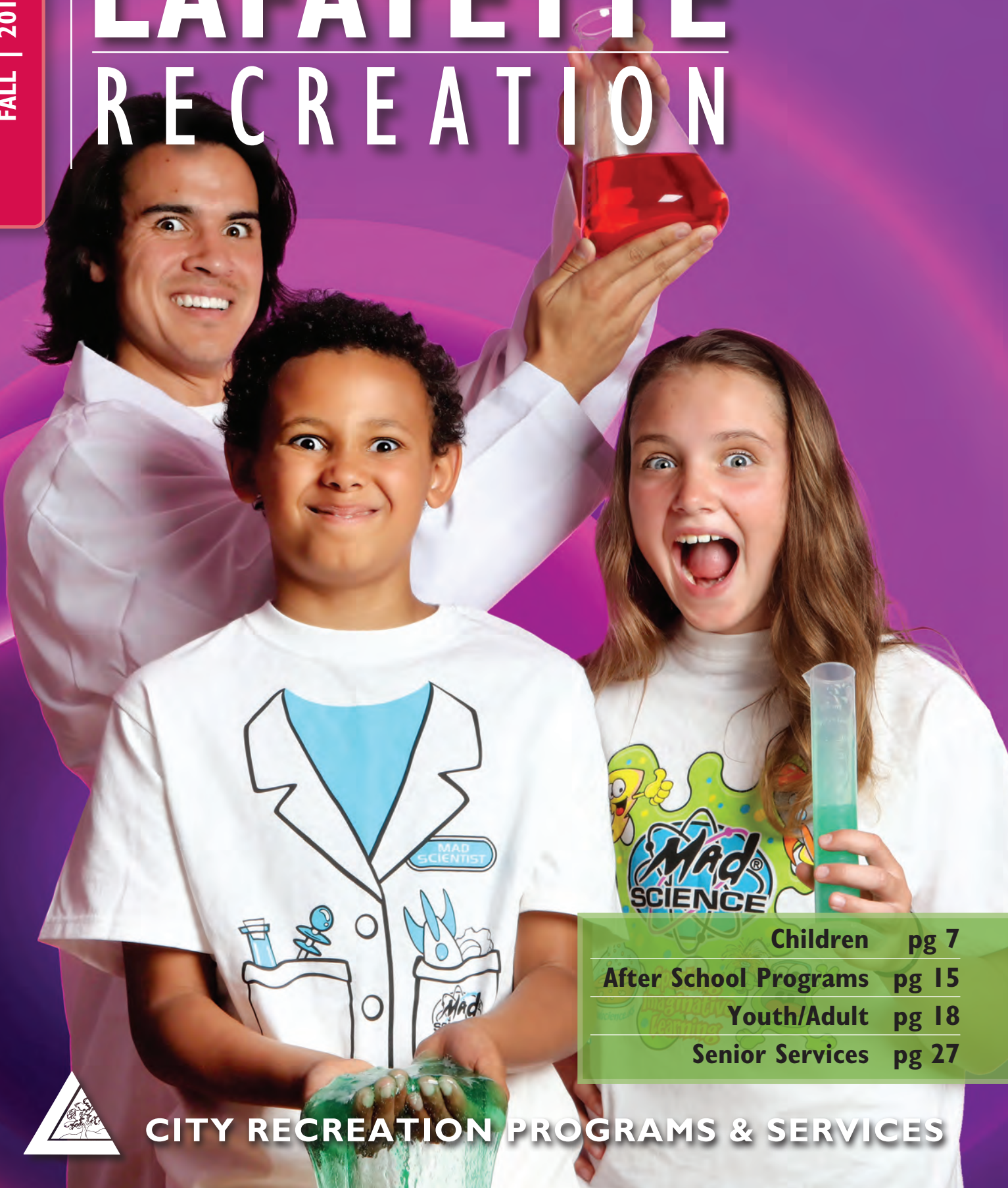


FALL | 2016

LAFAYETTE RECREATION



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CITY RECREATION PROGRAMS & SERVICES

**Donate your car, truck, RV
or boat to benefit the**

Lafayette Community Center



The Lafayette Community Center Foundation wishes to thank all those who have donated their vehicles to help support the Lafayette Community Center. Get rid of your unneeded vehicle and get a tax deduction! Call or go online today.

**1-888-6TO-GIVE (1-888-686-4483)
or www.cardonationservices.com**

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Cover photo provided by Stu Selland

2016

24th Annual
LAFAYETTE
CHAMBER OF COMMERCE
presents
**LAFAYETTE
RESERVOIR
RUN**

Sponsored by
Oakwood

Printing courtesy of
MP

Sunday, October 30th
www.lafayettechamber.org

Presented by: Lafayette Chamber of Commerce
& City of Lafayette

LAFAYETTE RESERVOIR RUN

The Lafayette Reservoir Run is the city's most popular "family affair," involving kids, parents, grandparents, and hundreds of serious runners from throughout the Bay Area. 2200-2500 participants compete in a 10k or 5k Certified Runs and a 2 mile run/walk for fun through the heart of the downtown, around the reservoir and back. Sprinters, walkers, the "stroller brigade" and many of Lafayette's top four legged residents share the streets on that festive Sunday morning.

Sunday, October 30, 2016

**Start Location: Mt. Diablo Blvd. between First St.
& Moraga Rd.**

Registration Opens: 6:30am

Registration:

- Adult registration fee: \$30 Day of Race fee: \$35
- Elementary school fee: \$22 Day of Race fee: \$27

NATIONAL PARK SERVICE TURNS 100!

ON THURSDAY, AUGUST 25, 2016

Did you know that California has 27 National Park Sites, more than any other State, and three of them are very close by? Visiting these sites brings history alive and creates lasting memories.

To get more details contact:

John Muir National Historic Site, 925-228-8860
nps.gov/muwo

Rosie the Riveter/WWII Home Front National Historical Park,
510-232-5050, nps.gov/rori

Eugene O'Neill National Historic Site, 925-838-0249
nps.gov/euon



Lafayette Youth Commission's Annual

HAUNTED HOUSE

Please join us
for a
ghoulishly
good time!

Friday, 10/28 & Sunday, 10/30
5:00-7:00pm — Not Too Scary
Parents accompany children 7 & under

7:30-9:00pm — Very Scary
for children 8 & over

Lafayette Community Center
500 St. Mary's Rd.

Ages 7 & Under: \$3 • Ages 8 & over: \$5

Sponsored by the Lafayette Youth Commission
Proceeds benefit Lafayette Youth Commission Projects



Santa's Bag Boutique

.....
A LAFAYETTE TRADITION
FOR 25 YEARS

Fri, December 2 • 11:00am–7:00pm
Sat, December 3 • 9:00am–5:00pm
Sun, December 4 • 9:00am–5:00pm
Lafayette Community Center

**Featuring Handcrafts
from 60+ Artists**

FREE

Don't Miss the annual Celebrity Gift Baskets at the Boutique. All sales benefit the Lafayette Community Center Foundation.

For more information, call
Judy Gregerson: (510) 918-2280
santasbag@comcast.net



Saturday, Sept. 17th 10–7 PM

Sunday, Sept. 18th 10–6 PM

Downtown Lafayette

TAKE
BART
JUST 1 BLOCK AWAY

— **FREE** —

- Admission • Parking at BART
- Shuttle to Event • Bike Valet Parking

The Lafayette Art & Wine Festival, held each year on the third weekend in September, is the largest event in Lamorinda and one of the five biggest outdoor festivals in Contra Costa County. Over 80,000 attended in 2015, strolling among stalls of art, handmade crafts, sampling foods from top local restaurants, and enjoying quality wines and microbrews. We are a four time winner of the *Diablo Magazine* Best of the East Bay's Best Festival—including winning in 2015.



www.lafayettechamber.org

www.facebook.ca/lafayettefestival
[@friendlychamber#Laffest](https://twitter.com/friendlychamber#Laffest)



Thank You for 37 Wonderful Years

“Looking back on my 37-year career with the City, I treasure those moments when community members trusted me to shepherd in a brand new park, trail route or recreation program. With each grand opening, anticipation turned into joyous activity as community members experienced the power of play.

It has been such a privilege to work with so many remarkable people. Thank you to those who mentored me at the very beginning; who stood by me during those challenging times; who served as role models and sources of inspiration all along the way; and especially those who shared their time and talent for the betterment of this community.

Although I will no longer be at the PTR helm, I expect to see you in the parks, on the trails, or at one of the many city events that inspire us to ‘Love Lafayette.’”

—Jennifer Russell



Themed Birthday Parties

Kinderdance Parties

3-5 yrs

Ballet, creative movement and acrobatics in a music filled movement and dance party.

Location: Toyon Room

Fee: \$200/12 children
\$8/addl. child

Time: 1 hour

Deposit: 50%

Min/Max: --

Contact: Kira Lancaster
(415) 385-6501

Cooking Parties

5-13 yrs

Notify of any food allergies when reserving dates. We do scout badge cooking classes.

Location: LCC Kitchen

Fee: \$380

Time: 2 hours

Deposit: \$190

Min/Max: 10 max

Contact: (925) 932-1114

Kindergym Parties

up to 5 yrs old

Location: Kindergym

Fee: \$195/\$260

Time: 1.5/2 hours

Deposit: Paid at time of booking

Min/Max: 15 max

Contact: (925) 284-2232





School Starts 9/6/16

Lafayette Tiny Tots Preschool

2016-2017 School Year

Lafayette Tiny Tots offers a variety of classes for your active pre-schooler. Your child will enjoy interacting with other pre-schoolers in a warm and loving environment. Each class offers a comprehensive early childhood program with emphasis on providing activities and experiences for children to work, play and grow according to their own pattern of development. The instructors are experienced and possess degrees in early childhood education. *These classes are not parent participation classes, but parents are welcome to stay until their child is comfortable with the environment.*



FALL SPACES AVAILABLE!

2-DAY — Tues/Thurs

9:00-11:45am* | Ages 28 Mos-3¹/₂ Yrs
Begins **Quarterly Fee** **Reg. Fee**
 9/6/16 \$505 \$25 (Annually)
 *Optional Lunch Bunch until 12:30pm

4-DAY — Mo/Tu/We/Fr

9:00am-1:30pm* | Pre-K—Age appropriate to go to TK or K in 2017
Begins **Quarterly Fee** **Reg. Fee**
 9/7/16 \$1,140 \$25 (Annually)

3-DAY — Mon/Wed/Fri

9:00am-1:30pm* | Ages 3¹/₂-5 (Must be 3¹/₂ by 9/1/16)
Begins **Quarterly Fee** **Reg. Fee**
 9/7/16 \$855 \$25 (Annually)

Alphabet Cooking and Kindergym: Extra Day Thursdays, 9am-12:30 available to our 3 or 4 day students. \$320 a session.



The Bay Area's only PRESCHOOL ON DEMAND!

TOT DROP

Only Come When You Want. Only Pay When You Come.

YOU make your own schedule. 9:00 am-1:00 pm

As little as 1 hour or up to 12 hrs/wk. \$12/hr. **You** set your days and arrival & pick up times. Come occasionally, or weekly spots are available. **FREE** cancellation when your plans change.

Never Tried TOT DROP?
 Come and see what you've been missing!

 **COUPON** 

I FREE Hour

\$12 value—New Families Only.
 (1 per family)

DIAPER WEARERS WELCOME. NEW STUDENTS MAY ENROLL AT ANY TIME.

Call to get started
925-284-3999
 Open YEAR ROUND!
www.totdrop.com



ARTS & CRAFTS

Kids' Carpentry

5-12 Yrs

Since 1982 Michael Glass, the director of Kids' Carpentry, has taught thousands of children the safe use of hand tools. Children may choose from a wide variety of projects after first completing their sanding block and supertop. While building their projects from scratch children are introduced to concepts like applied math, problem solving, fine motor skills and empowered with the opportunity to use a large variety of woodworking tools. Our motto: Building confidence and teaching with respect and humor in a safe and happy environment. Fall class is taught by director Michael Glass. *A \$40 supply fee due to instructor on first day.*

FEE	INSTRUCTOR	NO. WKS.	
\$142	Michael Glass	8	
DAY	DATE	TIME	LOCATION
F	9/16-11/4	3:00pm-4:00pm	Arts & Crafts Room
F	9/16-11/4	4:00pm-5:00pm	Arts & Crafts Room
F	9/16-11/4	5:00pm-6:00pm	Arts & Crafts Room



COOKING

Busy Bee Cooks

4-5 Yrs

Have fun with Chef Lynda & Staff. Your children are guided in how to make delicious, healthy food, that builds their self esteem and supports their body. Kids eat what they cook. Your family will spend more time in the kitchen eating your children's creations. *A \$17 supply fee due to instructor on first day.*

FEE	INSTRUCTOR	NO. WKS.	
\$245	Cooking with Kids	5	
DAY	DATE	TIME	LOCATION
T	9/13-10/11	1:30pm-3:00pm	Kitchen

We Teach Your Kids to Cook

6-10 Yrs

Have fun with Chef Lynda & Staff. Your children are guided in how to make delicious, healthy food, that builds their self esteem and supports their body. Kids eat what they cook. Your family will spend more time in the kitchen eating your children's creations. *A \$17 supply fee due to instructor on first day.*

FEE	INSTRUCTOR	NO. WKS.	
\$245	Cooking with Kids	5	
DAY	DATE	TIME	LOCATION
T	9/13-10/11	4:00pm-5:30pm	Kitchen



Chef de Cuisine's Cooking Parties

5-13 Yrs

Your child can have a cooking-themed birthday party in the Lafayette Community Center Kitchen. We provide the chef instructor, the ingredients and the recipes, you provide the guests, favors and cake. For information or to book a party, call (925) 932-1114.

FEE	DEPOSIT	MIN/MAX
\$380 (2 Hours)	\$190	10 Max

Kindergym

All your senses shout "WOW!" when you see our two spacious rooms with their mats, hanging apparatus, tunnels, basketball hoops, balance beam, slides, slopes and more. Visually, we're a colorful wonderland! Kindergym promotes an adult/child one on one situation where the adult provides encouragement and positive reinforcement through play. Each wonderful 45-minute class concludes with a circle time of favorite songs, rhythms and rhymes led by our exceptional and experienced staff.



All children must be accompanied by an adult. Second sibling enrolled in the same class gets a 25% discount! Infant siblings are okay if in back/front packs. Each student may make-up one missed class each session providing space is available. Drop in classes will be announced the second week of the session. Cost is \$13 per class, no discounts for siblings. **Kindergym will be closed 11/11 & 11/21-11/26**

Kindergym

0-4 Yrs

Come play with us at the Lafayette Kindergym! We have an exciting environment filled with fun equipment that will excite your child's senses. Our dedicated and friendly staff will enhance your child's playtime experience and conclude each class with a circle time filled with rhythms, rhymes, and songs. These classes offer children the opportunity to learn through play and physical exploration. They will jump, hop, climb, and balance on a variety of gymnastics equipment. Come enjoy a special bonding time with your child in a safe and clean environment. Each class closes with music and songs facilitated by our wonderful staff. **Skip 11/11 & 11/21-11/26**

FEE	LOCATION	NO. WKS.
\$160	Kindergym	13

DAY	DATE	TIME	INSTRUCTOR
M	9/12-12/12	10:55am-11:40am	Laurie Crudele
M	9/12-12/12	10:05am-10:50am	Laurie Crudele
Tu	9/13-12/13	9:15am-10:00am	Jan Wong
Tu	9/13-12/13	10:05am-10:50am	Jan Wong
W	9/14-12/14	10:05am-10:50am	Elaine Cable
W	9/14-12/14	10:55am-11:40am	Elaine Cable
W	9/14-12/14	9:15am-10:00am	Elaine Cable
Th	9/15-12/15	10:05am-10:50am	Elaine Cable
Th	9/15-12/15	10:55am-11:40am	Elaine Cable
Sa	9/17-12/17	10:30am-11:15am	Staff
Sa	9/17-12/17	9:30am-10:15am	Staff

FEE	LOCATION	NO. WKS.
\$148	Kindergym	12

DAY	DATE	TIME	INSTRUCTOR
F	9/16-12/16	9:15am-10:00am	Laurie Crudele
F	9/16-12/16	10:05am-10:50am	Elaine Cable
F	9/16-12/16	10:55am-11:40am	Elaine Cable

To check availability for drop-in classes, please call (925) 284-2232. Drop-ins are \$13 per class and subject to availability.



Pre-Kindergym

Crawlers and Beginning Walkers

This class gives babies the opportunity to explore and develop their physical skills (readiness for rolling, crawling, walking and learning) in a fun and safe environment. A brief closing circle with music ends each class. **Skip 11/11 & 11/21-11/26**

FEE	LOCATION	NO. WKS.
\$160	Kindergym	13

DAY	DATE	TIME	INSTRUCTOR
M	9/12-12/12	9:15am-10:00am	Laurie Crudele
Tu	9/13-12/13	10:55am-11:40am	Jan Wong
Th	9/15-12/15	9:15am-10:00am	Laurie Crudele

Disco Dance Party in "KLUB KINDERGYM"

Come play and boogie down with your little one, lights and music will help create a fun vibe.

Wednesday, October 12
& Friday, November 4th
at 5:45-7:00pm

\$15 per child per evening
Ages 1-5 accompanied by an adult.

Sign up online www.LafayetteRec.org or call 284-2232
Adults enjoy a wine and cheese tasting.

MUSIC

Music Together

Newborn to 5 Yrs

Celebrating 25 years of family music fun offering songs, dance, instruments and rhythmic chants. The award winning music program for newborns–5 years with the adults who love them. The internationally recognized program was created by the ground-breaking researchers who pioneered parent participation, developmental early childhood music education. Lamorinda Moms, *Bay Area Parent* 2000–2013 and *Parents Press: Best Music Class*. Fee includes CD set song book, parent guide DVD, Musical Growth Chart and two makeup classes. Discount for second child: \$90.

FEE	INSTRUCTOR	NO. WKS.
\$229	East Bay Music Together	10

DAY	DATE	TIME	LOCATION
W	9/14-11/16	9:30am-10:30am	Elderberry Room
W	9/14-11/16	10:30am-11:30am	Elderberry Room
Th	9/15-11/17	9:30am-10:30am	Sequoia Room
Th	9/15-11/17	10:30am-11:30am	Sequoia Room
F	9/16-11/18	9:30am-10:30am	Elderberry Room
F	9/16-11/18	10:30am-11:30am	Elderberry Room
Sa	9/17-11/19	9:30am-10:30am	Elderberry Room
Sa	9/17-11/19	10:30am-11:30am	Elderberry Room
Sa	9/17-11/19	11:30am-12:30pm	Elderberry Room

Kindergym Birthday Party

Up to 6 Yrs

Come play with us on your next birthday at the Lafayette Kindergym, an exciting environment filled with fun equipment that will excite your child's senses and make any birthday party memorable. We provide the staff and music, you provide the guests, favors and cake. To book a party, call (925) 284-2232.

FEE	TIME	MIN/MAX
\$195/\$250	1.5 hrs/2 hrs	15 Max

GYMNASTICS & DANCE

Tiny Tumblers Gymnastics

3-5 Yrs

This class is designed to enhance your child's motor skills, balance, coordination, and confidence. Emphasis is placed on developing beginning gymnastic skills in a fun and social environment and also introducing children to learn to participate in a structured class without their parents. Equipment used in this class includes gymnastic mats, single bars, double bars, balance beams, vaulting blocks, incline and barrel mats, ladders, bouncers and spring board, parachutes, rhythm sticks, tunnels, and more. Music, games and group activities are incorporated into the class. **Skip 10/10, 11/21**

FEE	INSTRUCTOR	NO. WKS.
\$94	California Gymnastics Staff	6

DAY	DATE	TIME	LOCATION
M	9/12-10/24	3:30pm-4:10pm	Kindergym
M	10/31-12/12	3:30pm-4:10pm	Kindergym

Youth Gymnastics

5 1/2-9 Yrs

This class teaches beginning and intermediate gymnastics and tumbling skills and is designed to develop strength, flexibility, agility, and confidence in a fun, non-competitive environment. Students learn gymnastic basics including tumbling, vaulting skills, single bars and balance beams. Strength and flexibility exercises are introduced with fun and challenging games. Equipment incorporated into the class includes mats, single bars, double bars, balance beams, vaulting blocks, incline and barrel mats, ladders, bouncers and spring board, parachutes, and more. **Skip 10/10, 11/21**

FEE	INSTRUCTOR	NO. WKS.
\$103	California Gymnastics	6

DAY	DATE	TIME	LOCATION
M	9/12-10/24	4:15pm-5:10pm	Kindergym
M	10/31-12/12	4:15pm-5:10pm	Kindergym

FUNKMODE Hip Hop: Preschool Edition

3-5 Yrs

In this co-ed class, we teach foundational dance concepts such as rhythm, movement quality, imitating choreography, and body control in addition to classroom etiquette—taking turns, speaking up at the right time and following a lesson plan. We also introduce the basics of Hip Hop history and culture. Kid-friendly Hip Hop/Funk music and movement combined with games will keep your young ones motivated and having fun. This class is great for helping outgoing children learn to express themselves properly in a group environment and aid more introverted children gain confidence and skills necessary to feel comfortable in groups. Students will learn two dances over the course of the session which they'll perform for you during the last 15 minutes of class on the 4th and 8th weeks. www.FUNKMODE.com **Skip 9/29**

FEE	INSTRUCTOR	NO. WKS.
\$169	FUNKMODE	8

DAY	DATE	TIME	LOCATION
Th	9/22-11/17	2:15pm-3:00pm	Live Oak Room

GENERAL ENRICHMENT

Spanish Immersion

3-6 Yrs

Your child will learn Spanish in a hands-on interactive and stimulating environment. In this class your child will develop social, fine, and gross motor skills. Children will have fun singing, doing art, enjoying new friends and many more fun activities. **Skip 11/21**

FEE	INSTRUCTOR	NO. WKS.
\$124	Miriam Lattanzi	5

DAY	DATE	TIME	LOCATION
M	9/12-10/10	3:00pm-5:00pm	Tiny Tots Red Room

FEE	INSTRUCTOR	NO. WKS.
\$148	Miriam Lattanzi	6

DAY	DATE	TIME	LOCATION
M	10/17-11/28	3:00pm-5:00pm	Tiny Tots Red Room

SCIENCE & TECHNOLOGY

Fun with Science and Engineering for Preschoolers

3-5 Yrs

Have fun building hands-on projects and performing science experiments! Example activities include building a simple electric circuit or running lab experiments in the Color Lab. This fun class is the perfect introduction to STEM (Science, Technology, Engineering, Math) through play and exploration. Students will experiment, create, observe, and make predictions in a safe, nurturing environment. **Skip 11/21**

FEE	INSTRUCTOR	NO. WKS.
\$179	Fun With Academics	6

DAY	DATE	TIME	LOCATION
M	9/12-10/17	1:30pm-2:15pm	Cedar Room
M	10/24-12/5	1:30pm-2:15pm	Cedar Room

SPORTS

Make Me A Pro Basketball I

5-6 Yrs

This is a class is lots of fun and will teach the basic techniques of the great game of basketball. Learn techniques of passing and dribbling, and shooting through fun games and drills. This class will be a blast! Please bring water. **Skip 9/29, 11/24**

FEE	INSTRUCTOR	NO. WKS.
\$69	Make Me A Pro Sports Staff	5

DAY	DATE	TIME	LOCATION
Th	9/22-10/27	4:00pm-4:45pm	Rink

FEE	INSTRUCTOR	NO. WKS.
\$82	Make Me A Pro Sports Staff	6

DAY	DATE	TIME	LOCATION
Th	11/3-12/15	4:00pm-4:45pm	Rink

Make Me A Pro Parent & Tot Soccer

2 1/2-4 Yrs

Share the first experience of sports with your tot, the class is an interactive fun class that teaches the game of soccer. Both parent and tot will participate in lots of fun activities while learning. Come join us we're having a ball! **Skip 11/23**

FEE	INSTRUCTOR	NO. WKS.
\$89	Make Me A Pro Sports Staff	6

DAY	DATE	TIME	LOCATION
W	9/21-10/26	10:00am-10:30am	LCP Lower Field
W	11/2-12/14	10:00am-10:30am	LCP Lower Field

Make Me A Pro Pee Wee Soccer

4-5 Yrs

Great class that teaches the basic skills of soccer through fun games and drills. Learn techniques of kicking and dribbling. Come join us we're having a ball. **Skip 11/23**

FEE	INSTRUCTOR	NO. WKS.
\$89	Make Me A Pro Sports Staff	6

DAY	DATE	TIME	LOCATION
W	9/21-10/26	10:30am-11:10am	LCP Lower Field
W	11/2-12/14	10:30am-11:10am	LCP Lower Field

Mommy/Daddy & Me Sports

2 1/2-3 Yrs

This multi-sport tot program was designed to give kids a positive first step into athletics. The fundamentals of soccer, baseball, basketball, and track & field are taught in a structured environment filled with lots of encouragement and a big focus on fun! Through fast paced games and activities, participants explore balance, body movement, coordination, and skill development at their own pace. This program includes Parent Participation. **Skip 11/12, 11/26**

FEE	INSTRUCTOR	NO. WKS.
\$161	Skyhawks Sports Staff	10

DAY	DATE	TIME	LOCATION
Sa	9/24-12/10	9:30am-10:00am	Rink

Tot Sports

3-6 Yrs

This multi-sport tot program combines soccer, baseball, basketball, and track & field in which young athletes discover a passion for a variety of sports. Participants explore balance, body movement, coordination, self-esteem, teamwork, sportsmanship, and sport specific skill development through fast-paced instructional circuits and games. Our curriculum, modified equipment, and highly trained staff provide a safe environment where kids can develop at their own pace. **Skip 11/12, 11/26**

FEE	INSTRUCTOR	NO. WKS.
\$161	Skyhawks Sports	10

AGES	DAY	DATE	TIME	LOCATION
3-4 Yrs	Sa	9/24-12/10	10:15am-11:00am	Rink
4-6 Yrs	Sa	9/24-12/10	11:15am-12:00pm	Rink

Skyhawks Tot Golf

3-5 Yrs

This program was designed to give children a positive first step into Soccer. Your young athlete will learn the fundamentals of dribbling, passing and shooting in a fun, safe and positive environment. Through age appropriate games and activities, participants learn balance, body movement, foot/eye coordination, teamwork and sportsmanship! **Skip 10/10, 11/21**

FEE	INSTRUCTOR	NO. WKS.
\$161	Skyhawks Sports Staff	10

DAY	DATE	TIME	LOCATION
M	9/19-12/5	1:15pm-2:00pm	LCP Lower Field

All Skyhawks Sports participants receive a Skyhawks T-Shirt and Merit Award.

(925) 284-2232 | www.LafayetteRec.org

Skyhawks Tot Basketball

3-5 Yrs

Skyhawks Tot Basketball was designed to give children a positive first step to the exciting game of Basketball. Using our progression curriculum and modified equipment, participants learn Basketball fundamentals and social skills through a series of fast-paced instructional circuits and developmental games. Our primary development objectives include dribbling, passing, shooting, rebounding, balance, body movement, hand/eye coordination, self-esteem, teamwork, and sportsmanship! **Skip 10/26, 11/23**

FEE	INSTRUCTOR	NO. WKS.
\$142	Skyhawks Sports	9

DAY	DATE	TIME	LOCATION
W	9/28-12/7	4:15pm-5:00pm	Jennifer Russell Bldg.

Skyhawks Tot Baseball

3-5 Yrs

Skyhawk's Tot Baseball was designed to give children a positive first step into America's pastime. Using our progression curriculum and modified equipment, participants learn baseball fundamentals and social skills through a series of fast-paced instructional circuits and developmental games. Our primary development objectives include throwing, catching, hitting, base-running, balance, body movement, hand/eye coordination, self-esteem, teamwork, and sportsmanship! **Skip 10/25, 11/22**



FEE	INSTRUCTOR	NO. WKS.
\$142	Skyhawks Sports	9

DAY	DATE	TIME	LOCATION
T	9/27-12/6	5:15pm-6:00pm	Jennifer Russell Bldg.

All Skyhawks Sports participants receive a Skyhawks T-Shirt and Merit Award.

Little Kickers (Indoor Soccer)

4-5 Yrs

Learn the basics of soccer. This introductory soccer class will help players learn the game and give them a chance to play on a team as they run kick and score their way to a good time. Participants will play games on teams that will be made after the first week of class. We will take team requests at the first meeting. After the first week you will receive a schedule and roster that will tell you your game times for the rest of the season. **Skip 10/25**

FEE	INSTRUCTOR	NO. WKS.
\$81	City Staff	7

DAY	DATE	TIME	LOCATION
T	9/20-11/8	4:00pm-4:45pm	Jennifer Russell Bldg.

Mommy/Daddy & Me Soccer

2-3 1/2 Yrs

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, parents are part of the action, not watching from the sidelines! All kids receive a soccer jersey. **Skip 12/23, 12/30**

FEE	INSTRUCTOR	NO. WKS.
\$114	Kidz Love Soccer	8

DAY	DATE	TIME	LOCATION
F	9/16-11/4	5:10pm-5:40pm	Rink

FEE	INSTRUCTOR	NO. WKS.
\$68	Kidz Love Soccer	4

DAY	DATE	TIME	LOCATION
F	12/9-1/13	5:10pm-5:40pm	Rink

Tot Soccer

3 1/2-4 Yrs

Little tykes enjoy running and kicking just like the big kids! Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Each participant receives a Kidz Love Soccer jersey! Shin guards are required after the first meeting. **Skip 12/23, 12/30**

FEE	INSTRUCTOR	NO. WKS.
\$114	Kidz Love Soccer	8

DAY	DATE	TIME	LOCATION
F	9/16-11/4	5:50pm-6:20pm	Rink

FEE	INSTRUCTOR	NO. WKS.
\$68	Kidz Love Soccer	4

DAY	DATE	TIME	LOCATION
F	12/9-1/13	5:50pm-6:25pm	Rink

Pre-Soccer

4-5 Yrs

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. All participants receive a soccer jersey! Shin guards are required after the first meeting. **Skip 12/23, 12/30**

FEE	INSTRUCTOR	NO. WKS.
\$114	Kidz Love Soccer	8

DAY	DATE	TIME	LOCATION
F	9/16-11/4	6:20pm-6:55pm	Rink

FEE	INSTRUCTOR	NO. WKS.
\$68	Kidz Love Soccer	4

DAY	DATE	TIME	LOCATION
F	12/9-1/13	5:50-6:25pm	Rink

DANCE & MUSIC

Irish Step Dancing

5-16 Yrs

The McBride School of Irish Dance is now offering Irish Dance classes in the Lafayette area for children ages 5 to 16. Our mission is to offer quality Irish Dance instruction, while providing a safe, supportive and positive learning environment in a family oriented school. As our students progress in their skills, they will have opportunities to pursue performances, team dancing and competition at their own pace. Our caring instructors recognize that each dancer is unique and we encourage our dancers to develop their individual talents in a supportive and respectful atmosphere. Irish Dancing is a rewarding activity that teaches discipline, develops character, instills dedication and builds confidence, all while making lasting friends and memories. **Skip 11/23**

Level I: Intro to Irish Dance (soft shoes)

Level II: Returning students having completed Level 1. Soft shoes, learning beginning hard shoe.

Level III: Int/Adv higher level of progression.

FEE	INSTRUCTOR	NO. WKS.
\$160	McBride Irish Dancers	13

LEVEL	DAY	DATE	TIME	LOCATION
I	W	9/14-12/14	3:15pm-4:00pm	Toyon Room
II	W	9/14-12/14	4:00pm-5:00pm	Toyon Room
III	W	9/14-12/14	5:00pm-6:00pm	Toyon Room

Beginning and Intermediate Guitar

T 10 Yrs and Up

Most pop songs use only 3 or 4 simple chords, so you will be playing real songs in just a few weeks. It's easy, and small class size allows for individual attention from instructor. Instructor has BA and MA in music and over 20 years of teaching experience. *A \$5 supply fee is payable to the instructor at first class.* **Skip 10/10**

FEE	INSTRUCTOR	NO. WKS.
\$154	Ted Crowley	10

Beginning

DAY	DATE	TIME	LOCATION
M	9/12-11/21	4:45pm-5:30pm	Elderberry Room

Intermediate

DAY	DATE	TIME	LOCATION
M	9/12-11/21	5:30pm-6:15pm	Elderberry Room

Beginning Piano/Keyboard

T 10 Yrs and Up

Most popular songs use only 3 or 4 simple chords. You can learn to play your favorites on the piano in just a few weeks. Only 6 students per class so you will get the help you need. No prior experience is required. It's easy and fun! *There is a \$10 materials fee for the textbook.* Bring your keyboard to class. **Skip 10/10**

FEE	INSTRUCTOR	NO. WKS.
\$154	Ted Crowley	10

DAY	DATE	TIME	LOCATION
M	9/12-11/21	4:00pm-4:45pm	Elderberry Room

SPORTS

Soccer 1: Techniques & Teamwork

5-6 Yrs

Players will learn dribbling, passing, receiving, shooting, defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sized soccer matches will be introduced gradually. Each participant receives a Kidz Love Soccer jersey! Shin guards are required after the first meeting.

FEE	INSTRUCTOR	NO. WKS.
\$114	Kidz Love Soccer	8

DAY	DATE	TIME	LOCATION
F	9/16-11/4	4:15pm-5:00pm	Rink

FEE	INSTRUCTOR	NO. WKS.
\$68	Kidz Love Soccer	4

DAY	DATE	TIME	LOCATION
F	12/9-1/13	4:15pm-5:00pm	Rink

Soccer 2: Techniques & Teamwork

7-10 Yrs

Kidz will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will include drills and small-sized scrimmages. All levels are welcome to come enjoy the world's most popular game! Each participant receives a Kidz Love Soccer jersey! Shin guards are required.

FEE	INSTRUCTOR	NO. WKS.
\$114	Kidz Love Soccer	8

DAY	DATE	TIME	LOCATION
F	9/16-11/4	3:30pm-4:15pm	Rink

FEE	INSTRUCTOR	NO. WKS.
\$68	Kidz Love Soccer	4

DAY	DATE	TIME	LOCATION
F	12/9-1/13	3:30pm-4:15pm	Rink

Camp Awesome Fall— Thanksgiving Break

4-14 Yrs

Enjoy Thanksgiving Break at Camp Awesome doing arts and crafts, sports and games (soccer, hockey, capture the flag, medic ball and more), hikes and a ton of Awesome fun. Snack will be provided, wear sporty clothing, bring a water bottle, lunch and be ready for fun! Campers will be divided into groups based on age. Early Care and after care available. Camp Awesome Day After Care features movies and popcorn!

INSTRUCTOR	LOCATION	NO. DAYS
Lafayette Staff	Jennifer Russell Building	3

TYPE	DAY	DATE	TIME	FEE
Daily	M-W	11/21-11/23	9:00am-2:00pm	\$40/day
Early Care	M-W	11/21-11/23	7:30-9:00am	\$10/day
After Care	M-W	11/21-11/23	2:00-5:00pm	\$25/Day

Fall Ball

5-10 Yrs

Big league fundamentals for Little League players. All the training, without the travel! Lafayette Recreation is teaming up with Lafayette Little League and reputed pitching coach Jeff Pick of The Baseball Academy and his well-trained team of coaches to offer a

fall baseball program designed to improve the abilities of players at ALL skill levels. Learn the mechanics, get the repetitions, and see improvements that will make the game more fun. From the basics of catching, hitting and fielding to the complexities of team defense base running, this program will break it down to simple steps that can be worked on at home. Hard work in the fall will pay dividends in the Spring season. Please sign up for the age group the player will be in for spring season.



FEE	INSTRUCTOR	NO. WKS.
\$224	Jeff Pick	4

5-6 Yrs

DAY	DATE	TIME	LOCATION
M/W	9/5-9/28	3:30pm-4:30pm	Buckeye South Field
M/W	10/3-10/26	3:30pm-4:30pm	Buckeye North Field

7-8 Yrs > FULL! JOIN THE WAITLIST! <

DAY	DATE	TIME	LOCATION
M/W	9/5-9/28	4:30pm-5:30pm	Buckeye South Field
M/W	10/3-10/26	4:30pm-5:30pm	Buckeye South Field

9-10 Yrs

DAY	DATE	TIME	LOCATION
M/W	9/5-9/28	5:30pm-6:30pm	Buckeye North Field
M/W	10/3-10/26	5:30pm-6:30pm	Buckeye South Field

GENERAL ENRICHMENT

Engineering FUNdamentals using LEGO®

5-10 yrs

Power up your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO®! Apply real world concepts in physics, engineering, and architecture through engineer-designed projects such as arch bridges, skyscrapers, motorized cars, and the Battltrack! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level.

FEE	INSTRUCTOR	NO. WKS.
\$115	Play-Well TEKnologies	1

DAY	DATE	TIME	LOCATION
M-W	11/21-11/23	9:00am-12:00pm	Elderberry Room

FITNESS

Karate

T 7-17 Yrs

Classes are divided by and catered toward different skill levels. Open class is offered for all skill levels and is designed to build self-confidence while learning how to throw, strike, block and fall without hurting oneself. Intermediate/Advanced class is available to current students who rank above 8th kyu and is designed to build upon the basics, learn more advanced techniques, and cultivate a higher understanding of karate. All students will be given the opportunity to compete in AAU sanctioned tournaments, as well as Open Karate tournaments. Annual AAU insurance—\$14-Youth—is required. Belt ranking fees also apply, please inquire in class. **Skip 5/30**

Start any time. Register at class.

www.kyokushinkarate-lafayette.com. Fees depend on how many days attended per week:

Classes per Week/Fees:

2/\$50/month 3/\$65/month 4/\$75/month

LEVEL	DAY/DATE	TIME
Open	Mo/We—Ongoing	7:00-8:00pm

MIN/MAX	INSTRUCTOR	LOCATION
5/30	Danielle Jolin	Live Oak Room

LEVEL/DAY/DATE	TIME
Tu: Advanced/Th: Intermediate—Ongoing	4:00-5:30pm

MIN/MAX	INSTRUCTOR	LOCATION
5/12	Danielle Jolin	Live Oak Room

Blue Angels Youth Ski & Snowboard Program

T The Blue Angels program gives children and teens the opportunity to ski or snowboard the Sierra's with friends and other snow sport enthusiasts in a fun, yet structured environment.

Open to all ability levels, from first-timers to experts, the program consists of 5 full Saturday's of professional coaching taught by resort instructors, lift tickets, luxury bus transportation to Sierra-at-Tahoe Resort, constant adult supervision, lunch and snacks, Pro-Tec snow helmet, sponsor goodie bag and equipment rental/leasing discounts. The Blue Angels program provides a learning environment that fosters independence, builds self-esteem and boosts athletic skills. Please visit www.BlueAngelSnow.com or call (925) 939-7669 for more information, pick up locations and times.



2017 Program Dates: Saturdays, 1/21, 1/28; 2/4, 2/11, 2/25
Program Fee: \$949



Berkeley Chess L C

1st-5th Grade

Chess is fun and can be used quickly and easily. Studies have found that chess helps improve test results in reading, science and math and produces growth in critical cognitive skills. Beyond academia, chess influences social behavior including self esteem, respect for others, patience and good sportsmanship. And did we mention that it's FUN! **Monday: Skip 9/26, 10/10, 11/21; Thursday: Skip 9/29, 11/24**

FEE	INSTRUCTOR	NO. WKS.	
\$204	Berkeley Chess	11	
DAY	DATE	TIME	LOCATION
Th	9/22-12/15	2:45pm-3:45pm	Lafayette Elementary, Science Room

FEE	INSTRUCTOR	NO. WKS.	
\$184	Berkeley Chess	10	
DAY	DATE	TIME	LOCATION
M	9/19-12/12	3:15pm-4:15pm	Cedar Room*

*Bus from Burton Valley Elementary (1st-5th grade only): \$30

Chess Class S

1st-5th Grade

This class is a great opportunity for kids to learn how to overcome obstacles, think strategically, and stay focused. Lessons, include easy-to-follow instructions, tournament games when kids play against each other, as well as video presentation and puzzles. All necessary equipment (boards, pieces, clocks, demo tools) are provided. **Skip 9/29, 11/24**

FEE	INSTRUCTOR	NO. WKS.	
\$144	Pacific Chess Academy	11	
DAY	DATE	TIME	LOCATION
Th	9/22-12/15	2:45pm-3:45pm	Springhill Elem., MPR

French L

1st-5th Grade

This fun and engaging class follows the natural language acquisition process of hearing, imitating and repeating, speaking and comprehending, then reading and writing. Through games, music, poetry and songs learners will discover many aspects of French life and culture and learn strategies for life long language learning. **Skip 9/28**

FEE	INSTRUCTOR	NO. WKS.	
\$170	Audrey Collec	8	
DAY	DATE	TIME	LOCATION
W	9/21-11/16	1:45pm-2:45pm	Lafayette Elementary, Science Room

Fun Messy Art C

1st-5th Grade

Avocado Art Studio for Kids will be offering Fun Messy Drawing and Painting Classes. Developing line drawing will be the focus of this course. Students will have different themes each week from figure drawings, portraiture, still life, photomontage to contemporary abstract paintings. They will have a great opportunity to work with a variety of materials and unconventional approaches to develop the body of work on paper and canvas. Check us out on Facebook @ Avocado-Art-Studio-for-Kids. **Skip 9/27, 11/22**

FEE	INSTRUCTOR	NO. WKS.	
\$200	Yana Verba	11	
DAY	DATE	TIME	LOCATION
T	9/20-12/13	3:15pm-4:30pm	Arts & Crafts Room*

*Bus from Burton Valley Elementary (1st-5th grade only): \$33

3D Printing Pen Fun L

2nd-5th Grade

Please join us for a high-tech and creative class! 3D printing pens are the latest technology in the 3D printing craze. Kids will learn how to create both 2D and 3D artwork and other fun projects through the use of a 3D printing pen. The instructor will teach different art techniques used to bring the student's ideas and creations to life! Lots of great take home projects. The only limit is their imagination. *A \$20 supply fee due to instructor on first day.* **Skip 9/27, 11/22**

FEE	INSTRUCTOR	NO. WKS.	
\$247	Bricks 4 Kidz	11	
DAY	DATE	TIME	LOCATION
T	9/20-12/13	2:45pm-4:00pm	Lafayette Elementary, Science Room



S Springhill Elementary	L Lafayette Elementary	H Happy Valley Elementary	C Community Center (Burton Valley)
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Fun with Science and Engineering **L**

1st-5th Grade

Have fun building hands-on projects and performing science experiments! Students will build projects such as a Catapult or Electronic Gameboard. They will run lab experiments like The Bubble Lab or The Taste Lab. Students will increase their exposure to STEM (Science, Technology, Engineering, Math), gain an understanding for how things around them work, and learn how to break down and analyze problems. **NEW PROJECTS FOR RETURNING STUDENTS! Skip 9/26, 10/10, 11/21**

FEE	INSTRUCTOR	NO. WKS.	
\$179	Fun With Academics	5	
DAY	DATE	TIME	LOCATION
M	9/19-10/31	2:45pm-3:45pm	Lafayette Elementary, Science Room
M	11/7-12/12	2:45pm-3:45pm	Lafayette Elementary, Science Room

Mission to Space and a Galaxy Far, Far Away **S**

K-5th Grade

Get inspired to blast off and explore the solar system in this fun, educational class. From blasting off from the Kennedy Space Center to exploring the moon and Mars and beyond into the realm of Star Wars, each lesson will challenge students to use their imaginations as they learn about space exploration all while creating with the world's most popular toy—LEGO®. Each lesson reinforces the S.T.E.M. and CORE concepts. **Skip 9/26, 10/10, 11/21**

FEE	INSTRUCTOR	NO. WKS.	
\$225	Bricks 4 Kidz Staff	10	
DAY	DATE	TIME	LOCATION
M	9/19-12/12	2:45pm-3:45pm	Springhill Elem., MPR

Soccer 2: Techniques & Teamwork **C**

7-10 Yrs

Kidz will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will include drills and small-sided scrimmages. All levels are welcome to come enjoy the world's most popular game! Each participant receives a Kidz Love Soccer jersey! Shin guards are required.

FEE	INSTRUCTOR	NO. WKS.	
\$114	Kidz Love Soccer	8	
DAY	DATE	TIME	LOCATION
F	9/16-11/4	3:30pm-4:15pm	Rink*

*Bus from Burton Valley Elementary (1st-5th grade only): \$24

Make Me A Pro Basketball 2 **C**

1st-5th Grade

This is a class is lots of fun and will teach the basic techniques of the great game of basketball. Learn techniques of passing and dribbling, and shooting through fun games and drills. This class will be a blast! Please bring water. **Skip 9/29, 11/24**

FEE	INSTRUCTOR	NO. WKS.	
\$69	Make Me A Pro Sports Staff	5	
DAY	DATE	TIME	LOCATION
Th	9/22-10/27	3:15pm-4:00pm	Rink*

FEE	INSTRUCTOR	NO. WKS.	
\$82	Make Me A Pro Sports Staff	6	
DAY	DATE	TIME	LOCATION
Th	11/3-12/15	3:15pm-4:00pm	Rink*

*Bus from Burton Valley Elementary (1st-5th grade only): \$15 (5 wks)/\$18 (6 wks)

Make Me A Pro Soccer **S**

1st-5th Grade

Great class that teaches the basic skills of soccer through fun games and drills. Learn techniques of kicking and dribbling. Come join us we're having a ball. **Skip 9/30, 11/11, 11/25**

FEE	INSTRUCTOR	NO. WKS.	
\$134	Make Me A Pro Sports Staff	10	
DAY	DATE	TIME	LOCATION
F	9/23-12/16	2:45pm-3:45pm	Springhill Elem., MPR

S	L	H	C
Springhill Elementary	Lafayette Elementary	Happy Valley Elementary	Community Center (Burton Valley)

Standing Ovations Presents *Frisco! The Musical* **H**

2nd-5th Grade

Do you like pie? Then come join the fun in this World-Premiere Musical set in the 1920s that features Goofy Gangsters, Silly Showgirls, a Bevy of Bakers, and ends with a Pie Fight on stage! No experience required; everyone is guaranteed a speaking role and tons of fun. Class culminates in a fully staged and costumed production the week of December 5. Written and Directed by Barrett Lindsay-Steiner. A toe-tapping, gum-chewing, pie-throwing premiere! **Skip 11/25**

FEE	INSTRUCTOR		NO. WKS.
\$429	Barrett Lindsay-Steiner/Standing Ovations		13
DAY	DATE	TIME	LOCATION
F	9/9-12/9	3:00pm-5:30pm	Happy Valley Elem., Gym

Ticket To Ride with LEGO® **C**

K-5th Grade

Delve into the history and mechanics of amusement park rides as we construct various popular rides with LEGO® bricks. Lessons incorporate principles of physics and engineering, described in a way children can understand, such as G-force, inertia and momentum, as well as math concepts such as there are 360 degrees in a circle. These engaging lessons will give students an understanding of the physical forces they experience every day all while reinforcing the S.T.E.M. and CORE concepts and playing with the world's most popular toy—LEGO®. **Skip 9/27, 11/22**

FEE	INSTRUCTOR		NO. WKS.
\$247	Bricks 4 Kidz Staff		11
DAY	DATE	TIME	LOCATION
T	9/20-12/13	3:15pm-4:15pm	Elderberry Room*

*Bus from Burton Valley Elementary (1st-5th grade only): \$33

After School Awesome **C**

5-12 Yrs

Hang out with Camp Awesome Staff! Enjoy the game room, art and games! This pairs great with Thursday after school programs. **Skip 10/27**

FEE	INSTRUCTOR		NO. WKS.
\$81	Recreation Staff		9
DAY	DATE	TIME	LOCATION
Th	9/22-11/17	4:15pm-5:30pm	Jennifer Russell Bldg.

S Springhill Elementary	L Lafayette Elementary	H Happy Valley Elementary	C Community Center (Burton Valley)
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Wacky Wonders! **C S**

1st-5th Grade

Looking at ways that our brain is tricked and the science that explains the mysteries behind our entertainment—from toys to special FX, optical illusions and magic—prepare to be confused and enlightened. Help us use science to solve the mystery of chemistry! With hands on activities, we will explore mysterious mixtures and surprising solutions. We will learn about the science of our taste buds and get interactive experience with sensory tests! As we discover the science around us, you will take something home with you after every class to help you continue your investigations at home! **Monday: Skip 9/26, 10/10, 11/21; Tuesday: Skip 9/27, 11/22**

FEE	INSTRUCTOR		NO. WKS.
\$228	Mad Science Staff		10
DAY	DATE	TIME	LOCATION
M	9/19-12/12	3:15pm-4:15pm	Arts & Crafts Room*
FEE	INSTRUCTOR		NO. WKS.
\$252	Mad Science Staff		11
DAY	DATE	TIME	LOCATION
T	9/20-12/13	2:45pm-3:45pm	Springhill Elem., MPR

*Bus from Burton Valley Elementary (1st-5th grade only): \$30



After School Programs at 4 Locations

This year Lafayette Recreation will be offering onsite after school programs at Lafayette Elementary, Happy Valley and Spring Hill. We will also be offering after school programs (ASP) for everyone at the Lafayette Community Center. The Community Center ASP classes will start at 3:15 so participants can carpool from any school.

Bus from Burton Valley

Burton Valley students also have the option to take the Lamorinda School Bus (Route 25 and 28) from Burton Valley to the new stop at the Lafayette Community Center!

Upon arrival at the center, students will be picked up by City staff and escorted to their ASP class. *If you already have an annual bus pass you may use your pass or you can add a Burton ASP Bus Pass to your purchase when you sign up for your ASP class. ASP Bus Passes are good for everyday of the class you sign up for and average \$3 a ride. Annual Bus Passes can be purchased at www.LamorindaSchoolbus.org



Yoga for Kids! L

1st-5th Grade

Fun and engaging classes explore yoga poses, creative songs, cooperative games, breathing and relaxation exercises. Development of self-expression and body-awareness will also be taught in a non-competitive, fun atmosphere. Students will develop strength, flexibility, memory, concentration and confidence! For more info or to contact instructor go to jennamarynyoga.com **Skip 9/27, 10/11, 11/22**

FEE	INSTRUCTOR	NO. WKS.	
\$189	Jenna Maryn Mitchell	10	
DAY	DATE	TIME	LOCATION
T	9/20-12/13	2:45pm-3:45pm	Lafayette Elementary, Room 23A

Dodge Ball C

7-10 Yrs

Big or small it doesn't matter...some throw hard...some are hard to hit...Dodge Ball is for anyone that wants to have fun! Our expert coaches have years of experience and more than 10 games in their arsenal. Traditional dodge balls are a thing of the past—use our softer, easy to grab dodge balls for a rockin' time. **Skip 10/24, 10/31**

FEE	INSTRUCTOR	NO. WKS.	
\$70	Recreation Staff	8	
DAY	DATE	TIME	LOCATION
M	9/26-11/14	4:15pm-5:15pm	Jennifer Russell Bldg.*

FUNKMODE Hip Hop and Breakdance C L

K-5th Grade

Does your child love to dance? Can't sit still when music comes on? Then they are ready for FUNKMODE Hip Hop and Breakdance! Students will build their confidence while learning various Hip Hop dance styles in a positive, encouraging atmosphere. We have developed a unique curriculum to ensure they will learn musicality, choreography and performance skills each week, while using their own creativity and personal expression. This empowering dance style is great for girls and boys because Hip Hop is for everyone! (Show day on last day of class.) **Fridays: Skip 9/30, 11/11, 11/25**
Thursdays: Skip 9/29, 11/24

FEE	INSTRUCTOR	NO. WKS.
\$204	FUNKMODE Crew	11

DAY	DATE	TIME	LOCATION
Th	9/22-12/15	3:15pm-4:15pm	Live Oak*

FEE	INSTRUCTOR	NO. WKS.
\$189	FUNKMODE Crew	10

DAY	DATE	TIME	LOCATION
F	9/23-12/16	2:45pm-3:45pm	Lafayette Elementary, Room 23A*

***Bus from Burton Valley Elementary (1st-5th grade only): \$33**

Group Voice C

7-11 Yrs

Group voice class will focus on vocal technique, including mastering the proper breathing technique, developing the vocal registers, increasing vocal range, enriching resonance and extending flexibility. Much of the class time will be spent on developing the performance. Students will learn to combat stage fright, learn stage presence and build confidence on the stage. Some class time will be spent on preparing for the audition: including how to choose the appropriate song and how to make a positive impression on the auditioning panel. Musical Theater technique and song repertoire will be taught. **Skip 9/29 & 11/24**

FEE	INSTRUCTOR	NO. WKS.
\$202	Myeve Capozzi	11

DAY	DATE	TIME	LOCATION
Th	9/22-12/15	3:15pm-4:15pm	Toyon Room*

***Bus from Burton Valley Elementary (1st-5th grade only): \$33**

S
Springhill Elementary

L
Lafayette Elementary

H
Happy Valley Elementary

C
Community Center (Burton Valley)



TENNIS

Beginning Pee Wee Tennis

4-5 Yrs

This class is for beginners or students that are continuing on with lessons. Introduction to basic groundstroke, volley and serve technique. Fun games, drills and live ball rallying are part of this class.

FEE	INSTRUCTOR	NO. WKS.	
\$69	Lafayette Tennis Club	8	
DAY	DATE	TIME	LOCATION
M	9/26-11/14	3:00pm-3:30pm	Tennis Club
W	9/28-11/16	3:00pm-3:30pm	Tennis Club
Sa	10/1-11/19	9:00am-9:30am	Tennis Club

Beginning Junior Tennis

6-9 Yrs

This class is for beginners or students that are continuing on with lessons. Introduction to basic groundstroke, volley and serve technique. Fun games, drills and live ball rallying are part of this class.

FEE	INSTRUCTOR	NO. WKS.	
\$134	Lafayette Tennis Club Staff	8	
DAY	DATE	TIME	LOCATION
M	9/26-11/14	3:30pm-4:30pm	Tennis Club
W	9/28-11/16	3:30pm-4:30pm	Tennis Club
Sa	10/1-11/19	9:30am-10:30am	Tennis Club

Beginning Youth Tennis

10-14 Yrs

This class is for beginners or students that are continuing on with lessons. Introduction to basic groundstroke, volley and serve technique. Fun games, drills and live ball rallying are part of this class.

FEE	INSTRUCTOR	NO. WKS.	
\$134	Lafayette Tennis Club	8	
DAY	DATE	TIME	LOCATION
M	9/26-11/14	4:30pm-5:30pm	Tennis Club
W	9/28-11/16	4:30pm-5:30pm	Tennis Club
Sa	10/1-11/19	10:30am-11:30am	Tennis Club

Beginning Adult Tennis

18 Yrs and Up

This class is for beginners or students that are continuing on with lessons. Introduction to basic groundstroke, volley and serve technique. Fun games, drills and live ball rallying are part of this class.

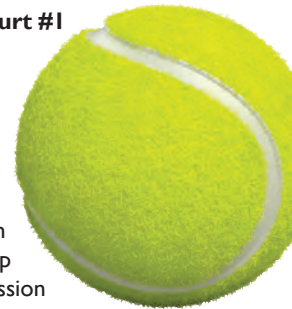
FEE	INSTRUCTOR	NO. WKS.	
\$134	Lafayette Tennis Club Staff	8	
DAY	DATE	TIME	LOCATION
M	9/26-11/14	6:30pm-7:30pm	Tennis Club
W	9/28-11/16	6:30pm-7:30pm	Tennis Club

All tennis classes are located at the Lafayette Tennis Club, 3125 Camino Diablo Road. 937-2582

First class meets in the gazebo near court #1

Classes are subject to change based on enrollment numbers. If your class is cancelled, you will be notified four days prior to the first class and offered options.

Rainouts: Call Lafayette Tennis Club at 937-2582; the hotline is updated at 8:00am and 2:00pm daily. All rainouts will be made up the following week(s) after the end of the session on the same day.



FITNESS



Jazzercise

18 Yrs and Up

Jazzercise is a pulse-pounding, bass-dropping fitness program that gets results...fast. It's a calorie-torching, hip-swivling dance party workout with a hot playlist to distract from the burn. Customers can incinerate up to 800 calories in a 60-minute class. Workout includes warm up, cardio, muscle toning, strength training with weights and stretching. Wear aerobic shoes and bring a mat. www.jazzercise.com.

Enjoy Jazzercise Everyday!



On-going. Sign-up anytime. Register at class.

Contacts: Nancy G. 937-6768 | Cyndi B. 528-9836

FEE	EFT FEE	LOCATION
\$12 Walk-in	\$50/Mo EFT Unlimited Pass	Live Oak Room
Weekend rate available		
*EFT = Electronic Fund Transfer, month-to-month payment plan		

DAY	START TIME	INSTRUCTOR
M/W/F	6:00am	Nancy G
M/Tu/W/Th/F	9:10am	Nancy G
M/W	5:45pm	Cyndi B
Tu/Th	6:00pm	Cyndi B
Sa	9:00am	Nancy G
Su	9:00am	Cyndi B

Train Your Mind and Spirit to Repair Your Body

18 Yrs and Up

In this class an integral approach to rebuilding the union between the mind, body and spirit is explored. The 3 must be integrated. When integration takes place there is a balance between the mind, body and spirit. The mind must be focused and entered, the body in good physical condition, and the spirit loving and compassionate.

The three part class includes:

Part 1: Targeted stretching and a series of slow graceful moments.

Part 2: Exercises for the right/left brain integration, memory and focus, meditation will be taught.

Part 3: Hand-eye coordination and integrative balance moments.

FEE	INSTRUCTOR	NO. WKS.
\$49	Ken McNamara	7

DAY	DATE	TIME	LOCATION
M	9/12-10/24	10:30am-11:45am	Toyon Room
M	10/31-12/19	10:30am-11:45am	Toyon Room



Seniorcise

55 Yrs and Up

Exercise your body and your mind. It's an effective combination of low-impact exercise, weight training and stretching. Each one-hour session is designed to increase strength, cardiovascular endurance, flexibility and balance. ALL fitness levels are welcome! Bring a mat, a pair of 2-3 lb hand weights and come exercise with GREAT people to the BEST music from the Big Band era through the 60's! **Skip 11/24**

FEE	INSTRUCTOR	NO. WKS.
\$79	Susan Funkhouser	15

DAY	DATE	TIME	LOCATION
M	9/12-12/19	10:30am-11:30am	Live Oak
Th	9/8-12/22	10:30am-11:30am	Live Oak

FEE	INSTRUCTOR	NO. WKS.
\$84	Susan Funkhouser	16

DAY	DATE	TIME	LOCATION
T	9/6-12/20	10:30am-11:30am	Live Oak
W	9/7-12/21	10:30am-11:30am	Live Oak

Tong Ren Qi Gong

18 Yrs and Up

Ancient exercise meets neuroscience. A 21st century perspective on 2,500 years plus old Chinese energy practice. Easy to learn. Does not need much time to practice every day. Helpful with stress and various chronic conditions. **Skip 11/25**

FEE	INSTRUCTOR	NO. WKS.
\$54	Henry Yu	12

DAY	DATE	TIME	LOCATION
F	9/16-12/9	9:30-11:00am	Cedar Room

ADULTS

YOGA

Evening Hatha Yoga

16 Yrs and Up

This beginning/intermediate beginning class promotes strength building and flexibility through proper physical alignment of the asanas (postures) as well as relaxation techniques through various breathing practices. Poses are adjusted to suit different ages and body types. Bring a yoga mat and thick blanket. **Skip 11/21, 11/22**

FEE	INSTRUCTOR	NO. WKS.
\$173	Nancy Anderson	13

DAY	DATE	TIME	LOCATION
M	9/12-12/12	7:15pm-8:30pm	Sequoia Room
T	9/13-12/13	7:15pm-8:30pm	Sequoia Room

Intro to Yoga

18 Yrs and Up

If you have been thinking about trying yoga or have very little experience this is the class for you! Introduces basic yoga postures, breathing and yoga philosophy. Improve flexibility, reduces stress, and build energy. Bring a yoga mat and thick blanket. **Skip 10/16**

FEE	INSTRUCTOR	NO. WKS.
\$153	Howard VanEs	11

DAY	DATE	TIME	LOCATION
Su	9/11-11/27	10:30am-11:45am	Sequoia Room

FEE	INSTRUCTOR	NO. WKS.
\$46	Howard VanEs	3

DAY	DATE	TIME	LOCATION
Su	12/4-12/18	10:30am-11:45am	Sequoia Room

Yoga—Beginning/Advanced

Beginning

18 Yrs and Up

This class is for those with some yoga experience or athletic beginners. Deepen your experience of basic postures, learn more challenging postures, posture flow and breathing practices. Please bring a yoga mat and thick blanket. **Skip 10/18**

FEE	INSTRUCTOR	NO. WKS.
\$153	Howard VanEs	11

DAY	DATE	TIME	LOCATION
T	9/6-11/22	10:00am-11:15am	Sequoia Room
F	9/9-11/18	9:15am-10:30am	Sequoia Room

FEE	INSTRUCTOR	NO. WKS.
\$60	Howard VanEs	4

DAY	DATE	TIME	LOCATION
T	11/29-12/20	10:00am-11:15am	Sequoia Room

FEE	INSTRUCTOR	NO. WKS.
\$46	Howard VanEs	3

DAY	DATE	TIME	LOCATION
F	12/2-12/16	9:15am-10:30am	Sequoia Room

Yoga Workout

18 Yrs and Up

This class provides a solid foundation of yoga through postures, movement, breathing and relaxation. Appropriate for beginners or those with yoga experience. Bring a yoga mat, blocks, strap and blanket to class.

FEE	INSTRUCTOR	NO. WKS.
\$228	Elizabeth McIntyre	16

DAY	DATE	TIME	LOCATION
T	9/6-12/20	6:00pm-7:15pm	Toyon Room

Hatha Yoga

T 16 Yrs and Up

This class emphasizes principles that are essential for a safe, well-rounded lifelong yoga practice. Importance is placed on teaching students to open and strengthen their bodies while at the same time bring awareness to the mind, body, breath relationship.

Appropriate for both beginners and those with yoga experience. (Level 1 to 1/2) Bring a yoga blanket, two blocks and a strap. **Skip 11/23**

FEE	INSTRUCTOR	NO. WKS.
\$186	Jenn Stedman	14

DAY	DATE	TIME	LOCATION
W	9/7-12/14	9:15am-10:30am	Sequoia Room

Yoga with Silloo

T 16 Yrs and Up

This Yoga class teaches a mix of exercises (asanas) for strengthening, stretching and relaxing the body while also focusing on body alignment—a holistic approach. You are introduced to the therapeutic aspects of and to Yoga philosophy. Each class ends with relaxation and breathing techniques. It's a friendly, gentle atmosphere. Silloo has trained with the internationally renowned B.K.S. Iyengar for 8 years and has taught Yoga for many years. Printed handouts are available. Bring a blanket. You may try one class for free. All levels are welcome. **Skip 10/10, 11/24**

FEE	INSTRUCTOR	NO. WKS.
\$186	Silloo Tarapore	14

DAY	DATE	TIME	LOCATION
M	9/12-12/19	9:15am-10:30am	Sequoia Room
Th	9/8-12/15	6:00pm-7:15pm	Toyon Room



DANCE

Belly Dancing

18 Yrs and Up

Belly dance your way to increased fitness and joy! Learn basic steps and dance isolations of Raks Sharki, also known as belly dance! Learn to play finger cymbals and dance with a veil. Optional student performance parties every quarter. Pre-registration advised. (Under 16 years OK if enrolled concurrently with parent). Optional dance supplies (CDs, finger cymbals, and silk veils) available for purchase in class. Soft leather soled shoes recommended - hermes sandals, jazz or ballet practice shoes. Thick socks okay but no rubber soles or bare feet, please. **Skip 11/21**

FEE	INSTRUCTOR	NO. WKS.
\$99	Surreyya Beth Hada	6

DAY	DATE	TIME	LOCATION
M	9/12-10/17	6:30pm-7:30pm	Toyon Room
M	10/24-12/5	6:30pm-7:30pm	Toyon Room



Line Dancing

Line Dancing—Beginning and Intermediate

18 Yrs and Up

Picture rows of people dancing a set of choreography as an ensemble. Learn new and traditional line dances in a comfortable, welcoming, fun-filled class. Line dancing isn't just country western anymore. It's also a rich blend of other music and dance styles including latin, popular and swing. Enjoyable exercised that will free the dancer in you. No partners needed. Beginners and intermediates welcome. No perfume or fragrances please.

FEE	INSTRUCTOR	NO. WKS.
\$39	John Trentacosti	5

DAY	DATE	TIME	LOCATION
M	9/12-10/10	12:30pm-1:30pm	Live Oak Room
M	9/12-10/10	1:30pm-3:00pm	Live Oak Room
T	9/13-10/11	7:30pm-9:00pm	Live Oak Room
M	10/17-11/14	12:30pm-1:30pm	Live Oak Room
M	10/17-11/14	1:30pm-3:00pm	Live Oak Room
T	10/18-11/15	7:30pm-9:00pm	Live Oak Room
M	11/21-12/19	12:30pm-1:30pm	Live Oak Room
M	11/21-12/19	1:30pm-3:00pm	Live Oak Room
T	11/22-12/20	7:30pm-9:00pm	Live Oak Room

ARTS & CRAFTS

Landscape & Portraiture Painting

18 Yrs and Up

Class is designed to expand your creativity and art education while having fun. Learn to create strong design and attain accurate color, values and representation through demonstrations and individual instruction. Beginners welcome. www.westernpainter.com **Skip 11/22**

FEE	INSTRUCTOR	NO. WKS.
\$124	Gary Bergren	6

DAY	DATE	TIME	LOCATION
T	9/13-10/18	9:30am-12:00pm	Arts & Crafts Room
T	11/1-12/13	9:30am-12:00pm	Arts & Crafts Room



Painting Workshop

18 Yrs and Up

A basic multi-level painting class. Topics include color theory, composition, brush and palette knife techniques, creating atmospheric and textural effects, developing style, use of painting mediums and various other painting applications and techniques. Students may work in any style from abstract to realism and in any paint medium such as acrylic, alkyd, oil or watercolor. **Skip 11/24**

FEE	INSTRUCTOR	NO. WKS.
\$109	Mark Jezierny	5

DAY	DATE	TIME	LOCATION
Th	10/6-11/3	9:30am-12:30pm	Arts & Crafts Room
Th	11/10-12/15	9:30am-12:30pm	Arts & Crafts Room

FEE	INSTRUCTOR	NO. WKS.
\$88	Mark Jezierny	4

DAY	DATE	TIME	LOCATION
Th	9/8-9/29	9:30am-12:30pm	Arts & Crafts Room

THEATER

Intro to Improv!

18 Yrs and Up

Get creative with the art of improvisation! Kenn Adams, veteran improviser and author of the book, *How to Improvise a Full-Length Play: The Art of Spontaneous Theater*, will teach you the three basic rules of the craft—be spontaneous, make your partner look good, and build on your partner’s idea—and, in no time flat, you’ll be creating outrageous characters, improvising hysterical scenes and stories, and having the time of your life! **Skip 11/22**

FEE	INSTRUCTOR	NO. WKS.
\$154	Kenn Adams	6

DAY	DATE	TIME	LOCATION
T	9/13-10/18	7:00pm-9:00pm	Elderberry Room
T	11/1-12/13	7:00pm-9:00pm	Elderberry Room

Advanced Improv!

18 Yrs and Up

Ready to kick it up a notch? This six-week course will briefly review the basics of improvisational theater and then dive into advanced level skills. We’ll focus on character development, story structure, advanced-level scene work and, towards the end, introduce a couple of classic long-form improv structures. The class culminates with a free performance for friends, fans and family members. Best for those with at least six months of beginning level improv training. **Skip 11/23**

FEE	INSTRUCTOR	NO. WKS.
\$154	Kenn Adams	6

DAY	DATE	TIME	LOCATION
W	9/14-10/19	7:00pm-9:00pm	Elderberry Room
W	11/2-12/14	7:00pm-9:00pm	Elderberry Room

MUSIC

Beginning and Intermediate Guitar

T 10 Yrs and Up

Most pop songs use only 3 or 4 simple chords, so you will be playing real songs in just a few weeks. It’s easy, and small class size allows for individual attention from instructor. Instructor has BA and MA in music and over 20 years of teaching experience. *A \$5 supply fee is payable to the instructor at first class.* **Skip 10/10**

FEE	INSTRUCTOR	NO. WKS.
\$154	Ted Crowley	10

Beginning

DAY	DATE	TIME	LOCATION
M	9/12-11/21	4:45pm-5:30pm	Elderberry Room

Intermediate

DAY	DATE	TIME	LOCATION
M	9/12-11/21	5:30pm-6:15pm	Elderberry Room

Beginning Piano/Keyboard

T 10 Yrs and Up

Most popular songs use only 3 or 4 simple chords. You can learn to play your favorites on the piano in just a few weeks. Only 6 students per class so you will get the help you need. No prior experience is required. It’s easy and fun! *There is a \$10 materials fee for the textbook.* Bring your keyboard to class. **Skip 10/10**

FEE	INSTRUCTOR	NO. WKS.
\$154	Ted Crowley	10

DAY	DATE	TIME	LOCATION
M	9/12-11/21	4:00pm-4:45pm	Elderberry Room

COOKING

Burmese Cooking

18 Yrs & Up

Myanmar (Burma) has been a mystery for quite sometimes but its cuisine is not that elusive. Burmese cuisine is very unique with its own characteristics that stir interests in the US culinary scene. Learn to cook popular Burmese dishes in this hands-on class and prepare delicious dishes, such as laphet salad, hot and sour fish soup, curried noodles, pea fritters, etc. Bring your sharp chef’s knife, cutting board, hand towel, apron, and beverage.

FEE	INSTRUCTOR	NO. WKS.
\$66	Chat Mingkwan	1

DAY	DATE	TIME	LOCATION
W	11/9	6:30pm-9:30pm	Kitchen



Delicious Dim Sum

18 Yrs & Up

Dim Sum means “a little bit of heart,” and these little savories and sweets surely gladden the heart and palate. Dim sum can be served as an elegant and a fun light appetizer, lunch, snack, or as a special treat. We will learn to use a variety of specialties to create popular items, and learn techniques of filling and wrapping in hands-on preparing delicious dim sum, such as Pork & Shrimp Dumplings, BBQ Pork Buns, Chinese Broccoli, Sesame Seeds Balls, etc. Some can be made a lot in advance and frozen for several meals. Bring your sharp chef knife or clever, cutting board, hand towel, beverage, and a to-go box.

FEE	INSTRUCTOR	NO. WKS.
\$66	Chat Mingkwan	1

DAY	DATE	TIME	LOCATION
M	11/28	6:30pm-9:30pm	Kitchen

Fall Sushi and Nigiri

18 Yrs & Up

Let's make our sushi fresh, light, and clean with a variety of seasonal and local offerings. Learn to prepare fresh ingredients for various toppings and learn simple techniques in making your perfect sushi. With a hands-on approach, we will make Nigiri (finger rolls) and Maki Nori (seaweed rolls) with the freshest ingredients, such as Nigiri: ebi, hamachi, inari, maguro, unagi, Gunkan Nigiri: ikura, tobiko, Hosomaki: cucumber roll, spicy roll, Uramaki: California roll, Philadelphia roll. Please bring a sharp, pointy tip chef's knife, large cutting board, bamboo mat, hard towel, and beverage.

FEE	INSTRUCTOR	NO. WKS.
\$66	Chat Mingkwan	1

DAY	DATE	TIME	LOCATION
T	10/11	6:30pm-9:30pm	Kitchen

Healthy Stir Fries

18 Yrs & Up

Chinese invented wok and stir-fry cooking technique and all Asian cuisines adapted and modified this technique to call their own. Stir-frying is a fresh, quick, and easy food preparation, using freshest ingredients, taking little time to cook, and employing simplest technique. Let's make delicious and popular Asian stir-fried dishes from Chinese, Japanese, Thai, Vietnamese cuisine, etc. and make them healthier and more personalized by adding your own twists, such as Beef and Broccoli, Spicy eggplant and Thai basil, Chow Main, Peppered Shrimp, Sweet and Sour, etc. Bring your favorite wok, chef's knife, cutting board, hand towel and beverage.

FEE	INSTRUCTOR	NO. WKS.
\$66	Chat Mingkwan	1

DAY	DATE	TIME	LOCATION
M	10/17	6:30pm-9:30pm	Kitchen

Vietnamese Cooking

18 Yrs & Up

Vietnamese cuisine has a right East meets West combination of subtle tastes and flavors. Let's explore what make Vietnamese cuisine so popular. Learn to use fresh herbs, such as Vietnamese mint-Rau Ram, basil-Rau Que, Ngo Gai and simple techniques in preparing popular Vietnamese dishes, such as Lemongrass chicken, Clay pot, Fresh spring rolls, Green mango salad, and more. Bring your sharp chef's knife, cutting board, hand towel, and beverage.

FEE	INSTRUCTOR	NO. WKS.
\$66	Chat Mingkwan	1

DAY	DATE	TIME	LOCATION
M	10/24	6:30pm-9:30pm	Kitchen

Holiday Hors D'oeuvres

18 Yrs & Up

Holiday seasons are here and it's time to offer your best to families, friends, and love ones. Instead of cold cuts and potato chips, let's make your own special hors d'oeuvres, appetizers, and snacks to serve at your holiday party. Varieties of delicious morsels: easy, simple, and attractive are combined to create these cocktail hors d'oeuvres and finger food offerings. Ingredients and techniques of both worlds are infused in hands-on preparing one of a kind snacks, appetizers, and hors doeuvres such as scallop roulade, wasabi pancakes, lemongrass mini burgers, coconut pockets, etc. Some dishes can be a lot in advance and frozen for several meals. Bring your sharp chef's knife, cutting board, hand towel and beverage.

FEE	INSTRUCTOR	NO. WKS.
\$66	Chat Mingkwan	1

DAY	DATE	TIME	LOCATION
T	12/6	6:30pm-9:30pm	Kitchen



GENERAL ENRICHMENT

Adult CPR

T 11 Yrs and Up

A 3-hour Acute Care Training (ACT) course covering CPR and choke saving for adults (9 + years). Please wear comfortable clothes. Certification is good for 2 years. *A \$10.00 lab fee will be collected at the beginning of class.*

FEE	INSTRUCTOR		NO. WKS.
\$39	Adele Christensen		1
DAY	DATE	TIME	LOCATION
T	10/18	7:00pm-10:00pm	Elderberry Room

Pediatric CPR

T 11 Yrs and Up

A 3-hour Acute Care Training (ACT) course covering: CPR and choke saving for children and infants (0-8 years). **MUST HAVE A CURRENT CPR CERTIFICATION.** Please wear comfortable clothes. Certification is good for 2 years. *A \$10.00 lab fee will be collected at the beginning of class.*

FEE	INSTRUCTOR		NO. WKS.
\$39	Adele Christensen		1
DAY	DATE	TIME	LOCATION
Th	10/20	7:00pm-10:00pm	Elderberry Room

Bridge Workshop—Rusty Bridge I

18 Yrs and Up

RUSTY BRIDGE is especially designed for those who want to update their bidding skills, improve their communication with their partners, and revive their “college days” playing skills. Part I begins with a complete basic bidding review. Part II continues with how to open strong hands (“2 clubs”) and the responses, an introduction to Preemptive bidding, and Slam bidding, the Stayman convention, Leads against NT vs. Suit Contracts, Bidding in the “balancing seat,” and finally the distinction between Forcing and Non-forcing bids. Each session will consist of 1/2-hour lecture and 1 1/2 hours supervised play with pre-dealt hands that illustrate the subject of the day. A workbook is available from the instructor for \$10.

FEE	INSTRUCTOR		NO. WKS.
\$114	Carol Griffin		11
DAY	DATE	TIME	LOCATION
M	9/12-11/21	3:15pm-5:15pm	Sequoia Room

Mandarin—Conversational Chinese

18 Yrs and Up

To teach conversational Chinese and enable students start learning Mandarin Chinese. Through conversation, games, cultural introduction, students learn phonic skill, greetings, numbers, family member titles, date/time, basic grammar and character writing knowledge. Knowledge learned in the class can be easily applied to travel, business, academic needs or personal interest. *\$10 supply fee payable to instructor on first day of class.* **Skip 10/10, 11/21, 12/12**

FEE	INSTRUCTOR		NO. WKS.	
\$220	Walnut Creek Chinese School		12	
LEVEL	DAY	DATE	TIME	LOCATION
II	M	9/12-12/19	9:00am-10:15am	Cedar Room
III	M	9/12-12/19	10:30am-11:45am	Cedar Room
I	M	9/12-12/19	12:00pm-1:15pm	Cedar Room

Passport to Retirement

40 Yrs and Up

Passport to retirement is a comprehensive retirement system that educates attendees and helps them overcome the roadblocks to a successful retirement. • Define and create your retirement • Assess the costs of retirement • Evaluate sources of income • Invest for the future • Protect your health & wealth • Receive funds from retirement plans • Manage your estate distribution. The system is filled with compelling statistics, and case studies, and the workbook includes a wealth of self-analysis quizzes.

FEE	INSTRUCTOR		NO. WKS.
\$53	Bob Stafford, CFP, CLU		2
DAY	DATE	TIME	LOCATION
T	10/4-10/11	6:30pm-9:30pm	Cedar Room
Th	9/29-10/6	6:30pm-9:30pm	Cedar Room

Bridge—Defense Heart Part I

18 Yrs and Up

This is an ACBL course on making a defensive plan. Part I is a 10-week course that covers lead against NT, leads against suit contracts, 2nd hand play, third hand play and defensive signals. Each class gives the student the opportunity to defend against four predealt hands.

FEE	INSTRUCTOR		NO. WKS.
\$104	Carol Griffin		10
DAY	DATE	TIME	LOCATION
M	9/12-11/14	1:00pm-3:00pm	Sequoia Room



DOG OBEDIENCE

Dog Obedience—Beginning

T All Ages; Children must be accompanied by a parent. Puppies 3-9 months; No dogs older than 9 months.

Basic obedience instruction for puppy owners and their puppies. Puppies will learn sit, down, come, stay, stand and heel. Solutions for puppy behavior problems including jumping, biting, etc. Bring proof of vaccinations to 1st class. Equipment required: 6 foot leather leash, martingale collar. Attendance is mandatory at the first week of class. **Skip 10/26**

FEE	INSTRUCTOR	NO. WKS.
\$184	Barb Peppin	8

DAY	DATE	TIME	LOCATION
W	9/21-11/16	6:30pm-7:30pm	Jennifer Russell Bldg.

Dog Obedience—Intermediate

T All Ages
Intermediate Dog Obedience Prereq: Completion of LCC Beg. Obedience or instructors permission. Develop skills to pass the AKC Canine Good Citizen Class. Introduction to Agility. **Skip 10/26**

FEE	INSTRUCTOR	NO. WKS.
\$174	Barb Peppin	8

DAY	DATE	TIME	LOCATION
W	9/21-11/16	7:45pm-9:00pm	Jennifer Russell Bldg.

Dog Obedience—Advanced

T All Ages
Prereq: Completion of LCC Intermediate Obedience Class or instructor permission. Develop skills to compete in AKC obedience trials. **Skip 10/27**

FEE	INSTRUCTOR	NO. WKS.
\$109	Barb Peppin	8

DAY	DATE	TIME	LOCATION
Th	9/22-11/17	8:00am-9:00am	Jennifer Russell Bldg.



De-Cluttering Workshop—5 Easy Steps

18 Yrs and Up

It is time to get organized, clear out the clutter, and plan how to use your space more efficiently. Is it your closets, the garage, a spare room, your desk or work space that needs to be organized? The workshop will give you the tools and resources you need to start to de-clutter your home.

FEE	INSTRUCTOR	NO. WKS.
\$39	Jean Goldman	1

DAY	DATE	TIME	LOCATION
M	9/19	10:00am-12:00pm	Elderberry Room
M	11/14	10:00am-12:00pm	Elderberry Room



Sunday, October 30th
www.lafayettechamber.org

Have Your Next Event At The Lafayette Community Center



Facility	Capacity	Size	Hourly Rates	Food and Drink Allowed	Minimum # of Hours	Amenities
Jennifer Russell Building (JRB)	Dining: 240 Theater: 325	72'x50'	Resident: \$120 Non Resident: \$150 Resident Non Profit: \$110 Non Res Non Profit: \$130	Yes	4	<ul style="list-style-type: none"> • Adjoining Restrooms • Non Adjoining Kitchen (\$200) • Two 80" Flat Screen TVs • Available Microphone P.A. System • Portable Stage (\$130) • Rear Patio • Side Patio & Deck (\$75)
Live Oak Room (LO)	Dining: 225 Theater: 300	64'x55'	Resident: \$100 Non Resident: \$130 Resident Non Profit: \$90 Non Res Non Profit: \$110	Yes	4	<ul style="list-style-type: none"> • Adjoining Foyer • Adjoining Kitchen (\$200) • Stationary Stage • Available Microphone P.A. System • Large Patio & Deck (\$75)
Cedar Room	Max: 45	27'x32'	Resident: \$65 Non Resident: \$85 Resident Non Profit: \$60 Non Res Non Profit: \$75	Yes	2 Self Set-Up Optional	<ul style="list-style-type: none"> • In room sink • Counter Tops • Projector Screen (no projector) • White Board
Sequoia Room	Classroom: 45 Theater: 75	27'x32'	Resident: \$65 Non Resident: \$85 Resident Non Profit: \$60 Non Res Non Profit: \$75	No	2 Self Set-Up Optional	<ul style="list-style-type: none"> • Carpeted Floor • Projector Screen (no projector) • Adjoining Foyer
Kitchen			\$200 Flat Rate	Yes	Only Available with LO or JRB	<ul style="list-style-type: none"> • Commercial Refrigerator/ Freezer • Icemaker • Coffee Pots • Microwave • Stove/Oven <p><i>No cooking or eating utensils available</i></p>

Facility Restrooms/ Drinking Fountain: Centrally Located

Parking Spaces: 117 and 6 Handicap

Times and Days Available: Friday: 6:00pm–1:30pm Saturday: 9:00am–11:30pm Sunday: 9:00am–10:30pm

Please Note: Rental time must include deliveries, decoration, set-up & clean-up. Music/entertainment must stop 1 hr. prior to the end of the rental. Security deposit, insurance and other fees not included.

Registration

Register via email: Seniors@LoveLafayette.org, phone: 284-5050 or in person at the Senior Services office (Alder Room at the Lafayette Community Center, 500 St. Mary's Road.) We are not set up for online registration. Unless noted, programs and services are held at the Lafayette Community Center.

Membership Fees and Benefits

Members of Lafayette Senior Services pay no fee, or the discounted fee, for programs and services listed below. Additionally, the quarterly Activity Guide is mailed to each member. Your membership pays for itself after just 1½ classes! Fill out a membership form when you come to a program, or stop by the Senior Services office and fill one out. You may pay with cash or check. Unfortunately, we're unable to process credit card or online payments. You need not be a resident of Lafayette to join.

January 1-December 31, 2016: \$15 per person

Discovering Opera: Rossini's *The Barber of Seville*

Presented by Bradford Wade, opera lover for 40 years

Dr. Bartolo, an elderly gentleman and guardian of the young and beautiful Rosina, wants to marry her. Enter the dashing young Count Almaviva, who has fallen in love with Rosina at first sight. Figaro, the barber of Seville and jack of many other trades as well, helps the Count gain entrance to Dr. Bartolo's home, woo Rosina, and marry her practically under Dr. Bartolo's nose. Rossini's sparkling music shows him at the height of his compositional prowess. Lecturer Bradford Wade will give a guided tour of *The Barber of Seville*, with a description of the plot interspersed with musical examples. This lecture is given in conjunction with Opera San José's production of *The Barber of Seville*, November 12-27, 2016.

FEE	MEMBERS	NON-MEMBERS
	Free	\$10
DAY/DATE	TIME	LOCATION
Th, 11/3	1:30-3:00pm	Lafayette Library, Homework Center

Words of Wisdom

Discussion Group Led by Craig Janke

Share your opinions with us in a freewheeling exchange of ideas: from current events to philosophy to the inspirational. There may be agreement or there may be differing opinions—it's all in the spirit of learning, sharing, enrichment and good humor. Our "elder perspective" frequently sounds a lot like wisdom!

FEE	MEMBERS	NON-MEMBERS
Per Meeting	Free	\$10
DAY/DATE	TIME	LOCATION
3rd Tuesday Monthly 9/20, 10/18, 11/15, 12/20	10:30am-Noon	Elderberry Room

'As the Page Turns' Book Club

Facilitated by JoAnne Schaarschmidt, Lafayette Library 'Friends Corner Book Shop' Volunteer

Looking for a good book to discuss with others? Join this informal group of booklovers and enjoy enrichment, lively discussion, fellowship and refreshments. The group is of mixed gender and everyone gets to participate in the discussion and in selecting the books to read. Please contact Lafayette Senior Services for the book of the month title: Seniors@LoveLafayette.org or 284-5050.

FEE	MEMBERS	NON-MEMBERS
Per Meeting	Free	\$10
DAY/DATE	TIME	LOCATION
3rd Tuesday monthly 9/20, 10/18, 11/15 Skip December	1:00-2:30pm	Elderberry Room

Document Your Life Story

MFA Candidate in Creative Writing, St. Mary's College

If you have wanted to write about the stories, memories and experiences of your life but haven't known where to start, start right here. The instructor will guide you through the process of leaving a living history for future generations—what a gift! These are not drop-in classes but are meant to be taken as a complete course. There will be optional outings to St. Mary's College for their creative writing reading series, "Afternoon Craft Conversations." For more information or to place your name on the interest list: Seniors@LoveLafayette.org or 284-5050

FEE	MEMBERS	NON-MEMBERS
Per Meeting	Free	\$10
DAY/DATE	TIME	LOCATION
TBD	TBD	LCC:TBD

Apple Basics

Facilitated by Sharon Beck, Owner of Mac-Senior

This ongoing series covers many topics such as Apple IDs, iTunes, iCloud and the basics of iPad and iPhone usage. Topics for upcoming sessions are based on participants' input and needs. There is always time for Q&A at the end of each class. Please note: this series deals with Apple devices only.

FEE	MEMBERS	NON-MEMBERS
Per Meeting	Free	\$10
DAY/DATE	TIME	LOCATION
1st & 3rd Thursday Monthly	11:00am-12:30pm	Elderberry Room

Drop-In Mah Jongg (Intermediate)

Bring your card and mah jongg set and join other intermediate-level players every Tuesday afternoon.

FEE	MEMBERS	NON-MEMBERS
Per Meeting	Free	\$10
DAY/DATE	TIME	LOCATION
Every Tuesday	12:30-3:30pm	Cedar Room

Cooking for One or Two: Small Bites

Mike Weller, Byron Park Executive Chef and Former Le Cordon Bleu Director of Education

“Small bites” can serve as appetizers or just-the-right-sized meal for one or two. Enjoy beverages on the terrace, an array of mouth-watering hors d’oeuvres and music by strolling violinist Mark Shaw. Move inside to Chef Mike’s “classroom” where you’ll learn how to make the tasty treats that were served. To top it off, you’ll go home with a packet of the recipes! Space is limited and these classes fill up quickly. RSVP to Lafayette Senior Services by Wednesday, September 14: Seniors@LoveLafayette.org or 284-5050. Please arrive early to allow time for parking.

FEE	MEMBERS	NON-MEMBERS
	Free	\$10

DAY/DATE	TIME	LOCATION
Wed, 9/21	2:00-4:00pm	Byron Park 1700 Tice Valley Blvd. Walnut Creek



Let’s Do Lunch!

Discover and explore the various dining experiences in the Lamorinda area. Relax, dine, meet new people, socialize and enjoy lively conversation! Space is limited. Contact Lafayette Senior Services for the schedule of restaurants and to make your reservations: Seniors@LoveLafayette.org or 284-5050. Individuals will pay for their own lunches; the restaurants will provide separate checks. This interest group is offered in conjunction with Lamorinda Village www.lamorindavillage.org

FEE
Individuals pay for their own lunches

DAY/DATE	TIME	LOCATION
1st Tuesday Monthly 9/6 (RSVP by 9/1)	11:30am	Contact Lafayette Sr. Services
10/4 (RSVP by 9/29)		
11/1 (RSVP by 10/27)		
12/6 (RSVP by 12/1)		

Lunch n’ Learn: Emergency Preparedness—We’ll Help You Get Ready

Presented by Lafayette Emergency Preparedness Commission

We all have the best intentions to be prepared for emergencies but it’s a task many of us leave undone on our “to do” lists. These workshops will demonstrate just how easy it is to be prepared. RSVP: Seniors@LoveLafayette.org or 284-5050. **Reservations are required for a box lunch.** All workshops will take place in the new Jennifer Russell Building at the Lafayette Community Center. **Lunches generously provided by Byron Park Senior Living.**

FEE	MEMBERS	NON-MEMBERS
Per Meeting	Free	Free

Session 1

Learn about the various types of emergencies we can expect in our areas; how to develop a plan; how and when to shut off utilities, and more.

DAY/DATE	TIME	LOCATION
Wed 10/5	10:30-noon	Jennifer Russell Bldg.

RSVP for lunch by Wed 9/28

Session 2

Hands-on workshop: Use a fire extinguisher. Turn off a gas main. Learn about the “Neighborhood Readiness” concept. See the items you need for your “Go Bag”, car kit, home emergency supply kit, and more.

DAY/DATE	TIME	LOCATION
Wed 10/12	10:30-noon	Jennifer Russell Bldg.

RSVP for lunch by Wed, 10/5

Session 3

Progress checkup and next steps: How did you do with your preparations? Were you able to locate your gas main and practice turning it off and on? Is your “Go Bag” complete and in position? We’ll help you prioritize your next steps and tie up any loose ends so you’re fully prepared.

DAY/DATE	TIME	LOCATION
Wed, 10/19	10:30-noon	Jennifer Russell Bldg.

RSVP for lunch by Wed, 10/12

Smart Driver 8-Hour Course

Offered through AARP

Refine your driving skills, develop safe, defensive techniques, and possibly lower your insurance premium. Max: 25 paid registrants. First come, first served, by date check is received. Send check, made payable to AARP, to Lafayette Senior Services, 500 St. Mary’s Rd., Lafayette, CA 94549. **Important: Prior to sending check, please call 284-5050 to determine space availability.**

FEE	AARP MEMBERS	NON-AARP MEMBERS
	\$15	\$20

DAY/DATE	TIME	LOCATION
Tu 11/8 & Th 11/10	9:00am-1:00pm	Elderberry Room

Reservoir Walking Group

Led by Jim Scala, *Lafayette Today's* "Walking the Reservoir" Columnist

Meet us at the reservoir every Tuesday and Thursday for camaraderie, fresh air and enjoyable exercise, all in magnificent surroundings. Choose the distance you want to go by joining the group that walks the entire circuit, or the group that goes the shorter distance which avoids the large hills, yet yields sufficient moderate exercise. Optional bonus for both groups: at the end of the walk, Jim will lead you through easy yoga poses and breathing exercises in the most beautiful outdoor yoga studio: the band stage overlooking the water. Increase your balance and fitness—both physical and mental—and leave each week uplifted and radiant with that overall feeling of well-being! Jim is an author; nutritional expert; former Air Force pilot and consultant to the U.S. Olympic Ski Team and Mt. Everest expeditions. To add your name to the email notification list contact us at Seniors@LoveLafayette.org or 284-5050. Bring quarters or credit card for parking meter. Annual senior (62+) passes may be purchased at the Visitor Center at the reservoir.

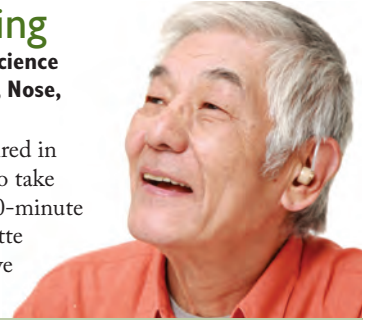
FEE	MEMBERS	NON-MEMBERS
	Free	Free
DAY/DATE	TIME	LOCATION
Every Tues & Thurs	9:00-10:30am Meet at 8:45	Meet at Res: Center Bench on the Dam



Hearing Screening

Audiologists from Hearing Science Audiology /Diablo Valley Ear, Nose, and Throat

Minimum of 2 sign-ups required in order for hearing screenings to take place. To reserve one of the 20-minute appointments, contact Lafayette Senior Services: Seniors@LoveLafayette.org or 284-5050.



FEE	MEMBERS	NON-MEMBERS
	Free	\$10
DAY/DATE	TIME	LOCATION
First Tues Monthly 9/7, 10/5, 11/2, 12/7	1:00-2:20pm	Alder Room

Health Insurance Counseling and Advocacy Program (HICAP)

HICAP provides free and objective counseling and advocacy services to Contra Costa Medicare beneficiaries and their families who need assistance with Medicare enrollment and issues involving Medicare and associated insurance programs, including prescription drug coverage. HICAP does not endorse or sell insurance products. For an appointment, call Lafayette Senior Services 284-5050.

FEE	MEMBERS	NON-MEMBERS
	Free	Free
DAY/DATE	TIMES	LOCATION
1st Wed Monthly 9/7, 10/5, 11/2, 12/7	10:00am, 11:00am or Noon	Alder Room
3rd Tues Monthly 9/20, 10/18, 11/15, 12/20	10:00am, 11:00am or Noon	Alder Room

Lamorinda Tea Dance

A weekly Community Dance Social in its 28th year with afternoon tea and light refreshments

Wednesdays 1:00-3:30pm

*The Live Oak Room
Lafayette Community Center
500 St Marys Road
Lafayette, CA 94549*

Lafayette Senior Services Members: FREE!

Membership is \$15/year
Non Members: \$10/session

The Lamorinda Tea Dance is hosted by dance professionals Karen Lile & Michael Amtz. DJ Michael Amtz plays your favorites and takes requests. Come for great music and good company. The first Wednesday of the month, Karen and Michael provide a dance lesson during the tea dance. **Skip 11/23, 12/28**



ADULTS 55+



Lamorinda Nature Walk and Bird-Watching

Led by Ben Petterson, Experienced Hiker and Bird-Watcher
Experience nature at its finest along our local trails. Delight in the beauty that unfolds around each bend, all the while learning to identify a variety of birds. Bring a water bottle; binoculars are helpful if you have them. Join us every Wednesday or whenever you are able. Meet at Lafayette Senior Services (Alder Room at the Community Center) at 9:00am. For more information or to place your name on the route distribution list, contact Lafayette Senior Services: Seniors@LoveLafayette.org or 284-5050. **Skip 12/28**

FEE	MEMBERS	NON-MEMBERS
	No Charge	No Charge
DAY/DATE	TIME	LOCATION
Wednesdays	9:00am-Noon	Alder Room

Anne Randolph Physical Therapy Presentations

Anne Randolph, RPT, has been practicing physical therapy since 1977. She provides outpatient therapy in Lafayette and specializes in the care of those 55 and over.

FEE	MEMBERS	NON-MEMBERS
Per Class	Free	\$10

Osteoporosis/Osteopenia

What are the risk factors for developing osteoporosis? What are some of the treatment options? Learn how to maintain or possibly increase your bone mass. Get tips on how you can take control and keep your bones in the best shape possible!

DAY	DATE	TIME	LOCATION
W	9/28	11:30am-12:30pm	Cedar Room

Art of Balance

If you are worried about falling or are at risk of falling, you should know about activities that improve balance. Learn how to gain increased balance and avoid the risk of falling.

DAY	DATE	TIME	LOCATION
W	10/26	11:30am-12:30pm	Cedar Room

Free Peer Counseling

Contra Costa Health Services offers free one-to-one counseling with trained senior counselors who use their life experiences to help other older adults (55+) cope with life changes, problems, crises, and challenges. Confidentiality is strictly observed. **Appointment required.** Please contact Lafayette Senior Services to sign up for one of the 60-minute appointments: Seniors@LoveLafayette.org or 284-5050.

FEE	MEMBERS	NON-MEMBERS
	No Charge	No Charge
DAY/DATE	TIME	LOCATION
2nd Tuesday Monthly 9/13, 10/11, 11/8, 12/13	10:00am-Noon	Alder Room

Positive Living Forum (“Happiness Club”)

Moderated by Bob Nozik, MD, Prof. Emeritus UCSF, Author of *Happy 4 Life: Here’s How to Do It*

Brighten your day and take part in this interactive gathering which features discussions on a wide range of topics that guide participants toward a more ideal and positive life experience. Drop-ins welcome!

FEE	MEMBERS	NON-MEMBERS
Per Meeting	Free	\$10
DAY/DATE	TIME	LOCATION
2nd Thursday Monthly 9/8, 10/13, 11/10, 12/8	10:30am-Noon	Elderberry Room

Resources

It’s true that we offer wonderful programs for your enjoyment and enrichment, but did you know we also serve as a resource center for all things related to aging? Although we don’t endorse any companies in particular, we do answer your questions and share information regarding:

- In-home Care
- Independent Housing
- Assisted Living
- Memory Care
- Respite Programs
- Geriatric Care Management
- Transportation
- Veterans’ Benefits
- California’s Assistive Technology Program (Telephones, etc.)
- Elder Abuse
- Legal/Advocacy Assistance
- ...and much more

For more information, click on the “Seniors” tab at www.LoveLafayette.org, call us at (925) 284-5050, or visit our resource center at Lafayette Senior Services located in the Alder Room at Lafayette Community Center, 500 St. Mary’s Road, Lafayette.



Lamorinda Spirit: Day Trips

Lamorinda Spirit Lunch Driver, Eddie Carvalho, loves to take Lamorinda seniors on outings to nearby places of interest, followed by lunch at a restaurant. Friendships form easily when people gather together for lunch on a regular basis at the Walnut Creek Senior Center C.C. Café, generating an interest in going to new places now and then. The picture above of the “Lunch Bunch” was taken on a recent trip to Napa. Over the coming holidays, this group will go to lunch at local restaurants when the C.C. Café is closed. Consider joining in on the fun by calling 283-3534 to let us know that you would like a phone call when we are planning an outing or going to a local restaurant. In the meantime, get acquainted with our regulars by trying out lunch with the Spirit Van Lunch Bunch at the C.C. Café. Call us for more information.

Lamorinda Senior Transportation

An Alliance of Transportation Providers

VOLUNTEER DRIVERS ARE NEEDED, VALUED, AND APPRECIATED!!!

We will accommodate your Schedule, travels, and vacations.

Lamorinda Spirit Van 283-3534

Takes Lamorinda older adults, age 60 and up, to appointments, errands, and shopping in Concord, Lamorinda, Martinez, Pleasant Hill, and Walnut Creek. Wheelchair and walker accessible. **WE LOVE TO SAY YES**, so call early to make your reservation. If you would like to financially support this program, please make your tax-deductible check payable to the “City of Lafayette” and write “Lamorinda Spirit” on the memo line. Our mailing address is: Lamorinda Spirit Van Program, Lafayette Community Center, 500 Saint Mary’s Road, Lafayette, CA 94549.

Contra Costa Yellow Cab and DeSoto Company 284-1234

20% discount for Lamorinda seniors.

Orinda Seniors Around Town 402-4506

Volunteer drivers serving Orinda seniors with free rides to appointments and errands.

Mobility Matters (formerly Senior Helpline Services) Rides for Seniors 284-6161

Volunteer drivers serving Contra Costa seniors with free rides to doctors’ appointments during the week. Grocery shopping on Saturday.

Mobility Matters Information and Referral Line: 284-6109

County Connection LINK Reservation Line 938-7433

For people with disabilities. (Older adults often have “age-based” disabilities. By describing your “disability,” you can become eligible for this service—providing you with additional transportation options.)

Lafayette Recreational Trails

Lafayette-Moraga Regional Trail

This 7.65-mile trail parallels St. Mary's Road through Lafayette and Moraga along a historic railroad route. It accommodates hiking, bicycling, and equestrian use. There are opportunities for restroom stops at the Lafayette Community Center and Park. Please call 1-888-EBPARKS (1-888-327-2757) or visit www.ebparks.org for more information.

City of Lafayette Neighborhood Trails

Neighborhood trails provide connections to regional trails and other recreational facilities or make loops within a neighborhood. Maps and detailed descriptions of the trails are available at the Lafayette Parks, Trails & Rec. Office at 500 St. Mary's Road or at www.ci.lafayette.ca.us.

Walter Costa Trail	2.2 miles
Springhill Valley Trail	0.75 miles
Hidden Oaks Trail	0.5 miles
Murray Lane Trail	0.3 miles
Petar Jakovina Trail	1 mile
John Kiefer Trail	0.78 miles
Moraga Rd. to Reservoir Rim Trail	0.5 miles

Lafayette Community Park Trails

3 miles of multi-use trails.

EBMUD's Lafayette Reservoir and Recreation Area

Owned and operated by EB MUD, the Lafayette Reservoir and Recreation area is located off Highway 24 just a mile from Lafayette BART. This all-year, day-use area is ideal for hiking, jogging, fishing, boating and picnicking. Hikers will love the 2.8-mile paved Shore Trail that completely encircles the Reservoir. The Rim Trail is a more challenging 4.3-mile dirt trail that traverses the ridge tops surrounding the Reservoir. Please call 284-9669 or go to www.ebmud.com for more information.



Lafayette Trail Types

- Lafayette Trail
- EBMUD Trail
- EBRPD Trail
- Lamorinda Loop Trail
- Lafayette Parks
- Public Open Space

- 24 Highway 24
- P Parking
- b BART Station



Upcoming Youth, Family and Adult Events

FALL

Sep 17 & 18

> Art & Wine Festival



Oct 12 & Nov 4

> KLUB KINDERGYM

Oct 28 & Oct 30

> Haunted House



October 30

> Reservoir Run



For more information:

> www.LafayetteRec.org

> www.LafayetteChamber.org

WINTER

Dec 2, 3, & 4

> Santa's Bag



January 2017

> 7th & 8th Grade
Tri City Dance

February 2017

> 7th & 8th Grade
Tri City Dance

March 2017

> 7th & 8th Grade
Tri City Dance
(featuring inflatables)

Mar 10, 2017

> Father Daughter
Dance



SPRING

April 15, 2017

> Bunny Brunch



May 2017

> Taste of Lafayette



Spring 2017

> High School Rock
Band Showcase

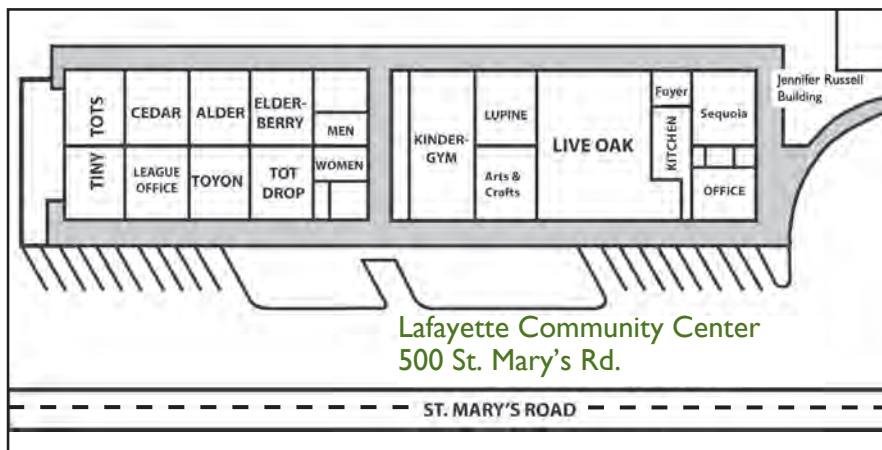
SUMMER

June 2017

> Rock the Plaza*



Lafayette Class Locations



Patrons are advised to arrive 5 minutes early to locate their classroom.

Off-Site Locations

- Lafayette Community Park
480 St. Mary's Road, Lafayette
- Lafayette Tennis Club
3125 Camino Diablo Road, Lafayette
937-2582
- Buckeye Fields
711 St. Mary's Road, Lafayette
- Lafayette Library & Learning Center
3491 Mt. Diablo Blvd., Lafayette
385-2280
- Happy Valley Elementary
3855 Happy Valley Road, Lafayette
- Lafayette Elementary
950 Moraga Road, Lafayette
- Springhill Elementary
3301 Springhill Road, Lafayette

Community Contacts

- Lafayette Little League
284-3583
- Lafayette-Moraga Regional Trail (EBRPD) | (510) 635-0135
- Lafayette-Moraga Youth Association (LMYA) | 377-5692
- Lafayette Reservoir & Recreation Area (EBMUD) | 284-9669
- Lafayette Chamber
284-7404
- Lafayette City Offices
284-1968



Donate your car, truck, RV or boat to benefit the Lafayette Community Center

The Lafayette Community Center Foundation wishes to thank all those who have donated their vehicles to help support the Lafayette Community Center. Get rid of your unneeded vehicle and get a tax deduction! Call or go online today.

1-888-6TO-GIVE (1-888-686-4483) or www.cardonationservices.com

Contact Us:

www.LafayetteRec.org

Jennifer Russell
Director | 299-3251
jrussell@ci.lafayette.ca.us

John Warshaw
Recreation Supervisor | 299-3260
jwarshaw@ci.lafayette.ca.us

Jonathan "Ace" Katayanagi
Recreation Supervisor | 299-3252
jkatayanagi@ci.lafayette.ca.us

Greg Travers
Park's Maintenance Supervisor
gtravers@ci.lafayette.ca.us

Anne Blodgett | Donica Katayanagi
Administrative Assistants
recreation@ci.lafayette.ca.us

• Lafayette Parks, Trails & Recreation Office:
284-2232 | Mon-Fri, 9:00am-5:00pm

• Lafayette Senior Services:
284-5050 | seniors@ci.lafayette.ca.us
Maureen Callanan Neumann, Molly Cohen

• Lamorinda Sr. Transportation Program:
283-3534 | mbruns@ci.lafayette.ca.us
Mary Bruns

• Tiny Tots Program:
299-3266

• Tot Drop Reservations/Cancellations:
284-3999

• Lafayette Jazzercise:
937-6768



Lafayette Community Center
500 St. Mary's Road
Lafayette, CA 94549
(925) 284-2232
www.LafayetteRec.org

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RESIDENTIAL CUSTOMER

Lamorinda Spirit Van Needs You!

As little as 4 hours every week or two—to drive Lamorinda older adults to appointments, errands, and shopping. Our passengers are so appreciative: “What a wonderful program—such a gift to seniors in the area.” If you are between age 25 and 75, in good health, with a good driving record, please call 925-284-5546 for more information.

