pm-4:00pm	Rink*

FEE	INSTRUCTOR	NO. WKS.		
\$64	Make Me A Pro Sports Staff	4		
AGE	DAY	DATE	TIME	LOCATION
5-7 Yrs	Th	3/9-3/30	4:00pm-4:45pm	Rink
8-12 Yrs	Th	3/9-3/30	3:15pm-4:00pm	Rink*

*Bus from Burton Valley Elementary (1st-5th grade only): \$18 (6 wks)/\$12 (4 wks)

NEW! | Parkour Fundamentals C

7-12 Yrs

The youth parkour classes will challenge students both physically and mentally. Students will stay highly active during class, engaging in creative drills and games in a fun, safe environment, all while learning important aspects of the parkour philosophy such as overcoming fear, solving problems, and setting goals. Other skills learned include, safe landings and rolls, tic-tacs, wall runs, and more. **Skip 2/20**

FEE	INSTRUCTOR	NO. WKS.	
\$179	Apex Movement NorCal	9	
DAY	DATE	TIME	LOCATION
M	1/23-3/27	3:15pm-4:15pm	Live Oak*

*Bus from Burton Valley Elementary (1st-5th grade only): \$27

S
**Springhill
Elementary**

L
**Lafayette
Elementary**

C
**Community Center
(Burton Valley)**



Yoga for Kids! L

1st-5th Grade

Fun and engaging classes explore yoga poses, creative songs, cooperative games, breathing and relaxation exercises. Development of self-expression and body-awareness will also be taught in a non-competitive, fun atmosphere. Students will develop strength, flexibility, memory, concentration and confidence! For more info or to contact instructor go to jennamarynyoga.com. **Skip 1/31**

FEE	INSTRUCTOR	NO. WKS.	
\$204	Jenna Maryn Mitchell	11	
DAY	DATE	TIME	LOCATION
T	1/10-3/28	2:45pm-3:45pm	Lafayette Elementary, Room 23A

S

Springhill
Elementary

L

Lafayette
Elementary

C

Community Center
(Burton Valley)

FUNKMODE Hip Hop and Breakdance L

K-5th Grade

Does your child love to dance? Can't sit still when music comes on? Then they are ready for FUNKMODE Hip Hop and Breakdance! Students will build their confidence while learning various Hip Hop dance styles in a positive, encouraging atmosphere. We have developed a unique curriculum to ensure they will learn musicality, choreography and performance skills each week, while using their own creativity and personal expression. This empowering dance style is great for girls and boys because Hip Hop is for everyone! (Show day on last day of class.) **Skip 2/17, 3/17**

FEE	INSTRUCTOR	NO. WKS.	
\$179	FUNKMODE Crew	9	
DAY	DATE	TIME	LOCATION
F	1/20-3/31	2:45pm-3:45pm	Lafayette Elementary, Room 23A

Musical Theatre Vocal Performance and Audition C

6-11 Yrs

Excellent preparation for budding performers who love to sing on stage and for those wanting to audition for school shows or Lam-orinda Idol. Class will focus on developing the voice through good vocal technique, working on stage presence and performance whole singing, and building audition skills.

FEE	INSTRUCTOR	NO. WKS.	
\$202	Myeve Capozzi	11	
DAY	DATE	TIME	LOCATION
Th	1/19-3/30	3:15pm-4:15pm	Toyon Room*

***Bus from Burton Valley Elementary (1st-5th grade only): \$33**

Public Speaking & Debate Level I L

9-11 Yrs

Students learn the importance of knowing why they're giving their speech, who their audience is, practice, good openings, memorable closes, confidence, humor, quotes, stories, good eye contact, varying tone and voice tempo, and emotionally supportive body language, and in debate, the importance of arguments backed by reasoning, logic and evidence. **Skip 2/20**

FEE	INSTRUCTOR	NO. WKS.	
\$184	Ritu Khurana	9	
DAY	DATE	TIME	LOCATION
M	1/23-3/27	2:45pm-3:45pm	Lafayette Elementary, Room 23A



LEGO® Engineering: Gadgets, Gizmos **S**

K-5th Grade

This class is all about the fun of doing something with what you've built. From a spinning top to a spin art model, from an optical illusion to a conveyor belt, kids will love playing with their LEGO™ creations! But don't worry, we sneak in lots of learning too—like understanding probability in the “3-in-a-row” game model and learning about friction and symmetry with the spinning top. Each lesson reinforces the S.T.E.M. curriculum and encourages students to think of what they could invent or improvements they could make to an existing object to solve a problem. Introduce your student to the world of ideas, creativity, inventions, gadgets and gizmos all while learning with LEGO™. **Skip 2/20**

FEE	INSTRUCTOR	NO. WKS.
\$148	Bricks 4 Kidz Staff	9

DAY	DATE	TIME	LOCATION
M	1/23-3/27	2:45pm-3:45pm	Springhill Elem. MPR

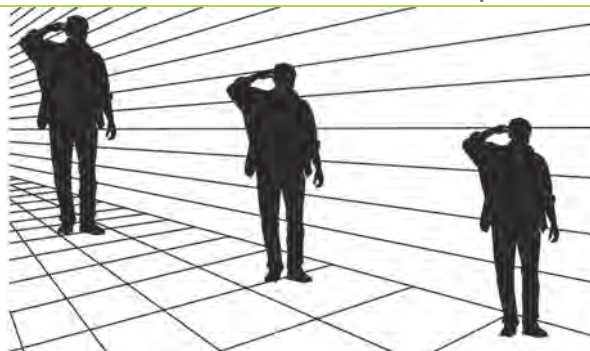
LEGO® Engineering: Transportation Timeline **L**

5-12 Yrs

Delve into the history and mechanics of things designed to move! If you like planes, trains and automobiles, then this unit is for you. Each week, students will build motorized models of a dragster or an airplane and more. Explore the history of transportation from horse and buggy and trains to the development of the automobile and flight. Each lesson introduces key terminology related to each mode of transportation, like lift and propulsion for the airplane, as well as describes how each vehicle works all while reinforcing the S.T.E.M. and CORE concepts. All this with LEGO®.

FEE	INSTRUCTOR	NO. WKS.
\$180	Bricks 4 Kidz Staff	11

DAY	DATE	TIME	LOCATION
T	1/17-3/28	2:45pm-3:45pm	Lafayette Elem. School Science Room



Wacky Wonders! **S**

1st-5th Grade

Looking at ways that our brain is tricked and the science that explains the mysteries behind our entertainment—from toys to special FX, optical illusions and magic, prepare to be confused and enlightened. Help us use science to solve the mystery of chemistry! With hands on activities we will explore mysterious mixtures and surprising solutions. We'll learn about the science of our taste buds and get interactive experience with sensory tests! As we discover the science around us, you will take something home with you after every class to help you continue your investigations at home!

FEE	INSTRUCTOR	NO. WKS.
\$252	Mad Science Staff	11

DAY	DATE	TIME	LOCATION
T	1/17-3/28	2:45pm-3:45pm	Springhill Elem., MPR



After School Programs at 3 Locations

This year Lafayette Recreation will be offering onsite after school programs at Lafayette Elementary and Spring Hill. We will also be offering after school programs (ASP) for everyone at the Lafayette Community Center. The Community Center ASP classes will start at 3:15 so participants can carpool from any school.

Bus from Burton Valley

Burton Valley students also have the option to take the Lamorinda School Bus (Route 25 and 28) from Burton Valley to the new stop at the Lafayette Community Center!

Upon arrival at the center, students will be picked up by City staff and escorted to their ASP class.

*If you already have an annual bus pass you may use your pass or you can add a Burton ASP Bus Pass to your purchase when you sign up for your ASP class. ASP Bus Passes are good for everyday of the class you sign up for and average \$3 a ride. Annual Bus Passes can be purchased at www.LamorindaSchoolbus.org



TENNIS

Beginning Pee Wee Tennis

4-5 Yrs

This class is for beginners or students that are continuing on with lessons. Introduction to basic groundstroke, volley and serve technique. Fun games, drills and live ball rallying are part of this class.

Skip 2/18, 2/20

FEE	INSTRUCTOR	NO. WKS.
\$69	Lafayette Tennis Club	8

DAY	DATE	TIME	LOCATION
M	1/23-3/20	3:00pm-3:30pm	Tennis Club
W	1/25-3/15	3:00pm-3:30pm	Tennis Club
Sa	1/28-3/25	9:00am-9:30am	Tennis Club

Beginning Junior Tennis

6-9 Yrs

This class is for beginners or students that are continuing on with lessons. Introduction to basic groundstroke, volley and serve technique. Fun games, drills and live ball rallying are part of this class.

Skip 2/18, 2/20

FEE	INSTRUCTOR	NO. WKS.
\$134	Lafayette Tennis Club Staff	8

DAY	DATE	TIME	LOCATION
M	1/23-3/20	3:30pm-4:30pm	Tennis Club
W	1/25-3/15	3:30pm-4:30pm	Tennis Club
Sa	1/28-3/25	9:30am-10:30am	Tennis Club

Beginning Youth Tennis

10-14 Yrs

This class is for beginners or students that are continuing on with lessons. Introduction to basic groundstroke, volley and serve technique. Fun games, drills and live ball rallying are part of this class.

FEE	INSTRUCTOR	NO. WKS.
\$134	Lafayette Tennis Club	8

DAY	DATE	TIME	LOCATION
M	1/23-3/20	4:30pm-5:30pm	Tennis Club
W	1/25-3/15	4:30pm-5:30pm	Tennis Club
Sa	1/28-3/25	10:30am-11:30am	Tennis Club

www.LafayetteRec.org | (925) 284-2232

Beginning Adult Tennis

18 Yrs and Up

This class is for beginners or students that are continuing on with lessons. Introduction to basic groundstroke, volley and serve technique. Fun games, drills and live ball rallying are part of this class.

Skip 2/20

FEE	INSTRUCTOR	NO. WKS.
\$134	Lafayette Tennis Club Staff	8

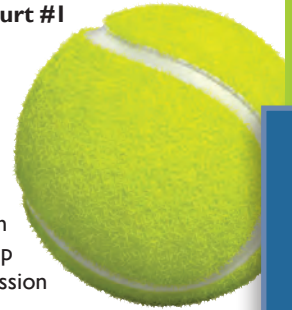
DAY	DATE	TIME	LOCATION
M	1/23-3/20	6:30pm-7:30pm	Tennis Club
W	1/25-3/15	6:30pm-7:30pm	Tennis Club

All tennis classes are located at the Lafayette Tennis Club, 3125 Camino Diablo Road. 937-2582

First class meets in the gazebo near court #1

Classes are subject to change based on enrollment numbers. If your class is cancelled, you will be notified four days prior to the first class and offered options.

Rainouts: Call Lafayette Tennis Club at 937-2582; the hotline is updated at 8:00am and 2:00pm daily. All rainouts will be made up the following week(s) after the end of the session on the same day.



FITNESS & WELLBEING



Jazzercise

18 Yrs and Up

Jazzercise is a pulse-pounding, bass-dropping fitness program that gets results...fast. It's a calorie-torching, hip-swivling dance party workout with a hot playlist to distract from the burn. Customers can incinerate up to 800 calories in a 60-minute class. Workout includes warm up, cardio, muscle toning, strength training with weights and stretching. Wear aerobic shoes and bring a mat. www.jazzercise.com.

Enjoy Jazzercise Everyday!



On-going. Sign-up anytime. Register at class.

Contacts: Nancy G. 937-6768 | Cyndi B. 528-9836

FEE	EFT FEE	LOCATION
\$12 Walk-in	\$50/Mo EFT Unlimited Pass	Live Oak Room
Weekend rate available		
*EFT = Electronic Fund Transfer, month-to-month payment plan		

DAY	START TIME	INSTRUCTOR
M/W/F	6:00am	Nancy G
M/T/W/Th/F	9:10am	Nancy G
M/W	5:45pm	Cyndi B
T/Th	6:00pm	Cyndi B
Sa	9:00am	Nancy G
Su	9:00am	Cyndi B

Meditation and Relaxation

18 Yrs and Up

Practiced for thousands of years, meditation is a technology that benefits your mind and body. During this course students will be guided through all aspects of meditation covering introduction and primary techniques of posture, breath, mindfulness, concentration, and well being. After learning the techniques, students will be able to practice on their own and achieve goals customized to their needs, such as tranquility, stress relief, concentration, and anxiety relief. This class is designed to cater to all age groups, allowing families to take the class together.

FEE	INSTRUCTOR	NO. WKS.
\$125	Mojgan Kaviani	4

DAY	DATE	TIME	LOCATION
M	1/9-1/30	9:30-10:45am	Elderberry Room
M	2/6-2/27	9:30-10:45am	Elderberry Room

Train Your Mind and Spirit to Repair Your Body

18 Yrs and Up

In this class an integral approach to rebuilding the union between the mind, body and spirit is explored. The three must be integrated. When integration takes place there is a balance between the mind, body and spirit.

The four-part class includes:

- A series of slow graceful movements;
- Exercises for the right/left brain integration, memory and focus;
- Meditation;
- Hand/eye coordination and integrative balance movements.

FEE	INSTRUCTOR	NO. WKS.
\$49	Ken McNamara	7

DAY	DATE	TIME	LOCATION
M	1/9-2/20	10:30am-11:45am	Toyon Room
M	2/27-4/10	10:30am-11:45am	Toyon Room

Seniorcise

55 Yrs and Up

Exercise your body and your mind. It's an effective combination of low-impact exercise, weight training and stretching. Each one-hour session is designed to increase strength, cardiovascular endurance, flexibility and balance. ALL fitness levels are welcome! Bring a mat, a pair of 2-3 lb hand weights and come exercise with GREAT people to the BEST music from the Big Band era through the 60s!" Skip 2/6, 2/7, 2/8, 2/9, 2/20

FEE	INSTRUCTOR	NO. WKS.
\$54	Susan Funkhouser	10

DAY	DATE	TIME	LOCATION
M	1/9-3/27	10:30am-11:30am	Live Oak

FEE	INSTRUCTOR	NO. WKS.
\$64	Susan Funkhouser	12

DAY	DATE	TIME	LOCATION
T	1/3-3/28	10:30am-11:30am	Live Oak
W	1/4-3/29	10:30am-11:30am	Live Oak
Th	1/5-3/30	10:30am-11:30am	Live Oak

Tong Ren Qi Gong

18 Yrs and Up

Ancient exercise meets neuroscience. A 21st century perspective on 2,500 years plus old Chinese energy practice. Easy to learn. Does not need much time to practice every day. Helpful with stress and various chronic conditions.

FEE	INSTRUCTOR	NO. WKS.
\$54	Henry Yu	13

DAY	DATE	TIME	LOCATION
F	1/6-3/31	9:30-11:00am	Cedar Room

YOGA

Hatha Yoga

 16 Yrs and Up

This class emphasizes principles that are essential for a safe, well-rounded lifelong yoga practice. Importance is placed on teaching students to open and strengthen their bodies while at the same time bring awareness to the mind, body, breath relationship. Appropriate for both beginners and those with yoga experience. (Level 1 to 1/2) Bring a yoga blanket, two blocks and a strap. **Skip 3/15**

FEE	INSTRUCTOR	NO. WKS.
\$160	Nancy Anderson	12

DAY	DATE	TIME	LOCATION
W	1/4-3/29	9:15am-10:30am	Sequoia Room

Yoga with Silloo

 16 Yrs and Up

This Yoga class teaches a mix of exercises (asanas) for strengthening, stretching and relaxing the body while also focusing on body alignment—a holistic approach. You are introduced to the therapeutic aspects of Yoga and to Yoga philosophy. Each class ends with relaxation and breathing techniques. It's a friendly, gentle atmosphere. Silloo has trained with the internationally renowned B.K.S. Iyengar for 8 years and has taught Yoga for many years. Printed handouts are available. Bring a blanket. You may try one class for free. All levels are welcome. **Monday: Skip 1/16, 2/20, 3/20; Thursday: Skip 3/16 (This date might change)**

FEE	INSTRUCTOR	NO. WKS.
\$121	Silloo Tarapore	9

DAY	DATE	TIME	LOCATION
M	1/9-3/27	9:15am-10:30am	Sequoia Room

FEE	INSTRUCTOR	NO. WKS.
\$147	Silloo Tarapore	11

DAY	DATE	TIME	LOCATION
Th	1/12-3/30	6:00pm-7:15pm	Toyon Room



Evening Hatha Yoga

16 Yrs and Up

This beginning/intermediate beginning class promotes strength building and flexibility through proper physical alignment of the asanas (postures) as well as relaxation techniques through various breathing practices. Poses are adjusted to suit different ages and body types. Bring a yoga mat and thick blanket. **Skip 3/13, 3/14**

FEE	INSTRUCTOR	NO. WKS.
\$160	Nancy Anderson	12

DAY	DATE	TIME	LOCATION
T	1/3-3/28	7:15pm-8:30pm	Sequoia Room

Intro to Yoga

18 Yrs and Up

If you have been thinking about trying yoga or have very little experience this is the class for you! Introduces basic yoga postures, breathing and yoga philosophy. Improve flexibility, reduces stress, and build energy. Bring a yoga mat and thick blanket. **Skip 2/19**

FEE	INSTRUCTOR	NO. WKS.
\$153	Howard VanEs	11

DAY	DATE	TIME	LOCATION
Su	1/8-3/26	10:30am-11:45am	Sequoia Room

Yoga—Beginning/Advanced

Beginning

18 Yrs and Up

This class is for those with some yoga experience or athletic beginners. Deepen your experience of basic postures, learn more challenging postures, posture flow and breathing practices. Please bring a yoga mat and thick blanket. **Tuesday: Skip 2/21; Friday: Skip 2/17**

FEE	INSTRUCTOR	NO. WKS.
\$153	Howard VanEs	11

DAY	DATE	TIME	LOCATION
T	1/3-3/21	10:00am-11:15am	Sequoia Room

DAY	DATE	TIME	LOCATION
F	1/6-3/24	9:15am-10:30am	Sequoia Room

Yoga Workout

18 Yrs and Up

This class provides a solid foundation of yoga through postures, movement, breathing and relaxation. Appropriate for beginners or those with yoga experience. Bring a yoga mat, blocks, strap and blanket to class. **Skip 2/21**

FEE	INSTRUCTOR	NO. WKS.
\$172	Elizabeth McIntyre	12

DAY	DATE	TIME	LOCATION
T	1/3-3/28	6:00pm-7:15pm	Toyon Room

DANCE & THEATER

Belly Dancing

18 Yrs and Up

Belly dance your way to increased fitness and joy! Learn basic steps and dance isolations of Raks Sharki, also known as belly dance! Learn to play finger cymbals and dance with a veil. Optional student performance parties every quarter. Pre-registration advised. (Under 16 years OK if enrolled concurrently with parent). Optional dance supplies (CDs, finger cymbals, and silk veils) available for purchase in class. Soft leather soled shoes recommended - hermes sandals, jazz or ballet practice shoes. Thick socks okay but no rubber soles or bare feet, please. **Skip 1/16**

FEE	INSTRUCTOR	NO. WKS.	
\$83	Surreyya Beth Hada	5	
DAY	DATE	TIME	LOCATION
M	1/9-2/13	6:30pm-7:30pm	Toyon Room
M	2/27-3/27	6:30pm-7:30pm	Toyon Room

Line Dancing—Beginning and Intermediate

18 Yrs and Up

Picture rows of people dancing a set of choreography as an ensemble. Learn new and traditional line dances in a comfortable, welcoming, fun-filled class. Line dancing isn't just country western anymore. It's also a rich blend of other music and dance styles including latin, popular and swing. Enjoyable exercised that will free the dancer in you. No partners needed. Beginners and intermediates welcome. No perfume or fragrances please.

FEE	INSTRUCTOR	NO. WKS.	
\$46	John Trentacosti	6	
DAY	DATE	TIME	LOCATION
M	1/9-2/13	1:30pm-3:00pm	Live Oak Room
M	1/9-2/13	12:30pm-1:30pm	Live Oak Room
T	1/10-2/14	7:30pm-9:00pm	Live Oak Room
M	2/20-3/27	12:30pm-1:30pm	Live Oak Room
M	2/20-3/27	1:30pm-3:00pm	Live Oak Room
T	2/21-3/28	7:30pm-9:00pm	Live Oak Room

Improv!

18 Yrs and Up

This "begin-termediate" level class will start with the basics and quickly develop into an intermediate level class keeping pace with the skill of the class. Beginners, in no time flat, you'll be creating outrageous characters and improvising hysterical scenes and stories. Then, we'll all dig deep into character, storytelling, scene structure, and ensemble work. Perfect for improvisers of all levels!

FEE	INSTRUCTOR	NO. WKS.	
\$154	Kenn Adams	6	
DAY	DATE	TIME	LOCATION
W	1/4-2/8	7:00pm-9:00pm	Elderberry Room
W	2/15-3/22	7:00pm-9:00pm	Elderberry Room

ARTS & CRAFTS

Landscape & Portraiture Painting

18 Yrs and Up

Class is designed to expand your creativity and art education while having fun. Learn to create strong design and attain accurate color, values and representation through demonstrations and individual instruction. Beginners welcome. www.westernpainter.com.

FEE	INSTRUCTOR	NO. WKS.	
\$104	Gary Bergren	5	
DAY	DATE	TIME	LOCATION
T	1/10-2/7	10:00am-12:30pm	Arts & Crafts Room
T	2/21-3/21	10:00am-12:30pm	Arts & Crafts Room



Painting Workshop

18 Yrs and Up

A basic multi-level painting class. Topics include color theory, composition, brush and palette knife techniques, creating atmospheric and textural effects, developing style, use of painting mediums and various other painting applications and techniques. Students may work in any style from abstract to realism and in any paint medium such as acrylic, alkyd, oil or watercolor.

FEE	INSTRUCTOR	NO. WKS.	
\$88	Mark Jezierny	4	
DAY	DATE	TIME	LOCATION
Th	1/5-1/26	9:30am-12:30pm	Arts & Crafts Room
Th	2/2-2/23	9:30am-12:30pm	Arts & Crafts Room
FEE	INSTRUCTOR	NO. WKS.	
\$109	Mark Jezierny	5	
DAY	DATE	TIME	LOCATION
Th	3/2-3/30	9:30am-12:30pm	Arts & Crafts Room

MUSIC



Beginning and Intermediate Guitar

 10 Yrs and Up

Most pop songs use only 3 or 4 simple chords, so you will be playing real songs in just a few weeks. It's easy, and small class size allows for individual attention from instructor. Instructor has BA and MA in music and over 20 years of teaching experience. *A \$5 supply fee is payable to the instructor at first class.* **Skip 1/16, 2/20**

FEE	INSTRUCTOR	NO. WKS.
\$154	Ted Crowley	10

Beginning

DAY	DATE	TIME	LOCATION
M	1/9-3/27	4:45pm-5:30pm	Elderberry Room

Intermediate

DAY	DATE	TIME	LOCATION
M	1/9-3/27	5:30pm-6:15pm	Elderberry Room

Beginning Piano/Keyboard

 10 Yrs and Up

Most popular songs use only 3 or 4 simple chords. You can learn to play your favorites on the piano in just a few weeks. Only 6 students per class so you will get the help you need. No prior experience is required. It's easy and fun! *There is a \$10 materials fee for the textbook.* Bring your keyboard to class. **Skip 1/16, 2/20**

FEE	INSTRUCTOR	NO. WKS.
\$154	Ted Crowley	10

DAY	DATE	TIME	LOCATION
M	1/9-3/27	4:00pm-4:45pm	Elderberry Room

COOKING

Chinese New Year Feast

18 Yrs & Up

Gong Hee Fat Choi! Lets celebrate Chinese New Year with tradition dishes to bring health, wealth, and happiness to your family. We will prepare popular dishes such as Kung Pow chicken, Sweet&sour ribs, Yagchow fried rice, sweet rice in lotus leaves, etc. Please bring a sharp chef's knife, or cleaver, cutting board, hand towel, apron, and beverage.

FEE	INSTRUCTOR	NO. WKS.
\$66	Chat Mingkwan	1

DAY	DATE	TIME	LOCATION
M	1/23	6:30pm-9:30pm	Kitchen

Dim Sum Workshop

18 Yrs & Up

Dim Sum means "a little bit of heart," and these little savories and sweets surely gladden the heart and palate. Dim sum can be served as an elegant and a fun light appetizer, lunch, snack, or as a special treat. We will learn to use a variety of specialties to create popular items, and learn techniques of filling and wrapping in hands-on preparing delicious dim sum, such as Pork & Shrimp Dumplings, BBQ Pork Buns, Chinese Broccoli, Sesame Seeds Balls, etc. Some can be made in advance and frozen for several meals. Bring your sharp chef's knife or clever, cutting board, hand towel, beverage, and a to-go box.

FEE	INSTRUCTOR	NO. WKS.
\$66	Chat Mingkwan	1

DAY	DATE	TIME	LOCATION
T	3/14	6:30pm-9:30pm	Kitchen



Easy Thai Cooking

18 Yrs & Up

Intimidate, No longer! Lets cook popular Thai dishes with simplest techniques and little time. Local and easy to find ingredients are transformed into delicious dishes, such as lemongrass soup, stir-fried noodles, hot and sour salad, curry, etc., and some can be stored for several meals. Bring your sharp chef's knife or cleaver, cutting board, hand towel, apron, and beverage.

FEE	INSTRUCTOR	NO. WKS.
\$66	Chat Mingkwan	1

DAY	DATE	TIME	LOCATION
T	2/7	6:30pm-9:30pm	Kitchen

Indonesian Cooking

18 Yrs & Up

The cooking of the “Spice Islands” fills with aromatic flavors and fresh tropical fruits, herbs and vegetables. Join us in cooking popular Indonesian dishes for our dinner. Learn to use Indonesian herbs and spices and preparing authentic dishes with unique techniques, such as assorted satay, gado gado with peanut dressing, Indonesian curry, Nasi Goreng (Fried Rice) and fresh tropical fruit salad. Bring your shape chef’s knife or cleaver, cutting board, hand towel, apron, and beverage.

FEE	INSTRUCTOR	NO. WKS.
\$66	Chat Mingkwan	1

DAY	DATE	TIME	LOCATION
M	2/27	6:30pm-9:30pm	Kitchen



Wok and Stir-fries Workshop

18 Yrs & Up

Stir-frying is a fresh, quick, and easy food preparation, using freshest ingredients, taking little time to cook, and employing simplest technique. Let’s make delicious and popular Asian stir-fried dishes from Chinese, Japanese, Thai, Vietnamese cuisine, etc. and make them healthier and more personalized by adding your own twists, such as Beef and Broccoli, Spicy eggplant and Thai basil, Chow Mein, Peppered Shrimp, Sweet and Sour, etc. Bring your favorite wok, chef’s knife or cleaver, cutting board, hand towel, apron and beverage.

FEE	INSTRUCTOR	NO. WKS.
\$66	Chat Mingkwan	1

DAY	DATE	TIME	LOCATION
T	3/28	6:30pm-9:30pm	Kitchen

Japanese Cooking

18 Yrs & Up

Learn the basic aspect of Japanese cuisine, starting with basic ingredients in traditional meals. Learn the Japanese philosophy of simplicity and prepare simple and easy soups and salads. We will prepare popular Japanese dishes for our dinner, for example yakitori, sukiyaki, teriyaki, miso soup, etc. Please bring your sharp chef’s knife, cutting board, hand towel, apron, and your own beverage.

FEE	INSTRUCTOR	NO. WKS.
\$66	Chat Mingkwan	1

DAY	DATE	TIME	LOCATION
W	3/22	6:30pm-9:30pm	Kitchen



GENERAL ENRICHMENT

Adult CPR

 11 Yrs and Up

A 3-hour Acute Care Training (ACT) course covering CPR and choke saving for adults (9 + years). Please wear comfortable clothes. Certification is good for 2 years. *A \$10.00 lab fee will be collected at the beginning of class.*

FEE	INSTRUCTOR	NO. WKS.	
\$39	Adele Christensen	1	
DAY	DATE	TIME	LOCATION
T	2/28	7:00pm-10:00pm	Elderberry Room

Basic First Aid

 11 Yrs and Up

A 3 hour Acute Care Training (ACT) course teaching students the causes, prevention and care of first aid emergencies. Instruction includes treatment of head and bleeding injuries, fractures, wounds, burns, poisonings, etc. Certification is good for 2 years.

FEE	INSTRUCTOR	NO. WKS.	
\$39	Adele Christensen	1	
DAY	DATE	TIME	LOCATION
Th	3/2	7:00pm-10:00pm	Elderberry Room



Bridge—Diamond Series, Play of the Hand

18 Yrs and Up

The Diamond Series is the ACBL intermediate course focusing on the play of the hand. The main objective is to develop a plan by declarer, including the counting of winners or losers, developing tricks (by finessing, promotion and length) eliminating losers, managing the trump suit, and considering Entries. A brief review of intermediate bidding issues will be discussed with each lesson. There are four pre-dealt hands to play each session. *There is a required textbook for \$20 available from the instructor.*

FEE	INSTRUCTOR	NO. WKS.	
\$104	Carol Griffin	10	
DAY	DATE	TIME	LOCATION
M	1/23-3/27	3:15pm-5:15pm	Sequoia Room

Bridge—Rusty Bridge I

18 Yrs and Up

RUSTY BRIDGE is especially designed for those who want to update their bidding skills, improve their communication with their partners, and revive their “college days” playing skills. Part I begins with a complete basic bidding review. Part II continues with how to open strong hands (“2 clubs”) and the responses, an introduction to Preemptive bidding, and Slam bidding, the Stayman convention, Leads against NT vs. Suit Contracts, Bidding in the “balancing seat,” and finally the distinction between Forcing and Non-forcing bids. Each session will consist of a 1/2-hour lecture and 1 1/2 hours supervised play with pre-dealt hands that illustrate the subject of the day. *A workbook is available from the instructor for \$10.*

FEE	INSTRUCTOR	NO. WKS.	
\$104	Carol Griffin	10	
DAY	DATE	TIME	LOCATION
M	1/23-3/27	1:00pm-3:00pm	Sequoia Room

Mandarin—Conversational Chinese

18 Yrs and Up

To teach conversational Chinese and enable students start learning Mandarin Chinese. Through conversation, games, cultural introduction, students learn phonic skill, greetings, numbers, family member titles, date/time, basic grammar and character writing knowledge. Knowledge learned in the class can be easily applied to travel, business, academic needs or personal interest. *\$10 supply fee payable to instructor on first day of class. Skip 1/16, 2/20*

FEE	INSTRUCTOR	NO. WKS.		
\$139	Walnut Creek Chinese School	9		
LEVEL	DAY	DATE	TIME	LOCATION
II	M	1/9-3/20	9:00am-10:15am	Cedar Room
III	M	1/9-3/20	10:30am-11:45am	Cedar Room
I	M	1/9-3/20	12:00pm-1:15pm	Cedar Room

Passport to Retirement

40 Yrs and Up

Passport to retirement is a comprehensive retirement system that educates attendees and helps them overcome the roadblocks to a successful retirement. • Define and create your retirement • Assess the costs of retirement • Evaluate sources of income • Invest for the future • Protect your health & wealth • Receive funds from retirement plans • Manage your estate distribution. The system is filled with compelling statistics, and case studies, and the workbook includes a wealth of self-analysis quizzes.

FEE	INSTRUCTOR	NO. WKS.	
\$53	Bob Stafford, CFP, CLU	2	
DAY	DATE	TIME	LOCATION
Th	2/2-2/9	6:30pm-9:30pm	Cedar Room
W	2/8-2/15	6:30pm-9:30pm	Cedar Room



Wine Excursion: An Afternoon at a Local Winery

21 Yrs and Up

This class will be held at Captain Vineyards in Moraga. We will discover wine growing at the vineyard. For the first hour, explain all the sustainable and green practices to grow the grape. What makes good wine and sharing with attendees practices used to manage the vineyard? Second part/hour of the class will focus on the wine making practices and the class ends with barrel tasting of wine made + cheese pairing.

This class meets at Captain Vineyards, 1969 Joseph Dr., Moraga

FEE	INSTRUCTOR	NO. WKS.	
\$66	Susan Captain	1	
DAY	DATE	TIME	LOCATION
Su	1/8	1:00pm-3:00pm	Captain Vineyards
Su	2/12	1:00pm-3:00pm	Captain Vineyards
Su	3/12	1:00pm-3:00pm	Captain Vineyards

Work Smarter Not Harder: Time Management & Strategy

18 Yrs and Up

Is your business or job controlling your life, schedule, responsibilities and obligations? Do you never have enough time to get things done? Is there never any time for yourself, family and friends? Is stress with all its negative effects on your health and relationships part of your life very day? This presentation is meant for business owners and busy professionals who work too much! Come and learn how to prioritize your focus so you can double your productivity and time off.

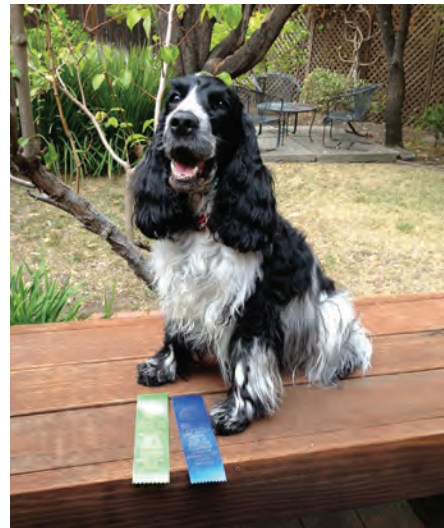
FEE	INSTRUCTOR	NO. WKS.	
\$39	Christoph Nauer	1	
DAY	DATE	TIME	LOCATION
T	1/24	7:00pm-8:15pm	Elderberry Room

DOG OBEDIENCE

Dog Obedience—Beginning

T All Ages; Children must be accompanied by a parent. Puppies 3-9 months; No dogs older than 9 months.

Basic obedience instruction for puppy owners and their puppies. Puppy owners will learn how to teach their puppies to sit, down, come, stay, stand and heel. Also solutions for puppy behavior problems will be discussed including jumping on people and biting. First class is orientation WITHOUT puppies and attendance is MANDATORY. Bring proof of vaccinations to 1st class. We will review the equipment required for class including martingale collars, 6' leather leash, etc. **Skip 2/8**



FEE	INSTRUCTOR	NO. WKS.	
\$188	Barb Peppin	8	
DAY	DATE	TIME	LOCATION
W	1/11-3/8	6:30pm-7:30pm	Jennifer Russell Bldg.

Dog Obedience—Intermediate

T All Ages

Intermediate Dog Obedience Prereq: Completion of LCC Beg. Obedience or instructors permission. Develop skills to pass the AKC Canine Good Citizen Class. Introduction to Agility. **Skip 2/8**

FEE	INSTRUCTOR	NO. WKS.	
\$178	Barb Peppin	8	
DAY	DATE	TIME	LOCATION
W	1/11-3/8	7:45pm-9:00pm	Jennifer Russell Bldg.

Dog Obedience—Advanced

T All Ages

Prereq: Completion of LCC Intermediate Obedience Class or instructor permission. Develop skills to compete in AKC obedience trials. **Skip 2/9**

FEE	INSTRUCTOR	NO. WKS.	
\$109	Barb Peppin	8	
DAY	DATE	TIME	LOCATION
Th	1/12-3/9	8:00am-9:00am	Jennifer Russell Bldg.



Have Your Next Event At The Lafayette Community Center

Facility	Capacity	Size	Hourly Rates	Food and Drink Allowed	Minimum # of Hours	Amenities
Jennifer Russell Building (JRB)	Dining: 240 Theater: 325	72'x50'	Resident: \$120 Non Resident: \$150 Resident Non Profit: \$110 Non Res Non Profit: \$130	Yes	4	<ul style="list-style-type: none"> • Adjoining Restrooms • Non Adjoining Kitchen (\$200) • Two 80" Flat Screen TVs • Available Microphone P.A. System • Portable Stage (\$130) • Rear Patio • Side Patio & Deck (\$75)
Live Oak Room (LO)	Dining: 225 Theater: 300	64'x55'	Resident: \$100 Non Resident: \$130 Resident Non Profit: \$90 Non Res Non Profit: \$110	Yes	4	<ul style="list-style-type: none"> • Adjoining Foyer • Adjoining Kitchen (\$200) • Stationary Stage • Available Microphone P.A. System • Large Patio & Deck (\$75)
Cedar Room	Max: 45	27'x32'	Resident: \$65 Non Resident: \$85 Resident Non Profit: \$60 Non Res Non Profit: \$75	Yes	2 Self Set-Up Optional	<ul style="list-style-type: none"> • In room sink • Counter Tops • Projector Screen (no projector) • White Board
Sequoia Room	Classroom: 45 Theater: 75	27'x32'	Resident: \$65 Non Resident: \$85 Resident Non Profit: \$60 Non Res Non Profit: \$75	No	2 Self Set-Up Optional	<ul style="list-style-type: none"> • Carpeted Floor • Projector Screen (no projector) • Adjoining Foyer
Kitchen			\$200 Flat Rate	Yes	Only Available with LO or JRB	<ul style="list-style-type: none"> • Commercial Refrigerator/ Freezer • Icemaker • Coffee Pots • Microwave • Stove/Oven <p><i>No cooking or eating utensils available</i></p>

Facility Restrooms/ Drinking Fountain: Centrally Located

Parking Spaces: 117 and 6 Handicap

Times and Days Available: Friday: 6:00pm–1:30pm Saturday: 9:00am–11:30pm Sunday: 9:00am–10:30pm

Please Note: Rental time must include deliveries, decoration, set-up & clean-up. Music/entertainment must stop 1hr. prior to the end of the rental. Security deposit, insurance and other fees not included.

Registration for Programs and Services

Register via email: Seniors@LoveLafayette.org, phone: 284-5050 or in person at the Senior Services office (Alder Room at the Lafayette Community Center, 500 St. Mary's Road). We are not set up for online registration. Unless noted, programs and services are held at the Lafayette Community Center.

Membership Fees and Benefits

January 1-December 31, 2017: \$15 per person

Members of Lafayette Senior Services pay no fee, or the discounted fee, for programs and services listed below. Additionally, the quarterly Activity Guide is mailed to each member. Your membership pays for itself after just 1½ classes! Membership forms are available at the door at all programs, on the Senior Services page of the City website www.LoveLafayette.org and at the Senior Services office (Alder Room at the Community Center.) You may pay with cash or check; we are not set up for credit card payments. You need not be a resident of Lafayette to join.

MOBILE DEVICES

Apple Basics

Facilitated by Sharon Beck, Owner of Mac-Senior

This ongoing series covers many topics such as Apple IDs, iTunes, iCloud and the basics of iPad and iPhone usage. Topics for upcoming sessions are based on participants' input and needs. There is always time for Q&A at the end of each class. Please note: this series deals with Apple devices only.

FEE	MEMBERS	NON-MEMBERS
Per Meeting	Free	\$10
DAY/DATE	TIME	LOCATION
1st Thursday Monthly 1/5, 2/2, 3/2	10:30am-Noon	Elderberry Room

Android Basics

Edward Zeidan, Owner of Nerd4Rent

Designed for owners of non-Apple mobile devices that use Google's Android operating system, this series will explore the wide range of functions including texting, calendar, email, music, photos and more. Learn how to download and use free apps from the Google Play store (bring your Google Play account log in information.) There will be time for individuals' questions at the end of each class. Please note: this series deals with non-Apple devices only.

FEE	MEMBERS	NON-MEMBERS
Per Meeting	Free	\$10
DAY/DATE	TIME	LOCATION
3rd Thursday monthly 1/19, 2/16, 3/16	10:30am-Noon	Elderberry Room

Smart Driver 4-Hour Refresher Course

Offered through AARP

This abbreviated refresher course is for those who have taken an AARP driving course within the last four years. Refine your driving skills, develop safe, defensive techniques, and possibly lower your insurance premium. Max: 25 pre-paid registrants. To reserve your spot, send check, made payable to AARP, to Lafayette Senior Services, 500 St. Mary's Rd., Lafayette, CA 94549. **Important: Prior to sending check, please call 284-5050 to determine space availability.**

FEE	AARP MEMBERS	NON-AARP MEMBERS
	\$15	\$20
DAY/DATE	TIME	LOCATION
Thur 2/2	9:00am-1:45pm	Cedar Room

Drop-In Mah Jongg (Intermediate)

Bring your card and mah jongg set and join other intermediate-level players every Tuesday afternoon.

FEE	MEMBERS	NON-MEMBERS
Per Meeting	Free	\$10
DAY/DATE	TIME	LOCATION
Every Tuesday	12:30-3:30pm	Cedar Room

Discovering Opera: Kevin Puts' *Silent Night*

Presented by Bradford Wade, opera lover for 40 years

Kevin Puts' 2011 opera recounts a miraculous moment of peace during one of the deadliest wars in history. On the western front, bloodied from battle and mourning their dead, weapons are laid down when three Scottish, French and German officers negotiate a Christmas Eve truce amid the trenches. As evening sets in, a carol begins, floating softly over no man's land. One voice becomes many, and as enemies lay down their arms to celebrate a precious night of peace and hope, they come together to share Christmas. Lecturer Bradford Wade will give a guided tour of *Silent Night*, with a description of the plot interspersed with musical examples. This lecture is given in conjunction with Opera San Jose's production of *Silent Night*, Feb. 11-26, 2017.



FEE	MEMBERS	NON-MEMBERS
	Free	\$10
DAY/DATE	TIME	LOCATION
Th, 2/9	1:30-3:00pm	Lafayette Library, Arts & Science Room

Cooking for One or Two: Breakfast & Brunch

Jaime Rios, Byron Park Executive Chef

As we all know, breakfast is the most important meal of the day. In this demonstration-style class, Chef Jaime will help you find new inspiration with recipes that will transform your breakfast and brunch routine. Class will include delicious taste-testing and recipes for you to take home. **Space is limited; these classes fill up quickly. RSVP to Lafayette Senior Services by Wednesday, March 22: Seniors@LoveLafayette.org or 284-5050.** Please arrive early to allow time for parking.

FEE	MEMBERS	NON-MEMBERS
	Free	\$10
DAY/DATE	TIME	LOCATION
Wed, 3/29	2:00-4:00pm	Byron Park 1700 Tice Valley Blvd. Walnut Creek



Let's Do Lunch!

Discover and explore the various dining experiences in the Lamorinda area. Relax, dine, meet new people, socialize and enjoy lively conversation! Space is limited. Contact Lafayette Senior Services for the schedule of restaurants and to make your reservations: Seniors@LoveLafayette.org or 284-5050. Individuals will pay for their own lunches; the restaurants will provide separate checks. This interest group is offered in conjunction with Lamorinda Village www.lamorindavillage.org. **Skip January.**

FEE	MEMBERSHIP IN LAFAYETTE SENIOR SERVICES IS REQUIRED.	
	Individuals pay for their own lunches.	
DAY/DATE	TIME	LOCATION
1st Tuesday Monthly 2/7 (RSVP by 2/2)	11:30am	Contact Lafayette Sr. Services
3/7 (RSVP by 3/2)		

Household Inventory



Lunch n' Learn: How to Create a Household Inventory For Insurance Purposes

Presented by Tricia Hoekwater, Personal Archivist, Organization and Inventory Professional

Your home is your largest investment. Be prepared with emergency supplies and a home inventory. Tricia will discuss the importance of a home inventory, insight into insurance coverage, real case studies of loss, and instructions on how to get started. A home inventory document will be yours to take with you. Trisha will also share with you a link to a free online software tool if you prefer to record your inventory on the computer. **RSVP by Wed, 3/8: Seniors@LoveLafayette.org or 284-5050. Reservations are required for a box lunch;** Lunches generously provided by Merrill Gardens Senior Living.

FEE	MEMBERS	NON-MEMBERS
	Free	\$10
DAY/DATE	TIME	LOCATION
Wed 3/15	10:30-noon	Cedar Room

Words of Wisdom

Discussion Group Led by Craig Janke

Share your opinions with us in a freewheeling exchange of ideas from current events to philosophy to the inspirational. There may be agreement or there may be differing opinions—it's all in the spirit of learning, sharing, enrichment and good humor. Our "elder perspective" frequently sounds a lot like wisdom!

FEE	MEMBERS	NON-MEMBERS
Per Meeting	Free	\$10
DAY/DATE	TIME	LOCATION
3rd Tuesday Monthly 1/17, 2/21, 3/21	10:30am-Noon	Elderberry Room

Lamorinda Nature Walk and Bird-Watching

Led by Ben Pettersson, Experienced Hiker and Bird-Watcher
Experience nature at its finest along our local trails. Delight in the beauty that unfolds around each bend, all the while learning to identify a variety of birds. Bring a water bottle; binoculars are helpful if you have them. Join us every Wednesday or whenever you are able. Meet at Lafayette Senior Services (Alder Room at the Community Center) at 9:00am. For more information or to place your name on the route distribution list, contact Lafayette Senior Services: Seniors@LoveLafayette.org or 284-5050. **Skip 1/4**

FEE	MEMBERS	NON-MEMBERS
Fee Per Meeting	No Charge	\$10

Membership in Lafayette Senior Services is required.

DAY/DATE	TIME	LOCATION
Wednesdays	9:00am-Noon	Alder Room

Free Peer Counseling

Contra Costa Health Services offers free one-to-one counseling with trained senior counselors who use their life experiences to help other older adults (55+) cope with life changes, problems, crises, and challenges. Confidentiality is strictly observed. **Appointment required.** Please contact Lafayette Senior Services to sign up for one of the 60-minute appointments: Seniors@LoveLafayette.org or 284-5050.

FEE	MEMBERS	NON-MEMBERS
	No Charge	No Charge

DAY/DATE	TIME	LOCATION
2nd Tuesday Monthly 1/10, 2/14, 3/14	10:00am-Noon	Alder Room

Positive Living Forum (“Happiness Club”)

Moderated by Bob Nozik, MD, Prof. Emeritus UCSF, Author of *Happy 4 Life: Here’s How to Do It*

Brighten your day and take part in this interactive gathering which features discussions on a wide range of topics that guide participants toward a more ideal and positive life experience. Drop-ins welcome!

FEE	MEMBERS	NON-MEMBERS
Per Meeting	Free	\$10

DAY/DATE	TIME	LOCATION
2nd Thursday Monthly 1/12, 2/9, 3/9	10:30am-Noon	Elderberry Room

Anne Randolph Physical Therapy Presentations

Anne Randolph, RPT, has been practicing physical therapy since 1977. She provides outpatient therapy in Lafayette and specializes in the care of those 55 and over.

FEE	MEMBERS	NON-MEMBERS
Per Class	Free	\$10

Parkinson’s

Living with Parkinson’s disease (PD) can be challenging, but there are things you can do to maintain your quality of life and live well. Learn about the stages of PD and how to optimize your physical ability as long as possible.

DAY	DATE	TIME	LOCATION
W	1/25	11:30am-12:30pm	Cedar Room

Posture

Poor posture can lead to discomfort, pain and other problems. Discussion, demonstration, and exercises will be offered to improve posture, decrease pain, and help in the never ending battle against gravity.

DAY	DATE	TIME	LOCATION
W	2/22	11:30am-12:30pm	Cedar Room

Art of Balance

If you are worried about falling or are at risk of falling, you should know about activities that improve balance. Learn how to gain increased balance and avoid the risk of falling.

DAY	DATE	TIME	LOCATION
W	3/22	11:30am-12:30pm	Cedar Room

Health Insurance Counseling and Advocacy Program (HICAP)

HICAP provides free and objective counseling and advocacy services to Contra Costa Medicare beneficiaries and their families who need assistance with Medicare enrollment and issues involving Medicare and associated insurance programs, including prescription drug coverage. HICAP does not endorse or sell insurance products. For an appointment, call Lafayette Senior Services 284-5050.

FEE	MEMBERS	NON-MEMBERS
	Free	Free

DAY/DATE	TIMES	LOCATION
1st Wed Monthly 1/4, 2/1, 3/1	10:00am, 11:00am or Noon	Alder Room
3rd Tues Monthly 1/17, 2/21, 3/21	10:00am, 11:00am or Noon	Alder Room



Reservoir Walking Group

Led by Jim Scala, *Lafayette Today's* "Walking the Reservoir" Columnist

Meet us at the reservoir every Tuesday, Thursday and Saturday for camaraderie, fresh air and enjoyable exercise, all in magnificent surroundings. Choose the distance that suits you by joining the group that walks the entire circuit, or the group that goes the shorter distance which avoids the large hills, yet yields sufficient moderate exercise. Optional bonus for both groups: at the end of the walk, Jim will lead you through easy yoga poses and breathing exercises in the most beautiful outdoor yoga studio: the band stage overlooking the water. Increase your balance and fitness—both physical and mental—and leave each week uplifted and radiant with that overall feeling of well-being! Jim is an author; nutritional expert; former Air Force pilot and consultant to the U.S. Olympic Ski Team and Mt. Everest expeditions. To add your name to the email notification list contact us at Seniors@LoveLafayette.org or 284-5050. Bring quarters or credit card for parking meter. Annual senior (62+) passes may be purchased at the Visitor Center at the reservoir.

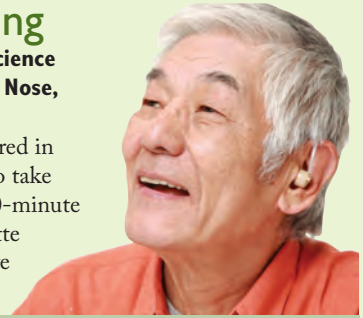
FEE	MEMBERS	NON-MEMBERS
	Free	Free
DAY/DATE	TIME	LOCATION
Every Tues, Thurs and Sat	9:30-11:00am Meet at 9:20	Meet at Res: Center Bench on the Dam



Hearing Screening

Audiologists from Hearing Science Audiology /Diablo Valley Ear, Nose, and Throat

Minimum of 2 sign-ups required in order for hearing screenings to take place. To reserve one of the 20-minute appointments, contact Lafayette Senior Services: Seniors@LoveLafayette.org or 284-5050.



FEE	MEMBERS	NON-MEMBERS
	Free	\$10
DAY/DATE	TIME	LOCATION
First Wed Monthly 2/1, 3/1 (Skip January)	1:00-2:20pm	Cedar Room

Free Specialized Telephone Distribution Event

California Telephone Access Program

As a service in addition to your hearing screening on March 1 (see above), if it is determined that you are eligible for specialized telephone equipment, a representative from the California Telephone Access Program (CTAP) will provide you with a free adaptive telephone at your appointment. Contact Lafayette Senior Services to make an appointment: Seniors@LoveLafayette.org or 284-5050.



FEE	MEMBERS	NON-MEMBERS
	Free	Free
DAY/DATE	TIME	LOCATION
Wed 3/1	1:00-2:20pm	Alder Room

Lamorinda Tea Dance

A weekly Community Dance Social in its 29th year with afternoon tea and light refreshments



Wednesdays 1:00-3:30pm

*The Live Oak Room
Lafayette Community Center
500 St Mary's Road
Lafayette, CA 94549*

Lafayette Senior Services Members: FREE!

Membership is \$15/year
Non Members: \$10/session

The Lamorinda Tea Dance is hosted by dance professionals Karen Lile & Michael Amtz. DJ Michael Amtz plays your favorites and takes requests. Come for great music and good company. The first Wednesday of the month, Karen and Michael provide a dance lesson during the tea dance.

Lamorinda Spirit Van



Lamorinda Spirit: A Balancing Act

Operating the Lamorinda Spirit Van Program requires maintaining the balance between drivers, passengers, vehicles, and funding. Volunteer drivers are critical to the success of this program, so pass the word to good drivers between age 25 and 75 who have four hours every week or two to help Lamorinda's older adults get out and about. Training is provided, and a regular Class C License is sufficient. We will accommodate your schedule, travels, and vacations. The appreciation is amazing!!

We are excited to report a second mini-van, funded through the 5310 Federal Grant Program, is on order and should be delivered in mid-2017. This brings our fleet to one new and three relatively new vehicles of various sizes to accommodate the different types of trips our passengers take—to medical and personal appointments, errands, shopping, outings, and lunch at the C.C. Café Nutrition Program at the Walnut Creek Senior Center. We hope you will join us—as a passenger or a driver.

"I am a 91 year old senior citizen of Lafayette... no longer able to drive so this program has been a life line for me... May I express my thanks to all of you who have helped me get places these past months... Everyone has been so cheerful, reliable, and helpful... The availability of this service makes it possible for those of us who don't drive to have a normal, independent life." —Passenger Quote

Lamorinda Senior Transportation

An Alliance of Transportation Providers

Lamorinda Spirit Van **283-3534**

Takes Lamorinda older adults to errands, appointments, grocery shopping, special events, and to lunch at the C.C. Café. WE LOVE TO SAY "YES" so, call early to make your reservation! Wheelchair and walker accessible.

Contra Costa Yellow Cab and DeSoto Company **284-1234**

20% discount for Lamorinda seniors.

Orinda Seniors Around Town **402-4506**

Volunteer drivers serving Orinda seniors with free rides to appointments and errands.

Mobility Matters (formerly Senior Helpline Services) Rides for Seniors **284-6161**

Volunteer drivers serving Contra Costa seniors with free rides to doctors' appointments during the week. Grocery shopping on Saturday.

Mobility Matters Information and Referral Line: **284-6109**

County Connection LINK Reservation Line **938-7433**

For people with disabilities. (Older adults often have "age-based" disabilities. By describing your "disability," you can become eligible for this service—providing you with additional transportation options.)



Lamorinda Spirit Van volunteers

Lafayette Recreational Trails

Lafayette-Moraga Regional Trail

This 7.65-mile trail parallels St. Mary's Road through Lafayette and Moraga along a historic railroad route. It accommodates hiking, bicycling, and equestrian use. There are opportunities for restroom stops at the Lafayette Community Center and Park. Please call 1-888-EBPARKS (1-888-327-2757) or visit www.ebparks.org for more information.

City of Lafayette Neighborhood Trails

Neighborhood trails provide connections to regional trails and other recreational facilities or make loops within a neighborhood. Maps and detailed descriptions of the trails are available at the Lafayette Parks, Trails & Rec. Office at 500 St. Mary's Road or at www.ci.lafayette.ca.us.

- Walter Costa Trail 2.2 miles
- Springhill Valley Trail 0.75 miles
- Hidden Oaks Trail 0.5 miles
- Murray Lane Trail 0.3 miles
- Petar Jakovina Trail 1 mile
- John Kiefer Trail 0.78 miles
- Moraga Rd. to Reservoir Rim Trail 0.5 miles

Lafayette Community Park Trails

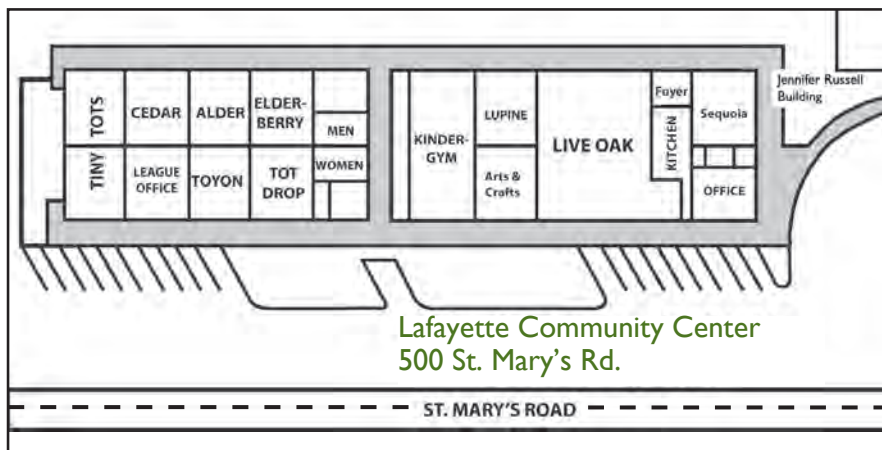
3 miles of multi-use trails.

EBMUD's Lafayette Reservoir and Recreation Area

Owned and operated by EBMUD, the Lafayette Reservoir and Recreation area is located off Highway 24 just a mile from Lafayette BART. This all-year, day-use area is ideal for hiking, jogging, fishing, boating and picnicking. Hikers will love the 2.8-mile paved Shore Trail that completely encircles the Reservoir. The Rim Trail is a more challenging 4.3-mile dirt trail that traverses the ridge tops surrounding the Reservoir. Please call 284-9669 or go to www.ebmud.com for more information.



Lafayette Class Locations



Patrons are advised to arrive 5 minutes early to locate their classroom.

Off-Site Locations

- Lafayette Community Park
480 St. Mary's Road, Lafayette
- Lafayette Tennis Club
3125 Camino Diablo Road, Lafayette
937-2582
- Buckeye Fields
711 St. Mary's Road, Lafayette
- Lafayette Library & Learning Center
3491 Mt. Diablo Blvd., Lafayette
385-2280
- Lafayette Elementary
950 Moraga Road, Lafayette
- Springhill Elementary
3301 Springhill Road, Lafayette

Community Contacts

- Lafayette Little League
284-3583
- Lafayette-Moraga Regional Trail (EBRPD) | (510) 635-0135
- Lafayette-Moraga Youth Association (LMYA) | 377-5692
- Lafayette Reservoir & Recreation Area (EBMUD) | 284-9669
- Lafayette Chamber
284-7404
- Lafayette City Offices
284-1968

Contact Us:

www.LafayetteRec.org

Jonathan "Ace" Katayanagi
Director | 299-3251
jkatayanagi@ci.lafayette.ca.us

John Warshaw
Recreation Supervisor | 299-3260
jwarshaw@ci.lafayette.ca.us

Steven Heinsma
Recreation Coordinator | 299-3252
sheinsmai@ci.lafayette.ca.us

Tricia Young
Recreation Coordinator | 310-4102
tyoungi@ci.lafayette.ca.us

Greg Travers
Park's Maintenance Supervisor
gtravers@ci.lafayette.ca.us

Anne Blodgett
Administrative Assistant
ablodgett@ci.lafayette.ca.us

• Lafayette Parks, Trails & Recreation Office:
284-2232 | Mon-Fri, 9:00am-5:00pm

• Lafayette Senior Services:
284-5050 | seniors@ci.lafayette.ca.us
Maureen Neumann, Molly Cohen

• Lamorinda Sr. Transportation Program:
283-3534 | mbruns@ci.lafayette.ca.us
Mary Bruns

• Tiny Tots Program:
299-3266

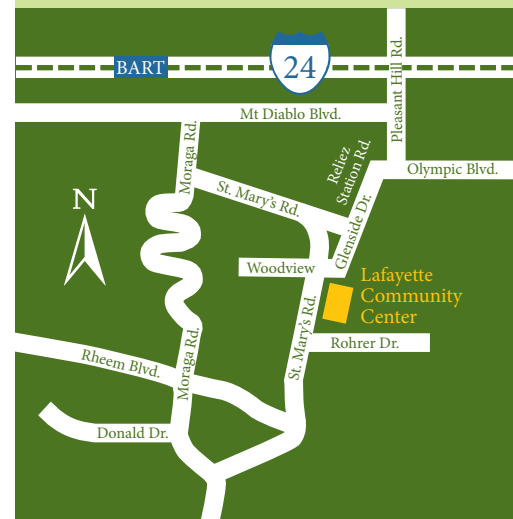
• Tot Drop Reservations/Cancellations:
284-3999

• Lafayette Jazzercise:
937-6768

Donate your car, truck, RV or boat to benefit the Lafayette Community Center

The Lafayette Community Center Foundation wishes to thank all those who have donated their vehicles to help support the Lafayette Community Center. Get rid of your unneeded vehicle and get a tax deduction! Call or go online today.

1-888-6TO-GIVE (1-888-686-4483) or www.cardonationservices.com



Register NOW until classes are full using one of the following methods:

Online 24/7

Check out our secure, online registration at:
www.LafayetteRec.org

Phone

Accepted using Visa, MasterCard, Discover and American Express. Office hours: Monday-Friday, 9:00am-5:00pm
Call: (925) 284-2232

Walk-In

Register in person at our office, 500 St. Mary's Rd., Lafayette. Cash, check, Visa, MasterCard, Discover Card and American Express are accepted. Office hours: Monday-Friday, 9:00am-5:00pm

Mail-In

Use registration form below and attach check, money order or credit card information. Make checks payable to City of Lafayette. Mail to: Lafayette Recreation, 500 St. Mary's Rd., Lafayette, CA 94549

- Pre-registration is required and is on a first-come, first-served basis. Registration will continue as long as spaces are available. Waiting lists will be established when a class reaches its maximum.
- Liability Waivers and Medical Consent Forms may be required for activities that have a higher risk to the participant.
- **Returned check fee:** \$45.00 in addition to any bank fees.
- All Supply/Lab Fees are payable directly to instructors at first class.
- All classes (except classes in Adults 55+ section) include a \$4 administrative fee.
- When registering for classes with discounts, you must contact the office to receive the discount.
- If a class does not reach its minimum, it may be necessary to cancel. Participants will be notified 4 days prior to start date and a full refund will be issued.
- If you register by MAIL or PHONE, a receipt will be e-mailed/mailed to confirm your registration. The office will contact you by phone if the class you request is full.
- No refunds or transfers will be issued less than 10 days prior to the start of class/camp and all refunds or transfers greater than 10 days prior to the start of class will be assessed a \$4.00 administrative fee per class.
- Photographs may be taken of the participants during the course of activities or classes and these photographs may be used in City of Lafayette publications.

Winter 2017 Registration

Name: (Adult) _____ Home Phone: _____
 Relationship: Mother Father Grandparent Guardian Self Work Phone: _____
 Address/City/Zip: _____ Mobile Phone: _____
 Email Address: _____ Emergency: _____

TITLE OF ACTIVITY	DAY/TIME	STUDENT'S FIRST & LAST NAME	AGE	D.O.B.	CLASS FEE

Total Fee _____

VISA MasterCard
 Discover Card American Express # _____ Exp. Date: _____

Authorized Signature _____

Lafayette Community Center
500 St. Mary's Road
Lafayette, CA 94549
(925) 284-2232
www.LafayetteRec.org

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Whether you want to teach your puppy the basics, like sit and stay, or you're ready to tackle AKC obedience trials, our Dog Obedience classes have got you (and Fido) covered. | See page 26