

Special Events & News



Have some fun this summer!

Camp Awesome is looking for fun loving, responsible counselors to work as Recreation Leaders this summer. Camps are located at the Lafayette Community Center and will run ALL 10 weeks of this summer (June 13–August 19). Please email Recreation Supervisor, Jonathan Katayanagi jkatayanagi@ci.Lafayette.ca.us for details. Summer applications are due by March 31st. We accept applications for other seasonal positions year round. The Junior Recreation Leader Program (Counselor in Training Program) will also be available for teens ages 13 to 18. Sign up by the week with summer registration.

Available positions/programs:

- Camp Awesome, 9am to 2pm
- Building Attendant Positions
- Awesome Afternoon Camp, 2pm to 5pm
- Year round holiday camps and afterschool programs

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Cover photos provided by Stu Sel	land







A weekly Community Dance Social in its 28th year with afternoon tea and light refreshments

Wednesdays 1:00-3:00pm

The Live Oak Room Lafayette Community Center 500 St Marys Road Lafayette, CA 94549

Lafayette Senior Services Members: FREE!

Membership is \$15/year Non Members: \$10/session

The Lamorinda Tea Dance is hosted by dance professionals Karen Lile & Michael Arntz. DJ Michael Arntz plays your favorites and takes requests. Come for great music and good company. The first Wednesday of the month, Karen and Michael provide a dance lesson during the



CAMP AWESO

AWESOME CAMP CONNECTION

Build Your Day with the Camp Connection Program!

Camp Awesome counselors will pick your child up from their morning camp and take them to their afternoon camp. Participants will join in all the fun Camp Awesome has to offer. Sign-up for connection by the week and choose the number of hours you need to fill the gap in your camp day. Fill a 5- to 60-minute gap with the 1-hour connection, a 61 to 120-minute gap with the 2-hour connection and so on. Off-site camps do not connect. Participants must bring a lunch. This program is meant to connect camps or extend a day until 2pm and may not be used as an hourly rate for Awesome Afternoon Camp.

Mon-Fri Lafayette Community Center \$30/wk/hr

Build your perfect summer. Camp as early as 7:30am and as late as 5:00pm. Connect camps with Camp Connection. Camp Awesome by the Day!



Typical Specialty		Morning Camp 9am to 12pm Specialty Camp Slot	Ipm	Afternoon Camp to 4pm Specialty Camp Slot	
City Staffed Day Camp	7:30-9am Early Care	9am to 2pm Camp Awe: Connection cannot be used as hourly rate without con	2pm to 5pm Awesome Afternoon Camp Connection cannot be used as hourly rate without connecting specialty camp(s)		
Ross Take morning Camp Awesome		Camp Awesome			
Rachel Fit all your gaps w/Camp Awesome	Option: Early Care	Brick4Kidz LEGO Camp	I hour of Connection Flix M	inecraft Flix Film & Video Camp Option: I hour of Connection	
Phoebe Play with Camp Awesome all day	Option: Early Care	Camp Awesome		Afternoon Camp Awesome	
Joey Extend your day until 5pm		Busy Bee Cooking Camp 2 hours of Connection		Afternoon Camp Awesome	
Chandler Extend your day until 2pm	Option: Early Care	Skyhawks Basketball Camp	Finish until 2:00 with 2 hrs of Connection		
Monica Take just a morning camp		EuroSoccer Camp			
Janice Take just an afternoon camp Mad Science Camp					
Monday Tuesday Wednesday Thursday Friday					
Penny—Attend Camp Awesome all 5 days					
Rocky—Pick and choose your					

One Site, Over 100 camps...Full Day, Half Day, by the Day

Camp Awesome days

LAFAYETTE | RECREATION

Camp Awesome

In the BRAND NEW Jennifer Russell Building

Ages 4 to 12

Camp Awesome 9:00am to 2:00pm Early Care 7:30am to 9:00am

Afternoon Care/Camp 2:00pm to 5:00pm

WE HAVE YOU COVERED. Camp runs all 10 weeks of summer with optional Early Care and Afternoon Care/Camp before and after the 9am-2pm Camp Awesome. And, with daily enrollment, you can pick and choose your days of summer (See "Ways to Play" below). Campers must bring lunch and a small snack.

WAYS TO PLAY

June 15 to August 21 (skip 7/4)

Enroll by the Day in advance and at the door

Morning Camp: 9:00am to 2:00pm

By the Day \$40

Early Care 7:30am to 9:00am

By the Day \$10

Afternoon Care/ Camp 2:00pm to 5:00pm

By the Day \$25

Connect Other Camps to Camp Awesome with Awesome Camp Connection.

Registration begins April 11th.







Weekly Activities:

Games2U twice a week (laser tag, bird launcher & video game truck), summer shows (jugglers, magicians, clowns), movies, water play for the hot After Care afternoons and surprise theme days (performers, movies, themes and activities vary each week so, no two weeks are the same!)

The Awesome Game Room:

Between activities campers will enjoy basketball, foosball, board games, toys, LEGO®s, coloring and Wii® with Just Dance™.

For the Small & Awesome:

Four to six year old morning campers have their own group with toys and activities geared toward younger campers.

CAMP—Registration begins April 11	AGES	6/13	6/20	6/27	7/5	7/11	7/18	7/25	8/1	8/8	8/15
Camp AWESOME	4-14	*	*	*	*	*	*	*	*	*	*
Angry Birds with LEGO®	6-11									*	
Animation Flix	7-13			*							
Art Exploration	5-10									*	*
Babysitting	10-14			*							
Berkeley Chess	6-11			*		*					
Brick Olympics	6-11					, ,					*
Brick Wars	6-11				ч	*					
British Multi Sports Camp British Soccer Camps	7-12				*		*		.		
Broadway Stars—Aladdin	3-5, 6-16, 8-16 7-12						*		*		
Broadway Stars—Annie the Musical	7-12			*					*		
Busy Bee Mexican Dinner Camp	6-10			- 7				*			
Construction Vechicles	5-6							*			
Crafting Your World—Mining and Crafting 1	6-11		*								
Critters and Clay	4-10						*	*			
Design Thinking for Kids	7-11										*
Despicable Brick Minions Camp	6-11	*									
Dodge Ball Camp	???	*	*	*	*	*	*	*	*	*	*
Emmet's World—Master Builder	6-11					*					
Engineering FUNdamentals	7-10				*						
Eurosoccer Goal Keeper Camp	7-15									*	*
Eurosoccer Player Development	11-15									*	*
Eurosoccer Skills Camp	5-10	*		*				*		*	*
Fairytale Princess Camp	3-6			*							
Frozen Princess Camp	3-6								*		
Fun with Science and Engineering	6-11	*				*			v		
Gymnastics	4-7			v v					*		
Imagination Flix	7-13			*							
Jedi Engineering Jr. LEGO® Robotics	5-6 5-6	*		*							
Junkyard Challenge	7-12	*						*			
Jurassic Brick Land	6-11							↑		*	
Kids Carpentry	5-12		*			*			*	*	
Kids Mexican Dinner Camp	6-11		^					*	^		
Little Medical School	6-8			*			*				
Live Action Flix	7-13								*		
Mad Science—Crazy Chemistry	6-10									*	
Mad Science—History of Time	6-11				*						
Mad Science—How to be a Mad Scientist	9-12							*			
Mad Science—Into the Garden	4-6				*						
Mad Science—Made it Go!	6-11	*									
Mad Science—Planet Earth	4-6		*								
Minecraft Flix	7-13								*		
Mini-Hawk Multi-Sports	4-6	*									v
Mining and Crafting 2—Mining the Depths	6-11							-M-		ж.	*
MMAP Basketball MMAP Cheerleading	5-12							*	*	*	
	4-5, 5-12								₩.		*
MMAP Flag Football MMAP Flag Soccer	5-12 5-12		*								*
Pacific Chess Camp	6-11		*				*	*			*
Painting Without a Brush	6-10						- ^	*			*
Photoshop Fun, Beginner	10-17							*		*	^
Planeswalker Academy	10-14		*								
Pokeman® LEGO® Camp	6-11						*				
Pre-Engineering—Mine, Craft, Build	5-6				*						
Robo WeDo	6-8								*		
Skyhawks Basketball	6-8, 9-12						*				
Skyhawks Flag Football	6-8, 9-12							*			
Skyhawks Cheerleading	5-10							*			
Skyhawks Golf—Beginning	5-9								*		
Skyhawks Multi-Sport, All Girls	7-12					*					
Skyhawks Volleyball	6-11			*							
Spanish	3-6, 5-10								3-6	5-10	
Super Heroes	6-11						*				
Tennis	6-14	*	*	*	*	*	*	*	*	*	*
Tiny Tots	2-4.5	м	*	*	*	*	*	*			
Tot Baseball	3-5	*									
Tot Sasser	3-5	*									
Tot Soccer Worlds of Amusement Camp	3-5 6-11	*	*								
wortus of Amusement Camp	6-11		₩								

INY TOTS—Summer Preschoo

Session Dates

Weeks

Week I June 20-June 24 Week 2 June 27-July 1 Week 3 July 5-July 8 (skip July 4) Week 4 July 11-July 15 Week 5 July 18-July 22 Week 6 July 25-July 29

Lunch Bunch

Extend your day and stay for lunch: T/Th \$18/week until 12:30 MWF \$27/week until 1:30



We will attend the Lafayette Themes Community Fun shows each week!

Week I: There's No Place Like Outer Space! Let's build a space ship and explore our planets! Space games, space books, space art...everything space for our budding young astronauts and astronomers.

Week 2: Crawling, Hopping Flying . . . Bugs! Nature walks, bug books, and butterflies! Let's get up close and personal with are 6 legged friends.

Week 3: It's Game Time... For tots who like games-indoor games, outdoor games, board games, and active games. Plus, a trip to our skate rink and a soccer ball pinata to round out the week!

Week 4: Let's Get Cooking Cooking is a great way to learn and have fun! Children will make their own snack and a take home treat. We'll visit the big commercial kitchen at the center and try yummy delights.*

Week 5: Under the Sea! The ocean is a wonderful place to explore-iellyfish, whales, crabs, and many more underwater creatures. So come along and set sail for the ocean

Week 6: Kids Cooking! Preschoolers love to cook. Children will make their own snack and a take home treat. Join us for a week of cooking fun!*

*\$10 cooking lab fee additional





Programs

Mon/Wed/Fri: 3½-4½ years (must be 3½ by start date)

9:00am-12:30pm

\$110 per week (\$75 week of July 5)

Our 31/2-4 1/2 yr old program takes preschool to the next level. Your child will interact with other preschoolers as they learn. Messy art? Building towers? Puppet shows? Cooking projects? We have them all and more! Your child will learn and play all summer long! \$10 cooking lab fee additional on the weeks indicated.

Tues/Thurs: 28 mos-3½ years 9:00am-11:45 am \$65 per week

This program is about learning healthy separation and socialization while having fun! We will explore a new theme each week as we build skills in a warm and nurturing environment. \$10 cooking lab fee additional on the weeks indicated.



FALL TINY TOTS—2016/17 School Year

\$25 (Annually)

Lafayette Tiny Tots offers a variety of classes for your active pre-schooler. Your child will enjoy interacting with other pre-schoolers in a warm and loving environment. Each class offers a comprehensive early childhood program with emphasis on providing activities and experiences for children to work, play and grow according to their own pattern of development. The instructors are experienced and possess degrees in early childhood education.

These classes are not parent participation classes, but parents are welcome to stay until their child is comfortable with the environment.



2-DAY—Tues/Thurs

9:00-11:45am* | Ages 28 Mos-31/2 Yrs **Beains Quarterly Fee** Rea. Fee 9/6/16 \$505 \$25 (Annually) *Optional Lunch Bunch until 12:30pm

3-DAY — Mon/Wed/Fri

9:00am-1:30pm* | Ages 31/2-5 (Must be $3^{1}/2$ by 9/1/16) Begins Quarterly Fee Reg. Fee

4-DAY—Mo/Tu/We/Fr

9:00am-1:30pm* | Pre-K—Age appropriate to go to TK or K in 2017 **Begins Quarterly Fee** Reg. Fee 9/7/16 \$1,140 \$25 (Annually)

*Extra Day Thursdays—9am-12:30pm, available to enrollees in 3- and 4-day programs.

Alphabet Cooking and Kindergym—Extra Day Thursdays, 9am-12:30 available to our 3 or 4 day students only. \$320 a session.



The Bay Area's only PRESCHOOL ON DEMAND!

「 DROP

Only Come When You Want. Only Pay When You Come. YOU make your own schedule. 9:00 am-1:00 pm

As little as I hour or up to 12 hrs/wk. \$12/hr. **You** set your days and arrival & pick up times. Come occasionally, or weekly spots are available. FREE cancellation when your plans change.

Never Tried TOT DROP?

Come and see what you've been missing!



\$12 value—New Families Only. (I per family)

DIAPER **WEARERS** WELCOME. **NEW STUDENTS MAY ENROLL** AT ANY TIME.

Call to get started 925-284-3999

Open YEAR ROUND!

www.totdrop.com

Themed Birthday Parties **Cooking Parties Kinderdance Parties**

Ballet, creative movement and acrobatics in a music filled movement and dance party.

Location: Toyon Room

Fee: \$200/12 children

\$8/addl. child I hour

Time: Deposit: 50% Min/Max: --

Contact: Kira Lancaster

(415) 385-6501

5-13 yrs

Notify of any food allergies when reserving dates. We do scout

badge cooking classes. Location: LCC Kitchen

\$380 Fee: Time: 2 hours Deposit: \$190 Min/Max: 10 max

Contact: (925) 932-1114

Kindergym Parties

up to 6 yrs

Location: Kindergym \$195/\$260 Fee: Time: 1.5/2 hours

Deposit: --Min/Max: 15 max

Contact: (925) 284-2232



ARTS & CRAFTS



Kids' Carpentry Class

5-12 Yrs

Since 1982 Michael Glass, the director of Kids' Carpentry, and his wife Jeab have taught thousands of children the safe use of hand tools. Children may choose from a wide variety of projects after first completing their sanding block and supertop. While building their projects from scratch children are introduced to concepts like



applied math, problem solving, fine motor skills and empowered with the opportunity to use a large variety of woodworking tools. Our motto: Building confidence and teaching with respect and humor in a safe and happy environment. This program can be taken year-round with new projects to build for the veteran carpenters! \$32 supply fee payable to instructor at first class.

DAY/DATE	TIME	LOCATION
Fri: 4/15-5/20	3:00-4:00pm	Arts and Crafts Room
Fri: 4/15-5/20	4:00-5:00pm	Arts and Crafts Room
Fri: 4/15-5/20	5:00-6:00pm	Arts and Crafts Room
FEE	MIN/MAX	INSTRUCTOR
\$105 (6 Wks)	6/9	Michael Glass

COOKING

Cooking with Kids

4-10 Yrs

New 5 week session! Cooking with Kids inspires kids to enjoy healthy food. Kids eat what they cook. Our goal is to make your children fall in love with healthy eating. Young chefs have fun while learning a valuable life skill. The class includes how to grocery shop, understand food labels, work safely in the kitchen, work in a team, proper clean up and more. \$17 materials fee payable to instructor at first class.

Busy Bees Cooks (4-5 Yrs)

DAY/DATE	TIME	LOCATION
Tue: 3/29-4/26	1:30-3:00pm	Kitchen
FEE	MIN/MAX	INSTRUCTOR
\$241 (5 Wks)	5/8	Cooking with Kids

We Teach Your Kids to Cook (6-10 Yrs)

DAY/DATE	TIME	LOCATION
Tue: 3/29-4/26	4:00-5:30pm	Kitchen
FEE	MIN/MAX	INSTRUCTOR
\$241 (5 Wks)	5/10	Cooking with Kids



Chef de Cuisine's Cooking Parties

5-13 yrs

Your child can have a cooking-themed birthday party in the Lafayette Community Center Kitchen. We provide the chef instructor, the ingredients and the recipes, you provide the guests, favors and cake. For information or to book a party, call (925) 932-1114.

FEE	DEPOSIT	MIN/MAX
\$380 (2 Hrs)	\$190	10 max

KINDERGYM

Kindergym at Lafayette

All your senses shout "WOW!" when you see you our two spacious rooms with their mats, hanging apparatus, tunnels, basketball hoops, balance beam, slides, slopes and more. Visually, we're a colorful wonderland! Kindergym promotes an adult/child one on one situation where the adult provides encouragement and positive reinforcement through play. Each wonderful 45-minute class concludes with a circle time of favorite songs, rhythms and rhymes led by our exceptional and experienced staff.

All children must be accompanied by an adult. Second sibling enrolled in the same class gets a 25% discount! Infant siblings are okay if in back/ front backs. Each student may make-up one missed class each session providing space is available. Drop in classes will be announced the second week of the session. Cost is \$12 per class, no discounts for siblings.

Kindergym will be closed Monday, May 30

Kindergym

0-4 Yrs

Come play with us at the Lafayette Kindergym! We have an exciting environment filled with fun equipment that will excite your child's senses. Our dedicated and friendly staff will enhance your child's playtime experience and conclude each class with a circle time filled with rhythms, rhymes, and songs. These classes offer children the opportunity to learn through play and physical exploration. They will jump, hop, climb, and balance on a variety of gymnastics equipment. Come enjoy a special bonding time with your child in a safe and clean environment. Each class closes with music and songs facilitated by our wonderful staff. Skip 5/30

DAY/DATE	TIME	INSTRUCTOR
Mon: 4/11-6/6	10:05-10:50am	Sossan Mahdavian
Mon: 4/11-6/6	10:55-11:40am	Sossan Mahdavian
FEE	MIN/MAX	LOCATION
\$88 (8 Wks)	4/12	Kindergym
DAY/DATE	TIME	INSTRUCTOR
Tue: 4/12-6/7	9:15-10:00am	Jan Wong
Tue: 4/12-6/7	10:05-10:50am	Jan Wong
Wed: 4/13-6/8	9:15-10:00am	Laurie Crudele
Wed: 4/13-6/8	10:05-10:50am	Elaine Cable
Wed: 4/13-6/8	10:55-11: 4 0am	Elaine Cable
Thu: 4/14-6/9	10:05-10:50am	Elaine Cable
Thu: 4/14-6/9	10:55-11: 4 0am	Elaine Cable
Fri: 4/15-6/10	9:15-10:00am	Laurie Crudele
Fri: 4/15-6/10	10:05-10:50am	Elaine Cable
Fri: 4/15-6/10	10:55-11: 4 0am	Elaine Cable
Sat: 4/16-6/11	9:30-10:15am	Staff
Sat: 4/16-6/11	10:30-11:15am	Staff
FEE	MIN/MAX	LOCATION
\$99 (9 Wks)	4/12	Kindergym

Kindergym Plus

I-4 Yrs

All the fun of the traditional Kindergym class PLUS a different theme each week to stimulate children's imagination and learning.

DAY/DATE	TIME	INSTRUCTOR
Fri: 4/15-6/10	4:30-5:20pm	Stacey Mullins
Fri: 4/15-6/10	5:30-6:20pm	Stacey Mullins
FEE	MIN/MAX	LOCATION
\$99 (9 Wks)	4/12	Stacey Mullins



Pre-Kindergym

Crawlers and Beginning Walkers

This class gives babies the opportunity to explore and develop their physical skills (readiness for rolling, crawling, walking and learning) in a fun and safe environment. A brief closing circle with music ends each class. Skip 5/30

DAY/DATE	TIME	INSTRUCTOR
Mon: 4/11-6/6	9:15-10:00am	Sossan Mahdavian
FEE	MIN/MAX	LOCATION
\$88 (8 Wks)	4/12	Kindergym
DAY/DATE	TIME	INSTRUCTOR
Tue: 4/12-6/7	10:55-11:40am	Jan Wong
Thu: 4/14-6/9	9:15-10:00am	Laurie Crudele
FEE	MIN/MAX	LOCATION
\$99 (9 Wks)	4/12	Kindergym

To check availability for drop-in classes, please call (925) 284-2232. Drop-ins are \$12 per class and subject to availability. (925) 284-2232 | www.LafayetteRec.org

Tiny Tumblers Gymnastics

3 Yrs

This class is designed to enhance your child's motor development skills, balance, coordination, and confidence. Emphasis is placed on developing beginning gymnastic skills in a fun and social environment and also introducing children to learn to participate in a structured class without their parents. Equipment incorporated into the class includes gymnastic mats, single bars, double bars, balance beams, vaulting blocks, incline and barrel mats, ladders, bouncers and spring board, parachutes, rhythm sticks, tunnels, and various other equipment. Music games and group activities are incorporated into the class. Skip 5/30

DATE	TIME	LOCATION
Mon: 4/11-5/2	2:45-3:25pm	Kindergym
Mon: 5/9-6/6	2:45-3:25pm	Kindergym
FEE	MIN/MAX	INSTRUCTOR
\$63 (4 Wks)	6/14	California Gymnastics

Kindergym Birthday Party

Up to 6 Yrs

Invite up to 14 of your friends and come play with us on your next birthday at the Lafayette Kindergym! We have an exciting environment filled with fun equipment that will excite your child's senses and make any birthday party a day to remember. We provide the Kindergym staff, the equipment and the music, you provide the guests, favors and cake. For more information or to book a party, call (925) 284-2232.

FEE	TIME	MIN/MAX
\$195/\$250	1.5/2 hrs	15 max



Preschool Gymnastics

4-5 Yrs

This class teaches beginning gymnastics and tumbling skills. Students will flip over the opportunity to learn the basics of all gymnastic events, as well as additional skills to enhance strength, coordination, agility, and confidence. Equipment incorporated into the class includes gymnastic mats, single bars, double bars, balance beams, vaulting blocks, incline and barrel mats, ladders, bouncers and spring board, parachutes, rhythm sticks, tunnels, and various other equipment. **Skip 5/30**

DATE	TIME	LOCATION
Mon: 4/11-5/2	3:30-4:10pm	Kindergym
Mon: 5/9-6/6	3:30-4:10pm	Kindergym
FEE	MIN/MAX	INSTRUCTOR
\$63 (4 Wks)	6/14	California Gymnastics



Youth Gymnastics

5 5-9 Yrs

This class teaches beginning and intermediate gymnastics and tumbling skills and is designed to develop strength, flexibility, agility, and confidence in a fun, non-competitive environment. Students learn the basics of all gymnastic events including tumbling, vaulting skills, single bars and balance beams. Students are also introduced to strength and flexibility exercises with fun and challenging games. Equipment incorporated into the class includes gymnastic mats, single bars, double bars, balance beams, vaulting blocks, incline and barrel mats, ladders, bouncers and spring board, parachutes, and various other equipment. Skip 5/30

DAY/DATE	TIME	LOCATION
Mon: 4/11-5/2	4:15-5:10pm	Kindergym
Mon: 5/9-6/6	4:15-5:10pm	Kindergym
FEE	MIN/MAX	INSTRUCTOR
\$67 (4 Wks)	6/14	California Gymnastics



MUSIC & DANCE

Music Together

Newborn to 5 Yrs

Celebrating 25 years of family music fun, and 15 years with over 35,000 East Bay Families. Songs, dance, instruments and rhythmic chants. The award winning music program for newborns through 5 years with the adults who love them. The internationally recognized program was created by the groundbreaking researchers who pioneered parent participation, developmental early childhood music education. Lamorinda Moms, Bay Area Parent 2000-2013 and Parents Press: Best Music Class. Price of class includes CD set song book, parent guide DVD, Musical Growth Chart and two makeup classes. If multiple children from the same family are attending the same class, there is a sibling rate of \$133.

DAY/DATE	TIME	LOCATION	INSTRUCTOR
Wed: 4/13-6/15	9:30-10:30am	Elderberry Rm	Riki Juster
Wed: 4/13-6/15	10:30-11:30am	Elderberry Rm	Riki Juster
Thu: 4/14-6/16	9:30-10:30am	Sequoia Room	Julia McLeoad
Thu: 4/14-6/16	10:30-11:30am	Sequoia Room	Julia McLeoad
Sat: 4/16-6/18	9:30-10:30am	Elderberry Rm	Megan Dey Toth
Sat: 4/16-6/18	10:30-11:30am	Elderberry Rm	Megan Dey Toth
Sat: 4/16-6/18	11:30am-12:30pm	Elderberry Rm	Megan Dey Toth

FEE	MIN/MAX
\$225 (10 Wks)	6/13

French Music and Storytime

0-5 Yrs

Join us for songs, stories and fingerplays in French. For toddlers (0-5) and their caregivers. Come learn and have fun in French! Skip 5/30

DAY/DATE	TIME	LOCATION
Mon: 4/11-6/6	9:45-10:30am	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$123 (8 Wks)	4/10	Audrey Collec

Mini Hip Hoppers

3-5 Yrs

Designed for young boys and girls, they'll learn fun and funky moves to age appropriate hip hop music that will keep them moving. Encourages creativity, imagination, coordination and rhythm. Students will learn basic techniques as well as creative movement. Young dancers will perform a hip hop routine for friends and family on the last day of class.

DAY/DATE	TIME	LOCATION
Thu: 4/14-6/9	3:30-4:30pm	Toyon Room
FEE	MIN/MAX	INSTRUCTOR
\$147 (9 Wks)	7/13	Studio 8 Dance



Princess Dance

4-6 Yrs

Come dressed up like your favorite princess: Elsa, Anna, Cinderella, Sleeping Beauty, Tinkerbell and Snow White! This class will teach basic ballet technique and increase motor skills through creative dance. Fun props like wands, scarfs, and dress up will be incorporated into the curriculum to help engage the young dancers. Young dancers will use their imagination and dance to their favorite Disney songs. Friends and family are invited to the last 20 minutes of the last day of class to watch the Princess Ball Dance Performance! Dress code for class: leotard and tights of any color, ballet skirt is optional, ballet shoes and hair up and away from face.

DAY/DATE	TIME	LOCATION
Thu: 4/14-6/9	4:30-5:30pm	Toyon Room
FEE	MIN/MAX	INSTRUCTOR
\$147 (9 Wks)	7/15	Studio 8 Dance

Irish Step Dancing



🤨 5-16 Yrs

The McBride School of Irish Dance is now offering Irish Dance classes in the Lafayette area for children ages 5 to 16. Our mission is to offer quality Irish Dance instruction, while providing a safe, supportive and positive learning environment in a family oriented school. As our students progress in their skills, they will have opportunities to pursue performances, team dancing and competition at their own pace. Our caring instructors recognize that each dancer is unique and we encourage our dancers to develop their individual talents in a supportive and respectful atmosphere. Irish Dancing is a rewarding activity that teaches discipline, develops character, instills dedication and builds confidence, all while making lasting friends and memories.

Level I: Intro to Irish Dance (soft shoes)

Level II: Returning students having completed

Level 1. Soft shoes, learning beginning hard shoe.

Level III: Int/Adv higher level of progression.

LEVEL	DAY/DATE	TIME	LOCATION
Level I	Wed: 4/6-6/8	3:15-4:00pm	Toyon Room
Level II	Wed: 4/6-6/8	4:00-5:00pm	Toyon Room
Level III	Wed: 4/6-6/8	5:00-6:00pm	Toyon Room

FEE	MIN/MAX	INSTRUCTOR	
\$153 (10 wks)	3/10	Annie McBride	



Guitar

10 Yrs-Adult

Most pop songs use only 3 or 4 simple chords, so you will be playing real songs in just a few weeks. It's easy, and small class size allows for individual attention from the instructor. Instructor has BA and MA in music and over 20 years of teaching experience. A \$10 supply fee is payable to the instructor at first class. Skip 5/30

Beginning

DAY/DATE	TIME	LOCATION
Mon: 4/11-6/13	4:45-5:30pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$138 (9 Wks)	3/8	Ted Crowley
Intermediate		
DAY/DATE	TIME	LOCATION
Mon: 4/11-6/13	5:30-6:15pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$138 (9 Wks)	3/8	Ted Crowley

Beginning Keyboard

10 Yrs-Adult

Most popular songs use only 3 or 4 simple chords. You can learn to play your favorites on the piano in just a few weeks. Only 6 students per class so you will get the help you need. No prior experience is required. It's easy and fun! There is a \$10 materials fee for the textbook. Bring your keyboard to class. Skip 5/30

DAY/DATE	TIME	LOCATION
Mon: 4/11-6/13	4:00-4:45pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$138 (9 Wks)	3/8	Ted Crowley

Babysitting for Beginners



Learn the skills needed to be a trusted and responsible babysitter. Learn all about child development, bedtime strategies, discipline, how to get jobs, and ways to make babysitting fun for you and the kids. Basic first aid, general safety, and what to do in an emergency will also be covered. Students should bring lunch and a water bottle and dress to play outside.

DAY/DATE	TIME	LOCATION	
Sat: 4/23	9:00-2:30pm	Cedar Room	
FEE	MINI/MAY	INCTRUCTOR	_
FEE	MIN/MAX	INSTRUCTOR	

Spanish Immersion Preschool Class

3-6 Yrs

Your child will learn Spanish in a hands-on interactive and stimulating environment. In this class your child will develop social, fine, and gross motor skills. Children will have fun singing, doing art, enjoying new friends and many more fun activities. A \$10 supply fee is payable to the instructor at first class.

DAY/DATE	TIME	LOCATION
Mon: 4/11-5/23	3:00-5:00pm	Toyon Room
FEE	MIN/MAX	INSTRUCTOR
\$178 (7 Wks)	5/14	Miriam Lattanzi

Karate



5/12

💶 7-17 Yrs

Classes are divided by and catered toward different skill levels. Open class is offered for all skill levels and is designed to build self-confidence while learning how to throw, strike, block and fall without hurting oneself. Intermediate/Advanced class is available to current students who rank above 8th kyu and is designed to build upon the basics, learn more advanced techniques, and cultivate a higher understanding of karate. All students will be given the opportunity to compete in AAU sanctioned tournaments, as well as Open Karate tournaments. Annual AAU insurance—\$14-Youth—is required. Belt ranking fees also apply, please inquire in class. Skip 5/30

Start any time. Register at class. www.kyokushinkarate-lafayette.com. Fees depend on how many days attended per week:

2 classes a week: \$50/month 3 classes a week: \$65/month 4 classes a week: \$75/month

Danielle Jolin

LEVEL	DAY/DATE	TIME
Open	Mo/We—Ongoing	7:00-8:00pm
MIN/MAX	INSTRUCTOR	LOCATION
5/30	Danielle Jolin	Live Oak Room
LEVEL/DAY/	DATE	TIME
Tues: Adv./T	hu: Inter.—Ongoing	4:00-5:30pm
MIN/MAX	INSTRUCTOR LOCATION	

Tu: Toyon Room/Th: Cedar Room

Make Me A Pro Parent and Tot Soccer

2.5-4 Yrs

Share the first experience of sports with your tot, the class is an interactive fun class that teaches the game of soccer. Both parent and tot will participate in lots of fun activities while learning. Come join us we're having a ball! For more information, visit www.mmapsports.com

DAY/DATE	TIME	LOCATION
Wed: 4/13-6/1	10:00-10:30am	Jennifer Russell Building
FEE	MIN/MAX	INSTRUCTOR
\$108 (8 Wks)	8/25	Make Me A Pro Staff

Make Me A Pro Pee Wee Soccer

4-5 Yrs

This great class teaches the basic skills of soccer through fun games and drills. Learn techniques of kicking and dribbling. Come join us, we're having a ball. For more information, visit www.mmapsports.com

DAY/DATE	TIME	LOCATION
Wed: 4/13-6/1	10:30-11:15am	Jennifer Russell Building
FEE	MIN/MAX	INSTRUCTOR
\$108 (8 Wks)	8/25	Make Me A Pro Staff



Make Me A Pro Basketball 1

5-6 Yrs

This is a class is lots of fun and will teach the basic techniques of the great game of basketball. Learn techniques of passing and dribbling, and shooting through fun games and drills. This class will be a blast! Please bring water.

DAY/DATE	TIME	LOCATION
Thu: 4/14-6/2	4:00-4:45pm	Rink
FEE	MIN/MAX	INSTRUCTOR
\$108 (8 Wks)	8/25	Make Me A Pro Staff

Mommy/Daddy and Me Soccer

2-3.5 Yrs

Introduce your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age-appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy and Me Soccer, parents are part of the action, not watching from the sidelines! All kids receive a soccer jersey.

DAY/DATE	TIME	LOCATION
Fri: 4/15-6/3	5:10-5:40pm	Rink
FEE	MIN/MAX	INSTRUCTOR
\$111 (8 Wks)	5/20	Kidz Love Soccer

Tot Soccer & Pre Soccer

3.5-5 Yr

Little tykes will enjoy running and kicking just like the big kids! Encourages large motor skill development through fun soccer games and introduces small children to the group setting. Each participant receives a soccer jersey. Shin guards are required after the first meeting.

DAY/DATE	TIME	LOCATION
Fri: 4/15-6/3	5:50-6:25pm	Rink
FEE	MIN/MAX	INSTRUCTOR
\$111 (8 Wks)	5/20	Kidz Love Soccer

Soccer 1: Techniques & Teamwork

5-6 Yrs

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Each participant receives a soccer jersey. Shin guards are required after the first meeting.

DAY/DATE	TIME	LOCATION
Fri: 4/15-6/3	4:15-5:00pm	Rink
FEE	MIN/MAX	INSTRUCTOR

Soccer 2: Skillz and Scrimmages

7-10 Yrs

Kidz will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All levels are welcome. Each participant receives a soccer jersey. Shin guards are required.

DAY/DATE	TIME	LOCATION
Fri: 4/15-6/3	3:30-4:15pm	Rink
FEE	MIN/MAX	INSTRUCTOR
ILEE	PHIN/PIAA	INSTRUCTOR

Little Kickers Soccer

4-5 Yrs

Learn the basics of soccer. This 7-week soccer league will help players learn the game and give them a chance to play on a team as they run kick and score their way to a good time. Participants will play games on teams that will be made the first week of class. This is a perfect, low pressure, introduction to league sports. Participants will have one 45 min. class (game) each week. If we receive over 20 players class (game) times will rotate with starting times at 4:00 or 4:45. Under 20 players will result in a 4pm start time for all players.

For the first kickers class: We will take team requests at the first meeting. After the first week you will receive a schedule and roster the will tell you your game times for the rest of the season.

DAY/DATE	TIME	LOCATION
Tue: 4/19-5/31	4:00-5:30pm	Jennifer Russell Building
Rotating game times (4:00pm or 4:45pm). One game per week.		

FEE	MIN/MAX	INSTRUCTOR	
\$80 (7 Wks)	12/40	Lafayette Staff	



Dodge Ball

7-12 Yrs

Big or small it doesn't matter . . . some throw hard . . . some are hard to hit. Dodge Ball is for anyone that wants to have fun! Our expert coaches have years of experience and over a dozen games in their arsenal. Traditional dodge balls are a thing of the past—use our softer, easy to grab dodge balls for a rockin' time. Skip 5/30

DAY/DATE	TIME	LOCATION
Mon: 4/18-6/6	4:15-5:15pm	Jennifer Russell Building
FEE	MIN/MAX	INSTRUCTOR

Tot Sports

2-6 Yrs

This multi-sport tot program combines soccer, baseball, basketball, and track & field; allowing young athletes to discover a passion for a variety of sports in one fun-filled setting. Participants learn bal-



ance, body movement, coordination, self-esteem, teamwork, sportsmanship, and sport specific skill development through a series of fast-paced instructional circuits and games. Our progressional curriculum, modified equipment, and highly trained staff provide a safe environment where kids can develop at their own pace.

2-3 Yrs—Parent Participation Class

DAY/DATE	TIME	LOCATION
Tue: 4/12-5/24	10:00-10:30am	Jennifer Russell Building
Sat: 4/9-5/21	9:30-10:00am	Rink
FEE	MIN/MAX	INSTRUCTOR
\$100 (7 Wks)	5/18	Skyhawks Sports

3-4 Yrs

DAY/DATE	TIME	LOCATION	
Tue: 4/12-5/24	10:45-11:30am	Jennifer Russell Building	
Sat: 4/9-5/21	10:15-11:00am	Rink	
FEE	MIN/MAX	INSTRUCTOR	
\$100 (7 Wks)	5/18	Skyhawks Sports	

4-6 Yrs

DAY/DATE	TIME	LOCATION Rink	
Sat: 4/9-5/21	11:15-12:00pm		
FEE	MIN/MAX	INSTRUCTOR	
\$100 (7 Wks)	5/18	Skyhawks Sports	



Skyhawks Sports
Academy provides
sport programs where
children discover and
develop athletic skills
and social valves, such
as teamwork, respect
and sportsmanship. We
offer children a positive
exports experience while
promoting a healthy,
active lifestyle.



Make Me A Pro Soccer Magic S

Ist-5th Grade

Great class that teaches the basic skills of soccer through fun games and drills. Learn techniques of kicking and dribbling. Come join us we're having a ball.

DAY/DATE	TIME	LOCATION
Fri: 4/15-6/3	2:45-3:45pm	Springhill MPR
FFF	MINIMAN	INICTRILICTOR
FEE	MIN/MAX	INSTRUCTOR

Make Me A Pro Basketball 2 🕒

Ist-5th Grade

This is a class is lots of fun and will teach the basic techniques of the great game of basketball. Learn techniques of passing and dribbling, and shooting through fun games and drills. This class will be a blast! Please bring water.

DAY/DATE	TIME	LOCATION
Thu: 4/14-6/2	3:15-4:00pm	Rink*
FEE	MIN/MAX	INSTRUCTOR
\$108 (8 Wks)	8/25	Make Me a Pro Staff
*Bus from Burton	Valley Elementary: \$24	

Skyhawks Flag Football S

Ist-5th Grade

Skyhawks After-School Flag Football is the perfect program for young athletes who want a fun and safe introduction to America's Game, as well as those who simply want to brush up on their skills in preparation for league play. Participants learn the fundamentals of passing, rushing, receiving, and defense, in addition to the rules, strategies and play-calls of the game. Our age appropriate drills and games teach young athletes vital life lessons including leadership, teamwork and sportsmanship. The program ends with the Skyhawks Super Bowl where participants can show-off their new skills, with their new friends, on the gridiron.

DAY/DATE	TIME	LOCATION	
Thu: 4/14-6/2	2:45-3:45pm	Springhill Fields	
FEE	MIN/MAX	INSTRUCTOR	
\$144 (8 Wks)	10/24	Skyhawks Sports	

Yoga for Kids! 🕒

Ist-5th Grade

Fun and engaging classes explore yoga poses, creative songs cooperative games, breathing and relaxation exercises. Development of self-expression and body-awareness will also be taught in a non-competitive, fun atmosphere. Students will develop strength, flexibility, concentration and confidence!

DAY/DATE	TIME	LOCATION
Tue: 4/12-6/7	2:45-3:45pm	Lafayette Elem. Rm. 23A
FEE	MIN/MAX	INSTRUCTOR
\$139 (8 Wks)	8/20	Jenna Mitchell

Berkeley Chess School ()





Ist-5th Grade

Immerse yourself in the exciting world of chess! Chess is fun and can be learned quickly and easily! If you are new to chess or just polishing your skills, come develop your understanding and enjoyment of the king of games. The Berkeley Chess School is a nonprofit organization offering chess instruction from kindergarten through high school since 1982. We are an affiliate of the U.S. Chess Federation. Skip 5/30

DAY/DATE	TIME	LOCATION
Mon: 4/11-6/6	3:15-4:15pm	Cedar Room*
Thu: 4/14-6/2	2:45-3:45pm	Lafayette Elem.Sci. Rm.
FEE	MIN/MAX	INSTRUCTOR
\$163 (8 Wks)	10/20	Berkeley Chess School
*Bus from Burton	Valley Elementary: \$24	

Extend some days with Dodge Ball.

Dodge Ball (

Ist-5th Grade

Big or small it doesn't matter...some throw hard...some are hard to hit...Dodge Ball is for anyone that wants to have fun! Our expert coaches have years of experience and more than 10 games in their arsenal. Traditional dodge balls are a thing of the past—use our softer, easy to grab dodge balls for a rockin' time. Skip 5/30

DAY/DATE	TIME	LOCATION	
Mon: 4/18-6/6	4:15-5:15pm	Jennifer Russell Building	
FEE	MIN/MAX	INSTRUCTOR	
\$80 (7 Wks)	12/30	Lafayette Staff	
Take this class after			

S Springhill

Elementary



Elementary







Community Center (Burton Valley)

Fun with Science and Engineering



1st-5th Grade

Students have fun building hands-on projects and performing science experiments! They will engage in projects such as building a Catapult, Rubberband-Powered Car, Bridge, Air-Powered Rocket, or Electronic Gameboard. They will run lab experiments such as The Bubble Lab, The Density Lab, The Eruption Lab, or The Taste Lab. All project and lab materials will be provided and each student will be able to take home completed projects. The main goals of the class are to give students a fun after school activity, while increasing their exposure to STEM (Science, Technology, Engineering, Math) and the methodologies and rigors of the scientific method, planning, prioritizing, time management, completing projects from start to finish, and organization. Students will gain a better understanding and appreciation for how the way things around them work and behave, and will learn how to break down and analyze problems. Fun with Science and Engineering is a class taught by Fun with Academics, who has run this class for over a decade. Visit http://funwithacademics.com for more information.

DAY/DATE	TIME		LOCATION	1
Tue: 4/12-5/10	2:45-3:	45pm	Springhill	MPR
Tue: 5/17-6/7	2:45-3:	45pm	Springhill	MPR
FEE		MIN/MAX	INST	RUCTOR
\$178 (5 Wks)/\$143 (4	4 Wks)	10/20	Fun	with Academics

Transportation Timeline and Things that GO with LEGO® ©

K-5th Grade

Delve into the history and mechanics of things designed to move! If you like planes, trains and automobiles, then this LEGO® engineering class is for you! Each week, students will build motorized models of a dragster or an airplane and more. Explore the history of transportation from horse and buggy and trains to the development of the automobile and flight. Each lesson introduces key terminology related to each mode of transportation, like lift and propulsion for the airplane, as well as describes how each vehicle works all while reinforcing the S.T.E.M. and CORE concepts.

DAY/DATE	TIME	LOCATION
Tue: 4/12-6/7	3:15-4:15pm Elderberry Room	
FEE	MIN/MAX	INSTRUCTOR
\$196.50 (9 Wks)	10/20	Bricks 4 Kids
*Bus from Burton V	alley Flementary: \$27	

Pacific Chess Academy S



Ist-5th Grade

Our lessons are an after school program. Each lesson lasts 60 minutes and consists of instructions, analysis and tournament games during which students play against each other. Our lessons are fun and easy to follow, and include individual written instructions to practice at home. We provide our students with necessary chess equipment (board, pieces, and demonstration tools). ALL participants receive trophies at the end of the school year.

DAY/DATE	TIME	LOCATION
Thu: 4/14-6/2	2:45-3:45pm	Springhill MPR
FEE	MIN/MAX	INSTRUCTOR
\$141 (8 Wks)	10/30	Pacific Chess

French (

Ist-5th Grade

This fun and engaging class follows the natural language acquisition process of hearing, imitating and repeating, speaking and comprehending, then reading and writing. Through games, music, poetry and songs learners will discover many aspects of French life and culture and learn strategies for life long language learning.

DAY/DATE	TIME	LOCATION
Wed: 4/13-6/8	1:45-2:45pm	Lafayette Elem Sci. Rm.
FEE	MIN/MAX	INSTRUCTOR
\$183 (9 Wks)	4/10	Audrey Collec

After School Programs at 4 Locations

This year Lafayette Recreation will be offering onsite after school programs at Lafayette Elementary, Happy Valley and Spring Hill. We will also be offering after school programs (ASP) for everyone at the Lafayette Community Center. The Community Center ASP classes will start at 3:15 so participants can carpool from any school.

Bus from Burton Valley

Burton Valley students also have the option to take the Lamorinda School Bus (Route 25 and 28) from Burton Valley to the new stop at the Lafayette Community Center!

Upon arrival at the center, students will be picked up by City staff and escorted to their ASP class. *If you already have an annual bus pass you may use your pass or you can add a Burton ASP Bus pass to your purchase when you sign up for your ASP class. ASP Bus Passes are good for everyday of the class you sign up for and average \$3 a ride. Annual Bus passes can be purchased at www.LamorindaSchoolbus.org

Jedi Master Engineering using LEGO® (

Ist-5th Grade

The Force is strong in this class. Build complex machines and structures based on the best designs from a galaxy far, far away. Projects include X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, settlements and fortresses. Play-Well's Jedi instructors reinforce key engineering concepts such as gear trains, worm drives, pneumatics, eccentric motion and more as students tap into the powerful forces of imagination and engineering.

DAY/DATE	TIME	LOCATION
Tue: 4/12-6/7	2:45-3:45pm	Lafayette Elem Sci. Rm.
FEE	MIN/MAX	INSTRUCTOR
\$219 (9 Wks)	11/16	Play-Well TEKnologies

Animal Grossology with LEGO® S

Ist-5th Grade

If you're fascinated by the weird but true, wild and wacky, gross and yucky, then this is the class for you! Discover the zany biology of our animal friends as we explore fascinating facts about the animal kingdom. We'll build models of a spider, kangaroo, monkey and more. Each week we'll discuss fascinating facts about the animals we build, from a chameleon that changes colors to the seal model that waddles across the table. Students will love these moving models that celebrate the wonders of the animal kingdom. Some come build with us!! Skip 5/30

DAY/DATE	TIME	LOCATION
Mon: 4/11-6/6	2:45-3:45pm	Springhill MPR
FEE	MIN/MAX	INSTRUCTOR
FEE	PHN/PIAA	INSTRUCTOR

Design Thinking for KIDS

4th-5th Grade

Design thinking is a proven project based methodology for 'creative' problem solving used by the Design School at Stanford... Empathize, Define, Ideate, Prototype, and Test. Have fun team building, problem solving, and sharing your designs through challenging projects! If you enjoy LEGOs, art, building, cooking, or tinkering and want to know how to make your idea come to life, than this class is for you. *Only requirement is a positive attitude and ability to have fun! \$25 supply fee collected on first day.

DAY/DATE	TIME	LOCATION
Thu: 4/14-5/12	3:15-5:15pm	Arts & Crafts Room*
FEE	MIN/MAX	INSTRUCTOR
\$198 (5 Wks)	8/10	Nicole Hoppe
*Bus from Burton	Valley Elementary: \$15	

FUNKMODE Hip Hop and Breakdance (1)

Ist-5th Grade

Does your child love to dance? Can't sit still when music comes on? Then they are ready for FUNKMODE Hip Hop and Breakdance! Students will build their confidence while learning various Hip Hop dance styles in a positive, encouraging atmosphere. We have developed a unique curriculum to ensure they will learn musicality, choreography and performance skills each week, while using their own creativity and personal expression. This empowering dance style is great for girls and boys because Hip Hop is for everyone! (Show day on last day of class) www.FUNKMODE.com

DAY/DATE	TIME	LOCATION
Thu: 4/14-6/2	3:15-4:15pm	Live Oak*
Fri: 4/15-6/3	2:45-3:45pm	Lafayette Elem. Rm. 23A
FEE	MIN/MAX	INSTRUCTOR
\$135 (8 Wks)	10/30	FUNKMODE Staff

*Bus from Burton Valley Elementary: \$24



Little Medical School





Ist-5th Grade

Kids love to dress up and play doctor. Our after school program encourages children to explore the exciting and inspiring world of medicine. Using interactive demonstrations and games, kids learn how the body and organs work, how to use instruments that real doctors use, administer first aid, and even tie knots like a real surgeon. Each child gets their own stethoscope that really works. Skip 5/30

DAY/DATE	TIME	LOCATION
Mon: 4/11-6/6	2:45-3:45pm	Lafayette Elem. Sci Rm.
Fri: 4/15-6/3	3:15- 4 :15pm	Cedar Room*
FEE	MIN/MAX	INSTRUCTOR
\$163 (8 Wks)	6/12	Little Medical School
∜D (D .	Valley Elementary: \$2-	4









Springhill Elementary

Lafayette Elementary Happy Valley Elementary

Community Center (Burton Valley)

SPRING BREAK CAMPS

Extreme Expedition with LEGO®

6-II Yrs

Face the challenge of our extreme expedition camp as we explore the world and fight to survive the forces of nature. From avalanches and tornados to earthquakes, campers will construct base camps and escape crafts with LEGOs to survive the harsh environments. Come build with us!

DAY/DATE	TIME	LOCATION
Mon-Fri: 4/4-4/8	9:00-12:00pm	Arts and Crafts Room
FEE	MIN/MAX	INSTRUCTOR
\$193 (I Wk)	10/24	Bricks 4 Kids

Jr. LEGO® Robotics!

5-II Yrs

How would you like to turn your next LEGO® creation into a robot, programmed to do exactly what you tell it to do? The Bricks 4 Kidz® new Junior Robotics class offers all the fun of building with LEGO® bricks, PLUS the challenge of computer programming! Using drag-and-drop icon-based software, WeDo software provides an introduction into the world of computer programming and robotics.

DAY/DATE	TIME	LOCATION
Mon-Fri: 4/4-4/8	1:00-4:00pm	Arts and Crafts Room
FEE	MIN/MAX	INSTRUCTOR
\$233 (I Wk)	8/14	Bricks 4 Kids





Camp Awesome: Spring Break by the Day

4-14 Yrs

Camp Awesome by the day! Price for this class is by the day. Sign up for the whole week to get 5 days for the price of 4! Enjoy Spring Break at Camp Awesome doing arts and crafts, sports and games, Games2U, hikes and a ton of Awesome fun. Snack will be provided, wear sporty clothing, bring a water bottle, lunch and be ready for fun! Campers will be divided into groups based on age. Early Care and After Care available!

DAY/DATE	TIME	FEE
Mon-Fri: 4/4-4/8		
Camp Awesome (per day)	9:00-2:00pm	\$40 (IDay)
Early Care (per day)	7:30-9:00am	\$10 (1 Day)
After Care (per day)	2:00-5:00pm	\$25 (I Day)
LOCATION	MIN/MAX	INSTRUCTOR
Jennifer Russell Building	20/85	Lafayette Staff



TENNIS

Tennis Club at 937-2582 for specific program questions.

Tennis classes are for beginners or students who are continuing on with lessons. Instruction on all basics plus rally contests, mini matches and strategy. Players will not be allowed to enter courts without white soled, non-marking shoes. No running shoes, no jeans, and no gum allowed.

Beginning Pee Wee Tennis

4-5 Yrs

This class is for beginners or students that are continuing on with lessons. Instruction on all basics plus rally contests, mini matches and strategy. **Skip 5/28, 5/30**

DAY/DATE	TIME	LOCATION
Mon: 4/11-6/6	3:00-3:30pm	Lafayette Tennis Club
Wed: 4/13-6/1	3:00-3:30pm	Lafayette Tennis Club
FEE	MIN/MAX	INSTRUCTOR
\$68 (8 Wks)	6/10	Lafayette Tennis Club

Beginning Junior Tennis

6-9 Yrs

This class is for beginners or students that are continuing on with lessons. Instruction on all basics plus rally contests, mini matches and strategy. **Skip 5/28, 5/30**

DAY/DATE	TIME	LOCATION
Mon: 4/11-6/6	3:30-4:30pm	Lafayette Tennis Club
Wed: 4/13-6/1	3:30-4:30pm	Lafayette Tennis Club
Sat: 4/16-6/11	9:30-10:30am	Lafayette Tennis Club
FEE	MIN/MAX	INSTRUCTOR
\$133 (8 Wks)	4/12	Lafayette Tennis Club

Beginning Youth Tennis

10-14 Yrs

This class is for beginners or students that are continuing on with lessons. Instruction on all basics plus rally contests, mini matches and strategy. **Skip 5/28, 5/30**

DAY/DATE	TIME	LOCATION
Mon: 4/11-6/6	4:30-5:30pm	Lafayette Tennis Club
Wed: 4/13-6/1	4:30-5:30pm	Lafayette Tennis Club
Sat: 4/16-6/11	10:30-11:30am	Lafayette Tennis Club
FEE	MIN/MAX	INSTRUCTOR
\$133 (8 Wks)	4/14	Lafayette Tennis Club

Tennis

18 Yrs & Up

This class is for beginners or students that are continuing on with lessons. Instruction on all basics plus rally contests, mini matches and strategy. Skip 5/28

DAY/DATE	TIME	LOCATION
Wed: 4/13-6/1	6:30-7:30pm	Lafayette Tennis Club
Sat: 4/16-6/11	6:30-7:30pm	Lafayette Tennis Club
FEE	MIN/MAX	INSTRUCTOR
\$133	6/14	Lafayette Tennis Club

All tennis classes are located at the Lafayette Tennis Club, 3125 Camino Diablo Road. 937-2582

First class meets in the gazebo near court #I

Classes are subject to change based on enrollment numbers. If your class is cancelled, you will be notified four days prior to the first class and offered options.

Rainouts: Call Lafayette Tennis Club at 937-2582; the hotline is updated at 8:00am and 2:00pm daily. All rainouts will be made up the following week(s) after the end of the session on the same day.



Hatha Yoga

16 Yrs & Up

This class emphasizes principles that are essential for a safe, well-rounded lifelong yoga practice. Importance is placed on teaching students to open and strengthen their bodies while bringing awareness to the mind, body, breath relationship. Cultivating this mindful awareness brings a deep inner peace where students can experience the profound and unexpected effects of calming the mind and nervous system as they learn to become more centered, present and still. All levels welcome. Bring a blanket, two blocks and a strap.

DAY/DATE	TIME	LOCATION
Wed: 4/13-6/8	9:15-10:30am	Sequoia Room
FEE	MIN/MAX	INSTRUCTOR
\$120 (9 Wks)	8/15	Jenn Stedman

Yoga, Beginning/Adv. Beginning 18 Yrs & Up

This class is for those with some yoga experience or athletic beginners. Deepen your experience of basic postures, learn more challenging postures, posture flow and breathing practices. Please bring a yoga mat and thick blanket.

DAY/DATE	TIME	LOCATION
Tue: 4/5-6/7	10:00-11:45am	Sequoia Room
Fri: 4/8-6/10	9:15-10:30am	Sequoia Room
FEE	MIN/MAX	INSTRUCTOR
\$133 (10 Wks)	10/22	Howard Van Es

Intro to Yoga

18 Yrs & Up

If you have been thinking about trying yoga or have very little experience this is the class for you! Basic yoga postures, breathing and yoga philosophy are explored. Improve flexibility, reduces stress, and build energy. Bring a yoga mat and blanket.

DAY/DATE	TIME	LOCATION
Sun: 4/3-6/12	10:30-11:45am	Sequoia Room
FEE	MIN/MAY	INCTRUCTOR
FEE	MIN/MAX	INSTRUCTOR

FREE Introductory Yoga Class

Saturday April 2, 10:00-11:15am | Sequoia Room

Join us for this FREE introductory yoga class and find out why yoga is so popular. No prior experience is needed. Learn about the many health benefits of yoga, a little about yoga philosophy, experience yoga postures, breathing practices and more. Wear comfortable clothing and bring a yoga mat and blanket if you have one. Your instructor will be Howard VanEs who has over 18 years teaching yoga and is the author of 5 books on yoga. Space is limited, register for this free class today.

Evening Hatha Yoga

💶 16 Yrs & Up

This beginning to intermediate beginning class promotes strength building, flexibility, and relaxation techniques through asana (poses) and breathing (pranayama) practices. Poses are adjusted to suit different ages and body types. Bring yoga mat and thick blanket. Skip 5/2, 5/3

DAY/DATE	TIME	LOCATION
Mon: 4/4-6/6	7:15-8:30pm	Sequoia Room
Tue: 4/5-6/7	7:15-8:30pm	Sequoia Room
FEE	MIN/MAX	INSTRUCTOR
\$120 (9 Wks)	8/20	Nancy Anderson



Jazzercise is a pulse-pounding, bass-dropping fitness program that gets results...fast. It's a calorie-torching, hip-swiviling dance party workout with a hot playlist to distract from the burn. Customers can incinerate up to 800 calories

in a 60 minute class. Workout includes warm up, cardio, muscle toning, strength training with weights and stretching. Wear aerobic shoes and bring a mat. www.jazzercise.com.

Enjoy Jazzercise Everyday!

On-going. Sign-up anytime. Register at class. Contacts: Nancy G. 937-6768 | Cyndi B. 528-9836



FEE	EFT FEE	LOCATION
\$12 Walk-in	\$50/mo EFT Unlimited Class Pass	LCC, Live Oak Rm
Weekend Rat	e Available	

*EFT = Electronic Fund Transfer, month to month payment plan

DAY	START TIME	INSTRUCTOR
Mon/Wed/Fri	6:00 am	Nancy G.
Mon/Tue/Wed/Thu/Fri	9:10 am	Nancy G.
Mon/Wed	5:45 pm	Cyndi B.
Tue/Thu	6:00 pm	Cyndi B.
Sat	9:00 am	Nancy G.
Sun	9:00 am	Cyndi B.

Deep Relaxation—Restorative Yoga

18 Yrs & Up

Join us for a restorative yoga workshop and deeply relax your body and mind. We'll use gentle supported yoga postures that are soothing, nurturing and promote deep rest and relaxation for the nervous system—a mini-vacation! Benefits include improved digestion, enhanced immune system, lower blood pressure, reduction of stress symptoms and overall sense of well-being. Participants are requested to bring three thick blankets to class. No yoga experience needed.

DAY/DATE	TIME	LOCATION
Sat: 4/9	9:30-11:45am	Sequoia Room
FEE	MIN/MAX	INSTRUCTOR
\$28 (I Day)	10/22	Howard Van Es



Primordial Sound Meditation

18 Yrs & Up

Practiced for thousands of years, meditation is a technology that benefits your body and mind. It awakens creativity, healing, and transformation. After learning the technique yourself, you can practice to achieve any number of goals, including inner tranquility, well-being, concentration, etc. on your own. Five sessions are dedicated to teaching the technique and one session is for group meditations, where we will put what we have learned to practice.

DAY/DATE	TIME	LOCATION
Thurs: 4/14-5/19	6:00-7:00pm	Elderberry Rm.
FEE	MIN/MAX	INSTRUCTOR
\$93 (6 Wks)	5/20	Mojgan Kavianinejad

Tong Ren Qi Gong

18 Yrs & Up

In this class you will learn Tong Ren Qi Gong which is a very simple but effective form of energy enhancing meditation. In addition to the weekly class you only need to practice for 15 minutes each day to realize its benefits. These benefits typically include an increase in energy, reduction in stress and improvement in chronic health conditions.

DAY/DATE	TIME	LOCATION
Fri: 4/15-6/10	10:00-11:00am	Cedar Room
FEE	MIN/MAX	INSTRUCTOR
\$48 (9 Wks)	3/10	Henry Yu

Yoga Workout

16 Yrs & Up

This class provides a solid foundation of Yoga through postures, movement, breathing and relaxation. Appropriate for beginners or those with Yoga experience. Bring a yoga mat, blocks, strap and blanket to class. Skip 4/12

DAY/DATE	TIME	LOCATION
Tue: 4/5-6/7	6:00-7:15pm	Toyon Room
FEE	MIN/MAX	INSTRUCTOR
\$120 (9 Wks)	8/15	Elizabeth McIntyre



Yoga



💶 l6 Yrs & Up

This class teaches a mix of exercises (asanas) for strengthening, stretching and relaxing the body while also focusing on body alignment—a holistic approach. Students are introduced to the therapeutic aspects of yoga and yoga philosophy in a friendly, gentle atmosphere. Classes end with relaxation and breathing techniques. Silloo has trained with the internationally renowned B.K.S. Iyengar for 8 years and has taught yoga for more than 30 years. Printed handouts are available. Bring a blanket. You may try one class for free. All levels are welcome.

DAY/DATE	TIME	LOCATION
Mon: 4/4-6/6	9:15-10:30	Sequoia Room
Thu: 4/7-6/9	6:00-7:15pm	Toyon Room
FEE	MIN/MAX	INSTRUCTOR
\$133 (10 Wks)	8/15	Silloo Tarapore

Seniorcise

55 Yrs & Up

This fun class exercises your body and your mind. It's an effective combination of low-impact exercise, weight training and stretching. Each one-hour session is designed to increase strength, cardiovascular endurance, flexibility and balance. ALL fitness levels are welcome! Bring a mat, a pair of 2-3 lb hand weights and come exercise with GREAT people to the BEST music from the 40s, 50s and 60s! **Skip 5/30**

DAY/DATE	TIME	LOCATION
Mon: 4/4-6/6	10:30-11:30am	Live Oak Room
Tue: 4/5-6/7	10:30-11:30am	Live Oak Room
Wed: 4/6-6/8	10:30-11:30am	Live Oak Room
Thu: 4/7-6/9	10:30-11:30am	Live Oak Room
FEE	MIN/MAX	X INSTRUCTOR

\$48 (9 Wks)/ \$53 (10 Wks) 10/45 Sue Funkhouser

Re-Balance the Body-Mind-Spirit Connection

18 Yrs & Up

In this class, an integral approach to rebuilding the union between the body, mind and spirit is explored; they each have a meaning and cannot be seperated. The 3-part class includes: Part 1: targeted stretching and a systematic series of slow graceful movements that help release physical tension and enhance awareness of the body and mind. Part 2: exercises to increase memory and focus; meditation will be taught. Part 3: hand-eye coordination and integrative balance movements. Skip 5/30

DAY/DATE	TIME	LOCATION
Mon: 4/18-6/6	10:30-11:45am	Toyon Room
FEE	MIN/MAX	INSTRUCTOR
\$45 (7 wks)	8/15	Ken McNamara



Painting Workshop

18 Yrs & Up

A basic multi-level painting class. Topics include color theory, composition, brush and palette knife techniques, creating atmospheric and textural effects, developing style, use of painting mediums and various other painting applications and techniques. Students may work in any style from abstract to realism and in any paint medium such as acrylic, alkyd, oil or watercolor.

DAY/DATE	TIMI	E	LOCATION
Thu: 4/14-5/5	9:30	-12:30pm	Arts and Crafts Room
Thu: 5/12-6/9	9:30	-12:30pm	Arts and Crafts Room
FEE		MIN/MAX	INSTRUCTOR
\$87 (4 Wks)/\$108	(5 Wks)	6/16	Mark Jezierny

Landscape and Portraiture Painting

18 Yrs & Up

Class is designed to expand your creativity and art education while having fun. Learn to create strong design and attain accurate color, values and representation through demon-



strations and individual instruction. www.westernpainter.com Beginners welcome.

DAY/DATE	TIME	LOCATION
Tue: 4/12-6/7	9:30-12:00pm	Arts and Crafts Room
FEE	MIN/MAX	INSTRUCTOR
\$138 (9 Wks)	6/16	Gary Bergren

Beginning Keyboard



I0 Yrs-Adult

Most popular songs use only 3 or 4 simple chords. You can learn to play your favorites on the piano in just a few weeks. Only 6 students per class so you will get the help you need. No prior experience is required. It's easy and fun! *There is a* \$10 materials fee for the textbook. Bring your keyboard to class. Skip 5/30

DAY/DATE	TIME	LOCATION
Mon: 4/11-6/13	4:00-4:45pm	Elderberry/Sequoia Rms.
FEE	MIN/MAX	INSTRUCTOR
\$138 (9 Wks)	3/8	Ted Crowley

Guitar



🕛 10 Yrs–Adult

Most pop songs use only 3 or 4 simple chords, so you will be playing real songs in just a few weeks. It's easy, and small class size allows for individual attention from instructor. Instructor has BA and MA in music and over 20 years of teaching experience. A \$10 supply fee is payable to the instructor at the first class. Skip 5/30

Beginning

DAY/DATE	TIME	LOCATION
Mon: 4/11-6/13	4:45-5:30pm	Elderberry Room
Intermediate		
DAY/DATE	TIME	LOCATION
Mon: 4/11-6/13	5:30-6:15pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$138 (9 Wks)	3/8	Ted Crowley

Advanced Improvisation

18 Yrs and Up

Ready to kick it up a notch? This six-week course will briefly review the basics of improvisational theater and then dive into advanced level skills. We'll focus on character development, story structure, advanced-level scene work and, towards the end, introduce a couple of classic long-form improv structures. The class culminates with a free performance for friends, fans and family members. Best for those with at least six months of beginning level improv training.

DAY/DATE	TIME	LOCATION
Wed: 4/6-5/11	7:00-9:00pm	Elderberry Room
Wed: 5/18-6/8	7:00-9:00pm	Elderberry Room
FEE	MIN/	MAX INSTRUCTOR

10/20

Intro to Improv!

\$153 (6 Wks) /\$103 (4 Wks)

18 Yrs and Up

Get creative with the art of improvisation! Kenn Adams, veteran improviser and author of the book, How to Improvise a Full-Length Play: The Art of Spontaneous Theater, will teach you the three basic rules of the craft—be spontaneous, make your partner look good, and build on your partner's idea—and, in no time flat, you'll be creating outrageous characters, improvising hysterical scenes and stories, and having the time of your life! No experience is necessary and the class ends with a free performance for friends, fans and family members.

DAT/DATE	TIME		LUCATION
Tue: 4/5-5/10	7:00-9:0	0pm	Elderberry/Cedar Rms.
Tue: 5/17-6/7	7:00-9:0	0pm	Elderberry Room
FEE		MIN/MAX	INSTRUCTOR
\$153 (6 Wks) /\$103	(4 Wks)	10/20	Kenn Adams

Kenn Adams



DANCING



Line Dancing

18 Yrs & Up

Picture rows of people dancing a set of choreography as an ensemble. Learn new and traditional line dances in a comfortable, welcoming, fun filled class. Line dancing isn't just country western anymore. It's also a rich blend of other music and dance styles including latin, popular and swing. Enjoyable exercise that will free the dancer in you. No partners needed. Beginners and intermediates welcome. No perfume or fragrances please.

LEVEL	DAY/DATE	TIME	LOCATION
Beginning	Mon: 4/4-5/16	12:30-1:30pm	Live Oak Room
Beg/Intermed	d Mon: 4/4-5/16	1:30-3:00pm	Live Oak Room
Beg/Intermed	d Tue: 4/5-5/17	7:30-9:00pm	Live Oak Room

FEE	MIN/MAX	INSTRUCTOR
\$52 (7 Wks)	10/40	John Trentacosti

Belly Dancing

18 Yrs & Up

Belly dance your way to increased fitness and joy! Learn basic steps and dance isolations of Raks Sharki, also known as belly dance! Learn to play finger cymbals and dance with a veil. Optional student performance parties every quarter. Pre-registration advised. (Under 16 years OK if enrolled concurrently with parent). Optional dance supplies (CDs, finger cymbals, and silk veils) available for purchase in class. Soft leather soled shoes recommended—hermes sandals, jazz or ballet practice shoes. Thick socks okay but no rubber soles or bare feet please. Skip 5/30

DAY/DATE	TIME	LOCATION
Mon: 5/2-6/6	6:30-7:30pm	Toyon Room
FEE	MIN/MAX	INSTRUCTOR
\$73 (5 Wks)	10/24	Surreyya Beth Hada

COOKING

Delicious Dim Sum

18 Yrs and Up

Dim Sum means "a little bit of heart," and these little savories and sweets surely gladden the heart and palate. Dim sum can be served as an elegant and fun light appetizer, lunch, snack, or as a special treat. We will learn to use a variety of specialties to create popular items, and learn techniques of filling and wrapping in hands-on preparing delicious dim sum, such as Pork and Shrimp Dumplings, BBQ Pork Buns, Chinese Broccoli, Sesame Seeds Balls, etc. Some can be made a lot in advance and frozen for several meals. Bring your sharp chef's knife or cleaver, cutting board, hand towel, beverage, and a to-go box.

DAY/DATE	TIME	LOCATION
Mon: 5/30	6:30-9:30pm	Kitchen
FEE	MIN/MAX	INSTRUCTOR
\$65 (I Day)	5/15	Chat Mingkwan



Spring Sushi

18 Yrs and Up

Spring is a perfect time for certain fish with maximum fat and sweet flavor. Let's make our sushi fresh, light, and clean with a variety of seasonal and local offerings. Learn to prepare fresh ingredients for various toppings and learn simple techniques in making your perfect sushi. With a hands-on approach, we will make Nigiri (finger rolls) and Maki Nori (seaweed rolls) with the freshest ingredients, such as Nigiri: ebi, hamachi, inari, maguro, unagi, Gunkan Nigiri: ikura, tobiko, Hosomaki: cucumber roll, spicy roll, Uramaki: California roll, Philadelphia roll.

DAY/DATE	TIME	LOCATION
Tue: 6/7	6:30-9:30pm	Kitchen
FEE	MIN/MAX	INSTRUCTOR
\$65 (I Day)	5/15	Chat Mingkwan

Thai New Year Feast

18 Yrs and Up

Asian curries have had much Indian influence with spices such as cumin and coriander. But native have added a number of local ingredients, including fresh and dried chilies, to create a variety of curries and to call their own. Let's make curries from Asian Pacific and make them according to your own preferences. Learn techniques of grinding with mortar and pestle and incorporating into aromatic curry of various spices and coconut milk. We'll make Burmese fish curry, Indian korma, Indonesian dried curry rub, Thai green curry, and more.

DAY/DATE	TIME	LOCATION	
Mon: 5/2	6:30-9:30pm	Kitchen	
FEE	MIN/MAX	INSTRUCTOR	

Burmese Cooking

18 Yrs and Up

Myanmar (Burma) has been a mystery for quite sometimes but its cuisine is not that elusive. Burmese cuisine is very unique with its own characteristics that stir interests in the US culinary scene. Learn to cook popular Burmese dishes in this hands-on class and prepare delicious dishes, such as laphet salad, hot and sour fish soup, curried noodles, pea fritters, etc. Bring your sharp chef's knife, cutting board, hand towel, apron, and beverage.

DAY/DATE	TIME	LOCATION	
Wed: 5/18	6:30-9:30pm	Kitchen	
FEE	MIN/MAX	INSTRUCTOR	

Mandarin—Conversational Chinese

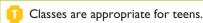
18 Yrs and Up

To teach conversational Chinese and enable students start learning Mandarin Chinese. Through conversation, games, cultural introduction, students learn phonic skill, greetings, numbers, family member titles, date/time, basic grammar and character writing knowledge. Knowledge learned in the class can be easily applied to travel, business, academic needs or personal interest. \$10 supply fee payable to instructor on first day of class. Skip 5/30

LEVEL	DAY/DATE	TIME	LOCATION
Level II	Mon: 4/11-6/6	9:00-10:15am	Cedar Room
Level III	Mon: 4/11-6/6	10:30-11:45am	Cedar Room
Level I	Mon: 4/11-6/6	12:00-1:15pm	Cedar Room

FEE	MIN/MAX	INSTRUCTOR
\$147 (8 Wks)	2/6	Walnut Creek Chinese School





Neighborhood Captain's Training

16 Yrs & Up

Join other Lafayette residents in becoming a neighborhood captain in the Lafayette Emergency Action Response Network (LEARN). This session is designed to help you organize your block or neighborhood in becoming self-sufficient for the first 72 hours following a major disaster. Attendance at a basic preparedness class (as above, CERT or Red Cross class) is recommended, but not required, prior to attending this class. Bring paper and pencil. Written materials will be provided.

DAY/DATE	TIME	LOCATION
Thu: 4/21	7:00-8:30pm	Cedar Room
FEE	MIN/MAX	INSTRUCTOR
FREE	8/40	Emergency Preparedness Commission

Adult CPR

II Yrs and Up

A 3-hour Acute Care Training (ACT) course covering CPR and choke saving for adults (9 + years and older). Please wear comfortable clothes. Certification is good for 2 years. A \$10 LAB FEE WILL BE COLLECTED AT THE BEGINNING OF CLASS.

DAY/DATE	TIME	LOCATION
Tue: 4/19	7:00-10:00pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$38 (I Day)	4/10	Adele Christensen



Emergency Preparedness

💶 16 Yrs & Up

Don't put it off any longer! This quick and easy session will help you prepare yourself and your family for the next earthquake whether you are at home, work, or out and about. Emphasis will be on earthquake preparation, but the information applies to other emergencies as well. Bring pencil and paper. Materials will be provided.

DAY/DATE	TIME	LOCATION
Thu: 4/14	7:00-9:00pm	Cedar Room
FEE	MIN/MAX	INSTRUCTOR
FREE	8/40	Emergency Commission



Pediatric CPR



II Yrs and Up

A 3-hour Acute Care Training (ACT) course covering: CPR and choke saving for children and infants (0-8 years). Please wear comfortable clothes. Certification is good for 2 years.

MUST HAVE A CURRENT CPR CERTIFICATION. A \$10 LAB FEE WILL BE COLLECTED AT THE BEGINNING OF CLASS.

DAY/DATE	TIME	LOCATION
Thu: 4/21	7:00-10:00pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$38 (I Day)	4/10	Adele Christensen

Special Interest

Dog Obedience Classes

All Ages; Children must be accompanied by a parent

Beginning Dog Obedience

Puppies 3 Mos-I Yr; No dogs older than I Yr

Basic obedience instruction for puppy owners and their puppies. Puppies will learn sit, down, come, stay, stand and heel. Solutions for puppy behavior problems including jumping, biting, etc. Bring proof of vaccinations to 1st class. Equipment required: 6 foot leather leash, martingale collar. Attendance is mandatory at the first week of class. No dogs at first class.

Skip 5/11

DAY/DATE	TIME	LOCATION
Wed: 4/13-6/8	6:30-7:30pm	Jennifer Russell Building
FEE	MIN/MAX	INSTRUCTOR

Advanced Dog Obedience



All Ages

Prereq: Completion of LCC Intermediate Obedience Class or instructor permission. Develop skills to compete in AKC obedience trials. Skip 5/12

DAY/DATE	TIME	LOCATION
Thur: 4/14-6/9	8:30-9:30am	Jennifer Russell Building
FEE	MIN/MAX	INSTRUCTOR
\$108 (8 Wks)	6/12	Barb Peppin

Intermediate Dog Obedience



All Ages

Intermediate Dog Obedience Prereq: Completion of LCC Beg. Obedience or instructors permission. Develop skills to pass the AKC Canine Good Citizen Class. Introduction to Agility. Skip 5/11

DAY/DATE	TIME	LOCATION
Wed: 4/13-6/8	7:45-9:00pm	Jennifer Russell Building
FEE	MIN/MAX	INSTRUCTOR
\$173 (8 Wks)	6/10	Barb Peppin



Bridge Workshop— **Diamond Supervised**

18 Yrs and Up

Diamond supervised play is a series of 6 weeks designed to provide reinforcement of one's bridge skills. Each week 8 pre-dealt hands are played while Carol is available for advise (help) on bidding, declarer's plan, or defensive strategy. Time permitting, there will also be randomly dealt hands for further exploration and fun. All hands will be discussed.

LOCATION: Sequoia Room INSTRUCTOR: Carol Griffin

DAY/DATE	TIME
Mon: 4/18-5/23	1:00-3:00pm
FEE	MIN/MAX

Bridge Workshop— Conventions

18 Yrs and Up

Eight conventions will be discussed and hopefully there will be a review on the last class. Following each lecture there will be at least 4 hands that demonstrate each convention: Jacoby Transfers coupled with Stayman, Negative Doubles, Jacoby 2NT Michaels Cue Bid coupled with Unusual NT and Forth Suit Forcing coupled with New Minor Forcing will be offered.

LOCATION: Sequoia Room **INSTRUCTOR:** Carol Griffin

DAY/DATE	TIME
Mon: 4/18-5/23	3:15-5:00pm
FEE	MIN/MAX
\$63 (6 Wks)	8/24

Conversational French

18 Yrs and Up

In this conversation-oriented class, you will learn to deal with everyday situations: how to introduce yourself, to order at a restaurant, to get directions, to have a simple conversation with French speakers and more. No textbook needed.

LOCATION: Cedar Room **INSTRUCTOR:** Audrey Collec

LEVEL	DAY/DATE	TIME
Level I	Tue: 4/19-6/7	10:00-11:30am
Level II	Thu: 4/21-6/9	10:00-11:30am

FEE	MIN/MAX
\$175 (8 Wks)	4/15



Facilty	Capacity	Size	Hourly Rates	Food and Drink Allowed	Minimum # of Hours	Amenities
Jennifer Russell Building (JRB)	Dining: 240 Theater: 325	72'x50'	Resident: \$120 Non Resident: \$150 Resident Non Profit: \$110 Non Res Non Profit: \$130	Yes	4	 Adjoining Restrooms Non Adjoining Kitchen (\$200) Two 80" Flat Screen TVs Available Microphone P.A. System Portable Stage (\$130) Rear Patio Side Patio & Deck (\$75)
Live Oak Room (LO)	Dining: 225 Theater: 300	64'×55'	Resident: \$100 Non Resident: \$130 Resident Non Profit: \$90 Non Res Non Profit: \$110	Yes	4	 Adjoining Foyer Adjoining Kitchen (\$200) Stationary Stage Available Microphone P.A. System Large Patio & Deck (\$75)
Cedar Room	Max: 45	27'x32'	Resident: \$65 Non Resident: \$85 Resident Non Profit: \$60 Non Res Non Profit: \$75	Yes	2 Self Set-Up Optional	In room sinkCounter TopsProjector Screen (no projector)White Board
Sequoia Room	Classroom: 45 Theater: 75	27'x32'	Resident: \$65 Non Resident: \$85 Resident Non Profit: \$60 Non Res Non Profit: \$75	No	2 Self Set-Up Optional	Carpeted FloorProjector Screen (no projector)Adjoining Foyer
Kitchen			\$200 Flat Rate	Yes	Only Available with LO or JRB	 Commercial Refrigerator/ Freezer Icemaker Coffee Pots Microwave Stove/Oven No cooking or eating utensils available

Facility Restrooms/ Drinking Fountain: Centrally Located Parking Sp

Parking Spaces: 117 and 6 Handicap

Times and Days Available: Friday: 6:00pm-1:30pm Saturday: 9:00am-11:30pm Sunday: 9:00am-10:30pm

Please Note: Rental time must include deliveries, decoration, set-up & clean-up. Music/entertainment must stop I hr. prior to the end of the rental.

Security deposit, insurance and other fess not included.

Registration: 284-5050

Registration for Senior Services programs is done via phone (284-5050) or at the Senior Services office (Alder Room at the Lafayette Community Center, 500 St. Mary's Road.) We are not set up for online registration. Unless noted, programs and services are held at the Lafayette Community Center.

Membership Fees and Benefits

Members of Lafayette Senior Services pay no fee, or the discounted fee, for programs and services listed below. Additionally, the quarterly Activity Guide is mailed to each member. Your membership pays for itself after just $1^{1}/2$ classes! Fill out a membership form when you come to a program, or stop by the Senior Services office and fill one out. You may pay with cash or check. Unfortunately, we're unable to process credit card or online payments. You need not be a resident of Lafayette to join.

ANNUAL FEE: January I – December 31, 2016 \$15 per person

Reservoir Walking Group

Led by Jim Scala, *Lafayette Today*'s "Walking the Reservoir" Columnist

Join us every Tuesday and Thursday for camaraderie, fresh air and enjoyable exercise, all in magnificent surroundings. Optional bonus: at the end of the walk, Jim will lead you through easy yoga poses and breathing exercises in the most beautiful outdoor yoga studio: the band stage overlooking the water. Increase your balance and fitness—both physical and mental—and leave each week uplifted and radiant with that overall feeling of well-being! Jim is an author; nutritional expert; former Air Force pilot and consultant to the U.S. Olympic Ski Team and Mt. Everest expeditions. Please call 284–5050 to add your name to the email notification list. Bring quarters or credit card for parking meter. Annual senior (62+) parking passes may be purchased at the reservoir visitor center.

DAY/DATE	TIME	LOCATION
Every Tue and Thu	9:00-10:30pm Meet at 8:45am	Meet at Res: Center Bench on the Dam
FEE:	MEMBERS	NON-MEMBERS
	Free	Free



Apple Basics

Pre-register: 284-5050

Facilitated by Sharon Beck, Owner of Mac-Senior

This ongoing series covers many topics such as Apple IDs, iTunes, iCloud, and the basics of iPad and iPhone usage. Topics for upcoming sessions are based on participants' input and needs. There is always time for Q&A at the end of each class. Please note: this series deals with Apple devices only.



DAY/DATE/LOCATIONS	TIME	LOCATION
1st & 3rd Thursdays	11:00am-12:30pm	Elderberry Room
FEE:	MEMBERS	NON-MEMBERS
Per meeting	Free	\$10

'As the Page Turns' Book Club

Facilitated by JoAnne Schaarschmidt, Lafayette Library 'Friends Corner Book Shop' Volunteer

Looking for a good book to discuss with others? Join this informal group of booklovers and enjoy enrichment, lively discussion, fellowship and refreshments. The group is of mixed gender and everyone gets to participate in selecting the books to read. Please call Lafayette Senior Services for the book of the month title: 284-5050.

DAY/DATE	TIME	LOCATION
3rd Tuesdays 4/19, 5/17	1:00-2:30pm	Elderberry Room
FEE:	MEMBERS	NON-MEMBERS

Discovering Opera: Previn's A Streetcar Named Desire

Presented by Bradford Wade, opera lover for 35 years

Yes, it's an opera based on the well-known Tennessee Williams play, the play that was described at its 1947 premiere as having the overtones of grand opera. Composer André Previn and librettist Philip Littell rose to the challenge of making it into a real opera, faithfully recreating the play in which a mentally unstable Blanche moves in and lives with her sister Stella and her brutish husband Stanley. At the end her mental collapse is complete, and there is a soaringly lyrical mad scene to go with it. Lecturer Bradford Wade will give a guided tour of *Streetcar*, with a description of the plot interspersed with musical examples. This lecture is given in conjunction with Opera San Jose's production of *Streetcar*, April 16-May 1, 2016.

DAY/DATE	TIME	LOCATION	
Tues: 4/12	1:30-3:00	Lafayette Library, Arts & Sci. Rm.	
FEE:	MEMBERS	NON-MEMBERS	
	Free	\$10	

Cooking for One or Two: Fresh and In-Season

Mike Weller, Byron Park Executive Chef and Former Le Cordon Bleu Director of Education

Seasonal cooking allows you to embrace the bounty of healthy, fresh and colorful ingredients available at the farmer's market and grocery store. Chef Mike will discuss what is currently in season and share recipes using those ingredients. As always, there will be plenty of taste-testing! You'll go home with a set of recipes so you can easily replicate the dishes at home—even if you're cooking for just one or two. Space is limited; RSVP to Lafayette Senior Services by Tuesday, May 17: 284-5050.

DAY/DATE	TIME	LOCATION
Tue, 5/24	2:00-3:30pm	Byron Park I 700 Tice Valley Blvd. Walnut Creek
FEE:	MEMBERS	NON-MEMBERS
	Free	\$10

Free Peer Counseling

Contra Costa Health Services offers free one-to-one counseling with trained senior counselors who use their life experiences to help other older adults (55+) cope with life changes, problems, crises and challenges. Confidentiality is strictly observed. **Appointment required.** Please call Lafayette Senior Services to sign up for one of the 60-minute appointments: 284-5050

DAY/DATE	TIME	LOCATION
2nd Tuesday Monthly 4/12, 5/10	10:00am-12:00pm	Alder Room
FEE:	MEMBERS	NON-MEMBERS
	Free	Free

Health Insurance Counseling and Advocacy Programs (HICAP)

Long-Term Care Insurance or Health Insurance (HMOs, Medicare, Kaiser, etc.)

HICAP provides free and objective counseling and advocacy services to Contra Costa Medicare beneficiaries and their families who need assistance with Medicare enrollment and issues involving Medicare and associated insurance programs, including prescription drug coverage. HICAP does not endorse or sell insurance products. For appointments, call Lafayette Senior Services: 284-5050.

First Wednesday Monthly

DATE	APPOINTMENT TIMES	LOCATION
4/6, 5/4, 6/1	10:00am, 11:00am, or Noon	Alder Room

Third Tuesday Monthly

DATE	APPOINTMENT TIMES	LOCATION
4/19, 5/17	10:00am, 11:00am, or Noon	Alder Room

Lunch & Learn: Spring Cleaning Workshop

Clear Clutter and Get Organized!

Pre-register: 284-5050

Presented by Jean Goldman, Jean Goldman Transitions, in Conjunction with Lamorinda, Walnut Creek, and Clayton Valley Villages

It's time to get organized, clear out the clutter, simplify, and plan how to use your space more efficiently. Is it your closets, the garage, a spare room, or your desk or work space that needs to be organized? This workshop will give you the tools and resources you need to begin to de-clutter those areas of your house that you have been thinking about clearing out, and get more organized. Lunch is generously provided by Byron Park. Space is limited; RSVP to Lafayette Senior Services by April 6: 284-5050

DAY/DATE	TIME	LOCATION
Wed: 4/13	11:30am-1:00pm	Byron Park,
		1700 Tice Valley Blvd.,
		Walnut Creek
FEE:	MEMBERS	NON-MEMBERS
	Free	Free

Computers: Password Management & Backing Up Your Data

Edward Zeidan, Owner of Lafayette-based Nerd4Rent

A strong password for each and every account is crucial for internet security, but remembering and keeping track of them can be mind-boggling. Edward will share tips on creating strong passwords and methods of managing them. He will also discuss the importance and various methods of backing up your data to prevent loss.

DAY/DATE	TIME	LOCATION
Wed: 5/11	10:30am-Noon	Cedar Room
FEE:	MEMBERS	NON-MEMBERS
	Free	\$10



Hearing Screening

Audiologists from Hearing Science of Walnut Creek/ Diablo Valley Ear, Nose, and Throat

Minimum of 2 sign-ups required in order for hearing screenings to take place. Please call Lafayette Senior Services at 284-5050 to reserve one of the 20-minute appointments.

DAY/DATE	TIME	LOCATION
Ist Wednesday Monthly	1:00-2:20pm	Alder Room
4/6, 5/4, 6/1		

FEE:	MEMBERS	NON-MEMBERS
•	Free	\$10

Lamorinda Tea Dance

Enjoy afternoon dancing every Wednesday and learn some great new dance moves. The first Wednesday monthly, professional dancers Karen and Michael provide a dance lesson and live DJ services, playing your favorites and taking requests.

DAY/DATE	TIME	LOCATION
Every Wednesday	1:00-3:30pm	Live Oak Room
FEE:	MEMBERS	NON-MEMBERS
Per meeting	Free	\$10

Anne Randolph Physical Therapy Presentations

Anne Randolph, RPT, has been practicing physical therapy since 1977. She provides outpatient therapy in Lafayette and specializes in the care of those 55 and over. Anne's presentations are offered the 4th Wednesday of the month.

FEE:	MEMBERS	NON-MEMBERS
Per class:	Free	\$10

Fall Prevention

Falls are a threat to your health and independence. Learn how to gain better balance, avoid falls, and remain self-sufficient.

DAY/DATE	TIME	LOCATION
Wed: 4/27	11:30am-12:30pm	Cedar Room

Strokes

The effects of a stroke can be devastating. Learn what causes strokes and how to recognize when one is occurring in order to avoid some of the debilitating effects.

DAY/DATE	TIME	LOCATION
Wed: 5/25	11:30am-12:30pm	Cedar Room

Smart Driver 8-Hour Initial Course

Offered through AARP

Pre-register: 284-5050

Refine your driving skills, develop safe, defensive techniques, and possibly lower your insurance premium. Max: 25 pre-paid registrants. First come, first served, by date check is received. Send check, made payable to AARP, to Lafayette Senior Services, 500 St. Mary's Rd., Lafayette, CA 94549. Important: Prior to sending check, please call 284-5050 to determine space availability.

DAY/DATE	TIME	LOCATION
Tue: 4/12 & Thu: 4/14	9:00am-1:00pm	Cedar Room
FEE:	AARP MEMBERS	NON-MEMBERS
	¢15	420



Lamorinda Village: Seniors Taking Charge of the Journey

Presented by Anne Ornelas, Executive Director, Lamorinda Village

The Village concept is based on empowering people, giving us options and choices, giving us control over our lives, and allowing us to create how and where we wish to age. Lamorinda Village is a community-based network of people 55 years and older living in Lafayette, Moraga, and Orinda with the goal of helping people remain in their homes and independent. Meet volunteer leaders from Villages forming in the Contra Costa area, and learn how a Village can help you, a friend, or family member.

DAY/DATE	TIME	LOCATION
Wed, 4/20	10:30-Noon	Cedar Room
FEE:	MEMBERS	NON-MEMBERS
	Free	Free

Drop-In Mah Jongg

Calling all Mah Jongg players! Bring your card and mah jongg set and join us every Tuesday afternoon.

DAY/DATE	TIME	LOCATION
Every Tuesday (*4/12 in Sequoia Roc	Noon-3:00pm pm)	Cedar Room*
FEE:	MEMBERS	NON-MEMBERS
Per meeting	Free	\$10

Lamorinda Nature Walk and Bird-Watching

Led by Ben Pettersson, Experienced Hiker and Bird-Watcher

Experience nature at its finest along our local trails. Delight in the beauty that unfolds around each bend, all the while learning to identify a variety of birds. Bring a water bottle; binoculars are helpful if you have them. Join us every Wednesday or whenever you are able. Meet at Lafayette Senior Services (Alder Room at the Community Center) at 9:00am. For more information or to place your name on the route email/phone list contact Lafayette Seniors Services, 284-5050 or seniors@lovelafayette.org

DAY/DATE	TIME	LOCATION
Every Wednesday	9:00am-Noon	Alder Room
FEE:	MEMBERS	NON-MEMBERS

Free Lending Library

Stop by the Senior Services office and see the beautiful lending library book cart made for us by Lafayette Girl Scout Troop #32167. Browse through the titles. Take home a book or two at no charge. Return them when you're done; it operates on the honor system. Thank you, Girl Scouts, for this wonderful gift!



Words of Wisdom

Pre-register: 284-5050

Discussion Group Led by Craig Janke

Share your opinions with us in a freewheeling exchange of ideas: from current events to philosophy to the inspirational. There may be agreement or there may be differing opinions—it's all in the spirit of learning, sharing, enrichment and good humor. Our "elder perspective" frequently sounds a lot like wisdom!

DAY/DATE	TIME	LOCATION	
3rd Tuesday Monthly 4/19, 5/17	10:30am-Noon	Elderberry Room	
FEE:	MEMBERS	NON-MEMBERS	
Per meeting	Free	\$10	



Positive Living Forum ("Happiness Club")

Moderated by Bob Nozik, MD, Prof. Emeritus UCSF, Author of Happy 4 Life: Here's How to Do It

Brighten your day and take part in this interactive gathering which features discussions on a wide range of topics that guide participants toward a more ideal and positive life experience. Drop-ins welcome!

DAY/DATE	TIME	LOCATION	
2nd Thursday Monthly 4/14, 5/12, 6/9	10:30am–Noon	Elderberry Room	
FEE:	MEMBERS	NON-MEMBERS	
		\$10	



Give the Gift of Transportation to Local Homebound Older Adults

Lamorinda Spirit Senior Van Program

The Lamorinda Spirit Senior Transportation Program provides van rides for older adults to go shopping, to errands, appointments, lunch at the Walnut Creek Senior Center C.C. Café and social visits. Volunteer Drivers each take a morning or afternoon shift Monday through Friday. We are in the process of looking for additional drivers so that we can have two vehicles and drivers available during popular time periods when passengers' appointments overlap. We love to say "YES" when passengers call to make a ride reservation, and additional drivers make that possible. As you look at your schedule consider the possibility of volunteering four hours every week or two: a morning, an afternoon, or Sunday morning when we offer rides to places of worship. A Class C Driver's License is sufficient, and training is provided. Becoming a volunteer driver is a valuable and greatly appreciated gift of service. Please call the Lamorinda Transportation Office at 925-283-3534 to volunteer or if you need a ride, live in Lamorinda, and are age 60+.

Lamorinda Senior Transportation

An Alliance of Transportation Providers

Lamorinda Spirit Van

Pre-register: 283-3534

283-3534

Transportation for Lamorinda older adults to medical appointments, errands, grocery shopping, special events, and lunch at the C.C. Café. Make ride reservations as soon as possible, but at least two business days in advance by 1:00pm. Wheelchair and walker accessible. \$10.00 round-trip for rides within Lamorinda; \$20.00 round-trip for rides to Concord, Martinez, Pleasant Hill, and Walnut Creek. \$8.00 round-trip for rides for residents of low income Senior Housing and those qualifying as low income. \$5.00 round-trip for rides to the C.C. Café.

Contra Costa Yellow Cab and DeSoto Company

284-1234

20% discount for Lamorinda seniors.

Orinda Seniors Around Town 402-4506 Volunteer drivers serving Orinda seniors with

Volunteer drivers serving Orinda seniors with free rides to appointments and errands.

Mobility Matters Rides for **Seniors**

284-6161

Volunteer drivers serving Contra Costa seniors with rides to doctors' appointments during the week. Grocery shopping on Saturdays.

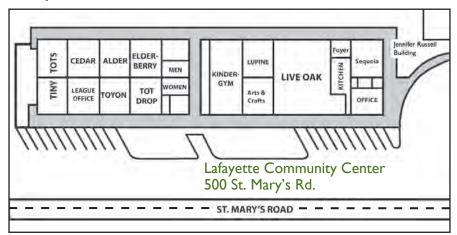
County Connection LINK Reservation Line

938-7433

For people with disabilities. (Older adults often have "age-based" disabilities. By describing your disability, you can become eligible for this service.)



Lafayette Class Locations



Patrons are advised to arrive 5 minutes early to locate their classroom.

Off-Site Locations

- Lafayette Community Park 480 St. Mary's Road, Lafayette
- Lafayette Tennis Club 3125 Camino Diablo Road, Lafayette 937-2582
- Buckeye Fields 711 St. Mary's Road, Lafayette
- Lafayette Library & Learning Center 349 l Mt. Diablo Blvd., Lafayette 385-2280
- Community Contacts
- Lafayette Little League 284-3583
- Lafayette–Moraga Regional Trail (EBRPD) | (510) 635-0135
- Lafayette-Moraga Youth Association (LMYA) | 377-5692

- Happy Valley Elementary 3855 Happy Valley Road, Lafayette
- Lafayette Elementary 950 Moraga Road, Lafayette
- Springhill Elementary 3301 Springhill Road, Lafayette
- Lafayette Reservoir & Recreation Area
- · Lafayette Chamber 284-7404
- 284-1968
- (EBMUD) | 284-9669
- Lafayette City Offices



Contact Us:

www.LafayetteRec.org

Jennifer Russell

Director | 299-325 | jrussell@ci.lafayette.ca.us

John Warshaw

Recreation Supervisor | 299-3260 jwarshaw@ci.lafayette.ca.us

Jonathan "Ace" Katayanagi

Recreation Supervisor | 299-3252 jkatayanagi@ci.lafayette.ca.us

Greg Travers

Park's Maintenance Supervisor gtravers@ci.lafayette.ca.us

Anne Blodgett | Donica Katayanagi

Administrative Assistants recreation@ci.lafayette.ca.us

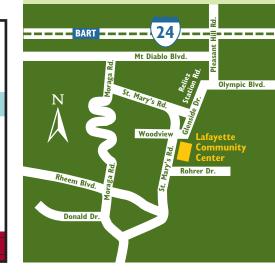
Lafayette Parks, Trails & Recreation

284-2232 | Mon-Fri, 9:00am-5:00pm

• Lafayette Senior Services:

284-5050 | seniors@ci.lafayette.ca.us Maureen Callanan Neumann, Molly Cohen

- Lamorinda Sr. Transportation Program: 283-3534 | mbruns@ci.lafayette.ca.us Mary Bruns
- Tiny Tots Program: 299-3266
- Tot Drop Reservations/Cancellations:
- Lafayette Jazzercise: 937-6768



Registration

Register NOW until classes are full using one of the following methods:

Online 24/7

Check out our secure, online registration at:

www.LafayetteRec.org

Phone

Accepted using MasterCard or Visa. Office hours: Monday-Friday, 9:00am-5:00pm Call: (925) 284-2232

Walk-In

Register in person at our office, 500 St. Mary's Rd., Lafayette. Cash, check, Visa, and MasterCard are accepted. Office hours: Monday-Friday, 9:00am-5:00pm

Mail-In

Use registration form below and attach check, money order or credit card information. Make checks payable to City of Lafayette. Mail to: Lafayette Recreation, 500 St. Mary's Rd., Lafayette, CA 94549

- Pre-registration is required and is on a first-come, first-served basis.
 Registration will continue as long as spaces are available. Waiting lists will be established when a class reaches its maximum.
- Liability Waivers and Medical Consent Forms may be required for activities that have a higher risk to the participant.
- **Returned check fee:** \$50.00 in addition to any bank fees.
- All Supply/Lab Fees are payable directly to instructors at first class.
- All classes (except classes in Adults 55+ section) include a \$3 administrative fee.

- When registering for classes with discounts, you must contact the office to receive the discount.
- If a class does not reach its minimum, it may be necessary to cancel. Participants will be notified 4 days prior to start date.
- NO REFUNDS will be issued unless the class is cancelled. Please choose your classes carefully.
- If you register by MAIL or PHONE, a receipt will be e-mailed/mailed to confirm your registration. The office will contact you by phone if the class you request is full.
- WITHDRAWAL or TRANSFER to another class must be done **10 days before the first day of class**. If you with draw from a class 10 days prior, you will be issued a credit to your Lafayette Recreation account for use towards another class.
- Photographs may be taken of the participants during the course of activities or classes and these photographs may be used in City of Lafayette publications.

Spring 2016 Registration								
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Lafayette Community Center

500 Saint Mary's Road Lafayette, CA 94549 (925) 284-2232

www.LafayetteRec.org

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