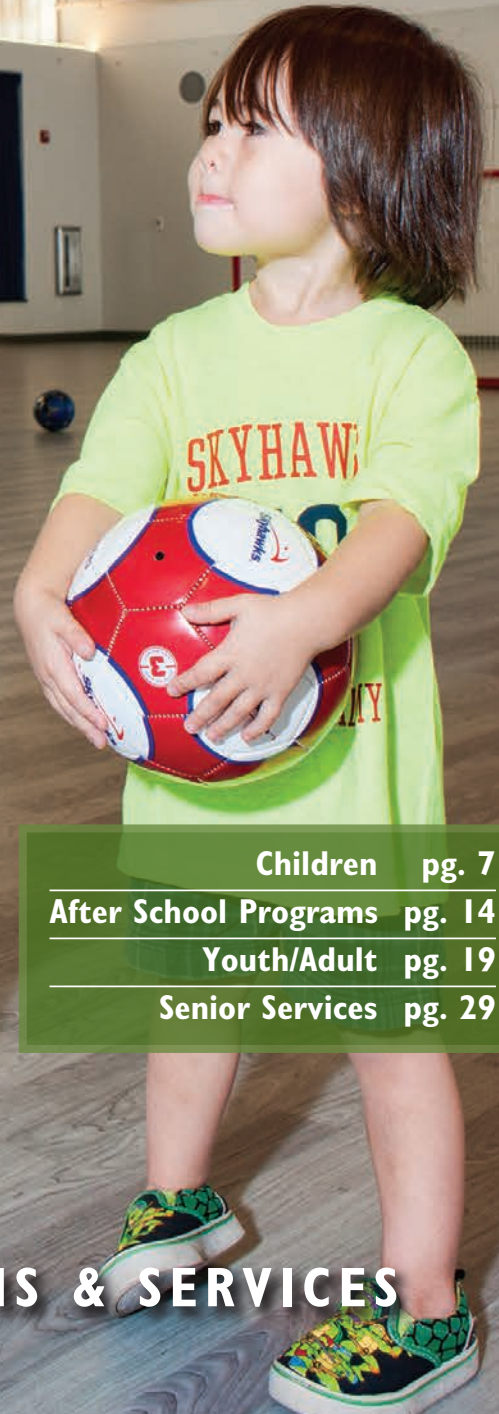


WINTER | 2016

LAFAYETTE RECREATION



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CITY RECREATION PROGRAMS & SERVICES

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Cover photos provided by Stu Selland



January 15
February 19
7th & 8th Grade
Tri-City Dance
\$5

March 11
7th & 8th Grade
Dance featuring
Inflatables
\$12

Location: the
Jennifer Russell
Building @
the Lafayette
Community Center

Sign Up at www.LafayetteRec.org

Lafayette, Moraga & Orinda students welcome. Strict dress code enforced. Participants will be asked to bring a canned food donation to each dance. These safe, drug- and alcohol-free events are put on by the Lafayette Youth Commission. Proceeds will benefit LYC projects. Past projects include donations to the American Cancer Society, Lafayette Library, Lamorinda Skate Park, Child Abuse Prevention, Toys for Tots and more!

Father Daughter Dance

Descend into a miniature & magical setting where fairies and nature spirits live. Dads and Daughters spend the evening dancing the night away with their wings and wands. Themed dress is always welcome.

The evening will include DJ dancing, punch, desert, a craft and a memento of the evening.

Friday, March 4th * 7:00-9:00pm
\$20 per couple
Jennifer Russell Building





WINTER CAMPS ARE AWESOME

Camp Awesome

4-14yrs
Enjoy winter break at CAMP AWESOME doing arts & crafts, sports, games, hikes and more. Have a ton of Awesome fun!

Monday	12/21
Tuesday	12/22
Wednesday	12/23
Monday	12/28
Tuesday	12/29
Wednesday	12/30

9:00am-2:00pm | \$40/day
Early Care and Aftercare available!
See page 14 for more details

Chi Challenge with LEGO® Camp

5-11 Yrs
Let the legend be told—that in the land of Chima®, only the brave survive. Race Speedorz® and build motorized LEGO models. Your destiny awaits!

Mon–Wed, 12/21–12/23
9:00am–12:00pm | \$117
Cedar Room
See page 14 for more details

Pokemon® LEGO® Camp

5-11 Yrs
Get ready for an adventure by combining the worlds of LEGO and Pokemon! Do you have what it takes to be a LEGO Pokemon master?

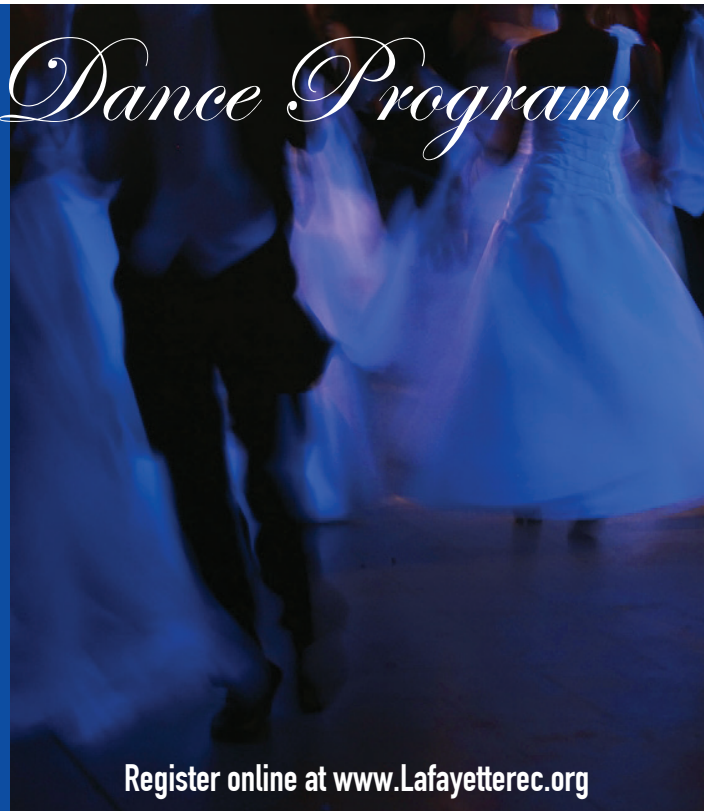
Mon–Wed, 12/21–12/23
1:00–4:00pm | \$117
Cedar Room
See page 14 for more details

Winter Cotillion Dance Program

Thursdays February 4th–February 25th
Time 8:00–9:00pm | Jennifer Russell Building
Cost: \$63

Due to popular demand, for the first time ever we will be offering a winter Cotillion Program! The Junior Cotillion Program is an introductory course for 7th graders in which students learn how to have fun dancing with a partner. The goal of The Junior Cotillion is to acquire ease, grace, and self-assurance during formal occasions. Students will learn to dance with many different partners and practice conversational manners necessary for fun and popularity at such events.

Instructor Gail Enright and her friendly assistants energize the students with a mix of dance moves and music guaranteed to make each class fly by.



Register online at www.LafayetteRec.org

28TH ANNIVERSARY CELEBRATION

Lamorinda Dance Social

*Celebrate the 28th Anniversary of Lamorinda
Dance Social, formerly known as Tea Dance*

Wednesday, February 3rd, 2016, 1:00-4:00pm

Live Oak Room

Lafayette Senior Services Members: Free

Non-Members: \$15

(See pg. 29 for membership information)

Delicious refreshments will be served



Live music will be played by the popular MoodSwing Orchestra. Enjoy classic big band dance hits of the 1930s and '40s including such favorites as "Take the A Train," "In the Mood," "Harlem Nocturne" and other great orchestral hits by Count Basie, Duke Ellington, Benny Goodman, Glenn Miller, and Artie Shaw.

The event is hosted by Karen Lile and Michael Arntz who will grace the dance floor and offer a group dance lesson at 1:45pm.



Thank You!

On behalf of the Lafayette Community Center Foundation, please accept our heart-felt thanks for all the beautiful *Local Celebrity* gift basket donations. Thanks to these donations, the Community Center Foundation will continue to improve the facilities and programs at the Lafayette Community Center where people of all ages and abilities benefit from wonderful programs and special events.

Members: Anne Wondolowski, *Chair*, Susan Callister, Sue Cross, Judy Gregerson, Ruth Kaiser, Steve Robinson, Julie Taylor, Sheri Woodruff



Lafayette Tiny Tots

2016-2017 School Year
First day of school 9/6/16



Lafayette Tiny Tots offers parents a variety of classes for your active pre-schooler. Your child will enjoy interacting with other pre-schoolers in a warm and loving environment. Each class offers a comprehensive early childhood program with emphasis on providing activities and experiences for children to work, play and grow according to their own pattern of development. The instructors are experienced and possess degrees in early childhood education. These classes are not parent participation classes, but parents are welcome to stay until their child is comfortable with the environment.

Registration Procedure for NEW Students

Complete and return the form below, with a copy of your child's birth certificate, by Friday, January 29, 2016 at 5:00pm. On Friday, February 5, all forms will be placed in a box and randomly chosen by the program director until programs are full. We will continue to randomly select any remaining forms to create waiting lists. All people will be notified of their status by Friday, February 12. (2015-16 waiting list people do not carry over to the 2016-17 program.)

***Tuition is non-refundable** • Costs are for each 9-week session • **Session 1 payment is due May 2, 2016**
 Registration Fee: \$25 annually (non-refundable) due 3/11/16



Check the Appropriate Program

2-DAY

TUES/THURS—9:00-11:45am*
 Ages 2 Yrs, 4 Mos–3½ Yrs
 begins 9/6/16
 Fee: \$505 (Paid quarterly)
 Annual Registration: \$25
 *optional Lunch Bunch until 12:30pm

3-DAY

MON/WED/FRI—9:00am-1:30pm
 Ages 3½-5 (Must be 3½ by 9/1/16)
 begins 9/7/16
 Fee: \$855 (Paid quarterly)
 Annual Registration: \$25
 Bring a lunch to enjoy at school

4-DAY

Pre-K MO/TU/WE/FR—9:00am-1:30pm
 Age appropriate to go to TK or K in 2017
 begins 9/7/16
 Fee: \$1,140 (Paid quarterly)
 Annual Registration: \$25

Extra Day Thursdays—9:00am-12:30pm available to students enrolled in 3- or 4-day program

CHILD'S FIRST AND LAST NAME _____

BIRTHDATE (copy of birth certificate must be attached) _____

NAME (Adult) _____ RELATIONSHIP TO CHILD _____

PHONE(S) Day _____ Night _____ Email _____

STREET _____ CITY _____ ZIP _____

Themed Birthday Parties



Kinderdance Parties
3-5 yrs
Ballet, creative movement and acrobatics in a music filled movement and dance party.

Cooking Parties
5-13 yrs
Notify of any food allergies when reserving dates. We do scout badge cooking classes

Kindergym Parties
up to 6 yrs

Indoor Sport Parties
5-7Yrs
Combo: Soccer, Hockey, Basketball, Dodge Ball

Dodge Ball Parties
7-13 yrs
"...best party any of our kids have had yet. Crew members were unbelievable."
—Megan Stem

PARTY THEME	LOCATION	FEE	TIME	DEPOSIT	MIN/MAX	CONTACT INFO
Kinderdance	Toyon Rm	\$200/12 children \$8/addl. child	1 hrs	50%	--	Kira Lancaster: (415) 385-6501
Cooking Parties	LCC Kitchen	\$360	2 hrs	\$180	10 max	(925) 932-1114
Kindergym	Kindergym	\$195/\$260	1.5/2 hrs	--	15 max	(925) 284-2232
Indoor Sport*	Manzanita Rm	\$195	1.5 hrs	--	10/24	Ace@lovelafayette.org
Dodge Ball*	Manzanita Rm	\$195	1.5 hrs	--	10/24	Ace@lovelafayette.org

*Indoor Sport & Dodge Ball Parties are sold as specific packages. We cannot make changes to games or the length of the party. Parties include 1 hour of play and 30 minutes for food and cake. Food, decorations and paper products not included.



The Bay Area's only PRESCHOOL ON DEMAND!

TOT DROP

Only Come When You Want. Only Pay When You Come.

YOU make your own schedule. 9:00 am-1:00 pm

As little as 1 hour or up to 12 hrs/wk. \$11/hr. **You** set your days and arrival & pick up times. Come occasionally, or weekly spots are available. **FREE** cancellation when your plans change.

Never Tried TOT DROP?

Come and see what you've been missing!



COUPON



1 FREE Hour

\$11 value—New Families Only.
(1 per family)

DIAPER WEARERS WELCOME.
NEW STUDENTS MAY ENROLL AT ANY TIME.

Call to get started
925-284-3999
Open YEAR ROUND!
www.totdrop.com

ARTS & CRAFTS



Kids' Carpentry is taking the Winter session off. We'll be back in the Spring with more Kids' Carpentry classes.

SCIENCE

Little Medical School

4-6 Yrs

Little Medical School brings medicine, science, and the importance of health to children in an entertaining, exciting, and fun way. Children learn and have fun as they dress up like doctors, learn how to use instruments doctors use, and understand how the body works! The mission of The Little Medical School is to teach 4 to 6 year old children about the exciting field of medicine. Through hands-on demonstrations, crafts, and games, children are actively engaged as they explore the world of medicine.

DAY/DATE	TIME	LOCATION
Tues: 1/27-3/16	4:00-5:00pm	Cedar Room
FEE	MIN/MAX	INSTRUCTOR
\$163 (8 Wks)	6/12	Little Medical School



COOKING

Cooking with Kids

4-10 Yrs

New 5 week session. Cooking with Kids, inspires kids to enjoy healthy food. Kids eat what they cook. Our goal is to make your children fall in love with healthy eating. Young chefs have fun while learning a valuable life skill. The class includes how to grocery shop, understand food labels, work safely in the kitchen, work in a team proper clean up and more. *\$17 materials fee payable to instructor at first class.*

Busy Bees Cooks (4-5 Yrs)

DAY/DATE	TIME	LOCATION
Tue: 1/12-2/9	1:30-3:00pm	Kitchen
FEE	MIN/MAX	INSTRUCTOR
\$241 (5 Wks)	5/8	Cooking with Kids

We Teach Your Kids to Cook (6-10 Yrs)

DAY/DATE	TIME	LOCATION
Tue: 1/12-2/9	4:00-5:30pm	Kitchen
FEE	MIN/MAX	INSTRUCTOR
\$241 (5 Wks)	5/10	Cooking with Kids



Chef de Cuisine's Cooking Parties

5-13 yrs

Your child can have a cooking-themed birthday party in the Lafayette Community Center Kitchen. We provide the chef instructor, the ingredients and the recipes, you provide the guests, favors and cake. For information or to book a party, call (925) 932-1114.

FEE	DEPOSIT	MIN/MAX
\$360 (2 Hrs)	\$180	10 max

Kindergym at Lafayette

All your senses shout "WOW!" when you see our two spacious rooms with their mats, hanging apparatus, tunnels, basketball hoops, balance beam, slides, slopes and more. Visually, we're a colorful wonderland! Kindergym promotes an adult/child one on one situation where the adult provides encouragement and positive reinforcement through play. Each wonderful 45-minute class concludes with a circle time of favorite songs, rhythms and rhymes led by our exceptional and experienced staff.

All children must be accompanied by an adult. Second sibling enrolled in the same class gets a 25% discount! Infant siblings are okay if in back/front packs. Each student may make-up one missed class each session providing space is available. Drop in classes will be announced in January. Cost is \$12 per class, no discounts for siblings.

Kindergym

Walkers-4 Yrs

Come play with us at the Lafayette Kindergym! We have an exciting environment filled with fun equipment that will excite your child's senses. Our dedicated and friendly staff will enhance your child's playtime experience and conclude each class with a circle time filled with rhythms, rhymes, and songs. These classes offer children the opportunity to learn through play and physical exploration. They will jump, hop, climb, and balance on a variety of gymnastics equipment. Come enjoy a special bonding time with your child in a safe and clean environment. Each class closes with music and songs facilitated by our wonderful staff. **Skip 1/18, 2/12, 2/15**

DAY/DATE	TIME	INSTRUCTOR
Mon: 1/11-3/28	10:05-10:50am	Sossan Mahdavian
Mon: 1/11-3/28	10:55-11:40am	Sossan Mahdavian

FEE	MIN/MAX	LOCATION
\$110 (10 Wks)	4/12	Kindergym

DAY/DATE	TIME	INSTRUCTOR
Tue: 1/12-3/29	9:15-10:00am	Jan Wong
Tue: 1/12-3/29	10:05-10:50am	Jan Wong
Wed: 1/13-3/30	9:15-10:00am	Laurie Crudele
Wed: 1/13-3/30	10:05-10:50am	Elaine Cable
Wed: 1/13-3/30	10:55-11:40am	Elaine Cable
Thur: 1/14-3/31	10:05-10:50am	Elaine Cable
Thur: 1/14-3/31	10:55-11:40am	Elaine Cable
Sat: 1/16-4/2	9:30-10:30am	Staff
Sat: 1/16-4/2	10:30-11:15am	Staff

FEE	MIN/MAX	LOCATION
\$132 (12 Wks)	4/12	Kindergym

DAY/DATE	TIME	INSTRUCTOR
Fri: 1/15-4/1	9:15-10:00am	Laurie Crudele
Fri: 1/15-4/1	10:05-10:50am	Elaine Cable
Fri: 1/15-4/1	10:55-11:40am	Elaine Cable

FEE	MIN/MAX	LOCATION
\$121 (11 Wks)	4/12	Kindergym



Kindergym Plus

1-4 Yrs

All the fun of the traditional Kindergym class PLUS 5 extra minutes of Kindergym fun and siblings okay with one adult.

Skip 2/12

DAY/DATE	TIME	INSTRUCTOR
Fri: 1/15-4/1	4:30-5:20pm	Stacey Mullins
Fri: 1/15-4/1	5:30-6:20pm	Stacey Mullins

FEE	MIN/MAX	LOCATION
\$121 (11 Wks)	4/12	Kindergym



Pre-Kindergym

Crawlers and Beginning Walkers

This class gives babies the opportunity to explore and develop their physical skills (readiness for rolling, crawling, walking and learning) in a fun and safe environment. A brief closing circle with music ends each class. **Skip 1/18, 2/15**

DAY/DATE	TIME	INSTRUCTOR
Mon: 1/11-3/28	9:15-10:00am	Sossan Mahdavian

FEE	MIN/MAX	LOCATION
\$110 (10 Wks)	4/12	Kindergym

DAY/DATE	TIME	INSTRUCTOR
Tue: 1/12-3/29	10:55-11:40am	Jan Wong
Thur: 1/14-3/31	9:15-10:00am	Laurie Crudele

FEE	MIN/MAX	LOCATION
\$132 (12 Wks)	4/12	Kindergym

Kindergym Birthday Party



Up to 6 Yrs

Invite up to 14 of your friends and come play with us on your next birthday at the Lafayette Kindergym! We have an exciting environment filled with fun equipment that will excite your child's senses and make any birthday party a day to remember. We provide the Kindergym staff, the equipment and the music, you provide the guests, favors and cake. For more information or to book a party, call (925) 284-2232.

FEE	TIME	MIN/MAX
\$195/\$250	1.5/2 hrs	15 max

Tiny Tumblers Gymnastics

3 Yrs

This class is designed to enhance your child's motor development skills, balance, coordination, and confidence. Emphasis is placed on developing beginning gymnastic skills in a fun and social environment and also introducing children to learn to participate in a structured class without their parents. Equipment incorporated into the class includes gymnastic mats, single bars, double bars, balance beams, vaulting blocks, incline and barrel mats, ladders, bouncers and spring board, parachutes, rhythm sticks, tunnels, and various other equipment. Music games and group activities are incorporated into the class. **Skip 1/18, 2/15**

DATE	TIME	LOCATION
Mon: 1/11-2/22	2:45-3:25pm	Kindergym
Mon: 2/29-3/28	2:45-3:25pm	Kindergym
FEE	MIN/MAX	INSTRUCTOR
\$78 (5 Wks)	6/14	California Gymnastics

Preschool Gymnastics

4-5 Yrs

This class teaches beginning gymnastics and tumbling skills. Students will flip over the opportunity to learn the basics of all gymnastic events, as well as additional skills to enhance strength, coordination, agility, and confidence. Equipment incorporated into the class includes gymnastic mats, single bars, double bars, balance beams, vaulting blocks, incline and barrel mats, ladders, bouncers and spring board, parachutes, rhythm sticks, tunnels, and various other equipment. **Skip 1/18, 2/15**

DATE	TIME	LOCATION
Mon: 1/11-2/22	3:30-4:10pm	Kindergym
Mon: 2/29-3/28	3:30-4:10pm	Kindergym
FEE	MIN/MAX	INSTRUCTOR
\$78 (5 Wks)	6/14	California Gymnastics



Youth Gymnastics

5.5-9 Yrs

This class teaches beginning and intermediate gymnastics and tumbling skills and is designed to develop strength, flexibility, agility, and confidence in a fun, non-competitive environment. Students learn the basics of all gymnastic events including tumbling, vaulting skills, single bars and balance beams. Students are also introduced to strength and flexibility exercises with fun and challenging games. Equipment incorporated into the class includes gymnastic mats, single bars, double bars, balance beams, vaulting blocks, incline and barrel mats, ladders, bouncers and spring board, parachutes, and more. **Skip 1/18, 2/15**

DAY/DATE	TIME	LOCATION
Mon: 1/11-2/22	4:15-5:10pm	Kindergym
Mon: 2/29-3/28	4:15-5:10pm	Kindergym
FEE	MIN/MAX	INSTRUCTOR
\$83 (5 Wks)	6/14	California Gymnastics

MUSIC & DANCE

Music Together

Newborn to 5 Yrs

Celebrating 25 years of family music fun, and 15 years with over 35,000 East Bay Families. Songs, dance, instruments and rhythmic chants. Join us for the fun and learning in an award winning program for newborns through 5 years with the adults who love them. The internationally recognized program was created by the ground-breaking researchers who pioneered parent participation, developmental early childhood music education. Lamorinda Moms, *Bay Area Parent*, Best Gold Medal, 2000-2015. Price of class includes CD set song book, parent guide DVD, Musical Growth Chart and two makeup classes.

DAY/DATE	TIME	LOCATION	INSTRUCTOR
Wed: 1/13-3/16	9:30-10:15am	Elderberry Rm	Riki Juster
Wed: 1/13-3/16	10:30-11:15am	Elderberry Rm	Riki Juster
Thur: 1/14-3/17	9:30-10:15am	Sequoia Rm	Julia McLeod
Thur: 1/14-3/17	10:30-11:15am	Sequoia Rm	Julia McLeod
Sat: 1/16-3/19	9:30-10:15am	Elderberry Rm	Megan Dey Toth
Sat: 1/16-3/19	10:30-11:15am	Elderberry Rm	Megan Dey Toth
FEE	MIN/MAX		
\$225 (10 Wks)	6/13		

Siblings under 6 months free. Second sibling over 6 month old \$135

French Music and Storytime

Newborn-5 Yrs

Join us for songs, stories and finger-plays in French. For toddlers (0-5) and their caregivers. Come learn and have fun in French! **Skip 1/18 and 2/15**

DAY/DATE	TIME	LOCATION
Mon: 1/11-3/28	9:45-10:30am	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$153 (10 Wks)	4/10	Audrey Collec

Child's Musical Play

2-5 Yrs

This mommy or daddy and toddlers class is designed to stimulate young minds by exploring music through singing, moving, listening and using percussion instruments. The curriculum utilizes traditional and folk songs, chanting rhymes and singing games that encourage and intellectual development of the children, while maintaining the playful character of the activity. Child's Musical Play activities provide children with important experiences that help them develop physical coordination, timing, memory, and visual and language skills. Our musical games provide a safe and uncritical place for parents and their children to play roles and begin to explore their musical skills.

DAY/DATE	TIME	LOCATION
Fri: 1/15-4/1	10:30-11:15am	Sequoia Room
FEE	MIN/MAX	INSTRUCTOR
\$203 (12 Wks)	6/13	Xiomara Di Maio

Mini Hip Hoppers

3-5 Yrs

Designed for young boys and girls, they'll learn fun and funky moves to age appropriate hip hop music that will keep them moving. Encourages creativity, imagination, coordination and rhythm. Students will learn basic techniques as well as creative movement. Young dancers will perform a hip hop routine for friends and family on the last day of class.

DAY/DATE	TIME	LOCATION
Thur: 1/14-3/17	3:30-4:30pm	Toyon Room
FEE	MIN/MAX	INSTRUCTOR
\$163 (10 Wks)	7/13	Studio 8 Dance

Princess Dance

4-6 Yrs

Come dressed up like your favorite princess: Elsa, Anna, Cinderella, Sleeping Beauty, Tinkerbell and Snow White! This class will teach basic Ballet technique and increase motor skills through creative dance. Fun props like wands, scarfs, and dress up will be incorporated into the curriculum to help engage the young dancers. Young dancers will use their imagination and dance to their favorite Disney songs. Friends and family are invited to the last 20 minutes of the last day of class to watch the Princess Ball Dance Performance! Dress code for class: leotard and tights of any color, ballet skirt is optional, ballet shoes and hair up and away from face.

DAY/DATE	TIME	LOCATION
Thur: 1/14-3/17	4:30-5:30pm	Toyon Room
FEE	MIN/MAX	INSTRUCTOR
\$163 (10 Wks)	7/15	Studio 8 Dance

Irish Step Dancing

T 5-16 Yrs

The McBride School of Irish Dance is now offering classes in the Lafayette area for children who want to learn how to cross their feet and treble their toes like the famous dancers in Riverdance. Our mission is to offer quality Irish Dance instruction, while providing a safe, supportive and positive learning environment that lends itself to developing well-rounded and confident dancers.

Level I: Intro to Irish Dance (soft shoes)

Level II: Continuing students. Soft shoes, learning beginning hard shoe.

Level III: Int/Adv higher Level of Progression.

LEVEL	DAY/DATE	TIME	LOCATION
I	Wed: 1/6-3/16	3:15-4:00pm	Toyon Room
II	Wed: 1/6-3/16	4:00-5:00pm	Toyon Room
III	Wed: 1/6-3/16	5:00-6:00pm	Toyon Room
FEE	MIN/MAX	INSTRUCTOR	
\$168 (11 Wks)	3/10	Annie McBride	

Beginning Keyboard

 10 yrs to Adult

Most popular songs use only 3 or 4 simple chords. You can learn to play your favorites on the piano in just a few weeks. Only 6 students per class so you will get the help you need. No prior experience is required. It's easy and fun! *\$10 materials fee for the textbook payable to the instructor at first class.* Bring your keyboard to class. **Skip 1/18, 2/15**

DAY/DATE	TIME	LOCATION
Mon: 1/11-3/28	4:00-4:45pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$153 (10 Wks)	3/6	Ted Crowley

Guitar

 10 yrs to Adult

Most pop songs use only 3 or 4 simple chords, so you will be playing real songs in just a few weeks. It's easy, and small class size allows for individual attention from instructor. Instructor has BA and MA in music and over 20 years of teaching experience. *\$5 supply fee payable to instructor at first class.* **Skip 1/18, 2/15**

LEVEL	DAY/DATE	TIME	LOCATION
Begin.	Mon: 1/11-3/28	4:45-5:30pm	Elderberry Room
Interm.	Mon: 1/11-3/28	5:30-6:15pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR	
\$153 (10 Wks)	3/8	Ted Crowley	



SPECIAL INTEREST



CHILDREN

Enhancing Financial Literacy

10-14 Yrs

This financial education workshop is designed to help young people further develop their financial knowledge on age-appropriate topics such as saving and investing for short and long term goals, basic budgeting, income and expenses, understanding credit card debt and banking services, and the ABC's of the stock market. Parents are also encouraged to attend to help foster their child's long term educational development. Please choose one of two dates below.

DAY/DATE	TIME	LOCATION
Wed: 1/27	5:00-6:30pm	Cedar Room
Sat: 2/20	9:30-11:00am	Cedar Room
FEE	MIN/MAX	INSTRUCTOR
\$23 (1 Day)	5/25	Rich Cerruti

Spanish for Children

3-6 Yrs

Let your child explore a new language with Miriam. Miriam teaches Spanish in a hands on environment, using role play games, bingo games, activity pages, scavenger hunts and other fun activities. Children will learn pronunciation, some grammar, everyday conversation. Miriam uses age appropriate games, follow with songs and art. *\$7 supply fee payable to instructor at first class.* **Skip 1/18, 2/15**

DAY/DATE	TIME	LOCATION
Mon: 1/11-2/22	3:00-5:00pm	Toyon Room
Mon: 2/29-3/28	3:00-5:00pm	Toyon Room
FEE	MIN/MAX	INSTRUCTOR
\$138 (5 Wks)	5/14	Miriam Lattanzi

SPORTS

Tot Sports

2.5-6 Yrs

The Multi-Sport Tot program includes 3-weeks EACH of soccer, baseball and basketball, allowing young athletes to discover a passion for a variety of sports in one fun-filled setting. Participants learn balance, body movement, coordination, self-esteem, teamwork, sportsmanship, and sport specific skill development through a series of fast-paced instructional circuits and games. Our progressional curriculum, modified equipment and highly trained staff provide a safe environment where kids can develop at their own pace with lots of encouragement. Note: Tot Sports for 2.5-3 year olds is a parent participation class. **Skip 2/13**

AGE	DAY/DATE	TIME	LOCATION
2.5-3 Yrs	Sat: 1/30-4/2	9:30-10:00am	Rink
3-4 Yrs	Sat: 1/30-4/2	10:15-11:00am	Rink
4-6 Yrs	Sat: 1/30-4/2	11:15-12:00pm	Rink
2.5-3 Yrs	Tue: 2/2-3/29	10:00-10:30am	Manzanita
3-4 Yrs	Tue: 2/2-3/29	10:45-11:30am	Manzanita

FEE	MIN/MAX	INSTRUCTOR
\$131 (9 Wks)	5/18	Skyhawks Sports



Dodge Ball

7-12 Yrs

Big or small, it doesn't matter...some throw hard...some are hard to hit...Dodge Ball is for anyone that wants to have fun! Our expert coaches have years of experience and more than 10 games in their arsenal. Traditional dodge balls are a thing of the past—use our softer, easy to grab dodge balls for a rockin' time. **Skip 2/15**

DAY/DATE	TIME	LOCATION
Mon: 1/25-3/21	4:15-5:15pm	Manzanita

FEE	MIN/MAX	INSTRUCTOR
\$91 (8 Wks)	12/30	Lafayette Staff

Mini Kickers Soccer

2-5 Yrs

MiniKickers is a **new and exciting program** focusing on the development of children aged 2–5 years old. Our soccer experts and child development professionals have designed an innovative curriculum that introduces your young soccer stars to the basic skills needed in soccer as well as developing their motor, social, and psychological skills. Our British coaches are experts at working with young children and will combine soccer with fun games; stories and music that keeps your children entertained and enthused to return next week. Come join our **Cubs and Lions Program** and join **Lenny the Lion** as you learn our MiniKickers theme songs!

AGE	DAY/DATE	TIME	LOCATION
2-3	Mon: 2/29-4/4	9:00-9:45am	LCP Lower Field
4-5	Mon: 2/29-4/4	10:00-10:45am	LCP Lower Field

FEE	MIN/MAX	INSTRUCTOR
\$88 (6 Wks)	5/10	Challenger Sport

Little Kickers Soccer

4-5 Yrs

Learn the basics of soccer. This 7-week soccer league will help players learn the game and give them a chance to play on a team as they run kick & score their way to a good time. Participants will play games on teams that will be made the first week of class. This is a perfect, low pressure, introduction to league sports. Participants will have one 45 min. class (game) each week. If we receive over 20 players class (game) times will rotate with starting times at 4:00 or 4:45. Under 20 players will result in a 4:00pm start time for all players.

For the first kickers class:

All players will come at 4:00pm. We will give a brief introduction to soccer and take team requests at the first meeting.

After the first week you will receive a schedule and roster the will tell you your game times for the rest of the season.

DAY/DATE	TIME	LOCATION
Tue: 1/26-3/8	4:00-5:30pm	Manzanita

Rotating game times (4:00pm or 4:45pm). One game per week.

FEE	MIN/MAX	INSTRUCTOR
\$80 (7 Wks)	12/20	Lafayette Staff

Indoor Floor Hockey

4-5 Yrs

Learn the game of hockey in your sneakers (no skates) indoors at the Lafayette Community Center. All equipment is provide. Players will participate in drills to learn hockey and play in a game each week.

DAY/DATE	TIME	LOCATION
Wed: 1/27-3/9	4:45-5:30pm	Manzanita

FEE	MIN/MAX	INSTRUCTOR
\$80 (7 Wks)	8/20	Lafayette Staff

MMAPS Basketball

5-12 Yrs

This class is lots of fun and will teach the basic techniques of the great game of basketball. Learn techniques of passing and dribbling, and shooting through fun games and drills. This class will be a blast! Please bring water.

GRADE	DAY/DATE	TIME	LOCATION
5-6 Yrs	Thur: 1/14-2/18	4:00-4:45pm	Rink
7-12 Yrs	Thur: 1/14-2/18	3:15-4:00pm	Rink
5-6 Yrs	Thur: 2/25-3/31	4:00-4:45pm	Rink
7-12 Yrs	Thur: 2/25-3/31	3:15-4:00pm	Rink

FEE	MIN/MAX	INSTRUCTOR
\$89 (6 Wks)	8/25	MMAP Sports

Little Hoopsters Basketball

5-6 Yrs

Dribble, pass and shoot your way to a great time in our basketball class for 5 to 6 year olds. Your little hoopster(s) will learn the basics of basketball, be part of a team and play a game every week. This introduction to the sport puts the focus on fun and learning.

DAY/DATE	TIME	LOCATION
Wed: 1/27-3/9	4:00-4:45pm	Manzanita

FEE	MIN/MAX	INSTRUCTOR
\$80 (7 Wks)	8/20	Lafayette Staff

Mommy/Daddy and Me Soccer

2-3.5 Yrs

Introduce your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age-appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy and Me Soccer, parents are part of the action, not watching from the sidelines! All kids receive a soccer jersey. **Skip 2/12**

DAY/DATE	TIME	LOCATION
Fri: 1/22-3/18	5:10-5:40pm	Manzanita

FEE	MIN/MAX	INSTRUCTOR
\$111 (8 Wks)	5/20	Kidz Love Soccer

Tot Soccer & Pre-Soccer

3.5-5 Yrs

Little tykes will enjoy running and kicking just like the big kids! Encourages large motor skill development through fun soccer games and introduces small children to the group setting. Each participant receives a soccer jersey. Shin guards are required after the first meeting. **Skip 2/12**

DAY/DATE	TIME	LOCATION
Fri: 1/22-3/18	5:50-6:25pm	Manzanita

FEE	MIN/MAX	INSTRUCTOR
\$111 (8 Wks)	5/20	Kidz Love Soccer

Soccer 1: Techniques & Teamwork

5-6 Yrs

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Each participant receives a soccer jersey. Shin guards are required after the first meeting. **Skip 2/12**

DAY/DATE	TIME	LOCATION
Fri: 1/22-3/18	4:15-5:00pm	Manzanita

FEE	MIN/MAX	INSTRUCTOR
\$111 (8 Wks)	5/20	Kidz Love Soccer

Soccer 2: Skillz and Scrimmages

7-10 Yrs

Kidz will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All levels are welcome. Each participant receives a soccer jersey. Shin guards are required. **Skip 2/12**

DAY/DATE	TIME	LOCATION
Fri: 1/22-3/18	3:30-4:15pm	Manzanita

FEE	MIN/MAX	INSTRUCTOR
\$111 (8 Wks)	5/20	Kidz Love Soccer



WINTER BREAK CAMPS

Chi Challenge with LEGO® Camp

5-11 Yrs

Let the legend be told, that in the land of Chima®, only the brave survive. Eight animal tribes battle in pursuit of CHI, the balance of life. Campers will have the opportunity to choose their tribe, while building and battling for victory. Put your Chima skills to the test throughout this camp, by racing Speedorz® and building motorized models with LEGO Bricks. Does your tribe have what it takes to become the ultimate master of CHI? Your destiny awaits!

DAY/DATE	TIME	LOCATION
Mon-Wed: 12/21-12/23	9:00-12:00pm	Cedar Room
FEE	MIN/MAX	INSTRUCTOR
\$117 (3 Days)	12/24	Bricks 4 Kids

Pokemon® LEGO® Camp

5-11 Yrs

Get ready for an adventure by combining the worlds of LEGO and Pokemon! Capture wild Pokemon creatures and train them for battle. Tap into your inner engineer as we build Dratini, Pikachu and more. Bring your Pokemon trading cards to play and trade. Do you have what it takes to be a LEGO Pokemon master?

DAY/DATE	TIME	LOCATION
Mon-Wed: 12/21-12/23	1:00-4:00pm	Cedar Room
FEE	MIN/MAX	INSTRUCTOR
\$117 (3 Days)	12/24	Bricks 4 Kids

Camp Awesome Winter Break by the Day

4-14 Yrs

Enjoy Winter Break at Camp Awesome doing arts & crafts, sports, games (soccer, hockey, capture the flag, dodge ball), hikes and more Awesome fun. Snack provided; wear sporty clothing, bring a water bottle, lunch and be ready for fun! Campers will be divided into groups based on age.

Early Care and Aftercare available!

DAY/DATE	TIME	FEE
Mon: 12/21	9:00-2:00pm	\$40 (1 Day)
Tues: 12/22	9:00-2:00pm	\$40 (1 Day)
Wed: 12/23	9:00-2:00pm	\$40 (1 Day)
Mon: 12/28	9:00-2:00pm	\$40 (1 Day)
Tues: 12/29	9:00-2:00pm	\$40 (1 Day)
Wed: 12/30	9:00-2:00pm	\$40 (1 Day)
Early Care	7:30-9:00am	\$10 (1 Day)
After Care	2:00-5:00pm	\$25 (1 Day)
LOCATION	MIN/MAX	INSTRUCTOR
Manzanita Room	20/60	Lafayette Staff



MMAPS Soccer **S**

1st-5th Grade

Great class that teaches the basic skills of soccer through fun games and drills. Learn techniques of kicking and dribbling. Come join us we're having a ball. **Skip 2/12, 3/18**

DAY/DATE	TIME	LOCATION
Fri: 1/15-4/1	2:45-3:45pm	Springhill MPR
FEE	MIN/MAX	INSTRUCTOR
\$129 (10 Wks)	8/25	MMAP Sports

MMAPS Basketball **C**

1st-5th Grade

This is a class is lots of fun and will teach the basic techniques of the great game of basketball. Learn techniques of passing and dribbling, and shooting through fun games and drills. This class will be a blast! Please bring water.

DAY/DATE	TIME	LOCATION
Thur: 1/14-2/18	3:15-4:00pm	Rink*
Thur: 2/25-3/31	3:15-4:00pm	Rink*
FEE	MIN/MAX	INSTRUCTOR
\$89 (6 Wks)	8/25	MMAP Sports

*Bus from Burton Valley Elementary: \$18

Snow White and the Seven Minecraft Dwarves **H**

6-13 Yrs

Come join Snow White and Her Seven Minecraft Dwarves as they sing, dance and try to thwart the plans of the Evil Queen. (All it takes is one bad apple) They may even vanquish an Ender Dragon! No experience required; everyone is guaranteed a speaking role. Class culminates in a fully staged and costumed production. A world premiere! **Skip 2/12, 4/8**

DAY/DATE	TIME	LOCATION
Fri: 1/15-5/13	3:00-5:30pm	Happy Valley MPR
FEE	MIN/MAX	INSTRUCTOR
\$428 (16 Wks)	40/60	Barrett Lindsay-Steiner, Standing Ovations

After School Programs at 4 Locations

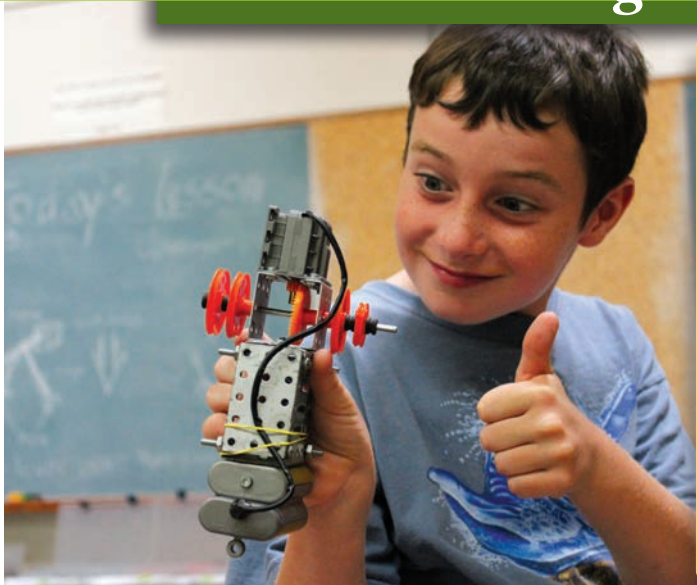
This year Lafayette Recreation will be offering onsite after school programs at Lafayette Elementary, Happy Valley and Spring Hill. We will also be offering after school programs (ASP) for everyone at the Lafayette Community Center. The Community Center ASP classes will start at 3:15 so participants can carpool from any school.

Bus from Burton Valley

Burton Valley students also have the option to take the Lamorinda School Bus (Route 25 and 28) from Burton Valley to the new stop at the Lafayette Community Center!

Upon arrival at the center, students will be picked up by City staff and escorted to their ASP class. *If you already have an annual bus pass you may use your pass or you can add a Burton ASP Bus pass to your purchase when you sign up for your ASP class. ASP Bus Passes are good for everyday of the class you sign up for and average \$3 a ride. Annual Bus passes can be purchased at www.LamorindaSchoolbus.org

S	L	H	C
Springhill Elementary	Lafayette Elementary	Happy Valley Elementary	Community Center (Burton Valley)



Ticket to Ride with LEGO® **S C**

Ist-5th Grade

Delve into the history and mechanics of amusement park rides as we construct various popular rides with LEGO bricks. Lessons incorporate principles of physics and engineering, described in a way children can understand, such as G-force, inertia and momentum, as well as math concepts such as “there are 360 degrees in a circle.” These engaging lessons will give students an understanding of the physical forces they experience every day all while reinforcing the S.T.E.M. and CORE concepts and playing with the world’s most popular toy—LEGO. Springhill: **Skip 1/18, 2/15**

DAY/DATE	TIME	LOCATION
Mon: 1/11-3/28	2:45-3:45pm	Springhill Elem. MPR
Tue: 1/12-3/29	3:15-4:15pm	Elderberry Room*
FEE	MIN/MAX	INSTRUCTOR
\$193 (10 Wks)/\$231 (12 Wks)	10/20	Bricks 4 Kids
*Bus from Burton Valley Elementary: \$36		

Yoga for Kids! **L**

Ist-5th Grade

Fun and engaging classes explore yoga poses, creative songs, cooperative games, breathing and relaxation exercises. Development of self-expression and body-awareness will also be taught in a non-competitive, fun atmosphere. Students will develop strength, flexibility, concentration and confidence! **Skip 1/26, 2/2**

DAY/DATE	TIME	LOCATION
Tue: 1/12-3/29	2:45-3:45pm	Lafayette Elem. Rm. 23A
FEE	MIN/MAX	INSTRUCTOR
\$153 (10 Wks)	8/20	Jenna Mitchell

Toyology: Science Through Toys

L S

Ist-5th Grade

In Toyology: Science Through Toys, students get to make and take home a different science project in each class. While children are having a blast making toys, they are learning major scientific concepts such as: electricity, energy, gravity, motion, light, magnetism, friction and simple machines. When parents arrive for pick-up, our students are eager to show off the toys they made, and explain the science behind how they work. The class includes all materials needed for the students to make and take home the science project in each class, as well as a science notebook and a snack. Our unique project kits, designed by our fabulous engineering team, are filled with many engaging hand-on materials such as: solar panels, LEDs, motors, magnets, batteries and battery cases, switches, custom wooden pieces, and more. All new projects and lessons for the Spring session! **Skip 1/18, 2/15**

DAY/DATE	TIME	LOCATION
Mon: 1/11-3/28	2:45-3:45pm	Lafayette Elem. Sci. Rm.
Tue: 1/12-3/15	2:45-3:45pm	Springhill Elem. MPR
FEE	MIN/MAX	INSTRUCTOR
\$285 (10 Wks)	10/24	Sarah's Science

Pacific Chess Academy **S**

1st-5th Grade

Our lessons are an after school program. Each lesson lasts 60 minutes and consists of instructions, analysis and tournament games during which students play against each other. Our lessons are fun and easy to follow, and include individual written instructions to practice at home. We provide our students with necessary chess equipment (board, pieces, and demonstration tools). ALL participants receive trophies at the end of the school year.

DAY/DATE	TIME	LOCATION
Thur: 1/14-3/31	2:45-3:45pm	Springhill Elem. MPR
FEE	MIN/MAX	INSTRUCTOR
\$195 (12 Wks)	10/30	Pacific Chess

Dodge Ball **C**

7-12 Yrs

Big or small it doesn't matter...some throw hard...some are hard to hit...Dodge Ball is for anyone that wants to have fun! Our expert coaches have years of experience and more than 10 games in their arsenal. Traditional dodge balls are a thing of the past—use our softer, easy to grab dodge balls for a rockin' time. **Skip 2/15**

DAY/DATE	TIME	LOCATION
Mon: 1/25-3/21	4:15-5:15pm	Manzanita Room
FEE	MIN/MAX	INSTRUCTOR
\$91 (8 Wks)	12/30	Lafayette Staff

Take this class after Chess

Little Medical School **C L**

1st-5th Grade

Kids love to dress up and play doctor. Our after school program encourages children to explore the exciting and inspiring world of medicine. Using interactive demonstrations and games, kids learn how the body and organs work, how to use instruments that real doctors use, administer first aid, and even tie knots like a real surgeon. Each child gets their own stethoscope that really works. *Note: Session 1 and 2 have different courses* **Skip 2/12, 3/18**

DAY/DATE	TIME	LOCATION
Tues: 1/12-2/16	2:45pm-3:45pm	Lafayette Elem. Sci Rm.
Tues: 2/23-3/29	2:45pm-3:45pm	Lafayette Elem. Sci Rm

FEE	MIN/MAX	INSTRUCTOR
\$123 (6 Wks)	6/12	Little Medical School

DAY/DATE	TIME	LOCATION
Fri: 1/15-3/25	3:15-4:15pm*	Cedar Room

FEE	MIN/MAX	INSTRUCTOR
\$183 (9 Wks)	6/12	Little Medical School

*Bus from Burton Valley Elementary: \$27

FUNKMODE Hip Hop and Breakdance **C L**

1st-5th Grade

Does your child love to dance? Can't sit still when music comes on? Then they are ready for FUNKMODE Hip Hop and Breakdance! Students will build their confidence while learning various Hip Hop dance styles in a positive, encouraging atmosphere. We have developed a unique curriculum to ensure they will learn musicality, choreography and performance skills each week, while using their own creativity and personal expression. This empowering dance style is great for girls and boys because Hip Hop is for everyone! (Show day on last day of class) www.FUNKMODE.com **Skip 2/12, 3/18**

DAY/DATE	TIME	LOCATION
Thur: 1/14-3/31	3:15-4:15pm	Live Oak*
Fri: 1/15-4/1	2:45-3:45pm	Lafayette Elem. Rm. 23A

FEE	MIN/MAX	INSTRUCTOR
\$201 (12 Wks)/\$168 (10 Wks)	10/30	FUNKMODE Staff

*Bus from Burton Valley Elementary: \$36

Berkeley Chess School **C L**

1st-5th Grade

Immerse yourself in the exciting world of chess! Chess is fun and can be learned quickly and easily! If you are new to chess or just polishing your skills, come develop your understanding and enjoyment of the king of games. The Berkeley Chess School is a nonprofit organization offering chess instruction from kindergarten through high school since 1982. We are an affiliate of the U.S. Chess Federation. **Skip 1/18, 1/21, 2/15**

DAY/DATE	TIME	LOCATION
Mon: 1/11-3/28	3:15-4:15pm	Cedar Room*
Thur: 1/14-3/31	2:45-3:45pm	Lafayette Elem.Sci. Rm.

FEE	MIN/MAX	INSTRUCTOR
\$183 (10 Wks)/\$201 (11 Wks)	10/20	Berkeley Chess School

*Bus from Burton Valley Elementary: \$30



S Springhill Elementary	L Lafayette Elementary	H Happy Valley Elementary	C Community Center (Burton Valley)
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Soccer 2: Skillz and Scrimmages **C**

7-10 Yrs

Kidz will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All levels are welcome. Each participant receives a soccer jersey. Shin guards are required. **Skip 2/12**

DAY/DATE	TIME	LOCATION
Fri: 1/22-3/18	3:30-4:15pm	Manzanita
FEE	MIN/MAX	INSTRUCTOR
\$111 (8 Wks)	5/20	Kidz Love Soccer
*Bus from Burton Valley Elementary: \$24		



French **L**

1st-5th Grade

This fun and engaging class follows the natural language acquisition process of hearing, imitating and repeating, speaking and comprehending, then reading and writing. Through games, music, poetry and songs learners will discover many aspects of French life and culture and learn strategies for life long language learning.

DAY/DATE	TIME	LOCATION
Wed: 1/13-3/30	1:45-2:45pm	Lafayette Elem. Sci. Rm.
FEE	MIN/MAX	INSTRUCTOR
\$243 (12 Wks)	4/10	Audrey Collec



Engineering FUNdamentals **L**

1st-5th grade

Power up your engineering skills with Play-Well TEKologies and tens of thousands of LEGO®! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as arch bridges, skyscrapers, motorized cars, and the Battletrack! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level. **Skip 2/12, 3/18**

DAY/DATE	TIME	LOCATION
Fri: 1/15-3/25	2:45-3:45pm	Lafayette Elem. Sci. Rm.
FEE	MIN/MAX	INSTRUCTOR
\$219 (9 Wks)	11/16	Play Well

After School Programs at a Glance

SCHOOL	PROGRAM	DATES
Burton Vly/Cmty Ctr.	Berkeley Chess School	Mon: 1/11-3/28
Burton Vly/Cmty Ctr.	Ticket to Ride/LEGO	Tues: 1/12-3/29
Burton Vly/Cmty Ctr.	MMAPS Basketball	Thur: 1/14-2/18
Burton Vly/Cmty Ctr.	FUNKMODE Hip Hop	Thur: 1/14-3/31
Burton Vly/Cmty Ctr.	Little Medical School	Fri: 1/15-3/25
Burton Vly/Cmty Ctr.	Soccer 2: Skillz/Scrimmages	Fri: 1/22-3/18
Burton Vly/Cmty Ctr.	Dodgeball	Mon: 1/25-3/21
Burton Vly/Cmty Ctr.	MMAPS Basketball	Thur: 2/25-3/31
Happy Valley Elem.	Snow White/Minecraft	Fri: 1/15-5/13
Lafayette Elem.	Toyology	Mon: 1/11-3/28
Lafayette Elem.	Little Medical School	Tues: 1/12-2/16
Lafayette Elem.	French	Wed: 1/13-3/30
Lafayette Elem.	Berkeley Chess School	Thur: 1/14-3/31
Lafayette Elem.	Engineering FUNdamentals	Fri: 1/15-3/25
Lafayette Elem.	FUNKMODE Hip Hop	Fri: 1/15-4/1
Lafayette Elem.	Little Medical School	Tues: 2/23-3/29
Springhill Elem.	Ticket to Ride/LEGO	Mon: 1/11-3/28
Springhill Elem.	Toyology	Tue: 1/12-3/15
Springhill Elem.	Pacific Chess Academy	Thur: 1/14-3/31
Springhill Elem.	MMAPS Soccer	Fri: 1/15-4/1

Karate

T 5 Yrs & Up

Classes are divided by and catered toward different skill levels. Open class is offered for all skill levels and is designed to build self-confidence while learning how to throw, strike, block and fall without hurting oneself. Intermediate/Advanced class is available to current students who rank above 8th kyu and is designed to build upon the basics, learn more advanced techniques, and cultivate a higher understanding of karate. All students will be given the opportunity to compete in AAU sanctioned tournaments, as well as Open Karate tournaments. *Annual AAU insurance—\$12-Youth. Belt ranking fees also apply, please inquire in class.*

Classes are ongoing; start any time. The Open class is for 5 Yrs & up. The Inter/Adv class is for 7 Yrs & up. Register At class. www.kyokushinkarate-lafayette.com.

LEVEL: DAYS	TIME	LOCATION
Open: Mo/Wed	7:00-8:00pm	Live Oak Room
Advanced: Tues	4:00-5:30pm	Toyon Room
Intermediate: Thu	4:00-5:30pm	Cedar Room
INSTRUCTOR	FEE	
Danielle Jolin	2 Classes/Wk: \$50/month	
	3 Classes/Wk: \$65/month	
	4 Classes/Wk: \$75/month	



Blue Angels Youth Ski & Snowboard Program **T**

The Blue Angels program gives children and teens the opportunity to ski or snowboard the Sierra's with friends and other snow sport enthusiasts in a fun, yet structured environment. Open to all ability levels, from first-timers to experts, the program consists of 5 full Saturday's of professional coaching taught by resort instructors, lift tickets, luxury bus transportation to Sierra-at-Tahoe Resort, constant adult supervision, lunch and snacks, Pro-Tec snow helmet, sponsor goodie bag and equipment rental/leasing discounts. The Blue Angels program provides a learning environment that fosters independence, builds self-esteem and boosts athletic skills. Visit www.BlueAngelSnow.com or call (925) 939-7669 for more information.

2016 Program Dates: 5 Saturdays, Jan. 23, 30; Feb. 6, 20 & 27

Please visit www.BlueAngelSnow.com for locations and times.
Program Fee: \$899

SWOOSH!





TENNIS

Tennis Club at 937-2582 for specific program questions.

Tennis classes are for beginners or students who are continuing on with lessons. Instruction on all basics plus rally contests, mini matches and strategy. *Players will not be allowed to enter courts without white soled, non-marking shoes. No running shoes, no jeans, and no gum allowed.*

Beginning Pee Wee Tennis

4-5 Yrs

This class is for beginners or students that are continuing on with lessons. Fun hand eye coordination games and drills. The forehand and backhand ground-strokes will be introduced and other basic techniques will also be taught. Fun is the focus here! **Skip 2/13, 2/15**

DAY/DATE	TIME	LOCATION
Mon: 1/25-3/21	3:00-3:30pm	Lafayette Tennis Club
Wed: 1/27-3/16	3:00-3:30pm	Lafayette Tennis Club
Sat: 1/23-3/19	9:00-9:30am	Lafayette Tennis Club
FEE	MIN/MAX	INSTRUCTOR
\$68 (8 Wks)	6/10	Lafayette Tennis Club

Beginning Junior Tennis

6-9 Yrs

This class is for beginners or students that are continuing on with lessons. Introduction to basic ground-stroke, volley and serve technique. Fun games, drills and live ball rallying are part of this class. **Skip 2/13, 2/15**

DAY/DATE	TIME	LOCATION
Mon: 1/25-3/21	3:30-4:30pm	Lafayette Tennis Club
Wed: 1/27-3/16	3:30-4:30pm	Lafayette Tennis Club
Sat: 1/23-3/19	9:30-10:30am	Lafayette Tennis Club
FEE	MIN/MAX	INSTRUCTOR
\$133 (8 Wks)	4/12	Lafayette Tennis Club

Beginning Youth Tennis

10-14 Yrs

This class is for beginners or students that are continuing on with lessons. Introduction to basic ground-stroke, volley and serve technique. Fun games, drills and live ball rallying are part of this class. **Skip 2/13, 2/15**

DAY/DATE	TIME	LOCATION
Mon: 1/25-3/21	4:30-5:30pm	Lafayette Tennis Club
Wed: 1/27-3/16	4:30-5:30pm	Lafayette Tennis Club
Sat: 1/23-3/19	10:30-11:30am	Lafayette Tennis Club
FEE	MIN/MAX	INSTRUCTOR
\$133 (8 Wks)	4/14	Lafayette Tennis Club

Tennis

18 Yrs & Up

This class is for beginners or students that are continuing on with lessons. Instructions on all basics including forehand ground-stroke, backhand ground-stroke, serves and volleys. We will also introduce singles and doubles strategy and positioning. **Skip 2/13, 2/15**

DAY/DATE	TIME	LOCATION
Mon: 1/25-3/21	6:30-7:30pm	Lafayette Tennis Club
Wed: 1/27-3/16	6:30-7:30pm	Lafayette Tennis Club
FEE	MIN/MAX	INSTRUCTOR
\$133 (8 Wks)	6/14	Lafayette Tennis Club

Classes are subject to change based on enrollment numbers. If your class is cancelled, you will be notified four days prior to the first class and offered options.

Rainouts: Call Lafayette Tennis Club at 937-2582; the hotline is updated at 8:00am and 2:00pm daily. All rainouts will be made up the following week(s) after the end of the session on the same day.



FITNESS

Yoga

T 16 Yrs & Up

This Yoga class teaches a mix of exercises (asanas) for strengthening, stretching and relaxing the body while also focusing on body alignment—a holistic approach. You are introduced to the therapeutic aspects of Yoga and Yoga philosophy. Classes end with relaxation and breathing techniques. It's a friendly, gentle atmosphere. Silloo has trained with the internationally renowned B.K.S. Iyengar for 8 years and has taught Yoga for more than 30 years. Printed handouts are available. Bring a blanket. You may try one class for free. All levels are welcome.

DAY/DATE	TIME	LOCATION
Mon: 1/4-3/28	9:00-10:15am	Sequoia Room
Thur: 1/7-3/31	6:00-7:15pm	Toyon Room
FEE	MIN/MAX	INSTRUCTOR
\$172 (13 Wks)	8/15	Silloo Tarapore

Yoga Workout

18 Yrs & Up

This class provides a solid foundation of yoga through postures, movement, breathing and relaxation. Appropriate for beginners or those with yoga experience. Bring a blanket. **Skip 2/23**

DAY/DATE	TIME	LOCATION
Tue: 1/5-3/15	6:00-7:15pm	Toyon Room
FEE	MIN/MAX	INSTRUCTOR
\$133 (10 Wks)	8/15	Elizabeth McIntyre

Seniorcise

55 Yrs & Up

This fun class exercises your body and your mind. It's an effective combination of low-impact exercise, weight training and stretching. Each one-hour session is designed to increase strength, cardiovascular endurance, flexibility and balance. ALL fitness levels are welcome! Bring a mat, a pair of 3 lb hand weights and come exercise with GREAT people to the BEST music from the 40s, 50s and 60s! **Skip 2/15**

DAY/DATE	TIME	LOCATION
Mon: 1/11-3/28	10:30-11:30am	Live Oak
Tue: 1/5-3/29	10:30-11:30am	Live Oak
Wed: 1/6-3/30	10:30-11:30am	Live Oak
Thur: 1/7-3/31	10:30-11:30am	Live Oak
FEE	MIN/MAX	INSTRUCTOR
\$63 (12 Wks)/\$68 (13 Wks)	10/45	Susan Funkhouser



Hatha Yoga

T 16 Yrs & Up

This class emphasizes principles that are essential for a safe, well-rounded lifelong yoga practice. Importance is placed on teaching students to open and strengthen their bodies while at the same time bring awareness to the mind, body, breath relationship. Appropriate for both beginners and those with yoga experience. (Level 1 to 1/2). Please bring your own mat and yoga blanket.

DAY/DATE	TIME	LOCATION
Wed: 1/6-3/30	9:15-10:30am	Sequoia Room
FEE	MIN/MAX	INSTRUCTOR
\$159 (12 Wks)	8/15	Jenn Stedman

Re-Balance the Body-Mind-Spirit Connection

18 Yrs & Up

This class offers an integral approach to rebuilding the union between the body, mind and spirit. Each have a meaning and cannot be separated. The first part of the class will include targeted stretching and a systematic series of slow graceful movements that help release physical tension and enhance awareness of the body and mind. The second part of the class will include exercises to increase memory and focus. A meditation will be taught. The third part of the class will include hand-eye coordination and integrative balance movements.

DAY/DATE	TIME	LOCATION
Mon: 1/11-2/22	10:30-11:45am	Toyon Room
Mon: 2/29-4/11	10:30-11:45am	Toyon Room
FEE	MIN/MAX	INSTRUCTOR
\$45 (7 wks)	8/15	Ken McNamara

Beginning/Advanced Beginning Yoga

18 Yrs & Up

This class is for those with some yoga experience or athletic beginners. Deepen your experience of basic postures, learn more challenging postures, posture flow and breathing practices. Please bring a yoga mat and thick blanket.

DAY/DATE	TIME	LOCATION
Tue: 1/5-3/29	10:00-11:15am	Sequoia Room
Fri: 1/8-4/1	9:15-10:30am	Sequoia Room
FEE	MIN/MAX	INSTRUCTOR
\$159 (12 Wks)	10/22	Howard Van Es

Recovery Yoga for Women

18 Yrs & Up

This class offers a mindful yoga practice and a group sharing circle open to women interested in healing addictive behaviors (alcohol, sugar, drugs, tobacco, gambling, eating disorders, co-dependence, etc.) This class supports those suffering from anxiety, depression, stress, grief or trauma. All levels of yoga experience and all stages of recovery are welcome. Our guided, gentle movement and focused breath awareness combined with the ancient wisdom and teachings of yoga create a platform for exploration and reflection which allow healing to take place. This class is not intended as a substitute for programs, meetings and/or professional help. Please bring your own mat. **Skip 1/18, 2/15**

DAY/DATE	TIME	LOCATION
Mon: 1/4-3/28	7:30-9:00pm	Sequoia Room
FEE	MIN/MAX	INSTRUCTOR
\$146 (11 Wks)	8/15	Jenn Stedman, Nancy Anderson

Flexband Fitness for Strength

18 Yrs & Up

Get your body super strong from with simple and easy to learn movements. For all ages and abilities, this is a safe and effective training, due to incorporating strength training with slower movements—a slow burn workout. You will gain strength, balance and coordination all in relaxed atmosphere in this one of kind training. Instructor has 14 years experience training clients in both Pilates and Strength Training. Flexband available in class for purchase \$7. Wear comfortable clothing. **Skip 1/18, 2/22**

DAY/DATE	TIME	LOCATION
Mon: 1/4-3/28	4:00-4:50pm	Live Oak
FEE	MIN/MAX	INSTRUCTOR
\$146 (11 Wks)	10/45	Connie English

Evening Hatha Yoga

18 Yrs & Up

This beginning/advanced beginning class promotes proper alignment, strength building, flexibility, and relaxation techniques through asanas (postures) and breathing practices. Poses are adjusted to suit different ages and body types. Bring yoga mat and thick blanket.

DAY/DATE	TIME	LOCATION
Tue: 1/5-3/29	7:15-8:30pm	Sequoia Room
FEE	MIN/MAX	INSTRUCTOR
\$172 (13 Wks)	8/15	Nancy Anderson

Intro to Yoga

18 Yrs & Up

If you have been thinking about trying yoga or have very little experience this is the class for you! Introduces basic yoga postures, breathing and yoga philosophy. Improve flexibility, reduces stress, and build energy. Bring a yoga mat and blanket.

Skip 2/14

DAY/DATE	TIME	LOCATION
Sun: 1/10-3/27	10:30-11:45am	Sequoia Room
FEE	MIN/MAX	INSTRUCTOR
\$146 (11 Wks)	10/22	Howard Van Es



Jazzercise is a pulse-pounding, bass-dropping fitness program that gets results...fast. It's a calorie-torching, hip-swiveling dance party workout with a hot playlist to distract from the burn. Customers can incinerate up to 800 calories in a 60 minute class. Workout includes warm up, cardio, muscle toning, strength training with weights and stretching. Wear aerobic shoes and bring a mat.

www.jazzercise.com.

On-going. Sign-up anytime. Register at class.

Contacts: Nancy G. 937-6768 | Cyndi B. 528-9836

FEE	EFT FEE	LOCATION
\$12 Walk-in	\$50/mo EFT Unlimited Class Pass	LCC, Live Oak Rm
PASS	FEE	
8-class pass	\$45 (No expiration)	
Weekend Rate Available		
*EFT = Electronic Fund Transfer, month to month payment plan		

Enjoy
Jazzercise
Everyday!



DAY	START TIME	INSTRUCTOR
Mon/Wed/Fri	6:00 am	Nancy G.
Mon/Tue/Wed/Thu/Fri	9:10 am	Nancy G.
Mon/Wed	5:45 pm	Cyndi B.
Tue/Thu	6:00 pm	Cyndi B.
Sat	9:00 am	Nancy G.
Sun	9:00 am	Cyndi B.

DANCE & MUSIC

Line Dancing

18 Yrs & Up

Picture rows of people dancing a set of choreography as an ensemble. Learn new and traditional line dances in a comfortable, welcoming, fun filled class. Line dancing isn't just country western anymore. It's also a rich blend of other music and dance styles including latin, popular and swing. Enjoyable exercise that will free the dancer in you. No partners needed. Beginners and intermediates welcome. No perfume or fragrances please. **Skip 2/15, 2/16**

LEVEL	DAY/DATE	TIME	LOCATION
Beginning	Mon: 1/4-2/8	12:30-1:30pm	Live Oak Room
Beg/Intermed	Mon: 1/4-2/8	1:30-3:00pm	Live Oak Room
Beg/Intermed	Tue: 1/5-2/9	7:30-9:00pm	Live Oak Room
Beginning	Mon: 2/22-3/28	12:30-1:30pm	Live Oak Room
Beg/Intermed	Mon: 2/22-3/28	1:30-3:00pm	Live Oak Room
Beg/Intermed	Tue: 2/23-3/29	7:30-9:00pm	Live Oak Room

FEE	MIN/MAX	INSTRUCTOR
\$45 (6 Wks)	10/40	John Trentacosti

Hawaiian Dance Class

18 Yrs & Up

Learn modern and traditional dances of the island of Hawaii and Tahiti. Warm up on proper execution of hand motion and its footsteps.

DAY/DATE	TIME	LOCATION
Fri: 1/15-3/25	7:00-8:00pm	Toyon Room

FEE	MIN/MAX	INSTRUCTOR
\$91 (11 Wks)	7/15	Celina Hall

Belly Dancing

18 Yrs & Up

Belly dance your way to increased fitness and joy! Learn basic steps and dance isolations of Raks Sharki, also known as belly dance! Learn to play finger cymbals and dance with a veil. Optional student performance parties every quarter. Pre-registration advised. (Under 16 years OK if enrolled concurrently with parent). Optional dance supplies (CDs, finger cymbals, and silk veils) available for purchase in class. Soft leather soled shoes recommended—hermes sandals, jazz or ballet practice shoes. Thick socks okay but no rubber soles or bare feet please.

DAY/DATE	TIME	LOCATION
Mon: 1/11-2/29	6:30-7:30pm	Toyon Room
Mon: 3/7-4/25	6:30-7:30pm	Toyon Room

FEE	MIN/MAX	INSTRUCTOR
\$115 (8 Wks)	10/24	Surreyya Beth Hada

Beginning Keyboard

T 10 Yrs & Up

Most popular songs use only 3 or 4 simple chords. You can learn to play your favorites on the piano in just a few weeks. Only 6 students per class so you will get the help you need. No prior experience is required. It's easy and fun! *There is a \$10 materials fee for the textbook.* Bring your keyboard to class. **Skip 1/18, 2/15**

DAY/DATE	TIME	LOCATION
Mon: 1/11-3/28	4:00-4:45pm	Elderberry Room

FEE	MIN/MAX	INSTRUCTOR
\$153 (10 Wks)	3/6	Ted Crowley

Guitar

T 10 Yrs & Up

Most pop songs use only 3 or 4 simple chords, so you will be playing real songs in just a few weeks. It's easy, and small class size allows for individual attention from instructor. Instructor has BA and MA in music and over 20 years of teaching experience. *\$5 supply fee payable to the instructor at first class.* **Skip 1/18, 2/15**

LEVEL	DAY/DATE	TIME	LOCATION
Beginning	Mon: 1/11-3/28	4:45-5:30pm	Elderberry Room
Intermediate	Mon: 1/11-3/28	5:30-6:15pm	Elderberry Room

FEE	MIN/MAX	INSTRUCTOR
\$153 (10 Wks)	3/8	Ted Crowley

COOKING

Wine Tasting 101—Italy Uncorked

21 Yrs & Up

The wines of Italy have something for everyone! Take a tour with us to a few favorite regions of Italy; Tuscany, Piedmont, Southern Italy, Veneto. The sheer diversity of styles, regions, and varieties offered up from Italy is amazing. From the tip of the boot to the northern Alps: tasty and unique wines in a range of prices and styles. Come join us for an informative evening discovering the best Italy has to offer in wine and food. Class includes wine and food tasting, take home materials and 2 hours of instruction. Please bring 5 wine glasses to class. *\$15 supply fee payable to instructor at first class.*

DAY/DATE	TIME	LOCATION
Fri: 3/4	6:30-8:30pm	Sequoia Room

FEE	MIN/MAX	INSTRUCTOR
\$43 (1 Day)	10/24	Monica Chappell

COOKING

Delicious Dim Sum

18 Yrs & Up

Dim Sum means “a little bit of heart,” and these little savories and sweets surely gladden the heart and palate. Dim sum can be served as an elegant and fun light appetizer, lunch, snack, or as a special treat. We will learn to use a variety of specialties to create popular items, and learn hands-on techniques of filling and wrapping in preparing delicious dim sum, such as Pork and Shrimp Dumplings, BBQ Pork Buns, Chinese Broccoli, Sesame Seeds Balls, etc. Some can be made a lot in advance and frozen for several meals. Bring your sharp chef's knife or cleaver, cutting board, hand towel, beverage, and a to-go box.

DAY/DATE	TIME	LOCATION
Mon: 2/8	6:30-9:30pm	Kitchen
FEE	MIN/MAX	INSTRUCTOR
\$65 (1 Day)	5/15	Chat Mingkwan

Vietnamese Cooking

18 Yrs & Up

Vietnamese cuisine has just the right East-meets-West combination of subtle tastes and flavors. Let's explore what makes Vietnamese cuisine so popular. Learn to use fresh herbs, such as Vietnamese mint-Rau Ram, basil-Rau Que, Ngo Gai and simple techniques in preparing popular Vietnamese dishes, such as Lemongrass chicken, Clay pot, Fresh spring rolls, Green mango salad, and more. Please bring your sharp chef's knife or cleaver, cutting board, hand towel, and beverage.

DAY/DATE	TIME	LOCATION
Thur: 3/31	6:30-9:30pm	Kitchen
FEE	MIN/MAX	INSTRUCTOR
\$65 (1 Day)	5/12	Chat Mingkwan

Curry Workshop

18 Yrs & Up

Asian curries have had much Indian influence with spices such as cumin and coriander. But natives have added a number of local ingredients, including fresh and dried chilies, to create a variety of curries to call their own. Let's make curries from the Asian Pacific and make them according to your own preferences. Learn techniques of grinding with a mortar and pestle and incorporating aromatic curry into various spices and coconut milk. We'll make Burmese fish curry, Indian korma, Indonesian dried curry rub and Thai green curry. Please bring your sharp chef's knife or cleaver, cutting board, hand towel, and beverage.

DAY/DATE	TIME	LOCATION
Wed: 3/23	6:30-9:30pm	Kitchen
FEE	MIN/MAX	INSTRUCTOR
\$65 (1 Day)	5/15	Chat Mingkwan

Thai Cooking

18 and Up

Recently returning from Thailand with new trends and his cookbook, *Easy Thai*, Chat invites you to get into Thai by learning Thai culinary philosophy. Learn to recognize Thai tastes and flavors by preparing a 5-dish Thai meal in this hands-on class. Learn to use herbs and spices, such as galangal and kaffir lime that are unique to Thai cuisine and transform fresh ingredients into delicious dishes. Bring your sharp chef's knife or cleaver, cutting board, hand towel, and your own beverage.

DAY/DATE	TIME	LOCATION
Tue: 1/26	6:30-9:30pm	Kitchen
FEE	MIN/MAX	INSTRUCTOR
\$65 (1 Day)	5/14	Chat Mingkwan

Healthy Stir Fries

18 Yrs & Up

The Chinese invented the wok and stir-fry cooking technique, and all Asian Cuisines adapted and modified this technique to call their own. Stir-frying is a fresh, quick, and easy food preparation, using freshest ingredients, taking little time to cook, and employing the simplest techniques. Let's make delicious and popular Asian stir-fried dishes from Chinese, Japanese, Thai, Vietnamese cuisine, etc., and make them healthier and more personalized by adding your own twists, such as Beef and Broccoli, Spicy eggplant and Thai basil, Chow Mein, Peppered Shrimp, Sweet and Sour, and more. Please bring your sharp chef's knife or cleaver, cutting board, your favorite wok, hand towel, and beverage.

DAY/DATE	TIME	LOCATION
Mon: 3/14	6:30-9:30pm	Kitchen
FEE	MIN/MAX	INSTRUCTOR
\$65 (1 Day)	5/12	Chat Mingkwan



IMPROV



Intro to Improv!

18 Yrs & Up

Get creative with the art of improvisation! Kenn Adams, veteran improviser and author of the book, *How to Improvise a Full-Length Play: The Art of Spontaneous Theater*, will teach you the three basic rules of the craft—be spontaneous, make your partner look good, and build on your partner’s idea—and, in no time flat, you’ll be creating outrageous characters, improvising hysterical scenes and stories, and having the time of your life! No experience is necessary and the class ends with a free performance for friends, fans and family members.

DAY/DATE	TIME	LOCATION
Tue: 1/5-2/9	7:00-9:00pm	Cedar Room
Tue: 2/16-3/22	7:00-9:00pm	Cedar Room
FEE	MIN/MAX	INSTRUCTOR
\$153 (6 Wks)	10/20	Kenn Adams

Advanced Improvisation

18 Yrs & Up

Ready to kick it up a notch? This six-week course will briefly review the basics of improvisational theater and then dive into advanced level skills. We’ll focus on character development, story structure, advanced-level scene work and, towards the end, introduce a couple of classic long-form improv structures. The class culminates with a free performance for friends, fans and family members. Best for those with at least six months of beginning level improv training.

DAY/DATE	TIME	LOCATION
Wed: 1/6-2/10	7:00-9:00pm	Elderberry Room
Wed: 2/17-3/23	7:00-9:00pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$153 (6 Wks)	10/20	Kenn Adams

THE ARTS

Landscape and Portraiture Painting

18 Yrs & Up

Class is designed to expand your creativity and art education while having fun. Learn to create strong design and attain accurate color, values and representation through demonstrations and individual instruction. www.westernpainter.com Beginners welcome.

DAY/DATE	TIME	LOCATION
Tue: 1/12-3/29	9:30-12:00pm	Arts and Crafts Room
FEE	MIN/MAX	INSTRUCTOR
\$183 (12 Wks)	6/16	Gary Bergren



Painting Workshop

18 Yrs and Up

This basic, multi-level painting class includes color theory, composition, brush and palette knife techniques, creating atmospheric and textural effects, developing style, use of different painting mediums, and more. Students may work in any style, from abstract to realism, and in any paint medium such as acrylic, alkyd, oil, or watercolor.

DAY/DATE	TIME	LOCATION
Thur: 1/7-2/11	9:30-12:30pm	Arts and Crafts Room
Thur: 2/18-3/24	9:30-12:30pm	Arts and Crafts Room
FEE	MIN/MAX	INSTRUCTOR
\$129 (6 Wks)	6/16	Mark Jezierny

DOG OBEDIENCE

T All Ages; Children must be accompanied by a parent

Beginning Dog Obedience

Puppies 3 Mos-1 Yr; No dogs older than 1 Yr

Basic obedience instruction for puppy owners and their puppies. Puppies will learn sit, down, come, stay, stand and heel. Solutions for puppy behavior problems including jumping, biting, etc. Bring proof of vaccinations to 1st class. Equipment required: 6 foot leather leash, martingale collar. Attendance is mandatory at the first week of class. No dogs at first class. **Skip 2/10**

DAY/DATE	TIME	LOCATION
Wed: 1/13-3/9	6:30-7:30pm	Manzanita
FEE	MIN/MAX	INSTRUCTOR
\$183 (8 Wks)	6/12	Barb Peppin

Intermediate Dog Obedience

Intermediate Dog Obedience Prereq: Completion of LCC Beg. Obedience or instructors permission. Develop skills to pass the AKC Canine Good Citizen Class. Introduction to Agility. **Skip 2/10**

DAY/DATE	TIME	LOCATION
Wed: 1/13-3/9	7:45-9:00pm	Manzanita
FEE	MIN/MAX	INSTRUCTOR
\$173 (8 Wks)	6/10	Barb Peppin

Advanced Dog Obedience

Prereq: Completion of LCC Intermediate Obedience Class or instructor permission. Develop skills to compete in AKC obedience trials. **Skip 2/11**

DAY/DATE	TIME	LOCATION
Thur: 1/14-3/10	8:30-9:30am	Manzanita
FEE	MIN/MAX	INSTRUCTOR
\$108 (8 Wks)	6/12	Barb Peppin



SPECIAL INTEREST

Rusty Bridge

18 Yrs and Up

This ten-week course is specially designed for those who want to update their bidding skills, improve their communication with their partners, and/or revive their “college days” playing skills. It begins with a complete basic bidding review, followed by an introduction to preemptive and slam bidding, the Stayman convention, leads against NT vs. Suit Contracts, bidding in the “balancing seat”, and the distinction between forcing and non-forcing bids. Each session will consist of a 1/2 hour lecture and 1 1/2 hours supervised play with predealt hands that illustrate the subject of the day. *A workbook is available from the instructor for \$10.*

DAY/DATE	TIME	LOCATION
Mon: 2/8-4/11	3:15-5:15pm	Sequoia Room
FEE	MIN/MAX	INSTRUCTOR
\$103 (10 Wks)	12/32	Carol Griffin

Bridge Workshop—Diamond Series

18 Yrs & Up

The Diamond Series is the ACBL intermediate course focusing on the play of the hand. The main objective is to develop a plan by declarer, including the counting of winners or losers, developing tricks (by finessing, promotion and length), eliminating losers, managing the trump suit, and considering Entries. There are four pre-dealt hands to play each session. *There is a required textbook for \$20 available from the instructor.*

DAY/DATE	TIME	LOCATION
Mon: 2/8-4/11	1:00-3:00pm	Sequoia Room
FEE	MIN/MAX	INSTRUCTOR
\$103 (10 Wks)	12/32	Carol Griffin

Tong Ren Qi Gong

18 Yrs & Up

In this class you will learn Tong Ren Qi Gong which is a very simple but effective form of energy enhancing meditation. In addition to the weekly class you only need to practice for 15 minutes each day to realize its benefits. These benefits typically include an increase in energy, reduction in stress and improvement in chronic health conditions.

DAY/DATE	TIME	LOCATION
Fri: 1/8-3/25	10:00-11:00am	Cedar Room
FEE	MIN/MAX	INSTRUCTOR
\$63 (12 Wks)	3/10	Henry Yu



Basic First Aid

 11 Yrs & Up

A 3 hour Acute Care Training (ACT) course teaching students the causes, prevention and care of first aid emergencies. Instruction includes treatment of head and bleeding injuries, fractures, wounds, burns, poisonings, etc. Certification is good for 2 years. *A \$10.00 supply fee is payable at the beginning of class.*

DAY/DATE	TIME	LOCATION
Thur: 2/25	7:00-10:00pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$38 (1 Day)	4/20	Adele Christensen

Adult CPR

 11 Yrs & Up

A 3-hour Acute Care Training (ACT) course covering CPR and choke saving for adults (9 + years). Please wear comfortable clothes. Certification is good for 2 years. *A \$10.00 lab fee will be collected at the beginning of class.*

DAY/DATE	TIME	LOCATION
Tue: 2/23	7:00-10:00pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$38 (1 Day)	4/8	Adele Christensen



Passport to Retirement

40 Yrs & Up

Passport to retirement is a comprehensive retirement system that educates attendees and helps them overcome the road-blocks to a successful retirement. Learn how to: • Define and create your retirement; • Assess the costs of retirement; • Evaluate sources of income; • Invest for the future; • Protect your health and wealth; • Manage your estate distribution . . . and more. The system is filled with compelling statistics, case studies, and the workbook includes a wealth of self-analysis quizzes.

DAY/DATE	TIME	LOCATION
Tue: 3/8-3/15	6:30-9:30pm	Elderberry Room
Thur: 3/3-3/10	6:30-9:30pm	Cedar Room
FEE	MIN/MAX	INSTRUCTOR
\$49 (2 Wks)	5/20	Bob Stafford, CFP, CLU

Mandarin—Conversational Chinese

18 Yrs & Up

To teach conversational Chinese and enable students start learning Mandarin Chinese. Through conversation, games, cultural introduction, students learn phonic skill, greetings, numbers, family member titles, date/time, basic grammar and character writing knowledge. Knowledge learned in the class can be easily applied to travel, business, academic needs or personal interest. *\$10 supply fee payable to instructor on first day of class. Skip 1/18, 2/15*

LEVEL	DAY/DATE	TIME	LOCATION
Level 1	Mon: 1/4-3/21	12:15-1:30pm	Cedar Room
Level 2	Mon: 1/4-3/21	9:00-10:15am	Cedar Room
Level 3	Mon: 1/4-3/21	10:30-11:40am	Cedar Room
FEE	MIN/MAX	INSTRUCTOR	
\$183 (10 Wks)	2/6	Walnut Creek Chinese School	

French

18 Yrs & Up

In this conversation oriented class, you will learn to deal with everyday situations: how to introduce yourself, to order at a restaurant, to get directions, to have a simple conversation with French speakers and more. No textbook needed.

DAY/DATE	TIME	LOCATION
Tue: 1/5-3/29	10:00-11:30am	Cedar Room
FEE	MIN/MAX	INSTRUCTOR
\$175 (13 Wks)	4/15	Audrey Collec

Have Your Next Event At The Lafayette Community Center



The Lafayette Community Center is set in beautiful Burton Valley adjacent to Las Trampas Creek. This natural setting is perfect for indoor/outdoor functions. A spacious patio and lawn area are located behind the Center.



A fully equipped commercial kitchen offers caterers a stress-free food preparation and serving experience. Kitchen is available with Live Oak and Manzanita Room rentals.



The Lafayette Community Center has three rooms available to suit your needs. The Live Oak Room accommodates up to 225 people with an adjacent commercial kitchen. This room is ideal for wedding receptions, fundraisers, reunions, anniversaries or your special event. The new Manzanita Room offers a spacious venue for large events.



The Sequoia Room holds up to 50 people and includes carpeting and a gas fireplace. Our facilities are available Friday nights, Saturdays and Sundays. Fees range from \$60-\$130 per hour not including deposit and insurance. To find out more, call (925) 284-2232 or email us at recreation@ci.lafayette.ca.us

In addition to our indoor facilities, we also have a large outdoor RINK. This facility can be used for basketball, hockey, skating, scooters, dancing and parties . . . or create your own event.



Lafayette Recreation Staff will help you create an awesome party on the Rink or in the air-conditioned Manzanita Room. We offer Dodge Ball, Soccer, Basketball, Floor Hockey, Nerf and Rink parties. Prices start at \$195 for 1 1/2 hours. See page 6 for party information.



Lafayette Recreational Trails

Lafayette-Moraga Regional Trail

This 7.65-mile trail parallels St. Mary's Road through Lafayette and Moraga along a historic railroad route. It accommodates hiking, bicycling, and equestrian use. There are opportunities for restroom stops at the Lafayette Community Center and Park. Please call 1-888-EBPARKS (1-888-327-2757) or visit www.ebparks.org for more information.

City of Lafayette Neighborhood Trails

Neighborhood trails provide connections to regional trails and other recreational facilities or make loops within a neighborhood. Maps and detailed descriptions of the trails are available at the Lafayette Parks, Trails & Rec. Office at 500 St. Mary's Road or at www.ci.lafayette.ca.us.

Walter Costa Trail	2.2 miles
Springhill Valley Trail	0.75 miles
Hidden Oaks Trail	0.5 miles
Murray Lane Trail	0.3 miles
Petar Jakovina Trail	1 mile
John Kiefer Trail	0.78 miles
Moraga Rd. to Reservoir Rim Trail	0.5 miles

Lafayette Community Park Trails

3 miles of multi-use trails.

EBMUD's Lafayette Reservoir and Recreation Area

Owned and operated by EBMD, the Lafayette Reservoir and Recreation area is located off Highway 24 just a mile from Lafayette BART. This all-year, day-use area is ideal for hiking, jogging, fishing, boating and picnicking. Hikers will love the 2.8-mile paved Shore Trail that completely encircles the Reservoir. The Rim Trail is a more challenging 4.3-mile dirt trail that traverses the ridge tops surrounding the Reservoir. Please call 284-9669 or go to www.ebmud.com for more information.



Lafayette Trail Types

- Lafayette Trail
- EBMUD Trail
- EBRPD Trail
- - - Lamorinda Loop Trail
- Lafayette Parks
- Public Open Space

- 24 Highway 24
- P Parking
- b BART Station



Register for classes: (925) 284-5050

Unless noted, programs and services are held at Lafayette Senior Services, located at the Lafayette Community Center, 500 St. Mary's Road.

Membership Fees and Benefits

Members of Lafayette Senior Services pay no fee, or the discounted fee, for programs and services listed below. Additionally, the quarterly Activity Guide is mailed to each member. Your membership pays for itself after just 1½ classes! You need not be a resident of Lafayette to join.

ANNUAL FEE:	January 1-December 31, 2016
	\$15 per person

Cooking Basics: Soups and Chowders

Mike Weller, Byron Park Executive Chef and Former Le Cordon Bleu Director of Education

Who doesn't love the smell of a hearty batch of soup simmering on the stove? These one-dish meals are the ultimate comfort food on a cold winter's night. Come taste Chef Mike's scrumptious recipes and watch as he demonstrates these easy-to-prepare soups and chowders. There will be plenty of taste-testing during this fun and informative class, and you'll go home with your own set of recipes! Space is limited; reservations required by Wednesday, January 20. Call Lafayette Senior Services: 284-5050.

DAY/DATE	TIME	LOCATION
Tues: 1/26	2:00-3:30pm	Byron Park, 1700 Tice Valley Blvd, Walnut Creek
FEE:	MEMBERS	NON-MEMBERS
	Free	\$10

Discovering Opera: Bizet's Carmen

Presented by Bradford Wade, opera lover for 35 years

Carmen, one of the most brazen seductresses in all of opera, snares the innocent soldier Don José—for a while. But she pushes him over for the dashing bullfighter Escamillo, and Don José takes it out on her by stabbing her to death outside the bullring. French composer Bizet's music brilliantly captures the Spanish atmosphere with famous arias including Carmen's bewitching Habanera and Escamillo's rousing Toreador Song. Lecturer Bradford Wade will give a guided tour of *Carmen*, with a description of the plot interspersed with musical examples. This lecture is given in conjunction with Opera San Jose's production of *Carmen*, February 13-28, 2016.

DAY/DATE	TIME	LOCATION
Thu: 2/11	1:30-3:00pm	Lafayette Library, Arts & Science Room
FEE:	MEMBERS	NON-MEMBERS
	Free	\$10

www.LafayetteRec.org | (925) 284-5050

Apple Basics

Facilitated by Sharon Beck, Owner of Mac-Senior

This ongoing series covers many topics such as Apple IDs, iTunes, iCloud, and the basics of iPad and iPhone usage. Topics for upcoming sessions are based on participants' input and needs. There is always time for Q&A at the end of each class. Please note: this series deals with Apple devices only.



DAY/DATE	TIME	LOCATION
1st & 3rd Thurs Monthly	11:00am-12:30pm	Cedar Room
FEE:	MEMBERS	NON-MEMBERS
Per meeting	Free	\$10

Lunch n' Learn: Aging in Place with Smart Phone/Tablet Apps

Carlin Longley, GoldCoast Homecare

Discover helpful apps designed to make your life easier! You will learn ways to shop at home, access transportation, check your heart rate, be reminded of birthdays, when to take meds, etc. Focus will be on free apps. Time will be allowed to briefly help individuals log onto the internet, find various settings, etc. so we ask for everyone's patience as individual help is given. There will also be time for questions and answers. If you are bringing an Apple device, be sure to have your Apple ID with you if you'd like help downloading apps. Lunch generously provided by Merrill Gardens. Space is limited; reservations required by Thursday, March 24. Call Lafayette Senior Services: 284-5050.

DAY/DATE	TIME	LOCATION
Thurs: 3/31	10:30am-Noon	Cedar Room
FEE:	MEMBERS	NON-MEMBERS
	Free	\$10

Valentine Exchange/Sing-Along

With the Lafayette Community Center Pre-Schoolers

Celebrate Valentine's Day with the darling little ones you see bouncing around the Community Center on a daily basis. Share their joy and enthusiasm by singing along with them to favorites such as "You Are My Sunshine" and "Twinkle, Twinkle Little Star," all the while enjoying cookies and punch. Valentine cards will be provided for you to exchange with your little buddies. Wear pink or red if you're able!

DAY/DATE	TIME	LOCATION
Wednesday, 2/10	11:45 - 12:15	Cedar Room
FEE:	MEMBERS	NON-MEMBERS
	Free	Free

'As the Page Turns' Book Club

Facilitated by JoAnne Schaarschmidt, Lafayette Library 'Friends Corner Book Shop' Volunteer

Looking for a good book to discuss with others? Join this informal group of booklovers and enjoy enrichment, lively discussion, fellowship and refreshments. The group is of mixed gender and everyone gets to participate in the discussions as well as the selection of books to read. Please call Lafayette Senior Services for the book title of the month: 284-5050.

DAY/DATE	TIME	LOCATION
3rd Tuesday Monthly: 1/19, 2/16, 3/15	1:00-2:30pm	Elderberry Room
FEE:	MEMBERS	NON-MEMBERS
Per meeting	Free	\$10

Reservoir Walking Group

Led by Jim Scala, Lafayette Today's "Walking the Reservoir" Columnist

Join us every Tuesday and Thursday for camaraderie, fresh air and enjoyable exercise, all in magnificent surroundings. Optional bonus: at the end of the walk, Jim will lead you through easy yoga poses and breathing exercises in the most beautiful outdoor yoga studio: the band stage overlooking the water. Increase your balance and fitness—both physical and mental—and leave each week uplifted and radiant with that overall feeling of well-being! Jim is an author; nutritional expert; former Air Force pilot and consultant to the U.S. Olympic Ski Team and Mt. Everest expeditions. Please call (925) 284-5050 to add your name to the email list. Bring quarters or credit card for parking meter. Annual senior (62+) passes may be purchased at the Visitor Center at the reservoir.

DAY/DATE	TIME	LOCATION
Every Tues and Thurs	9:00-10:30am	Meet at the Res: Center Bench on the Dam
FEE:	MEMBERS	NON-MEMBERS
	Free	Free

Drop-In Mah Jongg

Calling all Mah Jongg players! Bring your card and mah jongg set, and join us every Tuesday afternoon. This group is for all levels.

DAY/DATE	TIME	LOCATION
Every Tuesday	Noon-3:00pm	Cedar Room
FEE:	MEMBERS	NON-MEMBERS
Per meeting	Free	\$10

Lamorinda Dance Social

Enjoy afternoon dancing every Wednesday and learn some great new dance moves. The first Wednesday monthly, professional dancers Karen and Michael provide a dance lesson and live DJ services, playing your favorites and taking requests.

DAY/DATE	TIME	LOCATION
Every Wednesday	1:00-3:30pm	Live Oak Room
FEE:	MEMBERS	NON-MEMBERS
Per meeting	Free	\$10



Lamorinda Dance Social—28th Anniversary Celebration

See page 4 for more information.

DAY/DATE	TIME	LOCATION
Wed: 2/3	1:00-4:00pm	Live Oak Room
FEE:	MEMBERS	NON-MEMBERS
	Free	\$15

ADULTS 55+



Free Peer Counseling

Contra Costa Health Services offers free one-to-one counseling with trained senior counselors who use their life experiences to help other older adults (55+) cope with life changes, problems, crises, and challenges. Confidentiality is strictly observed. Appointment required. Please call Lafayette Senior Services to sign up for one of the 60-minute appointments: 284-5050.

DAY/DATE	TIME	LOCATION
2nd Tuesday Monthly 1/12, 2/9, 3/8	10:00am-Noon	Alder Room
FEE:	MEMBERS	NON-MEMBERS
	Free	Free

Document Your Life Story

Elizabeth Lasiter, MFA Candidate in Creative Writing, St. Mary's College

If you have wanted to write about the stories, memories and experiences of your life but haven't known where to start, wait no longer. Elizabeth will guide you through the process of leaving a living history for future generations—what a gift! These are not drop-in classes but are meant to be taken as a complete course. There will be optional outings to St. Mary's College for their creative writing reading series, "Afternoon Craft Conversations." To add your name to the interest list, please send an email to Seniors@LoveLafayette.org or call Lafayette Senior Services: 284-5050.

DAY	TIME	LOCATION
TBD	TBD	Lafayette Community Ctr.
FEE:	MEMBERS	NON-MEMBERS
Per meeting	Free	\$10

Hearing Screening and Telephone Distribution

Audiologists from Hearing Science Audiology/Diablo Valley Ear, Nose, and Throat; and California Telephone Access Program (CTAP)

Hearing screenings take place the first Monday of the month; CTAP representatives are here once a quarter. This quarter they will be here Wednesday, March 2. You will receive a free adaptive telephone on March 2 if the results from your screening determine that you are eligible. Please call Lafayette Senior Services at 284-5050 to make an appointment. Minimum of 2 sign-ups required in order for hearing screenings to take place.

DAY/DATE	TIME	LOCATION
1st Wednesday Monthly: 1/6, 2/3, 3/2	1:00-2:20pm	Alder Room
FEE:	MEMBERS	NON-MEMBERS
	Free	\$10

Anne Randolph Physical Therapy Presentations

Anne Randolph, RPT, has been practicing physical therapy since 1977. She provides outpatient therapy in Lafayette and specializes in the care of those 55 and over.

FEE:	MEMBERS	NON-MEMBERS
Per class:	Free	\$10

Parkinson's

Living with Parkinson's disease (PD) can be challenging, but there are things you can do to maintain your quality of life and live well. Learn about the stages of PD and how to optimize your physical ability as long as possible.

DAY/DATE	TIME	LOCATION
Wed: 1/27	11:30am-12:30pm	Cedar Room

Posture

Poor posture can lead to discomfort, pain, and other problems. Discussion, demonstration, and exercises will be offered to improve your posture, decrease your pain, and help in the never ending battle against gravity.

DAY/DATE	TIME	LOCATION
Wed: 2/24	11:30am-12:30pm	Cedar Room

Art of Balance

If you are worried about falling or are at risk of falling, you should know about activities that improve balance. Learn how to gain increased balance and avoid the risk of falling.

DAY/DATE	TIME	LOCATION
Wed: 3/23	11:30am-12:30pm	Cedar Room





Lamorinda Nature Walk and Bird-Watching

Led by Ben Pettersson, Experienced Hiker and Bird-Watcher

Experience nature at its finest along our local trails. Delight in the beauty that unfolds around each bend, all the while learning to identify a variety of birds. Bring a water bottle; binoculars are helpful if you have them. Join us every Wednesday or whenever you are able. Meet at Lafayette Senior Services (Alder Room at Community Center) at 9:00am. For more information or to place your name on the notification list, call Lafayette Seniors Services, 284-5050 or email seniors@lovelafayette.org.

DAY/DATE	TIME	LOCATION
Every Wednesday Resumes Jan. 13, 2016	9:00am-Noon	Alder Room
FEE:	MEMBERS	NON-MEMBERS
	Free	Free

Words of Wisdom

Discussion Group Led by Craig Janke

Share your opinions with us in a freewheeling exchange of ideas: from current events to philosophy to the inspirational. There may be agreement or there may be differing opinions—it's all in the spirit of learning, sharing, enrichment and good humor. Our "elder perspective" frequently sounds a lot like wisdom!

DAY/DATE	TIME	LOCATION
3rd Tuesday Monthly 1/19, 2/16, 3/15	10:30am-Noon	Elderberry Room
FEE:	MEMBERS	NON-MEMBERS
Per meeting	Free	\$10

Smart Driver 4-Hour Refresher Course

Offered through AARP

This abbreviated refresher course is for those who have taken an AARP driving course within the last four years. Refine your driving skills, develop safe, defensive techniques, and possibly lower your insurance premium. Max: 25 pre-paid registrants. To reserve your spot, send check, made payable to AARP, to Lafayette Senior Services, 500 St. Mary's Rd., Lafayette, CA 94549. **Important: Prior to sending check, please call 284-5050 to determine space availability.**

DAY/DATE	TIME	LOCATION
Thu: 2/4	9:00am-1:45pm	Elderberry Room
FEE:	AARP MEMBERS	NON-MEMBERS
	\$15	\$20



Positive Living Forum ("Happiness Club")

Moderated by Bob Nozik, MD, Prof. Emeritus UCSF, Author of *Happy 4 Life: Here's How to Do It*

Brighten your day and take part in this interactive gathering which features discussions on a wide range of topics that guide participants toward a more ideal and positive life experience. Drop-ins welcome!

DAY/DATE	TIME	LOCATION
2nd Thursday Monthly 1/14, 2/11, 3/10	10:30am-Noon	Elderberry Room
FEE:	MEMBERS	NON-MEMBERS
Per meeting	Free	\$10



Free Lending Library

Stop by the Senior Services office and see the beautiful lending library book cart made for us by Lafayette Girl Scout Troop #32167. Browse through the titles. Take home a book or two at no charge. Return them when you're done; it operates on the honor system. Thank you, Girl Scouts, for this wonderful gift!

Health Insurance Counseling and Advocacy Programs (HICAP)

HICAP provides free and objective counseling and advocacy services to Contra Costa Medicare beneficiaries and their families who need assistance with long-term care insurance or Medicare enrollment and issues involving Medicare and associated insurance programs, including prescription drug coverage. HICAP does not endorse or sell insurance products. For an appointment, call Lafayette Senior Services 284-5050.

Times: 10:00am, 11:00am, or Noon

DATE	LOCATION
First Wed. Monthly: 1/6, 2/3, 3/2	Alder Room
Third Tues. Monthly: 1/19, 2/16, 3/15	Alder Room

Rides for Lamorinda Adults—Age 60+

The Lamorinda Spirit Senior Transportation Program is delighted to provide van rides for older adults to go shopping, to errands, appointments, social visits, and lunch at the C.C. Café. Volunteer Drivers each take a morning or afternoon shift Monday through Friday, and our lunch driver takes people to the C.C. Café at the Walnut Creek Senior Center for lunch in a social setting. The C.C. Café is a lovely way to meet some new people and chat over lunch.

We are in the process of looking for additional drivers so that we can have two vehicles and drivers available during popular time periods when passengers' appointment needs overlap. We love to say "YES" when passengers call to make a ride reservation, and additional drivers make that possible. As you look at your schedule consider the possibility of volunteering four hours every week or two—a morning, an afternoon, or Sunday morning when we offer rides to church. A Class C Driver's License is sufficient, and training is provided. In another year, we will have a second mini-van, attained through the 5310 Federal Grant Program. Becoming a volunteer driver is a valuable and greatly appreciated gift of service. **Please call 925-283-3534 whether you need a ride or want to volunteer—as a driver or in the office.**

If you would like to support this program with your tax-deductible donation, please make a check payable to the City of Lafayette, and write "Lamorinda Spirit" on the memo line. Mail to: Lamorinda Spirit Van Program, Lafayette Community Center, 500 Saint Mary's Road, Lafayette, CA 94549.

Lamorinda Senior Transportation

An Alliance of Transportation Providers

Lamorinda Spirit Van 283-3534
Takes Lamorinda older adults to errands, appointments, grocery shopping, special events, and to lunch at the C.C. Café. Call early to reserve your ride. WE LOVE TO SAY "YES!" Wheelchair and walker accessible.

Contra Costa Yellow Cab and DeSoto Company 284-1234
20% discount for Lamorinda seniors.

Orinda Seniors Around Town 402-4506
Volunteer drivers serving Orinda seniors with free rides to appointments and errands.

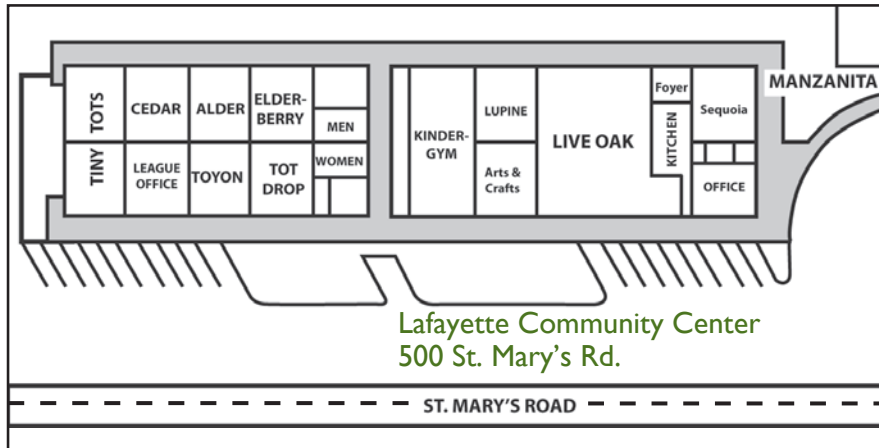
Senior Helpline Services Rides for Seniors 284-6161
Volunteer drivers serving Contra Costa seniors with rides to doctors' appointments during the week. Grocery shopping on Saturdays.

County Connection LINK Reservation Line 938-7433
For people with disabilities. (Older adults often have "age-based" disabilities. By describing your disability, you can become eligible for this service—providing you with additional transportation options.) For applications or questions, call 680-2066 or 680-2067.

Volunteer Drivers Needed, Valued and Appreciated!!!
We'll accommodate your schedule, travels, and vacations.

ADULTS 55+

Lafayette Class Locations



Lafayette Community Center
500 St. Mary's Rd.

Patrons are advised to arrive 5 minutes early to locate their classroom.

Off-Site Locations

- Lafayette Community Park
480 St. Mary's Road, Lafayette
- Lafayette Tennis Club
3125 Camino Diablo Road, Lafayette
937-2582
- Buckeye Fields
711 St. Mary's Road, Lafayette
- Lafayette Library & Learning Center
3491 Mt. Diablo Blvd., Lafayette
385-2280
- Happy Valley Elementary
3855 Happy Valley Road, Lafayette
- Lafayette Elementary
950 Moraga Road, Lafayette
- Springhill Elementary
3301 Springhill Road, Lafayette

Community Contacts

- Lafayette Little League
284-3583
- Lafayette-Moraga Regional Trail (EBRPD) | (510) 635-0135
- Lafayette-Moraga Youth Association (LMYA) | 377-5692
- Lafayette Reservoir & Recreation Area (EBMUD) | 284-9669
- Lafayette Chamber
284-7404
- Lafayette City Offices
284-1968

Donate your car, truck, RV or boat to benefit the Lafayette Community Center

The Lafayette Community Center Foundation wishes to thank all those who have donated their vehicles to help support the Lafayette Community Center. Get rid of your unneeded vehicle and get a tax deduction! Call or go online today.

1-888-6TO-GIVE (1-888-686-4483) or www.cardonationservices.com

Contact Us:

www.LafayetteRec.org

Jennifer Russell
Director | 299-3251
jrussell@ci.lafayette.ca.us

John Warshaw
Recreation Supervisor | 299-3260
jwarshaw@ci.lafayette.ca.us

Jonathan "Ace" Katayanagi
Recreation Supervisor | 299-3252
jkatayanagi@ci.lafayette.ca.us

Greg Travers
Park's Maintenance Supervisor
gtravers@ci.lafayette.ca.us

Anne Blodgett | Donica Katayanagi
Administrative Assistants
recreation@ci.lafayette.ca.us

• Lafayette Parks, Trails & Recreation Office:
284-2232 | Mon-Fri, 9:00am-5:00pm

• Lafayette Senior Services:
284-5050 | seniors@ci.lafayette.ca.us
Maureen Callanan Neumann, Molly Cohen

• Lamorinda Sr. Transportation Program:
283-3534 | mbruns@ci.lafayette.ca.us
Mary Bruns

• Tiny Tots Program:
299-3266

• Tot Drop Reservations/Cancellations:
284-3999

• Lafayette Jazzercise:
937-6768



Register NOW until classes are full using one of the following methods:

Online 24/7

Check out our secure, online registration at:
www.LafayetteRec.org

Phone

Accepted using MasterCard or Visa. Office hours:
 Monday-Friday,
 9:00am-5:00pm
Call: (925) 284-2232

Walk-In

Register in person at our office, 500 St. Mary's Rd., Lafayette. Cash, check, Visa, and MasterCard are accepted. Office hours: Monday-Friday, 9:00am-5:00pm

Mail-In

Use registration form below and attach check, money order or credit card information. Make checks payable to City of Lafayette. Mail to: Lafayette Recreation, 500 St. Mary's Rd., Lafayette, CA 94549

- Pre-registration is required and is on a first-come, first-served basis. Registration will continue as long as spaces are available. Waiting lists will be established when a class reaches its maximum.
- Liability Waivers and Medical Consent Forms may be required for activities that have a higher risk to the participant.
- **Returned check fee:** \$50.00 in addition to any bank fees.
- All Supply/Lab Fees are payable directly to instructors at first class.
- All classes (except classes in Adults 55+ section) include a \$3 administrative fee.
- When registering for classes with discounts, you must contact the office to receive the discount.
- If a class does not reach its minimum, it may be necessary to cancel. Participants will be notified 4 days prior to start date.
- NO REFUNDS will be issued unless the class is cancelled. Please choose your classes carefully.
- If you register by MAIL or PHONE, a receipt will be e-mailed/mailed to confirm your registration. The office will contact you by phone if the class you request is full.
- WITHDRAWAL or TRANSFER to another class must be done **10 days before the first day of class.** If you withdraw from a class 10 days prior, you will be issued a credit to your Lafayette Recreation account for use towards another class.
- Photographs may be taken of the participants during the course of activities or classes and these photographs may be used in City of Lafayette publications.

Winter 2016 Registration

Name: (Adult)	Home Phone:
Relationship: <input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Grandparent <input type="checkbox"/> Guardian <input type="checkbox"/> Self	Work Phone:
Address/City/Zip:	Mobile Phone:
Email Address:	Emergency:

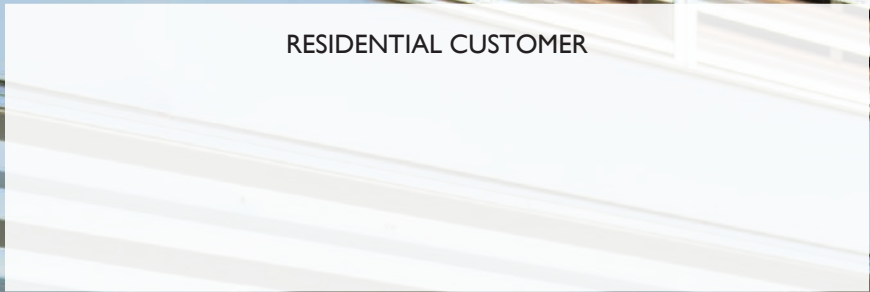
TITLE OF ACTIVITY	DAY/TIME	STUDENT'S FIRST & LAST NAME	AGE	D.O.B.	CLASS FEE
Total Fee					

<input type="checkbox"/> VISA <input type="checkbox"/> MasterCard #:	CCV (3 Digit Code)	Exp. Date:
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Authorized Signature

Lafayette Community Center
500 Saint Mary's Road
Lafayette, CA 94549
(925) 284-2232
www.LafayetteRec.org

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ECRWSS



Join Our Team!



We're looking for recreation leaders, building attendants, volunteer drivers for the Lamorinda Spirit Van and preschool teachers. More information at Lafayetterec.org