

FALL | 2014

LAFAYETTE RECREATION

BACK TO SCHOOL
Bricks 4 Kids

Children	pg. 7
Youth/Adult	pg. 18
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CITY RECREATION PROGRAMS & SERVICES



Donate your car, truck, RV or boat to benefit the Lafayette Community Center



The Lafayette Community Center Foundation wishes to thank all those who have donated their vehicles to help support the Lafayette Community Center. Get rid of your unneeded vehicle and get a tax deduction! Call or go online today.

1-888-6TO-GIVE (1-888-686-4483)
or **www.cardonationservices.com**

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Cover photos provided by Stu Selland



Sunday, October 26, 2014
www.lafayettechamber.org

Presented By: Lafayette Chamber of Commerce & City of Lafayette

Lafayette Reservoir Run

The Lafayette Reservoir Run is the city's most popular "family affair", involving kids, parents, grandparents, and hundreds of serious runners from throughout the Bay Area. 2200-2500 participants compete in a 10k or 5k Certified Runs and a 2 mile run/walk for fun through the heart of the downtown, around the reservoir and back. Sprinters, walkers, the "stroller brigade" and many of Lafayette's top four legged residents share the streets on that festive Sunday morning.

Sunday, October 26, 2014

Start Location: Mt. Diablo Blvd. between First St. & Moraga Rd.

Registration Opens: 6:30am

Registration:

- Adult registration fee: \$30; Day of Race fee: \$35
- Elementary school fee: \$22; Day of Race fee: \$27



Santa's Bag Boutique

A LAFAYETTE TRADITION

Fri, December 5 • 11:00am–7:00pm
 Sat, December 6 • 9:00am–5:00pm
 Sun, December 7 • 9:00am–5:00pm
 Lafayette Community Center

Featuring Handcrafts from 60+ Artists

~Free~

Don't Miss the annual Celebrity Gift Baskets at the Boutique. All sales benefit the Lafayette Community Center Foundation.

For more information, call
 Judy Gregerson: (510) 918-2280
santasbag@comcast.net

Saturday, Sept. 20st 10–7 PM
 Sunday, Sept. 21st 10–6 PM
 Downtown Lafayette



FREE

- Admission
- Parking at BART
- Shuttle to Event
- Bike Valet Parking

Take
BART
 Just 1 block away

The Lafayette Art & Wine Festival, held each year on the third weekend in September, is the largest event in Lamorinda and one of the five biggest outdoor festivals in Contra Costa County. Over 50,000 attended in 2013, strolling among stalls of art, handmade crafts, sampling foods from top local restaurants, and enjoying quality wines and microbrews. We are a four time winner of the Diablo Magazine Best of the East Bay's Best Festival— including winning in 2013.



www.lafayettechamber.org
www.facebook.ca/lafayettefestival
 @friendlychamber#Laffest





Lafayette Youth Commission's Annual

HAUNTED HOUSE

Friday, 10/24 & Sunday, 10/26

5:00-7:00pm — Not Too Scary

Parents accompany children 7 & under

7:30-9:30pm — Very Scary
for children 8 & over

Lafayette Community Center,
Live Oak Room

Ages 7 & Under: \$3 • Ages 8 & over: \$5

Please join us for a ghoulishly good time!

Sponsored by the Lafayette Youth Commission
Proceeds benefit Lafayette Youth Commission Projects

Jazz Bistro

LUNCH AND LIVE MUSIC

with Contra Costa Performing Arts Society

We "Ain't Misbehavin", but we do plan to kick it up a bit with this 'dinner show' at lunchtime. Enjoy lunch while listening to the sounds of the Contra Costa Performing Arts Society's jazz piano group. You'll hear jazz standards and modern tunes featuring compositions by Hoagy Carmichael, Jerome Kern, Miles Davis and Bill Evans, to name a few. Lunch generously provided by Atria Lafayette; coffee by Visiting Angels Home Care.

Friday, October 17
11:30am-12:30pm
Lafayette Library and Learning
Center, Community Hall
Members: Free
Non-Members: \$5

Reservations by October 14 are required.
Please call Lafayette Senior Services to reserve your spot.

284-5050

Themed Birthday Parties



Kinderdance Parties

3-5 yrs
Ballet, creative movement and acrobatics in a music filled movement and dance party.

Chef de Cuisine's Cooking Parties

5-13 yrs
Notify of any food allergies when reserving dates.

Kindergym Parties

up to 6 yrs



Indoor Sport Parties

4-7 Yrs:
Combo: Soccer, Hockey, Basketball
7-13 Yrs:
Dodge Ball
Nerf Guns
Nerf & Dodge Ball

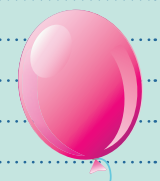
Dodge Ball Parties

7-12 yrs
"...best party any of our kids have had yet. Crew members were unbelievable."
—Megan Stern

Parties on the Rink

7+ yrs
Sport Combo
Options: Floor Hockey, Scooters, Capture the Flag, Dodge Ball, Flag Football, Soccer, Basketball & more!

PARTY THEME	LOCATION	FEE	TIME	DEPOSIT	MIN/MAX	CONTACT INFO
Kinderdance	Toyon Rm	\$200/12 children \$8/addl. child	1 hrs	50%	--	Kira Lancaster: (415) 385-6501 Michelle McDonagh: (925) 788-1020
Chef de Cuisine	LCC Kitchen	\$300	2 hrs	\$150	10 max	(925) 932-1114
Kindergym	Kindergym	\$195/\$250	1.5/2 hrs	--	15 max	(925) 284-2232
Indoor Sport	Live Oak Rm	\$195/\$260	1.5/2 hrs	--	10/24	Ace: (925) 284-2234
Dodge Ball	Live Oak Rm	\$195/\$260	1.5/2 hrs	--	10/24	Ace: (925) 284-2234
On the Rink	Multi-Sport Rink	\$250/\$333	1.5/2 hrs	--	12/24	Ace: (925) 284-2234



New Manzanita Building Under Construction This Fall



Since 1984, when the City purchased a dilapidated school for the purpose of turning it into a much needed community center, a variety of facility improvements have occurred. During this 30 year time period one key facility has had to wait its turn—the Manzanita Building.

As part of the City's most recent budget cycle, it became evident that a new structure was needed to replace a tired, outdated building. The new building will be

up to code, energy efficient, have a larger floor plan, great inside/outside views, a new patio and adjacent restrooms. All these new features will greatly improve overall program flexibility at the Center and offer an all-inclusive space for public events.

The new Manzanita Building is being funded with Park Facility Improvement Fees and, once completed, will continue to provide a revenue source from the many classes, camps and events that will use the new space.

During construction, which is estimated to occur from September 2014 through Spring 2015, the Community Center will remain open. The construction area will be cordoned off so the public can navigate safely around the Center.

Questions about this capital project should be communicated to the Parks, Trails and Recreation Director by calling 925.299.3251 or emailing jrussell@ci.lafayette.ca.us



The Bay Area's only PRESCHOOL ON DEMAND!

TOT DROP

Only Come When You Want. Only Pay When You Come.

YOU make your own schedule. 9:00 am-1:00 pm

As little as 1 hour or up to 12 hrs/wk. \$10/hr (\$11/hr effective Sept. 1st). **You** set your days and arrival & pick up times. Come occasionally, or weekly spots are available. **FREE** cancellation when your plans change.

Never Tried TOT DROP?

Come and see what you've been missing!



COUPON



1 FREE Hour

\$11 value—New Families Only.
(1 per family)

DIAPER WEARERS WELCOME. NEW STUDENTS MAY ENROLL AT ANY TIME.

Call to get started
925-284-3999
Open YEAR ROUND!
www.totdrop.com



I ♥ TINY TOTS

School Starts 9/2/14

Lafayette Tiny Tots Preschool

2014-2015 School Year

Lafayette Tiny Tots offers a variety of classes for your active pre-schooler. Your child will enjoy interacting with other pre-schoolers in a warm and loving environment. Each class offers a comprehensive early childhood program with emphasis on providing activities and experiences for children to work, play and grow according to their own pattern of development. The instructors are experienced and possess degrees in early childhood education. These classes are not parent participation classes, but parents are welcome to stay until their child is comfortable with the environment.



Tuesday/Thursday Spaces Available

Mon/Wed/Fri
begins 9/3/14
Time
9:00am-1:30pm
Ages
3 1/2-4 1/2
(Must be 3 1/2 by 9/1/13)
Fee
\$765 (paid every 9 weeks)

Tues/Thurs
begins 9/2/14
Time
9:00am-11:45pm
Ages
2 yrs 4 mos-3 1/2
(Must be 2 yrs 4 mos by 9/1/14)
Fee
\$475 (paid every 9 weeks)
Lunch Bunch extends the day

ARTS & CRAFTS



Kids' Carpentry

5-12 Yrs

Michael will be teaching an extended 8-week session this FALL! Since 1982 Michael Glass, the director of Kids' Carpentry, has taught thousands of children the safe use of hand tools. Children may choose from a wide variety of projects after first completing their sanding block and supertop. While building their projects from scratch children are introduced to concepts like applied math, problem solving, fine motor skills and empowered with the opportunity to use a large variety of woodworking tools. Our motto: Building confidence and teaching with respect and humor in a safe and happy environment. This program can be taken year-round with new projects to build for the veteran carpenters! *A \$40 supply fee payable to instructor at first class.* **Skip 10/31**

DAY/DATE	TIME	LOCATION
Fri: 9/19-11/14	3:00-4:00pm	Arts and Crafts Room
Fri: 9/19-11/14	4:00-5:00pm	Arts and Crafts Room
Fri: 9/19-11/14	5:00-6:00pm	Arts and Crafts Room
FEE	MIN/MAX	INSTRUCTOR
\$121 (8 Wks)	6/9	Michael Glass

COOKING

Cooking with Kids

4-10 Yrs

HEY kids we are doing something **NEW!** We are going to have more fun in our cooking classes by changing our time to 1 1/2 hours. Now we can make **TWO** recipes per class. We will learn to cook and taste our creations and share them with your whole family. Parents your young chefs will have fun while they learn the Life skill of cooking tasty, healthy and affordable foods. And as a matter of course we will learn proper clean up. *\$15 materials fee payable to instructor at first class.*

Busy Bees Cooks (4-5 Yrs)

DAY/DATE	TIME	LOCATION
Tue: 9/16-9/30	1:30-3:00pm	Kitchen
FEE	MIN/MAX	INSTRUCTOR
\$169 (3 Wks)	5/8	Cooking with Kids

We Teach Your Kids to Cook (6-10 Yrs)

DAY/DATE	TIME	LOCATION
Tue: 9/16-9/30	4:00-5:30pm	Kitchen
FEE	MIN/MAX	INSTRUCTOR
\$169 (3 Wks)	5/10	Cooking with Kids



Chef de Cuisine's Cooking Parties

5-13 yrs

Your child can have a cooking-themed birthday party in the Lafayette Community Center Kitchen. We provide the chef instructor, the ingredients and the recipes, you provide the guests, favors and cake. For information or to book a party, call (925) 932-1114.

FEE	DEPOSIT	MIN/MAX
\$300 (2 Hrs)	\$150	10 max

Kindergym

CHILDREN

Kindergym at Lafayette

All your senses shout "WOW!" when you see our two spacious rooms with their mats, hanging apparatus, tunnels, basketball hoops, balance beam, slides, slopes and more. Visually, we're a colorful wonderland! Kindergym promotes an adult/child one on one situation where the adult provides encouragement and positive reinforcement through play. Each wonderful 45-minute class concludes with a circle time of favorite songs, rhythms and rhymes led by our exceptional and experienced staff.

All children must be accompanied by an adult. Second sibling enrolled in the same class gets a 25% discount! Infant siblings are okay if in back/front packs.

Each student may make-up one missed class each session providing space is available.



Kindergym will be closed November 24-29.

Kindergym

0-4 Yrs

Come play with us at the Lafayette Kindergym! We have an exciting environment filled with fun equipment that will excite your child's senses. Our dedicated and friendly staff will enhance your child's playtime experience and conclude each class with a circle time filled with rhythms, rhymes, and songs. These classes offer children the opportunity to learn through play and physical exploration. They will jump, hop, climb, and balance on a variety of gymnastics equipment. Come enjoy a special bonding time with your child in a safe and clean environment. Each class closes with music and songs facilitated by our wonderful staff.

DAY/DATE	TIME	INSTRUCTOR
Mon: 9/22-12/15	10:05-10:50am	Nelita Inzerello
Mon: 9/22-12/15	10:55-11:40am	Nelita Inzerello
Tue: 9/23-12/16	9:15-10:00am	Jan Wong
Tue: 9/23-12/16	10:05-10:50am	Jan Wong
Wed: 9/24-12/17	9:15-10:00am	Elaine Cable
Wed: 9/24-12/17	10:05-10:50am	Elaine Cable
Wed: 9/24-12/17	10:55-11:40am	Nelita Inzerello
Thur: 9/25-12/18	10:05-10:50am	Elaine Cable
Thur: 9/25-12/18	10:55-11:40am	Elaine Cable
Fri: 9/26-12/19	9:15-10:00am	Elaine Cable
Fri: 9/26-12/19	10:05-10:50am	Elaine Cable
Sat: 9/20-12/13	9:30-10:15am	Kindergym Staff
FEE	MIN/MAX	LOCATION
\$132	4/12	Kindergym

Kindergym Plus

1-4 Yrs

All the fun of the traditional Kindergym class PLUS a different theme each week to stimulate children's imagination and learning.

DAY/DATE	TIME	INSTRUCTOR
Fri: 9/26-12/19	4:30-5:20pm	Stacey Mullins
Fri: 9/26-12/19	5:30-6:20pm	Stacey Mullins
FEE	MIN/MAX	LOCATION
\$132	4/12	Kindergym



Pre-Kindergym

Crawlers and Beginning Walkers

This class gives babies the opportunity to explore and develop their physical skills (readiness for rolling, crawling, walking and learning) in a fun and safe environment. A brief closing circle with music ends each class.

DAY/DATE	TIME	INSTRUCTOR
Mon: 9/22-12/15	9:15-10:00am	Nelita Inzerello
Tue: 9/23-12/16	10:55-11:40am	Jan Wong
Thur: 9/25-12/18	9:15-10:00am	Elaine Cable
FEE	MIN/MAX	LOCATION
\$132	4/12	Kindergym

To check availability for drop-in classes, please call (925) 284-0835. Drop-ins are \$12 per class and subject to availability.



Preschool Gymnastics

4-5 Yrs

This class teaches beginning gymnastics and tumbling skills. Students will flip over the opportunity to learn the basics of all gymnastic events, as well as additional skills to enhance strength, coordination, agility, and confidence. Equipment incorporated into the class includes gymnastic mats, single bars, double bars, balance beams, vaulting blocks, incline and barrel mats, ladders, bouncers and spring board, parachutes, rhythm sticks, tunnels, and various other equipment.

DATE	TIME	LOCATION
Mon: 9/8-10/20	3:30-4:10pm	Kindergym
Mon: 10/27-12/8	3:30-4:10pm	Kindergym
FEE	MIN/MAX	INSTRUCTOR
\$101 (7 Wks)	6/9	California Gymnastics



Youth Gymnastics

5.5-9 Yrs

This class teaches beginning and intermediate gymnastics and tumbling skills and is designed to develop strength, flexibility, agility, and confidence in a fun, non-competitive environment. Students learn the basics of all gymnastic events including tumbling, vaulting skills, single bars and balance beams. Students are also introduced to strength and flexibility exercises with fun and challenging games. Equipment incorporated into the class includes gymnastic mats, single bars, double bars, balance beams, vaulting blocks, incline and barrel mats, ladders, bouncers and spring board, parachutes, and various other equipment.

DAY/DATE	TIME	LOCATION
Mon: 9/8-10/20	4:15-5:10pm	Kindergym
Mon: 10/27-12/8	4:15-5:10pm	Kindergym
FEE	MIN/MAX	INSTRUCTOR
\$115 (7 Wks)	6/9	California Gymnastics

Kindergym Birthday Party

Up to 6 Yrs

Invite up to 14 of your friends and come play with us on your next birthday at the Lafayette Kindergym! We have an exciting environment filled with fun equipment that will excite your child's senses and make any birthday party a day to remember. We provide the Kindergym staff, the equipment and the music, you provide the guests, favors and cake. For more information or to book a party, call (925) 284-2232.

FEE	TIME	MIN/MAX
\$195/\$250	1.5/2 hrs	15 max

Tiny Tumblers Gymnastics

3 Yrs

This class is designed to enhance your child's motor development skills, balance, coordination, and confidence. Emphasis is placed on developing beginning gymnastic skills in a fun and social environment and also introducing children to learn to participate in a structured class without their parents. Equipment incorporated into the class includes gymnastic mats, single bars, double bars, balance beams, vaulting blocks, incline and barrel mats, ladders, bouncers and spring board, parachutes, rhythm sticks, tunnels, and various other equipment. Music games and group activities are incorporated into the class.

DATE	TIME	LOCATION
Mon: 9/8-10/20	2:45-3:25pm	Kindergym
Mon: 10/27-12/8	2:45-3:25pm	Kindergym
FEE	MIN/MAX	INSTRUCTOR
\$101 (7 Wks)	6/9	California Gymnastics

MUSIC & DANCE

Music Together

Newborn to 5 Yrs

Celebrating 25 years of family music fun, and 15 years with over 35,000 East Bay Families. Songs, dance, instruments and rhythmic chants. The award winning music program for newborns through 5 years with the adults who love them. The internationally recognized program was created by the groundbreaking researchers who pioneered parent participation, developmental early childhood music education. Lamorinda Moms, *Bay Area Parent* 2000-2013 and *Parents Press*: Best Music Class. Price of class includes CD set song book, parent guide DVD, Musical Growth Chart and two makeup classes.

DAY/DATE	TIME	LOCATION
Wed: 9/17-11/19	9:30-10:15am	Toyon Room
Wed: 9/17-11/19	10:30-11:15am	Toyon Room
Thur: 9/18-11/20	9:30-10:15am	Toyon Room
Thur: 9/18-11/20	10:30-11:15am	Toyon Room

FEE	MIN/MAX	INSTRUCTOR
\$218 (10 Wks)	6/12	Riki Juster/Julia McLeod

Mini Hip Hoppers

3-5 Yrs

Designed for young boys and girls, they'll learn fun and funky moves to age appropriate hip hop music that will keep them moving. Encourages creativity, imagination, coordination and rhythm. Students will learn basic techniques as well as creative movement. Young dancers will perform a hip hop routine for friends and family on the last day of class. **Skip 11/27**

DAY/DATE	TIME	LOCATION
Thur: 9/18-12/18	3:30-4:30pm	Toyon Room

FEE	MIN/MAX	INSTRUCTOR
\$208 (13 Wks)	7/20	Studio 8 Dance

Hip Hop Dance Jr.

6-10 Yrs

Designed for young boys and girls, they'll learn fun and funky moves to age appropriate hip hop music that will keep them moving. Encourages creativity, imagination, coordination and rhythm. Students will learn basic techniques as well as creative movement. Young dancers will perform a hip hop routine for friends and family on the last day of class. **Skip 11/27**

DAY/DATE	TIME	LOCATION
Thur: 9/18-12/18	4:30-5:30pm	Toyon Room

FEE	MIN/MAX	INSTRUCTOR
\$208 (13 Wks)	7/20	Studio 8 Dance

Irish Step Dancing

T 5-16 Yrs

The McBride School of Irish Dance is now offering classes in the Lafayette area! For children 5 to 16, who want to learn how to cross their feet and treble their toes like the famous dancers in Riverdance. Our mission is to offer quality Irish Dance instruction, while providing a safe, supportive and positive learning environment that lends itself to developing well-rounded and confident dancers. **Skip 11/26**

Level I: Intro to Irish Dance (soft shoes)

Level II: Continuing students. Soft shoes, learning beginning hard shoe.

Level III: Int/Adv higher Level of Progression.

LEVEL	DAY/DATE	TIME	LOCATION
I	Tues: 9/10-12/10	3:15-4:00pm	Toyon Room
II	Tues: 9/10-12/10	4:00-4:45pm	Toyon Room
III	Tues: 9/10-12/10	4:45-6:00pm	Toyon Room

FEE	MIN/MAX	INSTRUCTOR
\$195 (13 wks)	3/10	Annie McBride

Beginning Keyboard

10 Yrs-Adult

Most popular songs use only 3 or 4 simple chords. You can learn to play your favorites on the piano in just a few weeks. Only 6 students per class so you will get the help you need. No prior experience is required. It's easy and fun! *There is a \$10 materials fee for the textbook.* Bring your keyboard to class.

DAY/DATE	TIME	LOCATION
Mon: 9/8-11/10	5:45-6:30pm	Elderberry Room

FEE	MIN/MAX	INSTRUCTOR
\$123 (10 Wks)	3/6	Ted Crowley



SPECIAL INTEREST

Babysitting for Beginners

10-14 Yrs

Learn the skills needed to be a trusted and responsible babysitter. Learn all about child development, bedtime strategies, discipline, how to get jobs, and ways to make babysitting fun for you and the kids. Basic first aid, general safety, and what to do in an emergency will also be covered. Students should bring lunch and a water bottle and dress to play outside.

DAY/DATE	TIME	LOCATION
Sun: 10/19	9:00-2:30pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$51	8/30	Suzy McCreary



Dodge Ball

7-13 Yrs

Bring fun to your Wednesdays with Dodge Ball! Our experts coaches have years of experience and more than 10 games in their arsenal. Traditional dodge balls are a thing of the past, use our softer, easy to grab dodge balls for a rockin' time. **Skip 10/22**

DAY/DATE	TIME	LOCATION
Wed: 9/24-11/12	4:30-5:30pm	Live Oak Room
FEE	MIN/MAX	INSTRUCTOR
\$80 (7 Wks)	8/22	Lafayette Staff

Awesome Day

4-14 Yrs

Schools are taking the day off, so spend the day at Camp Awesome! Campers will enjoy doing an art project, playing in our game room and playing games like dodgeball and soccer. Campers must bring a lunch. Early care and after care are available. After care campers will watch a movie, enjoy the game room and eat popcorn.

DAY/DATE	TIME	FEE
Mon: 11/10	9:00-2:00pm	\$43 (1 Day)
Early Care	7:30-9:00am	\$13 (1 Day)
After Care Movie Club	2:00-5:00pm	\$23 (1 Day)
LOCATION	MIN/MAX	INSTRUCTOR
Sequoia Room	10/50	Lafayette Staff

Camp Awesome Fall— Thanksgiving Break

4-14 Yrs

Enjoy Thanksgiving Break at Camp Awesome doing arts & crafts, sports and games (soccer, hockey, capture the flag, medic ball and more), hikes and a ton of Awesome fun. Snack will be provided, wear sporty clothing, bring a water bottle, lunch and be ready for fun! Campers will be divided into groups based on age. Early Care and after care available. Camp Awesome Day After Care features movies and popcorn!

DAY/DATE	TIME	FEE
Mon-Wed: 11/24-11/26	9:00-2:00pm	\$98 (3 Days)
Early Care	7:30-9:00am	\$33 (3 Days)
After Care Movie Club	2:00-5:00pm	\$48 (3 Days)
LOCATION	MIN/MAX	INSTRUCTOR
Sequoia Room	20/75	Lafayette Staff

Mad Science—Mini Engineers

4-6 Yrs

Curious kids want to know How Things Work. We are going to uncover the science secrets behind the magic of magnets, create amazing color potions in our Color Lab, have a blast with the awesome power of air, and even travel to space to find out more about the planets and why the stars twinkle! Every day includes a take-home project based on what we learned so that you can show your friends How it Works!

DAY/DATE	TIME	FEE
Wed: 9/24-10/29	4:00-4:45pm	Cedar Room
LOCATION	MIN/MAX	INSTRUCTOR
\$110 (6 Wks)	8/16	Mad Science

SPORTS

Tot Sports

2.5-5 Yrs

This new Tot-Sports program includes 3 weeks of soccer, 3 weeks of basketball and 3 weeks of baseball. Participants learn balance, body movement, coordination, teamwork, sportsmanship and skill development through a series of sport-specific games and activities tailored to their attention spans. Our trained staff and progressive curriculum allows kids to develop at their own pace in a fun and safe environment with lots of encouragement. All participants receive a t-shirt and merit award. Participant-to-coach ratio is 6:1.

AGE	DAY/DATE	TIME	LOCATION
2.5-3 Yrs	Tues: 9/16-11/4	9:30-10:00am	Rink
3-4 Yrs	Tues: 9/16-11/4	10:00-10:45am	Rink
4-5 Yrs	Tues: 9/16-11/4	10:45-11:30am	Rink

FEE	MIN/MAX	INSTRUCTOR
\$92 (8 Wks)	5/12	Skyhawks Sports

Mini-Hawk Camp

4-6 Yrs

This multi-sport program was developed to give children a positive first step into athletics. Baseball, basketball and soccer are taught in a safe, structured environment filled with lots of encouragement and a big focus on fun! Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace. All participants receive a t-shirt and merit award. Participant-to-coach ratio is 8:1.

DAY/DATE	TIME	LOCATION
Mo/Tu/W/Th: 11/24-11/26	9:00-12:00pm	Rink
Mo/Tu/W/Th: 12/29-12/31	9:00-12:00pm	Rink

FEE	MIN/MAX	INSTRUCTOR
\$102 per camp	10/24	Skyhawks Sports

Skyhawks Multi-Sport Camp

6-12 Yrs

Skyhawks has taken your favorite games from the playground and combined them into an action packed camp! Young athletes will play variations of kickball, dodgeball, Ultimate Frisbee and capture the flag. Participants will learn sportsmanship, teamwork, and strategy in addition to the rules of the game. Bring your friends or come make new ones. Participant-to-coach ratio is 14:1. Campers should wear sports-appropriate clothing, and bring water bottle, running shoes, sunscreen and two snacks. All participants receive a t-shirt and merit award.

DAY/DATE	TIME	LOCATION
Mo/Tu/W/Th: 11/24-11/26	9:00-12:00pm	Rink
Mo/Tu/W/Th: 12/29-12/31	9:00-12:00pm	Rink

FEE	MIN/MAX	INSTRUCTOR
\$102 per camp	10/24	Skyhawks Sports

Mommy/Daddy and Me Golf

3-6 Yrs

Using the SNAG (Starting New At Golf) System, this class provides the first step to a long-lasting bonding activity between you and your young athlete. Our progressive curriculum and modified equipment simplifies instruction so kids and their parents can make an effective transition onto the golf course together. Adult experience is not required but participation is. All equipment is provided. Participant (child)-to-Coach ratio is 6:1.

AGE	DAY/DATE	TIME	LOCATION
3 Yrs	Sat: 9/20-10/25	9:30-10:00am	Rink
4 Yrs	Sat: 9/20-10/25	10:00-10:45am	Rink
5-6 Yrs	Sat: 9/20-10/25	10:45-11:30am	Rink

FEE	MIN/MAX	INSTRUCTOR
\$92 (6 Wks)	5/12	Skyhawks Sports

Little Kickers Indoor Soccer

4-5 Yrs

This 7-week soccer league will help players learn the game and give them a chance to play on a team as they run, kick and score their way to a good time. Participants will play games on teams that will be made after the first week of class. Participants will play a 45 min. game each week. Game times will rotate with starting times at 4:00 and 4:45. For the first kickers class: Last name A-J: 4:00 to 4:45; K-Z: 4:45 to 5:30. (If you have a friend that is not in your time slot, that you NEED to be with for the first day, then come at the time that works best for you.) We will take team requests at the first meeting. After the first week you will receive a schedule and roster that will tell you your game times for the rest of the season.

DAY/DATE	TIME	LOCATION
Tue: 9/23-11/4	4:00-5:30pm	Live Oak

FEE	MIN/MAX	INSTRUCTOR
\$77 (7 Wks)	12/40	Lafayette Staff



MMAP Basketball

5-12 Yrs

This is a class is lots of fun and will teach the basic techniques of the great game of basketball. Learn techniques of passing and dribbling, and shooting through fun games and drills. This class will be a blast! Please bring water. **Skip 11/11**

AGE	DAY/DATE	TIME	LOCATION
5-7 Yrs	Tues: 9/16-10/21	4:20-5:05pm	Roller Hockey Rink
5-7 Yrs	Tues: 11/4-12/16	4:20-5:05pm	Roller Hockey Rink
8-12 Yrs	Tues: 9/16-10/21	3:30-4:15pm	Roller Hockey Rink
8-12 Yrs	Tues: 11/4-12/16	3:30-4:15pm	Roller Hockey Rink
FEE	MIN/MAX	INSTRUCTOR	
\$88 (6 Wks)	8/25	MMAP Sports	



MMAP Parent and Tot Soccer

2-3.5 Yrs

Share the first experience of sports with your tot, the class is an interactive fun class that teaches the game of soccer. Both parent and tot will participate in lots of fun activities while learning. Come join us we're having a ball!

DAY/DATE	TIME	LOCATION
Wed: 9/17-10/22	10:00-10:30am	LCP Lower Field
Wed: 11/5-12/10	10:00-10:30am	LCP Lower Field
FEE	MIN/MAX	INSTRUCTOR
\$88 (6 Wks)	8/25	MMAP Sports

MMAP Pee Wee Soccer

3-5.5 Yrs

Great class that teaches the basic skills of soccer through fun games and drills. Learn techniques of kicking and dribbling. Come join us we're having a ball.

DAY/DATE	TIME	LOCATION
Wed: 9/17-10/22	10:30-11:10am	LCP Lower Field
Wed: 11/5-12/10	10:30-11:10am	LCP Lower Field
FEE	MIN/MAX	INSTRUCTOR
\$88 (6 Wks)	8/25	MMAP Sports

Mommy/Daddy and Me Soccer

2-3.5 Yrs

Introduce your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age-appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy and Me Soccer, parents are part of the action, not watching from the sidelines! All kids receive a soccer jersey.

DAY/DATE	TIME	LOCATION
Fri: 9/19-11/7	5:10-5:40	Rink
FEE	MIN/MAX	INSTRUCTOR
\$109 (8 Wks)	5/20	Kidz Love Soccer

Tot Soccer & Pre Soccer

3.5-5 Yrs

Little tykes will enjoy running and kicking just like the big kids! Encourages large motor skill development through fun soccer games and introduces small children to the group setting. Each participant receives a soccer jersey. Shin guards are required after the first meeting.

LEVEL/AGE	DAY/DATE	TIME	LOCATION
Tot Soccer/3.5-4 Yrs	Fri: 9/19-11/7	5:50-6:20pm	Rink
Pre Soccer/4-5 Yrs	Fri: 9/19-11/7	6:20-6:55pm	Rink
FEE	MIN/MAX	INSTRUCTOR	
\$109 (8 Wks)	5/20	Kidz Love Soccer	

Soccer I: Techniques & Teamwork

5-6 Yrs

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Each participant receives a soccer jersey. Shin guards are required after the first meeting.

DAY/DATE	TIME	LOCATION
Fri: 9/19-11/7	4:15-5:00pm	Rink
FEE	MIN/MAX	INSTRUCTOR
\$109 (8 Wks)	5/20	Kidz Love Soccer

Soccer 2: Skillz and Scrimmages

7-10 Yrs

Kidz will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All levels are welcome. Each participant receives a soccer jersey. Shin guards are required.

DAY/DATE	TIME	LOCATION
Fri: 9/19-11/7	3:30-4:15pm	Rink
FEE	MIN/MAX	INSTRUCTOR
\$109 (8 Wks)	5/20	Kidz Love Soccer

After School Programs Schedule

Lafayette Recreation is working with the Lafayette School District, Lafayette Parent's Clubs and several popular instructional programs to offer a variety of afterschool enrichment classes at our local school sites. Now parents and caregivers can conveniently select classes through one registration system and funnel questions through one place—the City of Lafayette's Recreation Office. This is a pilot program that will be evaluated over the next 9 months. Your feedback is very important to us so please submit comments, positive and constructive, recreation@ci.lafayette.ca.us or call 925-284-2232. Children can enroll at any school site.

Site/ Program	Burton Valley Elementary School	Happy Valley Elementary School	Lafayette Elementary School	Springhill Elementary School
2D Video Game Design	9/18-10/30 11/6-12/18			
Almost Frozen II		9/12-12/5		
Berkeley Chess	9/15-12/15		9/18-11/13	
Drama Club!			9/17-10/29	
Fit Kids Soccer				9/18-12/11
Fit Kids Flag Football				9/15-12/8
French			9/17-12/17	
Eng. FUNdamentals: Mine, Craft, Build			11/3-12/15	
FunkMode Hip Hop and Breakdance			9/19-11/4	9/15-12/8
Gadgets, Gizmos				9/16-12/9
Keys to Piano			9/18-12/18	
Musical Theatre Workshop				9/17-12/17
Ninjaneering Master			9/15-10/27	
Pacific Chess				9/18-12/18
Superstar Guitar			9/15-12/15	
Toyology: Science through Toys	9/17-12/3 at the Lafayette CC	9/17-12/3 at the Lafayette CC	9/16-11/18	9/17-12/3 at the Lafayette CC

Keys to Piano

1st-5th Grade

First time piano students will learn songs that are not only popular and fun to play, but that help with sight-reading, rhythm, theory and many other musical fundamentals. Our patient instructors encourage students to learn and experience the language of music while building self-esteem and confidence. Home practice and workbook. **Skip 10/2, 11/27**

DAY/DATE	TIME	LOCATION
Thur: 9/18-12/18	2:45-3:45pm	Lafayette Elem. Music Rm.
FEE	MIN/MAX	INSTRUCTOR
\$240 (12 Wks)	6/15	Village Center for Arts

Musical Theatre Workshop

1st-5th Grade

Musical Theatre Workshop provides a stage of fun for everyone to sing, dance, act and team build while they improve their voice, stage presence and confidence. Students are introduced to basic vocal techniques, harmony, dance steps and choreography that foster success and camaraderie. They will also learn about plot and character development. There will be a performance for family and friends at the final class. **Skip 10/1, 11/26**

DAY/DATE	TIME	LOCATION
Wed: 9/17-12/17	1:45-2:45pm	Springhill MPR
FEE	MIN/MAX	INSTRUCTOR
\$240 (12 Wks)	8/25	Village Center for Arts

Almost Frozen II

6-13 Yrs

Come join Elsa, Olaf, Anna, Sven and the rest of the gang as they continue their adventures up North in this lighthearted musical spoof. Barrett and his staff teach students about dance, singing, and acting while inspiring self-confidence and building self-esteem in a warm, nurturing, and fun environment. The class culminates in a fully staged musical production. **Skip 11/28**

DAY/DATE	TIME	LOCATION
Fri: 9/12-12/5	3:00-5:30pm	Happy Valley Elem. Gym
Performances: Dec. 12-14		Performance at Las Lomas

FEE	INSTRUCTOR
\$428 (13 Wks)	Barrett Lindsay-Steiner, Standing Ovations

Drama Club!

6-13 Yrs

A fun-filled, action-packed introduction to theater and the art of acting. Using theater games, acting exercises, storytelling, improvisation and scene-work, this class teaches true theater skills, builds self-confidence, and inspires the imagination! Class culminates with a free performance of scenes and monologues for friends, fans and family members! **Skip 10/1, 11/26**

DAY/DATE	TIME	LOCATION
Wed: 9/17-10/29	1:45-2:45pm	Lafayette Elem. Rm. 23A
Wed: 11/5-12/17	1:45-2:45pm	Lafayette Elem. Rm. 23A

FEE	MIN/MAX	INSTRUCTOR
\$183	10/20	Kenn Adams

Toyology: Science through Toys

1st-5th Grade

Students get to make and take home a different science project each class. While children are having a blast making toys, they are learning major scientific concepts such as: electricity, energy, gravity, motion, light, magnetism, friction and simple machines. The class includes all materials needed for the students to make and take home the science project, as well as a science notebook and a snack. Our unique project kits, designed by our fabulous engineering team, are filled with many engaging hands-on materials, such as: solar panels, LEDs, motors, magnets, switches, and more. **Skip 9/29-10/2, 11/24-11/26**

DAY/DATE	TIME	LOCATION
Tue: 9/16-11/18*	2:45-3:45pm	Lafayette Elem. Sci. Rm.

FEE	MIN/MAX	INSTRUCTOR
\$243 (10 Wks)	10/24	Sarah Science

DAY/DATE	TIME	LOCATION
Wed: 9/17-12/3	2:10-3:10pm	Lafayette CC Cedar Rm.

FEE	MIN/MAX	INSTRUCTOR
\$195 (8 Wks)	10/24	Sarah Science

French

K-5th Grade

IES follows the natural language acquisition process of hear, listen, comprehend, imitate, speak, read, write, and then, study the grammar. In maintaining this wholeness, the language is never separated from its culture. With the IES method, children first communicate in single words, progressing to very simple sentences, and finally complex sentences. Students are capable of learning songs and poems with motion before actually speaking in sentences. At some point, a transformation occurs, and progress from this point happens quickly when learning with IES! **Skip 10/1, 11/26**

DAY/DATE	TIME	LOCATION
Wed: 9/17-12/17	1:45-2:45pm	Lafayette Elem. Sci. Rm.

FEE	MIN/MAX	INSTRUCTOR
\$235 (12 Wks)	4/15	IES Language

Pacific Chess

1st-5th Grade

Our lessons are an after school program. Each lesson lasts 60 minutes and consists of instructions, analysis and tournament games during which students play against each other. Our lessons are fun and easy to follow, and include individual written instructions to practice at home. We provide our students with necessary chess equipment (board, pieces, and demonstration tools). ALL participants receive trophies at the end of the school year. **Skip 10/2, 11/27**

DAY/DATE	TIME	LOCATION
Thur: 9/18-12/18	2:45-3:45pm	Springhill MPR

FEE	MIN/MAX	INSTRUCTOR
\$183 (12 Wks)	10/30	Pacific Chess Academy

Berkeley Chess

1st-5th Grade

Immerse yourself in the exciting world of chess! Chess is fun and can be learned quickly and easily! If you are new to chess or just polishing your skills, come develop your understanding and enjoyment of the king of games. The Berkeley Chess School is a nonprofit organization offering chess instruction from kindergarten through high school since 1982. We are an affiliate of the U.S. Chess Federation. **Mon: Skip 9/29, 11/10, 11/24; Thur: Skip 10/2, 11/27**

DAY/DATE	TIME	LOCATION
Mon: 9/15-12/15	2:45-3:45pm	Burton Valley Library
Thur: 9/18-12/11	2:45-3:45pm	Lafayette Elem. Science Rm.

FEE	MIN/MAX	INSTRUCTOR
\$190 (11 Wks)	10/20	Berkeley Chess School

Superstar Guitar

2nd–5th Grade

Learn to play popular songs, power chords, riffs and have fun doing it! Superstar Guitar is designed to give first time guitar students musical success quickly. Essential guitar fundamentals are made easy and fun! Students must bring their own guitar; rentals are available from Village Music School for an additional fee. **Skip 9/29, 11/10, 11/24**

DAY/DATE	TIME	LOCATION
Mon: 9/15-12/15	2:45-3:45pm	Lafayette Elem. Music Rm.
FEE	MIN/MAX	INSTRUCTOR
\$224 (11 Wks)	6/15	Village Center for Arts

FUNKMODE Hip Hop and Breakdance

K-5th Grade

Does your child love to dance? Can't sit still when music comes on? Then they are ready for FUNKMODE Hip Hop and Breakdance! Students will build their confidence while learning various Hip Hop dance styles in a positive, encouraging atmosphere. We have developed a unique curriculum to ensure they will learn musicality, choreography and performance skills each week, while using their own creativity and personal expression. This empowering dance style is great for girls and boys because Hip Hop is for everyone! (Show day on last day of class.) <http://www.FUNKMODE.com> **Mon: Skip 9/29, 11/10, 11/24; Fri: Skip 10/3, 11/28**

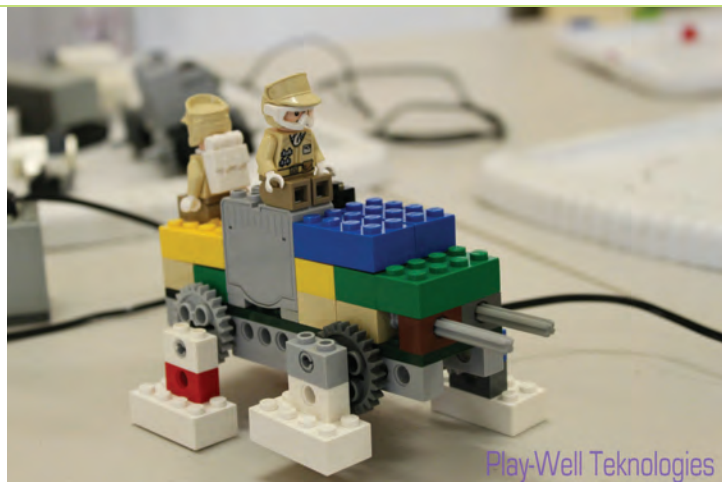
DAY/DATE	TIME	LOCATION
Mon: 9/15-12/8	2:45-3:45pm	Springhill-MPR
Fri: 9/19-11/14	2:45-3:45pm	Lafayette Elem. Rm. 23
FEE	MIN/MAX	INSTRUCTOR
\$171 (10 Wks)	10/30	FunkMode

Engineering FUNdamentals: Mine, Craft, Build

1st-5th Grade

Bring Minecraft to life using LEGO! Resourcefulness, creativity, and cooperation come together in this unique building adventure game; roll the dice to mine for resources, craft tools, and watch out for Creepers! This ultimate LEGO Minecraft experience is an original game designed by Play-Well instructors, using gameplay elements and characters inspired by the popular Minecraft video game. Students will have a blast, even without any prior experience with Minecraft or LEGO. **Skip 11/10, 11/24**

DAY/DATE	TIME	LOCATION
Mon: 11/3-12/15	2:45-4:00pm	Lafayette Elem. Science Rm.
FEE	MIN/MAX	INSTRUCTOR
\$123 (5 Wks)	11/24	Play Well



Play-Well Technologies

Gadgets, Gizmos & Interesting Inventions with LEGO®

1st-5th Grade

This unit is all about the fun of doing something with what you've built. From a spinning top to a spin art model, from a hand mixer to a conveyor belt, kids will love playing with their LEGO® creations! But don't worry, we sneak in lots of learning, too— like understanding probability in the "3-in-a-row" game model and learning about friction and symmetry with the spinning top. Each lesson reinforces the S.T.E.M. curriculum and encourages students to think of what they could invent or improvements they could make to an existing object to solve a problem. So many things we use each day are someone's invention. Introduce your student to the world of ideas, creativity, inventions, gadgets and gizmos all while learning with LEGO®. We Learn, We Build, We Play...with LEGO® Bricks! **Skip 9/30, 11/11, 11/25**

DAY/DATE	TIME	LOCATION
Tue: 9/16-12/9	2:45-3:45pm	Springhill MPR
FEE	MIN/MAX	INSTRUCTOR
\$181 (10 Wks)	10/20	Bricks 4 Kids

Ninjaneering Master

1st-5th Grade

The Force is strong in this class. Build complex machines and structures based on the best designs from a galaxy far, far away. Projects include X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, settlements and fortresses. Play-Well's Jedi instructors reinforce key engineering concepts such as gear trains, worm drives, pneumatics, eccentric motion and more as students tap into the powerful forces of imagination and engineering. **Skip 9/29**

DAY/DATE	TIME	LOCATION
Mon: 9/15-10/27	2:45-4:00pm	Lafayette Elem. Science Rm.
FEE	MIN/MAX	INSTRUCTOR
\$144 (6 Wks)	11/24	Play Well

2D Video Game Design

2nd-5th Grade

This class will give students hands-on learning in video game development. Students will create their own platformer video game including developing and animating characters, enemies and levels. We use cutting edge industry technologies designed to provide a valuable and pertinent experience. We teach the same industry technologies that are used in Facebook, iPhone and Android games. **Skip 10/2, 11/27**

DAY/DATE	TIME	LOCATION
Thur: 9/18-10/30	2:45-3:45pm	Burton Valley Library
Thur: 11/6-12/18	2:45-3:45pm	Burton Valley Library
FEE	MIN/MAX	INSTRUCTOR
\$183 (6 Wks)	10/20	Academy of Digital Science

Fit Kids Soccer

Kindergarten–5th Grade

Get ready for your soccer leagues. During this one hour class kids will learn the following skills: kicking, dribbling, goalkeeping, passing and ball control. Kids will learn how to play position soccer and there will be drills where the instructor teaches individual skills. They will scrimmage on a weekly basis to let them show off their skills and put them to the test. **Skip 10/2, 11/27**

GRADE	DAY/DATE	TIME	LOCATION
Kindergarten	Thur: 9/18-12/11	3:00-4:00pm	Springhill Fields
1st–5th	Thur: 9/18-12/11	2:45-3:45pm	Springhill Fields
FEE	MIN/MAX	INSTRUCTOR	
\$143 (11 Wks)	8/25	Fit Kids America	



CHILDREN

Fit Kids Flag Football

Kindergarten–5th Grade

Ready for some football! Learn football basics through drills, obstacle courses and strength training with an emphasis on team work. Increase agility, speed and self-esteem. Intramural games will be played each class. No tackling, just fun! Super Bowl will be played on the last day of the session. Group will be split by age and ability. **Skip 9/29, 11/10, 11/24**

GRADE	DAY/DATE	TIME	LOCATION
Kindergarten	Mon: 9/15-12/8	3:00-4:00pm	Springhill Fields
1st–5th	Mon: 9/15-12/8	2:45-3:45pm	Springhill Fields
FEE	MIN/MAX	INSTRUCTOR	
\$130 (10 Wks)	8/25	Fit Kids America	

Blue Angels Youth Ski & Snowboard Program

The Blue Angels program gives children and teens the opportunity to ski or snowboard the Sierra's with friends and other snow sport enthusiasts in a fun, yet structured environment. Open to all ability levels, from first-timers to experts, the program consists of 5 full Saturday's of professional coaching taught by resort instructors, lift tickets, luxury bus transportation to Sierra-at-Tahoe Resort, constant adult supervision, lunch and snacks, Pro-Tec snow helmet, sponsor goodie bag and equipment rental/leasing discounts. The Blue Angels program provides a learning environment that fosters independence, builds self-esteem and boosts athletic skills. Please visit www.BlueAngelSnow.com or call (925) 939-7669 for more information. **Skip 2/14**

2014 Program Dates: 5 Saturdays, 1/24-2/28

Pick up Location: Please visit www.BlueAngelSnow.com for locations and times. Program Fee: \$899





Fall Ball

5-12 Yrs

Big League Fundamentals for Little League Players—All the Training, without the Travel! Lafayette Recreation is teaming up with Lafayette Little League and reputed pitching coach Jeff Pick of The Baseball Academy and his well-trained team of coaches to offer a fall baseball program designed to improve the abilities of players at ALL skill levels. Learn the mechanics, get the repetitions, and see improvements that will make the game more fun. From the basics of catching, hitting and fielding to the complexities of team defense base running, this program will break it down to simple steps that can be worked on at home. Hard work in the fall will pay dividends in the spring season.

For field conditions, call 925-299-3258.

AGE	DAY/DATE	TIME	LOCATION
5-6 Yrs	Mon/Wed: 9/8-10/1	3:30-4:30pm	Buckeye Fields
5-6 Yrs	Mon/Wed: 10/6-10/29	3:30-4:30pm	Buckeye Fields
7-8 Yrs	Mon/Wed: 9/8-10/1	4:30-5:30pm	Buckeye Fields
7-8 Yrs	Mon/Wed: 10/6-10/29	4:30-5:30pm	Buckeye Fields
9-10 Yrs	Mon/Wed: 9/8-10/1	5:30-6:30pm	Buckeye Fields
9-10 Yrs	Mon/Wed: 10/6-10/29	5:30-6:30pm	Buckeye Fields
11-12 Yrs	Thurs: 9/11-10/2	3:30-5:30pm	Buckeye Fields
11-12 Yrs	Thurs: 10/9-10/30	3:30-5:30pm	Buckeye Fields

FEE	MIN/MAX	INSTRUCTOR
\$203 (4 Wks)	10/25	Jeff Pick

Karate

T 7-17 Yrs

Classes are divided by and catered toward different skill levels. Open class is offered for all skill levels and is designed to build self-confidence while learning how to throw, strike, block and fall without hurting oneself. Intermediate/Advanced class is available to current students who rank above 8th kyu and is designed to build upon the basics, learn more advanced techniques, and cultivate a higher understanding of karate. All students will be given the opportunity to compete in AAU sanctioned tournaments, as well as Open Karate tournaments. *Annual AAU insurance—\$12-Youth, \$35-Adult—is required. Belt ranking fees also apply, please inquire in class.*

Start any time. The Open class is for 5 Yrs & up. The Inter/Adv class is for 7 Yrs & up. Register At class. www.kyokushinkarate-lafayette.com.

LEVEL	FEE	DAY/DATE	TIME
Open	\$45/mo	Mo/We—Ongoing	7:00-8:00pm

MIN/MAX	INSTRUCTOR	LOCATION
5/30	Danielle Jolin	Live Oak Room

LEVEL/DAY/DATE	FEE	TIME
Tues: Adv./Thur: Inter.—Ongoing	\$50/mo	4:00-5:30pm

MIN/MAX	INSTRUCTOR	LOCATION
5/12	Danielle Jolin	Tu: Toyon Room/Th: Cedar Room





TENNIS

Tennis Club at 937-2582 for specific program questions.

Tennis classes are for beginners or students who are continuing on with lessons. Instruction on all basics plus rally contests, mini matches and strategy. *Players will not be allowed to enter courts without white soled, non-marking shoes. No running shoes, no jeans, and no gum allowed.*

Beginning Pee Wee Tennis

4-5 Yrs

This class is for beginners or students that are continuing on with lessons. Instruction on all basics plus rally contests, mini matches and strategy.

DAY/DATE	TIME	LOCATION
Mon: 9/15-11/3	3:00-3:30pm	Lafayette Tennis Club
Wed: 9/17-11/5	3:00-3:30pm	Lafayette Tennis Club
Sat: 9/20-11/8	9:00-9:30am	Lafayette Tennis Club
Sun: 9/21-11/9	9:00-9:30am	Lafayette Tennis Club
FEE	MIN/MAX	INSTRUCTOR
\$68 (8 Wks)	4/10	Lafayette Tennis Club

Beginning Junior Tennis

6-9 Yrs

This class is for beginners or students that are continuing on with lessons. Instruction on all basics plus rally contests, mini matches and strategy.

DAY/DATE	TIME	LOCATION
Mon: 9/15-11/3	3:30-4:30pm	Lafayette Tennis Club
Wed: 9/17-11/5	3:30-4:30pm	Lafayette Tennis Club
Sat: 9/20-11/8	9:30-10:30am	Lafayette Tennis Club
Sun: 9/21-11/9	9:30-10:30am	Lafayette Tennis Club
FEE	MIN/MAX	INSTRUCTOR
\$133 (8 Wks)	4/20	Lafayette Tennis Club

Beginning Youth Tennis

10-14 Yrs

This class is for beginners or students that are continuing on with lessons. Instruction on all basics plus rally contests, mini matches and strategy.

DAY/DATE	TIME	LOCATION
Mon: 9/15-11/3	4:30-5:30pm	Lafayette Tennis Club
Wed: 9/17-11/5	4:30-5:30pm	Lafayette Tennis Club
Sat: 9/20-11/8	10:30-11:30am	Lafayette Tennis Club
Sun: 9/21-11/9	10:30-11:30am	Lafayette Tennis Club
FEE	MIN/MAX	INSTRUCTOR
\$133 (8 Wks)	4/20	Lafayette Tennis Club

Tennis

18 Yrs & Up

This class is for beginners or students that are continuing on with lessons. Instruction on all basics plus rally contests, mini matches and strategy.

DAY/DATE	TIME	LOCATION
Mon: 9/15-11/3	6:30-7:30pm	Lafayette Tennis Club
Wed: 9/17-11/5	6:30-7:30pm	Lafayette Tennis Club
FEE	MIN/MAX	INSTRUCTOR
\$133 (8 Wks)	6/14	Lafayette Tennis Club

Classes are subject to change based on enrollment numbers. If your class is cancelled, you will be notified four days prior to the first class and offered options.

Rainouts: Call Lafayette Tennis Club at 937-2582; the hotline is updated at 8:00 am and 2:00 pm daily. All rainouts will be made up the following week(s) after the end of the session on the same day.



FITNESS

Yoga Workout

T 16 Yrs & Up

This Yoga class teaches a mix of exercises (asanas) for strengthening, stretching and relaxing the body while also focusing on body alignment—a holistic approach. You are introduced to the therapeutic aspects of Yoga and Yoga philosophy. Classes end with relaxation and breathing techniques. It's a friendly, gentle atmosphere. Silloo has trained with the internationally renowned B.K.S. Iyengar for 8 years and has taught Yoga for more than 30 years. Printed handouts are available. Bring a blanket. You may try one class for free. All levels are welcome. **Mon: Skip 10/20, 10/27, 11/3; Thur: Skip 10/23, 10/30, 11/6, 11/27**

DAY/DATE	TIME	LOCATION
Thurs: 9/4-12/11	6:00-7:15pm	Toyon Room
Mon: 9/8-12/8	9:00-10:15am	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$146 (11 Wks)	8/15	Silloo Tarapore

Yoga

T 16 Yrs & Up

This class provides a solid foundation of yoga through postures, movement, breathing and relaxation. Appropriate for beginners or those with yoga experience. **Skip 11/26**

DAY/DATE	TIME	LOCATION
Wed: 9/3-12/17	9:15-10:30am	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$198 (15 Wks)	8/15	Jenn Stedman
DAY/DATE	TIME	LOCATION
Tues: 9/9-12/16	6:00-7:15pm	Toyon Room
FEE	MIN/MAX	INSTRUCTOR
\$198 (15 Wks)	8/15	Elizabeth McIntyre

Re-Balance the Body-Mind-Spirit Connection

18 Yrs & Up

An integral approach to rebuilding the union between the body, mind and spirit. They each have a meaning and cannot be separated. The first part of the class will include targeted stretching and a systematic series of slow graceful movements that help release physical tension and enhance awareness of the body and mind. The second part of the class will include exercises to increase memory and focus. A meditation will be taught. The third part of the class will include hand-eye coordination and integrative balance movements.

DAY/DATE	TIME	LOCATION
Mon: 9/15-10/27	10:30-11:45am	Toyon Room
Mon: 11/3-12/22	10:30-11:45am	Toyon Room
FEE	MIN/MAX	INSTRUCTOR
\$45 (7 Wks)	8/15	Ken McNamara

Seniorcise

55 Yrs & Up

This fun class exercises your body and your mind. It's an effective combination of low-impact exercise, weight training and stretching. Each one-hour session is designed to increase strength, cardiovascular endurance, flexibility and balance. ALL fitness levels are welcome! Bring a mat, a pair of 3 lb hand weights and come exercise with GREAT people to the BEST music from the 40s, 50s and 60s! **Skip 11/24, 11/27**

DAY/DATE	TIME	LOCATION
Tues: 9/2-12/16	10:30-11:30am	Live Oak Room
Wed: 9/3-12/17	10:30-11:30am	Live Oak Room
FEE	MIN/MAX	INSTRUCTOR
\$83 (16 Wks)	10/45	Susan Funkhouser
DAY/DATE	TIME	LOCATION
Thurs: 9/4-12/18	10:30-11:30am	Live Oak Room
Mon: 9/8-12/15	10:30-11:30am	Live Oak Room
FEE	MIN/MAX	INSTRUCTOR
\$73 (14 Wks)	10/45	Susan Funkhouser

Zumba Gold

50 Yrs and Up

Join the fun with Zumba designed for seniors or all levels. This class focuses on many of the rhythms like meringue, salsa, chacha, cumbia and much, much more! **Skip 10/24, 11/28, 12/5**

DAY/DATE	TIME	LOCATION
Fri: 9/5-10/10	12:30-1:15pm	Live Oak Room
Fri: 10/17-12/12	12:30-1:15pm	Live Oak Room
FEE:	MIN/MAX	INSTRUCTOR
\$39 (6 Wks)	10/60	Jo Nash

Yoga, Beginning/Advanced

16 Yrs & Up

This class is for those with some yoga experience or athletic beginners. Deepen your experience of basic postures, learn more challenging postures, posture flow and breathing practices. Please bring a yoga mat and thick blanket. **Skip 11/4, 11/7**

SESSION 1: DAY/DATE	TIME	LOCATION
Fri: 9/5-11/21	9:15-10:30am	Elderberry Room
Tue: 9/9-11/25	9:30-10:45am	Elderberry Room

SESSION 1: FEE	MIN/MAX	INSTRUCTOR
\$146 (11 Wks)	10/22	Howard Van Es

SESSION 2: DAY/DATE	TIME	LOCATION
Tue: 12/2-12/23	9:30-10:45am	Elderberry Room
Fri: 12/5-12/19	9:15-10:30am	Elderberry Room

SESSION 2: FEE	MIN/MAX	INSTRUCTOR
Tues: \$55 (4 Wks)	10/22	Howard Van Es
Fri: \$42 (3 Wks)	10/22	Howard Van Es

Evening Yoga with Nancy

16 Yrs & Up

This beginning/advanced beginning class promotes proper alignment, strength building, flexibility, and relaxation techniques through asanas (postures) and breathing practices. Poses are adjusted to suit different ages and body types. Bring yoga mat and thick blanket. **Skip 10/28, 11/25**

DAY/DATE	TIME	LOCATION
Tue: 9/9-12/16	7:15-8:30pm	Sequoia Room

FEE	MIN/MAX	INSTRUCTOR
\$172 (13 Wks)	8/15	Nancy Anderson

Intro to Yoga

16 Yrs & Up

If you have been thinking about trying yoga or have very little experience this is the class for you! Introduces basic yoga postures, breathing and yoga philosophy. Improve flexibility, reduces stress, and build energy. Bring a yoga mat and blanket. **Skip 11/2**

SESSION 1: DAY/DATE	TIME	LOCATION
Sun: 9/7-11/23	10:30-11:45am	Sequoia Room

FEE	MIN/MAX	INSTRUCTOR
\$146 (11 Wks)	10/22	Howard Van Es

SESSION 2: DAY/DATE	TIME	LOCATION
Sun: 12/7-12/21	10:30-11:45am	Sequoia Room

FEE	MIN/MAX	INSTRUCTOR
\$42 (3 Wks)	10/22	Howard Van Es

Intermediate/Advanced Yoga

16 Yrs & Up

This extended class is ideal for those with some yoga experience who would like more challenge and want to take their practice to the next level. Taking time to warm up properly, we will explore postures more deeply including inversions, back bends, twists, etc., building more awareness, strength, and flexibility. At least one year of yoga practice is needed for this class. Please bring 2 blankets to class.

DAY/DATE	TIME	LOCATION
Sat: 9/27-10/25	9:45-11:45am	Sequoia Room

FEE	MIN/MAX	INSTRUCTOR
\$82 (5 Wks)	8/15	Howard Van Es

jazzercise®

Jazzercise is unlike any fitness program you have ever experienced. A 60-minute class offers a blend of Jazz dance and exercise science. Each class is choreographed and set to your favorite music—Top 40, jazz, funk, country and classics. Choreography is easy to follow and will motivate and challenge you. Workout includes warm up, cardio, muscle toning, strength training with weights and stretching. Wear aerobic shoes and bring a mat. www.jazzercise.com.

On-going. Sign-up anytime.

Register at class.

Contacts:

Nancy G. 937-6768

Cyndi B. 528-9836



Enjoy
Jazzercise
Everyday!

FEE	EFT FEE	LOCATION
\$12 Walk-in	\$50/mo EFT Unlimited Class Pass	LCC, Live Oak Rm
Weekend Rate Available		

*EFT = Electronic Fund Transfer, month to month payment plan

DAY	START TIME	INSTRUCTOR
Mon/Wed/Fri	6:00 am	Nancy G.
Mon/Tue/Wed/Thu/Fri	9:10 am	Nancy G.
Mon/Wed	5:45 pm	Cyndi B.
Tue/Thu	6:00 pm	Cyndi B.
Sat	9:00 am	Nancy G.
Sun	9:00 am	Cyndi B.

DANCE & MUSIC

Line Dancing

18 Yrs & Up

Picture rows of people dancing a set of choreography as an ensemble. Learn new and traditional line dances in a comfortable, welcoming, fun filled class. Line dancing isn't just country western anymore. It's also a rich blend of other music and dance styles including latin, popular and swing. Enjoyable exercise that will free the dancer in you. No partners needed. Beginners and intermediates welcome. No perfume or fragrances please. **Mon: Skip 10/6; Tue: Skip 9/30, 10/7**

LEVEL	DAY/DATE	TIME	LOCATION
Beg/Intermed	Tue: 9/2-10/28	7:30-9:00pm	Live Oak Room
Beginning	Mon: 9/8-10/20	12:30-1:30pm	Live Oak Room
Beg/Intermed	Mon: 9/8-10/20	1:30-3:00pm	Live Oak Room

FEE	MIN/MAX	INSTRUCTOR
\$45 (6 Wks)	10/40	John Trentacosti

LEVEL	DAY/DATE	TIME	LOCATION
Beginning	Mon: 10/27-12/15	12:30-1:30pm	Live Oak Room
Beg/Intermed	Mon: 10/27-12/15	1:30-3:00pm	Live Oak Room
Beg/Intermed	Tue: 11/4-12/16	7:30-9:00pm	Live Oak Room

FEE	MIN/MAX	INSTRUCTOR
\$52 (7 Wks)	10/40	John Trentacosti

Belly Dancing

18 Yrs & Up

Belly dance your way to increased fitness and joy! Learn basic steps and dance isolations of Raks Sharki, also known as belly dance! Learn to play finger cymbals and dance with a veil. Optional student performance parties every quarter. Pre-registration advised. (Under 16 years OK if enrolled concurrently with parent). Optional dance supplies (CDs, finger cymbals, and silk veils) available for purchase in class. Soft leather soled shoes recommended—hermes sandals, jazz or ballet practice shoes. Thick socks okay but no rubber soles or bare feet please. **Skip 11/24**

DAY/DATE	TIME	LOCATION
Mon: 9/8-10/13	6:30-7:30pm	Toyon Room
Mon: 10/20-12/1	6:30-7:30pm	Toyon Room

FEE	MIN/MAX	INSTRUCTOR
\$87 (6 Wks)	10/24	Surreyya Beth Hada

Beginning Keyboard

T 10 Yrs-Adult

Most popular songs use only 3 or 4 simple chords. You can learn to play your favorites on the piano in just a few weeks. Only 6 students per class so you will get the help you need. No prior experience is required. It's easy and fun! *There is a \$10 materials fee for the textbook.* Bring your keyboard to class.

DAY/DATE	TIME	LOCATION
Mon: 9/8-11/10	5:45-6:30pm	Elderberry Room

FEE	MIN/MAX	INSTRUCTOR
\$123 (10 Wks)	3/6	Ted Crowley

Intro to Improv!

18 Yrs & Up

Get creative with the art of improvisation! Kenn Adams, veteran improviser and author of the book, *How to Improvise a Full-Length Play: The Art of Spontaneous Theater*, will teach you the three basic rules of the craft—be spontaneous, make your partner look good, and build on your partner's idea—and, in no time flat, you'll be creating outrageous characters, improvising hysterical scenes and stories, and having the time of your life! No experience is necessary and the class ends with a free performance for friends, fans and family members. **Wed 11/19 class will take place on Tues 11/18**

DAY/DATE	TIME	LOCATION
Wed: 9/17-10/29	7:00-9:00pm	Elderberry Room
Wed: 11/5-12/17	7:00-9:00pm	Elderberry Room

FEE	MIN/MAX	INSTRUCTOR
\$153 (7 Wks)	10/20	Kenn Adams

Guitar

10 Yrs-Adult

Most pop songs use only 3 or 4 simple chords, so you will be playing real songs in just a few weeks. It's easy, and small class size allows for individual attention from instructor. Instructor has BA and MA in music and over 20 years of teaching experience.

Beginning

DAY/DATE	TIME	LOCATION
Mon: 9/8-11/10	5:00-5:45pm	Elderberry Room

FEE	MIN/MAX	INSTRUCTOR
\$123 (10 Wks)	3/8	Ted Crowley

Advanced

DAY/DATE	TIME	LOCATION
Mon: 9/8-11/10	6:30-7:15pm	Elderberry Room

FEE	MIN/MAX	INSTRUCTOR
\$123 (10 Wks)	3/8	Ted Crowley

COOKING

Basic Sushi

18 Yrs & Up

Learn to slice fresh fish and shape into bite-size offerings for Sashimi and Nigiri. Learn to convert plain rice into flavorful sushi rice, wrap, and roll into all sorts of Nigiri and Sushi. Hands-on prepare traditional rolls, Nori Maki and trendy rolls, Uramaki. Learn all the basic of preparing fresh sushi and have fun creating your own delicious and healthy dinner such as hamachi and unagi Nigiri, cucumber roll, spicy roll, California roll and Philadelphia roll. Bring your sharp pointed-tip chef's knife, bamboo matt, cloth hand towel, large cutting board, beverage, and a to-go box.

DAY/DATE	TIME	LOCATION
Thur: 10/9	6:30-9:30pm	Kitchen
FEE	MIN/MAX	INSTRUCTOR
\$65 (1 day)	5/15	Chat Mingkwan



Vietnamese Cooking

18 Yrs & Up

Vietnamese cuisine has a right East meets West combination of subtle tastes and flavors. Let's explore what make Vietnamese cuisine so popular. Learn to use fresh herbs, such as Vietnamese mint-Rau Ram, basil-Rau Que, Ngo Gai and simple techniques in preparing popular Vietnamese dishes, such as Lemongrass chicken, Clay pot, Fresh spring rolls, Green mango salad, and more. Bring your sharp chef's knife, cutting board, hand towel, and beverage.

DAY/DATE	TIME	LOCATION
Thur: 12/18	6:30-9:30pm	Kitchen
FEE	MIN/MAX	INSTRUCTOR
\$65 (1 day)	5/15	Chat Mingkwan



Thai Cooking

18 Yrs & Up

Recently return from Thailand with new trend and his cook-book, *Easy Thai*, Chat invites you to get into Thai by learning Thai culinary philosophy and learn to recognize Thai tastes and flavors by hands-on preparing a 5-dish Thai meal. Learn to use herbs and spices, such as galangal and kaffir lime that are unique to Thai cuisine and transform fresh ingredients into delicious dishes. Bring your sharp chef knife or cleaver, cutting board, hand towel, and your own beverage.

DAY/DATE	TIME	LOCATION
Mon: 9/15	6:30-9:30pm	Kitchen
FEE	MIN/MAX	INSTRUCTOR
\$65 (1 day)	5/15	Chat Mingkwan

Japanese Cooking

18 Yrs & Up

Learn the basic aspect of Japanese cuisine, starting with basic ingredients in traditional meals. Learn the Japanese philosophy of simplicity and prepare simple and easy soups, salads, and main dishes. We will prepare 5 popular Japanese dishes for our dinner, for example yakitori, teriyaki, miso soup. Please bring your sharp chef knife, cutting board, hand towel and your own beverage.

DAY/DATE	TIME	LOCATION
Wed: 11/5	6:30-9:30pm	Kitchen
FEE	MIN/MAX	INSTRUCTOR
\$65 (1 day)	5/15	Chat Mingkwan

COOKING

Wine & Cheese Pairing 101

21 Yrs & Up

Mention a wine party to someone and the first thought that comes to mind is “cheese.” Cheese and wine is a classic pairing - like peanut butter and jelly or cookies and milk. Wine and cheese have a long history together. Both are natural products, created using a standard process but with a myriad of results. This hands-on workshop is a perfect introduction to the basics and was designed to offer many ways for you to expand your knowledge and understanding of wine and cheese, delve into the art of pairing the two and celebrate examples from around the world. Join us for a lively discussion and tasting of some classic combinations! The class includes wine and food tasting, take-home materials and 2 hours of instruction. Please bring 5 wine glasses. *\$15 supply fee paid to instructor.*

DAY/DATE	TIME	LOCATION
Fri: 11/7	6:30-8:30pm	Sequoia Room
FEE	MIN/MAX	INSTRUCTOR
\$28 (1 day)	10/24	Monica Chappell

ARTS

Landscape and Portraiture Painting

18 Yrs & Up

Class is designed to expand your creativity and art education while having fun. Learn to create strong design and attain accurate color, values and representation through demonstrations and individual instruction. www.westernpainter.com Beginners welcome.

DAY/DATE	TIME	LOCATION
Tue: 9/9-10/21	9:30am-12:00pm	Arts and Crafts Room
Tue: 10/28-12/9	9:30am-12:00pm	Arts and Crafts Room
FEE	MIN/MAX	INSTRUCTOR
\$108 (7 Wks)	6/16	Gary Bergren



Painting Workshop

18 Yrs & Up

A basic multi-level painting class. Topics include color theory, composition, brush and palette knife techniques, creating atmospheric and textural effects, developing style, use of painting mediums and various other painting applications and techniques. Students may work in any style from abstract to realism and in any paint medium such as acrylic, alkyd, oil or watercolor. **Skip 11/27**

DAY/DATE	TIME	LOCATION
Thur: 9/4-10/2	9:30am-12:30pm	Arts and Crafts Room
Thur: 10/9-11/6	9:30am-12:30pm	Arts and Crafts Room
Thur: 11/13-12/18	9:30am-12:30pm	Arts and Crafts Room
FEE	MIN/MAX	INSTRUCTOR
\$105 (5 Wks)	6/16	Mark Jezierny

SPECIAL INTEREST



Emergency Preparedness for Individuals and Families

16 Yrs & Up

Don't put it off any longer! This quick and easy session will help you prepare yourself and your family for the next earthquake whether you are at home, work, or out and about. Emphasis will be on earthquake preparation, but the information applies to other emergencies as well. Bring pencil and paper. Materials will be provided.

DAY/DATE	TIME	LOCATION
Tue: 10/28	7:00-9:00pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
FREE	8/40	Emergency Commission

Neighborhood Captain's Training

16 Yrs & Up

Join other Lafayette residents in becoming a neighborhood captain in the Lafayette Emergency Action Response Network (LEARN). This session is designed to help you organize your block or neighborhood in becoming self-sufficient for the first 72 hours following a major disaster. Attendance at a basic preparedness class (as above, CERT or Red Cross class) is recommended, but not required, prior to attending this class. Bring paper and pencil. Written materials will be provided.

DAY/DATE	TIME	LOCATION
Tue: 11/4	7:00-8:30pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
FREE	8/40	Emergency Commission

Pediatric CPR

11 Yrs and Up

A 3-hour Acute Care Training (ACT) course covering: CPR and choke saving for children and infants (0-8 years). **MUST HAVE A CURRENT CPR CERTIFICATION.** Please wear comfortable clothes. Certification is good for 2 years. *A \$10.00 lab fee will be collected at the beginning of class.*

DAY/DATE	TIME	LOCATION
Thur: 11/13	7:00-10:00pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$38 (1 day)	10/40	Adele Christensen

CPR, Adult

11 Yrs & Up

A 3-hour Acute Care Training (ACT) course covering CPR and choke saving for adults (9 + years). Please wear comfortable clothes. Certification is good for 2 years. *A \$10.00 lab fee will be collected at the beginning of class.*

DAY/DATE	TIME	LOCATION
Tue: 11/11	7:00-10:00pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$38 (1 day)	10/25	Adele Christensen



Dog Obedience Classes

T All Ages; Children must be accompanied by a parent

Beginning Dog Obedience

Puppies 3 Mos-1 Yr; No dogs older than 1 Yr

Basic obedience instruction for puppy owners and their puppies. Puppies will learn sit, down, come, stay, stand and heel. Solutions for puppy behavior problems including jumping, biting, etc. Bring proof of vaccinations to 1st class. Equipment required: 6 foot leather leash, martingale collar. Attendance is mandatory at the first week of class. No dogs at first class. **Skip 10/22**

DAY/DATE	TIME	LOCATION
Wed: 9/17-11/12	5:15-6:15pm	Cedar Room
Wed: 9/17-11/12	6:30-7:30pm	Cedar Room
FEE	MIN/MAX	INSTRUCTOR
\$183 (8 Wks)	6/8	Barb Peppin

Intermediate Dog Obedience

Intermediate Dog Obedience Prereq: Completion of LCC Beg. Obedience or instructors permission. Develop skills to pass the AKC Canine Good Citizen Class. Introduction to Agility. **Skip 10/22**

DAY/DATE	TIME	LOCATION
Wed: 9/17-11/12	7:45-9:00pm	Cedar Room
FEE	MIN/MAX	INSTRUCTOR
\$173 (8 Wks)	6/10	Barb Peppin

Advanced Dog Obedience

Prereq: Completion of LCC Intermediate Obedience Class or instructor permission. Develop skills to compete in AKC obedience trials. **Skip 10/23**

DAY/DATE	TIME	LOCATION
Thur: 9/18-11/13	8:30-9:30am	Rink
FEE	MIN/MAX	INSTRUCTOR
\$103 (8 Wks)	6/12	Barb Peppin

Pet First Aid and CPR

T 14 Yrs & Up

Through lecture, demonstration and hands on participation, you will learn how to assess and handle emergencies for your dog or cat including pet first aid, CPR, control bleeding, choking and more. Please wear comfortable clothes. Certification is good for 2 years. Please arrive early so we may begin promptly. Please leave your pets at home.

DAY/DATE	TIME	LOCATION
Tue/Thur: 10/7-10/9	5:00-9:00pm	Elderberry Room
Sat: 11/1	9:00-2:00pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$103	8/14	Beverly Davis



American Mah Jongg

18 Yrs & Up

Come and join us and learn Mah Jongg. After 4 classes, you will be able to play with other new players, while building your skills. Attendance to the first class is mandatory.

DAY/DATE	TIME	LOCATION
Tue: 10/21-11/11	1:00-3:30pm	Elderberry Room
FEE	MIN/MAX	INSTRUCTOR
\$43 (4 Wks)	8/14	Alice Stern

Rusty Bridge Workshop—Part I and II

18 Yrs & Up

Rusty Bridge is especially designed for those who want to update their bidding skills, improve their communication with their partners, and revive their “college days” playing skills. Part I begins with a complete basic bidding review. Part II continues with how to open strong hands (“2 clubs”) and the responses, an introduction to Preemptive bidding and Slam bidding, the Stayman convention, Leads against NT vs. Suit Contracts, bidding in the “balancing seat,” and finally the distinction between Forcing and Nonforcing bids. Each session will consist of 1/2-hour lecture and 1-1/2 hours supervised play with predealt hands that illustrate the subject of the day. A workbook is available from the instructor for \$10.

WORKSHOP	DAY/DATE	TIME	LOCATION
Part I	Mon: 9/8-9/29	1:00-3:00pm	Cedar Room
Part II	Mon: 11/3-12/8	1:00-3:00pm	Cedar Room
FEE	MIN/MAX	INSTRUCTOR	
Part I: \$43 (4 wks)	8/24	Carol Griffin	
Part II: \$63 (6 wks)	8/24	Carol Griffin	

Bridge: Play of the Hand (Diamond Series)—Part I and II

18 Yrs & Up

The Diamond Series is the ACBL intermediate course focusing on the play of the hand. We will cover as much as possible in Part I and finish the book in Part II. The main objective is to develop a plan by declarer, including the counting of winners or losers, developing tricks, finessing, eliminating losers, managing the trump suit, and considering Entries. There are four pre-dealt hands to play each session. *There is a required textbook for \$20 available from the instructor.*

WORKSHOP	DAY/DATE	TIME	LOCATION
Part I	Mon: 9/8-9/29	3:15-5:15pm	Cedar Room
Part II	Mon: 11/3-12/8	3:15-5:15pm	Cedar Room
FEE	MIN/MAX	INSTRUCTOR	
Part I: \$43 (4 wks)	8/24	Carol Griffin	
Part II \$63 (6 wks)	8/24	Carol Griffin	

Passport to Retirement

50 Yrs & Up

Passport to Retirement is a comprehensive retirement system that educates and helps attendees overcome the roadblocks to a successful retirement. Learn how to: • Define and create your retirement; • Assess the costs of retirement; • Evaluate sources of income; • Invest for the future; • Protect your health and wealth; • Manage your estate distribution . . . and more. The system is filled with compelling statistics, case studies, and the workbook includes a wealth of self-analysis quizzes.

DAY/DATE	TIME	LOCATION
Thur: 10/16-10/23	6:30-9:30pm	Cedar Room
Tue: 10/21-10/28	6:30-9:30pm	Cedar Room
FEE	MIN/MAX	INSTRUCTOR
\$49 (2 Wks)	5/20	Bob Stafford, CFP

Back Care Workshop

16 Yrs & Up

Discover why yoga is the ideal modality for relieving and preventing back problems. Class includes a brief discussion of why back problems occur, a review of common back issues, and how to use yoga to get relief and for prevention. Your instructor for this class is Howard Van Es, author of *Yoga, The Back Pain Cure*. Copies will be available in class.

DAY/DATE	TIME	LOCATION
Wed: 10/1	7:00-9:00pm	Sequoia Room
FEE	MIN/MAX	INSTRUCTOR
\$42 (1 day)	8/15	Howard Van Es

Mandarin—Conversational Chinese

18 Yrs & Up

To teach conversational Chinese and enable students start learning Mandarin Chinese. Through conversation, games, cultural introduction, students learn phonic skill, greetings, numbers, family member titles, date/time, basic grammar and character writing knowledge. Knowledge learned in the class can be easily applied to travel, business, academic needs or personal interest. *\$10 supply fee payable to instructor on first day of class.*

LEVEL	DAY/DATE	TIME	LOCATION
Level 1	Mon: 9/8-12/15	9:00-10:15am	Arts & Crafts Room
Level 2	Mon: 9/8-12/15	10:30-11:45am	Arts & Crafts Room
Level 3	Mon: 9/8-12/15	12:00-1:15pm	Arts & Crafts Room
FEE	MIN/MAX	INSTRUCTOR	
\$198 (13 Wks)	2/6	Walnut Creek Chinese School	

Have Your Next Event At The Lafayette Community Center



The Lafayette Community Center is set in beautiful Burton Valley adjacent to Las Trampas Creek. This natural setting is perfect for indoor/outdoor functions. A spacious patio and lawn area are located behind the Center.



The commercial kitchen is equipped with a 6-burner range plus large griddle area and two ovens, fridge, ice maker, plus stainless steel sinks and countertops offer you and your caterers a stress-free food preparation experience.



The Lafayette Community Center has three rooms available to suit your needs. The Live Oak Room accommodates up to 225 people with an adjacent commercial kitchen. This room is ideal for wedding receptions, fundraisers, reunions, anniversaries or your special event. The Manzanita Room is the next largest room accommodating up to 100 people, perfect for teen events, coaches trainings or dog clubs.



The Sequoia Room holds up to 50 people and includes carpeting and a gas fireplace. Our facilities are available Friday nights, Saturdays and Sundays. Fees range from \$45-\$95 per hour. We also have discounts for 7 hour blocks of time. To find out more, call (925) 284-2232 or email us at recreation@ci.lafayette.ca.us

In addition to our indoor facilities, we also have a large outdoor RINK. This facility can be used for basketball, hockey, skating, scooters, dancing and parties . . . or create your own event.



The Lafayette City Staff will create an Awesome Party on the rink or in our air conditioned Live Oak Room. We offer Dodge Ball, Soccer, Basketball, Floor Hockey, Nerf and Rink parties. Prices start at \$195 for 1 1/2 hours. Call "ACE" to book your Awesome Party today at (925) 595-4847.



PLEASE CALL (925) 284-5050 to sign up for Senior Services events.

Unless noted, all programs, events and services are held at the Lafayette Community Center, 500 St. Mary's Road, Lafayette.

Membership Fees

Members of Lafayette Senior Services pay no fee, or the discounted fee, for programs and services listed below. Additionally, the quarterly Activity Guide is mailed to each member.

ANNUAL FEE:	January 1-December 31, 2014
	\$10 per person

Jazz Bistro

**Lunch and Live Music
With Contra Costa Performing Arts Society**

We "Ain't Misbehavin'", but we do plan to kick it up a bit with this 'dinner show' at lunchtime. Enjoy lunch while listening to the sounds of the Contra Costa Performing Arts Society's jazz piano group. You'll hear jazz standards and modern tunes featuring compositions by Hoagy Carmichael, Jerome Kern, Miles Davis and Bill Evans, to name a few. **Reservations by October 14 are required: (925) 284-5050.** Lunch is generously sponsored by Atria Lafayette; coffee by Visiting Angels Home Care.

DAY/DATE	TIME	LOCATION
Friday, 10/17	11:30am-12:30pm	Lafayette Library, Community Hall, 3491 Mt. Diablo Blvd.
FEE:	MEMBERS	NON-MEMBERS
	Free	\$5

Discovering Opera: Verdi's Rigoletto

Presented by Bradford Wade, opera lover for 35 years
Rigoletto, the court jester, tries to keep his daughter away from his employer, the philandering Duke of Mantua. He fails, and attempts revenge on the Duke by hiring an assassin to kill him. The curse leveled on Rigoletto in the first act is realized when his daughter gives up her life so that the Duke might live. It's perfect opera: a sordid story set to magnificent music, including the famous tenor aria, "La donna e mobile", which every gondolier in Venice was singing shortly after the premiere. Lecturer Bradford Wade will give a guided tour of the opera, with a description of the plot interspersed with musical examples. This lecture is given in conjunction with Opera San Jose's production of *Rigoletto*, September 6-21.

DAY/DATE	TIME	LOCATION
Thur: 9/4	1:30-3:00pm	Lafayette Library, Arts & Science Rm.
FEE:	MEMBERS	NON-MEMBERS
	Free	\$5

Origami for Beginners

Instruction by Julia Lam

Origami was first introduced to the world by Japan. It is the craft of folding paper into a piece of artwork. Although there are very intricate designs available, beginning paper folders need to start with a basic design. Please bring one crisp, new one-dollar bill with which to make a special creation. Paper for all other projects will be provided.

DAY/DATE	TIME	LOCATION
Wed: 9/10	2:30-3:30pm	Elderberry Room
FEE:	MEMBERS	NON-MEMBERS
	Free	\$5

Apple Basics

Facilitated by Sharon Beck, Owner of Mac-Senior

This series will cover many topics such as the technology needed for wireless communication, your Apple ID, iTunes, iCloud and the basics of iPad and iPhone usage. Topics for future sessions will be determined by participants' input and needs. There will be time for Q&A at the end of each class. Please note: this series deals with Apple devices only.



DAY/DATE	TIME	LOCATION
Sep.-Dec., 1st & 3rd		
Thursdays:	10:30am-Noon	Elderberry Rm.
FEE:	MEMBERS	NON-MEMBERS
Per session	Free	\$5

'As the Page Turns' Book Club

Facilitated by JoAnne Schaarschmidt, Lafayette Library 'Friends Corner Book Shop' Volunteer

Looking for a good book to discuss with others? Join this informal group of booklovers and enjoy enrichment, lively discussion, fellowship and refreshments. Please call Lafayette Senior Services for the title or to add your name to the email notification list: 284-5050. **Skip December**

DAY/DATE	TIME	LOCATION
3rd Tuesdays:	1:00-2:30pm	
9/16		Cedar Room
10/21		Toyon Room
11/18		Cedar Room
FEE:	MEMBERS	NON-MEMBERS
Per session	Free	\$5



Men's Slow Pitch Softball League

68 Yrs and Up

This new Lamorinda team for players with varying levels of experience focuses on fun, camaraderie and safety. Games in this recreational league will be Wednesdays, 9:30-11:30am, with practices Mondays, 9:00-10:30am. Teams played will be Walnut Creek, Pleasant Hill and Concord. First-year start-up fees are estimated at \$50-55/player; fees in subsequent years will be lower. To sign up, hear more details and ask questions, come to the informational meeting Tuesday, September 16, 10:00am at Buckeye Fields Meeting Room, 711 St. Mary's Rd., Lafayette. For more information, please contact Alan at alkanije@aol.com or (925) 876-9974. Please write "Softball" in subject line of email.

Free Peer Counseling

Contra Costa Health Services offers free one-on-one counseling with senior (55+) counselors who use their life experiences to help other older adults cope with life changes, problems, crises, and challenges. Confidentiality is strictly observed. Appointment required. Please call Lafayette Senior Services to sign up for one of the 60-minute appointments: 284-5050

DAY/DATE	TIME	LOCATION
2nd Tuesday Monthly 9/9, 10/14, 12/9 (skip November)	10:00am-Noon	Alder Room

FEE:	MEMBERS	NON-MEMBERS
	Free	Free

Drop-In Mah Jongg

Calling all Mah Jongg players! Bring your card and mah jongg set, and join us every Tuesday afternoon. This group is for all levels. **Skip 11/11, 12/23, 12/30**

DAY/DATE	TIME	LOCATION
Every Tue	Noon-3:00pm	Elderberry Room
Except: 10/21		Cedar Room
10/28, 11/4		Toyon Room

Downsizing and Moving

Presented by Gentle Transitions and Seniors on the Move, in conjunction with Merrill Gardens Lafayette

Leaving a home after many years can be daunting and downright overwhelming. This interactive and engaging presentation will provide you with tips and techniques on how to go about the moving process as well as the actual physical move of your belongings.

DAY/DATE	TIME	LOCATION
Tue: 12/2	1:30-3:00pm	Merrill Gardens Lafayette Corner of Mt. Diablo Blvd. and 2nd St.
FEE:	MEMBERS	NON-MEMBERS
	Free	Free



Digital Camera 101—The Basics

Presented by Fred Winslow

You've got your digital camera. You've taken some photographs. Now what? Learn the basics of how to take photos efficiently, download them to your computer, organize, view, and print them.

DAY/DATE	TIME	LOCATION
Wed: 10/15	10:30am-12:00pm	Cedar Room
FEE:	MEMBERS	NON-MEMBERS
	Free	\$5

Digital Camera 102—Archiving Your Photos

Don't lose those precious photos you've taken with your digital camera! This class will teach you how to back up your photos for posterity.

DAY/DATE	TIME	LOCATION
Wed: 11/19	10:30am-12:00pm	Cedar Room
FEE:	MEMBERS	NON-MEMBERS
	Free	\$5

Creative Writing Workshop

Examine the possibilities of self-expression through writing. This friendly drop-in group, with an ever-changing membership but lots of returning participants, will welcome you and any of your writing efforts. As there is no teaching instructor, you will find encouragement and feedback from your fellow participants who will help bring out the writer in you. If you can speak, you can write! Beginners to established writers welcome.

DAY	TIME	LOCATION
Tuesdays	11:00am-12:30pm	
9/9, 9/23, 10/14, 11/25, 12/9		Toyon Room
10/28		Elderberry Room
FEE:	MEMBERS	NON-MEMBERS
Per session	Free	\$5

Document Your Life Story

MFA Candidate in Creative Writing, St. Mary's College

If you have wanted to write the stories, memories and experiences of your life but haven't known where to start, wait no longer. You will be guided through the process of leaving a living history for future generations—what a gift! These are not drop-in classes but are meant to be taken as a complete course. Dates, times and meeting rooms to be determined. Please call Lafayette Senior Services for details: (925)284-5050.

DAY	TIME	LOCATION
TBD	TBD	Lafayette Community Ctr.
FEE PER SESSION:	MEMBERS	NON-MEMBERS
	Free	\$5

Hearing Screening and Telephone Distribution

By Audiologists from Hearing Science of Walnut Creek/ Diabolo Valley Ear, Nose, and Throat

As a service in addition to your hearing screening, if it is determined that you are eligible for specialized telephone equipment, a representative from the California Telephone Access Program (CTAP) will provide you with a free adaptive telephone at your appointment. Appointment required. Minimum of 2 sign-ups required in order for screenings to take place. Please call Lafayette Senior Services at 284-5050 to sign up for one of the 20-minute appointments.

DAY/DATE	TIME	LOCATION
1st Wednesday Monthly	1:00-2:45pm	Elderberry Room
11/5, 12/3		
FEE:	MEMBERS	NON-MEMBERS
	Free	\$5

Anne Randolph Physical Therapy Presentations

Anne Randolph, RPT, has been practicing physical therapy for 36 years. She provides outpatient therapy in Lafayette and specializes in the care of those 55 and over.

FEE:	MEMBERS	NON-MEMBERS
Per Presentation:	Free	\$5

Osteoporosis

What are the risk factors for developing osteoporosis? What are some of the treatment options? Learn how to maintain or possibly increase your bone mass. Get tips on how you can take control and keep your bones in the best shape possible.

DAY/DATE	TIME	LOCATION
Wed: 9/24	11:30am-12:30pm	Elderberry Room

Therabands

You've probably seen people using those stretchy, multi-colored exercise bands. Come learn how to use them yourself to easily maintain and increase strength and feel your best!

DAY/DATE	TIME	LOCATION
Wed: 10/22	11:30am-12:30 pm	Elderberry Room

Smart Driver 8-Hour Initial Course

Offered through AARP

Refine your driving skills, develop safe, defensive techniques, and possibly lower your insurance premium. Max: 25 paid registrants. First come, first served, by date check is received. Send check, made payable to AARP, to Lafayette Senior Services, 500 St. Mary's Rd., Lafayette, CA 94549. Important: Prior to sending check, please call 284-5050 for space availability.

DAY/DATE	TIME	LOCATION
Tue & Thu: 11/4 & 11/6	9:00am-1:30pm	Cedar Room
FEE:	AARP MEMBERS	NON-MEMBERS
	\$15	\$20

Lamorinda Dance Social

Enjoy afternoon dancing every Wednesday and learn some great new dance moves. The first Wednesday monthly, professional dancers Karen and Michael provide a dance lesson and live DJ services, playing your favorites and taking requests. **Skip 10/22, 11/26, 12/24, 12/31**

DAY/DATE	TIME	LOCATION
Every Wednesday	12:30-3:00pm	Live Oak Room
FEE:	MEMBERS	NON-MEMBERS
Per session	Free	\$5



Lamorinda Nature Walk and Bird-Watching

Led by Ben Pettersson, Experienced Hiker and Bird-Watcher

Experience nature at its finest along our local trails. Delight in the beauty that unfolds around each bend, all the while learning to identify a variety of birds. Bring a water bottle; binoculars are helpful if you have them. Join us every Wednesday or whenever you are able. Meet at Lafayette Senior Services at 9:00am. For more information or to place your name on the route email/phone list call Lafayette Seniors Services, 284-5050. Skip 12/24, 12/31

DAY/DATE	TIME	LOCATION
Every Wednesday	9:00am-Noon	Alder Room
FEE:	MEMBERS	NON-MEMBERS
	Free	Free

Memory Loss: Help is Close at Hand

Presented by Alzheimer's Association

Getting Connected: A great place for everyone to start. Learn the basics about Alzheimer's disease, as well as programs and services offered by our local Alzheimer's Association.

Partnering With Your Doctor: Your healthcare team is a key resource as you face the challenges of dealing with Alzheimer's or other dementias. You will learn how to identify the meaning and purpose of a healthcare partnership; put into action eight strategies that strengthen a healthcare partnership; use tools to better prepare for doctor visits.

DAY/DATE	TIME	LOCATION
Wed: 12/10	10:30am-Noon	Cedar Room
FEE:	MEMBERS	NON-MEMBERS
	Free	\$5

Words of Wisdom

From the Philosophical to the Lighthearted Discussion Group Led by Craig Janke

Take part in this free-wheeling exchange of inspiration, information, and humor. Topics—from soup to nuts—will be explored, examined, and discussed by participants. Stories and photographs will stimulate humorous discoveries regarding the benefits of becoming the 'elders of our tribe'.

DAY/DATE	TIME	LOCATION
3rd Tuesday Monthly 9/16, 10/21, 11/18, 12/16	10:30am-Noon	Cedar Room
FEE:	MEMBERS	NON-MEMBERS
Per session	Free	\$5



Positive Living Forum ("Happiness Club")

Moderated by Dr. Bob Nozik, MD, Prof. Emeritus UCSF, Author of *Happy 4 Life: Here's How to Do It*

Brighten your day and take part in this interactive gathering which features speakers on a wide range of topics that guide participants toward a more ideal and positive life experience. Drop-ins welcome!

DAY/DATE	TIME	LOCATION
2nd Thursday Monthly 9/11, 10/9, 11/13, 12/11	10:30am-Noon	Elderberry Room
FEE:	MEMBERS	NON-MEMBERS
Per session	Free	\$5

Caregiver Support Group

Carol Shenson, MA, Certified Geriatric Care Manager, ResCare HomeCare

If you are a family member helping to care for an older adult, join our support group to find balance and joy as you manage your responsibilities. Drop-ins are welcome.

DAY/DATE	TIME	LOCATION
Mondays: 9/8, 9/22, 10/6, 10/20, 11/3, 11/17, 12/15	1:30-2:30pm	Elderberry Room
FEE:	MEMBERS	NON-MEMBERS
Per Session:	Free	\$5

Health Insurance Counseling and Advocacy Programs (HICAP)

HICAP provides free and objective counseling and advocacy services to Contra Costa Medicare beneficiaries and their families who need assistance with Medicare enrollment and issues involving Medicare and associated insurance programs, including prescription drug coverage. For appointments, call Lafayette Senior Services: 284-5050.

Long-Term Care Insurance or Health Insurance (HMOs, Medicare, Kaiser, etc.)

First Wednesday Monthly

DATE	APPOINTMENT TIMES	LOCATION
9/3, 10/1, 11/5, 12/3	10:00am, 11:00am, or Noon	Alder Room

Third Tuesday Monthly

DATE	APPOINTMENT TIMES	LOCATION
9/16, 10/21, 11/18, 12/16	10:00am, 11:00am, or Noon	Alder Room

Free Legal Assistance for Older Adults

Appointment required. Call Lafayette Senior Services: 284-5050.

- Landlord/Tenant Problems
- Durable Powers of Attorney
- Rights of Nursing Home & Long-term Care Residents
- Medi-Cal Issues
- SSI Overpayment

DAY/DATE	APPOINTMENT TIMES	LOCATION
Thur: 9/18, 10/16, 11/20, 12/18	10:00 or 11:00am	Alder Room

Lamorinda Spirit Van News

The Lamorinda Spirit Van Program anticipates receiving its third new vehicle by the end of the year, funded by the 5310 Federal Grant Program. This vehicle seats 10-14 passengers depending on the number of wheelchairs.

We're delighted to provide this transportation service to help older adults age in their own homes. To meet the increasing needs for rides, we would like to add six new volunteer drivers to our team of 14. If you are interested in becoming a volunteer driver, call 284-5546.

Your tax-deductible donations make this service possible. If you would like to support this program, you may make your check payable to the City of Lafayette. Write Lamorinda Spirit Van on the memo line, and mail to Lamorinda Spirit Program, Lafayette Community Center, 500 St. Mary's Road, Lafayette, CA 94549.

Lamorinda Senior Transportation

An Alliance of Transportation Providers

Lamorinda Spirit Van 283-3534

Transportation for Lamorinda older adults to medical appointments, errands, grocery shopping, special events, and lunch at the C.C. Café. Make ride reservations as soon as possible, but at least two business days in advance by 1:00 p.m. Wheelchair and walker accessible.

Contra Costa Yellow Cab and DeSoto Company 284-1234

20% discount for Lamorinda seniors.

Orinda Seniors Around Town 402-4506

Volunteer drivers serving Orinda seniors with free rides to appointments and errands.

Senior Helpline Services Rides for Seniors 284-6161

Volunteer drivers serving Contra Costa seniors with rides to doctors' appointments during the week. Grocery shopping on Saturdays.

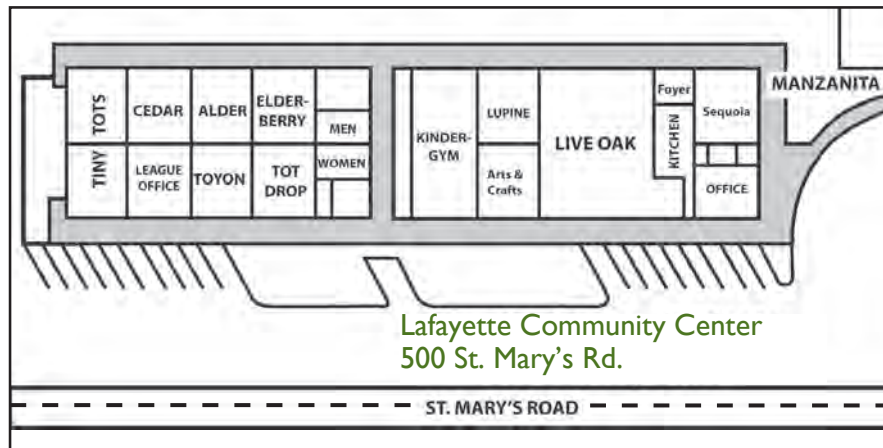
County Connection LINK Reservation Line 938-7433

For people with disabilities.

Wanted: Volunteer Drivers



Lafayette Class Locations



Patrons are advised to arrive 5 minutes early to locate their classroom.

Off-Site Locations

- Lafayette Community Park
480 St. Mary's Road, Lafayette
- Lafayette Tennis Club
3125 Camino Diablo Road, Lafayette
937-2582
- Buckeye Fields
711 St. Mary's Road, Lafayette
- Lafayette Library & Learning Center
3491 Mt. Diablo Blvd., Lafayette
385-2280
- Burton Valley Elementary
561 Merriewood Drive, Lafayette
- Happy Valley Elementary
3855 Happy Valley Road, Lafayette
- Lafayette Elementary
950 Moraga Road, Lafayette
- Springhill Elementary
3301 Springhill Road, Lafayette

Community Contacts

- Lafayette Little League
284-3583
- Lafayette-Moraga Regional Trail (EBRPD) | (510) 635-0135
- Lafayette-Moraga Youth Association (LMYA) | 377-5692
- Lafayette Reservoir & Recreation Area (EBMUD) | 284-9669
- Lafayette Chamber
284-7404
- Lafayette City Offices
284-1968



Donate your car, truck, RV or boat to benefit the Lafayette Community Center

The Lafayette Community Center Foundation wishes to thank all those who have donated their vehicles to help support the Lafayette Community Center. Get rid of your unneeded vehicle and get a tax deduction! Call or go online today.

1-888-6TO-GIVE (1-888-686-4483) or www.cardonationservices.com

Contact Us:

www.LafayetteRec.org

Jennifer Russell
Director | 299-3251
jrussell@ci.lafayette.ca.us

John Warshaw
Recreation Supervisor | 284-0830
jwarshaw@ci.lafayette.ca.us

Jonathan "Ace" Katayanagi
Recreation Supervisor | 284-2234
jkatayanagi@ci.lafayette.ca.us

Greg Travers
Park Maintenance
gtravers@ci.lafayette.ca.us

Anne Blodgett | Donica Katayanagi
Administrative Assistants
recreation@ci.lafayette.ca.us

• Lafayette Parks, Trails & Recreation Office:
284-2232 | Mon-Fri, 9:00am-5:00pm

• Lafayette Senior Services:
284-5050 | seniors@ci.lafayette.ca.us
Maureen Callanan Neumann, Molly Cohen

• Lamorinda Sr. Transportation Program:
283-3534 | mbruns@ci.lafayette.ca.us
Mary Bruns

• Tiny Tots Program:
299-3266

• Tot Drop Reservations/Cancellations:
284-3999

• Lafayette Jazzercise:
937-6768



Register NOW until classes are full using one of the following methods:

Online 24/7

Check out our secure, online registration at: www.LafayetteRec.org

Phone

Accepted using MasterCard or Visa. Office hours: Monday-Friday, 9:00am-5:00pm Call: (925) 284-2232

Walk-In

Register in person at our office, 500 St. Mary's Rd., Lafayette. Cash, check, Visa, and MasterCard are accepted. Office hours: Monday-Friday, 9:00am-5:00pm

Mail-In

Use registration form below and attach check, money order or credit card information. Make checks payable to City of Lafayette. Mail to: Lafayette Recreation, 500 St. Mary's Rd., Lafayette, CA 94559

- Pre-registration is required and is on a first-come, first-served basis. Registration will continue as long as spaces are available. Waiting lists will be established when a class reaches its maximum.
• Liability Waivers and Medical Consent Forms may be required for activities that have a higher risk to the participant.
• Returned check fee: \$45.00 in addition to any bank fees.
• All Supply/Lab Fees are payable directly to instructors at first class.
• All classes (except classes in Adults 55+ section) include a \$3 administrative fee.
• When registering for classes with discounts, you must contact the office to receive the discount.
• If a class does not reach its minimum, it may be necessary to cancel. Participants will be notified 4 days prior to start date.
• NO REFUNDS will be issued unless the class is cancelled. Please choose your classes carefully.
• If you register by MAIL or PHONE, a receipt will be e-mailed/mailed to confirm your registration. The office will contact you by phone if the class you request is full.
• WITHDRAWAL or TRANSFER to another class must be done 10 days before the first day of class. If you withdraw from a class 10 days prior, you will be issued a credit to your Lafayette Recreation account for use towards another class.
• Photographs may be taken of the participants during the course of activities or classes and these photographs may be used in City of Lafayette publications.

Fall 2014 Registration

Name: (Adult) Home Phone: Relationship: [] Mother [] Father [] Grandparent [] Guardian [] Self Work Phone: Address/City/Zip: Mobile Phone: Email Address: Emergency:

Table with 6 columns: TITLE OF ACTIVITY, DAY/TIME, STUDENT'S FIRST & LAST NAME, AGE, D.O.B., CLASS FEE. Includes Total Fee row at the bottom.

[] VISA [] MasterCard #: Exp. Date:

Authorized Signature

Lafayette Community Center
500 Saint Mary's Road
Lafayette, CA 94549
(925) 284-2232
www.LafayetteRec.org

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RESIDENTIAL CUSTOMER

There's a place for **YOU** at Lafayette Senior Services!

- **NEW:** Lamorinda Senior Men's Softball Team—see page 30
 - Technology Classes
 - Bird Watching/Nature Walk Group
 - Informational Presentations
 - Discussion and Writing Groups
 - Live Music Events
 - Hearing Screening
 - Services and Resources
- And so much more!

JEFF PICK'S
★ *Fall Ball* ★
= is back! =
Ages 6-12
See page 18