

SPRING | 2015

LAFAYETTE RECREATION



Children pg. 4

Youth/Adult pg. 19

Senior Services pg. 29



CITY RECREATION PROGRAMS & SERVICES

Special Events & News



Have some fun this summer!

Camp Awesome is looking for fun loving, responsible counselors to work as Recreation Leaders this summer. Camps are located at the Lafayette Community Center and will run ALL 10 weeks of summer (June 15–August 21). Please email Recreation Supervisor, Jonathan Katayanagi jkatayanagi@ci.Lafayette.ca.us for details. Summer applications are due by March 31st. We accept applications year round. *The Junior Recreation Leader Program (Counselor in Training Program) will also be available for teens ages 13 to 18. Sign up by the week.*

Available Camps:

- Camp Awesome, 9am to 2pm
- Awesome Afternoon Camp, 2pm to 5pm
- Dodge Ball Camp, 3:15 to 5pm
- Year round holiday camps and afterschool programs

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THE LAFAYETTE COMMUNITY CENTER FOUNDATION'S Bunny Brunch

Join us for a
Complete Pancake Brunch,
Live Show, Egg Hunt
& More!

WHEN:
Saturday, April 4
11:00am to 12:30pm

WHERE:
Lafayette Community Center
Live Oak Room

Visit with Bunny
Anytime!



TICKETS: \$8 per person by 4/3,
\$10 per person on day of event (unless sold out)
Online ticket sales accepted until Friday 4/3
at www.LafayetteRec.org

Proceeds Benefit the Lafayette Community Center
Facilities and Programs

For more information call:
925-284-2232

lafayette YOUTH COMMISSION

The Lafayette Youth Commission (LYC) is now on Twitter. Follow **@ItsTheLYC** to get updates about upcoming teen events and LYC community outreach. You may also follow The LYC at **www.Facebook.com/LafayetteYouthCommission** and watch the LYC annual report at **www.YouTube.com/LafayetteRec**.

Upcoming 2015 events will include:

- 7th & 8th Grade Tri City Dance 3/20
- High School Basketball Tournament
- Tri City Park Clean Up
- High School Rock Band Concert



1. Your new Recycle, Organics and Landfill carts will be delivered the day before your regular collection day.
2. Following delivery of your new carts, your old carts will be removed on your next collection day.
3. You will be provided the same Recycle, Organics and Landfill cart sizes you have now.



Contact Republic Services of Contra Costa County for more information: (925) 685-4711

RECYCLE

ORGANICS

LANDFILL

CAMP IS OPEN DURING CONSTRUCTION

The Manzanita room at the Lafayette Community Center has served as home to Camp Awesome for many years. Currently the new LARGER Manzanita room with attached restrooms and drinking fountains is under construction. While construction is taking place we will still have Camp Awesome, utilizing other available facilities at the Community Center. For the first time in years, facilities constraints will cause Camp Awesome to limited enrollment. The maximum participant number may vary based on the number of rooms available each week. This means we cannot offer the 5 day punch cards. However we want to maintain the flexibility that makes Camp Awesome so awesome for parents. New for 2015, we are introducing Camp Awesome by the Day!



What this means:

- There **WILL** be Camp Awesome!
- We **WILL** offer single day/drop in enrollment
- Space **WILL** be limited
(Daily max based on available facilities at the Lafayette Community Center)
- There **WILL** be a **DISCOUNT** for signing up for multiple days in **ADVANCE**
- There **WILL** be Camp Connection
(Camp Awesome staff will pick participants up at their morning camps and they may finish their day at Camp Awesome or be dropped off at their Afternoon Camps)
- Late summer Camp Awesome afternoon camps **MAY** take place in the **NEW** Manzanita Room!



CAMP AWESOME

Camp Awesome

Coming Summer 2015

Ages 4 to 12

Camp Awesome 9:00am to 2:00pm

Early Care 7:30am to 9:00am

Afternoon Care/Camp 2:00pm to 5:00pm

This camp is awesome for kids because it has cool activities like dodge ball, crafts, tie dying and Games2U (laser tag, video games and the giant Angry Bird launcher, G2U twice a week!). Awesome for parents, because our camp is flexible and affordable. Camp runs all 10 weeks of summer plus with Early Care beginning at 7:30am, and After Care Camp until 5:00pm and the NEW DAILY ENROLLMENT that allow you to pick and choose your days of summer, we have you covered whenever you want to have fun. Our trained, professional counselors will keep each week fresh and exciting by offering surprise theme days like crazy hair day, dinosaur day, relay day and nature adventure day throughout the summer. Campers must bring lunch. Snack will be provided.

WAYS TO PLAY

June 15 to August 21 (skip 7/3)

Enroll by the Day in advance & at the door or Buy 5 days in one purchase for the cost of 4 days*

Morning Camp: 9:00am to 2:00pm

By the Day \$40

Buy 5 Days \$160*

Early Care 7:30am to 9:00am

By the Day \$10

Buy 5 Days \$40*

Afternoon Care/ Camp 2:00pm to 5:00pm

By the Day \$25

Buy 5 Days \$100*

*Must be single purchase in advance for discount. Days purchased are non refundable & non transferable. Please choose carefully. Space will be limited.

Registration begins April 13th.



Weekly Activities:

Games2U twice a week, summer shows (jugglers, magicians, clowns), movies, water play for the hot After Care afternoons and surprise theme days (performers, movies, themes and activities vary each week so, no two weeks are the same!)

The Awesome Game Room:

Between activities campers will enjoy basketball, foosball, board games, toys, LEGO®s, coloring and Wii® with Just Dance™.

For the Small & Awesome:

Four to six year old morning campers have their own group with toys and activities geared toward younger campers.

CAMP—Registration begins April 13th	AGES	6/15	6/22	6/29	7/6	7/13	7/20	7/27	8/3	8/10	8/17
Camp AWESOME	4-14	*	*	*	*	*	*	*	*	*	*
2D Video Game Design	9-13							*			
Angry Birds	6-11						*				
Amazing Superhero	5-11		*								
Animation Flix	7-13						*				
Art Exploration	5-10						*	*			
Atherton Lacrosse	5-14				*						
Babysitting	10-14					*					
Berkeley Chess	6-11	*							*		
British Soccer Camps	3-5, 6-16, 8-16					*			*		
Broadway Stars—Annie the Musical	4-7										*
Busy Bee Chinese Dinner Camp	4-5						*				
Chima Engineering using LEGO®	5-6					*					
Cook Like a Food Network Star	6-12								*		
Critters and Clay	4-10				*			*			
Dino Robot Creators Academy	5-11	*									
Dodge Ball Camp	7-13	*	*	*	*	*	*	*	*	*	*
Engineering FUNdamentals—Mine, Craft, Build	7-10									*	
Engineering FUN	7-10			*							
EV3 LEGO® Robotics	7-14									*	
Eurosoccer Skills Camp	5-10	*			*		*	*		*	*
Eurosoccer Goal Keeper Camp	7-15						*				*
Eurosoccer Player Development	11-15				*		*			*	*
Fairytale Princess Camp	3.5-5				*						
French Dinner Camp	6-10						*				
Fun with Science and Engineering	6-11	*			*						
Gourmet Bakeshop	6-12					*					
Gymnastics	4-7			*							
Imagination Flix	7-13						*				
Jedi Engineering	5-6										*
Jr. LEGO® Robotics	6-9		*								
Kids Carpentry	5-12		*			*			*		
Kinderdance Camps	3-5								*	*	
LEGO® Flix	7-13				*						
LEGO® Super Hero Academy	6-11							*			
Live Action Flix	7-13				*						
Mad Science—Crazy Chemistry	6-10				*						
Mad Science—Incredible Human Machine	6-10									*	
Mad Science—Into the Garden	4-6							*			
Mad Science—Mad Machines & Robots	7-11		*								
Mad Science—NASA: Journey into Space	6-10			*							
Mad Science—Planet Earth	4-6	*									
Minecraft	9-15		*								
Mini-Hawk Multi-Sports	4-6		*								
Mining and Crafting 1 & 2	6-11		1					2			
MMAP Basketball	4-5, 5-12		*		*						
MMAP Cheerleading	4-5, 5-12								*		
MMAP Flag Football	4-5, 5-12										*
Ninjaering Using LEGO®	5-6					*					
Pacific Chess Camp	6-11			*			*				*
Painting Without a Brush	5-10						*	*			
Pokemon LEGO® Camp	6-11								*		
Popstar's Favorite Foods	6-12					*					
Pre-Engineering—Mine, Craft, Build	5-6									*	
Pre-Engineering	5-6			*							
RC Racing	10-17								*		
Restaurant Challenge	6-12								*		
Skyhawks All Girls Multi Sport	6-11		*								
Skyhawks Basketball	5-7, 8-12					5-7				9-12	
Skyhawks Beginning Golf	5-9								*		
Skyhawks Cheerleading	5-10							*			
Skyhawks Flag Football	5-7, 8-12							*			
Skyhawks Rugby	6-8, 9-12						*				
Skyhawks Volleyball Camp	7-12	*									
Spanish	3-6, 5-10				3-6				5-10		
Stretch Imagine Relax	6-9						*	*			
Tennis	6-14	*	*	*	*	*	*	*	*	*	*
Tink and the Pirate Fairies Dance Camp	4-7							*			
Tiny Tots	2-4.5		*	*	*	*	*	*			
TMNT—LEGO® Style!	6-11	*									
Tot Basketball	3-5	*									
Tot Soccer	3-5	*									
Tot Baseball	3-5	*									



Lafayette Tiny Tots

2015-2016 School Year

Lafayette Tiny Tots offers a variety of classes for your active pre-schooler. Your child will enjoy interacting with other pre-schoolers in a warm and loving environment. Each class offers a comprehensive early childhood program with emphasis on providing activities and experiences for children to work, play and grow according to their own pattern of development. The instructors are experienced and possess degrees in early childhood education. These classes are not parent participation classes, but parents are welcome to stay until their child is comfortable with the environment.

School Starts
9/8/15



Mon/Wed/Fri
begins 9/9/15

Time

9:00am-1:30pm

Ages

3½-4½

(Must be 3½ by 9/1/15)

Fee

\$795 (paid every 9 weeks)

Tues/Thurs
begins 9/8/15

Time

9:00am-11:45pm

Ages

2 years 4 mos-3½

(Must be 2 years 4 mos by 9/1/15)

Fee

\$505 (paid every 9 weeks)

Summer Tiny Tots

Themes We will attend the Lafayette Community Fun shows each week!

Week 1: There's No Place Like Outer Space!

Let's build a space ship and explore our planets! Space games, space books, space art...everything space for our budding young astronauts and astronomers.

Week 2: Crawling, Hopping Flying . . . Bugs!

Nature walks, bug books, and butterflies! Let's get up close and personal with are 6 legged friends.

Week 3: It's Game Time...

For tots who like games—indoor games, outdoor games, board games, and active games. Plus, a trip to our skate rink and a soccer ball pinata to round out the week!

Week 4: Let's Get Cooking

Cooking is a great way to learn and have fun! Children will make their own snack and a take home treat. We'll visit the big commercial kitchen at the center and try yummy delights.*

Week 5: Under the Sea!

The ocean is a wonderful place to explore—jellyfish, whales, crabs, and many more underwater creatures. So come along and set sail for the ocean blue!

Week 6: Kids Cooking!

Preschoolers love to cook. Children will make their own snack and a take home treat. Join us for a week of cooking fun!*

*\$10 cooking lab fee additional

Programs

Mon/Wed/Fri

3½-4½ years (must be 3½ by start date)

9:00am-12:30pm

\$110 per week (\$75 week of June 29)

Our 3½-4½ yr old program takes pre-school to the next level. Your child will interact with other preschoolers as they learn. Messy art? Building towers? Puppet shows? Cooking projects? We have them all and more! Your child will learn and play all summer long! \$10 cooking lab fee add'l.

Tues/Thurs

2 years 4 mos-3½ years

9:00am-11:45 am

\$65 per week

Our 2 years 4 mos-3½ year old program is about learning healthy separation and socialization while having fun! We will explore a new theme each week as we build skills in a warm and nurturing environment. \$10 cooking lab fee add'l.

Session Dates

Weeks

Week 1 June 22

Week 2 June 29 (skip 7/3)

Week 3 July 6

Week 4 July 13

Week 5 July 20

Week 6 July 27

Lunch Bunch

Add an extra hour and stay for lunch

T-Th \$18 per week

MWF \$27 per week



The Bay Area's only PRESCHOOL ON DEMAND!

TOT DROP

Only Come When You Want. Only Pay When You Come.

YOU make your own schedule. 9:00 am-1:00 pm

As little as 1 hour or up to 12 hrs/wk. \$11/hr. **You** set your days and arrival & pick up times. Come occasionally, or weekly spots are available. **FREE** cancellation when your plans change.

Never Tried TOT DROP?

Come and see what you've been missing!



COUPON



1 FREE Hour

\$11 value—New Families Only.
(1 per family)

DIAPER WEARERS WELCOME. NEW STUDENTS MAY ENROLL AT ANY TIME.

Call to get started
925-284-3999
Open YEAR ROUND!
www.totdrop.com

Themed Birthday Parties



Kinderdance Parties

3-5 yrs
Ballet, creative movement and acrobatics in a music filled movement and dance party.

Cooking Parties

5-13 yrs
Notify of any food allergies when reserving dates. We do scout badge cooking classes

Kindergym Parties

up to 6 yrs



Indoor Sport Parties

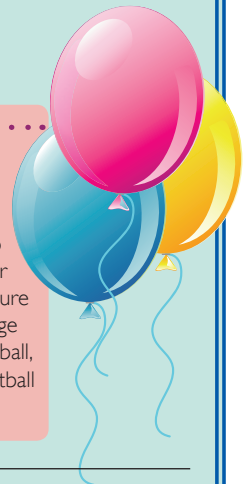
4-7Yrs:
Combo: Soccer, Hockey, Basketball, Dodge Ball
7-13 Yrs:
Dodge Ball, Nerf Guns Shooting Range

Dodge Ball Parties

7-13 yrs
"...best party any of our kids have had yet. Crew members were unbelievable."
—Megan Stern

Parties on the Rink

7+ yrs
Sport Combo
Options: Floor Hockey, Capture the Flag, Dodge Ball, Flag Football, Soccer, Basketball & more!



PARTY THEME	LOCATION	FEE	TIME	DEPOSIT	MIN/MAX	CONTACT INFO
Kinderdance	Toyon Rm	\$200/12 children \$8/addl. child	1 hrs	50%	--	Kira Lancaster: (415) 385-6501
Cooking Parties	LCC Kitchen	\$326	2 hrs	\$163	10 max	(925) 932-1114
Kindergym	Kindergym	\$195/\$260	1.5/2 hrs	--	15 max	(925) 284-2232
Indoor Sport	Live Oak Rm	\$195/\$260	1.5/2 hrs	--	10/24	Ace: (925) 284-2234
Dodge Ball	Live Oak Rm	\$195/\$260	1.5/2 hrs	--	10/24	Ace: (925) 284-2234
On the Rink	Multi-Sport Rink	\$250/\$333	1.5/2 hrs	--	12/24	Ace: (925) 284-2234

ARTS & CRAFTS



Kids' Carpentry Class

5-12 Yrs

Michael will be back teaching this SPRING! Since 1982 Michael Glass, the director of Kids' Carpentry, has taught thousands of children the safe use of hand tools. Children may choose from a wide variety of projects after first completing their sanding block and supertop. While building their projects from scratch children are introduced to concepts like applied math, problem solving, fine motor skills and empowered with the opportunity to use a large variety of woodworking tools. Our motto: Building confidence and teaching with respect and humor in a safe and happy environment. This program can be taken year-round with new projects to build for the veteran carpenters! *\$32 supply fee payable to instructor at first class.*

DAY/DATE	TIME	LOCATION
Fri: 4/17-5/22	3:00-4:00pm	Arts and Crafts Room
Fri: 4/17-5/22	4:00-5:00pm	Arts and Crafts Room
Fri: 4/17-5/22	5:00-6:00pm	Arts and Crafts Room
FEE	MIN/MAX	INSTRUCTOR
\$95 (6 Wks)	6/9	Michael Glass



COOKING

Cooking with Kids

4-10 Yrs

HEY kids, we are doing something NEW! We are going to have more fun—our sessions are now 4 weeks. We will learn to cook and taste our creations and share them with your whole family. Parents, your young chefs will have fun while they learn the Life skill of cooking tasty, healthy and affordable foods. And as a matter of course, we will learn proper clean up. *\$16 materials fee payable to instructor at first class.*

Busy Bees Cooks (4-5 Yrs)

DAY/DATE	TIME	LOCATION
Tue: 5/5-5/26	1:30-3:00pm	Kitchen
FEE	MIN/MAX	INSTRUCTOR
\$191 (4 Wks)	5/8	Cooking with Kids

We Teach Your Kids to Cook (6-10 Yrs)

DAY/DATE	TIME	LOCATION
Tue: 5/5-5/26	4:00-5:30pm	Kitchen
FEE	MIN/MAX	INSTRUCTOR
\$191 (4 Wks)	5/10	Cooking with Kids



Chef de Cuisine's Cooking Parties

5-13 yrs

Your child can have a cooking-themed birthday party in the Lafayette Community Center Kitchen. We provide the chef instructor, the ingredients and the recipes, you provide the guests, favors and cake. For information or to book a party, call (925) 932-1114.

FEE	DEPOSIT	MIN/MAX
\$326 (2 Hrs)	\$163	10 max

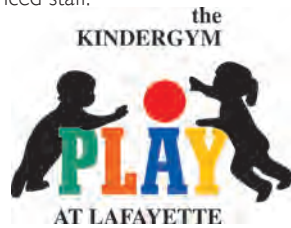
Kindergym

CHILDREN

Kindergym at Lafayette

All your senses shout "WOW!" when you see our two spacious rooms with their mats, hanging apparatus, tunnels, basketball hoops, balance beam, slides, slopes and more. Visually, we're a colorful wonderland! Kindergym promotes an adult/child one on one situation where the adult provides encouragement and positive reinforcement through play. Each wonderful 45-minute class concludes with a circle time of favorite songs, rhythms and rhymes led by our exceptional and experienced staff.

All children must be accompanied by an adult. Second sibling enrolled in the same class gets a 25% discount! Infant siblings are okay if in back/front packs. Each student may make-up one missed class each session providing space is available.



Kindergym will be closed Monday, May 25

Kindergym

0-4 Yrs

Come play with us at the Lafayette Kindergym! We have an exciting environment filled with fun equipment that will excite your child's senses. Our dedicated and friendly staff will enhance your child's playtime experience and conclude each class with a circle time filled with rhythms, rhymes, and songs. These classes offer children the opportunity to learn through play and physical exploration. They will jump, hop, climb, and balance on a variety of gymnastics equipment. Come enjoy a special bonding time with your child in a safe and clean environment. Each class closes with music and songs facilitated by our wonderful staff. **Mon classes: Skip 5/25; Sat class: Skip 5/30**

DAY/DATE	TIME	INSTRUCTOR
Mon: 4/6-6/1	10:05-10:50am	Nelita Inzerello
Mon: 4/6-6/1	10:55-11:40am	Nelita Inzerello
Tue: 4/7-6/2	9:15-10:00am	Jan Wong
Tue: 4/7-6/2	10:05-10:50am	Jan Wong
Wed: 4/8-6/3	9:15-10:00am	Elaine Cable
Wed: 4/8-6/3	10:05-10:50am	Elaine Cable
Wed: 4/8-6/3	10:55-11:40am	Nelita Inzerello
Thur: 4/9-6/4	10:05-10:55am	Elaine Cable
Fri: 4/10-6/5	9:15-10:00am	Elaine Cable
Fri: 4/10-6/5	10:05-10:50am	Elaine Cable
FEE	MIN/MAX	LOCATION
\$99 (9 Wks)	4/12	Kindergym

DAY/DATE	TIME	INSTRUCTOR
Sat: 4/18-6/6	9:30-10:15am	Stacey Mullins

FEE	MIN/MAX	LOCATION
\$77 (7 Wks)	4/12	Kindergym

Kindergym Plus

1-4 Yrs

All the fun of the traditional Kindergym class PLUS a different theme each week to stimulate children's imagination and learning. **Skip 5/29**

DAY/DATE	TIME	INSTRUCTOR
Fri: 4/10-6/5	4:30-5:20pm	Kindergym
Fri: 4/10-6/5	5:30-6:20pm	Kindergym
FEE	MIN/MAX	LOCATION
\$88 (8 Wks)	4/12	Stacey Mullins



Pre-Kindergym

Crawlers and Beginning Walkers

This class gives babies the opportunity to explore and develop their physical skills (readiness for rolling, crawling, walking and learning) in a fun and safe environment. A brief closing circle with music ends each class. **Skip 5/25**

DAY/DATE	TIME	INSTRUCTOR
Mon: 4/6-6/1	9:15-10:00am	Nelita Inzerello
Tue: 4/7-6/2	10:55-11:40am	Jan Wong
Thur: 4/9-6/4	9:15-10:00am	Elaine Cable

FEE	MIN/MAX	LOCATION
\$99 (9 Wks)	4/12	Kindergym

To check availability for drop-in classes, please call (925) 284-2232. Drop-ins are \$12 per class and subject to availability.

Tiny Tumblers Gymnastics

3 Yrs

This class is designed to enhance your child's motor development skills, balance, coordination, and confidence. Emphasis is placed on developing beginning gymnastic skills in a fun and social environment and also introducing children to learn to participate in a structured class without their parents. Equipment incorporated into the class includes gymnastic mats, single bars, double bars, balance beams, vaulting blocks, incline and barrel mats, ladders, bouncers and spring board, parachutes, rhythm sticks, tunnels, and various other equipment. Music games and group activities are incorporated into the class. **Skip 5/25**

DATE	TIME	LOCATION
Mon: 4/13-6/1	2:45-3:25pm	Kindergym
FEE	MIN/MAX	INSTRUCTOR
\$108 (7 Wks)	6/8	California Gymnastics

Kindergym Birthday Party

Up to 6 Yrs

Invite up to 14 of your friends and come play with us on your next birthday at the Lafayette Kindergym! We have an exciting environment filled with fun equipment that will excite your child's senses and make any birthday party a day to remember. We provide the Kindergym staff, the equipment and the music, you provide the guests, favors and cake. For more information or to book a party, call (925) 284-2232.

FEE	TIME	MIN/MAX
\$195/\$250	1.5/2 hrs	15 max

Preschool Gymnastics

4-5 Yrs

This class teaches beginning gymnastics and tumbling skills. Students will flip over the opportunity to learn the basics of all gymnastic events, as well as additional skills to enhance strength, coordination, agility, and confidence. Equipment incorporated into the class includes gymnastic mats, single bars, double bars, balance beams, vaulting blocks, incline and barrel mats, ladders, bouncers and spring board, parachutes, rhythm sticks, tunnels, and various other equipment. **Skip 5/25**

DATE	TIME	LOCATION
Mon: 4/13-6/1	3:30-4:10pm	Kindergym
FEE	MIN/MAX	INSTRUCTOR
\$108 (7 Wks)	6/9	California Gymnastics



Youth Gymnastics

5.5-9 Yrs

This class teaches beginning and intermediate gymnastics and tumbling skills and is designed to develop strength, flexibility, agility, and confidence in a fun, non-competitive environment. Students learn the basics of all gymnastic events including tumbling, vaulting skills, single bars and balance beams. Students are also introduced to strength and flexibility exercises with fun and challenging games. Equipment incorporated into the class includes gymnastic mats, single bars, double bars, balance beams, vaulting blocks, incline and barrel mats, ladders, bouncers and spring board, parachutes, and various other equipment. **Skip 5/25**

DAY/DATE	TIME	LOCATION
Mon: 4/13-6/1	4:15-5:10pm	Kindergym
FEE	MIN/MAX	INSTRUCTOR
\$115 (7 Wks)	6/9	California Gymnastics



MUSIC & DANCE

Frozen Princess Dance

4-6 Yrs

Take a frozen journey with Anna and Elsa and sing and dance to the music from the hit movie *Frozen!* The frozen princesses will learn elements of creative dance and ballet. Dancers will do obstacle courses through snowflakes and jump over frozen ponds! On the last day of class, there will be a frozen princess dance performance for friends and family! Please wear a princess dress or leotard, tights and skirt. Ballet shoes required and hair up.

DAY/DATE	TIME	LOCATION
Thur: 4/16-6/11	4:30-5:30pm	Toyon Room
FEE	MIN/MAX	INSTRUCTOR
\$147 (9 Wks)	7/15	Studio 8 Dance

Music Together

Newborn to 5 Yrs

Celebrating 25 years of family music fun, and 15 years with over 35,000 East Bay Families. Songs, dance, instruments and rhythmic chants. The award winning music program for newborns through 5 years with the adults who love them. The internationally recognized program was created by the groundbreaking researchers who pioneered parent participation, developmental early childhood music education. Lamorinda Moms, *Bay Area Parent* 2000-2013 and *Parents Press*: Best Music Class. Price of class includes CD set song book, parent guide DVD, Musical Growth Chart and two makeup classes. If multiple children from the same family are attending the same class, there is a sibling rate of \$133.

DAY/DATE	TIME	LOCATION	INSTRUCTOR
Wed: 4/8-6/10	9:30-10:15am	Elderberry Rm	Riki Juster
Wed: 4/8-6/10	10:30-11:15am	Elderberry Rm	Riki Juster
Thur: 4/9-6/11	9:30-10:30am	Sequoia Room	Julia McLeod
Thur: 4/9-6/11	10:30-11:30am	Sequoia Room	Julia McLeod
FEE	MIN/MAX		
\$223 (10 wks)	6/12		

Mini Hip Hoppers

3-5 Yrs

Designed for young boys and girls, they'll learn fun and funky moves to age appropriate hip hop music that will keep them moving. Encourages creativity, imagination, coordination and rhythm. Students will learn basic techniques as well as creative movement. Young dancers will perform a hip hop routine for friends and family on the last day of class.

DAY/DATE	TIME	LOCATION
Thur: 4/16-6/11	3:30-4:30pm	Toyon Room
FEE	MIN/MAX	INSTRUCTOR
\$147 (9 Wks)	7/13	Studio 8 Dance

Irish Step Dancing

T 5-16 Yrs

The McBride School of Irish Dance is now offering Irish Dance classes in the Lafayette area for children ages 5 to 16. Our mission is to offer quality Irish Dance instruction, while providing a safe, supportive and positive learning environment in a family oriented school. As our students progress in their skills, they will have opportunities to pursue performances, team dancing and competition at their own pace. Our caring instructors recognize that each dancer is unique and we encourage our dancers to develop their individual talents in a supportive and respectful atmosphere. Irish Dancing is a rewarding activity that teaches discipline, develops character, instills dedication and builds confidence, all while making lasting friends and memories.

Level I: Intro to Irish Dance (soft shoes)

Level II: Returning students having completed Level 1. Soft shoes, learning beginning hard shoe.

Level III: Int/Adv higher level of progression.

LEVEL	DAY/DATE	TIME	LOCATION	
Level I:	Wed: 4/15-6/3	3:15-4:00pm	Toyon Room	
Level II:	Wed: 4/15-6/3	4:00-5:00pm	Toyon Room	
Level III:	Wed: 4/15-6/3	4:30-6:00pm	Toyon Room	
FEE	MIN/MAX	INSTRUCTOR		
\$123 (8 Wks)	3/10	Annie McBride		



Beginning Keyboard

T 10 Yrs-Adult

Most popular songs use only 3 or 4 simple chords. You can learn to play your favorites on the piano in just a few weeks. Only 6 students per class so you will get the help you need. No prior experience is required. It's easy and fun! *There is a \$10 materials fee for the textbook.* Bring your keyboard to class. **Skip 5/25**

DAY/DATE	TIME	LOCATION
Mon: 4/6-6/8	4:00-4:45pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$138 (9 Wks)	3/6	Ted Crowley



Guitar

10 Yrs—Adult

Most pop songs use only 3 or 4 simple chords, so you will be playing real songs in just a few weeks. It's easy, and small class size allows for individual attention from the instructor. Instructor has BA and MA in music and over 20 years of teaching experience. *A \$10 supply fee is payable to the instructor at first class.* **Skip 5/25**

Beginning

DAY/DATE	TIME	LOCATION
Mon: 4/6-6/8	4:45-5:30pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$138 (9 Wks)	3/8	Ted Crowley

Intermediate

DAY/DATE	TIME	LOCATION
Mon: 4/6-6/8	5:30-6:15pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$138 (9 Wks)	3/8	Ted Crowley

SPECIAL INTEREST

Babysitting for Beginners

T 10-14 Yrs

Learn the skills needed to be a trusted and responsible babysitter. Learn all about child development, bedtime strategies, discipline, how to get jobs, and ways to make babysitting fun for you and the kids. Basic first aid, general safety, and what to do in an emergency will also be covered. Students should bring lunch and a water bottle and dress to play outside.

DAY/DATE	TIME	LOCATION
Sun: 5/17	9:00-2:00pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$51 (1 Day)	8/25	Suzy McCreary

Mad Science—People Science

3.5-5 Yrs

Children discover all about the human body, especially the parts we cannot see like the skeleton and heart. Explore our amazing senses of taste, smell, hearing, sight and touch! We'll "digest" how important healthy nutrition choices are to fuel our bodies! We'll use hands on activities for all classes; for example how sensitive our finger tips can be or observing the powers of sight! Each day includes a fantastic take-home project based on the day's class.

DAY/DATE	TIME	LOCATION
Wed: 4/15-5/20	4:00-4:45pm	Arts and Crafts Room
FEE	MIN/MAX	INSTRUCTOR
\$110 (6 Wks)	8/16	Mad Science

Eureka! The Inventors Academy

7-11 Yrs

Inventing means curiosity, practicality, necessity, cooperating and dreaming! Join us as we take students on a historical journey with a hands-on approach learning about some of the world's greatest inventors from Leonardo da Vinci to Tesla to Thomas Edison to the Wright Brothers. We challenge our class to use their imaginations and creativity to survive on a deserted island by designing devices to capture food and water, by building bridges, shelters and even a boat to make it off the island. We will put our heads together to imagine the future in space focusing on creating inventions to protect space ships from damaging space rays and designing a safety capsules for payloads returning from space. These are only a few examples. Come discover and create!

DAY/DATE	TIME	LOCATION
Wed: 4/15-6/3	4:00-5:00pm	Cedar Room
FEE	MIN/MAX	INSTRUCTOR
\$138 (8 Wks)	8/16	Mad Science

FITNESS

Karate

T 7-17 Yrs

Classes are divided by and catered toward different skill levels. Open class is offered for all skill levels and is designed to build self-confidence while learning how to throw, strike, block and fall without hurting oneself. Intermediate/Advanced class is available to current students who rank above 8th kyu and is designed to build upon the basics, learn more advanced techniques, and cultivate a higher understanding of karate. All students will be given the opportunity to compete in AAU sanctioned tournaments, as well as Open Karate tournaments. *Annual AAU insurance—\$14—Youth—is required. Belt ranking fees also apply, please inquire in class.* **Skip 5/25**

Start any time. Register at class.

www.kyokushinkarate-lafayette.com. Fees depend on how many days a week they come:

2 classes a week: \$50/month

3 classes a week: \$65/month

4 classes a week: \$75/month

LEVEL	DAY/DATE	TIME
Open	Mo/We—Ongoing	7:00-8:00pm
MIN/MAX	INSTRUCTOR	LOCATION
5/30	Danielle Jolin	Live Oak Room
LEVEL/DAY/DATE	TIME	
Tues: Adv./Thur: Inter.—Ongoing	4:00-5:30pm	
MIN/MAX	INSTRUCTOR	LOCATION
5/12	Danielle Jolin	Tu: Toyon Room/Th: Cedar Room

MMAP Parent and Tot Soccer

2-3.5 Yrs

Share the first experience of sports with your tot, in this fun and interactive class that teaches the game of soccer. Both parent and tot will participate in lots of fun activities while learning. Come join us, we're having a ball! For more information, visit www.mmapsports.com

DAY/DATE	TIME	LOCATION
Wed: 4/15-5/20	10:00-10:30AM	LCP Lower Field
FEE	MIN/MAX	INSTRUCTOR
\$87 (6 Wks)	8/25	MMAP Sports

MMAP Pee Wee Soccer

3-5.5 Yrs

This great class teaches the basic skills of soccer through fun games and drills. Learn techniques of kicking and dribbling. Come join us, we're having a ball. For more information, visit www.mmapsports.com

DAY/DATE	TIME	LOCATION
Wed: 4/15-5/20	10:30-11:10AM	LCP Lower Field
FEE	MIN/MAX	INSTRUCTOR
\$87 (6 Wks)	8/25	MMAP Sports

MMAP Soccer

5-7 Yrs

Great class that teaches the basic skills of soccer through fun games and drills. Learn techniques of kicking and dribbling. Come join us we're having a ball.

DAY/DATE	TIME	LOCATION
Tue: 4/14-5/19	3:30-04:15PM	Rink
FEE	MIN/MAX	INSTRUCTOR
\$87 (6 Wks)	8/25	MMAP Sports

Mommy/Daddy and Me Soccer

2-3.5 Yrs

Introduce your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age-appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy and Me Soccer, parents are part of the action, not watching from the sidelines! All kids receive a soccer jersey.

DAY/DATE	TIME	LOCATION
Fri: 4/10-5/29	5:10-5:40pm	Rink
FEE	MIN/MAX	INSTRUCTOR
\$111 (8 Wks)	5/20	Kidz Love Soccer

Tot Soccer & Pre Soccer

3.5-5 Yrs

Little tykes will enjoy running and kicking just like the big kids! Encourages large motor skill development through fun soccer games and introduces small children to the group setting. Each participant receives a soccer jersey. Shin guards are required after the first meeting.

DAY/DATE	TIME	LOCATION
Fri: 4/10-5/29	5:50-6:25pm	Rink
FEE	MIN/MAX	INSTRUCTOR
\$111 (8 Wks)	5/20	Kidz Love Soccer

Soccer 1: Techniques & Teamwork

5-6 Yrs

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Each participant receives a soccer jersey. Shin guards are required after the first meeting.

DAY/DATE	TIME	LOCATION
Fri: 4/10-5/29	4:15-5:00pm	Rink
FEE	MIN/MAX	INSTRUCTOR
\$111 (8 Wks)	5/20	Kidz Love Soccer

Soccer 2: Skillz and Scrimmages

7-10 Yrs

Kidz will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All levels are welcome. Each participant receives a soccer jersey. Shin guards are required.

DAY/DATE	TIME	LOCATION
Fri: 4/10-5/29	3:30-4:15pm	Rink
FEE	MIN/MAX	INSTRUCTOR
\$111 (8 Wks)	5/20	Kidz Love Soccer



Little Kickers Soccer

4-5 Yrs

This 7-week soccer league will help players learn the game and give them a chance to play on a team as they run, kick, and score their way to a good time. Participants will play games on teams that will be made after the first week of class. This is a perfect, low pressure, introduction to league sports. Participants will have one 45 min. game each week. Game times will rotate with starting times at 4:00 or 4:45.

For the first kickers class: Last name A-J: 4:00 to 4:45; K-Z: 4:45 to 5:30. (If you have a friend that is not in your time slot, that you NEED to be with for the first day, then come at the time that works best for you.) We'll take team requests at the first meeting. After the first week you will receive a schedule and roster that will list your game times for the rest of the season.



**Indoor
Sports—No
Rainouts!**

DAY/DATE	TIME	LOCATION
Tue: 4/14-5/26	4:00-5:30pm	Live Oak

Rotating game times (4:00pm or 4:45pm). One game per week.

FEE	MIN/MAX	INSTRUCTOR
\$80 (7 Wks)	12/40	Lafayette Staff

Little Sportsters

4-6.5 Yrs

Stay active and never worry about rain with the Little Sportsters class. This class will feature one day of floor hockey, one day of hoopsters basketball, one day of kickers soccer and one sportsters day with all three sports. This is a great way to try out the sports you have not played or just have fun playing a variety of sports!



**Indoor
Sports—No
Rainouts!**

DAY/DATE	TIME	LOCATION
Thur: 4/16-5/28	3:30-4:30pm	Live Oak

FEE	MIN/MAX	INSTRUCTOR
\$73 (7 Wks)	10/20	Lafayette Staff

MMAP Basketball

5-12 Yrs

This is a class is lots of fun and will teach the basic techniques of the great game of basketball. Learn techniques of passing and dribbling, and shooting through fun games and drills. This class will be a blast! Please bring water.

AGE	DAY/DATE	TIME	LOCATION
5-7 Yrs	Tue: 4/14-5/19	4:20-5:05pm	Rink
8-12 Yrs	Tue: 4/14-5/19	5:05-5:50pm	Rink

FEE	MIN/MAX	INSTRUCTOR
\$87 (6 Wks)	8/25	MMAP Sports

Tot Sports

2.5-5 Yrs

This Tot Sports program includes 3 weeks of Soccer, 3 weeks of Basketball and 3 weeks of Baseball. Participants learn balance, body movement, coordination, teamwork, sportsmanship and skill development through a series of sport-specific games and activities tailored to their attention spans. Our trained staff and progressive curriculum allows kids to develop at their own pace in a fun and safe environment with lots of encouragement. All participants receive a t-shirt and merit award. Participant-to-coach ratio is 6:1. **2.5-3 year old class requires parent participation.**

AGE	DAY/DATE	TIME	LOCATION
2.5-3 Yrs	Tue: 4/7-6/2	9:30-10:00am	Rink
3-4 Yrs	Tue: 4/7-6/2	10:00-10:45am	Rink
4-5 Yrs	Tue: 4/7-6/2	10:45-11:30am	Rink

FEE	MIN/MAX	INSTRUCTOR
\$102 (9 Wks)	5/12	Skyhawks Sports

Mommy/Daddy and Me Golf

3-6 Yrs

Using the SNAG (Starting New At Golf) System, this class provides the first step to a long-lasting bonding activity between you and your young athlete. Our progressive curriculum and modified equipment simplifies instruction so kids and their parents can make an effective transition onto the golf course together. Adult experience is not required but participation is. All equipment is provided. Participant (child)-to-Coach ratio is 6:1

AGE	DAY/DATE	TIME	LOCATION
3 Yrs	Sat: 4/11-5/16	9:30-10:00am	Rink
4 Yrs	Sat: 4/11-5/16	10:00-10:45am	Rink
5-6 Yrs	Sat: 4/11-5/16	10:45-11:30am	Rink

FEE	MIN/MAX	INSTRUCTOR
\$92 (6 Wks)	5/12	Skyhawks Sports

Dodge Ball

7-13 Yrs

Big or small it doesn't matter . . . some throw hard . . . some are hard to hit. Dodge Ball is for anyone that wants to have fun! Our expert coaches have years of experience and over a dozen games in their arsenal. Traditional dodge balls are a thing of the past—use our softer, easy to grab dodge balls for a rockin' time.



**Indoor
Sports—No
Rainouts!**

DAY/DATE	TIME	LOCATION
Thur: 4/16-5/28	4:30-5:30pm	Live Oak

FEE	MIN/MAX	INSTRUCTOR
\$80 (7 Wks)	12/20	Lafayette Staff



FUNKMODE Hip Hop and Breakdance **B L S**

K-5th grade

Does your child love to dance? Can't sit still when music comes on? Then they are ready for FUNKMODE Hip Hop and Breakdance! Students will build their confidence while learning various Hip Hop dance styles in a positive, encouraging atmosphere. We have developed a unique curriculum to ensure they will learn musicality, choreography and performance skills each week, while using their own creativity and personal expression. This empowering dance style is great for girls and boys because Hip Hop is for everyone! (Show day on last day of class) www.FUNKMODE.com.

DAY/DATE	TIME	LOCATION
Thur: 4/16-6/4	2:45-3:45pm	Burton Valley MPR
Fri: 4/17-6/5	2:45-3:45pm	Lafayette Elem. Rm. 23A
FEE	MIN/MAX	INSTRUCTOR
\$131 (8 Wks)	8/30	FUNKMODE

Keys to Piano **L**

1st-5th Grade

First time piano students will learn songs that are not only popular and fun to play, but that help with sight-reading, rhythm, theory and many other musical fundamentals. Our patient instructors encourage students to learn and experience the language of music while building self-esteem and confidence. Home practice and workbook study required.

DAY/DATE	TIME	LOCATION
Thur: 4/16-6/4	2:45-3:45pm	Lafayette Elem. Rm. 23A
FEE	MIN/MAX	INSTRUCTOR
\$223 (8 Wks)	6/15	Village Center for Arts

Yoga for Kids! **L**

1st-5th grade

Fun and engaging classes explore yoga poses, creative songs, cooperative games, breathing and relaxation exercises. Development of self-expression and body-awareness will also be taught in a non-competitive, fun atmosphere. Students will develop strength, flexibility, concentration and confidence!

DAY/DATE	TIME	LOCATION
Tue: 4/14-6/9	2:45-3:45pm	Lafayette Elem. Rm. 23A
FEE	MIN/MAX	INSTRUCTOR
\$148 (9 Wks)	8/20	Jenna Mitchell & Kortney Larson

Musical Theatre Workshop **L S**

1st-5th Grade

Musical Theatre Workshop provides a stage of fun for everyone to sing, dance, act and team build while they improve their voice, stage presence and confidence. Students are introduced to basic vocal techniques, harmony, dance steps and choreography that foster success and camaraderie. They will also learn about plot and character development. There will be a performance for family and friends at the final class. **Skip 5/25**

DAY/DATE	TIME	LOCATION
Mon: 4/13-6/1	2:45-3:45pm	Lafayette Elem. Rm. 23A
Wed: 4/15-6/3	1:45-2:45pm	Springhill MPR
FEE	MIN/MAX	INSTRUCTOR
\$157 (7 Wks) / \$179 (8 Wks)	8/25	Village Center for Arts

LEGO® Gadgets, Gizmos and Interesting Inventions **L**

1st-5th grade

This unit is all about the fun of doing something with what you've built. From a spinning top to a spin art model, from a hand mixer to a conveyor belt, kids will love playing with their LEGO® creations! But don't worry, we sneak in lots of learning, too, like understanding probability in the "3-in-a-row" game model and learning about friction and symmetry with the spinning top. Each lesson reinforces the S.T.E.M. curriculum and encourages students to think of what they could invent or improvements they could make to an existing object to solve a problem. So many things we use each day are someone's invention. Introduce your student to the world of ideas, creativity, inventions, gadgets and gizmos all while learning with LEGO®. **Skip 5/25**

DAY/DATE	TIME	LOCATION
Mon: 4/13-6/8	2:45-3:45pm	Lafayette Elem. Sci. Rm.
FEE	MIN/MAX	INSTRUCTOR
\$156 (8 Wks)	10/20	Bricks 4 Kids

Berkeley Chess **B L**

1st-5th grade

Immerse yourself in the exciting world of chess. Chess is fun and can be learned quickly and easily! If you are new to chess or just polishing your skills, come develop your understanding and enjoyment of the king of games. The Berkeley Chess School is a nonprofit organization offering chess instruction from kindergarten through high school since 1982. We are an affiliate of the U.S. Chess Federation. **Skip 5/25**

DAY/DATE	TIME	LOCATION
Mon: 4/13-6/8	2:45-3:45pm	Burton Valley Library
Thur: 4/16-6/4	2:45-3:45pm	Lafayette Elem. Sci. Rm.
FEE	MIN/MAX	INSTRUCTOR
\$139 (8 Wks)	10/20	Berkeley Chess School

Toyology: Science Through Toys **S** **L**

K-5th Grade

In this class, students get to make and take home a different science project in each class. While children are having a blast making toys, they are learning major scientific concepts such as electricity, energy, gravity, motion, light, magnetism, friction and simple machines. When parents arrive for pick-up, our students are eager to show off the toys they made, and explain the science behind how they work. The class includes all materials needed for the students to make and take home the science project in each class, as well as a science notebook and a snack. Our unique project kits, designed by our fabulous engineering team, are filled with many engaging hand-on materials such as: solar panels, LEDs, motors, magnets, batteries and battery cases, switches, custom wooden pieces, and more. All new projects and lessons for the Spring session! **Skip 5/25**

DAY/DATE	TIME	LOCATION
Mon: 4/13-6/8	2:45-3:45pm	Springhill MPR
Tue: 4/14-6/9	2:45-3:45pm	Lafayette Elem. Sci. Rm.
FEE	MIN/MAX	INSTRUCTOR
\$195 (8 Wks)/\$219 (9 Wks)	10/24	Sarah's Science

Pacific Chess Academy **S**

1st-5th Grade

Our lessons are an after school program. Each lesson lasts 60 minutes and consists of instructions, analysis and tournament games during which students play against each other. Our lessons are fun and easy to follow, and include individual written instructions to practice at home. We provide our students with necessary chess equipment (board, pieces, and demonstration tools). ALL participants receive trophies at the end of the school year.

DAY/DATE	TIME	LOCATION
Thur: 4/16-6/4	2:45-3:45pm	Springhill—MPR
FEE	MIN/MAX	INSTRUCTOR
\$134 (8 Wks)	10/30	Pacific Chess

Fit Kids America Flag Football **S**

1st-5th grade

Ready for some football! Learn football basics through drills, obstacle courses and strength training with an emphasis on team work. Increase agility, speed and self-esteem. Intramural games will be played each class. No tackling, just fun! Super Bowl will be played on the last day of the session. Group will be split by age and ability. **Skip 5/25**

DAY/DATE	TIME	LOCATION
Mon: 4/13-6/8	2:45-3:45pm	Springhill—Fields
FEE	MIN/MAX	INSTRUCTOR
\$104	8/25	Fit Kids America

French **L**

1st-5th Grade

This fun and engaging class follows the natural language acquisition process of hearing, imitating and repeating, speaking and comprehending, then reading and writing. Through games, music, poetry and songs learners will discover many aspects of French life and culture and learn strategies for life long language learning.

DAY/DATE	TIME	LOCATION
Wed: 4/15-6/10	1:45-2:45pm	Lafayette Elem. Sci. Rm.
FEE	MIN/MAX	INSTRUCTOR
\$194 (9 Wks)	4/15	Leah Demathieu

Fit Kids America Cheerleading **S**

1st-5th Grade

Learn all the cheer basics! Arm movements, jumps, cheers and cheer dances are just part of the fun in this class. On a weekly basis, you will be taught simple body movements that will prepare you to cheer at a real game. Come join the fun!! **Skip 5/25**

DAY/DATE	TIME	LOCATION
Mon: 4/13-6/8	2:45-3:45pm	Springhill Elem. Fields
FEE	MIN/MAX	INSTRUCTOR
\$104 (9 Wks)	8/25	Fit Kids America

Transportation Timeline and Things that GO with LEGO® **S**

1st-5th Grade

Delve into the history and mechanics of things designed to move! If you like planes, trains and automobiles, then this LEGO® engineering class is for you! Each week, students will build motorized models of a dragster or an airplane and more. Explore the history of transportation from horse and buggy and trains to the development of the automobile and flight. Each lesson introduces key terminology related to each mode of transportation, like lift and propulsion for the airplane, as well as describes how each vehicle works all while reinforcing the S.T.E.M. and CORE concepts.

DAY/DATE	TIME	LOCATION
Tue: 4/14-6/2	2:45-3:45pm	Springhill Elem. MPR
FEE	MIN/MAX	INSTRUCTOR
\$174	10/20	Bricks 4 Kids

B Burton Valley Elementary

L Lafayette Elementary

S Springhill Elementary

SPRING BREAK CAMPS

Basketball Camp

5-12 Yrs

This fun, skill-intensive program is designed for beginning to intermediate players. An active week of passing, shooting, dribbling, defense and rebounding makes this one of our most popular programs. Participants receive a t-shirt, basketball, and player evaluation. Participant-to-coach ratio is 10:1

AGES	DAY/DATE	TIME	MIN/MAX
5-7 Yrs	Mon-Fri: 3/31-4/4	9:00-11:00am	10/20
8-12 Yrs	Mon-Fri: 3/31-4/4	9:00am-12:00pm	10/20

FEE	LOCATION	INSTRUCTOR
\$162 (1 Wk)	Roller Hockey Rink	Skyhawks Sports

Pokemon® LEGO® Camp

6-11 Yrs

Get ready for an adventure by combining the worlds of LEGO® and Pokemon®! Capture wild Pokemon creatures and train them for battle. Tap into your inner engineer as we build Dratini, Pikachu and more. Bring your Pokemon® trading cards to play and trade.

DAY/DATE	TIME	LOCATION
Mon-Fri: 3/30-4/3	9:00-12:00pm	Cedar Room

FEE	MIN/MAX	INSTRUCTOR
\$193 (1 Wk)	12/24	Bricks 4 Kids

TMNT—LEGO® Style! Camp

6-11 Yrs

Grab your katanas and nun-chucks as we prepare to fight crime with the Teenage Muntant Ninja Turtles® through the world of LEGO®. Battle Shredder and his evil Foot Clan and learn from your sensei, Master Splinter.

DAY/DATE	TIME	LOCATION
Mon-Fri: 3/30-4/3	1:00-4:00pm	Cedar Room

FEE	MIN/MAX	INSTRUCTOR
\$193 (1 Wk)	12/24	Bricks 4 Kids



Camp Awesome: Spring Break by the Day

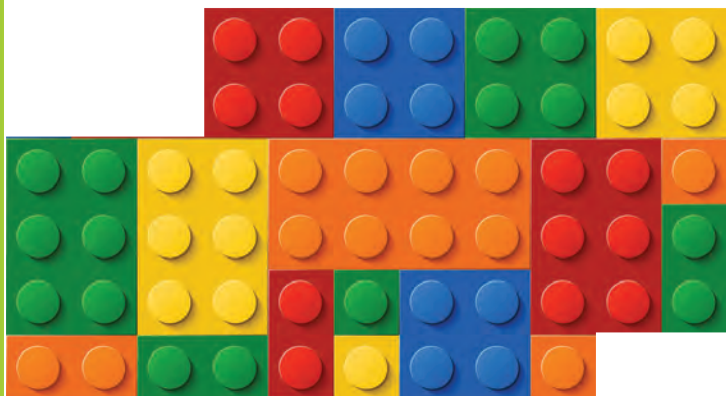
4-14 Yrs

Camp Awesome by the day! Price for this class is by the day. Sign up for the whole week to get 5 days for the price of 4! Enjoy Spring Break at Camp Awesome doing arts and crafts, sports and games, Games2U, hikes and a ton of Awesome fun. Snack will be provided, wear sporty clothing, bring a water bottle, lunch and be ready for fun! Campers will be divided into groups based on age. Early Care and After Care available!

DAY/DATE	TIME	FEE
Mon-Fri: 3/30-4/3		
Camp Awesome (per day)	9:00-2:00pm	\$40 (1Day)
Camp Awesome (all 5 days)	9:00-2:00pm	\$160 (5 Days)
Early Care (per day)	7:30-9:00am	\$10 (1 Day)
Early Care (all 5 days)	7:30-9:00am	\$40 (5 Days)
After Care (per day)	2:00-5:00pm	\$25 (1 Day)
After Care (all 5 days)	2:00-5:00pm	\$100 (5 Days)

LOCATION	MIN/MAX	INSTRUCTOR
Sequoia Room	20/50	Lafayette Staff

Days purchased are non-refundable and non-transferable. Please choose carefully. Space will be limited.





Beginning Junior Tennis

6-9 Yrs

This class is for beginners or students that are continuing on with lessons. Instruction on all basics plus rally contests, mini matches and strategy. **Skip 5/23, 5/24, 5/25**

DAY/DATE	TIME	LOCATION
Mon: 4/13-6/8	3:30-4:30pm	Lafayette Tennis Club
Wed: 4/15-6/3	3:30-4:30pm	Lafayette Tennis Club
Sat: 4/18-6/13	9:30-10:30am	Lafayette Tennis Club
Sun: 4/19-6/14	9:30-10:30am	Lafayette Tennis Club
FEE	MIN/MAX	INSTRUCTOR
\$133 (8 Wks)	4/20	Lafayette Tennis Club

Beginning Youth Tennis

10-14 Yrs

This class is for beginners or students that are continuing on with lessons. Instruction on all basics plus rally contests, mini matches and strategy. **Skip 5/23, 5/24, 5/25**

DAY/DATE	TIME	LOCATION
Mon: 4/13-6/8	4:30-5:30pm	Lafayette Tennis Club
Wed: 4/15-6/3	4:30-5:30pm	Lafayette Tennis Club
Sat: 4/18-6/13	10:30-11:30am	Lafayette Tennis Club
Sun: 4/19-6/14	10:30-11:30am	Lafayette Tennis Club
FEE	MIN/MAX	INSTRUCTOR
\$133 (8 Wks)	4/20	Lafayette Tennis Club

Tennis

18 Yrs & Up

This class is for beginners or students that are continuing on with lessons. Instruction on all basics plus rally contests, mini matches and strategy. **Skip 5/25**

DAY/DATE	TIME	LOCATION
Mon: 4/13-6/8	6:30-7:30pm	Lafayette Tennis Club
Wed: 4/15-6/3	6:30-7:30pm	Lafayette Tennis Club
FEE	MIN/MAX	INSTRUCTOR
\$133 (8 Wks)	6/14	Lafayette Tennis Club

Classes are subject to change based on enrollment numbers. If your class is cancelled, you will be notified four days prior to the first class and offered options.

Rainouts: Call Lafayette Tennis Club at 937-2582; the hotline is updated at 8:00 am and 2:00 pm daily. All rainouts will be made up the following week(s) after the end of the session on the same day.

TENNIS

Tennis Club at 937-2582 for specific program questions.

Tennis classes are for beginners or students who are continuing on with lessons. Instruction on all basics plus rally contests, mini matches and strategy. *Players will not be allowed to enter courts without white soled, non-marking shoes. No running shoes, no jeans, and no gum allowed.*

Beginning Pee Wee Tennis

4-5 Yrs

This class is for beginners or students that are continuing on with lessons. Instruction on all basics plus rally contests, mini matches and strategy. **Skip 5/23, 5/24, 5/25**

DAY/DATE	TIME	LOCATION
Mon: 4/13-6/8	3:00-3:30pm	Lafayette Tennis Club
Wed: 4/15-6/3	3:00-3:30pm	Lafayette Tennis Club
Sat: 4/18-6/13	9:00-9:30am	Lafayette Tennis Club
Sun: 4/19-6/14	9:00-9:30am	Lafayette Tennis Club
FEE	MIN/MAX	INSTRUCTOR
\$68 (8 Wks)	4/10	Lafayette Tennis Club



FITNESS

Tong Ren Qi Gong

18 Yrs & Up

In this class you will learn Tong Ren Qi Gong which is a very simple but effective form of energy enhancing meditation. In addition to the weekly class you only need to practice for 15 minutes each day to realize its benefits. These benefits typically include an increase in energy, reduction in stress and improvement in chronic health conditions.

DAY/DATE	TIME	LOCATION
Fri: 4/10-6/12	10:00-11:00am	Cedar Room
FEE	MIN/MAX	INSTRUCTOR
\$53 (10 Wks)	8/15	Henry Yu

Yoga

T 16 Yrs & Up

This class provides a solid foundation of Yoga through postures, movement, breathing and relaxation. Appropriate for beginners or those with Yoga experience. Bring a yoga mat, blocks, strap and blanket to class.

DAY/DATE	TIME	LOCATION
Tue: 4/7-6/9	6:00-7:15pm	Toyon Room
FEE	MIN/MAX	INSTRUCTOR
\$133 (10 Wks)	8/15	Elizabeth McIntyre

Zumba for Beginners

50 Yrs and Up

Join the fun with Zumba designed for seniors of all levels. This class focuses on many of the rhythms like meringue, salsa, chacha, cumbia and much, much more!

DAY/DATE	TIME	LOCATION
Fri: 4/10-6/12	12:30-1:15pm	Live Oak
FEE:	MIN/MAX	INSTRUCTOR
\$63 (10 Wks)	10/60	Jo Nash

Yoga Workout

T 16 Yrs & Up

This class teaches a mix of exercises (asanas) for strengthening, stretching and relaxing the body while also focusing on body alignment—a holistic approach. Students are introduced to the therapeutic aspects of yoga and yoga philosophy in a friendly, gentle atmosphere. Classes end with relaxation and breathing techniques. Silloo has trained with the internationally renowned B.K.S. Iyengar for 8 years and has taught yoga for more than 30 years. Printed handouts are available. Bring a blanket. You may try one class for free. All levels are welcome. **Skip date: TBA by Instructor.**

DAY/DATE	TIME	LOCATION
Mon: 4/6-6/8	9:00-10:15am	Sequoia Room
Thur: 4/9-6/11	6:00-7:15pm	Toyon Room
FEE	MIN/MAX	INSTRUCTOR
\$120 (9 Wks)	8/15	Silloo Tarapore

Seniorcise

55 Yrs & Up

This fun class exercises your body and your mind. It's an effective combination of low-impact exercise, weight training and stretching. Each one-hour session is designed to increase strength, cardiovascular endurance, flexibility and balance. ALL fitness levels are welcome! Bring a mat, a pair of 2-3 lb hand weights and come exercise with GREAT people to the BEST music from the 40s, 50s and 60s! **Skip 5/25**

DAY/DATE	TIME	LOCATION
Mon: 3/30-6/8	10:30-11:30am	Live Oak
Tue: 3/31-6/9	10:30-11:30am	Live Oak
Wed: 4/1-6/10	10:30-11:30am	Live Oak
Thur: 4/2-6/11	10:30-11:30am	Live Oak
FEE	MIN/MAX	INSTRUCTOR
\$53 (10 Wks)/ \$58 (11 Wks)	10/45	Sue Funkhouser

Re-Balance the Body-Mind-Spirit Connection

18 Yrs & Up

In this class, an integral approach to rebuilding the union between the body, mind and spirit is explored; they each have a meaning and cannot be separated. The 3-part class includes: Part 1: targeted stretching and a systematic series of slow graceful movements that help release physical tension and enhance awareness of the body and mind. Part 2: exercises to increase memory and focus; meditation will be taught. Part 3: hand-eye coordination and integrative balance movements. **Skip 5/25**

DAY/DATE	TIME	LOCATION
Mon: 4/20-6/8	10:30am-12:00pm	Toyon Room
FEE	MIN/MAX	INSTRUCTOR
\$45 (7 Wks)	8/15	Ken McNamara

Hatha Yoga

18 Yrs and Up

This class emphasizes principles that are essential for a safe, well-rounded lifelong yoga practice. Importance is placed on teaching students to open and strengthen their bodies while bringing awareness to the mind, body, breath relationship. Cultivating this mindful awareness brings a deep inner peace where students can experience the profound and unexpected effects of calming the mind and nervous system as they learn to become more centered, present and still. All levels welcome.

DAY/DATE	TIME	LOCATION
Wed: 4/8-6/10	9:15-10:30am	Sequoia Room
FEE	MIN/MAX	INSTRUCTOR
\$133 (10 Wks)	8/15	Jenn Stedman

Yoga, Beginning/Adv. Beginning

18 Yrs & Up

This class is for those with some yoga experience or athletic beginners. Deepen your experience of basic postures, learn more challenging postures, posture flow and breathing practices. Please bring a yoga mat and thick blanket.

DAY/DATE	TIME	LOCATION
Tue: 4/7-6/16	9:30-10:45am	Sequoia Room
Fri: 4/3-6/12	9:15-10:30am	Sequoia Room
FEE	MIN/MAX	INSTRUCTOR
\$146 (11 Wks)	10/22	Howard Van Es

Intro to Yoga

18 Yrs & Up

If you have been thinking about trying yoga or have very little experience this is the class for you! Basic yoga postures, breathing and yoga philosophy are explored. Improve flexibility, reduces stress, and build energy. Bring a yoga mat and blanket.

DAY/DATE	TIME	LOCATION
Sun: 4/5-6/7	10:30-11:45am	Sequoia Room
FEE	MIN/MAX	INSTRUCTOR
\$133 (10 Wks)	10/22	Howard Van Es



Evening Yoga

T 16 Yrs & Up

This beginning/advanced beginning class promotes proper alignment, strength building, flexibility, and relaxation techniques through asanas (postures) and breathing practices. Poses are adjusted to suit different ages and body types. Bring yoga mat and thick blanket.

DAY/DATE	TIME	LOCATION
Tue: 4/7-6/9	7:15-8:30pm	Sequoia Room
FEE	MIN/MAX	INSTRUCTOR
\$133 (10 Wks)	8/15	Nancy Anderson



Jazzercise is a pulse-pounding, bass-dropping fitness program that gets results...fast. It's a calorie-torching, hip-swivling dance party workout with a hot playlist to distract from the burn. Customers can incinerate up to 800 calories in a 60 minute class. Workout includes warm up, cardio, muscle toning, strength training with weights and stretching. Wear aerobic shoes and bring a mat. www.jazzercise.com.

Enjoy
Jazzercise
Everyday!



On-going. Sign-up anytime. Register at class.
Contacts: Nancy G. 937-6768 | Cyndi B. 528-9836

FEE	EFT FEE	LOCATION
\$12 Walk-in	\$50/mo EFT Unlimited Class Pass	LCC, Live Oak Rm
Weekend Rate Available		
*EFT = Electronic Fund Transfer, month to month payment plan		

DAY	START TIME	INSTRUCTOR
Mon/Wed/Fri	6:00 am	Nancy G.
Mon/Tue/Wed/Thu/Fri	9:10 am	Nancy G.
Mon/Wed	5:45 pm	Cyndi B.
Tue/Thu	6:00 pm	Cyndi B.
Sat	9:00 am	Nancy G.
Sun	9:00 am	Cyndi B.

VISUAL & PERFORMING ARTS

Painting Workshop

18 Yrs & Up

A basic multi-level painting class. Topics include color theory, composition, brush and palette knife techniques, creating atmospheric and textural effects, developing style, use of painting mediums and various other painting applications and techniques. Students may work in any style from abstract to realism and in any paint medium such as acrylic, alkyd, oil or watercolor.

DAY/DATE	TIME	LOCATION
Thur: 4/9-5/7	9:30-12:30pm	Toyon Room
Thur: 5/14-6/11	9:30-12:30pm	Toyon Room
FEE	MIN/MAX	INSTRUCTOR
\$108 (5 Wks)	6/16	Mark Jezierny

Beginning Keyboard

T 10 Yrs-Adult

Most popular songs use only 3 or 4 simple chords. You can learn to play your favorites on the piano in just a few weeks. Only 6 students per class so you will get the help you need. No prior experience is required. It's easy and fun! *There is a \$10 materials fee for the textbook.* Bring your keyboard to class.

Skip 5/25

DAY/DATE	TIME	LOCATION
Mon: 4/6-6/8	4:00-4:45pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$138 (9 Wks)	3/6	Ted Crowley

Long Form Improv: Spontaneous Combustion

18 Yrs and Up

Come unleash your creativity and rediscover your sense of play. This class will teach long form improv techniques based in free play, finding the game, and calling back the good stuff. Students will learn to perform "a run," the core of countless long form improv formats, where one scene magically leads into another, players' mutual support is key, and rules are meant to be broken. It's a spontaneous combustion of fun!

DAY/DATE	TIME	LOCATION
Tue: 4/7-5/12	7:00-9:00pm	Cedar Room
FEE	MIN/MAX	INSTRUCTOR
\$153 (6 Wks)	10/20	Michelle Swaney, Synergy Theater

Intro to Improv!

18 Yrs and Up

Get creative with the art of improvisation! Kenn Adams, veteran improviser and author of the book, *How to Improvise a Full-Length Play: The Art of Spontaneous Theater*, will teach you the three basic rules of the craft - be spontaneous, make your partner look good, and build on your partner's idea - and, in no time flat, you'll be creating outrageous characters, improvising hysterical scenes and stories, and having the time of your life! No experience is necessary and the class ends with a free performance for friends, fans and family members. **Skip 5/8**

DAY/DATE	TIME	LOCATION
Wed: 4/8-5/20	7:00-9:00pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$153 (6 Wks)	10/20	Kenn Adams, Synergy Theater

YOUTH & ADULTS



Landscape and Portraiture Painting

18 Yrs & Up

Class is designed to expand your creativity and art education while having fun. Learn to create strong design and attain accurate color, values and representation through demonstrations and individual instruction. www.westernpainter.com Beginners welcome.

DAY/DATE	TIME	LOCATION
Tue: 4/7-5/5	9:30-12:00pm	Arts and Crafts Room
Tue: 5/12-6/9	9:30-12:00pm	Arts and Crafts Room
FEE	MIN/MAX	INSTRUCTOR
\$78 (5 Wks)	6/16	Gary Bergren

Line Dancing

18 Yrs & Up

Picture rows of people dancing a set of choreography as an ensemble. Learn new and traditional line dances in a comfortable, welcoming, fun filled class. Line dancing isn't just country western anymore. It's also a rich blend of other music and dance styles including latin, popular and swing. Enjoyable exercise that will free the dancer in you. No partners needed. Beginners and intermediates welcome. No perfume or fragrances please. **Skip 5/25, 5/26**

LEVEL	DAY/DATE	TIME	LOCATION
Beginning	Mon: 3/30-4/27	12:30-1:30pm	Live Oak Room
Beg/Intermed	Mon: 3/30-4/27	1:30-3:00pm	Live Oak Room
Beg/Intermed	Tue: 3/31-4/28	7:30-9:00pm	Live Oak Room
Beg/Intermed	Tue: 5/5-6/9	7:30-9:00pm	Live Oak Room
Beginning	Mon: 5/4-6/8	12:30-1:30pm	Live Oak Room
Beg/Intermed	Mon: 5/4-6/8	1:30-3:00pm	Live Oak Room

FEE	MIN/MAX	INSTRUCTOR
\$38 (5 Wks)	10/40	John Trentacosti

Guitar

T 10 Yrs-Adult

Most pop songs use only 3 or 4 simple chords, so you will be playing real songs in just a few weeks. It's easy, and small class size allows for individual attention from instructor. Instructor has BA and MA in music and over 20 years of teaching experience. *A \$10 supply fee is payable to the instructor at the first class.* **Skip 5/25**

Beginning

DAY/DATE	TIME	LOCATION
Mon: 4/6-6/8	4:45-5:30pm	Elderberry Room

FEE	MIN/MAX	INSTRUCTOR
\$138 (9 Wks)	3/8	Ted Crowley

Intermediate

DAY/DATE	TIME	LOCATION
Mon: 4/6-6/8	5:30-6:15pm	Elderberry Room

FEE	MIN/MAX	INSTRUCTOR
\$138 (9 Wks)	3/8	Ted Crowley



COOKING

Dim Sum

18 Yrs and Up

Dim Sum means "a little bit of heart," and these little savories and sweets surely gladden the heart and palate. Dim sum can be served as an elegant and a fun light appetizer, lunch, snack, or as a special treat. We will learn to use a variety of specialties to create popular items, and learn techniques of filling and wrapping in hands-on preparing delicious dim sum, such as Pork and Shrimp Dumplings, BBQ Pork Buns, Chinese Broccoli, Sesame Seeds Balls, etc. Some can be made a lot in advance and frozen for several meals. Bring your sharp chef knife or cleaver, cutting board, hand towel, beverage, and a to-go box.

DAY/DATE	TIME	LOCATION
Thur: 4/16	6:30-9:30pm	Kitchen

FEE	MIN/MAX	INSTRUCTOR
\$65 (1 Day)	5/15	Chat Mingkwan



Healthy Stir Fries

18 Yrs and Up

Chinese invented wok and stir-fry cooking techniques and all Asian Cuisines adapted and modified this technique to call their own. Stir-frying is a fresh, quick, and easy food preparation technique, using the freshest ingredients, taking little time to cook, and employing the simplest technique. Let's make delicious and popular Asian stir-fried dishes from Chinese, Japanese, Thai, and Vietnamese cuisine and, make them healthier and more personalized by adding your own twists. We'll make dishes such as Beef and Broccoli, Spicy eggplant and Thai basil, Chow Mein, Peppered Shrimp, Sweet and Sour and more. Bring your favorite wok, chef's knife, and beverage.

DAY/DATE	TIME	LOCATION
Mon: 6/8	6:30-9:30pm	Kitchen

FEE	MIN/MAX	INSTRUCTOR
\$65 (1 Day)	5/12	Chat Mingkwan

Vietnamese Cooking

18 Yrs and Up

Vietnamese cuisine has a right East meets West combination of subtle tastes and flavours. Let's explore what make Vietnamese cuisine so popular. Learn to use fresh herbs, such as Vietnamese mint-Rau Ram, basil-Rau Que, Ngo Gai and simple techniques in preparing popular Vietnamese dishes, such as Lemongrass chicken, Clay pot, Fresh spring rolls, Green mango salad, and more. Bring your sharp chef's knife, cutting board, hand towel, and beverage.

DAY/DATE	TIME	LOCATION
Tue: 4/7	6:30-9:30pm	Kitchen
FEE	MIN/MAX	INSTRUCTOR
\$65 (1 Day)	5/15	Chat Mingkwan

Indonesian Cooking

18 Yrs and Up

The cooking of the "Spice Islands" fills with aromatic flavors and fresh tropical fruits, herbs and vegetables. Join us in cooking popular Indonesian meals for our dinners. Learn to use Indonesian herbs and spices and preparing authentic dishes with unique techniques, such as assorted satay, gado gado with peanut dressing, corn fritters, curry, Nasi Goreng (Fried Rice) and fresh tropical fruit salad. Bring your shape chef's knife or clever, cutting board, hand towel, and beverage.

DAY/DATE	TIME	LOCATION
Tue: 5/26	6:30-9:30pm	Kitchen
FEE	MIN/MAX	INSTRUCTOR
\$65 (1 Day)	5/15	Chat Mingkwan

SPECIAL INTEREST

Mandarin—Conversational Chinese

18 Yrs and Up

To teach conversational Chinese and enable students start learning Mandarin Chinese. Through conversation, games, cultural introduction, students learn phonic skill, greetings, numbers, family member titles, date/time, basic grammar and character writing knowledge. Knowledge learned in the class can be easily applied to travel, business, academic needs or personal interest. *\$10 supply fee payable to instructor on first day of class. Skip 5/25*

LEVEL	DAY/DATE	TIME	LOCATION
Level 2	Mon: 4/6-6/8	9:00-10:15am	Cedar Room
Level 3	Mon: 4/6-6/8	10:30-11:45am	Cedar Room
Level 1	Mon: 4/6-6/8	12:00-1:15pm	Cedar Room
FEE	MIN/MAX	INSTRUCTOR	
\$156 (9 Wks)	2/6	Walnut Creek Chinese School	



Bridge Workshop—Heart Series

18 Yrs and Up

This is an ACBL course on making a defensive plan. Part I is a 6 week course that covers lead against NT, leads against suit contracts, 2nd hand play, third hand play and defensive signals. Each class gives the student the opportunity to defend against 4 pre-dealt hands and each chapter reviews more bidding not covered in the Club and Diamond courses. **Skip 4/27, 5/18, 5/25**

DAY/DATE	TIME	LOCATION
Mon: 4/13-6/8	3:15-5:15pm	Sequoia Room
FEE	MIN/MAX	INSTRUCTOR
\$63 (6 Wks)	8/24	Carol Griffin

Bridge Workshop—Diamond Series

18 Yrs and Up

The Diamond Series is the ACBL intermediate course focusing on the play of the hand. The main objective is to develop a plan by declarer, including the counting of winners or losers, developing tricks, finessing, eliminating losers, managing the trump suit, and considering Entries. There are four pre-dealt hands to play each session. *There is a required textbook for \$20 available from the instructor.* **Skip 4/27, 5/18, 5/25**

DAY/DATE	TIME	LOCATION
Mon: 4/13-6/8	1:00-3:00pm	Sequoia Room
FEE	MIN/MAX	INSTRUCTOR
\$63 (6 Wks)	8/24	Carol Griffin

Italian for Beginners and Travellers

18 Yrs and Up

In this class, students will actively participate in speaking the Italian language with the instructor and peers. We'll engage in role-playing, games, music, presentations, grammar and written exercises that will foster a fun and dynamic acquisition of the language. The instructor will use a variety of tools to make sure that the participants are fully benefiting from the class.

DAY/DATE	TIME	LOCATION
Tue: 4/7-5/26	7:00-8:30pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$123 (8 Wks)	6/20	Dario Ciarlantini



Adult CPR

11 Yrs and Up

A 3-hour Acute Care Training (ACT) course covering CPR and choke saving for adults (9 + years and older). Please wear comfortable clothes. Certification is good for 2 years. **A \$10 LAB FEE WILL BE COLLECTED AT THE BEGINNING OF CLASS.**

DAY/DATE	TIME	LOCATION
Tue: 4/21	7:00-10:00pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$38 (1 Day)	4/10	Adele Christensen

Pediatric CPR

11 Yrs and Up

A 3-hour Acute Care Training (ACT) course covering: CPR and choke saving for children and infants (0-8 years). Please wear comfortable clothes. Certification is good for 2 years. **MUST HAVE A CURRENT CPR CERTIFICATION. A \$10 LAB FEE WILL BE COLLECTED AT THE BEGINNING OF CLASS.**

DAY/DATE	TIME	LOCATION
Thur: 4/23	7:00-10:00pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$38 (1 Day)	4/10	Adele Christensen



Dog Obedience Classes

T All Ages; Children must be accompanied by a parent

Beginning Dog Obedience

Puppies 3 Mos-1 Yr; No dogs older than 1 Yr
Basic obedience instruction for puppy owners and their puppies. Puppies will learn sit, down, come, stay, stand and heel. Solutions for puppy behavior problems including jumping, biting, etc. Bring proof of vaccinations to 1st class. Equipment required: 6 foot leather leash, martingale collar. Attendance is mandatory at the first week of class. No dogs at first class. **Skip 4/29**

DAY/DATE	TIME	LOCATION
Wed: 4/8-6/3	6:00-7:00pm	Cedar Room
FEE	MIN/MAX	INSTRUCTOR
\$183 (8 Wks)	6/8	Barb Peppin

Intermediate Dog Obedience

T All Ages
Intermediate Dog Obedience Prereq: Completion of LCC Beg. Obedience or instructors permission. Develop skills to pass the AKC Canine Good Citizen Class. Introduction to Agility. **Skip 4/29**

DAY/DATE	TIME	LOCATION
Wed: 4/8-6/3	7:15-8:30pm	Rink
FEE	MIN/MAX	INSTRUCTOR
\$173 (8 Wks)	6/10	Barb Peppin

Advanced Dog Obedience

T All Ages
Prereq: Completion of LCC Intermediate Obedience Class or instructor permission. Develop skills to compete in AKC obedience trials. **Skip 4/30**

DAY/DATE	TIME	LOCATION
Thur: 4/9-6/4	9:00-10:00am	Rink
FEE	MIN/MAX	INSTRUCTOR
\$103 (8 Wks)	6/12	Barb Peppin



Lafayette Recreational Trails

Lafayette-Moraga Regional Trail

This 7.65-mile trail parallels St. Mary's Road through Lafayette and Moraga along a historic railroad route. It accommodates hiking, bicycling, and equestrian use. There are opportunities for restroom stops at the Lafayette Community Center and Park. Please call 1-888-EBPARKS (1-888-327-2757) or visit www.ebparks.org for more information.

City of Lafayette Neighborhood Trails

Neighborhood trails provide connections to regional trails and other recreational facilities or make loops within a neighborhood. Maps and detailed descriptions of the trails are available at the Lafayette Parks, Trails & Rec. Office at 500 St. Mary's Road or at www.ci.lafayette.ca.us.

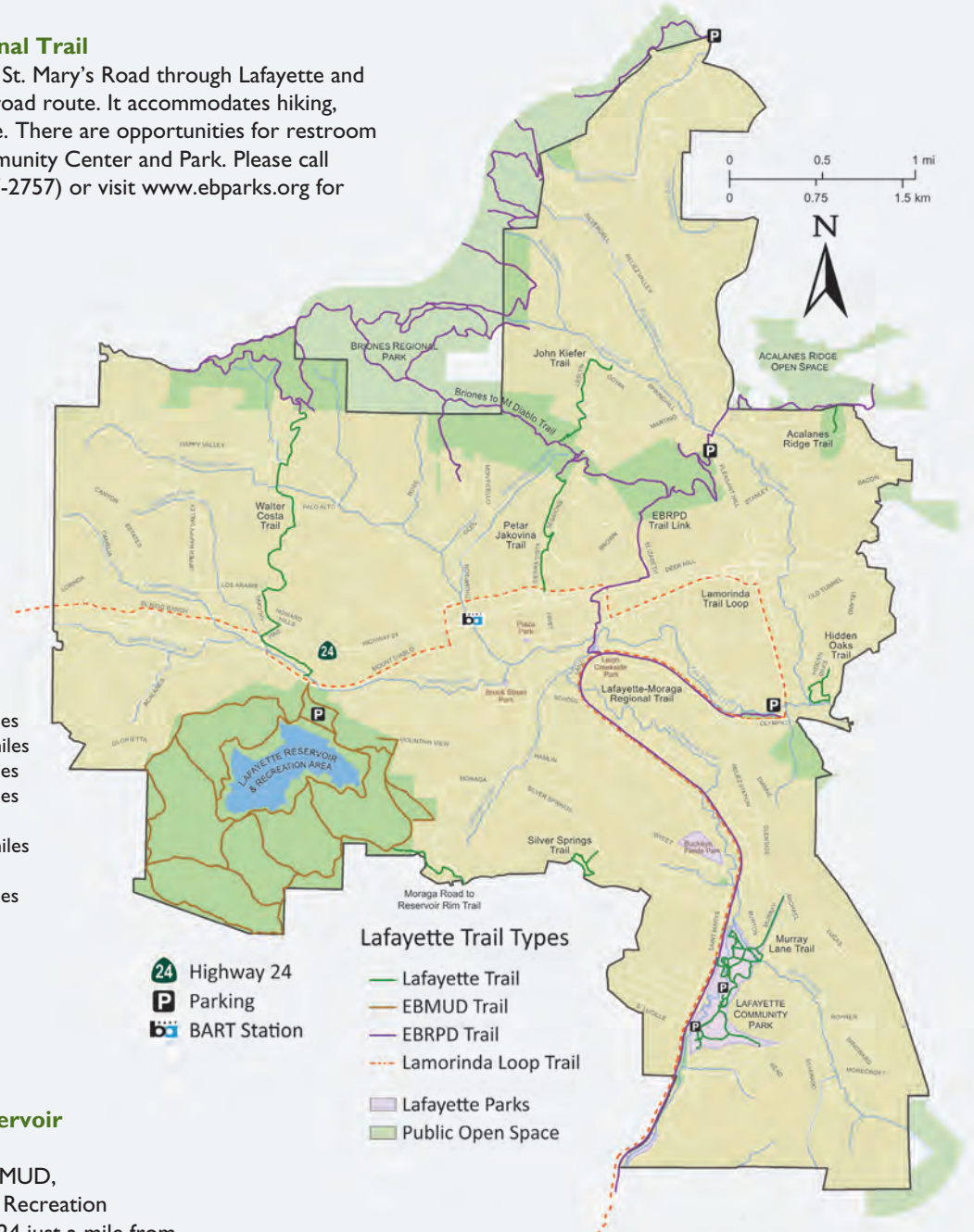
- Walter Costa Trail 2.2 miles
- Springhill Valley Trail 0.75 miles
- Hidden Oaks Trail 0.5 miles
- Murray Lane Trail 0.3 miles
- Petar Jakovina Trail 1 mile
- John Kiefer Trail 0.78 miles
- Moraga Rd. to Reservoir Rim Trail 0.5 miles

Lafayette Community Park Trails

3 miles of multi-use trails.

EBMUD's Lafayette Reservoir and Recreation Area

Owned and operated by EBMUD, the Lafayette Reservoir and Recreation area is located off Highway 24 just a mile from Lafayette BART. This all-year, day-use area is ideal for hiking, jogging, fishing, boating and picnicking. Hikers will love the 2.8-mile paved Shore Trail that completely encircles the Reservoir. The Rim Trail is a more challenging 4.3-mile dirt trail that traverses the ridge tops surrounding the Reservoir. Please call 284-9669 or go to www.ebmud.com for more information.



- Lafayette Trail Types**
- Lafayette Trail
 - EBMUD Trail
 - EBRPD Trail
 - Lamorinda Loop Trail
 - Lafayette Parks
 - Public Open Space

- 24 Highway 24
- P Parking
- bART BART Station



Have Your Next Event At The Lafayette Community Center



The Lafayette Community Center is set in beautiful Burton Valley adjacent to Las Trampas Creek. This natural setting is perfect for indoor/outdoor functions. A spacious patio and lawn area are located behind the Center.



The commercial kitchen is equipped with a 6-burner range plus large griddle area and two ovens, fridge, ice maker, plus stainless steel sinks and countertops offer you and your caterers a stress-free food preparation experience.



The Lafayette Community Center has three rooms available to suit your needs. The Live Oak Room accommodates up to 225 people with an adjacent commercial kitchen. This room is ideal for wedding receptions, fundraisers, reunions, anniversaries or your special event. The Manzanita Room will be closed for renovation this season but will feature many upgrades upon reopening in the fall.



The Sequoia Room holds up to 50 people and includes carpeting and a gas fireplace. Our facilities are available Friday nights, Saturdays and Sundays. Fees range from \$45-\$95 per hour. We also have discounts for 7 hour blocks of time. To find out more, call (925) 284-2232 or email us at recreation@ci.lafayette.ca.us

In addition to our indoor facilities, we also have a large outdoor RINK. This facility can be used for basketball, hockey, skating, scooters, dancing and parties . . . or create your own event.



The Lafayette City Staff will create an Awesome Party on the rink or in our air conditioned Live Oak Room. We offer Dodge Ball, Soccer, Basketball, Floor Hockey, Nerf and Rink parties. Prices start at \$195 for 1 1/2 hours. See page 6 for party information.



Register for classes: (925) 284-5050

Unless noted, all programs and services are held at Lafayette Senior Services, located at Lafayette Community Center, 500 St. Mary's Road, Lafayette.

Membership Fees and Benefits

Members of Lafayette Senior Services pay no fee, or the discounted fee, for programs and services listed below. Additionally, the quarterly Activity Guide is mailed to each member. Your membership pays for itself after just 1 1/2 classes! You need not be a Lafayette resident to join.

ANNUAL FEE: January 1-December 31, 2015

\$15 per person

Reservoir Walking Group

Led by Jim Scala, Lafayette Today's "Walking the Reservoir" Columnist

Join us every Thursday for camaraderie, fresh air and enjoyable exercise, all in magnificent surroundings. Optional bonus: at the end of the walk, Jim will lead you through easy yoga poses and breathing exercises in the most beautiful outdoor yoga studio: the band stage overlooking the water. Increase your balance and fitness—both physical and mental—and leave feeling uplifted and radiant with that overall sense of well-being! Jim is an author; nutritional expert; former Air Force pilot and consultant to the U.S. Olympic Ski Team and Mt. Everest expeditions. Please call 284-5050 to add your name to the email notification list. Bring quarters or credit card for parking meter. Annual senior (62+) parking passes may be purchased at the reservoir visitor center.

DAY/DATE	TIME	LOCATION
Every Thursday	10:00-11:30pm	Meet at Res: Center Bench on the Dam
FEE:	MEMBERS	NON-MEMBERS
	Free	Free



Apple Basics

Facilitated by Sharon Beck, Owner of Mac-Senior

This ongoing series covers many topics such as Apple IDs, iTunes, iCloud, the technology needed for wireless communication, and the basics of iPad and iPhone usage. Topics for upcoming sessions are based on participants' input and needs. There is always time for Q&A at the end of each class. Please note: this series deals with Apple devices only.



DAY/DATE/LOCATIONS	TIME	
1st & 3rd Thursdays	11:00am-12:30pm	
4/2: Elderberry Room; 4/16, 5/7, 5/21, 6/4: Cedar Room		
FEE:	MEMBERS	NON-MEMBERS
Per class	Free	\$10

'As the Page Turns' Book Club

Facilitated by JoAnne Schaarschmidt, Lafayette Library 'Friends Corner Book Shop' Volunteer

Looking for a good book to discuss with others? Join this informal group of booklovers and enjoy enrichment, lively discussion, fellowship and refreshments. Please call Lafayette Senior Services for the book titles or to add your name to the email notification list: 284-5050.

DAY/DATE	TIME	LOCATION
3rd Tuesdays	1:00-2:30pm	Elderberry Room
4/21, 5/19		
FEE:	MEMBERS	NON-MEMBERS
Per meeting	Free	\$10

Discovering Opera: Mozart's *The Magic Flute*

Presented by Bradford Wade, opera lover for 35 years

The story of Mozart's last opera is a curious combination of the noble Tamino's search for enlightenment and the low comedy of his sidekick Papageno, not to mention the wicked queen, the sage elder, the damsel in distress, and the fantastical forest creatures that he meets along the way. It's all set to some of Mozart's greatest music, with some of the highest high notes and lowest low notes that you will ever hear in opera. Lecturer Bradford Wade will give a guided tour of *The Magic Flute*, with a description of the plot interspersed with musical examples. This lecture is given in conjunction with Opera San Jose's production of *The Magic Flute*, April 18-May 3.

DAY/DATE	TIME	LOCATION
Thurs: 4/9	1:30-3:00	Lafayette Library, Arts & Sci. Rm.
FEE:	MEMBERS	NON-MEMBERS
	Free	\$10

Free Peer Counseling

Contra Costa Health Services offers free one-to-one counseling with trained senior counselors who use their life experiences to help older adults cope with life changes, problems, crises and challenges. Confidentiality is strictly observed. Appointment required. Please call Lafayette Senior Services to sign up for one of the 60-minute appointments: 284-5050

DAY/DATE	TIME	LOCATION
2nd Tuesday Monthly 4/14, 5/12, 6/9	9:00-11:00am	Alder Room

FEE:	MEMBERS	NON-MEMBERS
	Free	Free

Health Insurance Counseling and Advocacy Programs (HICAP)

Long-Term Care Insurance or Health Insurance (HMOs, Medicare, Kaiser, etc.)

HICAP provides free and objective counseling and advocacy services to Contra Costa Medicare beneficiaries and their families who need assistance with Medicare enrollment and issues involving Medicare and associated insurance programs, including prescription drug coverage. For appointments, call Lafayette Senior Services: 284-5050. HICAP does not endorse or sell insurance products.

First Wednesday Monthly

DATE	APPOINTMENT TIMES	LOCATION
4/1, 5/6, 6/3	10:00am, 11:00am, or Noon	Alder Room

Third Tuesday Monthly

DATE	APPOINTMENT TIMES	LOCATION
4/21, 5/19	10:00am, 11:00am, or Noon	Alder Room

Free Legal Assistance for Older Adults (60+)

Appointment required. **NOTE: A \$15 deposit, fully refundable at the time of your appointment, is required to reserve your spot. Refund will be issued if cancellation is made at least 24 hours prior to appointment.** In order for legal counseling to take place, both time slots must be filled. Please send check, made payable to Senior Legal Services, to Lafayette Senior Services, 500 St. Mary's Road, Lafayette, CA 94549. Call Lafayette Senior Services for an appointment: 284-5050.

- Landlord/Tenant Problems
- Durable Powers of Attorney
- Rights of Nursing Home & Long-term Care Residents
- Medi-Cal Issues
- SSI Overpayment

Third Thursday Monthly

DAY/DATE	APPOINTMENT TIMES	LOCATION
4/16, 5/21	10:00 or 11:00am	Alder Room

Spring Cleaning and More: Get Organized!

FEE:	MEMBERS	NON-MEMBERS
Per class:	Free	\$10

Get Organized by Creating A Home Inventory, Gaining Control of Paper Clutter

Tricia Hoekwater, Personal Archivist and Organizer

Home Inventory: Protecting your legacy is the greatest gift you can give yourself and your family. If your home and possessions were destroyed, would you be able to recall the specifics of your belongings, including their value, for insurance purposes? Find out why and what you should inventory, how much value is potentially being overlooked, and the importance of leaving an organized, documented digital legacy for your loved ones.

Controlling Paper Clutter: Everyday, rafts of paper flood into our homes. Tricia will teach you how to set up an efficient, simple filing system, and share with you organization tips on how to take control of the paper clutter once and for all.

DAY/DATE	TIME	LOCATION
Wed: 4/29	10:30am-Noon	Cedar Room

Get Organized with an Estate Plan

Stefanie West, Estate Planning Attorney

Are you aware of the basic documents you should have in place? Ms. West will cover the essential forms: Living Trust, Will, Health Care Directive, Financial Power of Attorney, beneficiary forms, personal items distribution list and POLST. There will be plenty of time to answer your questions, such as "Why do I need these?", "What happens if I don't have them?", "How do I make sure they work correctly?" and "Are my old documents valid?"

DAY/DATE	TIME	LOCATION
Wed: 5/20	10:30am-Noon	Cedar Room

Get Organized with a Home Maintenance Schedule

Mark Shaw, Local Realtor

It's difficult to keep track of the many home maintenance tasks that should be done throughout the year: monthly, quarterly, seasonally, annually, etc. Mark will share his Home Maintenance Schedule with you and talk about some of the most important tasks that will keep your house in tip-top form and help you avoid costly repairs down the road. Need help doing some of the work but don't know who to call? Mark will share his list of trusted contractors to help you get started.

DAY/DATE	TIME	LOCATION
Wed: 6/10	10:30am-Noon	Cedar Room

Hearing Screening and Telephone Distribution

Audiologists from Hearing Science of Walnut Creek/ Diablo Valley Ear, Nose, and Throat

As a service in addition to your hearing screening, if it is determined that you are eligible for specialized telephone equipment, a representative from the California Telephone Access Program (CTAP) will provide you with a free adaptive telephone at your appointment. Minimum of 2 sign-ups required in order for screenings to take place. Please call Lafayette Senior Services to make an appointment: 284-5050.

DAY/DATE	TIME	LOCATION
1st Wednesday Monthly 4/1, 5/6, 6/3	1:00-2:20pm	Alder Room
FEE:	MEMBERS	NON-MEMBERS
	Free	\$10

Lamorinda Dance Social

Enjoy afternoon dancing every Wednesday and learn some great new dance moves. The first Wednesday monthly, professional dancers Karen and Michael provide a dance lesson and live DJ services, playing your favorites and taking requests.

DAY/DATE	TIME	LOCATION
Every Wednesday	12:30-3:00pm	Live Oak Room
FEE:	MEMBERS	NON-MEMBERS
Per meeting	Free	\$10

Anne Randolph Physical Therapy Presentations

Anne Randolph, RPT, has been practicing physical therapy since 1977. She provides outpatient therapy in Lafayette and specializes in the care of those 55 and over. Anne's presentations are offered the 4th Wednesday of the month.

FEE:	MEMBERS	NON-MEMBERS
Per class:	Free	\$10

Avoiding Falls

Falls are a threat to your health and independence. Learn how to gain increased balance, avoid falls, and remain self-sufficient.

DAY/DATE	TIME	LOCATION
Wed: 4/22	11:30am-12:30pm	Sequoia Room

Strokes

The effects of a stroke can be devastating. Learn what causes strokes and how to recognize when one is occurring in order to avoid some of the debilitating effects.

DAY/DATE	TIME	LOCATION
Wed: 5/27	11:30am-12:30pm	Sequoia Room

www.LafayetteRec.org | (925) 284-5050

Document Your Life Story

Ani Tascian, MFA Candidate in Creative Writing, St. Mary's College

If you have wanted to write the stories, memories and experiences of your life but haven't known where to start, wait no longer. Ani will guide you through the process of leaving a living history for future generations—what a gift! These are not drop-in classes but are meant to be taken as a complete course. Two meetings will take place at St. Mary's College for their creative writing reading series, "Afternoon Craft Conversations." If you have questions or need directions to St. Mary's, call Lafayette Senior Services, 284-5050.

DAY	TIME	LOCATION
Wednesdays 3/11, 4/1, 4/15, 5/13	2:00-3:30pm	Lafayette Community Ctr. Sequoia Room
Wednesdays 3/18, 4/29	2:00-3:30pm	St. Mary's College, Hagerty Lounge
FEE	MEMBERS	NON-MEMBERS
Per class	Free	\$10



Smart Driver 8-Hour Initial Course

Offered through AARP

Refine your driving skills, develop safe, defensive techniques, and possibly lower your insurance premium. Max: 25 pre-paid registrants. First come, first served, by date check is received. Send check, made payable to AARP, to Lafayette Senior Services, 500 St. Mary's Rd., Lafayette, CA 94549. **Important: Prior to sending check, please call 284-5050 to determine space availability.**

DAY/DATE	TIME	LOCATION
Thu: 4/28 & 4/30	9:00am-1:00pm	Elderberry Room
FEE:	AARP MEMBERS	NON-MEMBERS
	\$15	\$20

Drop-In Mah Jongg

Calling all Mah Jongg players! Bring your card and mah jongg set and join us every Tuesday afternoon. This ongoing, drop-in group is for all levels.

DAY/DATE	TIME	LOCATION
Every Tuesday	Noon-3:00pm	Cedar Room
FEE:	MEMBERS	NON-MEMBERS
Per meeting	Free	\$10

Lamorinda Nature Walk and Bird-Watching

Led by Ben Petterson, Experienced Hiker and Bird-Watcher

Experience nature at its finest along our local trails. Delight in the beauty that unfolds around each bend, all the while learning to identify a variety of birds. Bring a water bottle; binoculars are helpful if you have them. Join us every Wednesday or whenever you are able. Meet at Lafayette Senior Services (Alder Room at the Community Center) at 9:00am. For more information or to place your name on the route email/phone list call Lafayette Seniors Services, 284-5050.

DAY/DATE	TIME	LOCATION
Every Wednesday	9:00am-Noon	Alder Room
FEE:	MEMBERS	NON-MEMBERS
	Free	Free

The 'Services' Side of Lafayette Senior Services

It's true that we offer wonderful programs for your enjoyment and enrichment, but did you know we also serve as a resource center for all things related to older adults? Although we don't offer endorsements for resources, we do answer your questions and share resource information regarding:

- Independent Housing
- Transportation
- In-home Care
- Assisted Living
- Memory Care
- Respite Programs
- Geriatric Care Management
- Veterans' Benefits
- California Assistive Technology Program
- Elder Abuse
- Legal/Advocacy Assistance
- ...and much more

Call us at (925) 284-5050, visit us at Lafayette Senior Services located in the Alder Room at Lafayette Community Center, 500 St. Mary's Road, or click on the "Seniors" tab at www.LoveLafayette.org for more information.

Words of Wisdom

From the Philosophical to the Lighthearted Discussion Group Led by Craig Janke

Take part in this free-wheeling exchange of inspiration, information, and humor. Topics—from soup to nuts—will be explored, examined, and discussed by participants. Stories and photographs will stimulate humorous discoveries regarding the benefits of becoming the 'elders of our tribe'.

DAY/DATE	TIME	LOCATION
3rd Tuesday Monthly 4/21, 5/19	10:30am-Noon	Elderberry Room
FEE:	MEMBERS	NON-MEMBERS
Per meeting	Free	\$10



Positive Living Forum ("Happiness Club")

Moderated by Bob Nozik, MD, Prof. Emeritus UCSF, Author of *Happy 4 Life: Here's How to Do It*

Brighten your day and take part in this interactive gathering which features speakers on a wide range of topics that guide participants toward a more ideal and positive life experience. Drop-ins welcome!

DAY/DATE	TIME	LOCATION
2nd Thursday Monthly 4/9, 5/14, 6/11	10:30am-Noon	Elderberry Room
FEE:	MEMBERS	NON-MEMBERS
Per meeting	Free	\$10



It Takes a Village: Volunteer Drivers Wanted

Lamorinda Spirit Senior Van Program

We love to say, “Yes!!!” when Lamorinda older adults call us for a ride. A few additional volunteer drivers will help us meet the goal of being able to operate two vehicles during peak periods, and increase our service hours from 60 to 80 per week. Please consider providing this valuable gift of service to your community by calling 284-5546 to inquire. Training is provided, and a regular Class C driver’s license is sufficient for our 9-passenger and 4-passenger vehicles. You will be joining a great group of community-minded people who are dedicated to providing transportation so older adults can continue to age in their own homes.

Your tax-deductible donations make this service possible. If you would like to support this program, you may make your check payable to the City of Lafayette. Write Lamorinda Spirit Van on the memo line, and mail to Lamorinda Spirit Program, Lafayette Community Center, 500 St. Mary’s Road, Lafayette, CA 94549.

Lamorinda Senior Transportation

An Alliance of Transportation Providers

Lamorinda Spirit Van **283-3534**

Transportation for Lamorinda older adults to medical appointments, errands, grocery shopping, special events, and lunch at the C.C. Café. Make ride reservations as soon as possible, but at least two business days in advance by 1:00pm. Wheelchair and walker accessible. \$10.00 round-trip for rides within Lamorinda; \$20.00 round-trip for rides to Concord, Martinez, Pleasant Hill, and Walnut Creek. \$8.00 round-trip for rides for residents of Senior Housing and those qualifying as low income. \$5.00 round-trip for rides to the C.C. Café.

Contra Costa Yellow Cab and DeSoto Company **284-1234**

20% discount for Lamorinda seniors.

Orinda Seniors Around Town **402-4506**

Volunteer drivers serving Orinda seniors with free rides to appointments and errands.

Senior Helpline Services Rides for Seniors **284-6161**

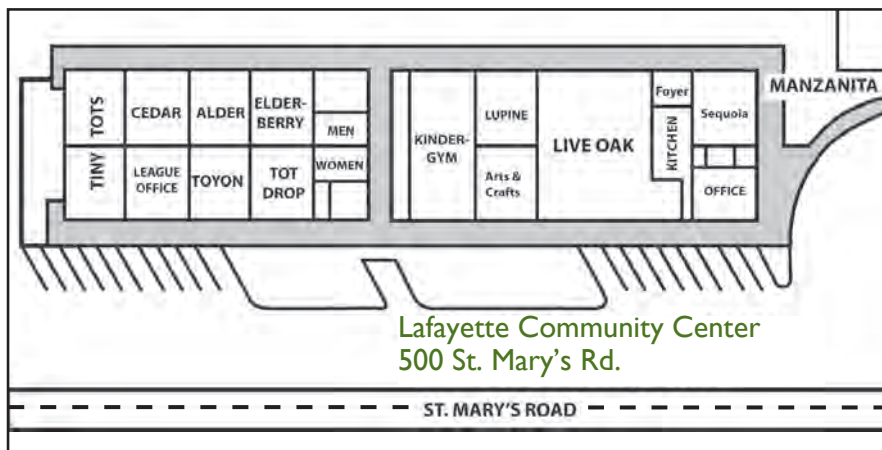
Volunteer drivers serving Contra Costa seniors with rides to doctors’ appointments during the week. Grocery shopping on Saturdays.

County Connection LINK Reservation Line **938-7433**

For people with disabilities. (Older adults often have “age-based” disabilities. By describing your disability, you can become eligible for this service.)



Lafayette Class Locations



Lafayette Community Center
500 St. Mary's Rd.

Patrons are advised to arrive 5 minutes early to locate their classroom.

Off-Site Locations

- Lafayette Community Park
480 St. Mary's Road, Lafayette
- Lafayette Tennis Club
3125 Camino Diablo Road, Lafayette
937-2582
- Buckeye Fields
711 St. Mary's Road, Lafayette
- Lafayette Library & Learning Center
3491 Mt. Diablo Blvd., Lafayette
385-2280
- Burton Valley Elementary
561 Merriewood Drive, Lafayette
- Happy Valley Elementary
3855 Happy Valley Road, Lafayette
- Lafayette Elementary
950 Moraga Road, Lafayette
- Springhill Elementary
3301 Springhill Road, Lafayette

Community Contacts

- Lafayette Little League
284-3583
- Lafayette-Moraga Regional Trail (EBRPD) | (510) 635-0135
- Lafayette-Moraga Youth Association (LMYA) | 377-5692
- Lafayette Reservoir & Recreation Area (EBMUD) | 284-9669
- Lafayette Chamber
284-7404
- Lafayette City Offices
284-1968

Donate your car, truck, RV or boat to benefit the Lafayette Community Center

The Lafayette Community Center Foundation wishes to thank all those who have donated their vehicles to help support the Lafayette Community Center. Get rid of your unneeded vehicle and get a tax deduction! Call or go online today.

1-888-6TO-GIVE (1-888-686-4483) or www.cardonationservices.com

Contact Us:

www.LafayetteRec.org

Jennifer Russell
Director | 299-3251
jrussell@ci.lafayette.ca.us

John Warshaw
Recreation Supervisor | 284-0830
jwarshaw@ci.lafayette.ca.us

Jonathan "Ace" Katayanagi
Recreation Supervisor | 284-2234
jkatayanagi@ci.lafayette.ca.us

Greg Travers
Park's Maintenance Supervisor
gtravers@ci.lafayette.ca.us

Anne Blodgett | Donica Katayanagi
Administrative Assistants
recreation@ci.lafayette.ca.us

• Lafayette Parks, Trails & Recreation Office:
284-2232 | Mon-Fri, 9:00am-5:00pm

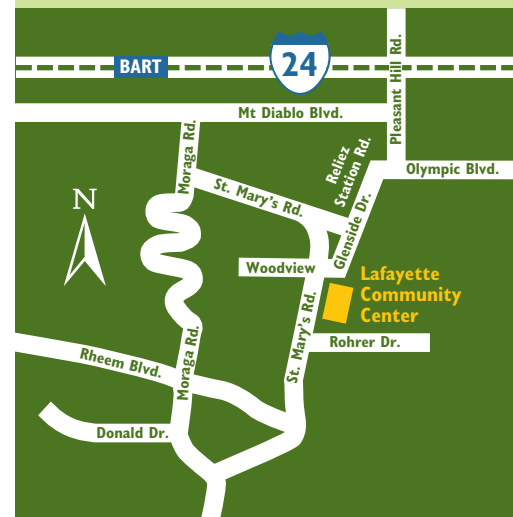
• Lafayette Senior Services:
284-5050 | seniors@ci.lafayette.ca.us
Maureen Callanan Neumann, Molly Cohen

• Lamorinda Sr. Transportation Program:
283-3534 | mbruns@ci.lafayette.ca.us
Mary Bruns

• Tiny Tots Program:
299-3266

• Tot Drop Reservations/Cancellations:
284-3999

• Lafayette Jazzercise:
937-6768



Register NOW until classes are full using one of the following methods:

Online 24/7

Check out our secure, online registration at:
www.LafayetteRec.org



Phone

Accepted using MasterCard or Visa. Office hours:
 Monday-Friday,
 9:00am-5:00pm
Call: (925) 284-2232

Walk-In

Register in person at our office, 500 St. Mary's Rd., Lafayette. Cash, check, Visa, and MasterCard are accepted. Office hours: Monday-Friday, 9:00am-5:00pm

Mail-In

Use registration form below and attach check, money order or credit card information. Make checks payable to City of Lafayette. Mail to: Lafayette Recreation, 500 St. Mary's Rd., Lafayette, CA 94549

- Pre-registration is required and is on a first-come, first-served basis. Registration will continue as long as spaces are available. Waiting lists will be established when a class reaches its maximum.
- Liability Waivers and Medical Consent Forms may be required for activities that have a higher risk to the participant.
- **Returned check fee:** \$45.00 in addition to any bank fees.
- All Supply/Lab Fees are payable directly to instructors at first class.
- All classes (except classes in Adults 55+ section) include a \$3 administrative fee.
- When registering for classes with discounts, you must contact the office to receive the discount.
- If a class does not reach its minimum, it may be necessary to cancel. Participants will be notified 4 days prior to start date.
- **NO REFUNDS** will be issued unless the class is cancelled. Please choose your classes carefully.
- If you register by **MAIL** or **PHONE**, a receipt will be e-mailed/mailed to confirm your registration. The office will contact you by phone if the class you request is full.
- **WITHDRAWAL** or **TRANSFER** to another class must be done **10 days before the first day of class**. If you withdraw from a class 10 days prior, you will be issued a credit to your Lafayette Recreation account for use towards another class.
- Photographs may be taken of the participants during the course of activities or classes and these photographs may be used in City of Lafayette publications.

Spring 2015 Registration

Name: (Adult) _____ Home Phone: _____
 Relationship: Mother Father Grandparent Guardian Self Work Phone: _____
 Address/City/Zip: _____ Mobile Phone: _____
 Email Address: _____ Emergency: _____

TITLE OF ACTIVITY	DAY/TIME	STUDENT'S FIRST & LAST NAME	AGE	D.O.B.	CLASS FEE

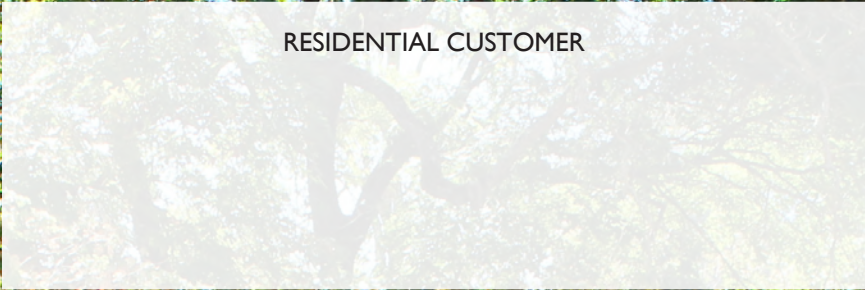
Total Fee

VISA MasterCard #: _____ CCV (3 Digit Code) _____ Exp. Date: _____

Authorized Signature _____

Lafayette Community Center
500 St. Mary's Road
Lafayette, CA 94549
(925) 284-2232
www.LafayetteRec.org

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See pages 4-7