

Lafayette Hiking Group

Fall 2016

Meet in the parking lot out from Lafayette BART's main entrance at 8:30 a.m. unless a different meeting time or place is indicated. We form carpools to the trailhead. Bring lunch or snacks, water, layered clothing, good walking shoes, sun protection and money for transit and food.

Saturday, September 17, Marina to North Beach, San Francisco

Bring BART and Muni fare, and money for lunch or a snack. We will take BART and bus to the Marina district, walk around the Palace of Fine Arts and Marina, then back through North Beach where we can stop for lunch or an Italian dessert and coffee. We will return on BART from the Montgomery Station.

Flat and easy, 5 - 6 miles. Leader: Linda On

Saturday, October 1, Lafayette to Pleasant Hill via Acalanes Ridge

We will start at Lafayette BART, and walk along Deerhill Road to the Elizabeth Street trail to Lafayette Ridge. There we will join the Briones to Mt. Diablo Trail down the ridge, across Pleasant Hill Road and up the Acalanes Ridge. The trail then heads down into Walnut Creek where we pass Larkey Park, then take the Canal Trail to the Iron Horse Trail to Pleasant Hill BART. We will return on BART to Lafayette. Bring Clipper card or BART fare.

About 6 miles with hills, some paved some not paved. Leader: Alison Hill

Saturday, October 29, Walter Costa Trail, Lafayette

We will start at Lafayette BART and walk along Mt. Diablo Blvd or side paths to the Lafayette Community Garden. We will take a short tour of the Garden, then start on the Walter Costa Trail which is across the creek from the Garden. The trail goes along the creek, then on streets up to Quail Ridge, past vineyards, into the woods, through neighborhoods and emerges at Happy Valley School.

We then walk down Happy Valley Road back to BART.

About 4.5 miles, hilly, some paved. Leader: Alison Hill

Questions: LafayetteHiking@comcast.net