Lafayette Hiking Group Winter 2015

Meet in the parking lot out from Lafayette BART's main entrance at 8:30 a.m. unless a different meeting time or place is indicated. We form carpools to the trailhead. Bring lunch or snacks, water, layered clothing, good walking shoes, sun protection and money to contribute toward gas, bridge tolls and parking. (\$3 local, more if further).

Saturday, January 17, Lafayette Ridge and Springhill Valley

*** Meet at the EBRPD parking lot on Pleasant Hill Rd near Springhill School at 8:30 a.m. ***
Enjoy views of Lafayette and the Diablo Valley from the Lafayette Ridge, then go downhill through the woods to the Springhill Valley. The last section of the hike is on Springhill Road. Rain cancels.

Strenuous and hilly 4 miles. Leader: Barbara Baker

Saturday, January 31, Bay Trail, Richmond

Hike from Point Isabel to the Richmond Marina and beyond. Enjoy great bay views, shorebirds, native gardens and sailboats. Visit the memorial to Rosie the Riveter, featuring the women who worked in the shipyards during World War II.

Flat, easy 5 miles. Leader: Alison Hill

Wednesday, February 18, Canal Trail, Pleasant Hill

*** Meet at the Pleasant Hill Library parking lot: 1750 Oak Park Blvd. at 9 a.m***
Enjoy a pleasant walk through Pleasant Hill neighborhoods on a paved trail along the canal – possible duck sightings in the canal. The walk is a loop.

Easy 3 miles. Leader: Judy Wong

Saturday, March 21, Martinez to Port Costa

Enjoy views of the water, trees and hills from the road and a paved trail above the Carquinez Strait. This will include the newly constructed George Miller Trail, which was completed and dedicated in November 2014. Listen to birds and the whistle of trains passing along the shoreline.

Distance: 5 miles, moderate. Leader: Alison Hill

Saturday, March 28, Bear Valley to Arch Rock, Point Reyes National Seashore

*** Meet at Lafayette BART at 8 a.m. ***

This hike is in honor of Dick Davis, who last led us on this route in 2010. We start at the Park Headquarters in Olema and follow a wide shaded trail to the ocean at Arch Rock. Enjoy the lush ferns and green landscape, followed by a picnic with ocean views and breezes.

Distance: 8 miles, moderate. Leaders: Chester and Liz Jung

Questions? Email <u>LafayetteHiking@comcast.net</u>