

# ***Lafayette Hiking Group***

## ***Fall 2015***

***Meet in the parking lot out from Lafayette BART's main entrance at 8:30 a.m. unless a different meeting time or place is indicated. We form carpools to the trailhead. Bring lunch or snacks, water, layered clothing, good walking shoes, sun protection and money to contribute toward gas, bridge tolls and parking. (\$3 local, more if further).***

### ***Lafayette Ridge Loop, Saturday, October 10***

Discover some of Lafayette's local trails which take you from downtown to the Lafayette Ridge and back. Enjoy great views of Lafayette, Mount Diablo and Contra Costa County. We will go up the Elizabeth Street Trail to the Ridge Trail, then down the Petar Jakovina Trail.  
*Strenuous, steep with stairs, hiking stick helpful, 4 miles. Leader: Alison Hill*

### ***Sibley Volcanic Regional Preserve, Saturday, October 17***

Enjoy great views, geologic history from volcanic action 10 million years ago, and walk stone labyrinths in old quarries. Exposed areas, be sure to wear a hat, poles recommended.  
*Moderate, 3 - 4 miles Leader: Donna Ryan*

### ***Moraga Stairs, San Francisco, Saturday, November 14***

We will go to San Francisco by BART and take Muni to Golden Gate Heights, so bring a Clipper card or cash. Enjoy this beautiful tiled staircase, and about 4 more staircases. Bring lunch to eat in the park.  
*About 3 miles with stairs. Leader: Alison Hill*

Questions? Email [LafayetteHiking@comcast.net](mailto:LafayetteHiking@comcast.net)