

Lafayette Hiking Group

Winter 2016

Meet in the parking lot out from Lafayette BART's main entrance at 8:30 a.m. unless a different meeting time or place is indicated. We form carpools to the trailhead. Bring lunch or snacks, water, layered clothing, good walking shoes, sun protection and money to contribute toward gas, bridge tolls and parking. (\$3 local, more if further).

Wednesday, February 17, Big Break Regional Shoreline

****** Meet at the EBRPD parking lot on Olympic Blvd at Pleasant Hill Rd. at 8:30 a.m.******

This is part of the San Joaquin Delta. We will observe fish and birds from the observation pier, then hike the Big Break Regional Trail through the marshlands which offers good birding. We will eat lunch at the Visitor Center, and tour the interpretative facility which focuses on Delta ecosystems and wildlife and includes a 1200 square-foot interactive map of water flow through the region.

Moderate, flat, paved 6 miles. Leader: Peggy Kroll

Saturday, March 5, Briones Regional Park lagoon area

We will start from the main Bear Creek park entrance and hike uphill to the lagoons, enjoying new spring growth, great views and birds. We will lunch overlooking one of the protected lagoons and its birds. Bring hiking sticks if you use them.

Moderate with hills, 6 - 7 miles. Leader: Marilyn Evans

Saturday, March 26, Redwood Park - French Trail loop

The hike starts with a steep uphill to the West Ridge, and then is mostly level or downhill. Enjoy the redwoods and ferns, and maybe the stream will be flowing. Hiking boots and poles useful for both steepness and possible mud.

Strenuous, about 6 miles. Leaders: Geoff & Sandi Berggren

Questions? Email LafayetteHiking@comcast.net