

Lafayette Hiking Group ***Summer 2015***

Around and Above Lake Merritt, Wednesday, July 1

****** Meet at BART at 8:30. Note you may need to park elsewhere and/or walk to BART***
Bring money for BART and lunch, water, layered clothing, good walking shoes and sun protection.***

We will take BART to 19th Street in Oakland. This urban hike will take us around Lake Merritt, up stairways (including the historic Cleveland Cascade) and around the Morcom Rose Garden.

Lake Merritt is the first U.S. National Wildlife Refuge with a variety of migratory birds.

Optional lunch in Oakland, or bring your own.

Moderate, 6 miles. Flat and paved around the lake, with some steep pathways and stairs.

Leader: Peggy Kroll

Stanford University Hills & Anderson Art Gallery, Saturday, July 18

******Meet in the parking lot out from Lafayette BART's main entrance at 9:00 a.m.***
Bring snacks, water, layered clothing, good walking shoes, sun protection and money for lunch and to contribute toward gas, bridge tolls and parking (\$5). We form carpools.***

Visit the Anderson collection art gallery that just opened this year at Stanford University.

After we have lunch at a cafe on campus, or bring your own, we will take a hike passing the Stanford dish in the hills west of and above Stanford University with views to the east bay hills.

Easy to moderate, hilly 4 - 5 miles on pavement. Leader: Mike Johnson